

# Foundation Youth Ministry

## Key Information

Foundation youth ministry is named based on the understanding of the pivotal role that formation of young catholics plays in building the future of the church.

The objective of youth ministry at Our Lady of Dolours is to provide young people with opportunities to grow in their faith alongside a community of people their age.

Faith and community are two essential elements of Catholicism and by exposing our youth to activities which aspire to develop these, the young people we serve will grow to be active members of our parish.

## Our Logo



The cross with the crown of thorns was chosen to tie in with the name of our youth ministry- FOUNDATION- as these are symbols of Christ's death, which forms the foundation of our faith. Yet our faith has also transformed these instruments of torture into symbols of Christ's love for us. They are powerful reminders of how Jesus' love can transform people's hearts and minds, just as we aspire to do through youth ministry.

# Key Points

FOUNDATION YOUTH MINISTRY IS  
MADE UP OF:



## **CORNERSTONE**

FOR YEAR 5 TO 9



## **KEYSTONE**

FOR YEAR 10 TO 12



## **CAPSTONE**

FOR YOUNG ADULTS (18+)

# Time & Location

OUR LADY OF  
DOLOURS PARISH  
MEETING ROOMS

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2ND AND 4TH  
SUNDAYS OF THE  
MONTH DURING  
SCHOOL TERM

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CORNERSTONE AND  
KEYSTONE: 10AM-12PM

CAPSTONE: 12PM-2PM

# Our Patron Saint

## ST PETER

At Jesus' call, St Peter "left [his] nets and followed him" (Matthew 4:20), an act of extraordinary courage as his nets were in many ways his identity and his livelihood as a Fisherman. His nets were how he provided for his family and were the lens through which he viewed the world.

Jesus later named Peter 'Cephas' (meaning 'rock') and declared him as the first Pope of the Church. As a figure in the early Church, St Peter was instrumental in forming the doctrines and beliefs of the church through his writings. St Peter is an inspiration to all Catholics to have courage to trust in God's will.

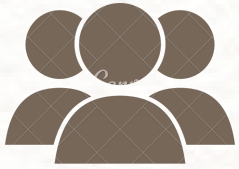
“ WHAT MATTERS IS  
NOT YOUR  
OUTWARD  
APPEARANCE ... BUT  
YOUR INNER  
DISPOSITION.  
CULTIVATE INNER  
BEAUTY, THE  
GENTLE, GRACIOUS  
KIND THAT GOD  
DELIGHTS IN ”

1 Peter 3:3-4

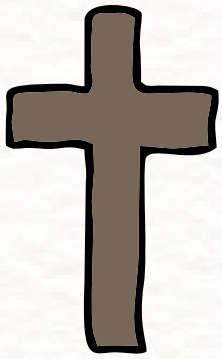


# Youth Group Goals

## TO FOSTER COMMUNITY



This goal will be achieved by facilitating opportunities for participants to get to know each other. The activities will inspire participants to view each other as Brothers and Sisters in Christ as they forge friendship and become pivotal figures in each others faith journey.



## TO PROVIDE FAITH FORMATION

What distinguishes youth group from any other secular club is our focus on faith. As such, faith formation is a key pillar of our youth group goals. We will dedicate at least half of each youth group session to activities that are explicitly faith-based. The activities will focus on specific topics of interest to the youth of today.

## TO PROVIDE PARTICIPANTS WITH CONSISTENT CONTACT WITH THEIR FAITH



The key to building friendship and faith is having consistent interactions with each other and Christ. Our youth groups will run fortnightly to provide attendees with regular contact with others and the Catholic faith..



# Structure

FOUNDATION YOUTH MINISTRY IS MADE UP OF:



## **CORNERSTONE YOUTH GROUP**

This group aims to provide attendees with foundational knowledge of their faith whilst contributing to the development of strong friendships.

The name of our youth group has a strong scriptural basis, particularly in the passage: "the stone that the builder's rejected has become the cornerstone" (Psalm 118:22), which foreshadows Jesus' rejection and subsequent crucifixion and resurrection which is now the basis of our faith.



## **KEYSTONE YOUTH GROUP**

This group aims to build on the knowledge instilled in the attendees younger years of formation by centering presentations and discussions around more sophisticated theological doctrines.

The name of our youth group is based on our awareness of knowledge as the key to actively practising the Catholic faith. Usually when adherents are 'bored' in mass or lack engagement with other aspects of the faith, it is due to a lack of understanding of the purpose, symbolism or background of how we worship Christ. Keystone youth group provides an environment where attendees can explore and understand their faith.



## **CAPSTONE YOUNG ADULTS**

This group aims to build a community of young adults that help each other to grow closer to Christ. The talks are led by participants and Fr Marek on topics that concern living out the Catholic faith in today's world.

# Our Youth Leaders



## **CAILIN GERAGHTY**

Cailin is a 2nd year university student studying business, accounting and finance. Cailin's love of youth ministry was instilled by her own experiences of how youth ministry can create joy and belonging in people from all walks of life. Cailin's favourite saint is the mother of all saints- Mary- whose courageous 'yes' inspires Cailin to commit to living out the will of God in her life.



## **JOSEPH LIEM**

Joseph is a 2nd year medical science student. His interests centre around tennis and music. He is passionate about youth ministry as it provides an opportunity for him to help create a community which others can use to grow their faith while having an awesome time with people with similar interests. His favourite saint is St Mary Mackillop.



# Our Youth Leaders



## **RIYA KARKERA**

Riya is currently a full time student in her 2nd year of university. She is studying an economics and finance degree. Her interests include fashion, shopping and reading. She loves youth ministry as it provides great opportunities for people in the community to grow together in faith. Her favourite saint is St. John Bosco.



## **SEAN DIXON**

Sean currently works as an electrical engineer. His interests include scuba diving, soccer and landscaping. Sean believes watching other's hearts grow in faith is a beautiful thing. Youth ministry allows him to be an active part of the youth's growth which enriches his own faith. His favourite quote is "Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?" (Matthew 7:3).



# Photos & Events

## YOUTH MINISTRY LAUNCH NIGHT, 2022





# Photos & Events

## HOLIDAY ACTIVITIES





# Contact Us!

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IF YOU WOULD LIKE TO GET INVOLVED, PLEASE  
EMAIL US.

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## Stay Updated

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FOUNDATIONYOUTHMINISTRY.OLD@GMAIL.COM

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