



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer for protection from Coronavirus

Pope Francis

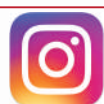
O Mary, you shine
continuously on our journey
as a sign of salvation and hope.
We entrust ourselves to you,
Health of the Sick.

At the foot of the Cross you
participated in Jesus' pain,
with steadfast faith.
You, Salvation of the People,
know what we need.
We are certain that you will
provide, so that, as you did at
Cana of Galilee, joy and feasting
might return after this
moment of trial.

Help us, Mother of Divine Love,
to conform ourselves
to the Father's will and
to do what Jesus tells us:
He who took our sufferings
upon Himself, and bore our
sorrows to bring us,
through the Cross, to the joy
of the Resurrection.

Amen.

**If you have used this bulletin,
please take it home with you.**



You can find us on
Instagram
(pittwater_parish)



Thoughts of Bl Francis Jordan

God became a human being for us to redeem us, to rescue our souls.
Therefore let us seek only the honour of God and the salvation of souls.



Pope Francis' Prayer Intentions For June

The Beauty of Marriage
Let us pray for young people
who are preparing for marriage
with the support of a Christian
community: may they grow in
love, with generosity,
faithfulness and patience.



The Service NSW QR codes are
now available at the entrance
of both of our churches, for you
to use to check in. If you do not
have a smartphone or you're
not carrying it with you, please
provide your contact details via
the sign-in sheets provided. If
you have checked-in with the
QR code, you do not have to use
the sign-in sheets. Thank you

**Our Churches are closed till
further notice.**

A warm welcome
to all especially our
parishioners and visitors
who are celebrating the
Eucharist with us at
Pittwater Parish -
Sacred Heart Church
Mona Vale and Maria
Regina Church, Avalon.



PARISH DIRECTORY

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Parish Office Hours
Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

Mona Vale
Sacred Heart School
Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

Warriewood
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for

Deceased Anniversary

Phung Thi Nguyen
Purificacion De La Cruz
Danilo De La Cruz
Diane Shipwreck
Waclaw Wasinski

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Recently Deceased

Patrick Ovens
Sr Mary Maher SMSM

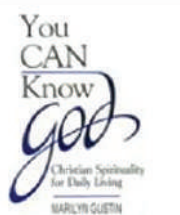
Prayers for the Sick

Philip Maddrell
Gail Reiher
Imelda Vince
Ben Castillo
Moiria Howie
Christine Hills
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Candida Hernandez
Chin Quang Le
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio
Annette Davis
Andrew Hood
Jeff Langley
Peter Vorlicek
Warwick Chipman
Erin Ocampo
Mark Lindfield
Vicky Kalingasan
Cos Coniglio
Bill Eyre
Brian Gregan
Marian Poe
Marcia Bailey
Bec Burroughs
Mansour Sukkar
Trish Newman

The names on this list will be removed after four weeks unless otherwise requested or advised.
Thank you

BOOK REVIEW

You Can Know God
Christian Spirituality
for Daily Living
by Marilyn Gustin



You really can know God who is listening to you all the time. If you are homesick for God this book is written for you.

TAP TO REPLACE



Our air-conditioning units in our Maria Regina Church, Avalon, which were generously donated by a parishioner, have been irreparably damaged by some uninvited lizards and now the Church is in need of new air conditioning units. Our aim is to raise \$17,500.00 to cover the cost of the supply and installation of new units. It would be wonderful if we could achieve this goal quickly so that we can make the Church cosy in the fast approaching winter months as well as when we need it to cool in our hot Summer.

Credit Card donations can be made via our website through BPoint
<https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving-and-selecting-Other-from-the-drop-down-Biller-Code-list-and-using-Air-Conditioning-as-the-Reference>

Thank you for your generosity and continued support.



Vinnies

Vinnies
changes
lives
everyday.

Show your support and give to our annual appeal

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

Fan the Flame

Towards Plenary Assembly
One October 2021

'What is this wisdom that has been granted him, and these miracles that are worked through him?'

Mark 6:1-6

Catholic Education at all levels plays a key role in enabling an encounter of worldviews and perspectives in the shared quest for truth, wisdom and the common good.

(Congregation for Catholic Education, *Educating to Intercultural Dialogue in Catholic Schools: Living in Harmony for a Civilisation of Love* (2013))

www.plenarycouncil.catholic.org.au/fanthe flame/



Watch the daily Mass on Demand from Broken Bay's Cathedral at

<https://www.youtube.com/channel/UCNenwlfI7i14XB9TsVBrLvQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



We will livestream our 10am Mass this Sunday so that all are able to join in Spiritual Communion with us as a parish family of Pittwater. To join the livestreaming please visit our parish website
<https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

Dear Parishioners,

As I write this letter to you, many states in our country are in lockdown including NSW. I am thinking and praying for all our parishioners, especially the sick and vulnerable, those with young families and the people who have had their business and livelihood impacted from this latest lockdown.

Bishop Anthony Randazzo, Bishop of Broken Bay, has asked that our Churches be closed and our parish offices closed until the current restrictions are lifted. He has also lifted the obligation for the faithful to participate in Sunday Mass (can.1247) for the people of Broken Bay for the duration of this stay at home order. The situation will be reviewed as we approach 9 July or as we receive more information from the NSW government.

Whilst our staff are not currently in the parish office, they still can be reached by phone and email, so please don't hesitate to call (9157 0999) or email (office@pittwaterparish.org) at anytime if you need any support or assistance during this time or to arrange a time for the anointing of the sick or to offer a Mass intention. Fr Richard, Bishop Bernard and myself will continue to celebrate the Holy Mass privately and will fulfil any scheduled Mass intentions this way.

We will livestream our 10am Mass this Sunday so that all are able to join in Spiritual Communion with us as a parish family of Pittwater. To join the livestreaming please visit our parish website <https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

Livestreamed Mass is also available from our Broken Bay Cathedral on Sunday mornings at 9.30am as well as weekdays at 7am from the following link <https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLvQ>

Mass on Demand can be found at <https://www.youtube.com/user/cathnews> For those of you who don't have access to the internet, "Mass for You at Home" continues to be broadcast on Channel 10 each Sunday from 6am.

In our year of family, please remember to check on your family, friends and neighbours. Many parishioners are going through some very difficult times, struggling with financial situations and feeling very isolated. Use this time as an opportunity to strengthen your families' relationship with Jesus, and to strengthen your "home church" which we worked on rebuilding and renewing during our lockdown earlier last year.

Printed copies of this weekend's bulletin are available outside our Maria Regina Church, Avalon or the front of the parish office, Mona Vale and are available on our parish website <https://www.bbcatholic.org.au/pittwater/news-events/bulletins>

I thank you for including us in your prayers in what is a difficult time for us as well. We are also very grateful for your donations which continue to financially support our parish and for your understanding of the situation which we find ourselves in. For those of you that are in a position to support us financially, donations can be made by Visa or MasterCard via our website <https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving>

Thank you for taking the time to email, call and write to me with your good wishes after the announcement of my resignation as the Parish Priest of Pittwater Parish. With the current restrictions, if we don't get the opportunity to be together before I leave, I look forward to catching up with you on my return to Australia (like a boomerang!)

I'm not leaving you "orphaned". Fr Richard SDS will continue to be in the parish and has been appointed as Parish Administrator and Fr Paul SDS will soon be here, so you will be in good Salvatorian hands. Please support them and keep them in your prayers as they start their new leadership in our parish.

With assurance of my constant prayers for you all,



Fr Bronek Pietrusewicz SDS

Parish Priest

The power of the word 'no'

Jaime L. Waters teaches Scripture at DePaul University in Chicago. She is an associate professor of Catholic studies.



One of the realities of life is the presence of rejection. At some point, everyone will encounter a “no” at work, at home or in the world. Today’s reading gives biblical examples of expecting and accepting rejection and persevering despite the obstacles.

Ezekiel, Paul and Jesus all encountered hostility, particularly when they gave messages that were critical and difficult for people to accept. In the first reading, the prophet Ezekiel is called while living during the Babylonian exile. God tells him to ready himself to deliver messages to people who have rebelled, warning Ezekiel that they would be “hard of face and obstinate of heart.” Despite the likely rejection, Ezekiel is still called to preach and teach.

God sends Ezekiel knowing that he would face rejection, and Ezekiel delivers his prophecies knowing the tough road ahead. In the second reading from 2 Corinthians, Paul too speaks of the challenges he faced, referring to “a thorn in the flesh...an angel of Satan.” This hardship could refer to various opponents or adversaries Paul encountered or possibly physical or mental

challenges. Paul considers these hardships worth enduring in his ministry for the sake of Christ. Paul, like Ezekiel, accepts and recognises the challenging but important work that he is called to do. As many of us struggle today with a variety of burdens and barriers, we can find examples of perseverance in today’s readings.

Similarly, the Gospel reading, from Mark, depicts Jesus’ rejection in Nazareth. As Jesus taught in the synagogue, people wondered aloud about his abilities and authority. They knew his family background, and some questioned his ministry, saying his actions were inconsistent with his upbringing and familial connections. In response to these naysayers, Jesus offers proverbial wisdom about prophets not being accepted in their homes. This is not the first time Jesus faced scrutiny and opposition while at home. Earlier in the Gospel, people think he is insane (Mk 3:21). In today’s reading, Jesus appears to be at peace with the idea that his teachings may be rejected but is still amazed at the unbelief in his community.

The Gospel includes a notable detail regarding what the people’s unbelief means for their lives – they do not reap as many benefits as other communities. While he was in Nazareth, Jesus performed only a few healings. Matthew’s Gospel states more explicitly why this is the case: “He did not work many mighty deeds there because of their lack of faith” (Mt 13:58). Both Evangelists highlight that faith is required to receive blessings. This assertion builds on the Gospels we have encountered over the past few weeks, which highlight faith in connection to Jesus’ miraculous deeds.

As we inevitably face rejection, we are reminded today to maintain our tenacity and perseverance. The readings call us to consider and focus on the matters that we can control.

Moreover, today’s readings can inspire us to heed the words of others, even if they are challenges to our status quo.

Alive in the Spirit

Being The Community Christ Calls Us To Be

Pastoral Ministry Virtual Conference

8th - 10th July 2021

aliveinthespirit.com.au

Virtual Conference 8-10 July

The ‘Alive in the Spirit’ Australian online conference taking place on 8-10 July is specifically targeted at parishes to help form and inspire parish leaders, ministers and parishioners in our shared mission of evangelisation. It seeks to invite people to a new vision and inject new energy and new life into our ministry in a wide variety of areas within parish life.

Whilst parishioners may register as individuals, there is an opportunity for parishioners to take part in the conference together. Starting Thursday evening and concluding Saturday afternoon, the conference can be packaged and personalised so that parishioners can gather together; watch the keynotes together; and then split into groups or ‘hubs’ to view a number of pre-recorded workshops together. Parishes could adapt the schedule to suit their needs which includes daytime and evening options.

The conference organisers have prepared a Parish Kit that outlines and supports parish-wide engagement with the conference. This is a great opportunity to form our parishioners – please consider taking part.

Registrations are now open for both individual or group registrations at <https://aliveinthespirit.com.au/>

For further support, please contact Pina Bernard pina.bernard@bbcatholic.org.au or 8379 1627.

BBNEWS

News from the Catholic Diocese of Broken Bay

BBNews eNewsletter

BBNews is a fortnightly newsletter with news stories from across the Diocese. Complementing the quarterly Broken Bay News magazine, BBNews will highlight the activity and stories of the Church in Broken Bay and beyond.

You can subscribe on the website
<https://www.bbcatholic.org.au/news-events/bbnews/bbnews-subscription>

To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

Heal Country - 2021 Aboriginal and Torres Strait Islander Sunday - 4 July 2021

This year the National Aboriginal and Torres Strait Islander Catholic Council have adopted the NAIDOC theme for Aboriginal and Torres Strait Islander Sunday – Heal Country. In *Laudato Si'*, Pope Francis has called us to continue to seek greater protections for our lands, our waters, our sacred sites and our cultural heritage from exploitation, desecration, and destruction.

Today's Gospel is very fitting because Mark tells us of Jesus returning to his 'native place' – Nazareth – to a non-accepting, hostile reaction. Jesus had been welcomed and revered in other places, why is it that he is mocked and disregarded in his own home? "Is he not the carpenter?" the crowd called because they saw him as "without honour" and were unable to believe in him. He did not fit into their ideological view and thus did not deserve respect in their eyes. In Australia, our own First Nations people have suffered a similar reception to Jesus in Nazareth. Their knowledge and complex cultural systems, created and honed over millennia, are often dismissed as primitive and irrelevant to our fast-paced world of today. This could not be further from the truth, particularly as we become more aware of their continued care, love, and respect for 'country'; grounded in a relationship with the creator that formed independently of Western influence.

2021 marks the 250th Anniversary of the arrival of Christianity in Australia. Yet the Spirit of God was poured out onto the original inhabitants of this great Southern Land many, many thousands of years prior. God's Spirit could be heard through the singing of the birds, the cascade of the waterfall, the rustle of the wind and, most importantly, in silence. Miriam-Rose Ungunmerr-Baumann, a respected Ngangiwumirr Elder, artist and 2021 Senior Australian of the year explains the importance of listening and understanding the silence:

"My people today, recognise and experience in this quietness, the great Life-Giving Spirit, the Father of us all. It is easy for me to experience God's presence. When I am out hunting, when I am in the bush, among the trees, on a hill or by a billabong; these are the times when I can simply be in God's presence. My people have been so aware of Nature. It is natural that we will feel close to the Creator."

Aboriginal and Torres Strait Islander peoples are inextricably connected to country in Australia and its waters. This connection to country and all of God's creation is core to their spirituality as a people and that of their ancestors. The term itself – Country – encompasses far more than the physical land. "For us, Country is a word for all the values, places, resources, stories and cultural obligations associated with that area and its features. It describes the entirety of our

ancestral domains," explains Professor Mick Dodson.

Deacon Boniface Perdjert, who was both Australia's first permanent Deacon and first Aboriginal Deacon clearly expressed the translational role that 'country' or nature plays bringing together Aboriginal and Torres Strait Islander Culture and Catholic faith:

"We like the way he uses the things of nature to teach, and the important part nature plays in the Sacraments".

Deacon Boniface specifically mentions sacraments, because to Aboriginal and Torres Strait Islander Peoples, all elements of life are sacramental. The gifts of God are evident and intertwined into every aspect of life, not just on Sundays, or when convenient. First Australian's are called to be stewards of creation, to care for and watch over their gift, and this responsibility is intrinsic to their belief systems. Many Language groups assign a Totem (a natural object, plant or animal) to a child at birth. This totem defines the responsibility of care between individuals and with creation itself. It is intrinsic and it is core to their survival and relationships.

For Catholics, the Eucharist itself is a foundational sacramental reality in which natural elements-grain and grapes-symbolise not only our lives but also Jesus' farewell meal and his presence today. In those natural elements and through the Eucharistic prayer, Christ is truly present to us. These elements display the abundance provided by the Creator to sustain us, both physically and spiritually. It is a very natural and familiar 'ritual' to First Nations Peoples because it combines the elements of life with a greater being. It brings all aspects of life together.



Because of the connection that Aboriginal and Torres Strait Islander people recognise between country, faith and the wellbeing, it is no surprise that when the world is in pain, Australia's First Peoples are in pain. During the COVID 19 Pandemic, many of the trappings of Western life became impossible. The rivers were calm and clear from the absence of boats, the cities were quiet and still as restrictions took hold. We saw images of animals returning to previous habitats, and the smog clearing from above cities across the world as our common home took a 'breath' from our constant consumerism and drive for development.

On this special Sunday, a day where Aboriginal and Torres Strait Islander and non-indigenous Catholics come together and sit side by side (adhering to COVID restrictions of course!), we should acknowledge that we are united in a fight to save God's creation. It is one we cannot fight alone. We must combine the knowledge of First Australians with the technology borne of Western culture to ensure that future generations shall have the opportunity to experience the gifts of God's creation as intended.

Again, today's Gospel also speaks of the need for faith and acceptance to enable gifts to be shared. Mark says "So he was not able to perform any mighty deed there, apart from curing a few sick people by laying his hands on them." Without faith, Jesus knew his miracles would not be accepted as such. This teaches us that we must have trust and faith to truly accept the wonders of God.

To sit, talk, and listen is the first step towards acceptance and understanding. Aboriginal and Torres Strait Islander people have longed to share their knowledge and wisdom about the seasons, animals, and flora, but until we, as a society and a country are receptive, their contribution goes unappreciated and utilised.

The more we share with each other, the more we realise that as humans, we have more similarities than differences. The differences between our cultures should not be seen as weaknesses, for they can also be where our strengths lie. Embracing these differences is an aspect of inculturation. Christian faith must find appropriate expression in each culture—that is what is meant by inculturation. Pope Francis, in his exhortation *Beloved Amazonia* says:

"Inculturation elevates and fulfills. Certainly, we should esteem the indigenous mysticism that sees the interconnection and interdependence of the whole of creation, the mysticism of gratuitousness that loves life as a gift, the mysticism of a sacred wonder before nature and all its forms of life."

Let us move forwards as a united people in Christ, committed to embracing the gifts of Aboriginal and Torres Strait Islander knowledge to not only Heal Country, but to Heal our relationships with one another, and in doing so our creators' gifts to us all – this world.



The *Living* Word

Entrance Antiphon Cf. Ps 47:10-11

Your merciful love, O God,
we have received in the midst of your temple.

Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading Ez 2:2-5

A reading from the prophet Ezekiel

The people are rebellious; they shall know there will be a prophet in their midst.

The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, 'Son of man, I am sending you up to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, "The Lord says this." Whether they listen or not, this set of rebels shall know there is a prophet among them.'

The word of the Lord

Responsorial Psalm Ps 122. R. v.2 (R.) Our eyes are fixed on the Lord, pleading for his mercy.

To you have I lifted up my eyes,
you who dwell in the heavens:
my eyes, like the eyes of slaves
on the hand of their lords. (R)

Like the eyes of a servant
on the hand of his mistress,
so our eyes are on the Lord our God
till he shows us his mercy. (R)

Have mercy on us, Lord, have mercy.
We are filled with contempt.
Indeed all too full is our soul
with the scorn of the rich,
with the proud man's disdain. (R)

Second Reading 2 Cor 12:7-10 A reading from the second letter of St Paul to the Corinthians

I will glory in my infirmities so that the power of Christ may dwell in me.

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, 'My grace is enough for you: my power is at its best in weakness.' So I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I

am weak that I am strong.

The word of the Lord

Gospel Acclamation See Lk 4:18

Alleluia, alleluia!
The Spirit of the Lord is upon me;
he sent me to bring Good News to the poor.
Alleluia!

Gospel Mk 6:1-6 A reading from the holy Gospel according to Mark

A prophet is despised only in his own country.

Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.

The Gospel of the Lord.

Communion Antiphon Ps 33:9 Taste and see that the Lord is good; blessed the man who seeks refuge in him.

REFLECTION by Dianne Bergant CSA

It is not easy to recognise a true prophet. Frequently those with prophetic insight are treated without honour. The people to whom Ezekiel was sent were hard of face, obstinate of heart, a rebellious house. The Galileans who heard Jesus' words were no better. They questioned his authenticity because they thought he was no better than they were and, therefore, he had no right to act superior. We so often resent people who can do what we cannot. This resentment can be magnified when the person is someone with whom we have grown up, a member of the family or of the community. True believers recognise and admit their human frailty. They also know that genuine weakness does not impede the saving action of God. In fact, God seems to prefer to act where pride and

self-satisfaction do not prevail, for such attitudes are obstacles to personal transformation. However, when we open ourselves in humility and honest piety, the power of God can flood our minds and our hearts and shine forth from us to all around. When this happens, there will be no doubt in any mind as to the origin of this wondrous reality. It will be very clear that though it comes through us, it comes from God. The receptivity of Paul in this matter is in sharp contrast to the rebellion of the people at the time of Ezekiel and the resistance of those who thought that they knew Jesus so well.

© Dianne Bergant CSA

THANK YOU

I wish to take this opportunity to say thank you for your contributions and support throughout the year. Your financial contributions in our Planned Giving Programme and your generous donations throughout the year to the Charitable Works Fund are greatly appreciated.

I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.

Fr Bronek SDS
Parish Priest

Liturgy for the Week

- 05/07 **Monday Ordinary Time 14**
Gen 28:10-22; Mt 9:18-26
- 06/07 **Tuesday Ordinary Time 14**
Gen 32:23-33; Mt 9:32-38
- 07/07 **Wednesday Ordinary Time 14**
Gen 41:55-57, 42:5-7, 17-24;
Mt 10:1-7
- 08/07 **Thursday Ordinary Time 14**
Gen 44:18-21, 23-29; 45:1-5; \\\nMt 10:7-15
- 09/07 **Friday Ordinary Time 14**
Gen 46:1-7, 28-30; Mt 10:16-23
- 10/07 **Saturday Ordinary Time 14**
Gen 49:29-33; 50:15-26; Mt 10:24-33



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PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



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