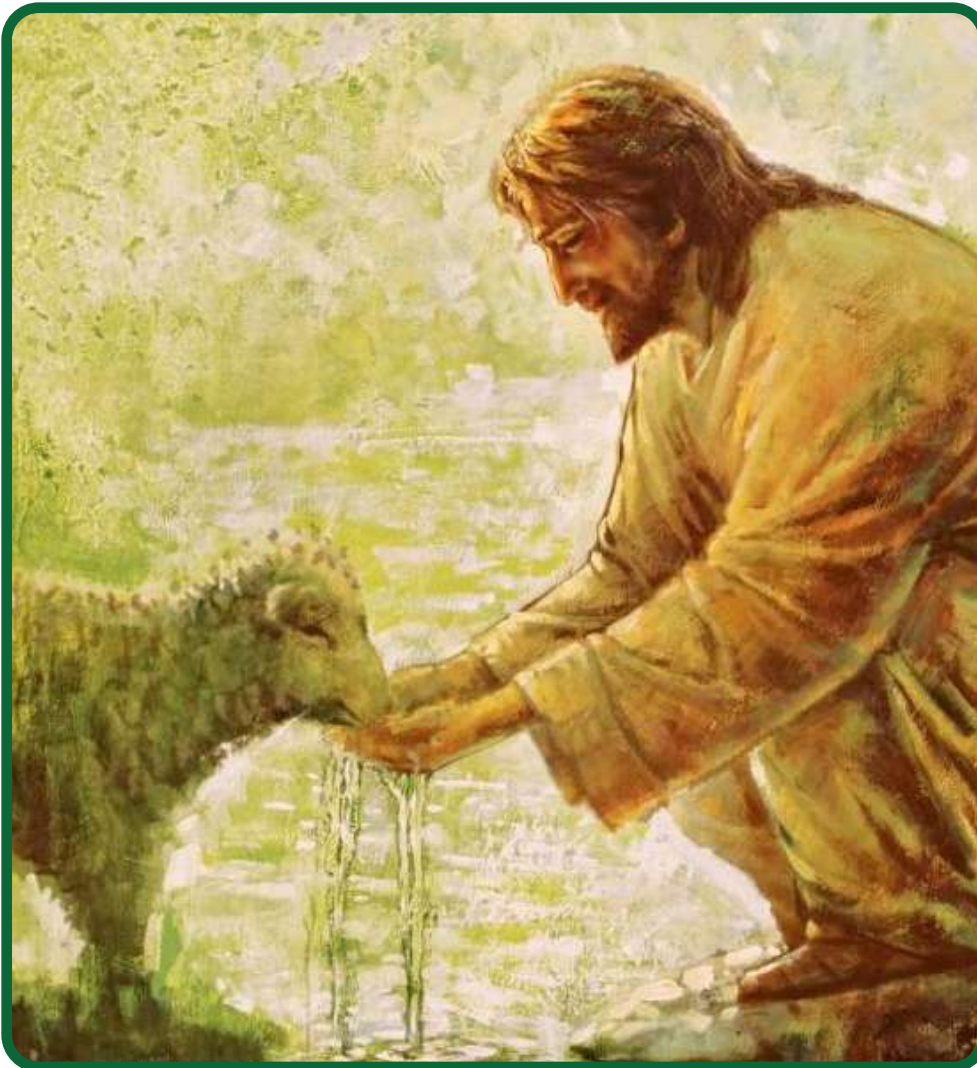




The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Prayer to the Sacred Heart

O most holy Heart of Jesus,
fountain of every blessing,
I adore you, I love you and with
a lively sorrow for my sins.
I offer you this poor heart
of mine.

Make me humble, patient,
pure, and wholly obedient to
your will.

Grant, good Jesus, that I may
live in you and for you.

Protect me in the midst of
danger; comfort me in my
afflictions;

give me health of body, assis-
tance in my temporal needs,
your blessings on all that I do,
and the grace of a holy death.

Within your heart I place my
every care.

In every need let me come to
you with humble trust saying,
Heart of Jesus, help me.

Amen.

If you have used this
bulletin, please take it
home with you.



Thoughts of Bl Francis Jordan

If you could not preach at all with words,
example alone is already a mighty sermon that
would capture the spectator.



POPE FRANCIS' PRAYER INTENTION FOR JUNE For the Abolition of Torture

We pray that the international community may commit in a concrete
way to ensuring the abolition of torture and guarantee support to victims
and their families.

**A warm welcome to all
our parishioners
and visitors who are
celebrating the
Eucharist with us
at Pittwater Parish
Sacred Heart Church and
Maria Regina Church**

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am

Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm

Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

*Bob Kasch
John Joseph Cincotta*

Recently Deceased

*Margaret Alice Schubert
Cecilia Nesbitt
Nicholas Pace
Noel Camody
Maria Teresa Avona*

Prayer for the Sick

Anna Smigowski
Mile Spadina
Sarah Zofrea
Guy Zofrea
Avelino Samartin
Bill O'Connor
Jeff Langley
Mark Linfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Jim Hammond
Marcia Bailey
Bec Burroughs
Susan Hickey
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Mina Lee
Maureen Larios
Denise Wagner
Tom Murphy
Leonie Ariemetto
John Graham

Vinnies

New stock is now available for the Sacrament of Confirmation at the Vinnies Sacred Heart Piety Store.

All proceeds of the Piety Store go to St Vincent de Paul.

All transactions are CASH only, as we do not have EFTPOS facilities.

Any queries, please contact the Parish Office on 9157 0999.

FILM REVIEW

Our Catholic Faith



Truths about God and the Mysteries of the Catholic Faith with orchestral music and scenes of contemporary Catholicism, the glory of nature and sacred art and architecture.

Liturgy for the Week

19/06 Monday, Ordinary Time 11
2 Cor 6:1-10; Mt 538-42

20/06 Tuesday, Ordinary Time 11
2 Cor 8:1-9; Mt 5:43-48

21/06 Wednesday, St aloysius
Gonzaga
2 Cor 9:6-11; Mt6:1-6,
16-18

22/06 Thursday, St John Fisher,
bishop and Thomas More,
martyrs
2 Cor 11:1-11; Mt 6:7-15

23/06 Friday, Ordinary Time 11
2 Cor 11:18, 21-30;
Mt 6:19-23

24/06 Saturday, The Nativity of
St John the Baptist
Vigil: Jer 1:4-10; 1 Pet 1:8-12;
Lk 1:5-17
Day: Is 49:1-6; Acts 13:22-26;
Lk 1:57-66, 80

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Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

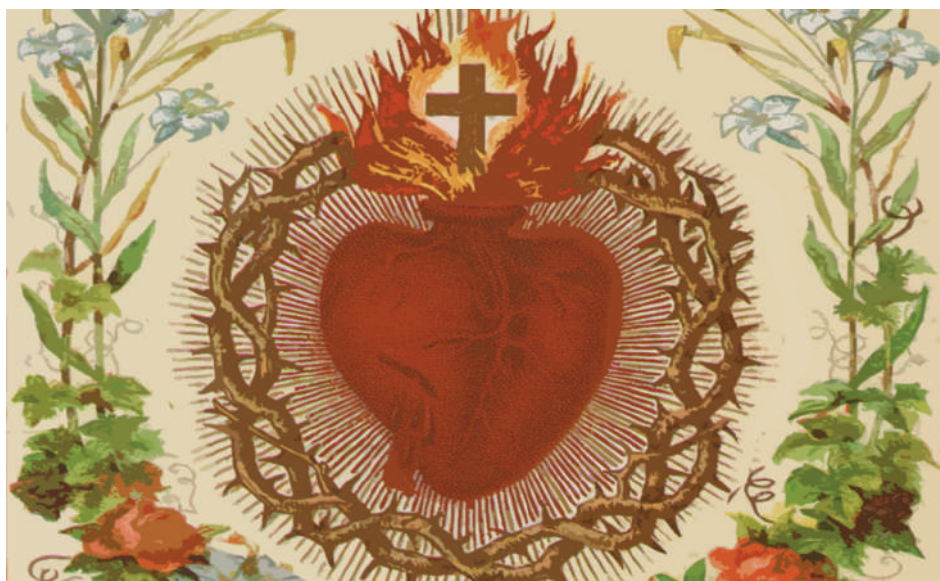


Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*



2023
Our Year of
Stewardship

The Sacred Heart is an invitation to ask ourselves, 'How did Jesus love?'



On Friday, together with Sacred Heart Primary School, at Sacred Heart Church, Mona Vale, we celebrated the Beautiful Solemnity of the Most Sacred Heart of Jesus. The main origins of the feast are with the visions received by St. Margaret Mary Alcoque, a 17th-century Visitation nun in a town called Paray-le-Monial, France. Her visions of Jesus presenting himself with his heart, were initially disbelieved by her fellow sisters. Then Jesus promised her in prayer that he would send her his "faithful servant and perfect friend." Shortly afterwards, a Jesuit named Claude la Colombiere showed up at the convent to serve as a spiritual director for the sisters. He saw that Sister Margaret Mary's visions were authentic, and devotion to the Sacred Heart spread from there.

Some people might be turned off by the devotion thanks to kitschy representations of Jesus pulling open his cloak and pointing to his Sacred Heart. But if we set this devotion aside, we will miss out on a great opportunity to meditate on one of the most important aspects of Jesus' life: the way that he loved. The Sacred Heart is an invitation to ask ourselves, "How did Jesus love?" and "Whom did Jesus love?" For me the answers to those two questions are: abundantly, totally and completely; and everyone, especially those who were poor or marginalised. But there are other questions that Solemnity of the Sacred Heart raises: "How do I love?" and "Whom do I love?" And the most important question of all, "How can I love like Jesus?" Maybe that's a question you can ask yourself all week, as you encounter each person with the love of your own heart, which seeks to love as Jesus' Sacred Heart did.

James Martin, S.J.

The Rev. James Martin, S.J., is a Jesuit priest, author and editor at large at America.

NOW ENROLLING YEARS K – 6

Ignite • Connect • Excel



Maria Regina Avalon
Catholic Primary School

42 Central Road, Avalon 2107 | 9918 2608 | www.mradbb.catholic.edu.au

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communications Coordinator

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

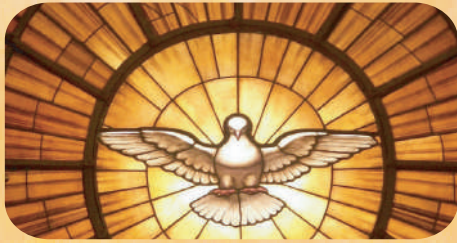
Sacred Heart School
Tel 8197 6900
Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher



Celebrating the Sacrament of Confirmation

Maria Regina Church, Avalon
Saturday, 17 June at 6pm

Sacred Heart Church, Mona Vale
Sunday, 18 June at 10am and at 12noon

The Most Reverend Bishop Anthony Randazzo, DD JCL
will be presiding at the Sacrament of Confirmation in both Churches.



The **Diocese of Broken Bay** is excited and looking forward to hosting Ignite Youth, one of Australia's most powerful Catholic Conferences, from 28 September to 1 October 2023.

Registrations for this year's conference are now open. Evangelisation Broken Bay has a number of subsidies available to support Young Adults and members of the Diocesan community to attend this year's conference. Subsidies will provide a 50% discount on the ticket price for the conference. Please consider members of your community who you feel may benefit from the support of financial subsidy.

To request a discount code, please email
Evangelisationea@bbcatholic.org.au
For all enquiries, please email
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For Your Gifts*

Thank you for helping to renew and rebuild lives.

Your gifts mainly support the Confraternity of Christian Doctrine (CCD) and our Hospital Chaplaincy and Pastoral Care Practitioners, but it also helps St Edmund's College, St Lucy's School (students with disabilities), and the Ephpheta Centre (Pastoral care, sacraments and advocacy for the deaf community).

These contributions really make a difference to someone in a hospital, school, parish, or the wider community.

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St Lucy's School and St Edmund's College
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Ephpheta Centre
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PASTORAL WORKS
Broken Bay

www.bbcatholic.org.au/pastoralworks



Proclaim the Kingdom of God

11th Sunday in Ordinary Time, Year A

Can you name the 12 Apostles?

Si _ _ _ P _ _ _ r

A _ d _ _ w

J _ _ n

J _ _ e _

T _ _ m _ s

P _ _ l _ p

M _ _ t _ _ w

S _ m _ _

B _ r _ _ o _ _ m _ w

J _ m _ s

Th _ _ dae _ _

J _ d _ _



Jesus calls each of us to continue his mission as the Apostles did. What are some of the things that Jesus needs us to do?

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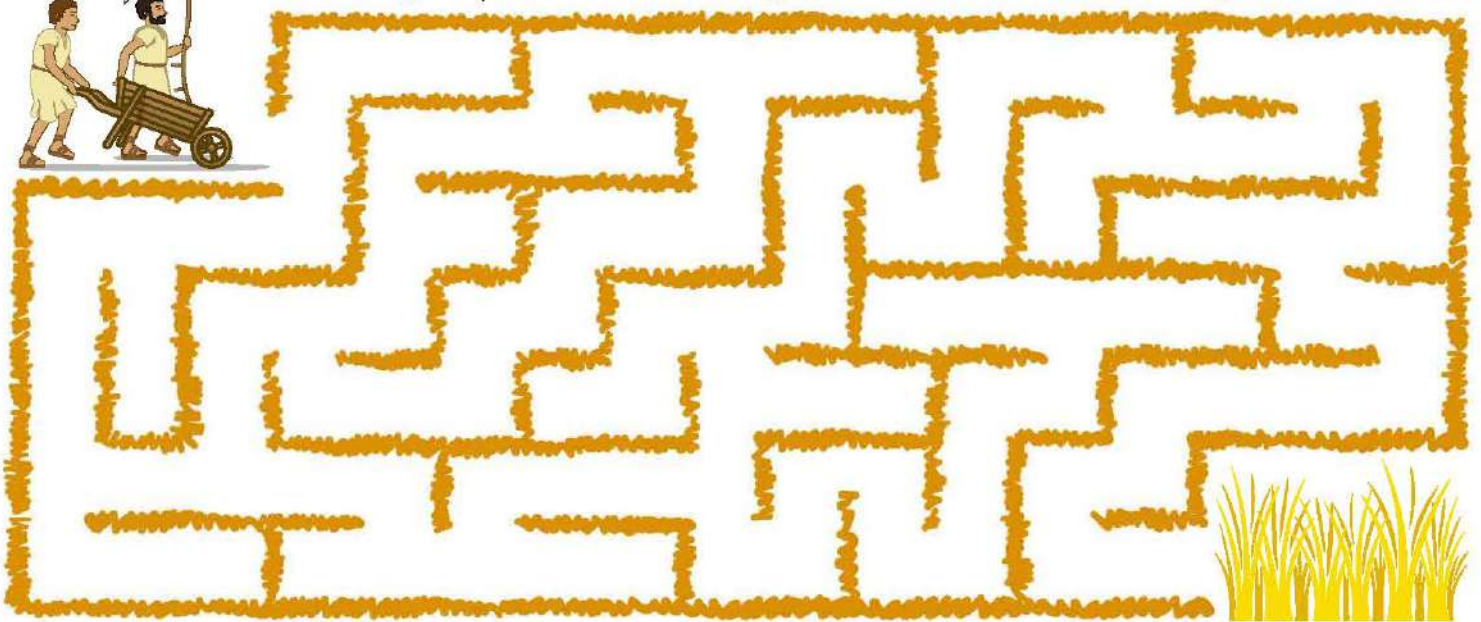
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Empty rounded rectangular box for writing.

Empty rounded rectangular box for writing.



There's a large crop in the field but not enough workers! Send these workers out to gather in the harvest



The *Living* Word

Entrance Antiphon Cf. Ps 26:7,9
O Lord, hear my voice, for I have called to you; be my help.
Do not abandon or forsake me, O God, my Saviour!

First Reading Ex 19:2-6
A reading from the book of Exodus
You will be a kingdom of priests, a consecrated nation.

From Rephidim the Israelites set out again; and when they reached the wilderness of Sinai, there in the wilderness they pitched their camp; there facing the mountain Israel pitched camp. Moses then went up to God, and the Lord called to him from the mountain, saying, 'Say this to the House of Jacob, declare this to the sons of Israel, "You yourselves have seen what I did with the Egyptians, how I carried you on eagles' wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation."

The word of the Lord

Responsorial Psalm Ps 99:2-3. 5. R. v.3

**(R.) We are his people:
the sheep of his flock.**

Cry with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy. **(R)**

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep of his flock. **(R)**

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age. **(R)**

Second Reading Rom 5:6-11
A reading from the letter of St Paul to the Romans
We have been reconciled to God through the death of his Son; we are saved by his life.

We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled

with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

The word of the Lord.

Gospel Acclamation Mk 1:15

Alleluia, alleluia!
The kingdom of God is near;
repent and believe the Good News!
Alleluia!

Gospel Mt 9:36 – 10:8
A reading from the holy Gospel according to Matthew
He summoned his twelve disciples, and sent them out.

When Jesus saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.' He summoned his twelve disciples, and gave them authority over unclean spirits with power to cast them out and to cure all kinds of diseases and sickness. These are the names of the twelve apostles: first, Simon who is called Peter, and his brother Andrew; James the son of Zebedee, and his brother John; Philip and Bartholomew; Thomas, and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, the one who was to betray him. These twelve Jesus sent out, instructing them as follows: 'Do not turn your steps to pagan territory, and do not enter any Samaritan town; go rather to the lost sheep of the House of Israel. And as you go, proclaim that the kingdom of heaven is close at hand. Cure the sick, raise the dead, cleanse the lepers, cast out devils. You received without charge, give without charge.'

The Gospel of the Lord

Communion Antiphon Ps 26:4
There is one thing I ask of the Lord, only this do I seek:
to live in the house of the Lord all the days of my life.

REFLECTION
by Dianne Bergant CSA

The major themes today are call and discipleship. Most of us are rather insignificant in the eyes of the broader society. And even those who are well known or in some way famous are still just simple human beings with needs and fears and dreams like the rest of us. Yet we have been called by God. This is what makes us special. Paul picks up this

theme in his development of justification. He argues that we are special because when we were still sinners we were justified. All this has come to us as a pure gift from God. It is God who calls; it is God who chooses; it is God who justifies. If we are to boast, we must boast in God.

Paul further teaches that good works do not gain faith. It is the other way around. It is faith that manifests itself in works. In the gospel we see that the disciples are sent out to give to others the gift of faith which had been given to them. They proclaim the gospel, the good news that the time of fulfilment has come, and then they perform mighty works that demonstrate what they preach. We too have been called to discipleship; we have been made God's special people. To us has been entrusted the good news of salvation to proclaim to others. We must be the healing touch of Christ in our world. We must comfort those who mourn, bring back to life those who are in despair, embrace those who have been ostracised by society, drive out anger and fear and hatred.

© Dianne Bergant CSA

To read the messages from
Bishop Anthony and from the people
Vox Populi please go to
www.pittwaterparish.org.
News and events tile and Messages
from Bishop Anthony on the drop
down menu.



Congratulations to all the children in our Parish who are receiving the Sacrament of Confirmation this weekend.

Thank you Most Reverend Bishop Anthony Randazzo for celebrating this Sacrament.

Thank you to Fr Richard, Fr Zyga and the Sacramental Team at Pittwater Parish, the parents and guardians, principals, teachers and catechists, that prepared the children for this Sacrament.

Thank you to all our parishioners for all your prayers.

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