



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## *Prayer for protection from Coronavirus*

Pope Francis

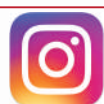
O Mary, you shine  
continuously on our journey  
as a sign of salvation and hope.  
We entrust ourselves to you,  
Health of the Sick.

At the foot of the Cross you  
participated in Jesus' pain,  
with steadfast faith.  
You, Salvation of the People,  
know what we need.  
We are certain that you will  
provide, so that, as you did at  
Cana of Galilee, joy and feasting  
might return after this  
moment of trial.

Help us, Mother of Divine Love,  
to conform ourselves  
to the Father's will and  
to do what Jesus tells us:  
He who took our sufferings  
upon Himself, and bore our  
sorrows to bring us,  
through the Cross, to the joy  
of the Resurrection.

Amen.

**If you have used this bulletin,  
please take it home with you.**



You can find us on  
**Instagram**  
(pittwater\_parish)

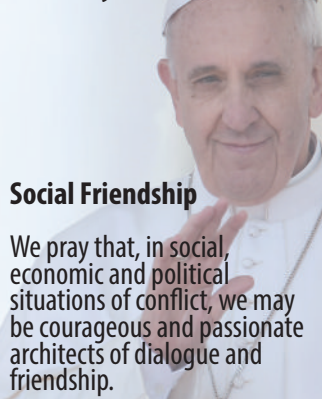


## Thoughts of Bl Francis Jordan

Hope comes from faith! We must have great faith, and without great faith  
we cannot have hope or confidence in God, or hope in the Lord!



## Pope Francis' Prayer Intentions For July



### Social Friendship

We pray that, in social,  
economic and political  
situations of conflict, we may  
be courageous and passionate  
architects of dialogue and  
friendship.



We will livestream our 10am  
Mass this Sunday so that all  
are able to join in Spiritual  
Communion with us as a  
parish family of Pittwater. To  
join the livestreaming please  
visit our parish website  
<https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

**Our Churches are closed till  
further notice.**

**A warm welcome  
to all our parishioners  
and visitors who are  
celebrating the Eucharist  
with us at Pittwater  
Parish Online**



## PARISH DIRECTORY

**Pittwater Parish**  
1 Keenan Street Mona Vale NSW 2103  
Tel 9157 0999  
[www.pittwaterparish.org](http://www.pittwaterparish.org)

**Parish Administrator**  
**Fr Richard Sadowski SDS**  
Tel 9157 0999 ext 0  
[pp@pittwaterparish.org](mailto:pp@pittwaterparish.org)

**Priest**  
**Fr Paul Szczur SDS**  
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**Bishop Bernard O'Grady op**  
Tel 9918 0372

**Parish Secretary**  
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**Youth Director**  
**Josh Willard (Soul Youth)**  
[music@pittwaterparish.org](mailto:music@pittwaterparish.org)

**Music Director**  
**Josh Willard**  
Tel 9157 0999 ext 17  
[music@pittwaterparish.org](mailto:music@pittwaterparish.org)

**Media & Communication**  
**Laura Ee**  
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**Sacramental Program**  
**Suzu Caruso**  
Tel 9157 0999 ext 13  
[sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

**Parish Office Hours**  
Monday to Thursday  
9.00am to 4.00pm  
Friday 9am to 12 noon

**Sacred Heart Church**  
1 Keenan Street Mona Vale

**Maria Regina Church**  
7 Central Road Avalon

**Mona Vale**  
**Sacred Heart School**  
Tel 9999 3264  
Principal: Mrs Suellen Garey

**Avalon**  
**Maria Regina School**  
Tel 9918 2608  
Principal: Miss Kirsty Thorpe

**Warriewood**  
**Mater Maria Catholic College**  
Tel 9997 7044  
Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

## We Pray for

### Deceased Anniversary

**Barbara Cincotta**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

### Recently Deceased

**John Turner**  
**Maria Ngai Thi Vv**  
**Asuncion Lahorra**  
**Souls of the deceased in Miami**

### Prayers for the Sick

Philip Maddrel  
Gail Reiher  
Imelda Vince  
Ben Castillo  
Moira Howie  
Christine Hills  
Sara Zofrea  
Beryl Peo-Duncan  
John Andrew Graham  
John Charles Graham  
Michael Carrodus  
Pat Regan  
Robyn Sheather  
Candida Hernandez  
Chin Quang Le  
Tony Quatroville  
Garry Gleeson  
Elizabeth Kral  
Nazarena Custodio  
Annette Davis  
Andrew Hood  
Jeff Langley  
Peter Vorlicek  
Warwick Chipman  
Erin Ocampo  
Mark Lindfield  
Vicky Kalingasan  
Cos Coniglio  
Bill Eyre  
Brian Gregan  
Marian Poe  
Marcia Bailey  
Bec Burroughs  
Mansour Sukkar  
Trish Newman  
Susan Hickey  
Sophia Burfitt

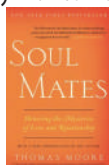
The names on this list will be removed after four weeks unless otherwise requested or advised.  
Thank you

### Special Intentions

**John the Baptist Anh**  
**Tuan Nguyen and his family**

## BOOK REVIEW

**Soul Mates**  
**Honouring the Mysteries of Love and Relationship**  
by Thomas Moore



The author shows how we can cultivate "soul intimacy" through such simple things as letter-writing, conversation and the sharing of dreams and much more. A very informative read.



## Welcome to Pittwater Fr Paul Szczur SDS.

My name is Fr Pawel (Paul) Szczur SDS and I have been sent by my superior to help Fr Richard Sadowski SDS in Pittwater Parish.

I was born more than forty years ago in the southeast part of Poland in a city called Mielec (I do not know how this time went so quickly - I still think I am 10 years old!)

I am the middle child. I have two brothers, both of them are happily married back in Poland. After my high school finals, like any young person, I was at crossroads as to what is my path, what is my vocation. God came with help and introduced me to the Salvatorians.

In September 1996, with twenty-two of my friends, I began my novitiate. After that, I began my education in the Salvatorian Seminary in Bagno, Poland. Before my ordination to the priesthood, I had this great opportunity to go to San Antonio, Texas for my pastoral internship. After my ordination, my superior sent me to Warsaw for two years where I taught children and youth. After ending my adventure in Warsaw I was sent to Canada. In Canada, I was serving in different parishes for almost 16 years. It was a wonderful time and I got the chance to get to know the beautiful country and its people. My next pastoral placement was Salwator Park Mikolow, Poland where I was accompanying people on their last stage of life.

On 19 June 2021, I arrived on Australian soil to begin my new adventure. This adventure is to walk the road with people of Pittwater Parish. I am eager to get to know you better and walk this path together, which our Lord prepared for us.

God bless and talk to you soon.  
**Fr Paul SDS**

Watch the daily Mass on Demand from Broken Bay's Cathedral at  
<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLvQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



## Spiritual Communion Prayer

**My Jesus, I believe that You are present in the Most Holy Sacrament.**

**I love You above all things, and I desire to receive You into my soul.**

**Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.**

**I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.**



## Loretto Chapel Staircase - The Legend of the Santa Fe Miracle



The Loretto Chapel, Santa Fe, was built in a Gothic style by Antoine and Projectus Mouly from Paris. Source: Wikimedia Commons, Christopher Michel.

Our Story begins in 1850 when the Vicariate of New Mexico was established under the first Bishop of the Territory, Bishop Jean Baptiste Lamy. Seeing a need to educate the girls of the Territory, Bishop Lamy sent a plea to Catholic teaching orders to open a school for girls. The Sisters of Loretto responded and sent six sisters to open the Loretto Academy. Having been recently under Mexican rule, the Territory of New Mexico was full of Spanish-speaking citizens, so the six had to learn the Spanish language and, after an arduous trip during which the Mother Superior died, finally arrived in Santa Fe and opened their school in 1853.

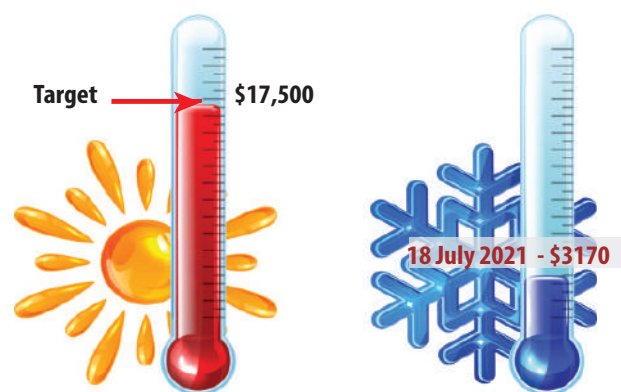
By 1873, the Sisters were able to start the construction of a Chapel. Using the same French architect and builders as Saint Francis Cathedral Basilica, the Chapel of Our Lady of Light (as it was then known) was patterned after Archbishop Lamy's favorite Sainte Chapelle in Paris. With its gothic-style architecture, the Chapel certainly would have stood out among the small adobe homes surrounding it at the time.



Unfortunately, the architect died before access to the choir loft was built. Given the height of the loft and the small size of the Chapel, a staircase would have taken up too much floor space, thereby reducing the seating capacity to an unacceptably small level. Legend states that seeking guidance and help, the Sisters of Loretto prayed a nine day novena to St. Joseph, Patron Saint of Carpenters. A novena is a special prayer said for nine consecutive days. On the final day of the novena, a carpenter appeared with only a hammer and carpenter's square. He built what is now known as the Miraculous Staircase with simple tools and wooden pegs. The rare wood is not native to the American Southwest. When the Staircase was complete, it is said that the carpenter disappeared without receiving thanks or payment. The Sisters tried all local lumber stores but could not find accounts open for supplies for their stairs. Some believe the carpenter was St. Joseph himself while others believe that it was someone sent by St. Joseph. What is known is that the Sisters of Loretto prayed, and their prayers were answered.

The Staircase has two complete 360 degree turns with no center pole for structural support. The entire weight of the staircase rests on the bottom stair. The banisters were added approximately ten years later due to the difficulty of climbing the tall, tapered stairs with no railing. The two small brackets that can be seen on the outside connecting the stairs to the wall and pillar were added in the mid 20th century in order to provide more support and protect the staircase from negative effects due to vibrations from passing cars and trucks. Unfortunately, rather than helping the structural integrity of the Staircase, the modern brackets damaged the sides of it by preventing the natural spring-like movement of the Staircase while in use. The underside of the stairs were originally open, but was filled in with a horse hair and lime mixture painted to look like wood.

### Maria Regina Church, Avalon Air-Conditioning Replacement



Our air-conditioning units in our Maria Regina Church, Avalon, which were generously donated by a parishioner, have been irreparably damaged by some uninvited lizards and now the Church is in need of new air conditioning units.

Our aim is to raise \$17,500.00 to cover the cost of the supply and installation of new units.

It would be wonderful if we could achieve this goal quickly so that we can make the Church cosy in the fast approaching winter months as well as when we need it to cool in our hot Summer.

Credit Card donations can be made via our website through BPoint <https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving> and selecting "Other" from the drop down Biller Code list and using "Air Conditioning" as the Reference.

Thank you for your generosity and continued support.

# Sheep Without a Shepherd

**"When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd. And he began to teach them many things."** –

Mark 6:34



Turkish shepherds watched in horror as hundreds of their sheep followed each other over a cliff, say Turkish reports. First, one sheep went over the cliff edge, only to be followed by the whole flock, according to the reports. More than 400 sheep died in the 15-meter fall – their bodies cushioned the fall of the next 1,100 others who followed. (BBC News)

Sheep are not the brightest animals in the world. They are dumb, prone to wander, and fairly defenseless. Tim Challies says this about sheep, "Left to themselves, sheep will not and cannot last very long. Just about any other domesticated animal can be returned to the wild

and will stand a fighting chance of survival, but not sheep. Put a sheep in the wild and you've just given nature a snack."

So without a shepherd sheep are in trouble. In fact, sheep are hopeless without a shepherd. And that is what Jesus is saying here about the people in Mark chapter six. Without a shepherd, they were lost; they were hopeless. This was true of the crowd that Jesus interacted with and this is true of everyone today who is not a believer. This was also true of you and me before we came to the Great Shepherd, Jesus Christ. Humanity apart from Christ is like a sheep without a shepherd. Humanity apart from Christ is lost and hopeless. Jesus is our Shepherd, our only hope and means of salvation.

Jesus has compassion on these people and out of His compassion for them, what does he do? Look the end of verse 34. It tells us, "And he began to teach them many things." The result of his compassion for these people was to teach them. He gave them what they needed most – himself! He gave them information about himself! He gave them the words of God. He taught them the things of God. His compassion for them resulted in him teaching them about God.

It is God that has the power to bring the dead to life spiritually. And it is the Word of God that nourishes the believer spiritually. Let's be sure to teach, and share God's Word with each other as we share with the world around us, because in the teaching and preaching of God's Word, the dead come to life spiritually and the spiritually alive grow in the faith.

The Publican PUBLISHED ON August 9, 2016 by Matt Noble

## WE NEED FOSTER CARERS

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- Bishop Anthony Randazzo -

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Diocese of Broken Bay

## Fan the Flame

Towards Plenary Assembly  
One October 2021

**'You must come away to some lonely place all by yourselves and rest for a while'**

Mark 6:30-34

Our Aboriginal culture has taught us to be still and to wait. . . We wait for the rain to fill our rivers and water the thirsty earth. . . We wait on God, too. We don't worry. We know that in time and in the spirit of dadirri (that deep listening and quiet stillness) his way will be clear.

(Miriam-Rose Ungunmerr, "Dadirri: Inner Deep Listening and Quiet Still Awareness", Miriam-Rose Foundation, accessed 23 April 2021, <https://www.miriamrosefoundation.org.au/about-dadirri>.)

**[www.plenarycouncil.catholic.org.au/fantheffame/](http://www.plenarycouncil.catholic.org.au/fantheffame/)**



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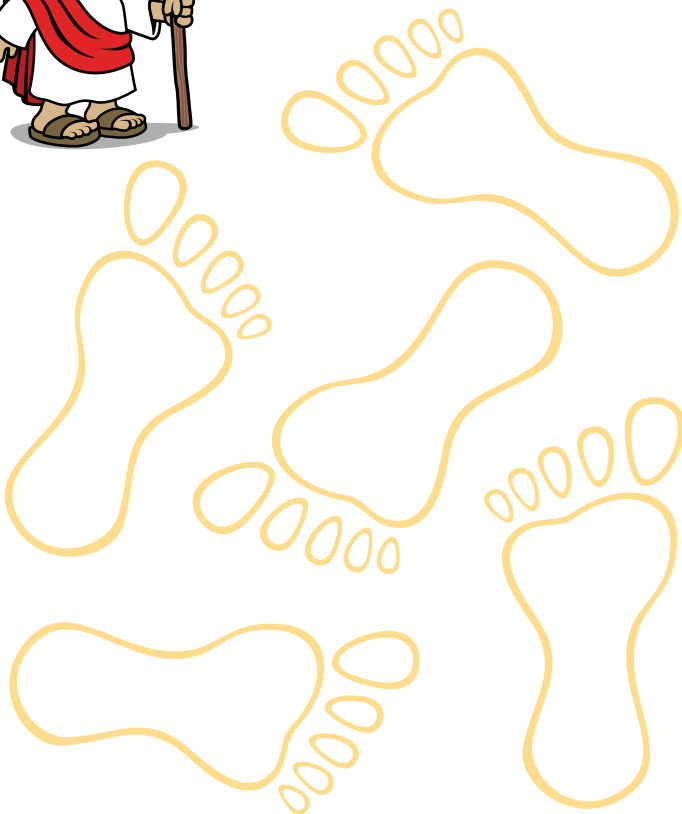


# Jesus taught the sheep of his flock

16th Sunday in Ordinary Time, Year B



Jesus was a shepherd, a leader, a teacher and a helper to his followers. In the footprints, write the names of people you know who care about others the way Jesus did.



## Jesus taught them many things

What did Jesus teach people?  
Answer True or False to the following

“Love your neighbour” \_\_\_\_\_

“Punish those who dislike you” \_\_\_\_\_

“I am the wine of life” \_\_\_\_\_

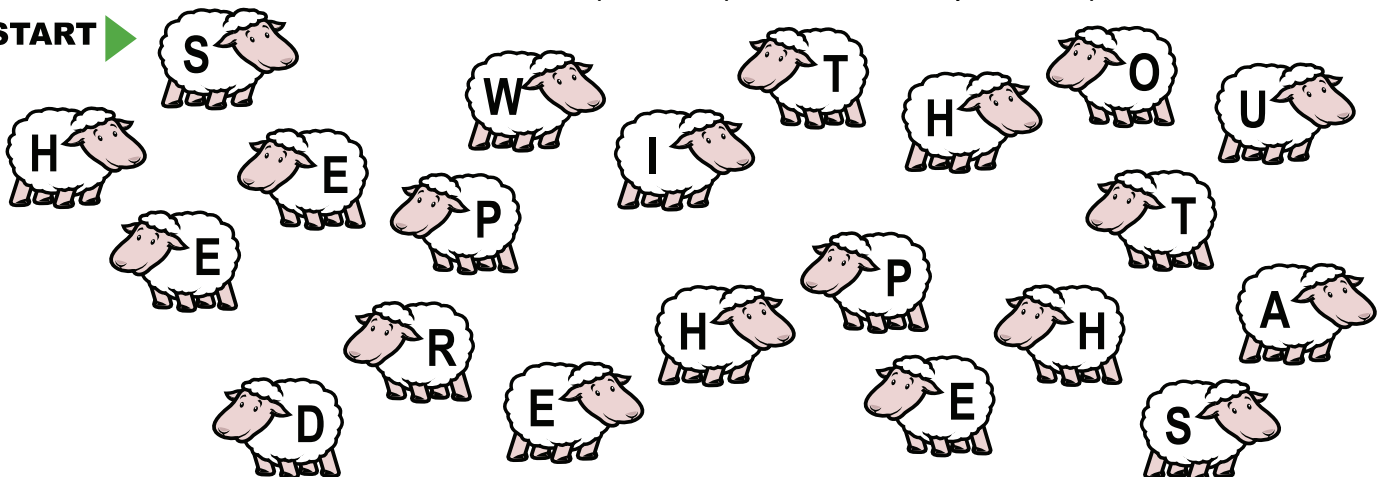
“Blessed are the meek, they shall inherit the earth” \_\_\_\_\_

“I am the light of the world” \_\_\_\_\_

“A rolling stone gathers no moss” \_\_\_\_\_

Why did Jesus feel sorry for the crowd? Join up the sheep in the correct sequence to spell out the answer

START ►



They were like \_\_\_\_\_.

# The *Living* Word

## Entrance Antiphon

Ps 53:6,8

See, I have God for my help.  
The Lord sustains my soul.  
I will sacrifice to you with willing heart,  
and praise your name, O Lord, for it is good.

## First Reading

Jer 23:1-6

### A reading from the prophet Jeremiah

*The remnant of the flock I will gather to me, and bring them back to their pastures.*

‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

‘See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.’

## The word of the Lord

## Responsorial Psalm

Ps 22. R. v.2

**(R.) The Lord is my shepherd; there is nothing I shall want.**

The Lord is my shepherd;  
there is nothing I shall want.  
Fresh and green are the pastures  
where he gives me repose.  
Near restful waters he leads me,  
to revive my drooping spirit. **(R)**

He guides me along the right path;  
he is true to his name.  
If I should walk in the valley of darkness  
no evil would I fear.  
You are there with your crook and your staff,  
with these you give me comfort. **(R)**

You have prepared a banquet for me  
in the sight of my foes.  
My head you have anointed with oil;  
my cup is overflowing. **(R)**

Surely goodness and kindness shall follow me  
all the days of my life.  
In the Lord's own house shall I dwell  
for ever and ever. **(R)**

## Second Reading

Eph 2:13-18

### A reading from the letter of St Paul to the Ephesians

*Christ, our peace, has made us one.*

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

## The word of the Lord

## Gospel Acclamation

Jn 10:27

Alleluia, alleluia!  
My sheep listen to my voice, says the Lord;  
I know them, and they follow me.  
Alleluia!

## Gospel

Mk 6:30-34

### A reading from the holy Gospel according to Mark

*They were as sheep without a shepherd.*

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

## The Gospel of the Lord.

## Communion Antiphon

Ps 110:4-5

The Lord, the gracious, the merciful,  
has made a memorial of his wonders;  
he gives food to those who fear him.

## REFLECTION

by Dianne Bergant CSA

*Jesus chose disciples to continue his work; he instructed them and empowered them. He sent them out on a mission, and they returned. People followed them, because they wanted to hear what Jesus and the disciples had to say; they wanted to be released from the sickness and the demons that possessed them.*

*There are so many searching people in the world today, people hungering for instruction, good people looking for direction. They may be parents who are sick with grief over the future of a troubled child; a man stripped of his dignity through unemployment; a woman facing a pregnancy alone; elderly people feeling the surge of life leave their declining bodies; people who are angry and confused because they believe that the church is no longer dependable. They are people who are looking for answers and for meaning. They are like sheep without a shepherd, and Jesus looks to us to shepherd them.*

*In the midst of this confusion, there are reliable shepherds who walk with us in the dark valleys. They are willing to share the dangers through which we pass, even at the risk of their own safety. They do not pit one segment of the community or one theological perspective against another, scattering the sheep and driving them away. Instead, they work to dismantle the walls that divide us. They speak the word that gathers us together. They reconcile us with God and with each other. They may not give us easy answers, but their primary concern is to lead us to Jesus, the one who is our peace.*

© Dianne Bergant CSA

To read the messages from  
Bishop Anthony and from the people Vox  
Populi please go to  
[www.pittwaterparish.org](http://www.pittwaterparish.org).  
News and events tile and Messages from  
Bishop Anthony on the drop down menu.



# BBNEWS

News from the Catholic Diocese of Broken Bay

## BBNews eNewsletter

BBNews is a fortnightly newsletter with news stories from across the Diocese. Complementing the quarterly Broken Bay News magazine, BBNews will highlight the activity and stories of the Church in Broken Bay and beyond. You can subscribe on the website <https://www.bbcatholic.org.au/news-events/bbnews/bbnews-subscription>





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The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information. Or donations can be made on our website:

[www.pittwaterparish.org](http://www.pittwaterparish.org) through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



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## Liturgy for the Week

19/07 **Monday Ordinary Time 16**

Ex 14:5-18; Mt 12:38-42

20/07 **Tuesday Ordinary Time 16**

Ex 14:21 - 15:1; Mt 12:46-50

21/07 **Wednesday Ordinary Time 16**

Ex 16:1-5, 9-15; Mt 13:1-9

22/07 **Thursday St Mary  
Magdalene**

Song 3:1-4 or 2 Cor 5:14-17;  
Jn 20:1-2, 11-18

23/07 **Friday Ordinary Time 16**

Ex 20:1-17; Mt 13:18-23

24/07 **Saturday Ordinary Time 16**

Ex 24:3-8; Mt 13:24-30

We acknowledge and thank the businesses and individuals that support our parish through advertising in our parish bulletin. We thank them for their support and ask our parish community to support their businesses in return.

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