



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## Prayer of St Francis

Lord, make me an instrument of your peace:  
where there is hatred,  
let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master, grant that  
I may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.

For it is in giving that  
we receive,  
it is in pardoning that  
we are pardoned,  
and it is in dying that  
we are born to eternal life.

Amen.



## Thoughts of Fr Francis Jordan

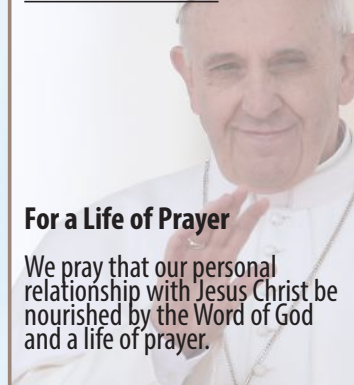
Hope comes from faith! We must have great faith, and without great faith we cannot have hope or confidence in God, or hope in the Lord!



**Anthony Thai, our Salvatorian seminarian celebrates his birthday today, 6 December.**

**Join us for birthday cake after the 10am Mass - Sacred Heart Church.**

## Pope Francis' Prayer Intentions For December



### For a Life of Prayer

We pray that our personal relationship with Jesus Christ be nourished by the Word of God and a life of prayer.

**If you have used this bulletin, please take it home with you.**

*Love your neighbour*



**A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon**



## trybooking

To ensure that we fulfil the requirements of the 80 (Mona Vale) and 100 (Avalon) people limit, we would like you to use the Trybooking website to book for our **weekend Masses**.

There is no need to book for the weekday Masses.

The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions.

### Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>  
To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

**Watch the daily Mass on Demand from Broken Bay's Cathedral at**

<https://www.youtube.com/channel/UCNenwfl7i14>

**XB9TsVBrLvQ**

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



## We Pray for

### Recently Deceased

Holly Decastella

**Eternal Rest Grant Unto Them  
O Lord, And Let Perpetual Light  
Shine Upon Them.**

**May they Rest in Peace. Amen.  
May Their Souls And The Souls  
Of The Faithful Departed,  
Through The Mercy Of God,  
Rest In Peace. Amen.**

### Deceased Anniversaries

**Maria Muon  
Victor Cabanov  
Paul Vlatko  
Dr John Reynolds  
Josip Juricev**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

## Prayers for the Sick

Bill Eyre  
Manny Zarb  
Philip Maddrell  
Gail Reiher  
Imelda Vince  
Eric Domagas  
Vicky Villaluz  
Ben Castillo  
Moira Howie  
Carol Brennan  
Jomar  
Christine Hills  
Donald McRae  
Sara Zofrea  
Beryl Peo-Duncan  
John Andrew Graham  
John Charles Graham  
Michael Carrodus  
Pat Regan  
Robyn Sheather  
Lynette Buhat  
Candida Hernandez  
Chin Quang Le  
Gill Page  
Tony Quatroville  
Garry Gleeson  
Elizabeth Kral

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

## Adoration & Benediction

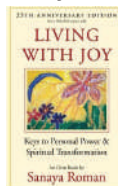


**MARIA REGINA CHURCH -  
every Thursday  
9am Exposition of the Blessed  
Sacrament, Adoration and  
Benediction at 9.45am.  
Mass at 10am**

**SACRED HEART CHURCH -  
every Thursday  
Mass at 7pm followed by  
Exposition of the Blessed  
Sacrament, Adoration and  
Benediction at 9pm.**

## BOOK REVIEW

### Living with Joy by Sanaya Roman



This fascinating book shows us the keys to personal power and spiritual transformation. Even the titles of the chapters inspire us to keep believing in ourselves and loving ourselves. A great read.

## PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. Or donations can be made on our website: [www.pittwaterparish.org](http://www.pittwaterparish.org) through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



## THANK YOU

**I wish to take this opportunity to say thank you for your contributions and support throughout the year. Your financial contributions in our Planned Giving Programme and your generous donations throughout the year to Charitable Works Fund are greatly appreciated. I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.**

**Fr Bronek SDS  
Parish Priest**

## from Our Schools



### Mater Maria Catholic College

On Monday at Mater Maria, we held our Christmas Thanksgiving Liturgy for members of the College Executive Team, College Advisory Board, Parent & Friends group, new Staff to the College and parent volunteers. Although we were limited to a maximum of 30 attendees, it was wonderful to be able to have the opportunity of thanking some of our community and to meet the new staff that will be joining the College in 2021, in particular our new Assistant Principal, Ms Gabie Stojanovski.

Our artistic HSC students have been very creative this year. We had 3 nominations to Art Express 2021 and our Year 12 student, Leah Brown, has just been selected to display her art at the Margaret Whitlam Gallery. Congratulations to Leah who consistently worked on her artwork through a very hard year and maintained such high quality in her contemporary artwork. Congratulations also to Sophia Monteleone. Sophia has just been selected to display her HSC work at the Express Yourself 2021 exhibition in Manly.

The College has introduced a pilot project this term for Year 8 students to experience and work with Virtual Reality equipment and software in the TAS workspace. This is an exciting project where some students that were initially disengaged were blown away and each pushed their own boundaries to see where the software could go. Some of our other news and events can be found here: [www.matermaria.nsw.edu.au/news-events/](http://www.matermaria.nsw.edu.au/news-events/).

If you are interested in Mater Maria Catholic College for your child's education please visit <https://matermaria.nsw.edu.au/enrolment/>. We are hopeful that our next Open Day can take place on Thursday 4 March, 2021.

## Share the News

**Our Churches-  
Sacred Heart and  
Maria Regina are open.**

**Come for Mass.**

**Come and pray.**

**Come and light a candle.**

**Come sit and find peace.**



## Out in the Wilderness



Something big was about to happen, but then John the Baptist had been expecting something unusual. He had heard stories about the time before he was born, how he had come onto the scene long after his parents thought children would be part of their lives. Both his mother Elizabeth and his father Zechariah, a priest, had

received messengers - though his father did not at first believe what was happening - who made surprising promises that John would take after the prophet Elijah.

John "grew and became strong in spirit," and in time he embraced his calling to be a prophet with a passion and headed out to the wilderness.

He even looked the part. With his camel's hair clothes, leather belt, and a diet of locusts and wild honey, he was the spitting image of Elijah. And he had a prophet's message: to call people back to God. "Repent," he said - let your heart be changed, turn your life around - "for the kingdom of heaven has come near." Go down into the waters of baptism and come up a new person. Know you are forgiven.

Then came the moment John's whole life had been heading toward. He realised one was "coming after me" who was "more powerful than I." He even started denying he was the prophet he acted so much like. I'm not Elijah, or the Messiah, he said. The real Messiah was on his way.

John didn't recognise Jesus at first when he showed up at the Jordan River to be baptised. But when Jesus came up out of the water, the heavens opened and God's presence came down

like the Spirit of God that had swept over the waters at the creation of the world. And if anyone there needed any further persuading, a voice from above was heard to say, "This is my Son, the beloved, with whom I am well pleased."


John had completed his work. He had made straight the paths for the way of the Lord.

It's Advent. Jesus is near. With the rest of the people of God you are out in the wilderness waiting for him to appear. How can you make straight the paths of your own life? Be open to a change of heart, to letting yourself be turned in a new direction. To what new roles - perhaps unexpected ones - does your life, like John's, point? Could it be to bring some forgiveness and peace to yourself, your family, your friends, your coworkers, the world?

The answers may be hidden just beneath the waters, waiting to surface.

LoyolaPress






The Salvatorians invite you to a

# VIGIL MASS


TO CELEBRATE  
THE SALVATORIAN FOUNDATION DAY  
AND IN THANKSGIVING FOR  
THE FUTURE BEATIFICATION OF  
FR FRANCIS JORDAN  
AND THE EPISCOPAL APPOINTMENT OF  
BISHOP KAROL KULCZYCKI SDS

MONDAY 7TH DECEMBER, 6PM  
ST PATRICK'S EAST GOSFORD PARISH  
[76 YORK ST, EAST GOSFORD, NSW]

Please note that due to the Covid-19 restrictions, we are unfortunately unable to gather together for dinner after the Mass.




**SOCIETY OF THE DIVINE SAVIOUR  
SALVATORIAN**  
*Answered for our time*  
AUSTRALIA



*Do not rest  
content until  
all know, love  
and serve Jesus  
as their saviour.*

FR FRANCIS JORDAN



**Due to COVID -19 restrictions, and limited places, please book your attendance for this Mass through the Parish Office or call 91570999, to secure your place.**

**Advent is a wonderful time to celebrate the reconciling love and the healing graces our Lord offers us.**

**There will be Reconciliation on 17 December 2020 at 7.30pm, Sacred Heart Church, Mona Vale**

**There will be Mass at 7pm, followed by Adoration, Reconciliation and Benediction.**



# YOUTH NIGHT

## CHRISTMAS PARTY

### SUNDAY 13 DEC

*come for the last gathering of 2020!*

STARTING WITH 6PM MASS @ SACRED HEART



# Make a straight path for the Lord

2nd Sunday of Advent, Year B



The prophet Isaiah wrote:

"I am \_\_\_\_\_ my  
\_\_\_\_\_ ahead of you,  
who will \_\_\_\_\_ your way;  
the \_\_\_\_\_ of one \_\_\_\_\_ out  
in the \_\_\_\_\_:  
'Prepare the \_\_\_\_\_ of the \_\_\_\_\_,  
make his paths \_\_\_\_\_'"

crying  
straight  
way  
voice  
sending  
prepare  
wilderness  
messenger  
Lord



What are three things you can do to be ready for Jesus during this second week of Advent?

John the Baptist prepared the way for Jesus by telling people to turn back to God and baptising them. He wore clothes made from camel's hair and wore a leather strap around his waist. For food he ate grasshoppers and wild honey. Draw a picture of John baptising someone in the Jordan River.





## CHRISTMAS MASS TIMES 2020

Thursday  
**24**

### CHRISTMAS EVE

**Maria Regina  
Church**  
4.00pm & 6.00pm  
Family's Masses

9.00pm  
Mass of the Night

**Sacred Heart  
School Grounds**  
5.00pm  
Family Mass  
9.00pm  
Youth Mass

**Sacred Heart  
Church**  
Midnight Mass

Friday  
**25**

### CHRISTMAS DAY

**Maria Regina  
Church**  
8.00am & 10.00am

**Sacred Heart  
School Grounds**  
8.00am and 10.00am

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need assistance.



Even though the restrictions in NSW have eased and Churches can now have up to 300 people attending, the one person per four-square metre rule still applies. This means that the capacity of our Churches remains at 80 for Sacred Heart Church, Mona Vale and 100 for Maria Regina Church, Avalon.

**It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.**

**If you have a coughing episode in Church, we advise you to step out to the courtyard, or the parish centre, away from others for the moment.**

**We will continue to record names and contact details of those present at services along with the date and time they attend, as required by NSW health.**

Continue to practise good hygiene.  
**Please use the hand sanitisers provided in both of our Churches.**

As we move towards living COVIDSafe, it is important that you **stay at home if you feel unwell**. If you have cold or flu like symptoms, such as a fever, cough, sore throat, runny nose or shortness of breath, you should seek medical advice and get tested for COVID-19. You should get tested even if your symptoms are mild, and **do not come to Church.**



**Everyone must also stay 1.5 metres away from other people whenever possible. Please sit only in the marked seats.**

**If you have been overseas or interstate in the last 14 days, or have been in contact with a confirmed case of Covid 19 in the last 14 days, have been a hotspot vicinity, or awaiting a Covid - 19 test result, as much as we would like you to be with us here in Church, we appreciate your prayers more than your presence in this situation. For the up to date information on the Covid 19 hotspots visit: [www.https://www.nsw.gov.au/covid-19/latest-news-and-updates](https://www.nsw.gov.au/covid-19/latest-news-and-updates)**

#### MASK for MASS

The use of face masks is encouraged to keep our communities safe during this time.



**Thank you for working with us to keep our parish community safe.**

To read the messages from Bishop Anthony and from the people Vox Populi please go to [www.pittwaterparish.org](http://www.pittwaterparish.org). News and events tile and Messages from Bishop Anthony on the drop down menu.

CHARITABLE WORKS FUND November 2020 Appeal

**21,000**

of our Catholic students in State Schools need spiritual nourishment

PLEASE HELP US REACH THEM TODAY

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OR Complete your CWF Envelope

Support by completing the CWF envelope, scanning the QR code, or visiting [www.bbcatholic.org.au/give](http://www.bbcatholic.org.au/give). Please enter "Pittwater Parish" to allocate your donations to towards our parish quota. All donations are tax deductible and contribute to our parish quota. Your generosity is greatly appreciated. Thank you and God Bless!



## Vinnies Christmas Appeal

Dear Parishioners,

The Avalon and Mona Vale St Vincent De Paul conferences are again seeking your generosity in supporting this year's Christmas Appeal

Our basic commitment is, as always, visiting the poor and disadvantaged in our parish, and rendering appropriate assistance and care.

We are also called upon to support special works of the Society including support for the homeless (Matthew Talbot Hostel), refugees and our "Youth Reach" centre at Brookvale.

Our conferences also assist other conferences in our Broken Bay diocese who are overrun with families experiencing extreme difficulties including family separation, unemployment, children at risk and domestic violence.

Our conferences are also "twinned" with conferences in India in districts where poverty and homelessness are extreme and we are committed to a small annual contribution, on your behalf to help ease their burden.

Your tax deductible donation in the envelopes provided, may be placed in the poor box at any time or left in the piety stall – tax receipts will be issued if requested. Donations can also be made at the Vinnies website – [vinnies.org.au](http://vinnies.org.au)

Thank you for your generosity



**Christmas Cards \$6 for a pack of 10 and Columban Calendars 2021 \$9 each.**

**All transactions are cash only, as we do not have EFTPOS facilities. Any queries, please call the Parish Office on 9157 0999.**

**For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.**

# The *Living* Word

## Entrance Antiphon

Cf. Is 30:19,30

O people of Sion, behold,  
the Lord will come to save the nations,  
and the Lord will make the glory of his voice  
heard  
in the joy of your heart.

## First Reading

Is 40:1-5, 9-11

**A reading from the prophet Isaiah**  
*Prepare the way for the Lord.*

‘Console my people, console them’  
says your God.  
‘Speak to the heart of Jerusalem  
and call to her  
that her time of service is ended,  
that her sin is atoned for,  
that she has received from the hand of the  
Lord  
double punishment for all her crimes.’  
A voice cries, ‘Prepare in the wilderness  
a way for the Lord.  
Make a straight highway for our God  
across the desert.  
Let every valley be filled in,  
every mountain and hill be laid low,  
let every cliff become a plain,  
and the ridges a valley;  
then the glory of the Lord shall be revealed  
and all mankind shall see it;  
for the mouth of the Lord has spoken.’  
Go up on a high mountain,  
joyful messenger to Zion.  
Shout with a loud voice,  
joyful messenger to Jerusalem.  
Shout without fear,  
say to the towns of Judah,  
‘Here is your God.’  
Here is the Lord coming with power,  
his arm subduing all things to him.  
The prize of his victory is with him,  
his trophies all go before him.  
He is like a shepherd feeding his flock,  
gathering lambs in his arms,  
holding them against his breast  
and leading to their rest the mother ewes.

## The word of the Lord

## Responsorial Psalm

Ps 84:9-14. R. v.38

**(R.) Lord, let us see your kindness, and  
grant us your salvation.**

I will hear what the Lord God has to say,  
a voice that speaks of peace,  
peace for his people.  
His help is near for those who fear him  
and his glory will dwell in our land. **(R.)**

Mercy and faithfulness have met;  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. **(R.)**

The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **(R)**

## Second Reading

2 Pt 3:8-14

**A reading from the second letter of St  
Peter**  
*We wait for new heavens and a new earth.*

There is one thing, my friends, that you must  
never forget: that with the Lord, ‘a day’ can

mean a thousand years, and a thousand years  
is like a day. The Lord is not being slow to  
carry out his promises, as anybody else might  
be called slow; but he is being patient with  
you all, wanting nobody to be lost and  
everybody to be brought to change his ways.  
The Day of the Lord will come like a thief,  
and then with a roar the sky will vanish, the  
elements will catch fire and fall apart, the  
earth and all that it contains will be burnt up.  
Since everything is coming to an end like  
this, you should be living holy and saintly  
lives while you wait and long for the Day of  
God to come, when the sky will dissolve in  
flames and the elements melt in the heat.  
What we are waiting for is what he promised:  
the new heavens and new earth, the place  
where righteousness will be at home. So then,  
my friends, while you are waiting, do your  
best to live lives without spot or stain so that  
he will find you at peace.

## The word of the Lord

## Gospel Acclamation

Lk 3:4, 6

Alleluia, alleluia!  
Prepare the way of the Lord, make straight  
his paths:  
all people shall see the salvation of God.  
Alleluia.

## Gospel

Mk 1:1-8

**A reading from the holy Gospel according  
to Mark**

*Make straight the paths of the Lord.*

The beginning of the Good News about Jesus  
Christ, the Son of God. It is written in the  
book of the prophet Isaiah:

Look, I am going to send my messenger  
before you;  
he will prepare your way.  
A voice cries in the wilderness:  
Prepare a way for the Lord,  
make his paths straight,  
and so it was that John the Baptist appeared  
in the wilderness, proclaiming a baptism of  
repentance for the forgiveness of sins. All  
Judaea and all the people of Jerusalem made  
their way to him, and as they were baptised  
by him in the river Jordan they confessed  
their sins. John wore a garment of  
camel-skin, and he lived on locusts and wild  
honey. In the course of his preaching he said,  
‘Someone is following me, someone who is  
more powerful than I am, and I am not fit to  
kneel down and undo the strap of his sandals.  
I have baptised you with water, but he will  
baptise you with the Holy Spirit.’

## The Gospel of the Lord

## Communion Antiphon

Bar 5:5; 4:36

Jerusalem, arise and stand upon the heights,  
and behold the joy which comes to you from  
God.

## REFLECTION by Dianne Bergant CSA

*In the wilderness God's salvation comes to a broken  
people. In the midst of what is seemingly an impossible  
situation, hope emerges with vigour. In this context,  
hope is an openness to surprise, the surprise that God*

*is in no way limited to the imaginings of human minds  
and the consequences of human history. This is the  
kind of hope that is proclaimed in the wilderness by  
John; it is the kind of hope that trusts that from the  
impossible, God can work a new creation.*

*There is something of a time warp in Christianity.  
What is future is made present. The prophetic oracle  
announces the future as if it is already happening. This  
sense of the future-present prompts new ways of living.  
As the future takes root in human lives, the present is  
transformed into a new creation and the Day of the  
Lord appears.*

*God's future comes through the wilderness into the  
broken city and inspires a broken-hearted people. The  
contrite heart is a broken heart, an emptied-out heart,  
a hope-filled heart. It is a heart that is unencumbered  
by the past and that lives currently in the passing of  
time and the fragility of being alive. The contrite,  
broken heart can be filled only by what is promised in  
the future. This is the paradox of Advent. In the middle  
of the wilderness, God works the impossible in those  
whose hearts are ready for the surprise of hope.*

## Christmas Hampers



Many thanks to everyone who handed in  
their vouchers last week. If you would still  
like to contribute a Food and Grocery Only  
(no alcohol) voucher from Woolies or Coles,  
you can hand it in after Mass, drop it into  
the Parish Office or ring Marie Bockman  
0419 010 247 to arrange collection. Thank  
you for your generous ongoing support of  
this Parish tradition.

**Marie Bockman**

## Parish Christmas Candle 2020



Handmade candles,  
available for sale  
after Masses or from  
the Parish Office  
from 12 December  
for **\$15 each.**





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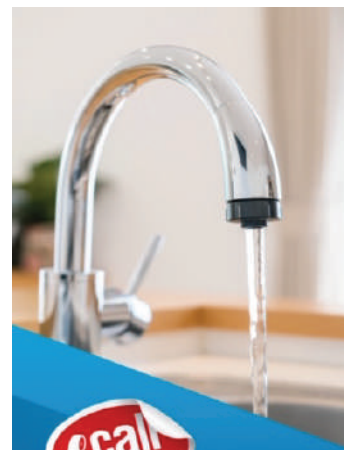


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**Liturgy for the Week**

07/12 **Monday St Ambrose, bishop,**  
doctor  
Is 35:1-10; Lk 5:17-26  
(Alt. Eph 3:8-12; Jn 10:11-16)

08/12 **Tuesday The IMMACULATE**  
**CONCEPTION of the BLESSED**  
**VIRGIN MARY**  
Gen 3:9-15, 20; Eph 1:3-6, 11-12;  
Lk 1:26-38

09/12 **Wednesday 2nd Week of**  
**Advent**  
Is 40:25-31; Mt 11:28-30

10/12 **Thursday 2nd Week of Advent**  
Is 41:13-20; Mt 11:11-15  
or **Our Lady of Loreto**

11/12 **Friday 2nd Week of Advent**  
Is 48:17-19; Mt 11:16-19

12/12 **Saturday 2nd Week of Advent**  
Sirach 48:1-4, 9-11; Mt 17:10-13  
or **Our Lady of Guadalupe**

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