"Jesus...was led by the Spirit through the wilderness..." (Luke 4:1:1)

Holy Name Catholic Parish DIOCESE OF BROKEN BAY 35 Billyard Avenue Wahroonga 2076 Web Www.holynamewahroonga.com.au



6th March - First Sunday of Lent

Lent 2022

From Fr Paul

Many thanks to the Parish Men's Group for hosting the **sausage sizzle after the 9:30am Mass last Sunday**. We plan to make this a monthly event after Lent. It was wonderful to have two babies baptised last Sunday and to welcome six further families to present their babies and participate in the **Baptism** instruction.

We were pleased to welcome so many people to our **Ash Wednesday Masses**—the start of our Lenten Journey. Ashes were distributed by teachers at St Lucy's and St Edmunds. Fr Paul and Fr Sam visited each class at **Prouille** for the distribution of ashes to teachers and students. After school, Fr Paul and Fr Sam joined the staff to lead the first of a series of talks on Liturgy.

Despite the inclement weather, we had a group of 20 at the first of our four Lenten Dinners and Discussion Groups. Thank you to all who braved the rain to participate in a wonderful evening. Please remember you are welcome to any of the remaining three Thursday evenings in March. Please remember to RSVP (See details Page 5). Remember also that all are welcome at the Friday night Stations of the Cross in Lent. (6:00pm Adoration; 6:30pm Stations of the Cross).

Congratulations to Kiara Zaragoza who celebrated her First Communion during the 9:15am Mass on Friday. We wish the forty two children (in Grade 4 or higher) and their families all the very best during these coming weeks as they prepare for **Confirmation** on 27 March. We pray it is a blest time for them and for the Parish.

We wish James and Julia Burfitt & family all the best as they move from Wahroonga to Newport.

Condolences to Patricia Morgan on the death of her husband, Dennis. Dennis passed away peacefully on Tuesday 22nd February. Dennis will be farewelled from Holy Name on Tuesday, 8th March at 10:30am.

A Lenten Journey – we encourage everyone to keep a good Lent. Bishop Anthony calls the people of Broken Bay "to be converted to Christ anew." What concrete plans will you put in place to keep a good Lent? Please note in the bulletin a number of suggestions for you to consider for the weeks of Lent.

Pope Francis appeals to the faithful "to not allow this season of grace to pass in vain" and invites believers to prepare to celebrate the paschal (Easter) mystery with mind and heart renewed, warning that "Sin leads man to consider himself the god of creation, to see himself as its absolute master and to use it, not for the purpose willed by the Creator but for his own interests".

Please note on Page 6 of the bulletin a reflection on the 3 key disciplines or practices for Lent; Prayer, Fasting and Almsgiving.

With my prayers and best wishes for all the Parishioners of Holy Name, especially that Lent is a special time of grace for each person and for each family. Fr Paul

Important Dates:

Looking ahead to the next season of the Church

Stations of the Cross	Fridays during Lent	Palm Sunday	10th April
-	(6:00pm Adoration	Holy Thursday	14th April
	6:30pm Stations of the Cross)	Good Friday	15th April
Second Rite of Reconciliation	5th April (Tuesday at 7:00pm)	Easter Sunday	17th April

Parish Masses This Week						
Monday	7 March	No Mass			Monday of the 1st week of Lent	
Tuesday	8 March	Mass	9.15am		Tuesday of the 1st week of Lent	
Wednesday	9 March	Mass	9.15am	7.30pm	Wednesday of the 1st week of Lent	
Thursday	10 March	Mass	9.15am		Thursday of the 1st week of Lent	
Friday	11 March	Mass	9.15am		Friday of the 1st week of Lent	
Saturday	12 March	Mass	5.00pm		Saturday of the 1st week of Lent	
Sunday	13 March	Mass	8.00am	9.30am 5.30pm	SECOND SUNDAY OF LENT	

Please Remember in your Prayers

RECENTLY DECEASED:

Fidela Frez, (mother of Fr Joey, died 3 March), Maria Mood (close friend of Rose and Graham Raward), Dennis Morgan (husband of Patricia, died 22 February aged 93), Kerry Lupton (died 20 February, wife of Vic, former parishioner and friend of Jen and Barry Clibborn), Peter Brassil (great friend of Helen and Bill Tysoe, died 22 February), Fr Peter Preston SDS (friend of Mike Tighe), Paul Hotchkis (died 7 February aged 68 years, husband of Jane, brother in law of Paul and Gemma Couch), Pellegrino Ballarin (father of Antonella Foti, died 25 January), Mary Faulder (sister and sister in law of Ken and Carol Faulder, died 29 January), Sylvester 'Ves' McGrath (died 26 January aged 96yrs, father of Dominic, Damien and Justin), Helene Babski (aunt of Monica Caly, died 21 January), Fr Manoj Manuel (died in India on 17 January, aged 45 years), Michael Phoebus (died 6 January, aged 58 years, husband of Deborah, father of Benjamin, Nicole, Michael "Jonathon" and brother of Michele, Mark and Melanie).

ANNIVERSARIES:

Helen Gait (wife of Tom, 1st anniversary, 9 March), Ottaviano Praturlon (husband of Elsa, 26th anniversary on 6 March), Ina Alsaka (mother of Suzanne Cooke, 8th anniversary on 9 March), Jonas Buzinskas (father of Peter, anniversary on 9 March), Brian Fraser (husband of Devona, 6th anniversary on 10th March), Roger Thrum (11th anniversary, 13 March), Lizeth Andreina Albornoz Gonzalez (2nd anniversary, sister in law of Veronica Acevedo), Jack Jones (brother in law of Jo and Frank Waldron, 1st anniversary 21 February), Tom Anderson (father of Margaret MacMillan) anniversary 22 February), Eleanora Poletto (mother of Giordana Praturlon, 5th anniversary 26 February), Reg Kirkwood (brother of Patrick, 4th anniversary on 14 February), Roy Woodall (father of Sue, 1st anniversary 14 February), Bernadette Bevins (1st anniversary 20 February), Maureen Taylor (Carol Reidy's mother, 11th anniversary on 13 February), Chris Roche (Lillas' son, 4th anniversary on 12 February), Burt Schaafsma (husband of Mary, 1st anniversary 3 February). Margaret Bizannes (10th anniversary on 7 February), Evelyn Waters (cousin of Margaret MacMillan, 1st anniversary 9 February), Amelia Faulkner (mother of Elaine Wilson, 1st anniversary, 31 January), Charles (Charlie) Attard (brother of Ray, brother-in-law to Lynne and uncle of Ryan, 1st anniversary on 27 January), Eileen Goldstein (mother of Pam Gallagher, anniversary on 29 January), Damion (Sri Wijetunga's brother, 52nd anniversary, 31st January), Kay Elizabeth Ann Baguley (mother of Jo Toomey, 23rd anniversary on 2nd February), Matt Murney (son-in-law of Mary Schaafsma, 2nd anniversary on 27 January), Tod Walker (Lillas Roche's brother, 6th anniversary 20 January), Muriel Molnar (6th anniversary, 21 January), Joseph El-Daher (Denise Kassis' brother, 61st anniversary on 21 January, Joan Clarke (5th anniversary, 22 January), Patricia (Pat) Lynch, 5th anniversary, 23 January), Cheble El-Daher (father of Denise Kassis - 35th anniversary on 23 January), Lucy Machado (mother of Tony, 20th anniversary 13 January), Tim O'Brien (son of Jenny and Paul, brother of Julia, 6th anniversary, 8 January), Sylvia Arnett (mother of Max, 2nd anniversary 6 January), Elisha Foti - 9th anniversary on 4 January), Joseph Sydney McElhenny (3rd anniversary 3 January), Aaron Iori (9th anniversary on 1 January).

FOR THE SICK:

Fr Robert Borg, Leon D'Apice, Bill Northcott, Geoff Deacon (brother-in-law of Irene King), Patricia and Dennis Morgan, Max Arnett, Cyril Littrich, Greg McNally, John Clark, John Fisher, John Lyons (son-in-law of Halina Brzowzski), Sinead Joyce (friend of Dot & Mike Tighe), Kathleen Le Gras (Sister of Brian McGarry), Emma Vassallo (Granddaughter of Will Hayward), Peter Higgins (son of Norma), Dawn Phillips (Lynne Attard's Mum), Alyssa Kent, Ted Hook (Antonina's husband), Gerard Vince (brother of Cecilia Kean), Kevin Brown (brother-in-law of Halina and David Brett in England), Joe Pulis, Patricia McGrath, Helen Dunning (niece of Leila McCreton), Edda Fragiacomo, Maurice Aliprandi (father of Erica Bayldon), Conor McCreton, Margaret Anderson (sister-in-law of Frank and Jo Waldron), Anne Carney, Richard Connolly (friend of Patrick Kirkwood), Walter Sutcliffe, Isla Fisher, Norma Higgins, Davin and Sharon Ho, Leanne (Sharon's sister), David Waldron (son of Jo and Frank), Chris Le Gras, Judith Hodson, Susie Dunning (sister of Leila McCreton), Gloria Boswell, John McGarry, Freya Carney, Fr Michael Fallon msc (friend of Patrick Kirkwood), Hildegard McLaughlin, Doris Buzinskas, Christopher Anderson, Jim Clayton (Fran's father-in-law), Madeleine Ryan, Gabrielle Flood, Grant Jepson, Noeline Mannix, Madeleine Reicher (granddaughter of Patricia Cox), Thomas Nash, Ross Truda, Frances Hall, Anne Sutcliffe (Walter's wife), Lillian Whitty, Mary Gibbs, Chad Walkaden, Noelene Burke, Martin McCreton (brother and brother in law of Conor and Leila McCreton), Margaret Hayes, Reginald Broderick, Michael Walsh, Caoimhe Browne, Murray Howe, George Dunne.

What do the readings say to us today—the First Sunday of Lent?

First Reading (Deuteronomy 26:4-10).

Through the ceremony of offering the first fruits, the Israelites recognized all that God had done for them in the past, especially in the Exodus. Our worship of God is also a recognition of his favours to us.

Second Reading (Romans 10:8-13).

The core of the Christian credo is that Jesus is our risen Saviour. Anyone who can say that and live by it, will be saved.

Gospel (Luke 4:1-13).

Jesus was tempted like we are, but did not sin. Through his grace we too can resist temptation and overcome sin.

All three readings are concerned with **faithfulness to God.** The First Reading describes the ceremony of the offering to God of the first fruits of the harvest. it was an occasion for the people to thank God, not only for the blessings of the harvest, but for all he had done for them in the past, and especially in the Exodus. The creed which the speaker recited is a summary of Israel's early history and humble origins. The readings of the following Sundays will focus on significant moments of that history.

The Second Reading contains in its simplest form the **Christian credo:** Jesus is Lord; he died for our sins and was raised up for our justification. Obviously for this faith to be genuine, it must be professed not just with one's lips but also with one's life.



Jesus said: "When you pray, go to your inner room, shut the door, and pray to your Father who is in that secret place, and your Father who sees all that is done in secret will reward you." (Matthew 6:6)

"I was looking for you outside myself and I did not find the God of my own heart. (St Augustine, Confessions, 6.1.111) Augustine was to learn that to really find God, he would need to look within his own heart." Bishop David Walker: Confessions Study Guide

"Is this not the fast that I prefer? to loosen the fetters of injustice, to undo the thongs of the yoke, to set free those who are oppressed and to break every yoke, to share your bread with the hungry and to offer shelter to the homeless poor, to clothe the naked when you behold them and not turn your back on your own kin. Then your light will break forth like the dawn, and your wound will quickly be healed..." Isaiah 58.6-8







"Keeping a good Lent" 2022



Lenten Groups: Thursday 10th, 17th and 24th March from 6:45pm-9:00pm Where: Prouille School Hall—5 Water St, Wahroonga

During the Season of Lent, the Church promotes the practices of prayer, fasting, and almsgiving as ways of breathing new life into our practice of the faith. One special way you may wish to mark the season is by joining us for our **Parish Lenten Groups!**

This year at Holy Name we will embark on the **"Journey through Lent"** program with Scott Hahn. This course covers 4 fundamental areas of the Catholic faith: Reconciliation, Eucharist, Prayer and Scripture.

Each session will begin with a communal dinner, followed by watching the video and breaking into groups for prayer and further discussion.

If you would like to join us, please register by either:

Clicking on this link:https://forms.gle/mmeEsAjwutV6je1CAThrough the Parish Office9489 3221 orEmail: Holyname@bbcatholic.org.auORPut your details on the Sign Up Sheet in the Church



Further LENTEN RESOURCES

For those who would like access to the video resources being shown at our Thursday night Lenten Groups (to watch at home), or would like a free digital book of reflections for every day of the Lenten Season, we encourage you to join the "Journey Through Lent" emailing list by signing up at: <u>https://stpaulcenter.com/journey-through-lent/</u>



Home Based Lenten Groups:

If you would like to host *your own Lenten Group* in your home, the Parish has resources available for you.

Please contact the Parish Office. Tel: 9489 3221 Email: Holyname@bbcatholic.org.au





"Keeping a good Lent" 2022

Stations of the Cross

Will be prayed in the Church each Friday evening during Lent at 6.30-7.30pm. There will be Adoration of the Blessed Sacrament from 6.00pm. All are welcome.

The Church is open for private prayer.

Throughout Lent, Holy Name church is open for private prayer from 8.00am to early evening.

Lenten Gathering on Thursday evenings:

- 10th 17th and 24th March.
- Come to as many as you can manage.

You are invited to join other parishioners on four Thursday evenings in Lent at Prouille hall. The evenings will consist of a simple meal, watching a video series (one per evening), group discussion and closing prayer.

For catering purposes, if you would like to join us, please register by **either**:

- Clicking on this link:
- <u>https://forms.gle/mmeEsAjwutV6je1CA</u>
- Through the Parish Office **9489 3221** or
- Email: Holyname@bbcatholic.org.au
- Put your details on the Sign Up Sheet in the Church



Topic for next Thursday evening: Prayer



1. "Restoring Freshness in the time of Lent" (*Garrett publication*) - One per family. \$5.00 donation appreciated **2.** Online: Sign up at: <u>https://stpaulcenter.com/journey-through-lent/</u> (See Page 4 for further information).

Lenten Groups:

You are invited to form your own groups to meet to reflect on the coming Sunday's Gospel in Lent. You are invited to use these resources (above) or another suitable resource. Please see Fr Paul or Fr Sam if you would like suggestions with leading a group.

Tuesday mornings at 10am: there will be a Lenten group in the Sunroom. *Thursday morning at 10am*: CAYA group will follow a Lenten program from the Diocese of Wollongong

Second Rite of Reconciliation

This will be celebrated at Holy Name on Tuesday evening 5 April at 7:00pm



Thank you to those who braved the wild weather to attend our first of four Lenten Dinner Groups to enjoy a meal together, watch a video and join in discussion and prayer.



From Fr Paul - Prayer, Fasting and Almsgiving in Lent



Prayer:

St John Damascene described prayer as "the raising of the mind and heart to God."

As Jesus says, "When you pray, go to your inner room, shut the door." It's keeping our side of the bargain. There is a conscious intention and discipline of making time and space for the practice of prayer - communicating with God.

Jesus teaches us that God wants to be in communion, in relationship, with each person. God wills to be at the centre of your life. Jesus says that your heavenly Father who is in that secret place (the centre, the heart) will reward you: what is the reward? It is God's very being and presence with you. Prayer is its own reward.

Do I make a time for prayer? Do I have a place for prayer? Do I follow a discipline of prayer?

There are many forms of prayer; as St John Paul II said: "Pray as you can, not as you can't." Is there a form of prayer to which you are drawn? During Lent are you willing to practise it? Daily Mass, the Divine Office, the Rosary, a particular devotion, Christian Meditation, Lectio Divina (sacred reading), a Lenten group, morning or night prayer, grace before meals, the Jesus Prayer

Fasting:

The desires for food and drink and the pleasures of life (in all their forms) are like little children, who are insistent and seek immediate gratification.

We must be careful not to allow the superficial desires in life to dominate us. In a very real sense, fasting is a call to selfdiscipline for a higher purpose.

Fasting is a way of disciplining various desires, quieting those desires, not always giving into them, so that the deeper desires and hunger for God, for inner peace and joy can be given space.

We are not called to give up food and drink only. We might consider giving up other habits and addictions that we know are destructive, and not life-giving: eg – gossip; television, internet, social media, electronic games...

Shall I deny myself something, in order to make time for God, for family or others? Fasting reminds us of the need for real discipline in the spiritual life, to deepen our relationship with God.

When we fast, we follow Jesus' example, and we express: our love for God, our repentance for sin, our desire to turn to God, our self-mastery (with God's grace), and our recognition that true nourishment comes from God.

Almsgiving:

Almsgiving refers to money, food, or other donations given to the poor or needy, anything given in charity. In all Religious traditions, it is considered noble to give generously to others.

Why give alms? The church is not simply a club or society of like-minded people; we are one body – we are the living body of Christ, each one is connected to the other. As St Paul says, if one part of the body suffers, all suffer.

If someone in the world is hungry or thirsty or suffering in whatever way, I too am affected. Their problem is my problem. I am my brother and my sister's keeper!



How might you give alms? Mother Teresa reminded us the poor are sometimes in our own family and in our own street. Might there be someone (a family member, a neighbour, a work colleague) whom you know personally and who would benefit from your love and practical help this Lent?

Take a Lenten/caritas box, and contribute regularly throughout Lent, knowing that every time you put something in the box, you are thinking of and praying for those who are suffering and poor and in need.

St Basil the Great says "If you have two cloaks in your cupboard, one is for you one for the poor; if you have two pairs of shoes in your cupboard, one is for you one for the poor..."

Many of us in our society have much more than we need, and Lent is a time when we specially offer something to those in need.

Reading the Bible

DIFFICULTY READING THE BIBLE?

Have you ever struggled to read the Bible? I know I have! I can't tell you how many times I've picked up my Bible, read a few chapters into the Old Testament and gave up. The Bible can be hard to comprehend for all of us, and it can be even more difficult to find the time. There is a solution!

Fr Mike Schmitz, a priest from the USA, has released a podcast called "Bible in a Year" – which quickly rose last year to become the most listened to podcast in the world! Fr Paul and I have been listening to the podcast each day ourselves, and we have both found it wonderfully engaging and helpful. I, myself, have begun to appreciate more than ever, the riches contained in the Word of God. If you've ever struggled to read the

Scriptures, I encourage you to begin "Bible in a Year." Lent is just around the corner, it with FR. Mike SCHMITZ, FEATURING JEFF CAVING might be the perfect time to start!

It is broken into 365 episodes, each about 30-mins each.

They can be listened to on your smartphone or on the computer. For more information, go to: https://media.ascensionpress.com/all-bible-in-a-year-episodes/

If you wish to read along while you listen:

The exact Bible version Fr Mike uses can be found by clicking here. A cheaper version of the same translation can be found by clicking here.

If you have any questions or need further assistance, email me at: sam.french@bbcatholic.org.au



Donation Boxes and Envelopes are available in the Church.

Please take one (or more) home.



Please take home a Project Compassion box and a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **For All Future Generations**.

With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2022 reminds us that the good that we do today will extend and impact the lives of generations to come to build better future for all.



Confirmation Program for Years 4-6, 2022



In our Diocese of Broken Bay, Confirmation iscelebrated after Baptism, before Reconciliation and First Eucharist.

This Confirmation program is to run during Term 1 and is for candidates in Year 4 or above.

We aim to accommodate all families participating in our Sacramental Program.

All Year 4 students along with any students from Years 5 & 6 wishing to prepare to be Confirmed can be enrolled using the Trybooking link:

https://www.trybooking.com/BPACQ

For further information contact Mrs Sally Oong: sally.oong@bbcatholic.org.au or Parish Office 9489 3221



Parish Contact Information and Mass Times

Parish Priest : Assistant Priest: Parish Secretary : Parish Office: Sacramental Coordinator:

Office Hours : Phone: Postal Address:

Prouille School : School Principal : Phone : CCD Coordinator : Eucharist Ministry to the Sick Coordinators:

Weekend Ministries Co-ordinator: St Vincent de Paul (Wahroonga Conference): Fr Paul Durkin Fr Sam French Mrs Jackie Thornton Mrs Sally Oong

paul.durkin@bbcatholic.org.au sam.french@bbcatholic.org.au jackie.thornton@bbcatholic.org.au Holyname@bbcatholic.org.au sally.oong@bbcatholic.org.au

Monday, Tuesday, Thursday, Friday 9.00am—5pm (02) 9489 3221 P O Box 385 Wahroonga NSW 2076

5 Water Street Wahroonga NSW 2076 Ms Genevieve Smith (02) 9489 3233/ School Website: www.prouilledbb.catholic.edu.au Mrs Cecilia Kean Mrs Pam Koroknay: Mr Chris Madden. (Housebound) Mr Paul Sutherland Mr Chris Goldrick cgoldrick@optusnet.com.au 0450 963 596 Mr Anthony Weaver (President) 0423 842 823, Mr Ken Laing (Treasurer), Mrs Candy Cosgriff (Secretary)

Weekend Masses:

Saturday 5.00pm (and last Saturday of the month Mass at 9:15am) Sunday 8.00am, 9.30am and 5.30pm and 7.30pm at Loreto College Normanhurst during school terms

Mass on Tuesday to Friday: 9.15am

8.00am— 8.30am Silent Prayer 8.30am— 8.45am Morning Prayer of the Church 8.45am— 9.00am Rosary Rosary after Mass on Tuesday Special Intercessions/intentions remembered at Friday Mass.

Friday evening: Holy Hour from 7.00pm (Suspended)

Mass is also celebrated: : Our Lady of the Rosary Cathedral, Waitara — Monday 7.00am St Leo's College, Wahroonga Friday 12.55pm during school terms (Suspended until further notice)

Baptism:

Every second and fourth Sunday of the month at 11.00am. Please make an appointment through the Parish Office

Marriage:

By appointment, at least six months in advance.

Sick Calls:

Any time day or night. Please call 0408 350 885 out of office hours

Confessions:

Saturday 11.30am or by appointment. The list of times in surrounding parishes is on our parish website. We recommend you call the parish in advance to confirm times.

Parish Pastoral and Missionary Council for 2020/2021: Gemma McDermott (Chair), Tess Denham-Fabry (Deputy Chair), Ed Scully (Secretary), Chrissie Goldrick, Tom Waugh, Giovanna Flores-Clarke, Ian Edmunds, Samantha Vieira, Sally Oong and Roger Bohlsen, along with Genevieve Smith (Prouille) and Vanessa Dillon (St Lucy's) and Jason Scanlon (St Edmunds)

Parish Finance Committee: Marinela Mendes, Tony Monardo, Robyn Elizondo, Tim Quilty, Paul O'Brien

Parish Fundraising Committee: Noel Kean (Chair), Meredith Baume, Anthony Weaver, Lyn Saul, James Toomey

The Parish Bank Account Number: The Catholic Development Fund (CDF) with whom the parish banks), has changed some of its processes. This means we have a new account number. In the past, we would provide the details here, however, in late 2020, the Diocese of Broken Bay advised we were no longer to advertise our bank account details in the parish bulletin or on our website. *SO WHAT DOES THIS MEAN*? If you deposit directly to the parish account (on a regular or ad hoc basis), we need to provide you with the new account number. There is no change to regular credit card contributors.

- Thank you for your financial contribution to the support of our Parish Community and its priests. It is greatly appreciated.
- The 1st Collection taken up at Mass goes to the Clergy Remuneration Fund for the financial support of the priests.
 The 2nd Collection taken up at Mass is for the running and upkeep of the Parish.

We invite you to help our Parish by joining a Planned Giving scheme. Please contact the parish office for the way you can participate in this. Your gift of any size will help our parish continue our good works & outreach.

Alternatively see the "Make A Payment" tab on www.holynamewahroonga.com.au

IN CASE OF A MEDICAL EMERGENCY: Our Church is equipped with a defibrillator in the event of a cardiac arrest. It is located near the entrance to the church, next to the notice board. It is designed to be used by everyone. Please familiarise yourself with the use of this device at <u>AED Plus Step-by-Step Demo - YouTube</u> in case of an emergency.