



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Thoughts of Fr Francis Jordan

As long as the Queen of heaven and earth is not everywhere praised, you dare not allow yourself a moment's rest.



## Hail Holy Queen

Hail, Holy Queen,  
Mother of Mercy,  
hail our life,  
our sweetness and our hope!  
To thee do we cry,  
poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this  
valley of tears.  
Turn, then, O most gracious  
Advocate, thine eyes of mercy  
toward us, and after this,  
our exile, show unto us the  
blessed fruit of thy womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.  
Pray for us O Holy Mother  
of God.  
That we may be made worthy  
of the promises of Christ.



### Pope Francis' Prayer Intentions For August

#### **Small Businesses**

"Let us pray for small and medium-sized businesses, hard hit by the economic and social crisis, so they may find ways to continue operating, and serving their communities."

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*



You can find us on  
**Instagram**  
(pittwater\_parish)



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The Catholic Parish  
of Pittwater

If you have used this bulletin, please take it home with you.

**A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church**



## MASS TIMES

### SACRED HEART CHURCH 1 Keenan Street, Mona Vale

#### Weekday Masses

Tuesday 8.30am

*Exposition of the*

*Blessed Sacrament,*

*Adoration, Reconciliation*

*and Benediction from 8am,*

*followed by Mass at 9.30am*

Wednesday 9.30am

Thursday 7pm

*Exposition of the*

*Blessed Sacrament,*

*Adoration, Reconciliation*

*and Benediction from*

*7.30pm to 9pm*

Friday 9.30am

*First Friday of the Month,*

*Exposition of the*

*Blessed Sacrament,*

*Adoration, Reconciliation*

*and Benediction from 9.30am,*

*followed by Mass*

*with Anointing of the Sick*

*at 10.30am*

#### Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

6.00pm (SOUL)

#### Reconciliation

4.00pm to 4.30pm Saturday

#### Baptism

4th Sunday - 11.30am

### MARIA REGINA CHURCH 7 Central Road, Avalon

#### Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

*9am Exposition of the*

*Blessed Sacrament,*

*Adoration and Benediction*

*at 9.45am*

Friday 8am

Mass with Anointing of the

Sick - First Friday of the

Month at 8am

#### Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

#### Reconciliation

Before Vigil Mass on Saturday

#### Baptism

3rd Sunday - 11.00am

## We Pray for

### Deceased Anniversary

*Julie Cunliffe*

*John Cunliffe*

*William Kerr*

*Josephine Kerr*

### Recently Deceased

*Emidio Cafini*

*Helen McKillop*

*John Cox*

*Donald Reid*

*Catherine Kinzy*

*Bob Stokes*

*Susan Makabenta*

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by

### Prayers for the Sick

Franciszek Smigowski

Anna Smigowska

Angela Bowen

M. Miller

Annette Davis

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Vicky Kalingasan

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Ron

Leonie Ariemetto

John Graham

### Liturgy for the Week

22/08 Monday, Ordinary Time 21

2 Thess 1:1-5, 11-12;

Mt 23:13-22

23/08 Tuesday Ordinary Time 21

2 Thess 2:1-3, 14-17;

Mt 23:23-26

24/08 Wednesday Ordinary Time 21

Rev 21:9-14; Jn 1:45-51

25/08 Thursday Ordinary Time 21

1 Cor 1:1-9; Mt 24:42-51

26/08 Friday Ordinary Time 21

1 Cor 1:17-25; Mt 25:1-13

27/08 Saturday, St Monica

1 Cor 1:26-31; Mt 25:14-30

## BOOK REVIEW

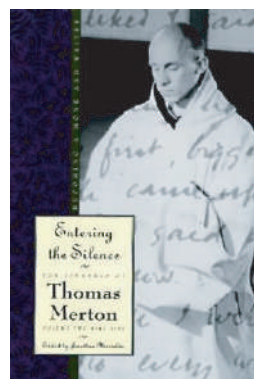
### Entering the Silence

#### The Journals of

#### Thomas Merton

By: Thomas Merton, Jonathan

Montaldo (Editor)



It is about Merton becoming a Monk and writer in Journals of his journey.



Have a chat and share a cuppa with an older person in your community one hour a fortnight



CatholicCare  
Diocese of Broken Bay

## VOLUNTEERS NEEDED

### COMMUNITY VISITORS' SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

## Scan to

## Give to our

## Parish of

## Pittwater

Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

## GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

## LIVESTREAMS

## READINGS

## NEWS



Available on the

App Store



Get it on

Google play

<https://brokenbay.goodgiving.com.au>

### Caritas Ukraine urgently needs your support

Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit: [caritas.org.au/donate/emergency-appeals/ukraine/](http://caritas.org.au/donate/emergency-appeals/ukraine/) or call: 1800 024 413 toll free to provide much needed support.



Caritas  
AUSTRALIA

# ***Our Beautiful Queen: Lessons on the Queenship of Mary***



One of the most beautiful and universal titles of the Blessed Virgin Mary is her title as Queen, honored on the August 22nd feast of the Queenship of Mary, the octave day of the feast of her Assumption. What does this mean, and what is the Church tradition on this doctrine of the Catholic Faith? Here is a primer on the profound spiritual mystery behind this Marian title.

## ***WHAT HAPPENED WHEN MARY ENTERED HEAVEN***

The Queenship of Mary is very closely associated with the dogma of her Assumption into heaven. Catholic Tradition holds that once Mary, the Mother of God was assumed into heaven at the end of her earthly life, she was then crowned as Queen of both Heaven and Earth to reign alongside her Son, the King. This is why the two events in Mary's life are side by side in the Glorious Mysteries of the Holy Rosary.

Pope John Paul II, in his apostolic letter *Rosarium Virginis Mariae* writes of this Glorious Mystery of her Coronation: "Christ was raised in glory to the right hand of the Father, while Mary herself would be raised to that same glory in the Assumption, enjoying beforehand, by a unique privilege, the destiny reserved for all the just at the resurrection of the dead. Crowned in glory as she appears in the last glorious mystery – Mary shines forth as Queen of the Angels and Saints, the anticipation and the supreme realization of the eschatological state of the Church."

Here we see that after the end of Mary's earthly life she was exalted even above the angels in heaven, having a unique privilege and place as the Mother of Jesus Christ, who is both fully God and fully man.

## ***BIBLICAL BASIS OF MARY'S ROYALTY***

The doctrine of the Queenship of Mary is based in part on a vision given to St. John the Apostle (the disciple given to the care of Mary after Our Lord's death) that he writes about in the Book of Revelation 12:1-5. That text reads,

"And a great sign appeared in heaven: A woman clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars: And being with child, she cried travailing in birth, and was in pain to be delivered. And there was seen another sign in heaven: and behold a great red dragon, having seven heads, and ten horns: and on his head seven diadems: And his tail drew the third part of the stars of heaven, and cast them to the earth: and the dragon stood before the woman who was ready to be delivered; that, when she should be delivered, he might devour her son. And she brought forth a man child, who was to rule all nations with an iron rod: and her son was taken up to God, and to his throne."

The woman in this passage is Mary, and the child is her Son, Jesus Christ. Notice that in this passage Mary is wearing a crown of twelve stars, which is representative of the twelve tribes of Israel (her ancestry - in Israel's history, it was the mother of the king who reigned as queen) and the twelve Apostles (the foundation of the Church, who regarded her as Mother).

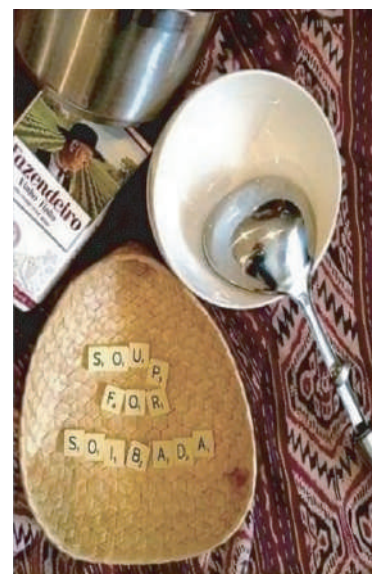
This biblical evidence, combined with other biblical evidence of Mary's special place in God's plan of salvation (Mary as the Ark of the Covenant, Mary as the new Eve, Mary as the Mother of the Church) is foundational to the understanding of her coronation as Queen of Heaven and Earth in Church Tradition.

## ***HER QUEENSHIP IN CHURCH TRADITION***

Mary is the Mother of the Church because she was the Mother of Jesus Christ, who is God. This profound familial relationship is not somehow dissolved or lessened in significance after Mary's death, but instead is exalted. Just as Christ is exalted in heaven as King of Kings and Lord of Lords, Mary is similarly exalted in heaven as Queen Mother.

In this life Mary shared in the Passion of Christ, and in heaven she shares in the Glory of Christ. This privilege of reigning with Christ is not meant for Mary alone, but she is our example in that all of us are intended to reign with Jesus in heaven, too. Mary has the special exalted place as Mother of Jesus and Mother of the Church, who helps the faithful journey to her Son.

*by Gretchen Filz  
The Catholic Company*





# Parish Directory

## Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

## Parish Priest

Fr Richard Sadowski SDS  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

## Assistant Priest

Fr Zygmunt Smigowski SDS  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

## Parish Secretary

Donita Kerin  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

## Director of Music

Josh Willard  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

## Media & Communication

Conille Felias  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

## Sacrament Coordinator

Sonia Samartin  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

## Parish Office Hours

Monday to Thursday  
9.00 am to 4.00 pm  
Friday  
9.00 am to 12.00 pm

## Sacred Heart Church

1 Keenan Street Mona Vale  
**Maria Regina Church**  
7 Central Road Avalon

## MONA VALE

**Sacred Heart School**  
Tel 8197 6900

**Principal: Mr Jamie Wahab**

## AVALON

**Maria Regina School**  
Tel 9918 2608

**Principal: Miss Kirsty Thorpe**

## WARRIEWOOD

**Mater Maria Catholic College**  
Tel 9997 7044

**Principal: Mr Marc Reicher**



## Parish Bulletin – Term 3, Week 5

On Monday, we celebrated the Feast of the Assumption of the Blessed Virgin Mary with a beautiful Mass. We reflected on the life our Blessed Mother Mary, an exemplary woman of faith, who guides each of us by her example of how to grow in God's grace. We were inspired to open our hearts to the will of God and reflect on how we can follow Mary's example of prayer and service so that we may also enter eternal life in the Kingdom of Heaven.

On Wednesday, Brainstorm Productions visited our College to present a funny and engaging live performance to our Year 8 students. Their resilience program explores the skills that high schoolers need to cope with life's challenges and build meaningful connections.

We held our Year 9 Electives Information Evening to assist our students and their families in selecting their Stage 5 elective subjects for next year.

Senior Detective Constable Cairns also attended our College to empower our Year 12 students to make informed decisions around drug taking and alcohol use. He emphasised the importance of engaging in appropriate behaviour on their last day of Year 12, safe partying during Schoolies Week and looking after their peers.

On Friday, we had a cupcake fundraiser in memory of Alana de Cort who was a Mater Maria student. The funds raised will be donated to the Kids Cancer Project. The fundraiser is always very popular with our students, and it was wonderful to see so many gold coins be exchanged for cupcakes to support this important cause.

Students throughout the College attended the Sydney North Boys Secondary Schools Rugby 7's Gala Day, Years 7 – 9 played Rugby League for the Sydney North Katrina Fanning Cup and the girls had a Cricket Development Day to improve their batting, bowling and fielding skills. The Peninsula Cup Boys Rugby Union and Girls Soccer games, plus several MWBA Basketball competitions continue throughout this term. We thank our students for their school spirit and for representing the College at these sporting events.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit

<https://matermaria.nsw.edu.au/enrolments/>

## INVITATION

**TO ALL CATHOLICS AND NON-CATHOLICS**  
We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA Programme of our Parish in Pittwater starting  
**5 September 2022, Monday**

*If Jesus asked us as He queried Peter and His disciples "Who do people say the Son of Man is?", what would our answer be??*

Our RCIA team (RCIA stands for 'Rite of Christian Initiation of Adults') would love to share our answers with you based on our faith tradition and our personal experience. In 24 informal evening sessions we discuss some of life's deeper questions:

- \* What does it mean to be a Catholic today?
- \* What can the Bible and the Church tell us in this day and age?
- \* What do we really believe, really?

In the past few years close to 60 people have joined us and given us numerous enthusiastic responses. Many participants testify to this every year by becoming full or renewed members of our Church at Easter.

## WHY NOT YOU?

Please register at our Parish Office (91570999) before Friday, 31 August 2022, and join us on Monday, 5 September 2022 at 7 pm (for 90 minutes) in our Parish Centre at Sacred Heart Church, Mona Vale.  
**EVERYBODY IS WELCOME!**

Rome. Lisbon. Fatima.

16 Day Pilgrimage



**WORLD  
YOUTH  
DAY 2023**

Expression of interest

Led by the  
Salvatorians

Beginning in Italy, we explore the roots of our faith in Rome, unearth the spiritual treasures of the Vatican and as Salvatorians, gather around the tomb of our founder Blessed Father Francis Mary of the Cross Jordan.

We then join the youth of the world in Lisbon for the 16th International World Youth Day for a week of prayer, worship and celebration, in the company of our Holy Father.

Following the excitement of the WYD Week, we depart for our post WYD Retreat in Fatima where we will spend the following days entering into a time of rest, recreation and retreat, as we unwind and process the amazing past days on pilgrimage.

contact us at [sdsau.wyd2023@gmail.com](mailto:sdsau.wyd2023@gmail.com)

Scan the QR code to  
register your interest!



**It's not too late  
to apply!**

**Please click on the QR Code**

**and**

**REGISTER**

World Youth Day 2023 is a global gathering of Catholic Youth – and it is just one year away!

Bishop Anthony Randazzo is inviting you to join him on a pilgrimage to Italy and onto Lisbon, Portugal where thousands of young people will gather for this amazing event.

## Soibada Update 17 Aug 2022

During last month's visit to our sister parish in Soibada, Timor Leste, the volunteers were faced with some challenging realities of life in the village. The poverty is quite confronting. Homes still do not have running water, yet thankfully the tanks and guttering that we provided for the Maternity Clinic in 2019 are still functioning well. Nutrition and health remain an issue. All schools are in dire need of resources. The list of requests for assistance and support is lengthy and will be prioritized according to need by the committee of local leaders. This will enable us to focus our fundraising efforts accordingly.

The Preschool is the highest priority for the community at present. You can help us support not only the education of these children but the provision of nutritious meals, clean water and a vegetable garden by coming along to the **"Soup for Soibada"** night in Maria Regina Church Hall on **Friday 26 August. Tickets are only \$15 and cover soup, bread, and fantastic live entertainment.** That small amount of funding makes a huge difference to the life of a pre-schooler in Soibada. Fees are \$5 USD a month and wages for the teachers are only \$100 USD a month. Please buy a ticket at the link, through **Trybooking, [www.trybooking.com/CBRLW](http://www.trybooking.com/CBRLW)** or ask me for assistance. It has been a long time since we have had Parish social opportunities, and this is the perfect excuse. Our Parish theme for 2022 is TRUST. The people of Soibada trust in us and the promise we made in 2010 to help them. We must trust that God will provide us with the means and the circumstances to do that. Please, I ask you to help us out, come to Soup for Soibada.

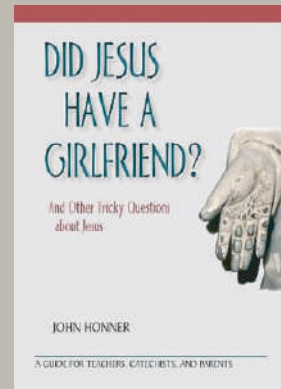
Thanks,  
**Tamara**  
Social Justice Ministry

If you are interested in getting involved in this or any of the other projects please check out the **Friends of Soibada Facebook Page** <https://www.facebook.com/friendsofsoibada> or get in touch with Tamara on [tamara.harding@bigpond.com](mailto:tamara.harding@bigpond.com) or 0403226699



## Recommended Reading

### *Did Jesus Have A Girlfriend?* by: John Honner



The latest book from one of our parishioners, John Honner of Avalon Beach, is now available in Australia. It explores eighteen questions that young people ask about Jesus, questions like: "Did Jesus really exist?"; "What did Jesus look like?"; "Was he fun to be with?"; "Did he have a girlfriend?"; "Did Jesus really walk on water?"; "Was Jesus really God?"; "Why did he die on a cross?" and "Where is Jesus now?"

There are another four chapters, perhaps of more interest to adults, discussing questions like "Are the Gospels fake news?" and "Is faith a delusion?"

The book is a sequel to *Does God like being God?*, which was launched in our parish in 2020. It aims to help us draw closer to Jesus in our journey through life. A third book, on the Church, is due out in October.

*Did Jesus have a Girlfriend?* is published in the United States by Paulist Press. For those who like local shopping, it can be ordered in at the Beachside Bookshop in Avalon Beach. It is also available from Garratt Publishing in Melbourne and Pauline Books and media in Sydney, as well as Booktopia and other on-line retailers. The ISBN number is 9780809155958.

The author, John Honner, has degrees in Science and Theology. He lectured for twenty years and taught at the United Faculty of Theology with Melbourne University. More recently, he has been a member of the faculty at the Broken Bay Institute, now called BBI- The Australian Institute of Theological Education.



# The *Living* Word

**Entrance Antiphon** Cf. Ps 85:1-3

Turn your ear, O Lord, and answer me;  
save the servant who trusts in you, my  
God.  
Have mercy on me, O Lord, for I cry to  
you all the day long.

**First Reading** Is 66:18-21

**A reading from the prophet Isaiah**  
*They will gather all of your people from  
all nations.*

The Lord says this: I am coming to gather  
the nations of every language. They shall  
come to witness my glory. I will give  
them a sign and send some of their  
survivors to the nations: to Tarshish, Put,  
Lud, Moshech, Rosh, Tubal, and Javan,  
to the distant islands that have never  
heard of me or seen my glory. They will  
proclaim my glory to the nations. As an  
offering to the Lord they will bring all  
your brothers, on horses, in chariots, in  
litters, on mules, on dromedaries, from  
all the nations to my holy mountain in  
Jerusalem, says the Lord, like Israelites  
bringing oblations in clean vessels to the  
Temple of the Lord. And of some of them  
I will make priests and Levites, says the  
Lord.

**The word of the Lord**

**Responsorial Psalm** Ps 116. R. Mk 16:15

**(R.) Go out to all the world  
and tell the Good News.**

O praise the Lord, all you nations,  
acclaim him all you peoples! **(R)**

Strong is his love for us;  
he is faithful for ever. **(R)**

**Second Reading** Heb 12:5-7, 11-13

**A reading from the letter to the  
Hebrews**

*The Lord disciplines those he loves.*

Have you forgotten that encouraging text  
in which you are addressed as sons? My  
son, when the Lord corrects you, do not  
treat it lightly; but do not get discouraged  
when he reprimands you. For the Lord  
trains the ones that he loves and he  
punishes all those that he acknowledges  
as his sons. Suffering is part of your  
training; God is treating you as his sons.  
Has there ever been any son whose father  
did not train him? Of course, any  
punishment is most painful at the time,  
and far from pleasant; but later, in those  
on whom it has been used, it bears fruit in  
peace and goodness. So hold up your  
limp arms and steady your trembling  
knees and smooth out the path you tread;  
then the injured limb will not be  
wrenched, it will grow strong again.

**The word of the Lord**

**Gospel Acclamation** Jn 14:6

Alleluia, alleluia!

I am the way, the truth, and the life, says  
the Lord;  
no one comes to the Father, except  
through me.

Alleluia!

**Gospel** Lk 13:22-30

**A reading from the holy Gospel  
according to Luke**

*From East and West they will come to  
take their place in the kingdom of God.*

Through towns and villages Jesus went  
teaching, making his way to Jerusalem.  
Someone said to him, 'Sir, will there be  
only a few saved?' He said to them, 'Try  
your best to enter by the narrow door,  
because, I tell you, many will try to enter  
and will not succeed.  
'Once the master of the house has got up  
and locked the door, you may find  
yourself knocking on the door, saying,  
'Lord, open to us' but he will answer, 'I  
do not know where you come from.'  
Then you will find yourself saying, 'We  
once ate and drank in your company; you  
taught in our streets' but he will reply, 'I  
do not know where you come from.  
Away from me, all you wicked men!'  
'Then there will be weeping and grinding  
of teeth, when you see Abraham and  
Isaac and Jacob and all the prophets in  
the kingdom of God, and yourselves  
turned outside. And men from east and  
west, from north and south, will come to  
take their places at the feast in the  
kingdom of God.  
'Yes, there are those now last who will be  
first, and those now first who will be  
last.'

**The Gospel of the Lord**

**Communion Antiphon** Cf. Ps 103:13-15

The earth is replete with the fruits of your  
work, O Lord;  
you bring forth bread from the earth  
and wine to cheer the heart.

**REFLECTION**  
*by Dianne Bergant CSA*

*The vision of a disciple must be the vision  
of God. Disciples must see with wide  
angled lenses that enable them to  
recognise that God offers the grace of  
salvation to all. The passages from both  
Isaiah and Luke are astounding in their  
inclusivity. They show that God's saving  
grace is unbounded. It reaches out to  
those whom the people of God may not  
only distrust but sometimes even despise.  
There is something very dangerous about  
being smugly convinced of one's own  
salvation. When we are so sure of*

*ourselves, we can easily fall into the  
error of being as sure of the moral failure  
of others as well. The gospel warns us  
against such judgment.*

*Women and men are gathered into the  
community of the saved, primarily  
because others have been sent out to get  
them. The psalm refrain is the command  
to go out to the whole world. The first  
reading describes God sending fugitives  
back home to get their relatives. People  
come from all over because someone is  
sent to get them. Today that command is  
directed to us. We are the ones who are  
being sent out to bring others to God.  
Unfortunately there are many people who  
do not believe that they are fit to be  
evangelisers. They may think that the  
work that they do or the lives that they  
live do not lend themselves to the task of  
spreading the good news of the gospel.  
They do not realise that all Christians are  
called and sent. This is not an option; it  
is a responsibility.*

© Dianne Bergant CSA



Welcome to  
Pittwater  
Parish  
**James Maxwell  
Atkins**  
on the  
**14th of August 2022**  
at  
**Maria Regina Church  
Avalon**  
for the  
**Sacrament of  
Baptism**

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