



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



*Everyday I need you, Lord*

Every day I need you, Lord, but today especially I need some extra strength to face whatever is to come.

This day, more than any other day, I need to feel you near me to strengthen my courage and to overcome any fear.

By myself I cannot meet the challenge of the hour.

We are frail human creatures and we need higher power to sustain us in all that may bring.

And so, dear Lord, hold my trembling hand.

Be with me, Lord, this day and stretch out your powerful arm to help me.

May your love be upon me as I place all my hope in you.

Amen.



### POPE FRANCIS' PRAYER INTENTION FOR JANUARY Educators

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.



### Thoughts of Fr Francis Jordan

Cast all your cares to the Lord and soon you will discover that the Lord directs all the things to the best outcome!



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**



You can find us on **Instagram** (pittwater\_parity)

**If you have used this bulletin, please take it home with you.**

## MASS TIMES

**SACRED HEART CHURCH**  
1 Keenan Street, Mona Vale

**Weekday Masses**  
**Tuesday 8.30am**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**

**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from*

*7.30pm to 9pm*

**Friday 9.30am**

*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**

**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**

**4.00pm to 4.30pm Saturday**

**Baptism**

**4th Sunday - 11.30am**

**MARIA REGINA CHURCH**  
7 Central Road, Avalon

**Weekday Masses**

**Monday 8am**

**Wednesday 8am**

**Thursday 10am**

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
**Friday 8am**

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**

**Saturday Vigil 6.00pm**

**Sunday 9.00am**

**Reconciliation**

**Before Vigil Mass on Saturday**

**Baptism**

**3rd Sunday - 11.00am**

## We Pray for

**Recently Deceased**

*Cesar Estearman*

*Joseph Crumlin*

*Nadou Bernadette Dallez*

## Prayers for the Sick

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Barbara Clarke

Andrew Hood

Jeff Langley

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

## Funeral Notice

We extend our deepest sympathies to families of

Cesar Esterman and Joe Crumlin.

Both Cesar and Joe were longstanding Parishioners and will be missed.

Cesar's Funeral will be held at Sacred Heart Church on Monday 16th at 10:00am.

J  
Joe's Funeral will be held at Sacred Heart Church on Wednesday 18th at 11:00am

## Liturgy for the Week

**16/01 Monday Ordinary Time**  
Heb 5:1-10; Mk 2:18-22

**17/01 Tuesday, St Anothey' Abbot**  
Heb, 6:10-20 Mk, 2: 23-28

**18/01 Wednesday, Ordinary Time**  
Heb 7:1-3, 15-17 Mk 3, 1-6

**19/01 Thursday, Ordinary Time**  
Heb 7:25-8:6

**20/01 Friday, Ordinary Time**  
Heb 8:6-13 Mk 3; 13-19

**21/01 Saturday, St Agnes, virgin, martyr**  
Heb 9; 2-3, 11-14 Mk: 3:20-21

## BOOK REVIEW

**A Woman Clothed with the Sun**



We have heard of some of the apparitions of Our Lady over the last 200 years and this volume explains each one as it happened. A great read.

## A letter from the Vicar General

A letter from Very Rev Dr David Ranson on the sudden passing of Cardinal George Pell has been communicated to the Parish. Copies of this letter will be placed in the Churches for anyone wishing to read. The letter also includes details of a Memorial Mass to be offered for the late Cardinal Pell on Monday, 16 January at 6.00pm at Our Lady of the Rosary Cathedral, Waitara to which everyone is warmly welcome.

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

## GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

**LIVESTREAMS READINGS NEWS**



<https://brokenbay.goodgivi>

**OFFICE HOURS**

The parish hours are amended to 9am-12pm for the month of January

## Here am I, Lord; I come to do your will. by Fr. Thomas Hoisington

Our Scriptures this Sunday help us set our own lives within the grander scheme of things. That grander scheme is called "Divine Providence". One way to describe Divine Providence is to say that it's what God chooses to do, when He does it, and why He does it.

Divine Providence is at the heart of the Scriptures of Holy Mass during the first several weeks in Ordinary Time. Following the Season of Christmas, which ended this past week with the Baptism of Jesus, we turn to consider our own baptism.

When you were baptized, the promises that were made started a relationship where God is your Lord, and you are His servant. Or at least, that's what the life of the Christian is supposed to be like. We hear several different examples of this servant-Lord relationship in today's Scriptures. Each is a model for us, and the last is also something more.

First, Isaiah was called to serve the Lord as His prophet. **"The Lord said to [Isaiah]: 'You are my servant. ... I will make you a light to the nations, that my salvation may reach to the ends of the earth.'"** Among all the Old Testament prophets who proclaimed the coming of God's justice, Isaiah had a unique place. His calling was to prepare for the coming of a Messiah who offers loving mercy that knows no bounds and that would **"reach to the ends of the earth."** Although none of us has been called to be a prophet like Isaiah, there is something in his vocation that ought to be mirrored in our own vocations: namely, loving mercy that knows no bounds.

Second, Paul was called to serve the Lord as His apostle. Today's Second Reading is simply the first three verses of a letter written by Saint Paul. It's not the longest of his letters, but it's one of the more profound. His self-introduction focuses upon his calling as an **"apostle"**. The word "apostle" literally means "one who is sent". He describes himself this way: **"Paul, called to be an apostle of Christ Jesus by the will of God"**.

Paul was sent **"by the will of God"** to spread the Messiah's Gospel to the Gentiles, the very people whom Isaiah had served by preparing them for the Messiah. Although none of us has been called to be an apostle like Paul, there is something in his vocation that ought to be mirrored in our own vocations: namely, serving as "one who is sent".

That Messiah whose coming Isaiah proclaimed, and whom Paul was sent forth to preach about, is of course Jesus. Jesus, like Isaiah and Paul, was called by God to serve. Yet Jesus is not only an example for us, as are Isaiah and Paul.

Jesus was called by God the Father to serve as the Saviour of mankind. We hear about this call within today's Gospel Reading. This call connects to today's Responsorial Psalm,

**"Here am I, Lord; I come to do your will."** Although the word "I" appears twice in this verse, it's not the focus of the verse. The focus is God's Providential Will and one's submission to it: that is, one's willingness to be His servant. Most of us, when we pray, instead speak to God as if He's our servant. In effect we say, "Here I am, Lord; now come and do my will."

Yet here we need to recognize a distinction. We are not only meant to imitate Jesus. As Christians, we are meant to live in Christ.

We are not meant to live "in Isaiah" or "in Paul", as much as we ought to follow their respective examples. But each of us is meant to live "in Christ". This is not something that the Christian can accomplish through one's own human effort. Only God can accomplish this. His chief means for doing so are the Sacraments and grace given through prayer. For our part, we need to dispose ourselves to receive these gifts. God's gifts allow Christ to live in us, and allow Christ to say through us: **"Here am I, Lord; I come to do your will."**



Jesus was called by God the Father to serve as the Saviour of mankind. We hear about this call within today's Gospel Reading. This call connects to today's Responsorial Psalm,

# Parish Directory

## **Pittwater Parish**

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

## **Parish Priest**

**Fr Richard Sadowski SDS**  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

## **Assistant Priest**

**Fr Zygmunt Smigowski SDS**  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

## **Parish Secretary**

**Donita Kerin**  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

## **Director of Music**

**Josh Willard**  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

## **Media & Communication**

**Conille Felias**  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

## **Sacrament Coordinator**

**Sonia Samartin**  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

## **CCD Catechist Coordinators**

**Maureen Wooldridge**  
Mobile 0421 907 469  
**Veronica Thomas**  
Mobile 0417 061 534

## **Parish Office Hours**

**Monday to Thursday**  
9.00 am to 4.00 pm  
**Friday**  
9.00 am to 12.00 pm

## **Sacred Heart Church**

1 Keenan Street Mona Vale  
**Maria Regina Church**  
7 Central Road Avalon

## **MONA VALE**

**Sacred Heart School**  
Tel 8197 6900

**Principal: Mr Jamie Wahab**

## **AVALON**

**Maria Regina School**  
Tel 9918 2608  
**Principal: Miss Kirsty Thorpe**

## **WARRIEWOOD**

**Mater Maria Catholic College**  
Tel 9997 7044  
**Principal: Mr Marc Reicher**

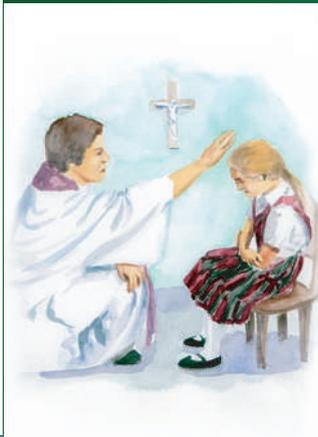
# Sacramental Program Update: First Reconciliation 2023

Sacrament of First Reconciliation:

Sacred Heart Church, Mona Vale - Wednesday, 22 March 2023 at 5.00pm or  
Maria Regina Church, Avalon - Wednesday, 29 March 2023 at 5.00pm  
Children in Year 4 and above are eligible to receive this sacrament if they  
have been confirmed.

If you want your child to be confirmed,  
you must attend one of the following Parent Information Sessions:

- Tuesday 7 February - Maria Regina Church at 7.30pm or
- Wednesday 8 February - Sacred Heart Church at 7.30pm



Please add these dates to your calendar.  
If you have any questions  
or would like to be a group facilitator,  
please contact Sonia on  
sacraments@pittwaterparish.org

# party time

Join us to celebrate the 50th birthday of  
Father Richard

The Green Room | 20 January 2023  
Avalon Beach RSL Club | 1830 or 6.30pm

Please join us for a night of celebration as Father Richard reaches half a century! We have booked The Green Room upstairs at Avalon Beach RSL Club. Tickets are \$35 and cover an assortment of canapes and grazing platters. You will receive a drink on arrival and then can purchase more at the bar. Please contact Tamara on tamara.harding@bigpond.com or 0403226699 with any queries. Click on the QR Code or the links below to go to the Try-booking Site and purchase your tickets

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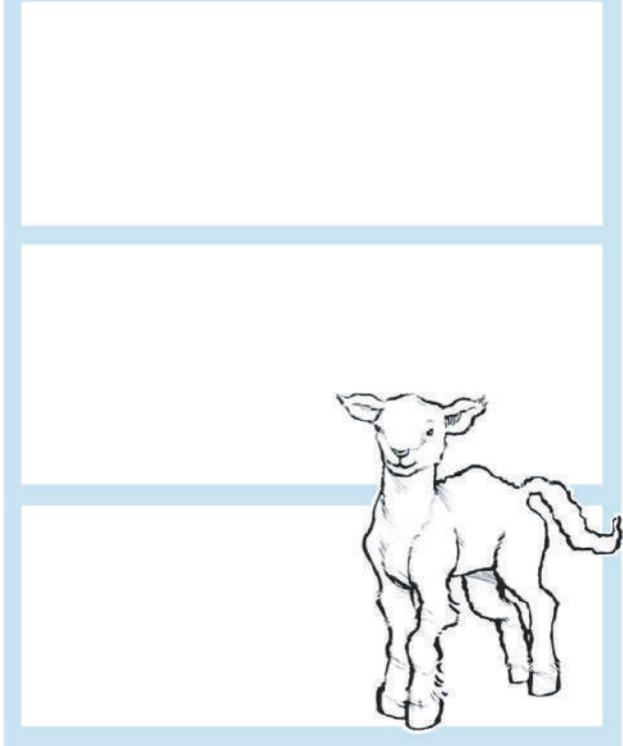
# Here is the Lamb of God

2nd Sunday In Ordinary Time, Year A

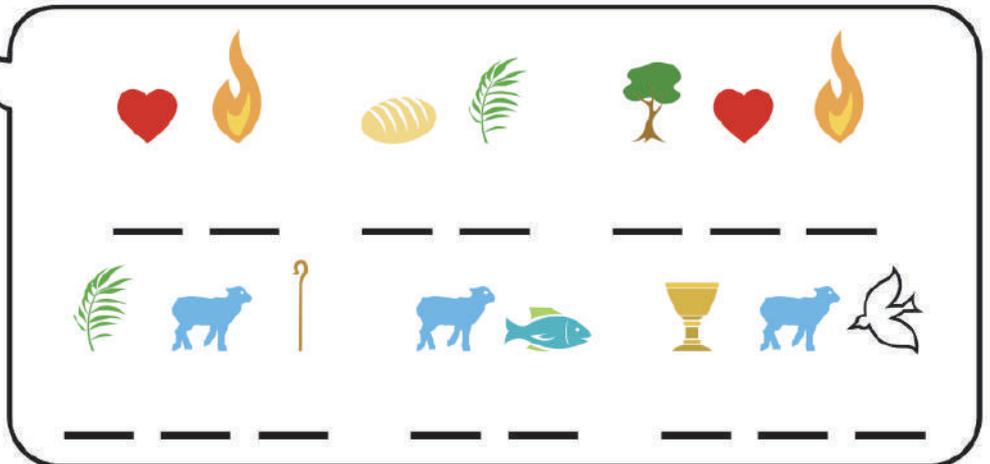


Jesus baptised his disciples with the Holy Spirit. Draw yourself being baptised by Jesus.

John the Baptist called Jesus the Lamb of God, because he was the pure and spotless gift to God the Father. What can we do to be pure and spotless in the eyes of God?



Use the code key to decipher what John the Baptist knew about Jesus



# The *Living* Word

## Entrance Antiphon

Ps 65:4

All the earth shall bow down before you,  
O God,  
and shall sing to you,  
shall sing to your name, O Most High!

## First Reading

Is 49:3. 5-6

### A reading from the prophet Isaiah

*I will make you the light of the nations so that my salvation may reach to the ends of the earth.*

The Lord said to me, 'You are my servant, Israel, in whom I shall be glorified'; I was honoured in the eyes of the Lord, my God was my strength. And now the Lord has spoken, he who formed me in the womb to be his servant, to bring Jacob back to him, to gather Israel to him: 'It is not enough for you to be my servant, to restore the tribes of Jacob and bring back the survivors of Israel; I will make you the light of the nations so that my salvation may reach to the ends of the earth.'

## The word of the Lord

### Responsorial Psalm

Ps 39:2. 4. 7-10. R. vv.8. 9.

### (R.) Here I am, Lord; I come to do your will.

I waited, I waited for the Lord  
and he stooped down to me;  
he heard my cry.  
He put a new song into my mouth,  
praise of our God. (R)

You do not ask for sacrifice and offerings,  
but an open ear.  
You do not ask for holocaust and victim.  
Instead, here am I. (R)

In the scroll of the book it stands written  
that I should do your will.  
My God, I delight in your law  
in the depth of my heart. (R)

Your justice I have proclaimed  
in the great assembly.  
My lips I have not sealed;  
you know it, O Lord. (R)

## Second Reading

1 Cor 1:1-3

### A reading from the first letter of St Paul to the Corinthians

*The grace and peace of God our Father and the Lord Jesus Christ be with you.*

I, Paul, appointed by God to be an apostle, together with brother Sosthenes, send greetings to the church of God in Corinth, to the holy people of Jesus Christ, who are called to take their place among all the saints everywhere who pray to our Lord Jesus Christ; for he is their Lord no less than ours. May God

our Father and the Lord Jesus Christ send you grace and peace. pel.

## The word of the Lord.

## Gospel Acclamation

Alleluia, alleluia!

The Word of God became flesh and dwelt among us.  
He enabled those who accepted him to become the children of God.

Alleluia!

## Gospel

Jn 1:29-34

### A reading from the holy Gospel according to John

*This is the Lamb of God who takes away the sins of the world.*

Seeing Jesus coming towards him, John said, 'Look, there is the lamb of God that takes away the sin of the world. This is the one I spoke of when I said: A man is coming after me who ranks before me because he existed before me. I did not know him myself, and yet it was to reveal him to Israel that I came baptising with water.' John also declared, 'I saw the Spirit coming down on him from heaven like a dove and resting on him. I did not know him myself, but he who sent me to baptise with water had said to me, "The man on whom you see the Spirit come down and rest is the one who is going to baptise with the Holy Spirit." Yes, I have seen and I am the witness that he is the Chosen One of God.'

## The Gospel of the Lord

### Communion Antiphon

Cf. Ps 22:5

You have prepared a table before me,  
and how precious is the chalice that quenches my thirst.

### REFLECTION

by Dianne Bergant CSA

*Ours is an historical religion. It not only unfolds within the joys and disappointments of time and place, but it is rooted in actual events that took place in the lives of real people. The Christ to whom we commit ourselves is not a mythic character, a figment of communal religious imagination. He is someone who was born into history, at a specific period of time, in a particular place. He was known by real people like John the Baptist; he submitted himself to historical rituals like baptism. He had followers who testified to the truth of both his existence and his life. Jesus was a man of history. Like Paul, we too have been called to be apostles. We received this call when we were baptised. The beginning of the year,*

*with its custom of making new resolutions, is a wonderful time to remember to what we have committed ourselves. At times it seems that our own apostleship is no less daunting than was Paul's. However, it is no less immediate either. Whether the period of history is the first half of the first century, as was the time of Jesus, or the second half, as was the time of Paul, or the twenty-first century, as is our time, salvation unfolds within the events of time. Furthermore, the followers of Jesus always return to the events of his life in order to discover the meaning of the events in their lives. These past events are reinterpreted in the ongoing present. Discipleship is never otherworldly.*

© Dianne Bergant CSA

## Why Is Ordinary Time Called Ordinary?

Ordinary Time is called "ordinary" not because it is common but simply because the weeks of Ordinary Time are numbered. The Latin word *ordinalis*, which refers to numbers in a series, stems from the Latin word *ordo*, from which we get the English word *order*. Thus, the numbered weeks of Ordinary Time, in fact, represent the ordered life of the Church—the period in which we live our lives neither in feasting (as in the Christmas and Easter seasons) or in more severe penance (as in Advent and Lent), but in watchfulness and expectation of the Second Coming of Christ.

It's appropriate, therefore, that the Gospel for the Second Sunday of Ordinary Time (which is actually the first Sunday celebrated in Ordinary Time) always features either John the Baptist's acknowledgment of Christ as the Lamb of God or Christ's first miracle—the transformation of water into wine at the wedding at Cana.

Thus for Catholics, Ordinary Time is the part of the year in which Christ, the Lamb of God, walks among us and transforms our lives. There's nothing "ordinary" about that!

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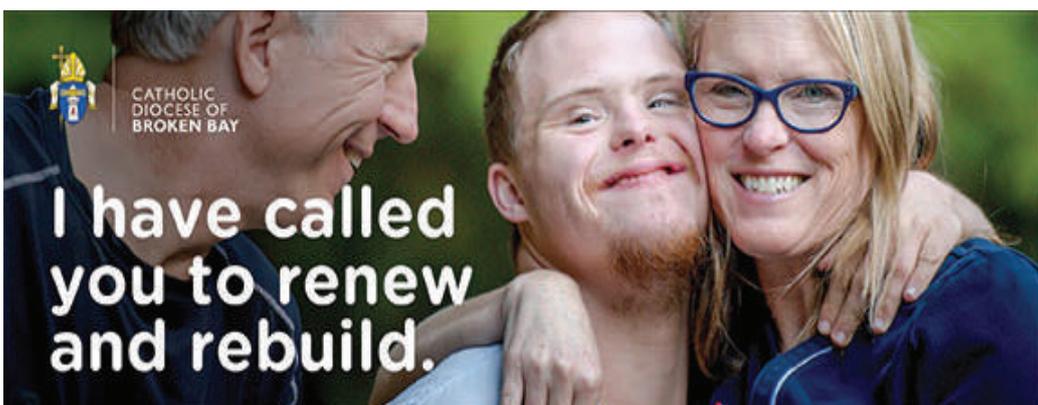
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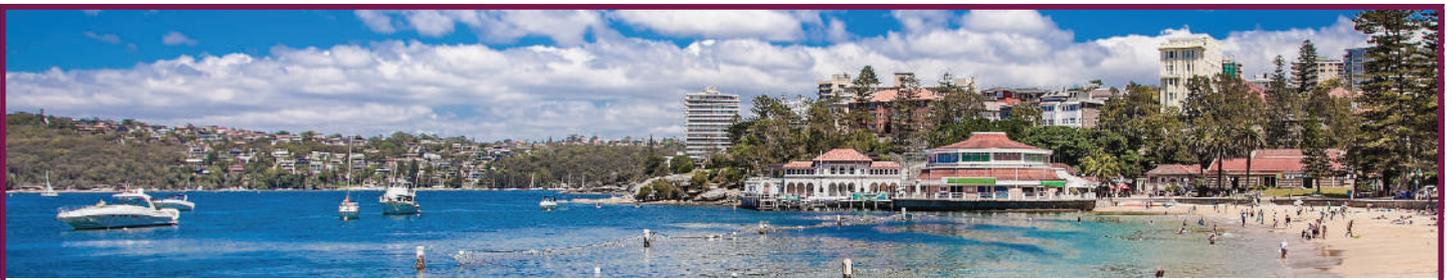


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