



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

An Advent Prayer

Lord God,
only you can see into my heart
and know that under all the
busyness of my life,
there is a deep longing
to make this Advent one that
welcomes you more deeply
into my own life.

My heart desires the warmth
of your love and my mind
searches for your light
in the midst of the darkness.

Help me to be a peacemaker
this Advent and to give special
love to those who disagree
with me.

Give me the strength and
courage to forgive those who
have hurt me.

Help me to free my heart
from the prison of my anger
and hurt.



Thoughts of Fr Francis Jordan

Hope comes from faith! We must have great faith, and without great faith we cannot have hope or confidence in God, or hope in the Lord!

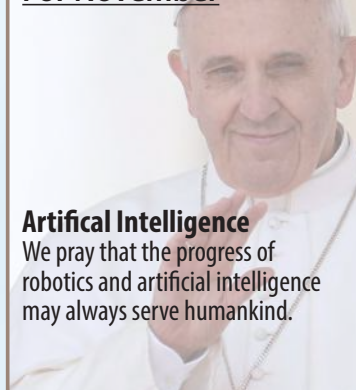


Congratulations



Bishop Bernard on your 64th Anniversary of Priestly Ordination on Tuesday 1 December. Join us for Mass at 9.30 at Sacred Heart Church Mona followed by morning tea.

Pope Francis' Prayer Intentions For November



Artificial Intelligence

We pray that the progress of robotics and artificial intelligence may always serve humankind.

If you have used this bulletin, please take it home with you.

Love your neighbour

Please wear a

MASK for MASS

thank you



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon

trybooking

To ensure that we fulfil the requirements of the 80 (Mona Vale) and 100 (Avalon) people limit, we would like you to use the Trybooking website to book for our **weekend Masses**.

There is no need to book for the weekday Masses. The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions.

Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>
To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

Watch the daily Mass on Demand from Broken Bay's Cathedral at

<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLvQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are

The Catholic Parish of Pittwater

We Pray for

Recently Deceased

Elizabeth Sirotic
Thomas Nhan Phudc Nguyen
Darcy Ian Bond
Betty Davies
Dulcie Critchley
Rose Klobosa

**Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.**

**May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.**

Deceased Anniversary

**Souls of the faithful departed
on our November List**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Prayers for the Sick

Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moirra Howie
Carol Brennan
Jomar
Christine Hills
Donald McRae
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Lynette Buhat
Candida Hernandez
Chin Quang Le
Gill Page
Tony Quatroville
Garry Gleeson
Elizabeth Kral

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

Special Intention

Timothy O'Connell

Adoration & Benediction

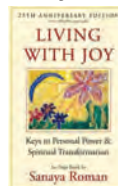


**MARIA REGINA CHURCH -
every Thursday
9am Exposition of the Blessed
Sacrament, Adoration and
Benediction at 9.45am.
Mass at 10am**

**SACRED HEART CHURCH -
every Thursday
Mass at 7pm followed by
Exposition of the Blessed
Sacrament, Adoration and
Benediction at 9pm.**

BOOK REVIEW

**Living with Joy
by Sanaya Roman**



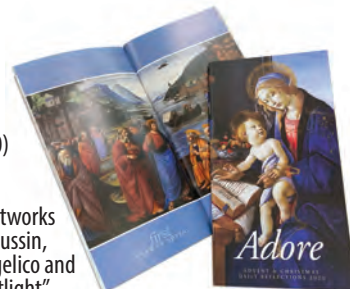
This fascinating book shows us the keys to personal power and spiritual transformation. Even the titles of the chapters inspire us to keep believing in ourselves and loving ourselves. A great read.

**We welcome
to Pittwater Parish
Lucy Pecar
Kit Anderson
on 29 November 2020
at Sacred Heart Church,
Mona Vale for the
Sacrament of
Baptism**

ADORE - An Advent Reflection

Adore is an 88-page pocket-size book containing short spiritually rich, yet accessible, daily reflections from the beginning of Advent (29 November 2020) through to the Baptism of the Lord (10 January 2021).

Adore also features beautiful religious artworks from the Masters such as Ghirlandaio, Poussin, Champaigne, Botticelli, Le Brun, Fra Angelico and Rubens with enlightening "Artwork Spotlight" reflections written by the popular Monsignor Graham Schmitzer.



If you are interested to lead a group or would like a copy, for your personal Advent reflection, please drop by the Parish Office or call 9157 0999, during office hours.

from Our Schools



**Mater Maria
Catholic College**

It has been a very busy week at Mater Maria Catholic College.

Our year 7 students, class by class, visited the Warriewood wetlands to enhance their study of science and the value of the wetlands for the community.

Our Year 9 students had a Surf Education Day at Dee Why beach run by SEA Australia. Students gained current surf education knowledge including vital rip education.

Meanwhile, our Year 8 students were given the opportunity to immerse themselves in the Italian culture through watching the Italian traditional story of Pinocchio and gelato taste testing.

On Tuesday night we celebrated the completion of our Year 12's education with a Valedictory Dinner. Mr Marc Reicher very proudly gave them all a great send off and they all looked stunning in their beautiful dresses and suits.

Lastly, on Thursday our Year 10 students had an excursion to the beach, followed by their Presentation of Awards and End of Year Liturgy on Friday. This was also their last day of term, whilst our other students have two more weeks of Term 4 left.

Some of our other news and events can be found here: www.matermaria.nsw.edu.au/news-events/.

If you are interested in Mater Maria Catholic College for your child's education please visit <https://matermaria.nsw.edu.au/enrolments/>.

Share the News

**Our Churches-
Sacred Heart and
Maria Regina are open.**

Come for Mass.

Come and pray.

Come and light a candle.

Come sit and find peace.

As we celebrate the Year of Prayer in our parish... Pope Francis' Catechesis at the General Audience on 11th November 2020

The Virgin Mary, prayerful women



get upset when problems fill their days, but they go about facing reality and knowing that in humble love, in love offered in each situation, we become instruments of God's grace. "Lord, what You want, when You want, and how You want". A simple prayer, but one in which we place ourselves in the Lord's hands so that He might guide us. All of us can pray like this, almost without words.

Prayer knows how to calm restlessness. We are restless, we always want things before asking for them, and we want them right away. This restlessness harms us. And prayer knows how to calm restlessness, knows how to transform it into availability. When we are restless, I pray and prayer opens my heart and makes me open to God's will. In those few moments of the Annunciation, the Virgin Mary knew how to reject fear, even while sensing that her "yes" would bring her tremendously difficult trials. If in prayer we understand that each day given by God is a call, our hearts will then widen and we will accept everything. We will learn how to say: "What You want, Lord. Promise me only that You will be present every step of my way". This is important: to ask the Lord to be present on every step of our way: that He not leave us alone, that He not abandon us in temptation, that He not abandon us in the bad moments. The Our Father ends this way: the grace that Jesus Himself taught us to ask of the Lord.

Mary accompanied Jesus's entire life in prayer, right up to His death and resurrection; and in the end, she continued and she accompanied the first steps of the nascent Church (see Acts 1:14). Mary prayed with the disciples who had witnessed the scandal of the cross. She prayed with Peter who had succumbed to fear and cried for remorse. Mary was there, with the disciples, in the midst of the men and women whom her Son had called to form His Community. Mary did not act like a priest among them, no! She is Jesus's Mother who prayed with them, in the community, as a member of the community. She prayed with them and prayed for them. And, once again, her prayer preceded into the future that was about to be fulfilled: by the work of the Holy Spirit she became the Mother of God, and by the work of the Holy Spirit she became the Mother of the Church. Praying with the nascent Church, she becomes the Mother of the Church, accompanying the disciples on the first steps of the Church in prayer, awaiting the Holy Spirit. In silence, always silently. Mary's prayer is silent. The Gospels recount only one of Mary's prayers at Cana, when she asks her Son for those poor people who are about to make a horrible impression during the banquet. So, let us imagine: there is a wedding banquet and it will end up with milk because there is no wine! What an impression! And she prays and asks her Son to resolve that problem. In and of itself, Mary's presence is prayer, and her presence among the disciples in the Upper Room, awaiting the Holy

Spirit, is in prayer. Thus Mary gives birth to the Church, she is the Mother of the Church. The Catechism explains: "In the faith of his humble handmaid, the Gift of God", that is, the Holy Spirit, "found the acceptance he had awaited from the beginning of time" (CCC, 2617).

In the Virgin Mary, natural feminine intuition is exalted by her most singular union with God in prayer. This is why, reading the Gospel, we note that she seems to disappear at times, only to reappear for crucial moments: Mary was open to God's voice that guided her heart, that guided her steps where her presence was needed. Her silent presence as mother and as disciple. Mary is present because she is Mother, but she is also present because she is the first disciple, the one who best learned Jesus' ways. Mary never says: "Come, I will take care of things". Instead she says: "Do whatever He will tell you", always pointing her finger at Jesus. This behaviour is typical of the disciple, and she is the first disciple: she prays as Mother and she prays as a disciple.

"Mary kept all these things, reflecting on them in her heart" (Lk 2:19). Thus the evangelist Luke depicts the Mother of the Lord in the infancy narrative in his Gospel. Everything that happens around her ends up being reflected on in the depths of her heart: the days filled with joy, as well as the darkest moments when even she struggles to understand by which roads the Redemption must pass. Everything ends up in her heart so that it might pass through the sieve of prayer and be transfigured by it: whether it be the gifts of the Magi, or the flight into Egypt, until that terrible passion Friday. The Mother keeps everything and brings it to her dialogue with God. Someone has compared Mary's heart to a pearl of incomparable splendour, formed and smoothed by patient acceptance of God's will through the mysteries of Jesus meditated on in prayer. How beautiful it would be if we too could be a bit like our Mother! With a heart open to God's Word, with a silent heart, with an obedient heart, with a heart that knows how to receive God's Word and that allows itself to grow with the seed of good for the Church.



Dear brothers and sisters, good morning!

On our course of catechesis on prayer, today we meet the Virgin Mary as the prayerful woman. The Madonna prayed. When the world still knew nothing of her, when she was a simple girl engaged to a man of the house of David, Mary prayed. We can imagine the young girl of Nazareth wrapped in silence, in continual dialogue with God who would soon entrust her with a mission. She is already full of grace and immaculate from the moment she was conceived; but she knows nothing yet of her surprising and extraordinary vocation and the stormy sea she will have to cross. One thing is certain: Mary belongs to a great host of the humble of heart whom the official historians never include in their books, but with whom God prepared the coming of His Son.

Mary did not autonomously conduct her life: she waits for God to take the reins of her path and guide her where He wants. She is docile, and with her availability she prepares the grand events in which God takes part in the world. The Catechism recalls her constant and caring presence in the benevolent design of the Father throughout the course of Jesus's life (see CCC, 2617-2618). Mary was praying when the Archangel Gabriel came to bring his message to her in Nazareth. Her small yet immense "Here I am", which makes all of creation jump for joy at that moment, was preceded throughout salvation history by many other "Here I am", by many trusting obediences, by many who were open to God's will. There is no better way to pray than to place oneself in an attitude of openness, of a heart open to God: "Lord, what You want, when You want, and how You want". That is, with a heart open to God's will. And God always responds. How many believers live their prayer like this! Those who are the most humble of heart pray like this: with essential humility, let's put it that way; with simple humility: "Lord, what You want, when You want, and how You want". They pray like this and do not

Watch out and be ready!

1st Sunday of Advent, Year B

Let's Get Ready

Complete these sentences

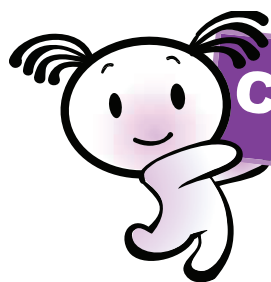
I get ready for church by

I get ready for school by

I get ready for bed by

I get ready for Christmas during Advent by

During Advent one way we can prepare for the arrival of Jesus is by helping others. Draw yourself helping another person.



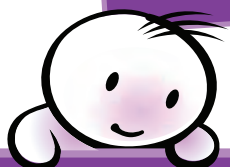
Christmas

Rearrange the following words to complete the sentence below

Jesus

prepare

season



arrival

Advent

is the

when

we

for the

of

at

Preparing to Prepare: Everything You Need to Get Ready for Advent

Maria Alejandra Rivas

'Tis the season to string up Christmas lights, decorate the tree, plan out party menus, and buy gifts at shopping centres where it's close to impossible to find parking. Ladies and gentlemen, the Christmas season is in full effect... and it's only November!

Oddly enough, we constantly complain about how fast time flies, but we speed through a whole month to get to the holiday season. The to-do list of things that take over our lives leading up to the Christmas season usually causes more stress and anguish than joy.

Thankfully, the liturgical season of Advent is here to rescue Christmas.

Advent is a time when we can step back from the hectic routine, slow down and contemplate the Mystery of the Incarnation. It marks the beginning of a new liturgical year in the Church that slowly builds momentum towards Christmas as the weeks go by. As with all new beginnings, this season is intended to renew our joy, hope, faith and love.

While the rest of the world rushes through to get to Christmas, here's a short video https://www.youtube.com/watch?v=WcravEG2ATE&feature=emb_logo and a few practical ways to help you approach Advent so that, in turn, your heart will be truly ready to rejoice in the birth of our Saviour this Christmas.

A few ways to get ready for Advent:

1. Prepare your heart.

Begin preparing for Advent through prayer. Offer your heart as a dwelling place for the Holy family to live in. Ask Jesus, Joseph and Mary to help you live out Advent as a time to prepare and wait for the coming of Jesus' birth.

2. Learn about the season of Advent.

It's important to learn why we celebrate different seasons in the Church. The video https://www.youtube.com/watch?v=WcravEG2ATE&feature=emb_logo can help you understand why Advent is important and how it helps us prepare for Christmas.

3. Make a plan of action.

There are still a few weeks before Advent begins. Make a list of things that need to get done before Christmas that you can complete in the weeks before Advent begins, i.e. - Christmas shopping list, buying gifts, decorating your home, etc. This will free up time during Advent and help you avoid distractions like busy shopping centers that can rob you of time, joy and anticipation of the Christmas season.



4. Set up a space for prayer.

You don't need anything fancy to set up a prayer space. All you need is an Advent wreath. If you don't have an Advent wreath or your budget is limited, you can buy three purple candles and a pink one to light up as the weeks in Advent pass or you can set up a Nativity set without baby Jesus in the manger. You can place the image of the child in the manger on Christmas day before opening gifts.

5. Create an Advent Calendar.

Countdown until Christmas Day by creating a calendar with special quotes or bible verses about hope, faith and love; you can also create or add a random acts of kindness – after all, it's better to give than to receive.

6. Short on time? Look online.

Don't have time to create your own Advent Calendar? You can find Advent Calendars online with great ideas to make the most of out the Advent season.

7. Assign a specific time for prayer and reflection everyday.

A few days before Advent, set up a time for daily prayer. Whether you decide to wake up 10 or 15 minutes before your regular wake up time or assign some other time during the day to pray and reflect, try sticking to the time you've designated for yourself. By doing this you'll have dedicated time on your schedule for prayer and reflection, and you'll begin to grow in discipline.

8. Be present.

Start to eliminate unnecessary distractions and plan on being present during the season of Advent. Limit the time spent on your cell phone, social media and computer. Increase the time you spend with family and friends by doing things you enjoy together. Plan a movie night; bake cookies together; host a game night; enjoy a cup of hot cocoa together... anything that will help you spend time together enjoying each other's company.

9. Reflection night.

Before Advent begins, pick a date to invite family and friends to an Advent reflection night. Provide the day's readings, meditation and music to guide prayer and reflection.

10. Don't forget those in need.

Jesus came to serve, so following in his footsteps we should consider how we could serve our brothers and sisters in need. November and December are some of the busiest times for volunteer centres. If you can't find a place to serve in person, you can always make and send cards to those in hospitals or in nursing homes. Many times patients in the hospital or the elderly in nursing homes are happy to receive cards from people who are thinking of them.



Please keep in your prayers the souls of the faithful departed of our friends and families in the parish

Warren Asprey	Patricia Crowder	Giovanni Battista Femia	Deceased Members of Kelly Family
King Anthonisz	Michael & Elizabeth Clohessy	Teresa Femia	Katherina Kaufer
Malvina Anthonisz	Deceased Catechists	Vince & Maria Annunziata (Sia Nuna) Femia	Russell Kaufer
Anka Anicic	Stipe Crvelin	Maria Femia	Walter Kaufer
Billie Attwood	Jerina Crvelin	Ron Fisher	Deceased Members of Kaltoum Family
Lydia Adams	Terza Crvelin	Mariam Foley	Deceased Members of Katanac Family
John Adams	Branko Crvelin	Jane Finegan	Wojciech Kupczyk
Mrs Abrahams	Tony (Antonio Natale) Calvi	Rev Fr Carol Grew	Jan & Zofia Kupczyk
Deceased Members of Adams Family	Rocco Rinaldo Calvi	Henryka Gora	John Kelly
Mary Ai Thi Thuy Kieu	Maria Rosa Calvi	Jozef Gora	Madge Kelly
Neville Anderson	Santa Cimino	Andrzej Gora	Raymond Kelly
Rosemary (Meme) Anderson	Antonio & Rosa Cimino	Keith Green	Deceased Members of Kuffnerova Family
Brenda Bottero	Ivy Helen Cafini	Malcolm Gasson	Frank Keely
Timothy Bottero	Maddalena Colacicco	Elsie Gasson	Eileen Keely
Aldo & Alma Bottero	Margaret Mary Clancy	Max Luis Gusmo De Oliveira	Betty & Jack King
Leticia Buhat	Miranda Crapis	Assunta Giglio	John Kelly
Julian Block	Tommaso Cimino	Salvatore Giglio	Linda Kull
Joyce Buckingham	Barbara Cincotta	Deceased Members of Gibb Family	Will Kull Billy Kull
Dorothy Black	Cath Cummins	Deceased Members of Gannon Family	Deceased Members of Kull Family
Deceased Members of Baker Family	David Cox	Deceased Members of Geach Family	Iren Kersivien
Deceased Members of Bartos Family	Bridget Cassills	Nikola Grgin	Pierre Kersivien
Francisco Barbosa	Frank Cummins	Robert Grgin	Peter Kersivien
Rosina Butera	Alex Cummins	Deceased Members of Grgin Family	Deceased Members of Kervisien Family
Graham Browne	Chris Chee	Barry Gayle	Mice Krnic
Barnaby Jack Browne	Deceased Members of Cockhill Family	Shirley & Frank Glibbery	Milka Krnic
Oumani Browne	Rev Fr P Conway	Ivan Gibbs	Mato & Eva Kaurinovic
Nick Bayfield	Thomas Clark	Beryl Gibbs	Deceased Members of Kmecova Family
Deceased Members of Bizubova Family	Nora Clark	Geraldine Gibbs	Deceased Members of Koruinova Family
Jill Maria Bollinger	Patrick Clark	Margaret and Sinon Gleeson	Michael Paul Kenny-Godley
Mary Biggs	Deceased Members of Sr. Chuyen Family	Marjorie Green	Julie Kovacs
Betty Branson	Jack Calvalido and wife Maria Thuy	Harry & Vera Green	Eric Kempster
Deceased Members of Brekalo Family	Deceased Members of Clarke Family	Rick & Mariam Green	Marie Keirin
Jure Brekalo	Margaret Daley	Sam & Martha Green	Gertrud Kerschegens
Marta Brekalo	Patricia Dunphy	John Gillies	Bob Kasch
Carmela Barletta	Joseph Khanh Dinh	Lorna Gillies	John Kasch
Leo Biggs	Diep Thi Do	Ian Gillies	Ann Kasch
Allan Biggs	Edith Muriel Djeng	Joana Gusmao	Johnny Kasch
Ralph Biggs	Neil Yuen Djeng	Marizete Gusmao	Klara Kasch
Eileen Biggs	Jack Dennis	Maria Hersztek	Fook Sing Lau
Mrs Mary Maud Biggs	Jim Dennis	Mieczyslaw Hersztek	May Mary Lau
David Arthur Biggs	Irene Dennis	Yolanda Halbert	Teddy Lim
Matthew Biggs	Alana De Kort	Meelah Hamilton	Molly Lau
Terry Bambery	Maria Di Paola	Anne Harrison (Rossiter)	Alice Lim
Ernie Butt	Nino Di Paola	Deceased Members of Hunjak Family	Liew Seng Chong
Verlie Blackwell	Mary Davies	Flo & Jack Hughes	Aaron Lindley
Tim Blar	Lionel Doutré	Paul Harley-Green	Alison Lawson
Boyd Breynard	Annie Doutré	Eric Haynes	Pave Lucic
Laurie Bugeji	George Doutré	Zofia Hersztek	Rita Lonegan
Johanna Beckman	Hilda Doutré	Franciszek Hersztek	John Lonegan
Elizabeth Breesh	Peter & Mary D'Silva	Mieczyslaw Hersztek	Lynette Lonegan
Richard & Jane Biggs	Marshall & Escolás D'Silva	Nick Hogarth	Keith & Valerie Lennox
Margaret Bryant	Charie & Gabby D'Silva	Dorothy Haywood	Paul Lennox
George Biggs	Sarah Durazza	Ted & Joan Hodge	Montague Lennox
Herbert Biggs	Arthur Drury	Basil Hughes	Anne Lawrence
Bill Biggs	Jim Drury	Eva & Elemec Hunfalvay	Frank Lawrence
Eileen Burke	Daisy Drury	Deceased Members of Hanschildova Family	V Quang Le
Elizabeth Burke	Bonnie De Michael	Lorna Hewitt	Thien Le
Kathleen Burke	Vic De Michael	Pam & Ray Halls	Hien Quang Le
Maureen Blenheim	Deceased Members of Drury Family	Tom Horn	Thanh Le
Deceased Members of Biggs Family	Rosa Duc	Bruce Harvey	Paul Luong Le
Deceased Members of Bryant Family	Therese Dzung	Eileen & Patrick Hannon	Buoi Quang Le
Deceased Members of Blackwell Family	Sr David SM	John & Leo Hannan	Vinh Quang Le
Kuzma & Jaka Bacich	Deceased Members of Dominican Sisters of Rose of Lima	Eileen & Robert Harper	Joseph Minh Le
Kuzma Bacich	Deceased Members of Discoll Family	Ho Trong Kieu	Tam Le
Dick & Annie Buggy	Betty Ee	Huy Luong	Hien Le
Pecey Broderick	Yean Keat Ee	Hoang Duy Van	Lien Le
Marcus Broderick	Piotr Enenkel	Paul Hai	Loi Quang Le
Mara Bosnjak	Bea & May Ennis	Paul Huu	Andrew Lakos
Rev Fr Bernard Callachor	Ronald Elliott	Sr Honorius RSG	Paul Khoa Le
Denis & Monica Callachor	Marion Elliott	Deceased Members of Ishac Family	Phung Thi Le
Paul Callachor	Geraldine Ellis	Alfonso Iannascoli	Bich Thi Le
Ah Yoke Chong	Syd Emanuel	Israel (Issy)	Alison Lawson
Molly Cummins	Emily Emanuel	Josip & Anka Juricev	Aaron Lindley
Ivan Copo	Mary Emanuel	Mare & Marko Juricev	Patricia Mary Lefel
Aquilino Carozza	Herbert Emanuel	Deceased Members of Juricev Family	John Lefel
Caravita Carozza	Gertrude Emanuel	Encarnacion Javeluna	Neil Lee
Hannah Corkery	Majorie Emanuel	Eutropio Javeluna	Gonzalo Lotano
Ken Carlon	Ellen Emanuel	Joseph Javeluna	Caterina Lumia
John Chigwidden	George Emanuel	Deceased Members of Jenkins Family	Giuseppe La Macchia
Beryl Chigwidden	Jack Emanuel	Cecil Jeffery	Maria La Macchia
Deceased Members of Chigwidden Family	Foong Khwye Fong	Yvonne Jones	Edgar Clarence John Lind & Toby
Basil & Marie Cranch	Henryka Furtak	Philip Jones	Norma Ludlum
Brian Coyle	Deceased Members of Fordham Family	Kevin James	Phung Van Le
Giovanni-Battista Caruso	Petar Ferranda	Patricia James	Hai Van Le
Vincenzo Caruso	Antonia Ferranda	Stanislaw Kolodziej	Thanh Van Luong
Emanuela Caruso	Barry Farrell	Rev Fr John Keenan	Dao Thi Le
Lance Carmichael	Anna Furtak	Wojciech Kupczyk	Be Thi Le
Deceased Members of Chipman Family	Macin Furtak	Jan & Zofia Kupczyk	Rev Fr Leo Murphy
Joseph Calleia	Henryka Furtak	Jan Kusyk	John Francis Murphy
Chan Lan Hing	Deceased Members of Franks Family	James Michael Kelly	Monica's Mother
Cath's Husband	Jean & Claude French	Bob Kasch	Deceased Members of Mahony Family
		June Koning	Maria Meniti

Please keep in your prayers the souls of the faithful departed of our friends and families in the parish

Giuseppe Maiorana
 Maria Montforte
 Mary McHugh
 John McHugh
 Kevin McGrath
 Julius Moretto
 Joyce Moretto
 Deceased Members of Matthew Family
 Deceased Members of MacDonald Family
 Ann May
 Vagner Joao Marsola
 Lina Macri
 Salvatore Macri
 Teresa Mete
 Tony Marshall
 Frank Mete
 Deceased Member of MacKillop Family
 Deceased Members of McInerney Family
 Deceased Members of McKeown Family
 Deceased Members of Marsic Family
 Ada Mary McGuire
 John Marsden
 Peter Marsden
 Danica Markoch
 Jurica Markoch
 Conrado Macarayan
 Milagros Macarayan
 Jonafe Mararayan
 Monica's Nye's mum
 Deceased Members of Metz Family
 Deceased Members of McDonagh Family
 Tom Moore
 Lillian & Cyril Muir
 Rajka Martinovic
 Toni Martinovic
 Kate Martinovic
 Giuseppe (Pippo) Maiorana
 Ante & Antica Matesic
 Salvatore Macri
 Maria Macri
 Giuseppe Macri
 Cesare Tomasso Mastroianni
 Dominic Meyer
 John Henry Meyer
 Jean Kathleen Meyer
 Graciette Marques-Lee
 Sia - Nisarut Marasri
 Fernando Manrique
 Carmela Macri
 Vincenzo Macri
 Pasquale Macri
 Eileen McCarthy
 Brian McCarthy
 Kevin Cassidy
 Bill Marshall
 George Muller
 Iren Malley
 George and James Murray
 Kathleen & John Myers
 Deceased Members of Metz Family
 Rev Fr McMillam SH
 Sr Matthew RSG
 Nadia Milczarek
 Toni Milczarek
 Matthew Michelak
 Ryan & Kelsey McAuliffe
 Rev Fr Mark Nugent
 Trevor Newman
 Len Newman
 Peggy Newman
 Deceased members of Nouak Family
 Madge Norton
 Augustine Neo Eng Guan
 Nguyen Van
 Nguyen Cuong
 Nguyen Nha, his wife, son & relatives
 Mary Chuoi Nguyen
 Ty Thi Nguyen
 Van Thi Nguyen
 Anthony Nguyen
 Francis Ham Nguyen
 Khon Van Nguyen
 Quy Duc Nguyen
 Sandra Napthali
 Freda Neale
 Deceased Family Members of Paul Nguyen Huu
 Hoa
 Nguyen Trong Sinh
 Nguyen Thi Ke
 Jan Nuelle
 Bene NiKolic
 Joachim Nguyen Xuyen

Deceased members of O'Grady Family
 Deceased members of Oitzinger Family
 Norma O'Mara
 Dermot O'Hanlon
 Frank & Doreen O'Hanlon
 Deceased Members of O'Brien Family
 Roy O'Brien
 Sybil O'Brien
 John O'Sullivan
 Monica O'Sullivan
 Diarmid O'Sullivan
 Timothy O'Sullivan
 Tony O'Toole
 Nina O'Connor
 Peter O'Connor
 Slavka & Kazimir Olivari
 Vanessa O'Connell
 Dot O'Toole
 Dick O'Toole
 Dorothy Ormesby
 Pat O'Toole
 Totias O'Toole
 Angus O'Toole
 Phil Bede O'Toole
 Andrew & Lydia O'Toole
 Henry O'Neill
 Lily O'Neill
 Michael O'Neill
 Olga O'Toole
 Tom O'Toole
 Deceased Members of Ott Family
 Pat O'Donnell
 Kath O'Donnell
 Gary O'Donnell
 Filomena Pietrusewicz
 Zenon Pietrusewicz
 Zofia Pietrusewicz
 Ines Pedrolini
 Luke Parr
 Elizabeth Posa
 Mavis Powis
 Christopher Pecar
 Jay Pecar
 John Parker
 Thomas Powell
 Theresa Powell (Rossiter)
 Janette Patawi (Powell)
 Luke Parr
 Nancy Paglar
 Ruby Parker
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 Dominic Papalia
 Nellie Pestonji
 Mavis & Laurie Patterson
 Con Powell
 Kimpton Purser
 Zorka Panic
 Maria Picello
 Antonio Pangallo
 Maria Claudia Lutz Pena
 children: Elisa & Martin
 Darryl Piggan
 Deceased Members of Pile Family
 Phuoc Cong Phung
 Deceased Members of Partridge Family
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 Brendan Prendergast
 Jim (Grandad) Prendergast
 Marta Popic
 Katrina Quinn
 Gwen Robinson
 Sylvia Ryan
 Vince Ryan
 Cornelius Reen
 Mare & Mice Reskov
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 Deceased Members of Rahme Family
 Veronica Raic
 Joso Raic
 Deceased Members Rush Family
 Deceased Members of Rettura Family
 Deceased Members of Rancev Family
 Ante Reskov
 Krmela Reskov
 Antica Reskov
 Robert Ramsay
 Paul Russell
 Deceased Members of Robbins Family
 William & Mary Ryan
 Alberto Rengifo
 Giuseppina Raffoele

Michael Stephen Rochford
 Maria Rocca
 Vera & Edward Ragen
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 Connie Rada
 William Reid
 Arthur Ridding
 Fred Robinson
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 Mary Rutledge
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 Deceased Members of Roberts Family
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 Stanko Rusev
 Ivor Rawlings
 Matthew Seve
 Helen Seve
 George Seve
 Seow Jee Neo
 Jan Smith
 Nikodem Sinkic
 Antica Sinkic
 Dusan Sinkic
 Teresa Shepherd
 Theodore Shepherd
 Daniel Slyney
 Jane Slyney
 George & Leila Schadel
 (Baby) Dominic Joseph
 Romuald Starzecki
 Bernard A Shaw
 Olive Margaret Shaw
 Cornelius Smit
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 Deceased Members of Sharp Family
 Deceased Members of Spadina-Kretic Family
 Mate Spadina-Kretic
 Lujka Spadina-Kretic
 Radoslav Spadina
 Slavka Spadina
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 Kreso Spadina
 Margarita Spadina
 Jakov Spadina
 Jurka Spadina
 Miljenko Spadina
 Ante Spadina
 Jere Spadina
 Grigo Spadina
 Philip Skyes
 John Shanahan
 Terry Shanahan
 Deceased Members of Shanahan Family
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 Anne Mary Storman
 Alec Henry Smith
 Betty Marion Smith
 Luigi Schiliro
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 Sr Elizabeth
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 Deceased Members of Sullivan Family
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 Thai Lam
 Thai Hoang
 Vince Tomsino
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 Wal Thompson
 Margaret Thompson
 May & Roy Tully
 Mavis Threfo
 Fred Trigell
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 Ana Urem
 Mara Urem
 Jakov Urem Jnr
 Joso Urem
 Pave Vodanov
 Ivan Vodanov
 Ivanica Vodanov
 Frane Vodanov
 Jela & Joe Voozo
 Ajka Vukovic
 Alexander Vorobieff
 Balina Vorobieff
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 Petronella Van Dyk
 Veronica Whitehead
 Michael Whitehead
 Marguerite & Gerald Vaughan
 Deceased Members of Visnovska Family
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 Denise Wolfe
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 Deceased Members of Warner Family
 Marie Wiggins
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 Lindy Wasley
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 Br Tom Walsh
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 Deceased Members of Wixcey Family
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 Stanislaw Zajag
 Aristotle Zantiotis
 All Souls in Purgatory
 All Souls of the Vietnamese Boat People
 Baby Lily Grace

**Eternal Rest Grant Unto Them
 O Lord, And Let Perpetual Light
 Shine Upon Them.
 May they Rest in Peace. Amen.**

PARISH DIRECTORY

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www.pittwaterparish.org

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Bishop Bernard O'Grady op
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sacraments@pittwaterparish.org

Parish Office Hours
Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

Mona Vale
Sacred Heart School
Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon
Maria Regina School
Tel 9918 2608
Principal: Mrs Kathy Gee

Warriewood
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

Even though the restrictions in NSW have eased and Churches can now have up to 300 people attending, the one person per four-square metre rule still applies. This means that the capacity of our Churches remains at 80 for Sacred Heart Church, Mona Vale and 100 for Maria Regina Church, Avalon.

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

If you have a coughing episode in Church, we advise you to step out to the courtyard, or the parish centre, away from others for the moment.

We will continue to record names and contact details of those present at services along with the date and time they attend, as required by NSW health.

Continue to practise good hygiene. Please use the hand sanitisers provided in both of our Churches.

Everyone must also stay 1.5 metres away from other people whenever possible. Please sit only in the marked seats.

If you have been overseas or interstate in the last 14 days, or have been in contact with a confirmed case of Covid 19 in the last 14 days, have been a hotspot vicinity, or awaiting a Covid - 19 test result, as much as we would like you to be with us here in Church, we appreciate your prayers more than your presence in this situation. For the up to date information on the Covid 19 hotspots visit: [www.https://www.nsw.gov.au/covid-19/latest-news-and-updates](https://www.nsw.gov.au/covid-19/latest-news-and-updates)

As we move towards living COVIDSafe, it is important that you **stay at home if you feel unwell**. If you have cold or flu like symptoms, such as a fever, cough, sore throat, runny nose or shortness of breath, you should seek medical advice and get tested for COVID-19. You should get tested even if your symptoms are mild, and **do not come to Church**.

MASK for MASS

The use of face masks is encouraged to keep our communities safe during this time.

To read the messages from Bishop Anthony - Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.




Broken Bay News and Catholic Weekly are available at the back of both Churches.

Break Open the Word Year B

Unfortunately we were unable to get the books this year. However, we do have a copy each for Sacred Heart Church and Maria Regina Church. The books will be in the Sacristy for reader's use. All lectors will receive the link for digital copies. This will be emailed. Thank you.



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The Salvatorians invite you to a

VIGIL MASS


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THE SALVATORIAN FOUNDATION DAY
AND IN THANKSGIVING FOR
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AND THE EPISCOPAL APPOINTMENT OF
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Please note that due to the Covid-19 restrictions, we are unfortunately unable to gather together for dinner after the Mass.



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Do not rest content until all know, love and serve Jesus as their saviour.
FR FRANCIS JORDAN



Due to COVID -19 restrictions, and limited places, please book your attendance for this Mass through the Parish Office or call 91570999, to secure your place.

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Tomasz Juszcak (Director Office of Evangelisation)

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Congratulations to our catechists

Lisa Williamson
20 years
(Papal Blessing)

Margaret Bomford
10 years

Barbara Gavin
10 years

Beng Buensuceso
5 years

Liam Kenny
5 years

Thank you for your yes to God's call. Thank you for all the time, effort, and sacrifice you place in teaching others about the faith which you yourselves love.



Top Reasons to Become a Catechist

You will grow in your own faith, learn the teachings of the Church, and deepen your relationship with Jesus. Your Baptism calls you to share in Jesus' ministry. Children, teens, and adults in today's world, more than ever, need to hear the Good News of Jesus. Children, teens, and adults in today's world, more than ever, need to encounter good role models of faith. You have much to share with those you'll teach, and you'll have opportunities to share faith with other catechists. Today's catechetical textbooks/resources offer outstanding support. You'll be challenged, you'll have fun, and you'll make new friends. You'll be helping people deepen their relationship with Jesus. (You'll be evangelising!) You'll be handing on a 2000-year-old Tradition that changes lives. It's our job: Jesus sent us to "go and teach all nations."

For more information call the Parish Catechists coordinators: Maureen Wooldridge - 9997 4694 or Veronica Thomas - veronicathomas2009@gmail.com

Top Reasons to Become a Catechist

Joe Paprocki

At this time of the year, many Catholics find themselves considering an invitation to become a catechist in their parish. Directors/Coordinators of Religious Education/Faith Formation, Pastoral Associates, Priests, and Deacons are all "on the prowl" seeking out those who have the potential to serve in this role. Perhaps you've been invited to be a catechist. Perhaps you know someone who is thinking about becoming a catechist. Or perhaps you are the one doing the inviting. Whatever the case may be, I offer the following reasons for becoming a catechist.

The *Living* Word

Entrance Antiphon

Cf. Ps 24:1-3

To you, I lift up my soul, O my God.
In you, I have trusted; let me not be put to shame.
Nor let my enemies exult over me;
and let none who hope in you be put to shame.

First Reading

Is 63:16-17; 64:1. 3-8

A reading from the prophet Isaiah

Oh that you would tear the heavens apart and come down.

You, Lord, yourself are our Father,
Our Redeemer is your ancient name.
Why, Lord, leave us to stray from your ways
and harden our hearts against fearing you?
Return, for the sake of your servants,
the tribes of your inheritance.
Oh, that you would tear the heavens open and come down
— at your Presence the mountains would melt.
No ear has heard,
no eye has seen
any god but you act like this
for those who trust him.
You guide those who act with integrity
and keep your ways in mind.
You were angry when we were sinners;
we had long been rebels against you.
We were all like men unclean,
all that integrity of ours like filthy clothing.
We have all withered like leaves
and our sins blew us away like the wind.
No one invoked your name
or roused himself to catch hold of you.
For you hid your face from us
and gave us up to the power of our sins.
And yet, Lord, you are our Father;
we the clay, you the potter,
we are all the work of your hand.

The word of the Lord

Responsorial Psalm

Ps 79:2-3. 15-16. 18-19 R. v.4

(R.) Lord, make us turn to you, let us see your face and we shall be saved.

O shepherd of Israel, hear us,
shine forth from your cherubim throne.
O Lord, rouse up your might,
O Lord, come to our help. **(R.)**

God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted. **(R.)**

May your hand be on the man you have chosen,
the man you have given your strength.
And we shall never forsake you again:
give us life that we may call upon your name. **(R.)**

Second Reading

1 Cor 1:3-9

A reading from the first letter of St Paul to the Corinthians

The revelation we looked for; Christ Jesus our Lord.

May God our Father and the Lord Jesus Christ send you grace and peace.
I never stop thanking God for all the graces you have received through Jesus Christ. I

thank him that you have been enriched in so many ways, especially in your teachers and preachers; the witness to Christ has indeed been strong among you so that you will not be without any of the gifts of the Spirit while you are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.

The word of the Lord

Gospel Acclamation

Ps 84:8

Alleluia, alleluia!
Lord, show us your mercy and love,
and grant us your salvation.
Alleluia.

Gospel

Mk 13:33-37

A reading from the holy Gospel according to Mark

Stay awake! You never know when the Lord will come.

Jesus said to his disciples: 'Be on your guard, stay awake, because you never know when the time will come. It is like a man travelling abroad: he has gone from home, and left his servants in charge, each with his own task; and he has told the doorkeeper to stay awake. So stay awake, because you do not know when the master of the house is coming, evening, midnight, cockcrow, dawn; if he comes unexpectedly, he must not find you asleep. And what I say to you I say to all: Stay awake!'

The Gospel of the Lord

Communion Antiphon

Ps 84:13

The Lord will bestow his bounty, and our earth shall yield its increase.

REFLECTION by Dianne Bergant CSA

Today's readings contain several images: the faithfulness of those who suffer, even as they lament their predicament; the admonition to watch and wait; the expectation of the coming of the Day of the Lord. As trustees of the one who is coming, we live in the 'in between' time of ambiguity and hope. The placement of these readings at the beginning of Advent shapes the context for understanding the entire season. They fix our gaze on the world of human pain and then moves beyond it to the hope of a brighter future. Lamentation and expectation find fulfilment in the Day of the Lord. Waiting is a prominent image this Sunday. Some people wait to be released from suffering, others await the second coming of Christ. Waiting saps our energies and stifles our enthusiasm. Yet wait we must, and as we wait, we wonder: 'What should I be doing?' The readings suggest that we should wait with patient expectation for the day of reconciliation and peace; we should wait in joyful hope that what is to come will come soon. While we wait, we should faithfully fulfil our responsibilities. We believe that we have a future worth waiting for; that there are promises that God will keep. And so we look expectantly to the Day of the Lord, that future day of ultimate fulfilment.

Christmas Hampers



Hamper gift cards are due back this weekend but you can still drop them into the office during the week or ring Marie Bockman on 0419 010 247 to arrange collection.

Many thanks to our wonderful parishioners for their continuing generosity."



PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



Advent is a wonderful time to celebrate the reconciling love and the healing graces our Lord offers us.

There will be Reconciliation on 17 December 2020 at 7.30pm, Sacred Heart Church, Mona Vale
There will be Mass at 7pm, followed by Adoration, Reconciliation and Benediction.



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Liturgy for the Week

30/11 **Monday St Andrew, apostle**
Rom 10:9-18; Mt 4:18-22

DECEMBER

01/12 **Tuesday First Week of Advent**
Is 11:1-10; Lk 10:21-24

02/12 **Wednesday First Week of Advent**
Is 25:6-10; Mt 15:29-37

03/12 **Thursday St Francis Xavier, priest**
Is 26:1-6; Mt 7:21, 24-27
(Alt. 1 Cor 9:16-19, 22-23;
Mk 16:15-20)

04/12 **Friday First Week of Advent**
Is 29:17-24; Mt 9:27-31

05/12 **Saturday First Week of Advent**
Is 30:19-21, 23-26; Mt 9:35 –
10:1, 6-8

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