



The Catholic Parish of Pittwater

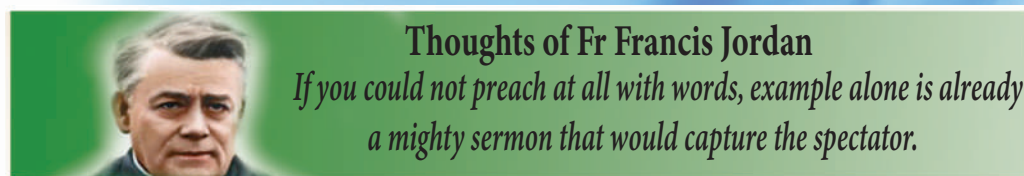
Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ, Saviour of the world, you called Francis Mary of the Cross Jordan to be your apostle, to make God known and loved by all people everywhere, using the means your love inspires. You filled him with universal apostolic zeal, with a deep trust in God's loving providence, with a profound spirit of prayer, with a sincere devotion to Mary, Mother of the Saviour, and with the courage to follow you, even into the mystery of the Cross. Grant to us the grace to proclaim the Gospel in this spirit, and make me an effective apostle in today's world. Through the intercession of Blessed Francis Jordan, I pray to you for my special needs. I make this prayer through you, my Saviour, who lives and reigns with the Father and the Holy Spirit, forever and ever.

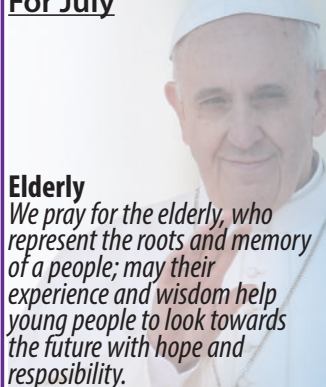
Amen.



Thoughts of Fr Francis Jordan

If you could not preach at all with words, example alone is already a mighty sermon that would capture the spectator.

Pope Francis' Prayer Intentions For July



Elderly

We pray for the elderly, who represent the roots and memory of a people; may their experience and wisdom help young people to look towards the future with hope and responsibility.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**

If you have used this bulletin, please take it home with you.



MASS TIMES

SACRED HEART CHURCH 1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses
Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

Weekday Masses
Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses
Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

Recently Deceased

Norm Nuelle
Clive Andrew Vella
Paul Frank Sofia
John Joseph Cincotta
Dominique Viriot

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays.

Prayers for the Sick

Beryl Peo-Duncan
Michael Carrodus
Pat Regan
Garry Gleeson
Annette Davis
Andrew Hood
Jeff Langley
Erin Ocampo
Mark Lindfiels
Vicky Kalingasan
Bill Eyre
Brian Gregan
Mrian Poe
Marcia Bailey
Bec Burroughs
Susan Hickey
Sophia Burfitt
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Pietrina Maiorana
Susan Makabenta
Mina Lee
Denise Wagner
Ron
Leonie Ariemetto
Candy Ocampo

Liturgy for the Week

04/07 Monday Ordinary Time 14
Hosea 2:16-18,21-22;
Mt 9:18-26

05/07 Tuesday Ordinary Time 14
Hosea 8:4-7,11-13;
Mt 9:32-38

06/07 Wednesday Ordinary Time 14
Hosea 10:1-3, 7-8, 12;
Mt 10:1-7

08/07 Thursday Ordinary Time 14
Hosea 11:1-4, 8-9;
Mt 10:7-15

09/07 Friday Ordinary Time 14
Hosea 14:2-10; Mt 10:16-23

10/07 Saturday Ordinary Time 14
Is 6:1-8; Mt 10:24-33

BOOK REVIEW

St Luke's Gospel The Navarre Bible



St. Luke's attitude to Scripture is seen in his unambiguous presentation as inspired by the word of God.



Free Seminar

Wills, Enduring Guardianship and Powers of Attorney

A seminar for the Catholic community of Broken Bay featuring an expert legal advisor to answer your questions.

Date: Thursday 14 July 2022
Time: 11.00am - 12.30pm
Venue: The Lakes Parish Hall, St Joseph's Catholic Church
21 Lagoon St, Narrabeen NSW 2101
Catering: Light refreshments provided
Register: www.bbcatholic.org.au/willsday or contact David on 02 8379 1664 / david.armstrong@bbcatholic.org.au

"An authentic faith always involves a deep desire to leave this earth a better place than we found it."

POPE FRANCIS



Presenter

Cecilia Castle, principal of Castle Lawyers, will present and answer questions from her legal expertise of over 30 years. Cecilia is a regular speaker and writer on legal topics, Catholic and parishioner in the Diocese of Broken Bay.

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

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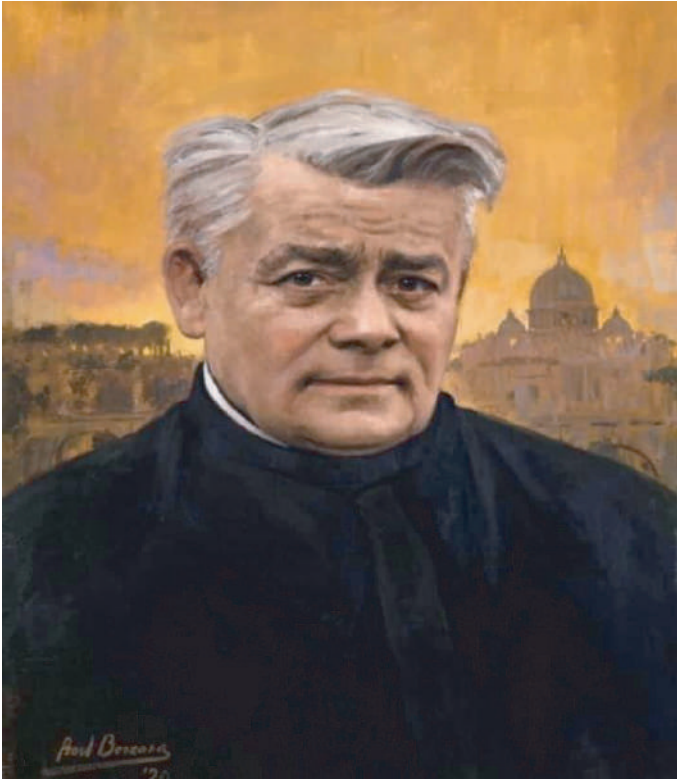
Caritas Ukraine urgently needs your support

Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit: caritas.org.au/donate/emergency-appeals/ukraine/ or call: 1800 024 413 toll free to provide much needed support.



BLESSED FRANCIS JORDAN

The Founder of the Salvatorians



The man now known throughout the world simply as "Father Jordan," was born in Gurtweil, Germany, on June 16, 1848. On the following day, he was baptized at the local parish church, receiving the name John Baptist.

The son of a poor family, John Baptist was not able to easily realize his dream of becoming a priest, although he had had a sense of his vocation from the time of his First Communion. After finishing primary school he worked as a laborer and painter-decorator, traveling throughout Germany and participating in the "Kolping Association," a Catholic organization that supported the faith and well-being of apprentices and journeymen established by Blessed Adolph Kolping. During his travels, John Baptist became more aware of the difficult spiritual situation experienced in his homeland and in other European countries. This was a time in European history in which governmental statutes and cultural expectations (Kulturkampf) encouraged—and even demanded—many to turn away from God and give up the practice of the Catholic Faith. Because of these policies, the Church was limited in fulfilling its mission; religious communities were especially limited in the work they were able to do. All these experiences strengthened John Baptist's faith and his understanding of his vocation became more clear. After several years of traveling and working as an artist, John Baptist decided to follow his vocation and to begin studies in theology. In 1869, he started private lessons with priest-friends in Waldshut; he later studied at the gymnasium in Constance. Although these studies challenged him—and he struggled with his

classes in the various sciences—he showed a particular proficiency for languages. For his graduation exam, he presented an essay in eight European languages and a second one in four other languages.

In 1874, John Baptist began his studies of theology and philology at the University of Freiburg in Breisgau. After successfully this stage of his education, he started his formal preparation for the priesthood. He used the time of theological studies to deepen his faith and spirituality.

It was during this time that John Baptist began writing his spiritual diary, in which he would note his most important spiritual and vocation insights. This diary, which he maintained almost until the time of his death, has become an invaluable source of knowledge about Jordan's personality and spirituality.

On July 21, 1878, John Baptist was ordained to the priesthood and later, on the order of his bishop, he left for Rome to begin studies of oriental languages: Syrian, Aramaic, Coptic, Arabic, as well as Hebrew and Greek.

From the time of his theological studies, Father Jordan had a growing conviction that he was being called by God to found a new apostolic work in the Church. He envisioned a society whose members would defend the Faith and contribute to enlivening it, proclaiming to all people that Jesus Christ is the only Savior. This conviction became even stronger during a trip to the Middle East in 1880.

After returning to Rome, Father Jordan started to realize his founding call as a founder by establishing a community of religious and lay members, dedicated to the work of evangelization and catechesis. Initially, this new "society" would be organized into three groups or "grades": the first one for those were like the Apostles, leaving everything to live a life in community, devoting themselves entirely to proclaiming the Good News; the second grade was for academics, who spread the divine truths by publications and scholarship; and the third was for lay people who, remaining in their families and within the reality of their everyday life, proclaimed the Savior through the witness of a good Christian life. In many ways, Father Jordan anticipated the Second Vatican Council's "Universal Call to Holiness," particularly in his call for collaborative ministry between the clergy, professed religious, and lay Christians and in recognizing "that all the faithful of Christ of whatever rank or status, are called to the fullness of the Christian life and to the perfection of charity".

Jordan Ministry Team

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



Ordinary Time

The Precious Blood Of Jesus

Vox Populi - The Voice of the People

We are now officially in the second half of 2022. That means six months to Christmas!

However there is a great deal in the calendar to celebrate before then. Each month of the year is dedicated to a particular devotion within the Catholic faith; the dedication of each month is based on historical events or a particular aspect of the liturgical calendar, or a combination of the two.

July is the month we honour the Precious Blood of Jesus - falling right between June's devotion to the Sacred Heart and August's devotion to the Immaculate Heart.

The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

The month also falls within the liturgical season of Ordinary Time, which is represented by the liturgical colour green. This symbol of hope is the colour of the sprouting seed and arouses in the faithful the hope of reaping the eternal harvest of heaven, especially the hope of a glorious resurrection.

Ordinary Time, which means ordered or numbered time, is celebrated in two segments: from the Monday following the Baptism of Our Lord up to Ash Wednesday; and from Pentecost Monday to the First Sunday of Advent. This makes it the largest season of the Liturgical Year. The rhythm of the liturgical seasons reflects the rhythm of life.

In July we celebrate many important feast days and memorials. Sunday is the feast of St Thomas the Apostle, who at first did not believe but has become known for the fervour in which he expressed his regained faith: "My Lord and my God".

On 22 July we celebrate the Feast of St Mary Magdalene. This liturgical celebration honouring St Mary Magdalene was raised from a memorial to a feast in June 2016, recognising her in the same status as the other apostles of Jesus.

We don't worship the Saints but we can ask them to intercede on our behalf, and we know their prayers are powerful.



Peter's Pence Collection - 3 July 2022

On 3 July 2022, we join with many Parishes across the world in taking up the annual Peter's Pence Collection. The Peter's Pence Collection provides for the charitable works and structures of mercy identified by His Holiness, Pope Francis. Your donations express solidarity with those most in need. With your support, the whole Church can continue – in the words of Pope Francis – “to walk, to search for, visit, meet, listen to, share with and stop at those most in need”.

Funds assist projects including emergency help to those in need due to natural disasters, communities impacted by COVID, war, oppression and disease. Our generosity allows the Holy Father to respond to those suffering with love and compassion. Thank you for your generosity.

Last year, the Peter's Pence appeal in Australia was largely cancelled due to COVID-19 and your support this year is gratefully received by the Holy See.

Please give generously to the Peter's Pence collection occurring at Masses on weekend of 3 July 2022. Or jump online to donate at our parish website using the reference "Peter's Pence".



UPDATE ON OUR SACRAMENTAL PROGRAM 2022

Parent Information Session

It is imperative to attend ONE of these sessions:

Sacred Heart Church, Mona Vale

26 July 2022, Tuesday at 7:30 pm

Maria Regina Church, Avalon

28 July 2022, Thursday at 7:30 pm

**Children in Year 4 and over are eligible to receive these sacrament if they have been confirmed.*

First Reconciliation

Sacred Heart Church, Mona Vale

25 October 2022, Tuesday

4.30 pm- 5:30 pm and 6:00-7:00 pm

Maria Regina Church, Avalon

3 November 2022, Thursday

4:30 pm- 5:30 pm

Jesus sends out his followers

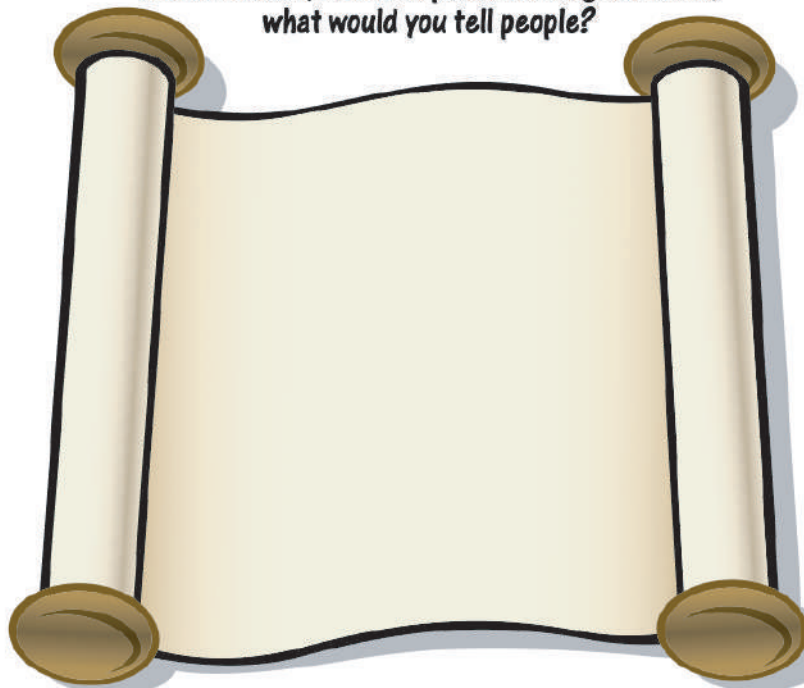


14th Sunday in Ordinary Time, Year C

Jesus sent his disciples out two by two. Who would you have taken as your partner to go on such a journey? Draw yourself and that person spreading the good news to the people below.



If Jesus sent you out to proclaim his good news, what would you tell people?



Unscramble the tiles below to find out what Jesus told his disciples to say when they entered people's homes.

ITH P

OME W

GOD B

HIS H

LESS T

EACE

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The *Living* Word

Entrance Antiphon Cf Ps 47:10-11

Your merciful love, O God,
we have received in the midst of your temple.

Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading Is 66:10-14

A reading from the prophet Isaiah
I will send toward Jerusalem peace like a river.

Rejoice, Jerusalem, be glad for her, all
you who love her!
Rejoice, rejoice for her, all you who
mourned her!
That you may be suckled, filled, from her
consoling breast,
that you may savour with delight her
glorious breasts.

For thus says the Lord:
Now towards her I send flowing peace,
like a river,
and like a stream in spate the glory of the
nations.

At her breast will her nurslings be carried
and fondled in her lap.
Like a son comforted by his mother will I
comfort you.

And by Jerusalem you will be comforted
At the sight your heart will rejoice,
and your bones flourish like the grass.
To his servants the Lord will reveal his
hand.

The word of the Lord

Responsorial Psalm Ps 65:1-7.16.20.R.v.1

**(R.) Let all the earth cry out to God
with joy.**

Cry out with joy to God all the earth,
O sing to the glory of his name.
O render him glorious praise.
Say to God: 'How tremendous your
deeds! (R)

'Before you all the earth shall bow;
shall sing to you, sing to your name!
Come and see the works of God,
tremendous his deeds among men. (R)

He turned the sea into dry land,
they passed through the river dry-shod.
Let our joy then be in him;
he rules for ever by his might. (R)

Come and hear, all who fear God.
I will tell what he did for my soul.
Blessed be God who did not reject my
prayer
nor withhold his love from me. (R)

Second Reading Gal 6:14-18

**A reading from the first letter of St
Paul to the Galatians**
*The marks I carry on my body are those
of Jesus Christ*

The only thing I can boast about is the
cross of our Lord Jesus Christ, through
whom the world is crucified to me, and I
to the world. It does not matter if a
person is circumcised or not; what
matters is for him to become an
altogether new creature. Peace and mercy
to all who follow this rule, who form the
Israel of God.

I want no more trouble from anybody
after this; the marks on my body are
those of Jesus. The grace of our Lord
Jesus Christ be with your spirit, my
brothers. Amen.

The word of the Lord

Gospel Acclamation Col 3:15. 16

Alleluia, alleluia!

May the peace of Christ rule in your
hearts, and the fullness of his message
live within you

Alleluia!

Gospel Lk 10:1-9

**A reading from the holy Gospel
according to Luke**

Your peace will rest upon him.

The Lord appointed seventy-two others
and sent them out ahead of him, in pairs,
to all the towns and places he himself
was to visit. He said to them, 'The
harvest is rich but the labourers are few,
so ask the Lord of the harvest to send
labourers to his harvest. Start off now, but
remember, I am sending you out like
lambs among wolves. Carry no purse, no
haversack, no sandals. Salute no one on
the road. Whatever house you go into, let
your first words be, "Peace to this
house!" And if a man of peace lives
there, your peace will go and rest on him;
if not, it will come back to you. Stay in
the same house, taking what food and
drink they have to offer, for the labourer
deserves his wages; do not move from
house to house. Whenever you go into a
town where they make you welcome, eat
what is set before you. Cure those in it
who are sick, and say, "The kingdom of
God is very near to you."

The Gospel of the Lord

Communion Antiphon Mt 11:28

Come to me, all who labour and are
burdened,
and I will refresh you, says the Lord.

REFLECTION

*Although the gospel is a report of
ministerial commissioning, it contains
elements of discipleship in general. Most*

*obvious is the disciples' dependence on
Jesus. They are not independent
missionaries; they are followers.
Furthermore, there is a communal
dimension of discipleship. While there is
certainly a personal relationship between
Jesus and each disciple, discipleship
itself is not a singular privilege that one
hugs to oneself to the exclusion of others.
Disciples minister to the needs of others,
whatever those needs may be and with
whatever abilities the disciple may
possess. There are various kinds of
healing: a friendly smile, a word of
gratitude, a soothing touch. We can teach
the lessons of life in classrooms, in
playrooms, in kitchens, in boardrooms.
There are many ways that we can cast out
the demons that hold our world by the
throat; demons of poverty and
oppression, demons of addiction and
slavery, demons of disdain and neglect,
demons of hatred and violence. If they
are not cast out by us, then by whom?
The life of discipleship is not an unmixed
blessing. Because disciples are marked
by the sign of the cross, they must expect
suffering. Because they do not live
according to the standards of the world,
disciples will be judged as fools. Some of
them will be subjected to even greater
suffering. Still, the disciple proclaims that
true fulfilment is only found in God! In
reality, it is the world that is upside
down, not the life of discipleship. And it
is the cross that sets things right.*

© Dianne Bergant CSA

The St Vincent de Paul "Winter Appeal"

The Avalon and Mona Vale St Vincent
De Paul conferences are again seeking
your generosity in supporting this year's

Winter Appeal this weekend,

2nd and 3rd of July 2022 masses at
Sacred Heart Church, Mona Vale and
Maria Regina, Avalon.

Your tax deductible donation in the
envelopes provided, may be placed in
the poor box at any time or left in the
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