



## OUR LADY STAR OF THE SEA TERRIGAL

*“ May we Love one Another,  
so that all experience a Sense of Belonging ”*

**17th Sunday in Ordinary Time Year B**

**25th July 2021**

**First Reading :** The Word of the Lord 2 Kings 4:42-44

A reading from the second book of the Kings

*They will eat and have some left over.*

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted for the Lord says this, "They will eat and have some over." He served them; they ate and had some over, as the Lord had said.

**The Word of the Lord**

**Psalm 144:10-11, 15-18 R. The hand of the Lord feeds us; he answers all our needs.**

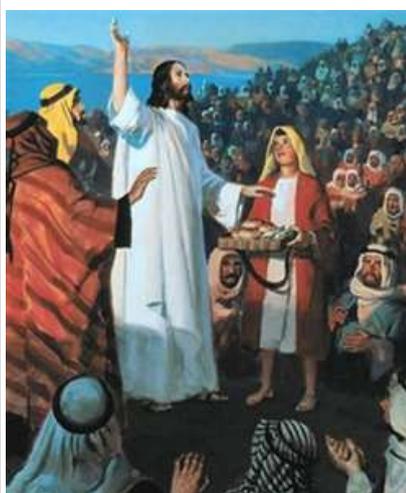
**Second Reading : Ephesians 4:1-6**

A reading from the letter of St Paul to the Ephesians

*There is one body, one Lord, one faith, one baptism.*

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

**The Word of the Lord**



**Gospel : John 6:1-15**

A reading from the holy Gospel according to John

*He distributed to those who were seated as much as they wanted.*

Jesus went off to the other side of the Sea of Galilee - or of Tiberias - and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

**The Gospel of the Lord.**

## SACRAMENTAL ENROLMENTS

YEAR 4 OR OLDER

PLEASE SPREAD THE WORD !!!

A Catch-up program has been organized for primary school (Year 4 and over), high school students and adults who have missed out on making any of the sacraments.

This was a result of enquiries from parents.

### ENROL NOW

Enrolling **Year 4 and over** for the Sacrament of **Reconciliation** (or **Confession**) has begun. Please ring the Parish Office, or email the application form attached to this Weekly Bulletin email or download it from the parish website.

Please pass this information on to late primary, high school students or adults, who have somehow missed out.

If you wish to support Fr Vince and Janette on the Sacramental team, please contact the parish office.

### FORMATION

Parent / child sessions will be

- **Saturday 7 August at 3.30 to 4.30pm**
- **Saturday 14 August at 3.30 to 4.30pm**

The Sacrament will be celebrated on Friday 20 August, with appointments for each child / family 4pm to 6.30 pm .

**We will then lead this group and any others who have missed out, through a program to receive First Holy Communion in September.**

We pray that many children will enrol and we stay COVID free so this can continue as planned.

Any enquiries to Janette 0421416555

## Churches still closed Lockdown

With the NSW Government extending the Sydney lockdown , our churches in Broken Bay remain closed. Some parishes are live streaming Mass, (please right click) [click here](#) for all the details.

**This coming Sunday, 25 July**, Broken Bay Clergy and staff are again featured on Mass For You at Home. Fr David Ranson, Vicar General will be celebrating Mass, with Br Bernard Fonkalsrud and Selina Hasham reading.

It will be broadcast on Channel 10 at 6.00am Sunday, and is available to watch on [YouTube](#).



Something "light" from today's Gospel.

### This Week's Gospel

#### Reflection

God's ability to provide what we need is only limited by our ability to give to Him whatever resources we already have.

One of the big problems in our culture is that we want to fix things ourselves, or just ask *google*.

We rely just on our own knowledge to solve our problems. In doing this, we often leave God out of the solution. Jesus took what was offered and lifted it up to the Father, and then the miracle happened. We must do the same.

#### Prayer

Dear Lord, thank you for the many gifts, talents and resources that I have been given from you. Help me to offer them back to you with love and purpose when the opportunity arises . Help me to be more like the little boy in today's reading who offered something apparently small (his lunch) but when given into Your hands with humility and love for your purpose, it is multiplied beyond our understanding. Amen

## Domestic Church

Last week I wrote about using this time of lockdown as a time of transformation and growth. It is not a time to just wait for the church to open so we can have Mass again but an opportunity to recognise that our homes are sacred places. I encouraged us to read, pray and share the bible readings from Mass, to pray the rosary, and to use the Jesus prayer, as well as looking for an on-line Mass.

This week I would like to suggest we consider praying the Liturgy of the Hours. You might also know it as the *Divine Office* or the *Breviary* (the book out of which it is read). Although it is a prayer that is associated with priests, monks and nuns, it is the *Prayer of the Church* and everyone is encouraged to pray it. Even when prayed by an individual at home, the Liturgy of the Hours is "liturgy", that is, the prayer of the whole church.

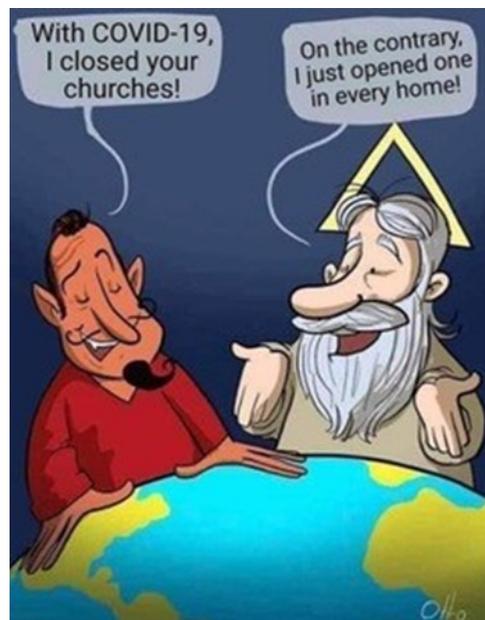
It can most easily be prayed by going to a website, Universalis, which sets out the prayer in a very simple format. If you want to start, click onto [Universalis.com](https://universalis.com) Under the Liturgy of the Hours choose the time of day you want to pray. I would recommend you start with Morning Prayer, Evening Prayer or Night Prayer. You don't have to pray it all; just do what you are comfortable with. Start with praying one psalm, or reflect on the bible reading, or pray the Intercessions.

You might also want to create a sacred space, that is, a special place for prayer. Use a candle, bible, sacred picture of state, with a bit of colour to focus your prayer and make this a peaceful part of your home.

For more ideas go to <https://cathfamily.org/the-ultimate-guide-to-family-prayer-for-busy-parents/>

To learn more about the Domestic Church, read *The Hour of the Domestic Church is Now* by Teresa Pirola at: <https://marriageresourcecentre.org/the-hour-of-the-domestic-church-is-now/>

Fr Vince



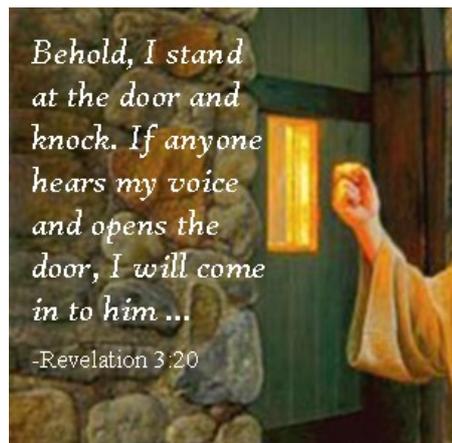
*An example of a sacred space in a home.*

*Be creative in coming closer to our loving God  
in **your own** artistic way.*



During the week we have heard from many people who live on their own and who are missing visits from family and friends during the lockdown. May this thought bring some comfort..

*No pandemic can keep Jesus away and locked out of our hearts and homes, but remember He is a polite guest and we do need to invite Him in !*



### Liturgy Team

We are looking for parishioners who would like to be part of re-starting a Liturgy Team in the parish.

The purpose of such a team is to help organize our Masses, celebrations of seasons, feast days etc. during the year.

The team would meet about once a month and sub-committees would need to be created to organise seasons such as Lent-Easter and Advent- Christmas and Feast days such as Our Lady Star of the Sea.

Music, servers, readers, collectors, decorating the church etc would all stay responsible for their own ministry, but also, in some ways, come under this team.

If you are interested please contact the parish office or speak with Fr Vince.



*We pray for :*

### *Recently Deceased*

Ivan Kopecky Frank Sprakel Adam Meaney Tony Sweeney  
Tony Saad Fr Tony Simari Clem Gorman Mario Favetta  
Stanley Nolan

### *Anniversaries & Remembrance*

Ronald Jeltos James Dodds Holy Souls Colleen Smith

### *Sick*

Anthony Wallace Baby Poppy Jean Arnold Sue Southwell  
Maria Emmi Noleen Sherwood Daphne Beasley  
Sean Mc Evoy Jenny Imbruglia

### Have you checked out our new Website ?

We have a new website that aligns with Diocesan web provider. The link is <https://www.bbcatholic.org.au/terrigal>

Please have a look to see what it is like. Also, if many people go to it, the Google algorithm will make it come up when visitors come looking for us. The website still needs a lot of additions and editing, which will come in time.

**Happy Feast day to all the Grandparents in our parish. Website (right click on to open)**

[TAKE ME TO CATHFAMILY](#)

A lovely grandparents card included, take a look.



Please keep in your prayers and support where possible our families who own their own businesses, and all who are struggling with loss of work and balancing family life.

**“ The Lord is near to the brokenhearted and saves the crushed in Spirit.”**

Psalm 34:18

## SmartLoving Programs



The Marriage Resource Centre is here to support our parish in ministering to married and engaged couples through our online SmartLoving programs.

From July 16 to 31 August they are offering an online course **SmartLoving Fertility at 50% off the rrp of \$29** to coincide with **Natural Fertility Awareness Week.**



A big thank you from

**MARY MAC'S at Woy Woy.**



Thank you for your continued help.

Around 70 people needing assistance are coming daily to a COVID free environment for a lunch and also some for a shower and washing facilities.

The most needed food items at the moment are: Poppers, small bottles of water, long life milk, pasta, rice and **most important during winter**—Heinz Big Eats canned meals.

They have a pull top lid, which is convenient for the needy. Also cans of tuna, mini packs of snacks, biscuits, chips, eggs, apples, oranges.

Anything spare in the pantry that can be used for lunch—will be appreciated.

Please leave items outside the parish office.

Thank you to the shopping angels this week !

## LAUDATO SI': ON CARE FOR OUR COMMON HOME:

Pope Francis wrote: 'The Lord was able to invite others to be attentive to the beauty that there is in the world.'

### Paragraph 98

#### A response to Laudato Si' for the family:

- ◆ Use rechargeable batteries.
- ◆ Stop unwanted mail by opting out of junk mail eg catalogues, coupons, credit card offers, circulars.

**Suggested Websites:** [social.justice@vinnies.org.au](mailto:social.justice@vinnies.org.au)  
[www.stfrancis.org.au](http://www.stfrancis.org.au) [justiceandpeace.org.au](http://justiceandpeace.org.au) ;  
[socialjustice.catholic.org.au](http://socialjustice.catholic.org.au); [bbcatholic.org.au](http://bbcatholic.org.au)

**Next Social Justice meeting** (if Covid restrictions allow)  
1pm Thursday 12th August.

## Parish Finances

With no Masses, we have no collections. These are our main source of income and we still need your support. You can contribute online to the parish account:

**Terrigal Parish**

**BSB: 062 784**

**A/C: 1154 8001**

Add *Donation* and *Your Name* as a reference.

You can also have an amount debited from your card each month. Please contact the parish office (4367 4610) to make the necessary arrangements.

This is also a good opportunity to swap the envelope system for the credit/debit card monthly system.

*In the spirit of giving,  
we thank you for  
your generosity!*

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### Extract from the Covid Prayer

In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind. Help us to bring the peace of Jesus to our land and to our hearts.

## Plenary Council 2021.

In the last 2 weeks the bulletin has carried the views of Bishop Long, the Bishop of Parramatta:

My Hope for the Plenary Council. The Bishop argued for a new vision of the Church-  
“New wine in new wineskins.”

A Church which enriches itself by recognising and fully embracing women and which is inclusive of all marginal groups in our society. A church which rejects the clerical paradigm.

Another Bishop, **Archbishop Julian Porteous**, the Archbishop of Hobart has written a book called: “**Foundations: Preparing the Church in Australia for the Plenary Council and Beyond**”.

Archbishop Porteous is distinguished by his defence of the traditional teaching of the Church in relation to marriage which led to a threatened prosecution in Tasmania by the anti-discrimination board. The outcry which followed this attempt to prevent the Catholic Church from announcing its teachings has led the Federal Parliament to consider legislation ensuring the protection of freedom of religion.

The Archbishop’s views will be set out in future editions of the bulletin. An **Introduction** for the book is set out below:

For any Catholic living in Australia at the present moment the challenges to the faith are great indeed. The culture around us is changing rapidly, not only abandoning its Christian heritage but becoming increasingly hostile to the Catholic Church. Within the church there is a serious struggle to know how to respond to these changes. Does the church adapt itself to the culture? How can it preserve its true identity?

The evident decline in religion and the numbers of Catholics attending Sunday Mass and living a sacramental life is another area of concern. Is this decline terminal?

Experiences like the sexual abuse crisis have further eroded the confidence of many Catholics and some have lost confidence in the leadership of Bishops. Is it time to change the governance structures of the Church?

As the Church prepares for a Plenary Council, these and many other issues challenge the church here in Australia. Will the church find the right way forward and plot a course which will ensure that the church is able to effectively carry out the mission entrusted to it by the Lord? The response we make to the issues we face must be grounded in a deep spirit of faith. It must be faithful to the revelation of sacred Scripture. It must be grounded in its living tradition, and continuous with the body of magisterium.

The Plenary Council will shape the direction of the Church in Australia for decades to come.

## *Spiritual Corner:* Feasts and saints of the week:



**Monday 26 Saints Joachim & Anne** (Parents of Mary; Grandparents of Jesus)  
Patron of all Grandparents.

**Tuesday 27 Saints Natalie and Aurelius**

**Wednesday 28 St Alphonsa of India & St Innocent 1, pope**



**Thursday 29 St Martha** is the patron saint **of servants and cooks**. There is not much in the Bible about Martha, the sister of Mary and Lazarus, who lived in Bethany, which is near Jerusalem.. The last thing that is mentioned about Martha in the Bible is, “Martha served.”

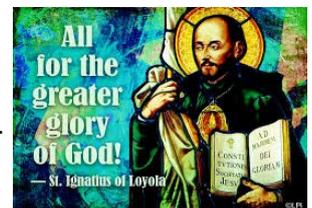
**Friday 30 St Leopold Mandic** also known as **Leopold of Castelnuovo**), (12 May 1866 – 30 July 1942), was a Croatian Capuchin friar and Catholic priest,<sup>[2]</sup> who suffered from disabilities that would plague his speech and stature. He developed tremendous spiritual strength in spite of his disabilities and became extremely popular in his ministry as a confessor, often spending 12–15 hours in the confessional.<sup>[3]</sup>

Although Mandić wanted to be a missionary in Eastern Europe, he spent almost all his adult life in Italy, living in Padua from 1906 until his death. He also spent one year in an Italian prison during World War I, since he would not renounce his Croatian nationality. He also dreamed unceasingly about reuniting the Catholic and Orthodox churches and going to the Orient. He became known as an Apostle of Confession and an Apostle of Unity. He made a famous prayer that is the forerunner of today's ecumenism.

At the personal request of Pope Francis, Mandić's remains were brought to Rome for veneration during the 2015–2016 Extraordinary Jubilee of Mercy. He and his fellow Capuchin friar, Pio of Pietrelcina, were designated as saint-confessors to inspire people to become reconciled to the Church and to God, by the confession of their sins

**Saturday 31 St Ignatius Loyola**

Ignatius of Loyola was a Spanish priest and theologian who **founded the Jesuit order in 1534** and was one of the most influential figures in the Counter-Reformation. Known for its missionary, educational, and charitable works, the Jesuit order was a leading force in the modernising of the Roman Catholic Church.



**"Act as if everything depended on you; trust as if everything depended on God."** Ignatius Loyola

*We learn so much from the saints.*

*Why not google and find out more about the saints mentioned -  
something pro active for faith building in our "Isolation" !*

## Broken Bay and Parramatta to host Euthanasia talks

The Diocese of Broken Bay is joining with the Diocese of Parramatta to host a series of three talks in August ahead of the expected introduction of a draft Voluntary Assisted Dying Bill to NSW Parliament.

The series, entitled “Euthanasia, Dying and the Dignity of the Human Person”, will feature speakers in theology, medicine and communications. The free Zoomed talks, focused on providing alternative viewpoints to assisted suicide, were initiated as a result of growing community alarm at the proposed Bill which The Catholic Weekly reported on last week.

[READ MORE](#)

## Australian Catholic Men's Gathering 2021

Registrations are now open for the second Catholic Men’s Gathering, which will again encourage men to gather in groups across the country to participate in a combined online and face-to-face event.

The inaugural event last year, set to be held in Sydney, was moved online due to the COVID –19 pandemic. A series of video modules were created, including prayer, presentations, reflections and invitations for group conversation. [READ MORE](#)

### OUR NEW KITCHEN



**A sneak peek of our beautiful new practical Parish Kitchen**



*Thank you to all concerned with bringing this project to fruition.*

**OUR LADY STAR OF THE SEA SACRAMENTAL PROGRAMME**



**\* RECONCILIATION ENROLMENT FORM 2021 \***

Candidate's Surname \_\_\_\_\_

Candidate's Christian Names \_\_\_\_\_

Address \_\_\_\_\_

No

Street

Suburb

Postcode

Home Telephone

Candidate's Date of Birth \_\_\_\_\_ Age (at August 2021) \_\_\_\_\_

School attending \_\_\_\_\_ Class \_\_\_\_\_

Fathers Full Name \_\_\_\_\_ Religion \_\_\_\_\_

Mothers Full (maiden) Name \_\_\_\_\_ Religion \_\_\_\_\_

Contact name and phone number during working hours \_\_\_\_\_

Parents' email address \_\_\_\_\_

Candidate's date of Baptism \_\_\_\_\_

(Attach photocopy of baptism certificate if not baptised at Terrigal)

Place of Baptism \_\_\_\_\_

(If baptised overseas please give full address)

School child attends \_\_\_\_\_

**EMAIL FORM TO THE PARISH OFFICE (NOT THE SCHOOL)**

ENROLMENT FEE is \$25.00 FOR RESOURCES

Payable to Terrigal Parish

Either electronically BSB: 062 784 A/C: 1154 8001 or

by cash/ cheque in the Parish Office message box in the door.

**Enquiries to Janette 0421416555**

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