

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Sometimes, in all our lives,

we have a cross to bear. We think we're on our own and long for someone to care.

We forget that God is watching, waiting to guide us through. He understands how we feel. is sharing our sorrows too.

Only He can see the future, knows what plans are in store. And with His grace and power, He opens a brand new door.

Lean on Him to guide you. For, He is holding the key. Solving all of life's problems. in order that we can be free.



Thoughts of Fr Francis Jordan

Truly the Almighty will help you in all your worries and sufferings. He will never abandon you. He will give you courage and strength.

Pope Francis' **Prayer Intentions** For July

Elderly We pray for the elderly, who represent the roots and memory of a people; may their experience and wisdom help young people to look towards the future with hope and resposibility.

A warm welcome to all our parishioners and visitors who are celebrating the **Eucharist** with us at **Pittwater Parish** Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. **Please use the** hand sanitisers provided in both of our Churches.

If you have used this bulletin, please take it home with you.





MASS TIMES

SACRED HEART CHURCH 1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am
Exposition of the
Blessed Sacrament,
Adoration, Reconciliation
and Benediction from 8am,
followed by Mass at 9.30am

Wednesday 9.30am
Thursday 7pm
Exposition of the
Blessed Sacrament,
Adoration, Reconciliation
and Benediction from
7.30pm to 9pm
Friday 9.30am
First Friday of the Month,

First Friday of the Month,
Exposition of the
Blessed Sacrament,
Adoration, Reconciliation
and Benediction from 9.30am,
followed by Mass
with Anointing of the Sick
at 10.30am

Weekend Masses Saturday Vigil 5.00pm Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation 4.00pm to 4.30pm Saturday

Baptism 4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

Weekday Masses
Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the
Blessed Sacrament,
Adoration and Benediction
at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses Saturday Vigil 6.00pm Sunday 9.00am

Reconciliation Before Vigil Mass on Saturday

> Baptism 3rd Sunday - 11.00am

We Pray

Recently Deceased

Hugh Anthony Caillard Pamela Fay Schubert Josefina Sarmenta

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays.

Prayers for the Sick

Franciszek Smigowski Anna Smigowska

Pat Regan **Garry Gleeson Annette Davis** Andrew Hood Jeff Langley Erin Ocampo **Mark Lindfiels** Vicky Kalingasan Bill Eyre Brian Gregan Mrian Poe Marcia Bailey Bec Burroughs Susan Hickey Sophia Burfitt Margaret De Landre Maeve Robinson Jenny Carroll Matt Ukishima Pietrina Maiorana Susan Makabenta Mina Lee **Denise Wagner**

Ron

Leonie Ariemetto

Candy Ocampo

John Graham

Liturgy for the Week

25/07 Monday, St James, Apostle 2 Cor 4:7-15; Mt 20:20-28

26/07 Tuesday, Sts Joachim & Anne Jer 14:17-22; Mt 13:36-43

27/07 Wednesday Ordinary Time 17 Jer 15:10, 16-21; Mt 13:44-46

28/07 Thursday Ordinary Time 17 Jer 18:1-6; Mt 13:47-53

29/07 Friday, Sts Martha, Mary & Lazarus 1 Jn 4:7-16; Jn 11:19-27

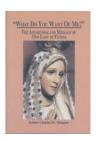
30/07 Saturday Ordinary Time 17 Jer 26:11-16,24; Mt 14:1-12

BOOK REVIEW

What Do You Want Of Me The Apparitions and Message

of Our Lady of Fatima

by Father Charles M. Mangan



We all know about the apparitions but perhaps we should ask ourselves what does God want of us, too. We can all do better if we think about it.

Give to our Parish of Pittwater

Cashless Fast Secure



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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly,monthly or one-off.

GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

LIVESTRÉAMS READINGS NEWS





https://brokenbay.goodgivi ng.com.au

Caritas Ukraine urgently needs your support

Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit:caritas.org.au/donate/emergen cy-appeals/ukraine/ or call:1800 024 413 toll free to provide much needed support.





Have a chat and share a cuppa with an older person in your community one hour a fortnight

CatholicCare

VOLUNTEERS NEEDED

OMMUNITY VISITORS SCHEME www.catholiccaredbb.org.au/volunteer

BLESSED FRANCIS MARY OF THE CROSS JORDAN, PRIEST AND FOUNDER

Feast Day 21st of July



John Baptist Jordan was born on 16 June 1848 in Gurtweil, archdiocese of Freiburg (Germany) into a poor family. After ordination to the priesthood on 21 July 1878, he was sent to Rome, where he spent most part of his life. Motivated by apostolic zeal and a desire to make known and loved the only true God, revealed in Jesus Christ, Saviour of the world, Father Jordan founded the Apostolic Teaching Society in 1881 in Rome. In 1883 he changed his apostolic work in a religious institute and took the name of Francis Mary of the Cross. From the Apostolic Teaching Society were developed the Society of the Divine Saviour and the Congregation of the Sisters of the Divine Saviour. He died on 8 September 1918 in Tafers (Switzerland).

Trust in Divine Providence

Those who trust only in their own powers will accomplish nothing great for the glory of God. We must trust in divine providence, as an infant does its nurse, we must trust in the Lord in all things. The one who has trust will not fall, and the one who puts all his trust in the Lord will have the Lord on his side. How many times you have heard and read in the scriptures of what is promised to those who have hope. They have hoped in Me, they have hoped in the Lord, they will not be confounded. "In you, O Lord, have I hoped, I will not beput to shame." "Because he hoped in me, I will set him free: I will protect him because he has known my name." But surely we must not tempt God. Act in accordance with your hopes in the Lord. If you do not do what you should do, if you neglect to do what you should, you cannot have hope; if you offend God, how can you have hope in him? We must do what we ought to do and let us hope in the Lord! So, let us not trust in ourselves, not have trust or hope in princes, but hope in the Lord! He will help us. He himself will protect us! Have hope even in difficulties and in problems; if you are bereft of human resources, put all your hope in the Lord. You must toil and work and hope in the Lord. He will help us and free us. But do not trust, have no trust in your own strength, in your own abilities. So, let us be men of

faith, of trust, if we want to accomplish great things. It is essential to have faith and very great hope. Trust in the Lord. Trust in Providence: "Who has ever trusted in God and been confounded?" Don't trust in yourself or in human aid. Don't trust in princes or influential people. Trust in God! But how can you have great trust in God? If in your work you want to have great trust in God, then above all do your duty! How can you have great trust in God if you don't fulfill the duties of your vocation? How can you hope if you don't live in accordance with your position and instead jump into big projects following you own will? How can you have trust in the Lord there? So, do your duty and cast all your worries on the Lord. He will help you and rescue you! If you do your duty, then fear neither the waves that may crash over you, nor prosecutions on all sides, come what may! Trust in the Lord and go forward. Do your duty and you will see that the Lord will help you. It is unworthy for an apostolic religious and confrere of our Society not to walk the straight path! Let us trust in the Lord and do our duty. Walk in the Lord and he will protect us!

From the Chapter Talks of blessed Francis Mary of the Cross, priest and founder

Position Vacant

Part Time Parish Coordinator/ Admin Assistant/Bookkeeper 3 days per week

Manly Freshwater Parish is seeking to recruit a part time Parish Coordinator/Administration Assistant. This role plays an important part in the Parish Team, providing support for Parish groups, parish functions and administration financial processes.

We are seeking a candidate with excellent

people skills, a comprehensive knowledge of office administration processes and procedures and bookkeeping experience. A sound understanding of Microsoft Office and MYOB is necessary.

An ability to work independently while remaining a team player, with a commitment to be accountable for performance, and an ability to work collaboratively across a wide range of groups, supported by a good understanding of, and commitment to, Catholic values and teachings will be crucial to your success.

If this role interests you and you would like to join the Parish team please email a brief cover letter and CV to Jenny Beninati in the Parish Office — manlyfreshwaterparish@bbcatholic.org.au

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale NSW 2103 Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS Tel 9157 0999 ext 10 pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS Tel 9157 0999 ext 12 ap@pittwaterparish.org

Parish Secretary

Donita Kerin Tel 9157 0999 ext 30 office@pittwaterparish.org

Director of Music

Josh Willard Tel 9157 0999 ext 17 music@pittwaterparish.org

Media & Communication

Conille Felias Tel 9157 0999 ext 31 media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin Tel 9157 0999 ext 13 sacraments@pittwaterparish.org

> Parish Office Hours Monday to Thursday 9.00 am to 4.00 pm Friday 9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale Maria Regina Church 7 Central Road Avalon

MONA VALE Sacred Heart School Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD Mater Maria Catholic College Tel 9997 7044

Tel 9997 7044 **Principal: Mr Marc Reicher**

SALVA ORIANS WYD LISTON 2023

Rome. Lisbon. Fatima. 16

WORLD YOUTH DAY 20

Information Session

PITTWATER PARISH MONA VALE

24TH JULY @ 7PM AFTER THE 6PM YOUTH MASS

PARISH CENTRE, SACRED HEART CHURCH

contact us at sdsau.wyd2023@gmail.com

Can you undertake an Overseas

Mission?

Our sister churches in Africa, Asia and the Pacific are requesting Australian Catholics to join them to build the skills of those in their community who have had less opportunity than ourselves. Please consider these Mission opportunities abroad.

The Australian Catholic Bishops Conference provide support. Palms Australia, who have prepared Australian Catholics for global mission since 1961, will ensure accommodation and a living allowance is provided to you during your time away.

Enquire online or Ph: 0422 742 567 to find out about a placement to engage your skills. You can also Register for a Webinar on Monday, 1 August 2022 at 7:00 pm to talk directly with a Palms' partner community in Timor Leste and two Australians recently posted to work with them. Invite your friends. The stories will inspire you.



Led by the

Salvatorians

Scan the QR code to

SACRAMENTAL PROGRAM 2022 Parent Information

Session
It is imperative to attend ONE of these sessions:

Sacred Heart Church, Mona Vale 26 July 2022, Tuesday 7:30 pm

Maria Regina Church, Avalon 28 July 2022, Thursday 7:30 pm

*Children in Year 4 and over are eligible to receive this sacrament if they have been confirmed.

First Reconciliation Sacred Heart Church, Mona Vale 25 October 2022, Tuesday 4.30 pm- 5:30 pm and 6:00-7:00 pm

> Maria Regina Church, Avalon 3 November 2022, Thursday 4:30 pm- 5:30 pm

First Eucharist
Maria Regina Church, Avalon
12 November 2022, Saturday
6:00 pm
13 November 2022, Sunday
9:00 am

Sacred Heart Church, Mona Vale
19 November 2022, Saturday
5:00 pm
20 November 2022, Sunday
10:00 am and 12:00 pm
If you need further information
please email Sonia at
sacraments@pittwaterparish.org



Parish Bulletin - Term 3, Week 1

Monday was a Student Free Day at the College for the Years 8, 9 and 10 Parent/Teacher Interviews. These interviews gave parents the opportunity to discuss their child's progress with teachers and implement plans, if necessary, to enable their child to achieve their personal best.

Our Year 11 Drama students were warmly received on Wednesday and Friday as they went on tour to perform their annual Anti-Bullying Play, The Power of Some, to local catholic primary schools to expose the issue of bullying to students in Years 4, 5 and 6.

Our Year 12 students attended a study skills seminar to provide students with a clear road map for the final few months of their school year with practical strategies to manage the stress and pressure. Topics included goal setting, maintaining productivity, stress management and mindfulness and tips to help students cross the finish line.

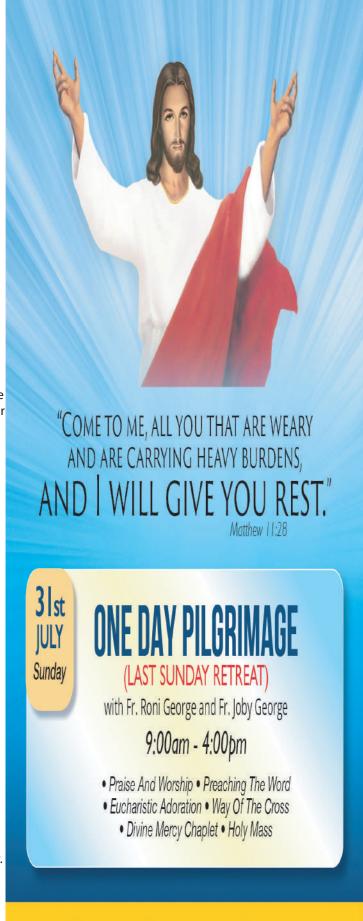
Our first College Assembly for Term 3 was held this week. It was wonderful to gather as a community and celebrate the contributions and achievements of the students.

We held our Year 10 Careers Day. Parents and carers spoke about their own careers and industries, and we had several external exhibitors from tertiary institutions and other educational and career providers offering advice about the diverse range of industries and career options available. It was wonderful to see so many students excited about their future and planning the final stage of their journey at Mater Maria. This was followed by the Year 11 2023 Subject Information Evening to ensure that all students and parents have the correct information and understanding for making subject choice decisions for their HSC studies.

Year 11 VET students attended Fox Studios, Moore Park to see the Live Taping of the Masked Singer Grand Final.

On Thursday we welcomed Year 3 students from the Peninsula Learning Community of Catholic Schools to join for a day of educational activities offered by Mater Maria Catholic College staff and to celebrate our Catholic systemic school community. Our Year 10 and Year 11 students assisted with activities. Everyone enjoyed their time at Mater Maria and we hope to see many students return in the coming years.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit https://matermaria.nsw.edu.au/enrolments/.





The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.

The Living Word

Entrance Antiphon

Cf. Ps 67:6-7,36

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

First Reading

Gen 18:20-32

A reading from the book of Genesis Lord, do not be angry if I speak.

The Lord said, 'How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outery against them that has come up to me. I am determined to know.

The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, 'Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?' The Lord replied, 'If at Sodom I find fifty just men in the town, I will spare the whole place because of them.' Abraham replied, 'I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?' 'No', he replied 'I will not destroy it if I find forty-five just men there. 'Again Abraham said to him. 'Perhaps there will only be forty there.' 'I will not do it' he replied 'for the sake of the forty.

Abraham said, 'I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.' 'I will not do it' he replied 'if I find thirty there.' He said, 'I am bold indeed to speak like this, but perhaps there will only be twenty there. 'I will not destroy it' he replied 'for the sake of the twenty.' He said, 'I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.' 'I will not destroy it' he replied for the sake of the ten.

The word of the Lord

Responsorial Psalm Ps 137:1-3. 6-8. R. v.3

(R.) Lord, on the day I called for help, you answered me.

I thank you, Lord, with all my heart, you have heard the words of my mouth. Before the angels I will bless you. I will adore before your holy temple. (R)

I thank you for your faithfulness and love which excel all we ever knew of you. On the day I called, you answered; you increased the strength of my soul. (R)

The Lord is high yet he looks on the lowly and the haughty he knows from afar. Though I walk in the midst of affliction you give me life and frustrate my foes. (R)

You stretch out your hand and save me, your hand will do all things for me. Your love, O Lord, is eternal, discard not the work of your hands. (R.)

Second Reading

Col 2:12-14

A reading from the first letter of St Paul to the Colossians

He has made you alive with Christ for he has forgiven all our sins.

You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins.

He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

The word of the Lord

Gospel Acclamation

Rom 8:15

Alleluia, alleluia!

You have received the Spirit which makes us God's children, and in that Spirit we call God our Father.

Alleluia!

Gospel

Lk 11:1-13

A reading from the holy Gospel according to Luke

Ask, and it will be given to you.

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray: "Father, may your name be held holy, your kingdom come; give us each day our daily bread, and forgive us our sins,

for we ourselves forgive each one who is in debt to us.

And do not put us to the test." He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you." I tell you, if the man does not get up and give it him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants. So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For

the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will

The Gospel of the Lord

Communion Antiphon Ps 102:2

Bless the Lord, O my soul, and never forget all his benefits.

REFLECTION by Dianne Bergant CSA

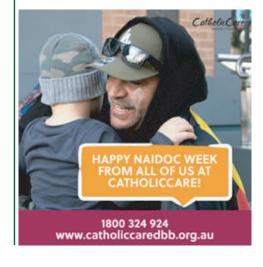
The readings invite us to reflect on prayer. Whether our prayer be praise, contrition, thanksgiving or petition, it always recognises our need for God. In the gospel Jesus instructs us to ask for what we need. He assures us that God is more than willing to give us what we need. However, for this to happen we must turn to God and humbly acknowledge our need.

The most obvious characteristic of prayer depicted in the readings for this Sunday is persistence. Neither Abraham nor the man in the gospel was deterred by any obstacle. They show that it is not so much that we persist in prayer in order to change God's mind as it is that we persist in order to discover what God's mind

might be.

The salutariness of prayer is often found in the change that it effects in us, not in God. By persevering in genuine prayer we may come to acknowledge that all things are in God's hands, and that we can rest content to leave them there, trusting that the situation will be cared for as God sees fit. It seems trite to say that God hears all prayer and sometimes the answer is 'No!' It is better to say that God respects the freedom of people and will seldom intervene to change the way events unfold. Still, prayer can change the one who prays and also the one for whom the prayer is offered if only human need is recognised and divine solicitude is acknowledged.

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