

# St Benedict's Parish

## Arcadia



To listen gladly to Holy reading.  
Rule of St Benedict, Chapter 4

### COVID-19 RESTRICTIONS UPDATE:

**Church Attendance:**  
**One person per 2sqm**  
**Maximum 300 people**

Please use QR CODE provided  
Or write your name and phone  
number when you enter Church  
after sanitizing.



### PARISH MASSES

#### Weekend Mass:

Saturday 7:00pm  
Sunday 9:00am  
Sunday 10:30am  
Sunday Latin 4.30pm

#### Weekday Mass:

Mondays to Thursdays 9:30am  
Fridays 7:00pm followed by Confession  
First Friday of the month 6.30pm Adoration

### MONASTERY CHAPEL Mass

Sundays 7:00am  
Daily 7:00am

Please contact Father Bernard for the following:

**BAPTISMS**  
**RECONCILIATION**  
**FOR THE SICK**  
**MARRIAGES**  
**FUNERALS**

**Fr Bernard: 0416 032 497**

## Fifth Sunday of Easter Year B

1st & 2nd May 2021

### Entrance Antiphon

O sing a new song to the Lord,  
for he has worked wonders;  
in the sight of the nations  
he has shown his deliverance, alleluia.

### First Reading

*Acts 9:26-31 (JB)*

A reading from the Acts of the Apostles  
*He explained how the Lord appeared to Saul  
and spoke to him on his journey.*

### Responsorial Psalm

**R.** I will praise you, Lord, in the assembly of your people.

### Second Reading

*1 John 3:18-24 (JB)*

A reading from the first letter of St John  
*His commandments are these:  
that we believe and that we love one another.*

### Gospel Acclamation

Alleluia, alleluia!

Live in me and let me live in you, says the Lord;  
my branches bear much fruit. Alleluia!

### Gospel

*John 15:1-8 (JB)*

A reading from the holy Gospel according to John  
*All who live in me, and I in them, bear much fruit.*

### Communion Antiphon

I am the true vine and you are the branches, says the Lord.  
Whoever remains in me, and I in him, bears fruit in plenty,  
alleluia.

## Gospel reading for this Week

### **John 15:1-8 (JB)**

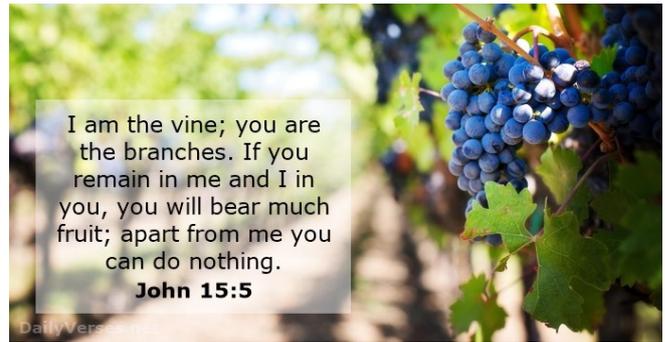
A reading from the holy Gospel according to John  
*All who live in me, and I in them, bear much fruit.*

Jesus said to his disciples:  
 'I am the true vine,  
 and my Father is the vinedresser.  
 Every branch in me that bears no fruit  
 he cuts away,  
 and every branch that does bear fruit he prunes  
 to make it bear even more.  
 You are pruned already,  
 by means of the word that I have spoken to you.  
 Make your home in me, as I make mine in you.  
 As a branch cannot bear fruit all by itself,  
 but must remain part of the vine,  
 neither can you unless you remain in me.  
 I am the vine,  
 you are the branches.  
 Whoever remains in me, with me in him,  
 bears fruit in plenty;  
 for cut off from me you can do nothing.  
 Anyone who does not remain in me  
 is like a branch that has been thrown away  
 - he withers;  
 these branches are collected and thrown on the fire,  
 and they are burnt.  
 If you remain in me  
 and my words remain in you,  
 you may ask what you will  
 and you shall get it.  
 It is to the glory of my Father that you should bear much fruit,  
 and then you will be my disciples.'

### **The Gospel of the Lord**

### **Praise to you, Lord Jesus Christ.**

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020



I am the vine; you are  
 the branches. If you  
 remain in me and I in  
 you, you will bear much  
 fruit; apart from me you  
 can do nothing.

**John 15:5**

Daily Verse

## GOSPEL REFLECTION

### **John 15:1-8 (JB)**

"The fruit referred to in (15:5) is the holiness of a life made fruitful by union with Christ. When we believe in Jesus Christ, partake of his mysteries, and keep his commandments, the Savior himself comes to love, in us, his Father and his brethren. His person becomes, through his Spirit, the living and interior rule of our activity."

*How has trust in Christ made a difference in your life? In the lives of those around you?*

Staying connected to Christ has a high price. Sometimes it costs us the respect of the world. Sometimes it costs us relationships with others. Sometimes it costs us a sense comfort and community.

But the price of life without Christ is much higher. Imagine what life would be like without faith, without good Christians spouses and friends, without a prayer life and worship to sustains us, without the goodness and Christian charity of others to help along the way. Imagine a life without Christ!

Even if we have to walk by ourselves, even if we have to be loners in the name of Jesus, we will never be truly alone. Remember whose team we're really on, whose name we can invoke in need. Ask and he will be there.

***Is there someone you know who is lonely? How can you extend Christian hospitality and fellowship to them this week?***

## SAINT OF THE WEEK

### *Saint Florian*

c. 250 AD

**Feast Day: May 4**

**Patron Saint of Poland and Austria;  
also firefighters and brewers.**



The St. Florian commemorated in the Roman Martyrology on May 4th, was an officer of the Roman army, who occupied a high administrative post in Noricum, now part of Austria, and who suffered death for the Faith in the days of Diocletian. Among his duties was the organization of firefighting brigades. He was secretly a Christian and became famous for miraculously saving a town from being destroyed by fire; after he prayed and threw a single bucket of water on the blaze, it was extinguished.

His legendary "Acts" state that he gave himself up at Lorch to the soldiers of Aquilinus, the governor, when they were rounding up the Christians, and after making a bold confession, he was twice scourged, half-flayed alive, set on fire, and finally thrown into the river Enns with a stone around his neck. His body, recovered and buried by a pious woman, was eventually removed to the Augustinian Abbey of St. Florian, near Linz. It is said to have been at a later date translated to Rome, and Pope Lucius III, in 1138, gave some of the saint's relics to King Casimir of Poland and to the Bishop of Cracow. Since that time, St. Florian has been regarded as a patron of Poland as well as of Linz, Upper Austria and of firemen. There has been popular devotion to St. Florian in many parts of central Europe, and the tradition as to his martyrdom, not far from the spot where the Enns flows into the Danube, is ancient and reliable. Many miracles of healing are attributed to his intercession and he is invoked as a powerful protector in danger from fire or water. His feast day is May 4th.

#### **Prayer to firefighters:**

*Oh, Almighty God, whose great power and eternal wisdom embraces the universe, watch over all Firefighters. Protect them from harm in the performance of their duty to fight fire, save lives, and preserve property. We pray, help them to keep our homes and all buildings safe day and night. We recommend them to Your loving care because their duty is dangerous. Grant them Your unending strength and courage in their daily assignments. Dear God, protect these brave persons. Grant them Your Almighty protection and unite them safely with their families after duty has ended. Amen.*

Source of content: [saintsfeastfamily.com](http://saintsfeastfamily.com)

## YEAR OF ST JOSEPH - Year of the Holy Family



We're privileged to celebrate St. Joseph three times on the liturgical calendar: his solemnity on **March 19th** which honors him as the Chaste Spouse of the Blessed Virgin Mary; his **May 1st** feast which honors his vocation as a worker; and on the **Sunday during the Octave of Christmas** which honors his role as the guardian and protector of the Holy Family. This makes three opportunities to draw closer to our spiritual father and learn from the holy example he gave us as a devoted follower of Jesus and Mary, a diligent worker for the Kingdom of God, and the supreme model of a quiet and humble spiritual life.

The Year of St. Joseph is an ideal time to "go to Joseph" for all the help we need to be holy. Even small details like adding the invocation, "St. Joseph, pray for us!" following grace before meals, marking the top of your notepad or homework assignment with "JMJ", or setting an alarm on your phone to spend a moment with the holy Patriarch can be effective reminders of the closeness of the Holy Family of Jesus, Mary, and Joseph.

During this Year of St. Joseph, "Go to Joseph; what he says to you, do." (Genesis 41:55)

## In Our Parish

**We remember in our prayers, all our dearly beloved who have died.**

**We welcome into God's family to all who were recently baptised.**

**We pray for the sick of our Parish, especially Brother Mario.**

## THE RULE OF ST BENEDICT

### Chapter 4

*In the first place, to love the Lord God with all one's heart, all one's soul, and all one's strength.*

*Then, one's neighbour as oneself.*

### CHRISTIAN MEDITATION INTRODUCTION & RENEWAL DAY

**Sunday 16 May**

You are invited to a Christian Meditation Introduction and Renewal Day at St Benedict's **Monastery** on Sunday, 16 May.

Arrival from 10.00am, QR code in use, 10:30am start, Presentations, Introduction to Meditation, period of Meditation for ongoing meditators, BYO picnic lunch and other refreshments, Mass, conclusion at 3.00pm. No need to register ahead of time. Donations welcome.

Enquires Ann Bergman: [anniebergman@hotmail.com](mailto:anniebergman@hotmail.com) or Ann Lomas: [atlomas@bigpond.com](mailto:atlomas@bigpond.com) or 9653 2637.

Peace,  
Fr Michael Kelly osb : [mkelly@silvestrini.org](mailto:mkelly@silvestrini.org)

### WANTED

Could anyone help out with operating the PowerPoint on the TV screen at the 9am Sunday Mass? The PowerPoint will be already created (courtesy of Josephine Cali), so all that will be required of the operator will be to:

- Be at church by 8.30 to set up the laptop (Parish laptop and instructions sheet provided)
- Check in with the musicians
- Sit beside the laptop and forward the slides at the appropriate moment (guide sheet provided)

Josephine has been doing this job ever since we first installed the screens. Thank you Josephine!! It is now time for other parish members to be on a roster (so you won't be needed every week).

Josephine has kindly offered to help with training and she will continue to create the weekly PowerPoint.

Please consider this request. Minimal basic IT skills required and a keenness to participate in this important ministry.

If you are interested, please contact the office on 9653 2312 or see Josephine after Mass.

### THE NATIONAL CATHOLIC MEN'S GATHERING

The National Catholic Men's Gathering for 2021 will be launched online on Saturday 31st July.

Join a diocesan group with your Bishop, or with your Men's Ministry/Parish group or individually.

Three sessions will be provided online, along with reflection questions for group discussion or individual reflection.

Aim: To inspire and encourage all Catholic men with a vision for personal discipleship, service and mission in the family, parish/diocese and the world.

Cost: FREE

Registration: [www.catholicmensgathering.com.au](http://www.catholicmensgathering.com.au)  
Program: Available from Saturday 31st July 2021



### CHURCH CLEANING VOLUNTEERS

Thank you to the wonderful volunteers for making time to clean our beautiful church.

We really need help with more volunteers. This is only for an hour or so once a month.

If you are interested in helping out please call the office on 9653 2312 (Mondays & Fridays), or simply grab a broom!



Aid to the  
Church in Need  
ACN AUSTRALIA

A message from *Aid to the Church in Need Australia*: ACN distributes over one million Bibles and religious books thanks to the help of our benefactors every year. Jesus commanded "Go out into the whole world and preach the Gospel to all creation."

ACN takes this command seriously by spreading the faith through these Children's Bibles. Often in poor countries, the Children's Bible is the first book that children receive in their own language and frequently, it is the only picture book that they will ever hold.

Visit [www.aidtochurch.org/bibles](http://www.aidtochurch.org/bibles)

### FRESH FLOWERS

Thank you for the volunteers bringing in the fresh flowers for our altar. If anyone can bring **fresh** flowers from their garden for the Church altar it would be greatly appreciated. God bless you!

## ROSTER FOR NEXT WEEKEND

The Roster is now available for pick up in the Sacristy. Please collect your copy.

**NEEDED—ACOLYTES** - for Saturday 7pm Mass.  
Our Priests need YOUR help.

8/5/21 to 9/5/21  
6th Sunday of Easter Year B

	Saturday 7pm	Sunday 9am
<b>Acolyte</b>	<b>Need help</b>	Paul El-Chaar
<b>Reader1</b>	Miriam Brown	Ann Lomas
<b>Reader2</b>	Margaret Bensley	Peter Goodwin
<b>Prayers</b>	Mary Cascun	Bernadette Watt
<b>TV</b>		Cali Family
<b>Music</b>		Mark Quirk
<b>Music</b>		Theresa Neely
<b>Music</b>		Helen Facione
<b>Music</b>		Keith Wallace

Training will be provided. Please contact the office on 9653 2312 or see Father Bernard after Mass.

## GCEA COMMITTEE MEETING

**What:** GCEA Committee Meeting for Term 2  
**When:** Monday 10th May @ 7.30pm  
**Where:** Dural Anglican Church  
965 Old Northern Rd, Dural  
Roger Hokin GCEA Secretary  
[roger@duralanglican.org.au](mailto:roger@duralanglican.org.au) 0413 067 770

## PLAYGROUP

**Every Monday 10am to 12pm.**

This is a gathering for parents and carers with children under school age. It's perfect for children to learn and develop through play and interaction with others. It's also great for parents and carers to chat, socialise and make new friends! We meet every Monday **during school terms** 10am to 12pm. No need to book just turn up.  
Everyone welcome!

## CCC PRAYER GROUP

Prayer meeting held every  
**Friday nights:**  
after 7pm Mass  
**Wednesday mornings:**  
after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



## CATECHIST NEWS

Welcome to all families joining in our Children's Mass this weekend! A reminder that our Children's Masses are held on the first Sunday of each month, during school term. The next Children's Mass will be on Sunday 6<sup>th</sup> June at 9am.

Our next **Catechists' meeting is this Wednesday 5<sup>th</sup> May at 12:30pm.** All are welcome!

### Classroom Vacancies:

**Arcadia PS Wednesdays 11:30am – 12:05pm – a class of 7 students in Years 3&4.**

Helper for Glenorie PS Wednesdays 10:10am – 10:50am

If you love working with children, have the time available and are interested to know more, please talk to Fr Bernard or give me a call or send me an email. Training, support and a Teacher's Manual are provided.

God bless,  
Miriam Brown 9652 0558 or [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Co-ordinator

## FINANCE COMMITTEE MEETING

Wednesday 5th May 2021  
7.30pm in the meeting room

## PLANNED GIVING ENVELOPES

The planned giving envelopes are ready for collection. They are available in the front of the church alphabetical order by surname. Thank you for your kind contribution.



## PARISH STALL—Mother's Day gifts!

**APOLOGIES THERE WILL NOT BE A MOTHER'S DAY STALL DUE TO UNFORSEEN CIRCUMSTANCES.**

THANK YOU FOR UNDERSTANDING.

Thank you God bless you all!  
Lila Bacha Ph: 96521113 or 0418360024.

## ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.

For more details call Angela Egiziano. Ph: 9653 2312.



**MAY CELEBRATION  
IN HONOUR OF OUR LADY  
TO INTERCEDE FOR PEACE IN THE WORLD  
AND  
THE WELFARE OF AUSTRALIA  
The World Apostolate of Fatima (Sydney Archdiocesan Committee)**



**INVITE YOU TO JOIN US  
AT  
ST. MARY'S CATHEDRAL  
(Main Altar)**

**Saturday May 15th - 11.30am – 1.00pm**

**Our Spiritual Director - Fr. Peter Joseph**

(Will be Principal Celebrant and preach the homily)

Mass will be preceded by

Entrance Procession (in the Cathedral) with the  
Pilgrim Virgin Statue of Our Lady of Fatima  
(with the Immaculate Heart)

Rosary, Litany of Loreto

Act of Consecration to the Immaculate Heart of Mary

**Sponsored by  
Sydney Archdiocesan Committee of the World Apostolate of Fatima Aust Inc.  
(Public Association of the Faithful)  
Post Office Box 6057, Narraweena NSW 2099 - Phone No: (02) 9984-8988**

**BOOKS FOR PRISONERS NEEDED**

*I was in prison and you came to visit me. (Mt. 25:36)*



A Boot Load of Books was delivered to Brush Farm Corrective Services Academy Library, from here they are sorted and delivered to prisons across NSW. The Librarian was very grateful, and commented "what a wonderful community".

I'm collecting books for Prisons in NSW. If you have unwanted books, and would like to donate, please pack them in a box, leave it by the kitchen in the parish and I will come and collect it. Please no Hardcover, or text books. Fiction and Lifestyle are preferred.

If you have any queries, please phone Cathy 0403 062 255.

**DONATING MEN'S CLOTHING FOR SEAFARERS**

I delivered the clothes this morning to Sr Mary Leahy from Stella Maris Apostleship of Seafarers. She is blown away by the generosity and good hearts of the community, and asks me to pass on "*Many Thanks to St Benedicts Parish at Arcadia, what wonderful people they are!*".

Here is a photo of Sr Mary's car being loaded with the bags:

Stella Maris Seafarers, a Catholic organisation helping seafarers, would appreciate any donations of second hand men's clothing, as well as any personal hygiene items such as **soap, shampoo, deodorant, toothbrush, toothpaste** etc.

Please leave the items in the meeting room near the kitchen and they will be picked up weekly and taken to Sr Mary Leahy and I can tell you she will be most excited. Many Thanks for your kind Generosity.

*(Sr Mary boards every ship that pulls into Botany Bay and checks on the welfare of the sailors, she is also a trained nurse and if she sees sick, injured or suspects abuse etc she is onto it.)*

Cheers, Cathy Holling Ph: 0403 062 255





## CHARITABLE WORKS FUND – May Appeal – 8/9 May 2021

Many thousands of young people and families in our community receive help from the charities that CWF supports. They can arise with new strength.

We give thanks to God for the blessing these pastoral works offer to those in hospital, at school, across neighbourhoods and local parishes of Broken Bay.

Please give generously to the final CWF appeal of the Financial Year 2020/21. Donations are 100% tax deductible and support five charities: -

**Hospital Chaplaincy and Pastoral Care Programme** – where Hospital Chaplains and five lay Pastoral Care ministers reach 3,500 patients and 700 families each year in our hospitals.

**Confraternity of Christian Doctrine** – materials, training and support for almost 1,000 catechists who take the gospel to students in our State schools.

**St Lucy's School** – serving primary school students with disabilities.

**St Edmund's College** – serving secondary school students with disabilities.

**Ephpheta Centre** – serving the Catholic deaf community.

Please take a moment to watch a heart-warming "Thank you" video to hear from those you are helping - <https://youtu.be/hvA4Etwvd4E>

All donations are gratefully received.

### You can donate in three ways:

Complete the CWF collection envelope in your pew;

Online at [www.bbcatholic.org.au/give](http://www.bbcatholic.org.au/give);

Or scan the QR code.



**Thank you for your contributions towards the pastoral works of the Church. God Bless.**

## MONTH OF MAY - Devotion to the Rosary - Mary, the Mother of God

May is the month of Mary; devotion to the Blessed Mother throughout May praying the Rosary. Because Australian Mother's Day falls in May, Catholics take this time to recall and try to emulate Mary's role as mother. Therefore devotion to Mary in the month of May focuses both on Mary as a role model for Christian mothers, and Mary's ever lasting chastity and purity, and her fidelity to God's will.

The month of May is the "month which the piety of the faithful has especially dedicated to Our Blessed Lady," and it is the occasion for a "moving tribute of faith and love which Catholics in every part of the world [pay] to the Queen of Heaven. During this month Christians, both in church and in the privacy of the home, offer up to Mary from their hearts an especially fervent and loving homage of prayer and veneration. In this month, too, the benefits of God's mercy come down to us from her throne in greater abundance" (Paul VI: Encyclical on the [Month of May](#), no. 1).

This Christian custom of dedicating the month of May to the Blessed Virgin arose at the end of the 13th century. In this way, the Church was able to Christianize the secular feasts which were wont to take place at that time. In the 16th century, books appeared and fostered this devotion.

The practice became especially popular among the members of the Jesuit Order — by 1700 it took hold among their students at the Roman College and a bit later it was publicly practiced in the Gesu Church in Rome. From there it spread to the whole Church.

The practice was granted a partial indulgence by Pius VII in 1815 and a plenary indulgence by Pius IX in 1859. With the complete revision of indulgences in 1966 and the decreased emphasis on specific indulgences, it no longer carries an indulgence; however it certainly falls within the category of the First General Grant of Indulgences. (A *partial indulgence* is granted to the faithful who, in the performance of their duties and in bearing the trials of life, raise their mind with humble confidence to God, adding — even if only mentally — some pious invocation.



Excerpted from *Enchiridion of Indulgences*.



**College Tour**  
 Wednesday 5 May  
 11am – 12.30pm  
 Bookings online  
[www.msb.nsw.edu.au](http://www.msb.nsw.edu.au)

*Become a Bennies girl*

**Enrolling Now for Year 7, 2023**



Mount St Benedict College  
[www.msb.nsw.edu.au](http://www.msb.nsw.edu.au)

449C Pennant Hills Rd, Pennant Hills

**POPE FRANCIS' INTENTIONS FOR MAY**

**THE WORLD OF FINANCE**

Let us pray that those in charge of finance will work  
 With governments to regulate the financial sphere and  
 Protect citizens from its dangers.

**AMEN.**



**COVID 19 RESTRICTIONS**

Please use QR CODE or write your name and phone number on the sheets provided at both entries.  
 Please adhere to social distancing guidelines of 2sqms and sanitize your hands at the door.  
 Also wipe seats down afterwards with wipes provided at both entries.

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,  
 PLEASE STAY HOME, ISOLATE AND GET TESTED.**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

**Office Hours: Mondays & Fridays:**  
 10.30am to 2.30pm  
**Parish Office:** 9653 2312  
**Parish Priest:** Fr. Bernard McGrath OSB  
**After hours:** 0416 032 497  
**Email:** [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

**Website:** [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)  
**Facebook:** [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)  
**Address:** Cnr Fagans & Arcadia Rd,  
 Arcadia 2159

**Monastery:** 9653 1159  
**Good Samaritan Sisters:** 9653 1231

**Postal address:** 121 Arcadia Rd, Arcadia 2159

**For all parish Occupational Health & Safety and  
 Safeguarding Children matters  
 Contact: Lorraine Dailey on 0416 081 882.**

**Bank Details for ONLINE only donations:**  
**BSB:** 062 784  
**Acct:** 1446 8001