



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

PARISH DIRECTORY

Pittwater Parish

1 Keenan Street Mona Vale NSW 2103
Tel 9157 0999 www.pittwaterparish.org

Parish Priest

Fr Bronek Pietruszewicz SDS
Tel 9157 0999 ext 0
pp@pittwaterparish.org

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Fr Richard Sadowski SDS
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ap@pittwaterparish.org

Bishop - Emeritus

Bishop Bernard O'Grady op
Tel 9918 0372

Parish Secretary

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music@pittwaterparish.org

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Laura Ee Tel 9157 0999 ext 31
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Sacramental Program

Suzy Caruso Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours

Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

Mona Vale

Sacred Heart School

Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon

Maria Regina School

Tel 9918 2608
Principal: Mrs Kathy Gee

Warriewood

Mater Maria Catholic College

Tel 9997 7044
Principal: Mr Marc Reicher



Thoughts of Fr Francis Jordan

May you be ready to endure everything, to do everything
for the honour of God and the salvation of souls!



3 July 2020

Dear Parishioners,

With the easing of more restrictions this week, we are now allowed to have more people inside our Churches. For Maria Regina Church, Avalon 100 people and 80 people for Sacred Heart Church, Mona Vale. We will still continue to use Trybooking for our weekend Masses to make it easier and quicker when arriving at Mass, as this way we will have your details already registered. You are most welcome to come to our Churches if you make a last minute decision to do so, but you will need to register your details on the attendance sheets when you arrive. For those that are attending weekday Masses, please continue to register your attendance on the sheets as you enter the Church for the purposes of contact-tracing if it becomes necessary.

continued next page...

To book for our Weekend Masses at Sacred Heart Church, Mona Vale please visit:

<https://www.trybooking.com/BJPSE>

To book for our Weekend Masses at Maria Regina Church, Avalon, please visit:

<https://www.trybooking.com/BJPSP>

If you don't have access to a computer and cannot access Trybooking, please do not hesitate to contact the parish office to book your place.

With many more parishioners now able to join us we have made the decision that this will be the last weekend that we livestream our weekend Masses. We encourage you all to come back to Church and participate in the Mass. Of course, we ask you to continue protecting one another by maintaining social distancing, sitting in the marked spaces and using the sanitiser provided.

We will livestream our 5pm Mass this Saturday and this Mass will be available to view on our website up until midday on Sunday, so those that are used to watching at 10am, can have access to the Vigil Mass. To join the livestreaming or to watch the recording of the livestreamed Mass, please visit our parish website

<https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

For those that are vulnerable or unwell and cannot come to Mass, you can join in with the livestreaming from the Broken Bay Cathedral Parish for both weekday and weekend Masses

<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLvQ> Livestreamed Mass from St Mary's Cathedral is also available at 1:10pm on weekdays, 9am on Saturdays and 10:30am on Sundays

<https://www.stmaryscathedral.org.au/>

Thank you for your generous donations to both our first and second collections. Weekly donations can be made via the boxes placed at the back of our Churches or to use the "Tap n Go" credit card facilities. The "Tap n Go" devices have proved to be quite popular in our Sacred Heart Church, Mona Vale, so for your convenience, we now also have a "Tap n Go" device installed at the entrance of our Maria Regina Church, Avalon. Donations can be also made by Visa or MasterCard via our website

<https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving>

Thank you also for your support of our Charitable Works Fund Appeal. You can return any envelopes that you may still have this weekend or make a donation by credit card by clicking the Bpoint logo at

<https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving> All donations over \$2 are tax deductible.

Fr Richard and I are looking forward to seeing many more of you over the weekend. Please continue to spread the wonderful news that our Churches are open.

Yours in Jesus Christ our Saviour,



Fr Bronek Pietrusewicz SDS

Parish Priest

WE NEED HELP TO GET THE WORD OF GOD TO OUR YOUNG PEOPLE!

After months of NO Face to Face News of Our Faith and the Word of GOD. Our young Public School Students are in need of help to know the Glorious News of Our Faith in these troubled times.

Some of our classes at AVALON and MONA VALE PUBLIC PRIMARY SCHOOLS are without teachers. Due to COVID 19, some of our valued Catechists with health Issues cannot break self-isolation.

If you can help with this wonderfully rewarding work, please contact the Parish Office 9157 0999 - Veronica Thomas or Maureen Wooldridge.

Thank you and God Bless

Veronica Thomas

CCD Coordinator for Avalon/ Bilgola Schools & High Schools
Mobile 0417061534
Email: veronicateomas2009@gmail.com

Did you know that if you are new to our parish you can register your details through our website or if your contact details have changed you can update them.

Simply go to www.pittwaterparish.org, click on the "Welcome" menu item and select "Parishioner Registration" from the dropdown menu. If you have any problems, please contact the parish office on 9157 0999.

LIBRARY

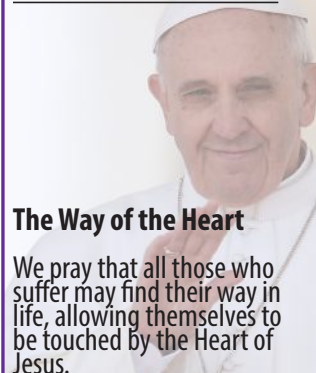
"Now that the restrictions have been lifted concerning the opening of churches, although at present only 100 people, we can access the Library. You are very welcome to browse the vast assortment of books and DVDs in the Parish Library at Maria Regina after the daily and weekend Masses." Books and DVDs will still be reviewed in the Bulletin."

if you have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman



Pope Francis' Prayer Intentions For June



The Way of the Heart

We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

We Pray for

Recently Deceased

David Sam
Vincentia Papandrea
John Walters
Donna Austen
John Dunbar

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.

May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

Deceased Anniversary

Michael Hickey

Prayers for the Sick

Tayla Riddle
Giovanni Returra
Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moirra Howie
Carol Brennan
Jomar
Christine Hills
Donald McRae
Mary O'Connor
Sara Zofrea
Beryl Peo-Duncan
Joe Romeo
John Andrew Graham
John Charles Graham

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

BOOK REVIEW

The Testament of Mary by Colm Toibin



Isolated in Ephesus an elderly Mary narrates her memories of the Crucifixion in cold vivid detail. Mothers (and fathers) will understand just how Mary felt. A good read.

If you are experiencing Domestic Violence

Ring 1800 RESPECT
1800 737 732

Weekend Mass from our parish will be live-streamed :

We will livestream our 5pm Mass this Saturday and this Mass will be available to view on our website up until midday on Sunday, so those that are used to watching at 10am, can have access to the Vigil Mass.

To join the livestreaming or to watch the recording of the livestreamed Mass, please visit our parish website <https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

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Watch the daily Mass on Demand at <https://www.youtube.com/user/cathnews> We hope that this will help the faithful to celebrate the Holy Mass online wherever you are

PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. As we are unable to donate via our second collection at present, our parish will not receive the funds which are truly needed to cover our relentless stream of expenses. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



Enjoy your holidays, but stay safe and healthy.

Looking forward to seeing all your happy faces when class Mass resumes in term 3.



Thank you for your generosity in our recent appeal for the Charitable Works Fund.

All donations are 100% tax deductible and greatly appreciated.





The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Planned Giving Direct Debit Agreement Form for Contributions Via Credit Card

☐ I am an existing Planned Giving contributor

☐ I am new to Planned Giving

Or Donate at
www.pittwater-parish.org
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Full Name			
Address:			
Telephone:		Email:	

Payment Agreement

<input type="checkbox"/> Weekly	<input type="checkbox"/> Fortnightly	<input type="checkbox"/> Monthly
Debit Amount:	\$	<input checked="" type="checkbox"/> Until Further Notice

Debit from Credit Card

Card Number:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Card Holder Name:					<input type="checkbox"/> Visa				<input type="checkbox"/> Mastercard						
Expiry Date:					/				CCV:				<input type="text"/>		

This authorisation is to remain in force until notice is received in writing for it to be changed.

Signatory of Nominated Account:		Date:	/	/
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Thank you for supporting our planned giving programme.

Please return the completed form to the parish office or email to office@pittwaterparish.org

Terms and Conditions

I/We hereby authorise The Catholic Parish of Pittwater to debit my/our credit card account. Monthly debits occur on the 15th day of each month or the next business day. Weekly and fortnightly debits occur on the Monday of each week or fortnight accordingly. The administration of this agreement is conducted by The Catholic Parish of Pittwater. The Catholic Parish of Pittwater will not change the amount or frequency of drawing arrangements without my prior approval. It is my responsibility to ensure that I/We have sufficient clear funds in our nominated account to enable the direct debit to be honoured by our financial institution. If the Debit request falls on a weekend or public holiday, it will be processed on the next working day. I/We are advised to verify account details against a recent bank statement and if uncertain to contact our financial institution or The Catholic Parish of Pittwater. If our Direct Debit is dishonoured or returned by our financial institution, for any reason, The Catholic Parish of Pittwater reserves the right to re-present the Direct Debit for processing again on the next business day. The Catholic Parish of Pittwater will keep the information about our nominated account at the financial institution private and confidential unless this information is required to investigate a claim made in relation to an alleged incorrect or wrongful debt, or otherwise required by law. I/We may stop, cancel, alter or defer your Direct Debit Request at any time, by contacting The Catholic Parish of Pittwater I/we agree to notify The Catholic Parish of Pittwater if the account is closed.

As we celebrate the Year of Prayer in our parish... Pope Francis' Catechesis at the General Audience on 24th June 2020



Dear brothers and sisters, good morning!

The Prayer of David

On our itinerary of catecheses on prayer, today we meet King David. Favoured by God even from his youth, he is chosen for a unique mission that plays a central role in the history of the People of God and of our own faith. In the Gospels, Jesus is called "son of David" a number of times; in fact, like him, He was born in Bethlehem. According to the promises, the Messiah would come from the descendants of David: a King completely after God's heart, in perfect obedience to the Father, whose action faithfully realizes His plan of salvation (cf. Catechism of the Catholic Church, 2579).

David's story begins on the hills surrounding Bethlehem, where he grazes the flock of his father, Jesse. He is still a boy, the last of many brothers. So much so that when the prophet Samuel, by God's order, goes in search of the new king, it seems almost as if his father has forgotten about his youngest son (cf. 1 Sam 16:1-13). He worked in the open air: we can think of him as a friend of the wind, of the sounds of nature, of the rays of the sun. He has only one companion to comfort his soul: his harp; and during those long days spent in solitude, he loves to play and to sing to his God. He also played with the slingshot.

Therefore David is, first and foremost, a shepherd: a man who takes care of animals, who defends them from oncoming danger, who provides for their sustenance. When, by God's will, David will have to care for his people, the actions he will take will not be very different from these. This is why the image of the shepherd frequently occurs in the Bible. Even Jesus defines himself as "the good shepherd", whose behaviour is different than that of the mercenary; he offers his life on behalf of the sheep; he guides them; he knows each of them by name (cf. Jn 10:11-18).

David learned a lot from his previous job. So, when the prophet Nathan reproaches him for his very serious sin (cf. 2 Sam 12:1-15), David understands right away that he has been a bad shepherd, that he has despoiled another man of his only sheep which he loved, that he

is no longer a humble servant, but a man crazy for power, a poacher who loots and preys on others.

A second characteristic trait present in David's vocation is his poet's soul. From this small observation, we can deduce that David was not a vulgar man, as is often the case with individuals who are forced to live for long periods isolated from society. He is, instead, a sensitive person who loves music and song. His harp would accompany him always: sometimes to raise a hymn of joy to God (cf. 2 Sam 6:16), other times to express a lament, or to confess his own sin (cf. Ps 51:3).

The world that presents itself before his eyes is not a silent scene: as things unraveled before his gaze he observed a greater mystery. That is exactly where prayer arises: from the conviction that life is not something that takes us by surprise, but an astonishing mystery that inspires poetry, music, gratitude, praise, even lament and supplication in us. When a person lacks that poetic dimension, let's say, when he lacks poetry, his or her soul limps. Thus, tradition casts David as the great artist behind the composition of the Psalms. Many of them, at the beginning, often bear an explicit reference to the king of Israel, and to some of the more or less noble events of his life.

David, therefore, has a dream: that of being a good shepherd. Sometimes he will live up to this task, other times less so; what is important, however, in the context of the history of salvation, is that he is a prophecy of another King, whom he merely announces and prefigures.

Let us look at David; let us think about David. Holy and sinful, persecuted and persecutor, victim and manslayer, which is a contradiction. David was all of this, together. And we too have recorded events in our lives that are often opposed to each other; in the drama of life, all people often sin by inconsistency. There is a single golden thread running through David's life, that gives unity to everything that happens: his prayer. That is the voice that is never extinguished. David the saint prays: David the sinner prays; David the persecuted prays; David the persecutor prays. Even David the manslayer prays. This is the golden thread

that runs through his life. A man of prayer. That is the voice that is never silenced: whether it assumes tones of jubilation or those of lament, it is always the same prayer; only the melody changes. In so doing, David teaches us to let everything enter into dialogue with God: joy as well as guilt, love as well as suffering, friendship as much as sickness. Everything can become a word spoken to the "You" who always listens to us.

David, who knew solitude, was in reality never alone! In the end, this is the power of prayer in all those who make room for it in their lives. Prayer gives you nobility, and David is noble because he prays. But he is a manslayer who prays; he repents and his nobility returns thanks to prayer. Prayer gives us nobility. It is capable of securing our relationship with God who is the true Companion on the journey of every man and woman, amid life's thousand adversities, good or bad: but always prayer. Thank you, Lord. I am afraid, Lord. Help me, Lord. Forgive me, Lord. David's trust is so great that, when he was persecuted and had to flee, he did not let anyone defend him: "If my God humiliates me thus, he knows what he is doing", because the nobility of prayer leaves us in God's hands. Those hands wounded by love: the only sure hands we have.

from Our Schools



WALK IN NEW LIFE

Mater Maria Catholic College

Thursday was an eventful day for our current Year 10, 11 and 12 students who attended the Careers Virtual Q&A. It was wonderful to see so many students excited about their future and planning the final stage of their journey at Mater Maria.

This Thursday we will be hosting online Years 8, 9 and 10 Parent/Teacher Interviews. This day will give parents the opportunity to discuss their child's progress with teachers and implement plans, if necessary, to enable their child to achieve their personal best.

Enrolment Update – Waitlist for Year 7, 2022. Now Open for Year 7, 2023

Applications for Year 7, 2022 at Mater Maria Catholic College are now closed. If you would still like to be considered, please contact our Enrolment Registrar on 02 9997 7044 or email deborah.fitzgerald@dbb.catholic.edu.au for more information. Please visit the College website www.matermaria.nsw.edu.au/enrolments for a prospectus, Application for Enrolment or to register for a Private College tour. Applications for Year 7, 2023 now open.



The *Living* Word

Entrance Antiphon

Cf. Ps 47:10-11

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading

Zec 9:9-10

A reading from the prophet Zechariah
See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

The word of the Lord

Responsorial Psalm

Ps 144:1-2, 8-11, 13-14. R. v.1

**(R.) I will praise your name for ever,
my king and my God.**

or

(R.) Alleluia.

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **(R.)**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R.)**

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **(R.)**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **(R.)**

Second Reading

Rom 8:9.11-13

A reading from the letter of St Paul to the Romans

*If by the Spirit you put an end to the misdeeds
of the body, you will live.*

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit

you put an end to the misdeeds of the body
you will live.

The word of the Lord

Gospel Acclamation

See Mt 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel

Mt 11:25-30

A reading from the holy Gospel according to Matthew

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest.
Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord

Communion Antiphon

Ps 33:9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

or

Mt 11:28

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord.

REFLECTION by Dianne Bergant CSA

The readings for today engage us in a reflection on the nature of the Trinity, as well as the ways that we are enriched by each of the divine Persons. The gospel acknowledges the sovereignty of God. This is followed immediately by mention of the handing over of all things to Jesus, making him a kind of vice-regent of God. Paul speaks of the Spirit, clearly a divine reality, but different from Jesus and the one called God. According to Paul, this Spirit is the Spirit of Jesus and the Spirit of God, implying that somehow both Jesus and God claim the Spirit. It is this Spirit who raised Jesus from the dead, and it is this same Spirit who dwells in Christians.

The grace of this Triune God touches our lives in some ways that are tangible and other ways that demand faith. The most tangible manifestation of God is Jesus himself. God has been revealed to us through this Jesus. While Jesus was a tangible person, our accepting of him as the manifestation of God requires faith, and this faith is no easier today than it was at the

time of Jesus himself.

The overriding disposition of these readings is humility. Jesus, the human manifestation of the divine, is meek and humble, and the true disciple is called to be humble. A second disposition is placed before us – grateful praise. In the psalm we praise and bless God; we extol God's holy name. In Jesus we have known the tender touch of God, and we are grateful.

Spiritual Communion Prayer

**My Jesus, I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You
into my soul.**

**Since I cannot at this moment receive
You sacramentally, come at least
spiritually into my heart.**

**I embrace You as if You were already
there and unite myself wholly to You.**

**Never permit me to be
separated from You.**

Amen.



Vinnies

VINNIES WINTER APPEAL

During these uncertain times of Covid-19, please
remember our improvised clients, with your
donations on the weekend of
12th & 13th July 2020.

Sue Bowra

**For the needy, help is available by
contacting the Brookvale Centre
9905 0424 during business hours.**



**The Broken Bay News can be downloaded at
https://issuu.com/home/published/broken_bay_news_june_2020**



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Liturgy for the Week

06/07 **Monday Ordinary Time 14**
Hosea 2:16-18, 21-22; Mt 9:18-26

07/07 **Tuesday Ordinary Time 14**
Hosea 8:4-7, 11-13; Mt 9:32-38

08/07 **Wednesday Ordinary Time 14**
Hosea 10:1-3, 7-8, 12; Mt 10:1-7

09/07 **Thursday Ordinary Time 14**
Hosea 11:1-4, 8-9; Mt 10:7-15

10/07 **Friday Ordinary Time 14**
Hosea 14:2-10; Mt 10:16-23

11/07 **Saturday St Benedict, abbot**
Is 6:1-8; Mt 10:24-33
(Alt. Prov 2:1-9; Mt 19:27-29)



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