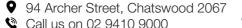


### WE'RE GLAD YOU'RE HERE

We would love to connect with you, hear your story, tell you ours and share life's journey together.

Whether you've just moved to the area or you've been here for years, we would love to get to know you and help you feel at home here in our parish family!

### OUR LADY OF DOLOURS Chatswood Catholic Parish







### Who we are

We are a vibrant, inclusive, worshipping community, welcoming everyone who desires to be a follower of Jesus Christ, we are disciples.

As disciples, we know, experience, love, follow Jesus and reflect his character to others.

We are a diverse community made up of people from a mix of backgrounds young and old, born in Australia and overseas, single, family and seniors. We share a desire to grow deeper in our love of God and to serve those around us.

We seek to be renewed, transformed, passionate disciples, enlivened by the Holy Spirit to unleash our love in light of the mission, to help others encounter Christ.

Sharing the love and welcome of Jesus Christ, let us grow as disciples, open to being witnesses to the Risen Christ, united in sharing His love for us to others.

WE INVITE YOU TO JOIN WITH US AS WE REJOICE IN THE VICTORY OF CHRIST!

## Belonging



### WE WORSHIP

**Together as a family of God.** We invite you to come and celebrate the Eucharist with us every Sunday. Through daily personal prayer we place Jesus at the centre of our hearts.



### WE GROW

Becoming a follower of Jesus is to become a disciple – growing, learning and renewing our faith so as to deepen our relationship with God. We invite you to come on a journey of faith enrichment, opening our hearts to the Word of God by participating in any number of faith development programs throughout the year.



### WE SERVE

Jesus said "The Son of Man came not to be served, but to serve". We encourage you to get involved and participate in parish activities, ministries and outreach by sharing your gifts, time and capacity and an openness to sharing your faith with others.



### WE CONNECT

Investing time in building relationships. Our church is a community of believers, we are a welcoming family united in faith, care and love. We seek to develop a deeper relationship with God and with each other. Investing time in building relationships, we extend the hand of friendship to one another.



### WF GIVE

We give to be grateful and so as to enable the parish to be able to do more. We encourage everyone to give generously as committed givers, giving according to your means.

# What's On

### FOR ADULTS

Lifelong adult faith formation Growing in your personal relationship with Jesus through

- Spiritual exercises
- Bible discussion
- · Becoming a catholic
- Book clubs
- Retreats & reflection days
- Alpha got questions?
   Explore the basics of our catholic faith
- Parent's connect gatherings empowering parents to share faith with their children
- Men Alive group a space for men to reflect & connect
- Small groups

### FOR YOUNG ADULTS

Youth group - Ages 16-30 years

### FOR TEENS

Youth group - Years 7-9

### FOR CHILDREN

### Kid's program & children's liturgy Atrium

Encounter Jesus in a beautiful hands-on discovery & creative space

### Sacramental programs:

- Baptism
- Confirmation
- Reconciliation
- First Holy Communion

### USE YOUR GIFTS IN SERVICE FOR OTHERS & MAKE A DIFFERENCE IN OUR WORLD THROUGH

- Ministries
- Community dinners
- Social justice & outreach groups
- English language conversation classes
- Social events & more...
   Just ask!



# of Daily Personal Prayer

To really understand the heart of God, we need to pray.

Our lives are characterised by our personal relationship with Jesus and our daily prayer life. Prayer is an opportunity to spend time with God.

The best way to start daily personal prayer is by prioritising spending some time in prayer each day, talking to God from your heart. The Bible is God's Word to you, so read a few paragraphs each day reflecting and listening to what God is saying to you. We recommend starting with one of the Gospels (Matthew, Mark, Luke or John).

As a means to create a readiness to trust in God's goodness, pray daily.

A simple way to pray each morning, "Be with me throughout this day, leading and guiding me each step I take".

And at night pray, "Thank you God for being at my side all day long".

### JOURNEYING Our Children

We desire to help you as parents share faith with your children, inviting you to nurture your child's walk with the Lord. Sharing your own faith journey with your children can be a time of personal renewal, deepening your own love for Jesus.

Introduce Jesus to your children and accompany them as they encounter Him. As parents, we can help our children meet Jesus "face to face" together by listening to His words of love in the Bible, by praying and worshipping together.

### We are delighted to offer you:

- A family friendly joy-filled children's mass each Sunday at 9 am
- Sacramental preparation programs
- An invitation to discover the Atrium children's space Immerse your child in the life of Christ through hands-on play experiences

 Parents' Connect Gatherings – practical sessions to empower you to share faith with your children

### DEAR FRIENDS,

When it comes to Sunday mass, we want you there! We honour and regard your family's presence as a gift. You belong! Thank you for making the effort to celebrate with us.

We warmly invite you to join us at our family mass every Sunday at 9 am with morning tea and a chat afterwards! Come and experience joy as we go forth in peace, glorifying the Lord through our lives!

# What to expect

It's not unusual for us to have several first-time guests at our weekend masses. So if you're thinking about visiting us this Sunday, you won't be alone. Our desire is to help you feel welcome.

You'll find welcomers in the foyer who will welcome you and help you find your way. If you're unsure about anything, just ask!

### ABOUT THE SERVICE?

Our Sunday masses usually last just less than an hour. During mass there will be times for prayer, a homily, the taking of communion and an offering. Please follow along as you feel comfortable; we stand, sit, kneel and sing for different parts of the mass. Songs are projected onto screens so feel free to sing, read along or just enjoy the music.

If you have not received the sacrament of holy communion, we welcome you to come forward (with your hands placed over your heart) at communion time for a blessing instead.

We hope you will feel relaxed and welcome, please feel free to join in as much as you are comfortable. After mass, we invite you to join us for a friendly chat over a cup of tea!

### WHAT ABOUT MY CHILDREN?

We know that as parents you need to be sure that your children are in a safe environment. We want children to have fun at church too. We'll take care of both of these concerns. During our Sunday 9 am morning mass there are supervised activities for children aged walking-age right up to year 6. To ensure the highest quality of safety, all our children's leaders are trained and possess valid a working with children check certificate.

### Do you need help?

### RECONCILIATION

The sacrament of Reconciliation is an encounter with the mercy of God where sins are confidentially confessed and forgiven. this sacrament is offered on Saturdays at 9:30 am and Thursdays 7 pm. Appointments can also be made for other times.

### ANDINTING

Our priests can offer the sacrament of Anointing of the Sick for people who are sick, have a serious diagnosis, are awaiting surgery or have diminished health through advanced age.

Anointing is offered regularly to people in our residential aged care centres.

### HOME COMMUNION

If you or a family member is no longer able to come to Mass, our Communion Ministers can bring Holy Communion to them at home.

### PRAYER & COUNSELLING

Our clergy are not professional counsellors but can meet with parishioners to listen and pray with them when needed.

Please contact the Parish office on 9410 9000 for any of these services.

### We also recommend

Catholic Care is the Church's social services agency, offering in-home care, disability services, counselling, domestic and family violence support, family dispute resolution and mediation, parenting and relationship education.

Call 8425 8700 www.catholiccaredbb.org.au

The St Vincent de Paul Society (Vinnies) can assist people in temporary financial need with financial counselling and nointerest loans. Call 9419 4236 www.vinnies.org.au

# Feeling Welcome at chatswood catholic parish

#### **PARKING**

You are welcome to park in the following carparks:

Kirk St Large carpark

St Pius X Entry through Kirk Street

**Small Carpark** adjacent to parish meeting rooms Open for morning Masses and closes at 8 pm.

Archer Street carpark (behind parish office). A few parking spots are available to the rear of the parish office and reserved for people with mobility needs. The entry is closed during the Sunday 9 am mass for the safety of children going to children's liturgy.

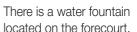
### **DISABLED TOILETS**

There is a disabled access toilet located in the area behind the parish office, at the end of the Archer Street driveway, adjacent to the primary school.

#### KIDS COLOURING

A tub of crayons and religious themed colouring-in pages and books are available for parents to help occupy their young children during mass. These are located in the foyer and also inside the small library (located mid-way down the left hand-side of the church). You're welcome to borrow these and kindly return them at the end of mass.

### WATER FOUNTAIN



#### NO SMOKING



For everyone's comfort and health, please don't smoke on the church grounds.

### TURN OFF MOBILES



Don't forget to turn your phone off or on silent once you come into church.

### PARISH NEWS



Please take a copy of the parish bulletin home each week.

#### **ANY QUESTIONS?**

If you have any questions or problems please see one of our friendly welcomers who are handing out bulletins in the church foyer. They will be happy to assist you and direct you.





### Set our hearts on fire

Masses & Devotions	Monday Tuesday Wednesday Thursday Friday Saturday Sunday	12.15 pm 9.00 am 9.00 am 9.00 am & 12.15 pm 9.00 am 9.00 am & 5:30 pm (Vigil) 7.30 am & 9.00 am (Children's Mass) 10.30 am & 5.30 pm (Youth Mass)
Filipino Mass	1st Sunday of month 12.00 pm (in English)	
Indonesian Mass	3rd Sunday of month 7.00 pm	
Reconciliation	Saturday 9.30 am - 10.30 am Thursday 7.00 pm Any time by appointment	
Morning prayer	Tuesday to Saturday 8.45 am	
Rosary	Tuesday to Saturday 9.30 am	
Exposition	Saturday 9.30 am - 10.30 am	
Cenacle	Monday at 11.30 am	
Adoration of the Blessed Sacrament	Thursday after 9.00 am Mass till 12.00 pm ends with Divine Mercy Chaplet	
Novena – Our Lady of Perpetual Help	Saturday 10.00 am	
Benediction	Saturday 10.30 am	
Anointing of the sick	3rd Thursday of month after 12.15 pm mass, before surgery or medical treatment by request.	

Please refer to the parish bulletin for other prayer groups