



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Strength for this Challenging Time

We pray for your love and compassion to abound as we walk through this challenging season.

We ask for wisdom for those who bear the load of making decisions with widespread consequences.

We pray for those who are suffering with sickness and all who are caring for them.

We ask for protection for the elderly and vulnerable to not succumb to the risks of the virus.

We pray for misinformation to be curbed that fear may take no hold in hearts and minds.

As we exercise the good sense that you in your mercy provide, may we also approach each day in faith and peace, trusting in the truth of your goodness towards us.



Thoughts of Fr Francis Jordan

Always have only God's glory in sight in all you do.



Pope Francis' Prayer Intentions For August



The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

If you have used this bulletin, please take it home with you.

A warm welcome to our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon

We the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

trybooking

To ensure that we fulfil the requirements of the 80 (Mona Vale) and 100 (Avalon) people limit, we would like you to use the Trybooking website to book for our **weekend Masses**.

There is no need to book for the weekday Masses.

The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions.

Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

LIBRARY

Now that the restrictions have been lifted concerning the opening of churches, although at present only 100 people, we can access the Library. You are very welcome to browse the vast assortment of books and DVDs in the Parish Library at Maria Regina after the daily and weekend Masses. Books and DVDs will still be reviewed in the Bulletin.

If you have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman

We Pray for

Recently Deceased

Romeo Zanze
Jill Bolliger

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.
May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

Deceased Anniversary

Nick Hogarth
John Lhuede
Michael Lhuede
Souls of the faithful departed
Jure & Marta Brekolo
Zorka Panic
Bernadette Biggs
Lionel Doutré

Prayers for the Sick

Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moir Howie
Carol Brennan
Jomar
Christine Hills
Donald McRae
Sara Zofrea
Beryl Peo-Duncan
Joe Romeo
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Eva Hyland

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

Watch the daily Mass on Demand at
<https://www.youtube.com/user/cathnews>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are

Parish Roster for August is on our website.
<https://www.bbcatholic.org.au/pittwater/news-events/rosters>

Vinnies

Vinnies is proud to announce the launch of the Mini Vinnies Formation Program (MVFP) for students in Years 4 – 6, who wish to undertake Social Justice Formation in their own time. For more information please go to <https://bit.ly/MVFPinfo> Please go to the following link for Vinnies Metropolitan Schools July 2020 Newsletter: <https://bit.ly/VinniesMetroSchoolsNewsletter2020Term3>



"TINNIES FOR VINNIES"

Thank you to our generous parishioners for their past donations to 'Tinnies for Vinnies'. Unfortunately, our stockpile is close to being depleted, and would appreciate your help in making a difference to the lives of our clients in Avalon conference.

Sue Bowra

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

from Our Schools



Mater Maria Catholic College

We had our college photos last Friday, and although we couldn't have our usual Year Group photos due to COVID-19, we were so pleased with how well our students dressed and conducted themselves throughout the day.

It is wonderful for the college community that sport has resumed. Both Basketball and the Water Polo Competitions recommenced this term. Two of our Year 12 students have just submitted their final reports for their HSC Science Extension Course. They're the first students to undertake the course at our College. Leah Brown's project "Comparison of Fluorescence in situ Hybridisation (FISH) and immunohistochemistry (IHC) Testing for ALK Rearrangements in Lung Adenocarcinoma" and Tara Lindfield's project on "Aboriginal Bush medicines to inhibit bacterial growth". An amazing challenge for our two students.

Some of our other news and events can be found here: www.matermaria.nsw.edu.au/news-events/

PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin.

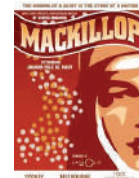
Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile.

If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



DVD REVIEW

St. Mary of the Cross MacKillop



We recognise this great Australian woman as one of our own. She is our first Australian saint and was canonised in Rome on 17th October 2010.

If you are experiencing Domestic Violence.

Ring 1800 RESPECT
1800 737 732

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The Catholic Parish of Pittwater





The Catholic Parish of Pittwater

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Planned Giving Direct Debit Agreement Form for Contributions Via Credit Card

☐ I am an existing Planned Giving contributor

☐ I am new to Planned Giving

Or Donate at
www.pittwater-parish.org
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Giving Tile

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Payment Agreement

<input type="checkbox"/> Weekly	<input type="checkbox"/> Fortnightly	<input type="checkbox"/> Monthly
Debit Amount:	\$	<input checked="" type="checkbox"/> Until Further Notice

Debit from Credit Card

Card Number:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Card Holder Name:					<input type="checkbox"/> Visa				<input type="checkbox"/> Mastercard						
Expiry Date:					/				CCV:				<input type="text"/>		

This authorisation is to remain in force until notice is received in writing for it to be changed.

Signatory of Nominated Account:		Date:	/	/
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Thank you for supporting our planned giving programme.

Please return the completed form to the parish office or email to office@pittwaterparish.org

Terms and Conditions

I/We hereby authorise The Catholic Parish of Pittwater to debit my/our credit card account. Monthly debits occur on the 15th day of each month or the next business day. Weekly and fortnightly debits occur on the Monday of each week or fortnight accordingly. The administration of this agreement is conducted by The Catholic Parish of Pittwater. The Catholic Parish of Pittwater will not change the amount or frequency of drawing arrangements without my prior approval. It is my responsibility to ensure that I/We have sufficient clear funds in our nominated account to enable the direct debit to be honoured by our financial institution. If the Debit request falls on a weekend or public holiday, it will be processed on the next working day. I/We are advised to verify account details against a recent bank statement and if uncertain to contact our financial institution or The Catholic Parish of Pittwater. If our Direct Debit is dishonoured or returned by our financial institution, for any reason, The Catholic Parish of Pittwater reserves the right to re-present the Direct Debit for processing again on the next business day. The Catholic Parish of Pittwater will keep the information about our nominated account at the financial institution private and confidential unless this information is required to investigate a claim made in relation to an alleged incorrect or wrongful debt, or otherwise required by law. I/We may stop, cancel, alter or defer your Direct Debit Request at any time, by contacting The Catholic Parish of Pittwater I/we agree to notify The Catholic Parish of Pittwater if the account is closed.

PARISH DIRECTORY

Pittwater Parish
1 Keenan Street Mona Vale NSW 2103
Tel 9157 0999
www.pittwaterparish.org

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pp@pittwaterparish.org

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ap@pittwaterparish.org

Bishop - Emeritus
Bishop Bernard O'Grady op
Tel 9918 0372

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Administrative Assistant
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Youth Director
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music@pittwaterparish.org

Music Director
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Media & Communication
Laura Ee
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Program
Suzy Caruso
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours
Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

Mona Vale
Sacred Heart School
Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon
Maria Regina School
Tel 9918 2608
Principal: Mrs Kathy Gee

Warriewood
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

INVITATION

TO NON-CATHOLICS AS WELL AS CATHOLICS

We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA programme of our Parish in Pittwater starting on Wednesday, September 4, 2020.

If Jesus asked us as he queried Peter and his disciples "Who do people say the Son of Man is?", what would our answer be??

Our RCIA team (RCIA stands for 'Rite of Christian Initiation of Adults') would love to share our answers with you based on our faith tradition and our personal experience.

In 24 informal evening sessions we discuss some of life's deeper questions:

- What does it mean to be Catholic today?
- What can the Bible and the Church tell us in this day and age?
- What do we really believe, really?

In the past few years close to 60 people have joined us and given us numerous enthusiastic responses. Many participants testify to this every year by becoming full or renewed members of our Church at Easter.

Why not you?

In view of the ongoing COVID restrictions would you please register at our Parish Office (02 9157 0999) before September 3 and join us on Wednesday, September 4, at 7.30pm (for 90 mins) in our Parish Centre at Mona Vale Sacred Heart Church.

Everybody is welcome!

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

22 Aug The Queenship of Mary : Maria Regina Church is under this title.



One of the most beautiful and universal titles of the Blessed Virgin Mary is her title as Queen, honoured on the August 22nd feast of the Queenship of Mary, the octave day of the feast of her Assumption.

8 Aug St Mary of the Cross



WOMAN of FAITH and COURAGE

Please note for Mary MacKillop's Feast day on Saturday 8 August 2020, the Mary MacKillop Memorial Chapel will be closed.

There will be a live stream of Mass
<https://www.marymackillopplace.org.au>
from the Chapel.

Limited Opening Time for Private Prayer
The Chapel is open Monday to Friday from 9.00am – 1.00pm.

Save the Date

Saturday
15

The Feast of
the Assumption of the
Blessed Virgin Mary
(Holy Day of Obligation)
Saturday 15 August



Mass Times
SACRED HEART CHURCH
Friday 14 August 7.00pm
(Vigil)

Saturday 15 August 10am

MARIA REGINA CHURCH
Saturday 15 August 10am

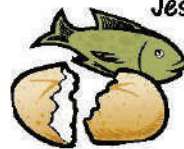
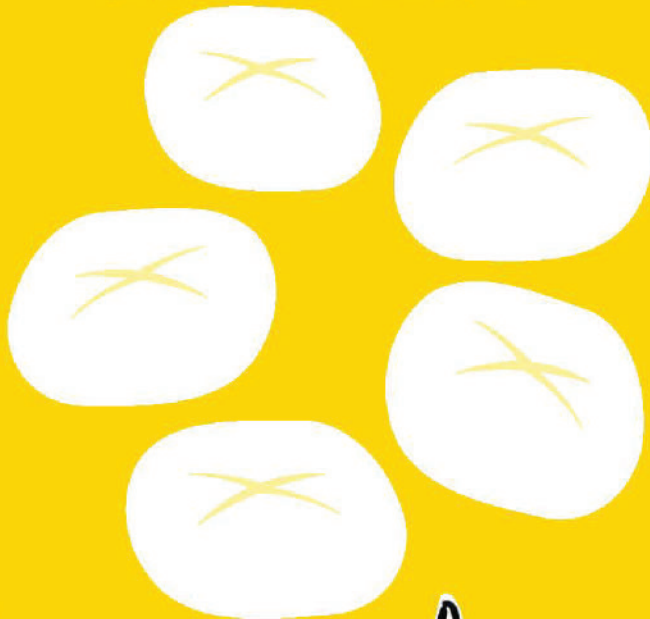
The Australian Catholic Bishops' Conference has decided that, in addition to all the Sundays in the year, the only feast days to be observed in Australia as holy days of obligation are the solemnities of the Nativity of Our Lord Jesus Christ and the Assumption of the Blessed Virgin Mary.



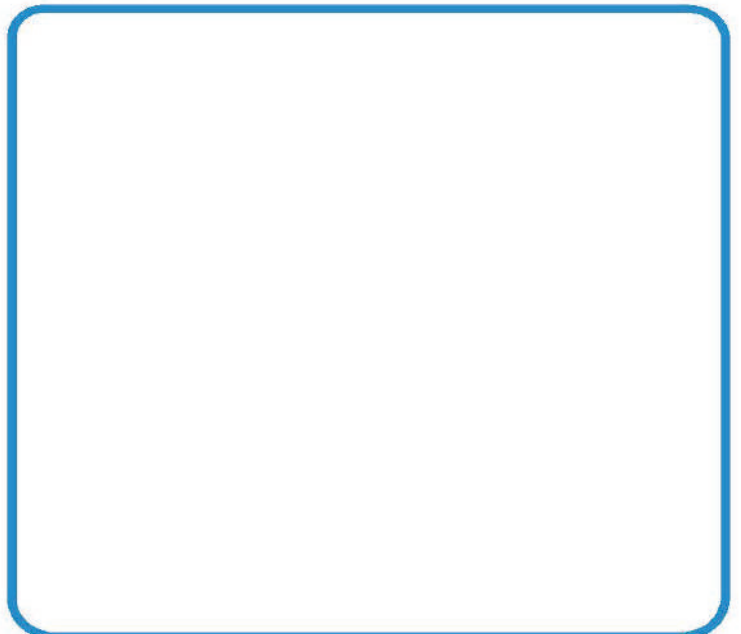
Everyone had plenty to eat

18th Sunday in Ordinary Time, Year A

Jesus fed the crowd of more than 5,000 people because they were hungry and needed food. In each loaf write down something else that people need and are "hungry" for.



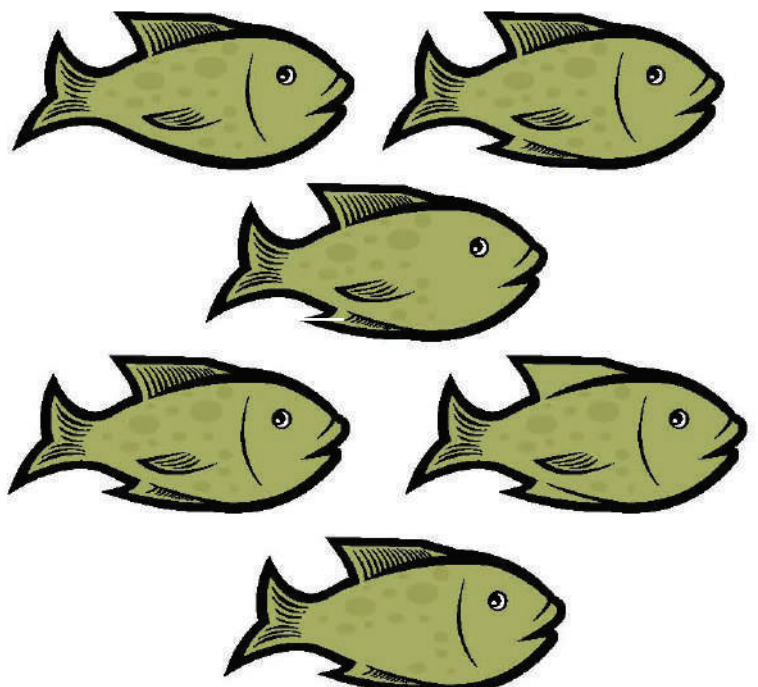
Jesus asked his disciples to help feed the hungry people. Likewise, Jesus wants us to share what we have with people in need. Draw a picture of yourself sharing with others.



LOAVES AND FISH

How many words can you make from the letters in LOAVES AND FISH?

Jesus managed to feed thousands of people with just five loaves of bread and two fish. Can you find two of the fish which are the same?



The *Living* Word

Entrance Antiphon

Ps 69:2,6

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

First Reading

Is 55:1-3

A reading from the prophet Isaiah
Hasten and eat.

Thus says the Lord:

Oh, come to the water all you who are thirsty;
though you have no money, come!
Buy corn without money, and eat,
and, at no cost, wine and milk.
Why spend money on what is not bread,
your wages on what fails to satisfy?
Listen, listen to me and you will have good things to eat
and rich food to enjoy.
Pay attention, come to me;
listen, and your soul will live.
With you I will make an everlasting covenant
out of the favours promised to David.

The word of the Lord

Responsorial Psalm

Ps 144:8-9, 15-18, R. v.16

**(R.) The hand of the Lord feeds us:
he answers all our needs.**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R.)**

The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live. **(R.)**

The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him,
call on him from their hearts. **(R.)**

Second Reading

Rom 8:35, 37-39

A reading from the letter of St Paul to the Romans

No creature can separate us from the love of God, which is in Christ.

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.
For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord.

The word of the Lord

Gospel Acclamation

Mt 4:4

Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth
Alleluia!

Gospel

Mt 14:13-21

A reading from the holy Gospel according to Matthew

They all ate and were satisfied.

When Jesus received the news of John the Baptist's death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food.' Jesus replied, 'There is no need for them to go: give them something to eat yourselves.' But they answered, 'All we have with us is five loaves and two fish.' 'Bring them here to me,' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves he handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining, twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

The Gospel of the Lord

Communion Antiphon

Wis 16:20

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

or

Jn 6:35

I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.

REFLECTION by Dianne Bergant CSA

Jesus nourishes us. In a world that is fraught with meaninglessness, he offers purpose; to a world that is stumbling in darkness and confusion, he provides direction. He satisfies the hungry heart; he enlivens the drooping spirit. Those who follow Jesus will never be left to languish in the desert. If we but open our eyes, we will be amazed at the bountifulness of the nourishment that is provided for us. We will discover that God is magnanimous, even prodigal in giving, that God's generosity exceeds all of our expectations and also our understanding.

Furthermore, we are nourished by God through the ministry of each other, through the simple things of life, (distributing bread and gathering up the fragments): visiting the sick and consoling the grieving; caring for a child and giving aid to an elder; bagging groceries and directing a choir. If we but open our eyes, we will be astounded at how ordinary actions can satisfy our hunger and the hunger of others.

Most amazing of all is that this nourishment is given freely; there was no thought of requiring payment. God simply invites: Come! All we have to do is reach out

our hands to receive and we will never be sent away to find nourishment for ourselves. We will discover that a bond is established that endures. Jesus is filled with compassion, a compassion that is not a fleeting emotion, but an enduring attitude. Nothing can separate us from the love of Christ.

To read the messages from Bishop Anthony, please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

As we move towards living COVIDSafe, it is important that you **stay at home if you feel unwell**. If you have cold or flu like symptoms, such as a fever, cough, sore throat, runny nose or shortness of breath, you should seek medical advice and get tested for COVID-19. You should get tested even if your symptoms are mild.

Continue to practise good hygiene.

Please use the hand sanitisers provided, in both of our Churches.

Everyone must also stay 1.5 metres away from other people whenever possible.

If you have been overseas or interstate in the last 14 days, or have been in contact with a confirmed case of Covid 19 in the last 14 days, as much as we would like you to be with us here in Church, we appreciate your prayers more than your presence in this situation.

We will continue to record names and contact details of those present at services along with the date and time they attend.



Broken Bay News and Catholic Weekly is available at the back of both Churches.



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Liturgy for the Week

03/08 **Monday St Dominic, priest**
Jjer 28:1-17; Mt 14:22-36
(Alt. 1 Cor 2:1-10; Lk 9:57-62)

04/08 **Tuesday St John Vianney, priest**
Jer 30:1-2, 12-15, 18-22;
Mt 15:1-2, 10-14
(Alt. Ezek 3:16-21; Mt 9:35-10:1)

05/08 **Wednesday Ordinary Time 18**
Jer 31:1-7; Mt 15:21-28

06/08 **Thursday The Transfiguration of the Lord**
Dan 7:9-10, 13-14 or
2 Pet 1:16-19; Mt 17:1-9

07/08 **Friday Ordinary Time 18**
Nahum 2:1, 3, 3:1-3, 6-7;
Mt 16:24-28

08/08 **Saturday St MARY OF THE CROSS, virgin**
1 Kg 17:8-16; Col 3:12-17;
Mt 6:25-34



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Our team live, work and play on the Beaches. We understand the local community and are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own with a prepaid funeral, we're here to help.

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