



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Thoughts of Fr Francis Jordan

We must diligently and wisely use all ways and means which the love of Christ inspires to glorify God.

*You too must be ready, because
the Son of Man is coming
at an hour you do not expect.
(Lk 12:35)*



St Mary of the Cross Mackillop Prayer

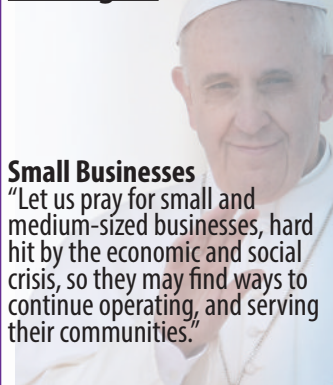
Ever generous God,
You inspired
St Mary of the Cross
Mackillop
to live her life faithful
to the Gospel of
Jesus Christ and
constant in bringing
hope and encouragement
to those who were
disheartened, lonely or
needy.

With confidence in Your
generous providence
and through the intercession
of St Mary of the Cross
Mackillop.

We ask that you grant our
request
(pause to include intercession)
We ask that our faith and hope
be fired afresh by the
Holy Spirit so that we too, like
Mary Mackillop, may live with
courage, trust and openness.

Ever generous God,
hear our prayer.
We ask this through
Jesus Christ. Amen.

Pope Francis' Prayer Intentions For August



Small Businesses

"Let us pray for small and medium-sized businesses, hard hit by the economic and social crisis, so they may find ways to continue operating, and serving their communities."

A warm welcome to
all our parishioners
and visitors who are
celebrating the
Eucharist
with us at
Pittwater Parish
-Sacred Heart Church
and
Maria Regina Church

Continue to practise good
hygiene. *Please use the
hand sanitisers provided
in both of our Churches.*

If you have used this
bulletin, please take it
home with you.



MASS TIMES

SACRED HEART CHURCH 1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 8.30am

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation
and Benediction from 8am,
followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation
and Benediction from
7.30pm to 9pm

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation
and Benediction from 9.30am,
followed by Mass

with Anointing of the Sick
at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •
6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction
at 9.45am
Friday 8am

Mass with Anointing of the
Sick - First Friday of the
Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

We Pray for Deceased Anniversary *Lionel Doutre* *Milagros Macarayan*

Recently Deceased

Emidio Cafini

Helen McKillop

John Cox

Candy Ocampo

Catherine Kinzy

Bob Stokes

If you would like the names of your relatives
or friends and offerings included, please
drop the envelope in to the Parish Office by

Prayers for the Sick

Franciszek Smigowski

Anna Smigowska

Angela Bowen

M. Miller

Annette Davis

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Vicky Kalingasan

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Susan Makabenta

Mina Lee

Denise Wagner

Ron

Leonie Ariemetto

John Graham

Liturgy for the Week

08/08 Monday, St Mary of the Cross
1 Kg 17:8-16; Mt 6:25-34

09/08 Tuesday Ordinary Time 19
Ezek 2:8-3:4; Mt 18:1-5, 10,
12-14

10/08 Wednesday, St Lawrence
2 Cor 9:6-10; Jn 12:24-26

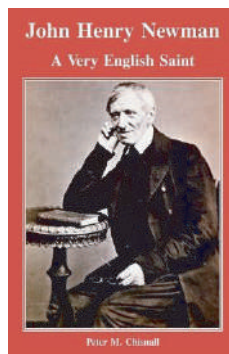
11/08 Thursday, St Clare
Ezek 12:1-12; Mt 18:21-19:1

12/08 Friday Ordinary Time 19
Ezek 16:1-15, 60, 63;
Mt 19:13-12

13/08 Saturday Ordinary Time 19
Ezek 18:1-10, 13, 30-32;
Mt 19:13-15

BOOK REVIEW

A Very English Saint by Peter M. Chisnall



*Originally, as a member of the Church
of England, Cardinal Newman sought
to reinvigorate it, but later he decided
to become a Catholic and all his work
to reinvigorate it made him the saint
he is today.*



Have a chat
and share a
cuppa with
an older
person
in your
community
one hour a
fortnight



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GIVING

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financial contributions and your
generous donations throughout
the year are greatly appreciated.

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Caritas Australia is currently raising
funds to support communities
impacted by the conflict in Ukraine.
Visit: caritas.org.au/donate/emergency-appeals/ukraine/ or call: 1800
024 413 toll free to provide much
needed support.

 **Caritas**
AUSTRALIA

The Feast of St Mary Mackillop



I was lucky enough to be in Rome in 2010 when Mary Mackillop was canonised. It was October, and St Peter's Square was full of Australian accents and excited pilgrims who had made their way to the celebration of Australia's first Saint. There were six new saints added to the Church on that day.

The embrace of the colonnades surrounding the Basilica, formed a community of the faithful who arrived patiently from early morning, to take their place on the historic occasion. Part of the ceremony included telling the story of each of those who were to be canonised. The well-known story of the working-class girl from Fitzroy was told. She had a passion for education and a heart for the poor. She looked after her own siblings in Melbourne before moving to Penola and founding the first Australian religious order. Her story was heralded from the Piazza of St Peter's Basilica, with her image adorning the façade. Each of the new saints was added to the litany. We all prayed, that through their intercession the Lord would visit his people and more would witness to the presence of God and the coming of the kingdom of justice and peace. The communion of saints is never more real than at a ceremony of canonisation.

The next day the hundreds of Australians who were in Rome made their way to the Basilica of St Paul's Outside the Walls to celebrate a Mass of Thanksgiving in honour of the new saint. St Paul's also has deep connections with Australia. It was at this Basilica that Father Salvado, a Benedictine monk and the founder of the New Norcia Monastery in Western Australia, had brought two Aboriginal boys in 1849. This was to be the beginning of a dream that Indigenous Australians would take up the missionary task of bringing Christ to the great south land of the Holy Spirit. Both of the young men, who had been enthusiastic for the journey, fell ill and eventually died. One of them is buried at St Paul's. A fuller version of their story was told by religious affairs journalist Barney Zwarts, at the time of Mary Mackillop's canonisation.

The Mass of Thanksgiving, on the day after the canonisation of Mary of the Cross, was celebrated with the inclusion of Aboriginal and Torres Strait Islander Australian Catholics. Members of the Aboriginal Community ceremoniously danced the gifts of bread and wine to the altar.

The late Aboriginal Deacon Boniface Perdijert, from the Northern Territory, assisted at the Mass. And after the Mass, a group of Aboriginal Catholics prayed and sang over the burial place of the young Francis Xavier Conaci, the young Aboriginal man who had accompanied Father Salvado to Rome. I can remember standing with Vicki Clark from the Aboriginal Catholic Ministry and learning of this incredible history.

Mary Mackillop united Australia on those days in Rome. She brought together Catholics with all people of good will. She allowed us to experience the participation and inclusion of Aboriginal and Torres Strait Islander voices in our church and liturgy and she opened our eyes to a part of our history many did not know.

This Monday we celebrate the Solemnity of St Mary of the Cross. I am grateful that I was able to witness those days in Rome during her canonisation. I hope that our whole church can be inspired by her practical spirituality, 'never see a need without doing something about it'. And I hope that through her intercession the hope expressed by St John Paul II in Alice Springs in 1986 can come about: "You are part of Australia and Australia is part of you. And the Church herself in Australia will not be fully the Church that Jesus wants her to be until you have made your contribution to her life and until that contribution has been joyfully received by others."

By Fr Brendan Reed

INVITATION

TO ALL CATHOLICS AND NON-CATHOLICS

We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA Programme of our Parish in Pittwater starting 5 September 2022, Monday

If Jesus asked us as He queried Peter and His disciples "Who do people say the Son of Man is?", what would our answer be??

Our RCIA team (RCIA stands for 'Rite of Christian Initiation of Adults') would love to share our answers with you based on our faith tradition and our personal experience. In 24 informal evening sessions we discuss some of life's deeper questions:

- * What does it mean to be a Catholic today?**
- * What can the Bible and the Church tell us in this day and age?**
- * What do we really believe, really?**

In the past few years close to 60 people have joined us and given us numerous enthusiastic responses. Many participants testify to this every year by becoming full or renewed members of our Church at Easter.

WHY NOT YOU?

Please register at our Parish Office (91570999) before Friday, 31 August 2022, and join us on Monday, 5 September 2022 at 7 pm (for 90 minutes) in our Parish Centre at Sacred Heart Church, Mona Vale.

EVERYBODY IS WELCOME!

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours
Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE
Sacred Heart School
Tel 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIEWOOD
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher



Parish Bulletin – Term 3, Week 3

We wish our Year 12 students all the best for their upcoming exams this week. We are keeping our senior students and their families in our prayers as they continue to prepare for their Year 12 Trial HSC Examinations.

On Wednesday, Batyr visited our Year 9 students. Young, relatable speakers engaged the students with their stories of hope, resilience and courage in their experiences with mental ill-health. Trained facilitators educate students on the support networks and services available to them and empower students to reach out for help when needed.

Our top performing mathematics students participated in the Australian Mathematics Competition this week. This engaging problem-solving competition demonstrated to our students the importance and relevance of mathematics in students' everyday lives. We look forward to the discussion that will follow in our classrooms about the questions they faced and to receiving their results.

Many sporting opportunities took place this week with our junior boys and girls attending Rugby League Gala Days on Tuesday. The Peninsula Cup Boys Rugby Union and Girls Soccer games, plus several MWBA Basketball competitions continue throughout this term.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.



Stella Maris College Application for Enrolment

To align our enrolment timeframe more closely with other independent Catholic secondary schools, Stella Maris College has brought forward the enrolment process for incoming Year 7 students. As such, applications and enrolment interviews will now take place in Term 3 (three years prior to when students are in Year 4) rather than in Term 1 (two years prior to commencement when students are in Year 5).

Applications for Year 7 2025 (current Year 4 students) close on Friday 5 August 2022 with enrolment interviews scheduled between 10 – 16 September 2022. For further information, please visit: <https://stellamaris.nsw.edu.au/year-7-2025-enrolment-applications-now-open/>

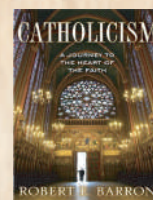


The Feast of the Assumption of the Blessed Virgin Mary (Holy Day of Obligation) Monday, 15 August

Maria Regina Church
Avalon
8:00 am
and
11:30 am
with Maria Regina School

Sacred Heart Church
Mona Vale
9:30 am
with Sacred Heart School
and
7:00 pm

NEW BOOK COURSE “Catholicism” by: Bishop Robert Barron



A full set of the videos are also available in the Maria Regina Parish Library for individuals to borrow.

Please Contact
Trish Newman 0401 613 643.



Always be ready and keep
your lamps burning



19th Sunday In Ordinary Time, Year C

Below are some things we can do that will help us to always be ready for Jesus.

PRAY

What are some things we can pray for?

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Write a prayer about
one of them.

Dear God,

. Amen.

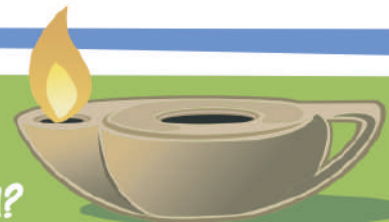
CARE FOR OTHERS

Draw a picture of yourself caring
for someone you know

--

ASK FOR FORGIVENESS

When do we need to say "I'm sorry" to others or God?



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The *Living* Word

Entrance Antiphon Cf. Ps 73:20,19,22,23

Look to your covenant, O Lord,
and forget not the life of your poor ones
for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek
you.

First Reading Wis 18:6-9

A reading from the book of Wisdom
*Just as you struck our enemies, you made
us glorious by calling us to you.*

That night had been foretold to our
ancestors,
so that,
once they saw what kind of oaths they
had put their trust in,
they would joyfully take courage.
This was the expectation of your people,
the saving of the virtuous and the ruin of
their enemies;
for by the same act with which you took
vengeance on our foes
you made us glorious by calling us to
you.
The devout children of worthy men
offered sacrifice in secret
and this divine pact they struck with one
accord:
that the saints would share the same
blessings and dangers alike;
and forthwith they had begun to chant the
hymns of the fathers.

The word of the Lord

Responsorial Psalm Ps 32:1. 12. 18-20. 22.
R. v.12

**(R.)Happy the people the Lord has
chosen to be his own.**

Ring out your joy to the Lord, O you just;
for praise is fitting for loyal hearts.
They are happy, whose God is the Lord,
the people he has chosen as his own.**(R)**

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine. **(R)**

Our soul is waiting for the Lord.
The Lord is our help and our shield.
May your love be upon us, O Lord,
as we place all our hope in you.**(R)**

Second Reading Heb 11:1-2, 8-12

**A reading from the letter to the
Hebrews**
*We will look for the city designed and
built by God.*

Only faith can guarantee the blessings
that we hope for, or prove the existence
of the realities that at present remain
unseen. It was for faith that our ancestors
were commended.
It was by faith that Abraham obeyed the
call to set out for a country that was the
inheritance given to him and his

descendants, and that he set out without
knowing where he was going. By faith he
arrived, as a foreigner, in the Promised
Land, and lived there as if in a strange
country, with Isaac and Jacob, who were
heirs with him of the same promise. They
lived there in tents while he looked
forward to a city founded, designed and
built by God.

It was equally by faith that Sarah, in spite
of being past the age, was made able to
conceive, because she believed that he
who had made the promise would be
faithful to it. Because of this, there came
from one man, and one who was already
as good as dead himself, more
descendants than could be counted, as
many as the stars of heaven or the grains
of sand on the seashore.

The word of the Lord

Gospel Acclamation Mt 24:42. 44

Alleluia, alleluia!

Be watchful and ready:
You know not when the Son of Man is
coming.

Alleluia!

Gospel Lk 12:35-40

**A reading from the holy Gospel
according to Luke**
See that you are prepared.

Jesus said to his disciples: 'See that you
are dressed for action and have your
lamps lit. Be like men waiting for their
master to return from the wedding feast,
ready to open the door as soon as he
comes and knocks. Happy those servants
whom the master finds awake when he
comes. I tell you solemnly, he will put on
an apron, sit them down at table and wait
on them. It may be in the second watch
he comes, or in the third, but happy those
servants if he finds them ready. You may
be quite sure of this, that if the
householder had known at what hour the
burglar would come, he would not have
let anyone break through the wall of his
house. You too must stand ready, because
the Son of Man is coming at an hour you
do not expect.'

The Gospel of the Lord

Communion Antiphon Cf. Jn 6:51

The bread that I will give, says the Lord,
is my flesh for the life of the world.

REFLECTION
by Dianne Bergant CSA

*In the middle of Ordinary Time we
discover a theme normally associated
with the end of the liturgical year and the*

*season of Advent – vigilance in
anticipation of the return of the master.
This vigilance demands that we live lives
of faith. We do not know when God will
open the door of our existence and call us
into a deeper realisation of the sacred
dimension of life itself. Vigilance is a
characteristic of a Christian at all times,
for all times. We must be ever vigilant.
While we live in the expectation of the
coming of God in the future, we also live
now in the presence of God. This means
that God is present with us now, as a
companion in our lives. It also means
that this presence is the context within
which our lives unfold. However, until all
things are brought to fulfilment, we live
in this presence by faith. Faith and hope
are intimately joined. As believers we are
called to trust in the promises of God,
even when what is promised seems
impossible.*

*We are assured that we will be blessed,
but we can never be sure of the exact
nature of the blessing. In faith, we put
our trust in God and then carry out our
responsibilities. In faith we wait for the
Lord, who is our help and our shield, not
really knowing under what guise he will
come to us. Faith is both the cost of living
as a disciple and the reward.*

© Dianne Bergant CSA

**Calling for New
Volunteers**
(for our Weekend Masses)
We are in need of
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Readers, Junior Altar Servers
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St Mary of the Cross Mackillop Prayer

Ever generous God,
You inspired
St Mary of the Cross
Mackillop
to live her life faithful
to the Gospel of
Jesus Christ and
constant in bringing
hope and encouragement
to those who were
disheartened, lonely or
needy.

With confidence in Your
generous providence
and through the intercession
of St Mary of the Cross
Mackillop.

We ask that you grant our
request

(pause to include intercession)

We ask that our faith and hope
be fired afresh by the
Holy Spirit so that we too, like
Mary Mackillop, may live with
courage, trust and openness.

Ever generous God,
hear our prayer.

We ask this through
Jesus Christ. Amen.

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