



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## *A Prayer for Courage*

Lord, I am afraid.

I don't feel bold or courageous today.

Help me remember that  
bravery isn't the absence of fear,  
it's doing the right thing no  
matter what

**GIVE ME A  
COURAGEOUS  
HEART**

I know that You will be with me.  
I am not alone.

You are greater than  
any enemy or obstacle I face.  
Help me to take a stand,  
to not give up, to push on,  
and to step forward today,  
knowing that  
You are trustworthy and  
You are my strength.

In Jesus' name.  
Amen.



You can find us on  
**Instagram**  
(pittwater\_parity)

**If you have used this bulletin,  
please take it home with you.**



## Thoughts of Bl Francis Jordan

We must diligently and wisely use all ways and means which the love  
of Christ inspires to glorify God.



## Pope Francis' Prayer Intentions For June

### The Beauty of Marriage

Let us pray for young people  
who are preparing for marriage  
with the support of a Christian  
community: may they grow in  
love, with generosity,  
faithfulness and patience.



The Service NSW QR codes are  
now available at the entrance  
of both of our churches, for you  
to use to check in. If you do not  
have a smartphone or you're  
not carrying it with you, please  
provide your contact details via  
the sign-in sheets provided. If  
you have checked-in with the  
QR code, you do not have to use  
the sign-in sheets. Thank you

A warm welcome  
to all especially our  
parishioners and visitors  
who are celebrating the  
Eucharist with us at  
Pittwater Parish -  
Sacred Heart Church  
Mona Vale and Maria  
Regina Church, Avalon.



**Parish Pastoral Council**  
**Matthew Hyland**  
 matthyland100@yahoo.com.au

### Pittwater Parish Ministries

**Catechists**  
 Co-Directors  
 Maureen Wooldridge - 9997 4694  
 Veronica Thomas -  
 veronicathomas2009@gmail.com

**Evangelisation Ministry**  
 Erich Ott (Coordinator RCIA)  
 0409 124 840  
 Sr Margaret Collis - 9974 4116  
 Sue Berg - 0419 991 781  
 (Coordinators Adult Faith Education/  
 Formation)

**Legion of Mary**  
 Connie Robinson - Director  
 0458 007 706

**Little Hearts Playgroup**  
 Co-Directors-Marie Bockman -  
 mbockman@hotmail.com  
 Maureen Wooldridge - 9997 4694

**Media & Communication Ministry**  
 Laura Ee - Director  
 media@pittwaterparish.org

**Music Ministry**  
 Josh Willard - Director  
 9157 0999 ext 17

**Pastoral Care and  
 Communion to the Sick Ministry**  
 Co-Directors  
 Denise Bottero - 9997 6904  
 Marie Bockman -  
 mbockman@hotmail.com

**Parish Library**  
 Trish Newman - Director  
 9918 3973

**Sacramental Program Ministry**  
 Suzy Caruso  
 9157 0999 ext 0  
 sacraments@pittwaterparish.org

**Social Justice Ministry**  
 Tamara Harding - Director  
 0403 226 699  
 www.facebook.com/pages/Pittwa-  
 ter-Friends-OF-Soibada/162612300466694

**Youth Ministry**  
 soul@pittwaterparish.org or  
 Josh Willard (Soul Youth)  
 music@pittwaterparish.org

*All our Ministries comply with Working With  
 Children Check requirements*

We acknowledge the lifelong trauma of abuse  
 victims, survivors and their families, the failures of  
 the Catholic Church to protect, believe and  
 respond justly to children and vulnerable adults,  
 and the consequent breach of community trust.

## We Pray for

### Deceased Anniversary

**Rina Lardizabal-Yam**  
**Bob Kasch**

If you would like the names of your  
 relatives or friends and offerings  
 included, please drop the envelope in  
 to the Parish Office by Midday on  
 Wednesdays. Thank You.

### Recently Deceased

**Edo Kogl**  
**Jan Scott**

### Special Intentions

**Michael Schadel**

### Prayers for the Sick

Philip Maddrel  
 Gail Reiher  
 Imelda Vince  
 Ben Castillo  
 Moira Howie  
 Christine Hills  
 Donald McRae  
 Sara Zofrea  
 Beryl Peo-Duncan  
 John Andrew Graham  
 John Charles Graham  
 Michael Carrodus  
 Pat Regan  
 Robyn Sheather  
 Candida Hernandez  
 Chin Quang Le  
 Tony Quatroville  
 Garry Gleeson  
 Elizabeth Kral  
 Nazarena Custodio  
 Annette Davis  
 Andrew Hood  
 Jeff Langley  
 Peter Vorlicek  
 Warwick Chipman  
 Erin Ocampo  
 Mark Lindfield  
 Chico Mesina  
 Vicky Kalingasan  
 Cos Coniglio  
 Bill Eyre  
 Brian Gregan  
 Marian Poe  
 Marcia Bailey  
 Bec Burroughs

The names on this list will be  
 removed after four weeks unless  
 otherwise requested or advised.  
 Thank you

## BOOK REVIEW

**Lamps of Fire**  
**Daily Readings with**  
**St. John of the Cross**  
 Sister Elizabeth Ruth, ODC



Short daily meditations to enable us  
 to widen our spiritual vision.

## THURSDAY MORNING SPIRITUALITY GROUP

Our study this year continues with  
 Pope Francis' new Encyclical Letter  
 on Fraternity and Social Friendship.  
 Pope Francis gives us insight into a  
 way of life which allows to  
 acknowledge, appreciate and love  
 each person, regardless of physical  
 proximity and regardless of where  
 they were born or live. "God has  
 created all human beings equal in  
 rights, duties and dignity and has  
 called them to live together as  
 brothers and sisters."

We meet after 10am mass (around  
 10:30) for morning tea, followed by  
 study and contemplation until 12  
 noon. We read through the book in a  
 very relaxed manner gaining new  
 insights from each other. All are  
 invited.

Contact Margaret Abrahams via the  
 Parish office on 9157 0999.

## TAP TO REPLACE



**Our air-conditioning units in  
 our Maria Regina Church,  
 Avalon, which were generously  
 donated by a parishioner, have  
 been irreparably damaged by  
 some uninvited lizards and now  
 the Church is in need of new air  
 conditioning units.**

**Our aim is to raise \$17,500.00  
 to cover the cost of the supply  
 and installation of new units.  
 It would be wonderful if we  
 could achieve this goal quickly  
 so that we can make the Church  
 cosy in the fast approaching  
 winter months as well as when  
 we need it to cool in our hot  
 Summer.**

**To help reach this target, our  
 Tap & GO Device in our Maria  
 Regina Church, Avalon will be  
 temporarily set to \$50 and all  
 proceeds will go directly to  
 cover the cost of the new air  
 conditioning.**

**Envelopes are also available in  
 the Church for your cash and  
 cheque donations and can be  
 placed in the collection  
 baskets.**

**Credit Card donations can be  
 made via our website through  
 BPoint  
[https://www.bbcatholic.org.au/  
 pittwater/archive/donations-a  
 nd-giving](https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving) and selecting  
 "Other" from the drop down  
 Biller Code list and using "Air  
 Conditioning" as the Reference.**

**Thank you for your generosity  
 and continued support.**

## from Our Schools



**Mater Maria  
 Catholic College**

Our Year 7's attended our annual  
 Reflection Day at Warriewood  
 Uniting Church. This event is part of  
 the general evangelisation and  
 catechesis program for Year 7  
 students. The day was spent in  
 reflection on the teaching found in  
 Pope Francis' letter Laudato Si and on  
 what that means for us as we  
 endeavour to live our lives as faithful  
 Catholics.

Our Year 8 students watched the  
 drama production Sister Mary of the  
 Cross performed by two actors. It  
 unveils Mary MacKillop's political,  
 practical and spiritual determination  
 to fulfil her dream; collaborating  
 with Father Woods, building a school  
 in Penola, battling for independence,  
 her excommunication, the glorious  
 blessing of the Pope and despite  
 unyielding illness the foundation of  
 The Sisters of Saint Joseph. The play  
 includes many of the thoughts and  
 feelings of Mary MacKillop and is an  
 excellent resource on pioneers,  
 women in society, religious studies  
 and the history of the Catholic Church  
 in Australia.

On Wednesday, several of our Year 10  
 students attended the International  
 Convention Centre for the annual  
 Stand Tall Sydney event. The event  
 brought a host of speakers together  
 in one room to arm students with the  
 skills of resilience, the strength to  
 stand up to bullying, the keys to  
 motivation, the power of perspective  
 and the benefits of making good and  
 wise decisions. The event exists to  
 build hope in the youth of Australia,  
 a vital component to their mental  
 wellbeing.

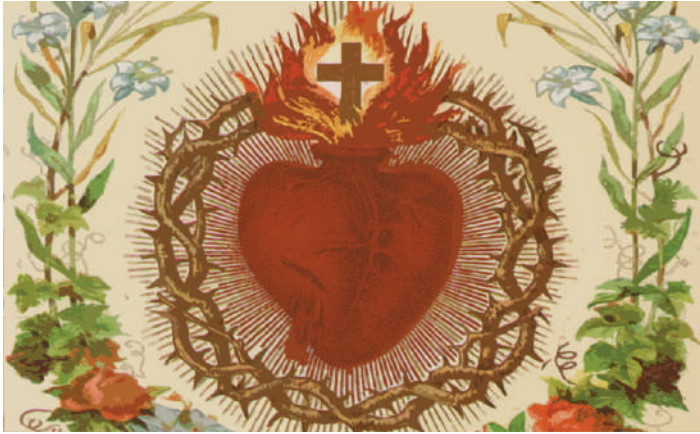
We also had a couple of significant  
 sporting events this week, in  
 addition to the usual Peninsula Cup,  
 Steve Menzies Shield and Jamie Lyon  
 Cup competitions. Years 7 to 10  
 participated in the All Schools Touch  
 Football tournament in Werrington,  
 an opportunity for our  
 best-performing students to  
 represent Mater Maria, and a  
 selection of students competed in  
 the Mater Maria Surf Off to  
 determine which students will  
 represent our College at the Sydney  
 North Surfing Regionals for U16  
 boys.

Our small group tours will  
 recommence in Term 3. Please note  
 that places are limited and therefore  
 registration for all tours is essential.  
 To book a tour please visit  
[www.matermaria.nsw.edu.au/enrol  
 ments/book-a-tour/](http://www.matermaria.nsw.edu.au/enrolments/book-a-tour/).

Applications are currently open for  
 Year 7, 2024.



## The Sacred Heart is an invitation to ask ourselves, 'How did Jesus love?'



On Friday and this weekend at Sacred Heart Church, Mona Vale, we celebrate the Beautiful Solemnity of the Most Sacred Heart of Jesus. The main origins of the feast are with the visions received by St. Margaret Mary Alcoque, a 17th-century Visitation nun in a town called Paray-le-Monial, France. Her visions of Jesus presenting himself with his heart, were initially disbelieved by her fellow sisters. Then Jesus promised her in prayer that he would send her

his "faithful servant and perfect friend." Shortly afterwards, a Jesuit named Claude la Colombiere showed up at the convent to serve as a spiritual director for the sisters. He saw that Sister Margaret Mary's visions were authentic, and devotion to the Sacred Heart spread from there.

Some people might be turned off by the devotion thanks to kitschy representations of Jesus pulling open his cloak and pointing to his Sacred Heart. But if we set this devotion aside, we will miss out on a great opportunity to meditate on one of the most important aspects of Jesus' life: the way that he loved. The Sacred Heart is an invitation to ask ourselves, "How did Jesus love?" and "Whom did Jesus love?" For me the answers to those two questions are: abundantly, totally and completely; and everyone, especially those who were poor or marginalised. But there are other questions that Solemnity of the Sacred Heart raises: "How do I love?" and "Whom do I love?" And the most important question of all, "How can I love like Jesus?" Maybe that's a question you can ask yourself all week, as you encounter each person with the love of your own heart, which seeks to love as Jesus' Sacred Heart did.

*James Martin, S.J.*

*The Rev. James Martin, S.J., is a Jesuit priest, author and editor at large at America.*

### SALVATORIAN VOCATION DAY FOR YOUNG MEN

IS GOD  
CALLING  
YOU?



**JUNE 26, 2021 | 10AM - 3PM**  
**ST PATRICK'S CHURCH**

**76 YORK ST EAST GOSFORD**

Calling for 16-35 years old men to join a reflection day  
arranged by the Salvatorian Fathers  
There will be time for prayer, spiritual development & fun activities

- deepen your faith
- find your way in life
- learn more about the Salvatorian Order and our founder Blessed Francis Jordan
- develop new friendships with other young men

**LUNCH INCLUDED, REGISTER AT: [GREG@SDS.ORG.AU](mailto:GREG@SDS.ORG.AU)**



### Fan the Flame

Towards Plenary Assembly One October  
2021

**'What can we say the kingdom of  
God is like?'**

Mark 4:26-34

This love cannot be mere words because it is an imitation of Christ's own love for every person, a love that forgives, transforms, and brings those who hear him into the fullness of life.

(Inclusive, Participatory and Synodal – Discernment Paper p. 6)

[www.plenarycouncil.catholic.org.au/fanthe flame/](http://www.plenarycouncil.catholic.org.au/fanthe flame/)



- Saturday 5pm Mass at Sacred Heart Church, Mona Vale
- Sunday 9am Mass at Maria Regina Church, Avalon.

**We welcome  
to Pittwater Parish  
Rose Maria Giavera Konen  
on 13 June 2021  
at Sacred Heart Church,  
Mona Vale for the  
Sacrament of  
Baptism**

## Pope Francis releases video message on the beauty of marriage

Pope Francis has asked people to pray throughout June for young people preparing for the life-long journey of marriage.

"Getting married and sharing one's life is something beautiful," Pope Francis said in a video message published June 1.

"It is a demanding journey, at times difficult, and at times complicated, but it is worth making the effort."



The Vatican released a video message <https://thepopevideo.org/> to present the pope's prayer intention for June.

The pope is asking people to pray that couples preparing for marriage with the support of a Christian community may "grow in love, with generosity, faithfulness and patience."

In his video message, Pope Francis said that marriage is a vocation and "a conscious decision for the rest of one's life that requires specific preparation."

"And on this life-long journey, the husband and wife aren't alone; Jesus accompanies them," he said.

The prayer request by the pope comes after the marriage rate in the United States hit a record low in 2019 before the COVID-19 pandemic caused people to postpone marriage plans.

In the European Union, the marriage rate has fallen to nearly half of what it

was in 1964, and the divorce rate has more than doubled.

Italy had the lowest marriage rate among all EU countries in 2019 with only 3.1 marriages per 1,000 inhabitants.

Pope Francis said: "Is it true, what some people say - that young people don't want to get married, especially during these difficult times?"

"A great deal of patience is necessary in order to love," he said. "But it is worth it."

Each month, the Pope's Worldwide Prayer Network produces a video to spread the pope's prayer intention. In 2021, these intentions have ranged from prayer for women who are victims of violence to prayer that more people will return to the sacrament of confession.

The Vatican Dicastery for the Laity, Family and Life contributed to the publication of this month's video as part of the "Special year of the family," which began on March 19.

Gabriella Gambino, undersecretary of the dicastery, said that it important to prepare "young people and engaged couples for a real vocation, not just for the celebration of a wedding."

"To understand the presence of Christ in the daily lives of engaged couples, and then of spouses, by building on the meaning of Baptism is indispensable in giving young people the certainty that their family project is a response to a definitive call and that this project is possible," she said.

"In a secularised society that no longer believes in marriage, it is fundamental to proclaim the strength and power of the sacrament as a vocation and to show that family relationships can have a salvific value for people and be a path to holiness. It is a matter of concretely bringing Christ into the lives of families."

Pope Francis said: "Please, never forget this. God has a dream for us - love - and He asks us to make it his own."

"Let us make our own the love which is God's dream for us."

## Save our Graves Campaign

**16,000 signatures – and climbing. Thank you**

The Catholic Church has been operating cemeteries in NSW for more than 150 years, doing the merciful work of burying the dead, keeping their graves and giving comfort to grieving families. Archbishop Anthony Fisher from the Archdiocese of Sydney has launched a petition to reverse a NSW Government decision to exclude faith and charitable groups from cemetery management.

Thank you for adding your signature to the petition. At the time of print, more than 16,000 people had signed a petition and the Berejiklian government is set to backflip on the controversial decision to amalgamate New South Wales cemetery operators into a single entity

**Please visit <https://saveourgraves.com.au> to sign the petition, to save our graves.**

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**Ian 0416182092 for info**





*For the people of  
the Diocese of Broken Bay,  
charity begins at home*



**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

This is the last opportunity to make a contribution to the Charitable Works Fund (CWF) for this financial year.

All parishes are allocated a quota that they must raise each financial year. Our parish quota for us to raise before 30 June is \$56891.30. So far, you have generously given over \$45,000 towards this target.

Thank you!

We appreciate the difficulties and demands on all of us, especially in the current financial environment, however for those of you with taxable incomes this appeal is a very effective way to reduce your taxable income whilst also helping the needy recipients listed below as all donations are 100% tax deductible.

We are very appreciative of your support to help us meet the last portion of our quota, otherwise it will need to be drawn from our parish funds.

Many thousands of young people and families in our community receive help from the charities that CWF supports. Donations

support these five charities:

- **Hospital Chaplaincy and Pastoral Care Programme** – where Hospital Chaplains and five lay Pastoral Care ministers reach 3,500 patients and 700 families each year in our hospitals.
- **Confraternity of Christian Doctrine** – materials, training and support for almost 1,000 catechists who take the gospel to students in our State schools.
- **St Lucy's School** – serving primary school students with disabilities.
- **St Edmund's College** – serving secondary school students with disabilities.
- **Ephpheta Centre** – serving the Catholic deaf community.

If you would like to give a donation, envelopes are in the pews or you can do so by credit card through BPoint on our website <https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving> and selecting "CWF Donation" from the drop down Biller Code list

Thank you for your 100% tax deductible contributions towards the pastoral works of the Church.

With the current restrictions in NSW, the capacity of our Sacred Heart Church, Mona Vale is 200 and 250 for Maria Regina Church, Avalon.

**Masks are now not compulsory in Church.**

**Everyone must also stay 1.5 metres away from other people whenever possible.**

**Continue to practise good hygiene. Please use the hand sanitisers provided in both of our Churches.**

**It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in**

## ENROLLING NOW

LIMITED SPACE  
AVAILABLE

## Alive in the Spirit

Being The Community Christ Calls Us To Be

Pastoral Ministry Virtual Conference  
8th - 10th July 2021

[aliveinthespirit.com.au](http://aliveinthespirit.com.au)

# The *Living* Word

**Entrance Antiphon** Cf. Ps 26:7,9  
O Lord, hear my voice, for I have called to you; be my help.  
Do not abandon or forsake me, O God, my Saviour!

**First Reading** Ez 17:22-24  
**A reading from the prophet Ezekiel**  
*I have made the small tree great.*

The Lord says this:  
‘From the top of the cedar,  
from the highest branch I will take a shoot  
and plant it myself on a very high mountain.  
I will plant it on the high mountain of Israel.  
It will sprout branches and bear fruit,  
and become a noble cedar.  
Every kind of bird will live beneath it,  
every winged creature rest in the shade of its branches.  
And every tree of the field will learn that I, the Lord, am the one who stunts tall trees and makes the low ones grow,  
who withers green trees and makes the withered green.  
I, the Lord, have spoken, and I will do it.’

## The word of the Lord

**Responsorial Psalm** Ps 91:2-3, 13-16. R. see v.2  
**(R.) Lord, it is good to give thanks to you.**

It is good to give thanks to the Lord to make music to your name, O Most High,  
to proclaim your love in the morning and your truth in the watches of the night. **(R)**

The just will flourish like the palm-tree and grow like a Lebanon cedar. **(R)**

Planted in the house of the Lord they will flourish in the courts of our God,  
still bearing fruit when they are old, still full of sap, still green,  
to proclaim that the Lord is just.  
In him, my rock, there is no wrong. **(R)**

**Second Reading** 2 Cor 5:6-10  
**A reading from the second letter of St Paul to the Corinthians**  
*Whether we are living in the body or exiled from it, we are intent on pleasing the Lord.*

We are always full of confidence when we remember that to live in the body means to be exiled from the Lord, going as we do by faith and not by sight – we are full of confidence, I say, and actually

want to be exiled from the body and make our home with the Lord. Whether we are living in the body or exiled from it, we are intent on pleasing him. For all the truth about us will be brought out in the law court of Christ, and each of us will get what he deserves for the things he did in the body, good or bad.

## The word of the Lord

### Gospel Acclamation

Alleluia, alleluia!  
The seed is the word of God, Christ is the sower;  
all who come to him will live for ever.  
Alleluia!

**Gospel** Mk 4:26-34  
**A reading from the holy Gospel according to Mark**  
*The mustard seed, the smallest of all the seeds, grows into the biggest shrub of all.*

Jesus said to the crowds, ‘This is what the kingdom of God is like. A man throws seed on the land. Night and day, while he sleeps, when he is awake, the seed is sprouting and growing; how, he does not know. Of its own accord the land produces first the shoot, then the ear, then the full grain in the ear. And when the crop is ready, he loses no time; he starts to reap because the harvest has come.’  
He also said, ‘What can we say the kingdom of God is like? What parable can we find for it? It is like a mustard seed which at the time of its sowing in the soil is the smallest of all the seeds on earth; yet once it is sown it grows into the biggest shrub of them all and puts out big branches so that the birds of the air can shelter in its shade.’  
Using many parables like these, he spoke the word to them, so far as they were capable of understanding it. He would not speak to them except in parables, but he explained everything to his disciples when they were alone.

## The Gospel of the Lord.

**Communion Antiphon** Ps 26:4  
There is one thing I ask of the Lord, only this do I seek:  
to live in the house of the Lord all the days of my life.

**REFLECTION**  
by Dianne Bergant CSA

*The readings today remind us that poetic imagery is an apt way of describing the mysterious presence of God in our midst. The cedar began as a seedling that takes years to grow into a magnificent tree.*

*The same is true of the mustard tree. It too requires time to develop its trunk and branches. The development of moral integrity in a human being is just as gradual. Rooted in God, it flourishes in God's presence and it produces fruit even into old age. Although God is present in all things, sustaining them and allowing them to follow their natural courses, God really transcends all things. Metaphorical language may be the best means for speaking about God and the things of God. It enables us to live in the tension that both reveals something about God and conceals God's real nature. The reign of God also begins in very ordinary circumstances, and it matures gradually until it has spread itself far and wide. Although the mystery of the reign of God unfolds within human history, we need eyes of faith to recognise it. Like the cedar and the mustard seed, it grows within the concreteness of human experience. Just as the life force that thrusts the branches of the trees further and further out cannot itself be seen, so the reign of God is mysterious, even incomprehensible. Still, it is there, inviting us, urging us to move forward, transforming our world.*

© Dianne Bergant CSA

*Family*

*like branches on a tree,  
we all grow in different directions  
yet our roots remain as one.*



To read the messages from  
Bishop Anthony and from the people  
Vox Populi please go to  
[www.pittwaterparish.org](http://www.pittwaterparish.org).  
News and events tile and Messages  
from Bishop Anthony on the drop  
down menu.





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IN TOUCH  
TODAY**

## PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information. Or donations can be made on our website: [www.pittwaterparish.org](http://www.pittwaterparish.org) through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



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## Advertising Space Available

*For more information  
call the Parish Office on  
9157 0999*

## Liturgy for the Week

- 14/06 **Monday Ordinary Time 11**  
2 Cor 6:1-10; Mt 5:38-42
- 15/06 **Tuesday Ordinary Time 11**  
2 Cor 8:1-9; Mt 5:43-48
- 16/06 **Wednesday Ordinary Time 11**  
2 Cor 9:6-11; Mt 6:1-6, 16-18
- 17/06 **Thursday Ordinary Time 10**  
2 Cor 3:15 - 4:1, 3-6; Mt 5:20-26
- 18/06 **Friday Ordinary Time 11**  
2 Cor 11:18, 21-30; Mt 6:19-23
- 19/06 **Saturday Ordinary Time 11**  
2 Cor 12:1-10; Mt 6:24-34

We acknowledge and thank the businesses and individuals that support our parish through advertising in our parish bulletin. We thank them for their support and ask our parish community to support their businesses in return.

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## LOCAL PEOPLE CARING FOR LOCAL FAMILIES

Our team live, work and play on the Beaches. We understand the local community and are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own with a prepaid funeral, we're here to help.

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