

St Benedict's Parish

Arcadia

To listen gladly to Holy reading.
Rule of St Benedict, Chapter 4



The Most Holy TRINITY Year B

29 & 30 May 2021

COVID-19 RESTRICTIONS UPDATE:

One person per 2sqm
Maximum 300 people

Please use QR CODE provided
Or write your name and phone
number when you enter Church
after sanitizing.



Entrance Procession

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

First Reading

Deuteronomy 4:32-34, 39-40 (JB)

A reading from the book of Deuteronomy
*The Lord himself is God in heaven above and on earth below:
there is no other.*

Responsorial Psalm

R. Happy the people the Lord has chosen to be his own.

Second Reading

Romans 8:14-17 (JB)

A reading from the letter of St Paul to the Romans
*You have received the Spirit that makes you God's own children,
and in that Spirit we call God: Father, our Father!*

Gospel Acclamation

Alleluia, alleluia!
Glory to the Father, the Son, and the Holy Spirit:
to God who is, who was, and who is to come.
Alleluia!

Gospel

Matthew 28:16-20 (JB)

A reading from the holy Gospel according to Matthew
*Baptise them in the name of the Father,
and of the Son, and of the Holy Spirit.*

Communion Antiphon

Since you are children of God,
God has sent into your hearts the Spirit of his Son,
the Spirit who cries out: Abba, Father.

PARISH MASSES

Weekend Mass:

Saturday	7:00pm
Sunday	9:00am
Sunday	10:30am
Sunday Latin	4.30pm

Weekday Mass:

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession
First Friday of the month 6.30pm Adoration

MONASTERY CHAPEL Mass

Sundays	7:00am
Daily	7:00am

Please contact Father Bernard for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Fr Bernard: 0416 032 497

Gospel reading for this Week**Matthew 28:16-20 (JB)**

A reading from the holy Gospel according to Matthew

Baptise them in the name of the Father, and of the Son, and of the Holy Spirit.



The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

GOSPEL REFLECTION**Matthew 28:16-20 (JB)**

The Church receives new believers "in the name of the Father, the Son, and the Spirit." The singular term "name" referred to the ancient notion that God in substance (nature or essence) is one, but three in person (or "hypostasis"). The family acts as an easily understood analogy of this mystery. There is only one family, but many members.

Why do we believe in the Trinity ("Tri" or three persons in "unity" or one God)? We believe through the words and actions of Jesus. And we believe through the work of the Spirit in the Church.

Common sense tells us God exists. But Jesus gave us a new look into nature of God. As creator, God is "Father." Jesus made that distant concept close and intimate. The Father became "Our Father" who cares for each and every one of his creatures with an intense, personal love. As he showed us God as this loving Father, Jesus revealed himself as the only Son of the Father. As the Son, he became our model and connection with the Father. Through the Son we touch the warm embrace of the Father.

The Spirit continues the mission of the Son through the Church. The Spirit moves us to intimacy with the Father. It moves us to prayer and worship, witness and evangelization, community and service. Through the Spirit, the strangers become friends, friends become believers, and believers come close to God.

Hence, we believe God is Trinity (three divine persons in one God) simply because we experience divine power in the words, deeds, life, death, and resurrection of Jesus. And we experience divine life in the Spirit. In both we find what we call "God." In both, we experience the Father as a personal, intensely loving, and compassionate God.

In all three, we find a single purpose and unity of action. All three created the cosmos. All three act in its salvation.

What experience of God have you had in the past month? How do the persons of Father, Son, and Spirit connect with your experience?

The risen Christ revealed more than his changed life. His presence showed his followers the power of the Father: the Spirit. When the followers saw the resurrected Lord and heard his command to evangelize the entire world, they saw for themselves the Trinity in action.

When we live as followers of Christ, we invite others to join us not because they see nice people living good lives. No, they, too, see the Trinity in action. For God works through us.

Have you ever prayed to be God's instrument? To be the face of Christ to others? To have the Spirit work through you? To show others the Father's love? Take time this week to pray in this way. And focus your prayer on one or two people.

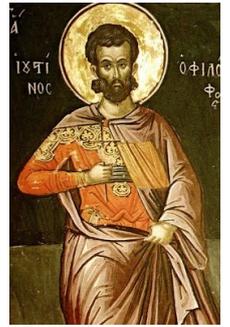
SAINT OF THE WEEK

Saint Justin, Martyr

c. 100 - c. 165

Feast Day: June 1

Patron Saint of philosophers



Today's saint was a philosopher in the Greek tradition, born around 100 A.D. in Samaria to Greek parents. Saint Justin wrapped himself in the white, toga-style cloak of a Greek philosopher even after his conversion. He is the most well-known apologist of the second century, the only true Christian thinker known between the time of Saint John the Evangelist and Origen in the first half of the third century. Justin mercilessly criticized the intellectual dead end of the ancient paganism in which he was raised, seeing it as not merely neutral but as an obstacle to discovering the truth.

Justin loved the idea that Christ the Logos was the same in substance but different in person from the Father. Theological truth expressed in the concepts of Greek philosophy was very satisfying to him, because it was very true. Justin also provided some of the very first words on the Holy Eucharist outside of the New Testament itself: "And this food is called among us the Eucharist...we (have) been taught that the food which is blessed by the prayer of His word, and from which our blood and flesh by transmutation are nourished, is the flesh and blood of that Jesus who was made flesh." What a clear and remarkable testament to Christianity's early belief in the Eucharist!

Justin moved to Rome to teach philosophy and spent decades there writing and interacting with the higher echelons of Roman society. But even a thoughtful intellectual was not immune from persecution for being a Christian. Sometime between 162 and 168 A.D., Justin and six companions were called to answer for their beliefs before the Prefect of Rome. The record of the trial has been preserved and shows the Prefect demanding that Justin sacrifice to the gods of Rome. Justin and his friends refuse and are threatened with torture and death. They respond: "Do as you wish; for we are Christians, and we do not sacrifice to idols." What bravado! They sternly refused to be idolaters. They were duly led away, scourged, and beheaded.

Justin chose, as the Church chose, the God of the philosophers over the false gods of paganism. This was a choice for truth over illusion. As Tertullian would later write: "Christ has said that he is truth, not custom" (De Virgin. Vel. 1, 1). The Christian God is both Father and the Prime Mover; the God of Jesus Christ and the Uncaused Causer; the God of Abraham, Isaac, and Jacob and thought thinking itself. He is Father and He is Almighty. He is everywhere, because He is nowhere. He is paternal and close at hand but forever mysterious and inaccessible. He gives a name, "I am Who am," which is a riddle. We take this complex understanding of God for granted today. But the labor of early Christians like Saint Justin Martyr dug the deep intellectual foundations into which were later driven the piers of sound doctrine. It takes very smart people to make simple points.

Saint Justin, you surrendered your life rather than worship an idol. Your refusal to renounce your faith gives an example to all Christian intellectuals and teachers that the deepest truths are not found only on a page but must be lived, and sacrificed for, even unto death. Amen.

Source of content: mycatholic.life

In Our Parish

We remember in our prayers, all our dearly beloved who have died.

We welcome into God's family to all who were recently baptised.

We pray for the sick of our Parish, especially Brother Mario, Theresa Gittany (Lila Bacha's mum) and Afifi El-Chaar (Paul El-Chaar's mum) and all those we hold in the silence of our hearts.

THE RULE OF ST BENEDICT

Chapter 4

Not to render cursing for cursing, but rather blessing.

PARISH UPDATE ANNOUNCEMENT

Fr Bernard McGrath has now concluded his term at our Parish effective 31 May 2021.

Fr Hilarion Fernando has been appointed as Administrator of our Parish effective 1 June 2021.

Let us take this opportunity to thank Fr Bernard for a wonderful job he has done for our Parish!



As you know, Shalom Media is a catholic ministry that works with the church to evangelize those who do not know Christ and strengthen those who are in Christ through all means of media. You might have taken part in the Daniel fasting we organised by us last year. This year, we bring to you an English Retreat to deepen your faith.

Lord I believe, help my Unbelief! - Mark 9:24

Fr. Bineesh Thomas OP and Dr. Zubin Paul Jacob will be leading the retreat.

Dates: **4th, 5th, 6th June 2021**
Time: 6:30 PM TO 9:00 PM AEST
Venue: Online via Zoom

Registration for this event is free and easy. For more information and registration, please visit:

shalommedia.org/retreat.

NATIONAL RECONCILIATION WEEK

This week is National Reconciliation Week. A week to remember and acknowledge the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, which we now know as 'The Stolen Generations'.

Let us pray for all their families and communities, especially the disadvantaged.

CHILDREN'S MASS



Children's Mass is next weekend Sunday 6th of June 9am.

If anyone would like to help out please contact Mary Abood on 0416 261 994.

WANTED



Could anyone help out with operating the PowerPoint on the TV screen at the 9am Sunday Mass? The PowerPoint will be already created (courtesy of Josephine Cali), so all that will be

required of the operator will be to:

- Be at church by 8.30 to set up the laptop (Parish laptop and instructions sheet provided)
- Check in with the musicians
- Sit beside the laptop and forward the slides at the appropriate moment (guide sheet provided)

Josephine has been doing this job ever since we first installed the screens. Thank you Josephine!! It is now time for other parish members to be on a roster (so you won't be needed every week).

Josephine has kindly offered to help with training and she will continue to create the weekly PowerPoint.

Please consider this request. Minimal basic IT skills required and a keenness to participate in this important ministry.

If you are interested, please contact the office on 9653 2312 or see Josephine after Mass.

SACRAMENTAL PROGRAM 2021

The **Sacrament of Confirmation** will take place on Wednesday 25th August at 6:30pm.

Enrolment forms will be available on the Parish Website and from the Sacristy from Sunday 23rd May. All enrolment forms need to be returned by Sunday 11th July.

If you have any queries regarding enrolments please ring Theresa Neely on 0447 425 077.

POSITION VACANT:

We are also looking for someone to take over as **Sacramental Program Coordinator**. This would involve organising each of the Sacraments and coordinating the lessons. This isn't a huge task but it does mean a commitment. It is very rewarding being part of a young person's faith journey as they take each Sacrament.

If you are interested in this role, please see Fr Bernard or contact Theresa Neely on 0447 425 077.

ROSTER FOR NEXT WEEKEND

The Roster is now available for pick up in the Sacristy. Please collect your copy.

NEEDED—ACOLYTES - for Saturday 7pm Mass.
Our Priests need YOUR help.

Training will be provided. Please contact the office on 9653 2312 or see Father Bernard after Mass.

5/6/21 to 6/6/21 Pentecost Sunday Year B

	Saturday 7pm	Sunday 9am
Acolyte	Need help	Paul El-Chaar
Reader1	Mary Camilleri	CHILDREN MASS
Reader2	Miriam Brown	CHILDREN MASS
Prayers	Margaret Bensley	CHILDREN MASS
TV		Cali Family
Music		Melanie Hume
Music		Theresa, Teresa
Music		Helen Facione
Music		

SAVE THE DATE

In July Father Alberic Jacovone will celebrate his 60 years of Ordination to the Priesthood.

Any of you who know Father Alberic will also know he has been part of the St Benedict's community for many years and has brought his compassion, kindness and spirit to many of us in so many ways.

Celebration will be held at our parish on Sunday July 11th 2021 10.30am Mass, followed by barbecue and cake.

If you would like to be involved in helping out on the day please contact the parish office.

Everyone Welcome!

PLAYGROUP



Every Monday 10am to 12pm.

We meet every Monday **during school terms.**
No need to book just turn up. Everyone welcome!

CCC PRAYER GROUP

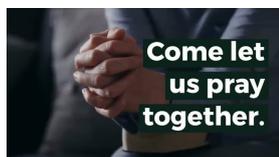
Prayer meeting held every

Friday nights:

after 7pm Mass

Wednesday mornings:

after 9.30am Mass.



Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.

CATECHIST NEWS

I would like to thank Fr Bernard for his support to all Catechists in his time as Parish Priest. This week Fr Bernard visited the Year 5 class at Glenorie, taught by Colleen Appino, and enjoyed a role play on what it meant to be called by God to be a leader. Fr Bernard has also been helping out, filling in for the class at Arcadia, which is without a Catechist.

Our next Catechist meeting will be this Wednesday 2nd June at 12:30pm. All are welcome.

If you enjoy being with children and would like to know more about being a Catechist or are interested in visiting a classroom as a helper, please give me a call or send me an email.

God bless,
Miriam Brown 9652 0558 or srearcadia@gmail.com
Parish Catechist Co-ordinator

WEDDING

We had a beautiful wedding in our Church last week. Here are a couple of images for you if anyone is interested in getting married here, it looked beautiful.

Fancy Flowers Created by Felicity

Phone 0402 028 187

www.fancyflowersbyfelicity.com.au



PARISH STALL

I would really like to thank everyone for their generosity in donating, helping and supporting the parish stall every month. February to May we all have given the parish \$5,318 this is sales and donations. God bless you all, Great work everyone.

Our next stall will be 25-27 June just in time for school holidays. It will be a craft stall for children and adults. Some things we will be selling are cookie dough in a jar, diamond art, paint by numbers, and more. A friend will also be selling beautiful holy puzzles and donating \$10 from every puzzle sold. You'll be able to buy activities to keep all age children and adults busy.



Thank you and God bless you all!

Lila Bacha Ph: 96521113 or 0418360024.

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome.

For more details call Angela Egiziano. Ph: 9653 2312.



DIVINE RENOVATION WEBINAR
THE HOLY SPIRIT'S ROLE IN RENEWING THE CHURCH

When: Thursday 3 June

Time: 12.00pm Sydney time

Register for free at: www.tfaforms.com/4904708

There is a lot of uncertainty around the expectations of the post-pandemic Church. There is, however, one certainty that gives us hope and confidence, and that is the role of the Holy Spirit in the renewal of the Church. From the moment Jesus breathed the Holy Spirit upon the apostles to this exact moment in time, the Spirit continues to renew, and that renewal starts in our own hearts first. Join **Kevin Bailey** (Divine Renovation) as he guides you through a recorded telecast with **Father Mike Schmitz** (The Bible in a Year, Ascension Press) followed by **Jude Hennessy** (Director, Office of Renewal and Evangelisation, Wollongong Diocese) leading prayer in the Spirit.

For more info, visit divinerenovation.org



THE VISITATION OF THE BLESSED VIRGIN MARY

Feast day: May 31st

The Feast of the Visitation recalls the journey made by the Blessed Virgin to see her relative, Elizabeth, who was pregnant with Saint John the Baptist.

This feast invites us to always be open to the workings of the Holy Spirit and we have Mary as our model of humility, obedience, and service.

“Let Mary’s soul be in each of you to proclaim the greatness of the Lord. Let her spirit be in each to rejoice in the Lord.”—Saint Ambrose of Milan

Prayer:

*Almighty ever-living God,
who, while the Blessed Virgin Mary was carrying your Son in her womb,
inspired her to visit Elizabeth,
grant us, we pray,
that, faithful to the promptings of the Spirit,
we may magnify your greatness
with the Virgin Mary at all times.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.*

(from *The Roman Missal*)



REST IN PEACE

It is with great sadness that we inform you of the passing of:



MARIA PREVITERA

Maria passed away on the 17th of May 2021.
Our condolences to the family and friends. The funeral
was held on the 26th of May 2021.

*Eternal Rest grant to her Oh Lord,
And let the Perpetual light shine upon him,
May she Rest in Peace. Amen*

REST IN PEACE

It is with great sadness that we inform you of the passing of:



NICOLA WALTER

Nicola passed away on the 4th of May 2021.
Our condolences to the family and friends. The funeral
was held on the 28th of May 2021.

*Eternal Rest grant to her Oh Lord,
And let the Perpetual light shine upon him,
May she Rest in Peace. Amen*

PRAISEFEST YOUTH

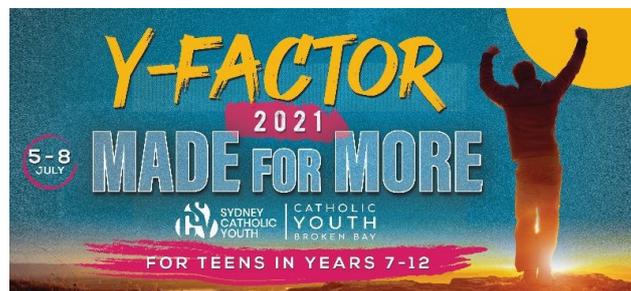


PRAISEFEST is back in the flesh! Join us on Friday 11 June 2021 at St Patrick's Gosford Parish from 6.00-9.00pm.

Come along, sit back and chill with us, and enjoy: PRAISEFEST Radio, games, food and hospitality, 'Rambling with the Rev', Praise & Worship, an inspirational message and more.

*This event is open to all youth and young adults. All young people under the age of 18 must be accompanied by a parish or school group where supervision and responsibility is taken by their corresponding leaders.

Y-FACTOR 2021



The July Y-Factor Camp registrations are open! Y-Factor is a youth camp run in the school holidays for young people in Years 7-12 and this year's theme is 'Made for More!' The camp is so big that this is the SECOND time it's being run this year, with the first being sold out. Come along for 4 days jam-packed with fun, sports, times for prayer, music, dramas, testimonies, workshops and talks with dynamic speakers, small group discussions and friendship! Don't miss out on an experience of a lifetime!

When: 5 – 8 July, 2021

Where: Benedict XVI, Grose Vale (a charter bus will leave from Hornsby Cathedral)

Registrations (Note: registrations for BROKEN BAY participants close on 12 June):

<https://www.sydneycatholicyouth.org/yfactor2021>

DATING YOUR SPOUSE



Dates are not just for those looking to get married! Dating is a powerful tool to promote the health of your marriage, once married. Over time marriages will wilt without regular attention. Investing time in a date night may be difficult when you have children, careers, busy committed life styles, but date nights/couple time do not have to be complicated. First start by agreeing together a time and day, and then put it in the diary or on the planner. This date should be treated with the utmost importance and not be changed without mutual agreement.

When the time comes switch off the phone etc!

Social science clearly suggests that regular date nights result in stronger marriages. The results include:

- Increased communication, so deepening couple's understanding of each other so they grow closer together.
- Date nights help spouses reclaim both their individual identity and their identity as a couple as they escape from routine.
- Date nights fan the flame of romance, passion and excitement. They ensure fun times together to do the unusual.

Date nights show commitment to the marriage, and are one of the greatest investments a married couple can make at any stage of their married life together.

Source: marriageweek.org.au

POPE FRANCIS' INTENTIONS FOR MAY

THE WORLD OF FINANCE

Let us pray that those in charge of finance will work
With governments to regulate the financial sphere and
Protect citizens from its dangers.

AMEN.



COVID 19 RESTRICTIONS

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 2sqms and sanitize your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help.

These people in our parish can help: Fr Bernard 0416 032 497, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours: Mondays & Fridays:
10.30am to 2.30pm

Parish Office: 9653 2312

Parish Priest: Fr. Bernard McGrath OSB

After hours: 0416 032 497

Email: arcadia.parish@bigpond.com

Postal address: 121 Arcadia Rd, Arcadia 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

Address: Cnr Fagans & Arcadia Rd,
Arcadia 2159

Monastery: 9653 1159

Good Samaritan Sisters: 9653 1231

For all parish Occupational Health & Safety and
Safeguarding Children matters
Contact: Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 1446 8001