



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## *In this Challenging Time*

Lord Jesus Christ, our true physician and healer, be merciful to us and bring us your aid in these troubled times. Heal all our sickness and every affliction of your people.

Drive out our infirmities of soul and body; free us from all disease and especially from this pestilence.

We place in your gentle heart the elderly, the frail, people with disability, children, young people and families, our indigenous peoples, those who are poor, lonely and isolated.

As you walk with us, free them from fear, and give them patience and hope together with our loving care.

In your mercy deal also with the causes of our pitiful condition, that in curing our lack of faith and spiritual weakness, you may also remedy our bodily ills.

We place our trust in you, the risen Lord, who lives and reigns for ever and ever. Amen.



## Thoughts of Fr Francis Jordan

Hope comes from faith! We must have great faith, and without great faith we cannot have hope or confidence in God, or hope in the Lord!



## Pope Francis' Prayer Intentions For August



### **The Maritime World**

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

**If you have used this bulletin, please take it home with you.**

A warm welcome to our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon

**Bishop Anthony Randazzo, Bishop of Broken Bay, will be celebrating Mass at Sacred Heart Church, Mona Vale on Sunday 16 August 2020 at 10am.**

## trybooking

To ensure that we fulfil the requirements of the 80 (Mona Vale) and 100 (Avalon) people limit, we would like you to use the Trybooking website to book for our **weekend Masses**.

There is no need to book for the weekday Masses.

The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions.

### Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

### LIBRARY

Now that the restrictions have been lifted concerning the opening of churches, although at present only 100 people, we can access the Library. You are very welcome to browse the vast assortment of books and DVDs in the Parish Library at Maria Regina after the daily and weekend Masses. Books and DVDs will still be reviewed in the Bulletin.

If you have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman

## We Pray for

### Recently Deceased

Romeo Zanze  
Jill Bolliger

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

**Eternal Rest Grant Unto Them  
O Lord, And Let Perpetual Light  
Shine Upon Them.  
May they Rest in Peace. Amen.  
May Their Souls And The Souls  
Of The Faithful Departed,  
Through The Mercy Of God,  
Rest In Peace. Amen.**

### Deceased Anniversary

**Matthew Seve  
Souls of the faithful departed  
Jure & Marta Brekolo  
Zorka Panic  
Bernadette Biggs  
Joseph Renko  
Michael O'Grady**

### Prayers for the Sick

Bill Eyre  
Manny Zarb  
Philip Maddrell  
Gail Reiher  
Imelda Vince  
Eric Domagas  
Vicky Villaluz  
Ben Castillo  
Moir Howie  
Carol Brennan  
Jomar  
Christine Hills  
Donald McRae  
Sara Zofrea  
Beryl Peo-Duncan  
Joe Romeo  
John Andrew Graham  
John Charles Graham  
Michael Carrodus  
Pat Regan  
Robyn Sheather  
Eva Hyland

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

**Watch the daily Mass on  
Demand at  
<https://www.youtube.com/user/cathnews>**

**We hope that this will help the faithful to celebrate the Holy Mass online wherever you are**

**Parish Roster for August is on our website.  
<https://www.bbcatholic.org.au/pittwater/news-events/rosters>**

## from Our Schools



**Mater Maria  
Catholic College**

It has been a busy time at the College.

Year 12 Music recently participated in an HSC Masterclass. This is an annual event by the Music Department in preparation for their trial practical exam. They rehearsed with piano accompanist Lindsay Gilroy to learn more about performance presentation and are now busily preparing for their four pieces for this week's exam. The college is very proud of their progress this year.

Our Year 8 Amiel 1 Class has just raised \$761.24 for Project Compassion. Mater Maria participates in the Project Compassion Appeal which is held annually during Lent. Our students initially donated their own money, then held a cake stall and finally sold chocolates to raise money for Caritas 2020. The money raised will be sent overseas to developing countries. We are blessed to have such caring students at our College.

The Premier's Reading Challenge is designed to encourage students to develop a love of reading for leisure and pleasure and we are thrilled that so many of our College students are participating in the challenge. Due to COVID-19, students have been able to log more personal choice books than usual. The challenge is now drawing to a close with just under a month to go and we are looking forward to handing out Certificates later in the year. We also have many students completing the Benedict Junior and Senior Reading Challenges which close at the end of Term 3.

The Service section of the Duke of Edinburgh Award encourages young people to volunteer their time to and understand the benefits of this service to their community. Two of our Bronze students, Cruz Hudson and Hamish Wares, have been serving the College community in their own time, helping our maintenance team keep our school grounds beautiful. They have painted lines on the oval, picked up rubbish and cleaned the bins, put up the flags, removed the fruit stickers from tables and chairs, polished the Marana floor and sanded the wall in the carpark. We are so proud of these students for taking such pride in our College and making it a pleasant place to be.

And finally, with Basketball and Water Polo commencing last week, we are so pleased that both the Rugby and Soccer Competitions have begun this week.

Some of our other news and events can be found here: [www.matermaria.nsw.edu.au/news-events/](http://www.matermaria.nsw.edu.au/news-events/)

## PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin.

**Or donations can be made on our website:  
[www.pittwaterparish.org](http://www.pittwaterparish.org)  
through the donations and giving tile.**

If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



## BOOK REVIEW

**SILENCE  
By Shusaku Endo**



The story of a Portuguese priest in Japan at the height of the fearful persecution of a small, newly imported Christian community and the conflict with native Buddhism.

**To read the messages from Bishop Anthony, please go to  
[www.pittwaterparish.org](http://www.pittwaterparish.org).  
News and events tile and Messages from Bishop Anthony on the drop down menu.**

## Music Changes During Mass

Due to the ongoing spread of COVID-19 in Australia, you will notice some music changes being implemented for the time being. These will reduce the risk of any transmission occurring in our churches, while also enabling us to maintain music as an important part of the liturgy. Choirs in both churches and the use of woodwind instruments have already been suspended, and further measures include having fewer musicians leading the hymns and the parts of the mass (such as the Gloria), will be said.





## Pope appoints new Bishop to the Diocese of Port Pirie, Australia

On Saturday 1st August, Pope Francis appointed Fr Karol Kulczycki SDS, the former head of the Salvatorians in Australia, as the new bishop of the Diocese of Port Pirie in regional South Australia.



Fr Kulczycki was born in Poland in 1966, ordained to the priesthood in Trzebinia in 1994 and is currently based in Poland. He spent 21 years serving the Church in Western Australia, including in parish ministry, as vocations director and as a college chaplain.

In February 2018, while still serving in Australia, Fr Kulczycki SDS was elected vice-provincial of the Polish province of the Society of the Divine Saviour – widely known as the Salvatorians. Two-and-a-half years on, Pope Francis has appointed him Bishop of Port Pirie.

"Just a few weeks ago I had an interview for our Salvatorian newsletter and was asked how and where I see myself in 10 or 20 years. I replied that I would be where God sent me. I did not expect that God would act so quickly in my life," Fr Kulczycki said.

"God is working in mysterious ways in my life. Firstly, calling me unexpectedly to religious and priestly life; secondly, directing my heart to serve him in Australia and now serving him and his people in Port Pirie Diocese."

Fr Kulczycki will become the 12th Bishop of Port Pirie – including the bishops who led what was from 1887 until 1951 the Diocese of Port Augusta.

He succeeds Bishop Greg O'Kelly SJ, who has been Bishop of Port Pirie since 2009. Bishop O'Kelly also served as apostolic administrator of the Archdiocese of Adelaide for almost two years.

"The Diocese welcomes Bishop-Elect Karol with open arms," Bishop O'Kelly said.

"We note his pastoral experience in country ministries, especially in Geraldton. Our people and clergy are loyal and committed, and all look forward to receiving Bishop-Elect Karol as our new chief pastor."

Port Pirie Diocese, stretching from Uluru to Port Lincoln and from the West Australian border to the River Murray, is one of Australia's largest dioceses. It is three times larger than Poland, by area.

"Serving in different ministries and places in Western Australia gave me a bit of understanding of the beauty and vastness of the Australian land. I love the Australian Outback. Of course, it will take a bit of time for me to know the land, people, parishes, schools and other ministries," Fr Kulczycki said.

"Trusting God, I ask for his blessing upon all people of the Port Pirie Diocese. I would humbly ask priests, religious and laity to pray for me and for each other, as I am praying for you."

Australian Catholic Bishops Conference president Archbishop Mark Coleridge said Fr Kulczycki clearly made a strong impression in his time in Australia.

"The bishops look forward to getting to know Bishop-Elect Karol and working with him at this time with all its complexities and challenges, especially in a vast rural diocese like Port Pirie," he said.

"He will clearly bring to the task all the gifts and experiences that have led to this appointment." It is not yet known when Fr Kulczycki will arrive in Australia, nor when he will be ordained bishop.

Congratulations Fr. Karol, his family, the confreres of the Polish Province. We wish him all the best and God's blessing for this important service for the Church.

## INVITATION

### TO NON-CATHOLICS AS WELL AS CATHOLICS

We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA programme of our Parish in Pittwater starting on Wednesday, September 4, 2020.

*If Jesus asked us as he queried Peter and his disciples "Who do people say the Son of Man is?" what would our answer be??*

Our RCIA team (RCIA stands for 'Rite of Christian Initiation of Adults') would love to share our answers with you based on our faith tradition and our personal experience.

In 24 informal evening sessions we discuss some of life's deeper questions:

- What does it mean to be Catholic today?
- What can the Bible and the Church tell us in this day and age?
- What do we really believe, really?

In the past few years close to 60 people have joined us and given us numerous enthusiastic responses. Many participants testify to this every year by becoming full or renewed members of our Church at Easter.

#### Why not you?

In view of the ongoing COVID restrictions would you please register at our Parish Office (02 9157 0999) before September 3 and join us on Wednesday, September 4, at 7.30pm (for 90 mins) in our Parish Centre at Mona Vale Sacred Heart Church.

Everybody is welcome!

**Parish Pastoral Council**  
**Matthew Hyland**  
matthyland100@yahoo.com.au

#### Pittwater Parish Ministries

**Catechists**  
Co-Directors  
Maureen Wooldridge - 9997 4694  
Veronica Thomas -  
veronicathomas2009@gmail.com

**Evangelisation Ministry**  
Erich Ott (Coordinator RCIA)  
0409 124 840  
Sr Margaret Collis - 9974 4116  
Sue Berg - 0419 991 781  
(Coordinators Adult Faith Education/  
Formation)

**Legion of Mary**  
Connie Robinson - Director  
0458 007 706

**Little Hearts Playgroup**  
Co-Directors-Marie Bockman -  
mbockman@hotmail.com  
Maureen Wooldridge - 9997 4694

**Media & Communication Ministry**  
Laura Ee - Director  
media@pittwaterparish.org

**Music Ministry**  
Josh Willard - Director  
9157 0999 ext 17

**Pastoral Care and  
Communion to the Sick Ministry**  
Co-Directors  
Denise Bottero - 9997 6904  
Marie Bockman -  
mbockman@hotmail.com

**Parish Library**  
Trish Newman - Director  
9918 3973

**Sacramental Program Ministry**  
Suzy Caruso  
9157 0999 ext 0  
sacraments@pittwaterparish.org

**Social Justice Ministry**  
Tamara Harding - Director  
0403 226 699  
www.facebook.com/pages/Pittwa-  
ter-Friends-Of-Soibada/162612300466694

**Youth Ministry**  
soul@pittwaterparish.org or  
Josh Willard (Soul Youth)  
music@pittwaterparish.org

*All our Ministries comply with Working With  
Children Check requirements*

*We acknowledge the lifelong trauma of abuse  
victims, survivors and their families, the failures of  
the Catholic Church to protect, believe and  
respond justly to children and vulnerable adults,  
and the consequent breach of community trust.*

## Saint Mary MacKillop's Story

If Saint Mary MacKillop were alive today, she would be a household name. It's not that she sought the limelight. On the contrary, she simply wanted to serve the poor wherever she found them in her native Australia. But along the way, she managed to arouse the ire of some rather powerful churchmen. One even excommunicated her for a time.



Born in Melbourne in 1842, to parents who had emigrated from Scotland, Mary grew up in a family that faced constant financial struggles. As a young woman she was drawn to religious life but could not find an existing order of Sisters that met her needs. In 1860, she met Father Julian Woods, who became her spiritual director. Together they founded a new community of women-the Sisters of St. Joseph of the Sacred Heart, also known as the Josephite Sisters. Its members were to staff schools especially for poor children, as well as orphanages, and do other works of charity.

As the congregation grew, so did Mary MacKillop's problems. Her priest-friend proved unreliable in many ways and his responsibilities for direction of the Sisters were removed. Meanwhile, Mary had the support of some local bishops as she and her Sisters went about their work. But the bishop in South Australia, aging and relying on others for advice, briefly excommunicated Mary-charging her with disobedience-and dispensed 50 of her Sisters from their vows. In truth, the bishop's quarrel was about power and who had authority over whom. He ultimately rescinded his order of excommunication.

Mary insisted that her congregation should be governed by an elected mother general answerable to Rome, not to the local bishop. There also were disputes about whether or not the congregation could own property. In the end, Rome proved to be Mary's best source of support. After a long wait official approval of the congregation-and how it was to be governed-came from Pope Leo XIII.

Despite her struggles with Church authorities, Mary MacKillop and her Sisters were able to offer social services that few, if any, government agencies in Australia could. They served Protestants and Catholics alike. They worked among the Aborigines. They taught in schools and orphanages and served unmarried mothers.

Money, actually the lack of it, was a constant worry. But the Sisters who begged from door to door, were bolstered by faith and by the conviction that their struggles were opportunities to grow closer to God.

By the time Mary was approaching the end of her life, the congregation was thriving. She died in 1909 at the age of 67. Pope John Paul II beatified her in 1995. In 2010, when Pope Benedict XVI canonised her, she became Australia's first saint. **Her Liturgical Feast Day is August 8.**

## Save the Date

Saturday  
**15**

**The Feast of  
the Assumption of the Blessed  
Virgin Mary**  
(Holy Day of Obligation)  
**Saturday 15 August**



**Mass Times**  
**SACRED HEART CHURCH**  
**Friday 14 August 7.00pm (Vigil)**  
**Saturday 15 August 10am**

**MARIA REGINA CHURCH**  
**Saturday 15 August 10am**

The Australian Catholic Bishops' Conference has decided that, in addition to all the Sundays in the year, the only feast days to be observed in Australia as holy days of obligation are the solemnities of the Nativity of Our Lord Jesus Christ and the Assumption of the Blessed Virgin Mary.

**22 Aug The Queenship of Mary:**  
**Maria Regina Church is under this title.**



One of the most beautiful and universal titles of the Blessed Virgin Mary is her title as Queen, honoured on the August 22nd feast of the Queenship of Mary, the octave day of the feast of her Assumption.

## ST MARY MacKILLOP Prayer

Ever generous God,  
You inspired Saint Mary MacKillop to live her life faithful to the Gospel of Jesus Christ and constant in bringing hope and encouragement to those who were disheartened, lonely or needy. With confidence in your generous providence and through the intercession of Saint Mary MacKillop  
We ask that you grant our request .....  
We ask that our faith and hope be fired afresh by the Holy Spirit so that we too, like Mary MacKillop, may live with courage, trust and openness.  
Ever generous God hear our prayer.  
We ask this through Jesus Christ. Amen.





19th Sunday in Ordinary Time, Year A

Life is a bit like a boat out at sea - on some days life seems good and the sea is calm, but on other days there are storms that rock our boat and try to tip it over. Write or draw some of the things that make life tough for you on those stormy days?



We can have faith that Jesus will always be there to help us in difficult times. Write a prayer asking God to help you when things get tough.

*Dear Lord,*

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*Amen.*

Help Jesus find his way across the water and onto the boat.  
Be sure to pick up St Peter along the way!



# The *Living* Word

**Entrance Antiphon** Cf. Ps 73:20,19,22,32  
Look to your covenant, O Lord,  
and forget not the life of your poor ones for  
ever.  
Arise, O God, and defend your cause,  
and forget not the cries of those who seek  
you.

**First Reading** 1 Kgs 19:9,11-13  
**A reading from the first book of the Kings**  
*Go out and stand on the mountain before the  
Lord God.*

When Elijah reached Horeb, the mountain of  
God, he went into the cave and spent the night  
in it. Then he was told, 'Go out and stand on  
the mountain before the Lord.' Then the Lord  
himself went by. There came a mighty wind,  
so strong it tore the mountains and shattered  
the rocks before the Lord. But the Lord was  
not in the wind. After the wind came an  
earthquake. But the Lord was not in the  
earthquake. After the earthquake came a fire.  
But the Lord was not in the fire. And after the  
fire there came the sound of a gentle breeze.  
And when Elijah heard this, he covered his  
face with his cloak and went out and stood at  
the entrance of the cave.

**The word of the Lord**

**Responsorial Psalm** Ps 84:9-14. R. v.8

**(R.) Lord, show us your mercy and love,  
and grant us your salvation.**

I will hear what the Lord God has to say,  
a voice that speaks of peace.  
His help is near for those who fear him  
and his glory will dwell in our land. **(R.)**

Mercy and faithfulness have met;  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. **(R.)**

The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **(R.)**

**Second Reading** Rom 9:1-5  
**A reading from the letter of St Paul to the  
Romans**  
*I would willingly be condemned if it could  
help my people.*

What I want to say is no pretence; I say it in  
union with Christ – it is the truth – my  
conscience in union with the Holy Spirit  
assures me of it too. What I want to say is  
this: my sorrow is so great, my mental  
anguish so endless, I would willingly be  
condemned and be cut off from Christ if it  
could help my brothers of Israel, my own  
flesh and blood. They were adopted as sons,  
they were given the glory and the covenants;  
the Law and the ritual were drawn up for  
them, and the promises were made to them.  
They are descended from the patriarchs and  
from their flesh and blood came Christ who is  
above all, God for ever blessed! Amen.

**The word of the Lord**

**Gospel Acclamation** Lk 19:38

Alleluia, alleluia!  
I hope in the Lord,  
I trust in his word.  
Alleluia.

**Gospel** Mt 14:22-33  
**A reading from the holy Gospel according  
to Matthew**  
*Command me to come to you over the water.*

Jesus made the disciples get into the boat and  
go on ahead to the other side while he would  
send the crowds away. After sending the  
crowds away he went up into the hills by  
himself to pray. When evening came, he was  
there alone, while the boat, by now far out on  
the lake, was battling with a heavy sea, for  
there was a head-wind. In the fourth watch of  
the night he went towards them, walking on  
the lake, and when the disciples saw him  
walking on the lake they were terrified. 'It is a  
ghost' they said, and cried out in fear. But at  
once Jesus called out to them, saying,  
'Courage! It is I! Do not be afraid.' It was  
Peter who answered. 'Lord,' he said 'if it is  
you, tell me to come to you across the water.'  
'Come' said Jesus. Then Peter got out of the  
boat and started walking towards Jesus across  
the water, but as soon as he felt the force of  
the wind, he took fright and began to sink.  
'Lord! Save me!' he cried. Jesus put out his  
hand at once and held him. 'Man of little  
faith,' he said 'why did you doubt?' And as  
they got into the boat the wind dropped. The  
men in the boat bowed down before him and  
said, 'Truly, you are the Son of God.'

**The Gospel of the Lord**

**Communion Antiphon** Ps 147:12,14

O Jerusalem, glorify the Lord,  
who gives you your fill of finest wheat.

or Cf. Jn 6:51

The bread that I will give, says the Lord,  
is my flesh for the life of the world.

**REFLECTION by Dianne Bergant CSA**

*Although divine power is manifested in dramatic ways,  
it is also present in what is unassuming. Traces of God  
can be seen in the delicacy of a violet, in a cool  
summer breeze, in the blush of innocence, in the fiery  
eyes of justice. Every one of us lives in the midst of  
God, breathes the breath of God's life, and is  
constantly touched by the exquisite artistry of God's  
creativity. Life itself is a mountain experience of God.  
As wonderful as life may be, it can also be very  
frightening at times. There are misunderstandings and  
rancour, jealousy and vindictiveness, greed and a  
hunger for power. Our personal lives can come  
unravelling and we can feel that we are genuinely 'at  
sea'. Every human being is tossed about by the  
exigencies of life. It is at times like these that we need  
faith in Jesus. Even though we do not recognise him, he  
is there in the midst of our chaos. Having the power of  
God, he is the definitive champion of all chaos, and so  
he is able to allay our fears and calm the sea.*

*A true experience of God, whether it be within the  
ordinariness of life or one of life's tribulations, is both  
transformative and effusive. It is a reality that cannot  
be contained; it must be proclaimed. Disciples must be  
ready to do what they can in order that the good news  
of God's revelation be made known to others.*

**It is our responsibility to  
protect others and ourselves  
and stop the spread of  
COVID-19 in Australia.**

As we move towards living COVIDSafe, it is  
important that you **stay at home if you  
feel unwell**. If you have cold or flu like  
symptoms, such as a fever, cough, sore  
throat, runny nose or shortness of breath,  
you should seek medical advice and get  
tested for COVID-19. You should get tested  
even if your symptoms are mild.

If you have a coughing episode in Church,  
we advise you to step out to the courtyard,  
or the parish centre, away from others for  
the moment.

Continue to practise good hygiene.  
***Please use the hand sanitisers  
provided, in both of our Churches.***

***Everyone must also stay 1.5 metres  
away from other people whenever  
possible.***

***If you have been overseas or interstate in  
the last 14 days, or have been in contact  
with a confirmed case of Covid 19 in the  
last 14 days, as much as we would like you  
to be with us here in Church, we appreciate  
your prayers more than your presence in  
this situation.***

**We will continue to record names and  
contact details of those present at  
services along with the date and time  
they attend.  
The use of face masks is encouraged  
to keep our communities safe during  
this time.**



**Broken Bay  
News and  
Catholic Weekly  
is available at  
the back of both  
Churches.**





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### Liturgy for the Week

- 10/08 **Monday St Lawrence, deacon, martyr**  
2 Cor 9:6-10; Jn 12:24-26
- 11/08 **Tuesday St Clare virgin**  
Ezek 2:8 - 3:4; Mt 18:1-5, 10, 12-14
- 12/08 **Wednesday Ordinary Time 19**  
Ezek 9:1-7, 10:18-22; Mt 18:15-20
- 13/08 **Thursday Ordinary Time 19**  
Ezek 12:1-12; Mt 18:21 - 19:1
- 14/08 **Friday St Maximilian Mary Kolbe, priest, martyr**  
Ezek 16:1-15, 60, 63 or Ezek 16:59-63; Mt 19:3-12
- 15/08 **Saturday The ASSUMPTION of the BLESSED VIRGIN MARY**  
Vigil: 1 Chr 15:3-4, 15-16, 16:1-2; 1 Cor 15:54-57; Lk 11:27-28  
Day: Apoc 11:19, 12:1-6, 10; 1 Cor 15:20-26; Lk 1:39-56

### Spiritual Communion Prayer

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.**

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