The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A Prayer for the Family

O dear Jesus, I humbly implore You to grant Your special graces to our family. May our home be the shrine of peace, purity, love, labour and faith. I beg You, dear Jesus, to protect and bless all of us, absent and present, living and dead.

O Mary, loving Mother of Jesus, and our Mother, pray to Jesus for our family, for all the families of the world, to guard the cradle of the newborn, the schools of the young and their vocations.

Blessed Saint Joseph, holy guardian of Jesus and Mary, assist us by your prayers in all the necessities of life. Ask of Jesus that special grace which He granted to you, to watch over our home at the pillow of the sick and the dying, so that with Mary and with you, heaven may find our family unbroken in the Sacred Heart of Jesus. Amen.

If you have used this bulletin, please take it home with you.



Thoughts of Fr Francis Jordan

God became a human being for us to redeem us, to rescue our souls. Therefore let us seek only the honour of God and the salvation of souls.



Pope Francis' Prayer Intentions For April

Fundamental Rights We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please provide your contact details via the sign-in sheets provided. If you have checked-in with the QR code, you do not have to use the sign-in sheets. Thank you A warm welcome to all especially our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon



1 Keenan Street Mona Vale NSW 2103 • Tel: 9157 0999 • email: office@pittwaterparish.org • website: www.pittwaterparish.org

Second Sunday of Easter



Divine Mercy Sunday

11 April 2021 Sacred Heart Church. Mona Vale

3.00pm Exposition of the Blessed Sacrament

Adoration

Reconciliation

Chaplet of **Divine Mercy**

Benediction



Vinnies changes lives everyday.

Show your support and give to our annual appeal

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

LIBRARY

Prav

life for busy people, a guide to

meditation

Now that the restrictions have been Now that the restrictions have been lifted concerning the opening of churches, although at present 200 people at Maria Regina, we can access the Library. You are very welcome to browse the vast assortment of books and DVDs in the Parish Library at Maria Regina after the daily and weekend Masses. Books and DVDs will still be reviewed in the Bulletin. If you have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile). (Home) 0401613643 (mobile).

Trish Newman

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Sacred Heart Church 1 Keenan Street Mona Vale

Maria Regina Church 7 Central Road Avalon

Sacred Heart School Principal: Mrs Suellen Garey

Maria Regina School Principal: Miss Kirsty Thorpe

Mater Maria Catholic College Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

Divine Mercy Sunday (The Feast of Mercy)

Saint Faustina's Diary (Divine Mercy in My Soul), contains at least 14 passages in which Our Lord is quoted as requesting that a "Feast of Mercy" be officially established in the Church.

There is a very close link between the meaning of the Divine Mercy image and the liturgy of the first Sunday after Easter (Divine Mercy Sunday). On that day the Gospel reading throughout the Church is about the appearance of the Risen Christ in the Upper Room, and about the institution of the sacrament of Reconciliation. The rays of blood and water flowing from the Saviour's pierced Heart and the wounds on His hands and feet recall the events of Good Friday.

"I desire that the first Sunday after Easter be the Feast of Mercy." (Diary 299) "I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the fount of My mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which grace flow are opened." (Diary 699) "Souls perish in spite of My bitter Passion. I am giving them the last hope of salvation; that is, the Feast of My Mercy." (Diary 965)

The conditions required to receive such a great grace are: to place complete trust in God, to carry out acts of mercy, to be in a state of grace (having received the sacrament of Confession), and to receive Holy Communion.

The preparation for the Feast is to be a novena consisting of the recitation of the Divine Mercy chaplet for 9 days, beginning on Good Friday. Jesus said, "By this novena, I will grant every possible grace to souls." (Diary 796)

On Sunday, 30th April, 2000, (the canonisation of Saint Faustina and Feast of Divine Mercy), Pope John Paul II announced to the world, "It is important that we accept the whole message that comes to us from the word of God on this Second Sunday of Easter (first Sunday after Easter), which from now on throughout the Church will be called 'Divine Mercy Sunday."





The Image of Divine Mercy

The origins of this image are associated with the vision that Saint Faustina of the Congregation of Our Lady of Mercy had in the convent in Poland on 22nd February, 1931.

She wrote in her diary, "In the evening, when I was in my cell, I saw the Lord Jesus clothed in a white garment. One hand [was] raised in the gesture of blessing, the other was touching the garment at the breast. From beneath the garment, slightly drawn aside at the breast, there were emanating two large rays, one red, the other pale ... After a while, Jesus said to me, "Paint an image according to the pattern you see, with the signature; Jesus I Trust in You.

I desire that this image be venerated first in your chapel and then throughout the world." (Diary 47)

"I promise that the soul that will venerate this image will not perish. I also promise victory over [its] enemies already here on earth, especially at the hour of death. I Myself will defend it as My own glory." (Diary 48)

Jesus, when asked what the rays meant said, "The pale ray stands for the Water which makes souls righteous. The red ray stands for the Blood which is the life of souls . . . Happy is the one who will dwell in their shelter." (Diary 299)

It is of course the sacraments of Baptism and Reconciliation that purify the soul and the sacrament of the Holy Eucharist that is the life of the soul. Thus Jesus is again directing us to this infinite source of His mercy and love.

The words contained in the image, Jesus I Trust in You, are a reminder that we must totally trust in Him and show mercy always to others. Jesus said, "[The image] is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works." (Diary 742)

"My gaze from this image is like My gaze from the cross." (Diary 326) "I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: 'Jesus, I trust in You.' " (Diary 327)

The veneration of the image is based on confident prayer joined with deeds of mercy, to which Jesus attached the following promises; the grace of salvation, great progress on the road to Christian perfection, the grace of a happy death, and all other graces and temporal blessings which people who practice mercy will ask Him for with trust.

The Hour of Great Mercy (Three o'clock in the afternoon)

In October 1937, Jesus recommended with particular emphasis the veneration of the hour of his death:

"At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world . . . In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion. . . " (Diary 1320) "You can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world - mercy triumphed over justice." (Diary 1572)

In February 1938, Jesus said to Saint Faustina, "Try your best to make the Stations of the Cross in this hour, provided that your duties permit it; and if you are not able . . . then at least step into the chapel for a moment and adore, in the Blessed Sacrament, My Heart, which is full of mercy; should you be unable to step into the chapel, immerse yourself in prayer there where you happen to be, if only for a very brief instant." (Diary 1572)

Jesus laid down three conditions necessary for the prayers which shall be offered up at the hour of mercy in order for them to be heard and answered; the prayer is to be directed to Him, it is to take place at 3.00pm, and it is to appeal to the merits of His Passion. Furthermore, it is to be a prayer full of trust and accompanied by works of mercy toward one's neighbour.

Appropriate prayers for the Hour of Mercy, frequently recited by Saint Faustina, would be:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us. (Diary 1319)

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You. (Diary 84)

Saint Maria Faustina Kowalska (1905-1938)

The Humble Instrument



Sister Faustina was a young, uneducated nun in a convent of the Congregation of Sisters of Our Lady of Mercy in Poland during the 1930s. She came from a poor family that struggled during the years of World War I. She had only three years of simple education, so hers were the humblest tasks in the convent, usually in the kitchen or garden. However, she received extraordinary revelations or messages — from our Lord Jesus. Jesus asked Sr. Faustina to record these experiences, which she compiled into notebooks. These notebooks are known today as the Diary of Saint Maria Faustina Kowalska, and the words contained within are God's loving message of Divine Mercy.

Though the Divine Mercy message is not new to the teachings of the Church, Sr. Faustina's Diary sparked a great movement, and a strong and significant focus on the mercy of Christ. Saint John Paul II canonized Sr. Faustina in 2000 making her the "first saint of the new millennium." Speaking of Sr. Faustina and the importance of the message contained in her Diary, the Pope called her "the great apostle of Divine Mercy in our time."

Today, we continue to rely of St. Faustina as a constant reminder of the message to trust in Jesus' endless mercy, and to live life mercifully toward others. We also turn to her in prayer and request her intercession to our merciful Savior on our behalf.

Saint Faustina, you told us that your mission would continue after your death and that you would not forget us. Our Lord also granted you a great privilege, telling you to "distribute graces as you will, to who you will, and when you will." Relying on this, we ask your intercession for the graces we need, especially for the intentions just mentioned. Help us, above all, to trust in Jesus as you did and thus to glorify His mercy every moment of our lives. Amen

Graces and Miracles Received

Miracles attributed to the intercession of Sr. Maria Faustina lead to her canonisation on April 30, 2000. Today, people from around the world rely on St. Faustina to interceed on their behalf to Our Lord.

Miracle received by Maureen Digan

Before the age of 15, Maureen Digan enjoyed a normal healthy life. Then she was struck down with a very serious, slowly progressive but terminal disease called lymphedema. This is a disease that does not respond to medication and does not go into remission. Within the next ten years Maureen had fifty operations and had lengthy confinements in the hospital of up to a year at a time.

Friends and relations suggested she should pray and put her trust in God. But Maureen could not understand why God had allowed her to get this disease in the first place, and had lost her faith completely. Eventually her deteriorating condition would require the amputation of one leg.

One evening while Maureen was in the hospital her husband Bob watched a film on Divine Mercy and there he became convinced of the healing powers of intercession by Sr. Faustina. Bob persuaded Maureen and the doctors that she should go to the tomb of Sr. Faustina in Poland. Together with her husband, son, and Fr. Seraphim Michalenko, MIC (a priest of the Congregation of Marians of the Immaculate Conception), they traveled to St. Faustina's tomb at the Shrine of The Divine Mercy outside Krakow, Poland. They arrived in Poland on March 23, 1981 and Maureen went to confession for the first time since she was a young girl.

At the tomb Maureen remembers saying "Okay, Faustina I came a long way, now do something." Innerly she heard Sr. Faustina say: "If you ask for my help, I will give it to you." Suddenly she thought she was losing her mind. All the pain seemed to drain out of her body and her swollen leg, which was due to be amputated shortly, went back to its normal size. When she returned to the USA she was examined by five independent doctors who came to the conclusion that she was completely healed. They had no medical explanation for the sudden healing of this incurable disease.

The accumulated evidence of this miracle was examined in consultation by five doctors appointed by the Sacred Congregation for the Causes of Saints. Having passed this test it was examined by a team of theologians, and finally by a team of cardinals and bishops. The cure was accepted by all as a miracle caused by Sr. Faustina's intercession to the Divine Mercy. Sr. Faustina was beatified on April 18, 1993.

Proof that 'Miracles Do Happen'

Father Ron Pytel has had some big days, but few were as important as Divine Mercy Sunday 2000. "After my ordination, it was the most emotional day of my life," Fr. Ron says of standing alongside the Holy Father on April 30 and hearing him declare Sr. Maria Faustina the first saint of the Great Jubilee.

"I've been blessed by the Lord with a wonderful healing through Sr. Faustina's intercession. My healing became the canonisation miracle. So it was awesome to see her become a saint. And now, more people than ever will hear of the message of mercy," he says.

It has been nearly five years since doctors gave Fr. Ron three to five years to live. At that time, he was

extremely thin and pale with a badly damaged heart.

"I suppose I probably shouldn't be around anymore," jokes the 52-year-old pastor of Holy Rosary parish in Baltimore, Md. "But I'm living proof that miracles do happen."

The miracle is not only that Fr. Ron is alive, but that his permanent heart ailment is gone. As a matter of fact, he says he is in better health today than he's ever been.

'His Heart Touched Mine'

On Oct. 5, 1995, the feast day of St. Faustina (who was then a blessed), Fr. Ron and some friends gathered for prayer at Holy Rosary Church, which is also the Baltimore archdiocesan Shrine of The Divine Mercy. After a time of prayer for the healing of his heart through Sr. Faustina's intercession, Fr. Ron venerated a relic of St. Faustina and collapsed. He felt paralysed, but was completely at peace. A subsequent visit to his cardiologist showed that his heart had been healed.

Although he was healed through St. Faustina's intercession, Fr. Ron is quick to point out that Jesus healed him. "I know in my heart that Faustina put in a word with Jesus, and His Heart touched mine. It's as simple as that," he explains.

After almost three years of examining Fr. Ron and his medical records, doctors and theologians from the Congregation for the Cause of Saints concluded an exhaustive investigation of the healing.

And on Dec. 20, 1999, Pope John Paul II ordered publication of the fact of the healing as a miracle through Sr. Faustina's intercession, leading to her canonisation on Divine Mercy Sunday, April 30, in St. Peter's Square.

Blessed with Peace

When you meet Fr. Ron, the first thing you notice is how radiant he is - and that he's a man completely at peace. And when you hear him speak, his enthusiasm for St. Faustina and Divine Mercy is infectious.

"Personally, I'm still in awe," he says. "Sometimes I wake up and ask myself if I've just had a four-year dream. Spiritually, my prayer life has intensified tremendously.

"I've had a peace that has been with me through everything that has taken place," he explains. "I've also been blessed with a calmness, a gentleness. I think it's made me more open to the struggles of other people."

Accepting God's Timing

During the investigation of his healing, Fr. Ron says he was hoping for a quick decision from the Congregation for the Causes of Saints. However, as the case dragged on, Fr. Ron became more willing to accept the Lord's timing.

"And as it turns out, God's timing was perfect," he explains enthusiastically. "She's the saint of the millennium! She's being held up as the model for us. And the significance of the date on which she was canonised is perfect. On April 30, 1926, she received her habit and her name - Faustina. And 74 years later, she has a new name - St. Faustina!"

10th & 11th April 2021

PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information . Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.





Thirty five years ago, the Diocese of Broken Bay was established and this anniversary is an opportunity to look back and remember the story of our Diocesan journey with hearts of gratitude, so that we might look forward to the future in hope.

In the Universal Church, Pope Francis has also proclaimed a year for St Joseph and the Family for 2021. The combination of these three themes allow us to approach our activities and mission this year with renewed depth of faith in what God is calling us to be in the community of the Church of Broken Bay.

If you have any stories you can share about the history of the Diocese of Broken Bay, and any old photos, please send them through to Melissa Loughlin, Editor, Broken Bay News news@bbcatholic.org.au



Even though the restrictions in NSW have eased and Churches can now have up to 300 people attending, the one person per two-square metre rule applies. This means that the capacity of our Churches is 200 for Sacred Heart Church, Mona Vale and 250 for Maria Regina Church, Avalon.

Masks are now not complusory in Church.

Continue to practise good hygiene. Please use the hand sanitisers provided in both of our Churches.

10th & 11th April 2021



The Living Word

1 Pt 2:2

Acts 4:32-35

Entrance Antiphon

Like newborn infants, you must long for the pure, spiritual milk, that in him you may grow to salvation, alleluia.

First Reading

A reading from the Acts of the Apostles The whole group was united, heart and soul.

The whole group of believers was united, heart and soul; no one claimed for his own use anything that he had, as everything they owned was held in common.

The apostles continued to testify to the resurrection of the Lord Jesus with great power, and they were all given great respect.

None of their members was ever in want, as all those who owned land or houses would sell them, and bring the money from them, to present it to the apostles; it was then distributed to any members who might be in need.

The word of the Lord

Responsorial Psalm

Ps 117:2-4. 15-18. 22-24. R. v.1

(R.) Give thanks to the Lord for he is good, his love is everlasting. or

(R.) Alleluia!

Let the sons of Israel say: 'His love has no end. Let the sons of Aaron say: 'His love has no end. Let those who fear the Lord say: 'His love has no end." (**R**)

The Lord's right hand has triumphed; his right hand raised me up. I shall not die, I shall live and recount his deeds. I was punished, I was punished by the Lord but not doomed to die. (R)

The stone which the builders rejected has become the corner stone. This is the work of the Lord, a marvel in our eyes This day was made by the Lord; we rejoice and are glad. (**R**)

Second Reading

1 Jn 5:1-6 A reading from the first letter of St John Anyone begotten by God has already overcome the world.

Whoever believes that Jesus is the Christ has been begotten by God; and whoever loves the Father that begot him loves the child whom he begets. We can be sure that we love God's children if we love God himself and do what he has commanded us; this is what loving God is -

keeping his commandments;

and his commandments are not difficult, because anyone who has been begotten by God

has already overcome the world;

this is the victory over the world – our faith. Who can overcome the world? Only the man who believes that Jesus is the Son of God; Jesus Christ who came by water and blood. not with water only, but with water and blood; with the Spirit as another witness since the Spirit is the truth.

The word of the Lord

Gospel Acclamation

Alleluia, alleluia! You believe in me, Thomas, because you have seen me; happy are those who have not seen me, but still believe! Alleluia!

Jn 20:29

Jn 20:19-31

Gospel

A reading from the holy Gospel according to John

After eight days, Jesus came in and stood among them.

In the evening of that same day, the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

As the Father sent me,

so am I sending you.' After saying this he breathed on them and said:

Receive the Holy Spirit.

For those whose sins you forgive,

they are forgiven;

for those whose sins you retain,

they are retained. Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, 'We have seen the Lord', he answered, 'Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe. Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. Jesus came in and stood among them. 'Peace be with you' he said. Then he spoke to Thomas, 'Put your finger here; look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.' Thomas replied, 'My Lord and my God!' Jesus said to him: 'You believe because you can see me. Happy are those who have not seen and wet believe.'

yet believe.' There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus is the Christ, the Son of God, and that believing this you may have life through his name.

The Gospel of the Lord

Communion Antiphon Cf. Jn 20:27 Bring your hand and feel the place of the nails,

and do not be unbelieving but believing, alleluia.

REFLECTION by Dianne Bergant CSS

Today we consider the presence of the Risen Lord. Where is he found? Each of the readings offers an answer to this question. The Risen Christ is found in the community of believers who follow the example of Jesus. Even non-believers recognised something marvellously different about the Christian community, and they exclaimed: These Christians, see how they love one another. The Risen Christ is found in those who The Risen Christ is jound in inose who accept the truth of the resurrection on the word of others. The word of God preached by others has often brought us out of darkness into light, from the stranglehold of death to the birth of new *life. The preaching of the disciples has* been not only instructive, it has also been transformative.

The Risen Christ is found in the forgiveness of sin. Jesus made the frightened disciples ministers of divine forgiveness. The Spirit reconciles sinners with God and, thereby, with the rest of the believing community. Forgiveness is a tangible sign of Christ's mystical presence.

The Risen Christ is found in the physical manifestation of Christ's own wounds, the wounds that he offered to be touched. Since the community is the body of Christ, we touch the wounds of Christ when we touch the wounds of the community, when we go out to the sick and infirm, the dispossessed and the violated. As shocking as these wounds may appear, they are really glorious, because the Risen Lord has identified with them and has made them his own.

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A big THANK YOU to all the senior servers, junior servers, lectors, musicians, singers, ministers of the Eucharists, collectors and everyone involved the organisation and participation in our celebrations of Holy Week, from Palm Sunday of the Passion of the Lord, Holy Thursday, Good Friday, Stations of the Cross, and Friday of the Lord's Passion, Holy Saturday and Easter Sunday of the Resurrection of the Lord. Your continued support and dedication is very much appreciated.

Second Sunday of Easter

10th & 11th April 2021





LOCAL PEOPLE CARING FOR LOCAL FAMILIES

Our team live, work and play on the Beaches. We understand the local community and are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own with a prepaid funeral, we're here to help.

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