



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace entrusted to the care of the Salvatorians.

Prayer for International Women's Day

Women are a reflection of the
glory of God.
Today we honour the women of
all times and all places:

Women of courage.
Women of hope.
Women suffering.
Women mourning.
Women living fully.
Women experiencing joy.
Women delighting in life.
Women knowing the
interconnectedness of the
human family.
Women honouring the
sacredness of the relational,
the affective.
Women quietly tending the
garden of human flourishing.
Women boldly leading the
transformation of unjust
global structures.
Women seeking wisdom.
Women sharing wisdom.
Women receiving love.
Women giving love.
Women: life-giving.
Women: the image of God.

Loving God, we celebrate your
faithfulness and love. On this
day we commit ourselves to the
promotion of the full humanity
of all women everywhere.
We know that whatever denies,
diminishes, or distorts the
full humanity of women
is not of God.
Help us to be faithful
to your call to love.
Amen.



Thoughts of Fr Francis Jordan

We must diligently and wisely use all ways and means which the love of
Christ inspires to glorify God.

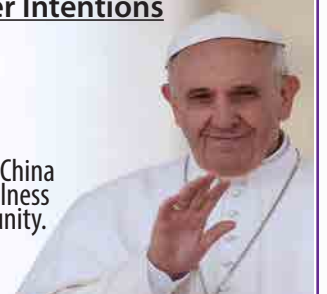


A warm welcome
to our parishioners
and visitors who are
celebrating the
Eucharist with us at
Pittwater Parish -
Sacred Heart Church,
Mona Vale and
Maria Regina Church,
Avalon

Pope Francis' Prayer Intentions for March 2020

Catholics in China

We pray that the Church in China
may persevere in its faithfulness
to the Gospel and grow in unity.





Vinnies
changes
lives
everyday.

Show your support and
give to our annual appeal



"TINNIES FOR VINNIES"

Thank you to our generous parishioners for their past donations to 'Tinnies for Vinnies'. By your generosity, our stockpile is overflowing. As such, we will not be needing anything for the month of March. You make a difference in the lives of our clients.

Sue Bowra

For the needy, help is
available by contacting
the Brookvale Centre
9905 0424 during
business hours.

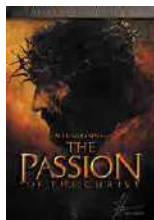
Did you know that if you are new to
our parish you can register your
details through our website or if
your contact details have changed
you can update them.

Simply go to
www.pittwaterparish.org, click on
the "Welcome" menu item and
select "Parishioner Registration"
from the dropdown menu.
If you have any problems, please
contact the parish office on
9157 0999.

DVD REVIEW

The Passion of the Christ
A Mel Gibson Film

The Passion
of the Christ
is a powerful
movie on
which we can
dwell during
Lent and up
to Easter.
It shows
Christ's love
for mankind which made Him
willing to suffer and die for us.



We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for

Recently Deceased
Michael Simmons Jnr
Conn Reen
Judith McElroy

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.

May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

Deceased Anniversary

Maria Rosa Calvi
Fr Lauro Rufo
John Shanahan

Prayers for the Sick

Tayla Riddle
Giovanni Returra
Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moirra Howie
Carol Brennan
Jomar
Christine Hills
Ross Perkins
Donald McRae
Mary O'Connor
Sara Zofrea
Beryl Peo-Duncan

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

LIBRARY

The books which are reviewed here each week are from our Parish Library situated at Maria Regina Church, Avalon. The Library is opened at Maria Regina Church, Avalon before and after the weekend Masses, Saturday 6 pm and Sunday 9 am, and on week day Masses, except Tuesdays, at 9.15 am. You can browse our full collection of books and DVDs on the Parish website. Go to Resources > Library > Our books. If these hours don't suit you and you would like to borrow or have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman



If you are experiencing
Domestic Violence.

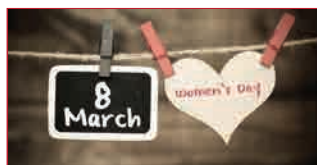
Ring 1800 RESPECT
1800 737 732

DATES for your DIARY



STATIONS OF THE CROSS

Every Friday in Lent after
morning mass.



International Women's Day
Sunday 8 March, a day to
celebrate women's achieve-
ments, and both highlight and
work to address barriers that
continue to perpetuate gender
inequality. The 2020 global
IWD theme is "Generation
Equality", a call to action to
join forces across generations,
to create a world where every
girl and woman has equal
opportunities to fulfil their full
potential.

We pray that the Gospel vision
of justice will inspire us to
overturn deep seated gender
inequalities and work for
women's rights, equality and
justice.

DO YOU WANT TO FAST FOR LENT?

Fast from hurting words and say
kind words

Fast from sadness and be filled
with gratitude

Fast from anger and be filled with
patience

Fast from pessimism and be filled
with hope

Fast from worries and trust in God

Fast from complaints and
contemplate simplicity

Fast from pressures and be
prayerful

Fast from bitterness and fill your
heart with joy

Fast from selfishness and be
compassionate

Fast from grudges and be
reconciled

Fast from words and be silent so
you can listen.

Anointing Mass

At Nursing Homes And
Retirement Villages

MINKARA NURSING HOME

Tuesday 17 March
at 10.30am
Anointing Mass

SEABEACH GARDENS NURSING HOME

Tuesday 17 March
at 11.30am
Anointing & Communion

BAYVIEW GARDEN NURSING HOME

Tuesday 17 March
at 1.30pm
Anointing Mass

ARCARE NURSING HOME

Tuesday 17 March
at 2.30pm
Anointing & Communion

AVALON HOUSE NURSING HOME

Wednesday 25 March
at 10.45am
Anointing & Communion

MARCUS LOANE NURSING HOME

Wednesday 25 March
at 2.00pm
Anointing Mass

Lenten Listening 2020

This year's Lenten resource offered by the Diocese of Broken Bay is called 'Lenten Listening 2020' and allows parishes to reflect on the 6 Plenary Council themes in conjunction with the Lenten Scripture texts. If you are interested in leading a group, please contact the office on 9157 0999.

LENTEN PROGRAM

You are invited to join our
Lenten program led by
Penny Kerr 10am in the hall
in Maria Regina Church,
Avalon.

During Lent The Thursday
Morning Spirituality Group
will be studying the Lenten
program, "Lenten Listening
2020." We commence at
10.30 am, with a cuppa,
finishing at 12.30 pm, in the
Maria Regina Church hall.
All are welcome.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 9.30am

Wednesday 9.30am

Thursday 7pm

(Followed by Adoration and

Benediction at 9pm)

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration,

Reconciliation

and Benediction

from 9.30am,

followed by Mass

with Anointing of the Sick

at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

4.00pm Croatian

(1st & 3rd Sunday)

6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

Mass with Anointing of the Sick -
First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am



**PROJECT
COMPASSION**
GO FURTHER TOGETHER



Twenty-seven-year-old Phany was a struggling farmer and was forced to leave her daughter to take up construction work in the city. Her life has been transformed since joining a Caritas supported program, learning crop growing skills and better water management, to combat drought.

Please donate to Project Compassion 2020 to help mothers like Phany continue to uplift their communities, and provide food for their families.

Let's Go Further, Together. You can donate through Parish

boxes and envelopes, by visiting

www.caritas.org.au/projectcompassion or phoning

1800 024 413.



ADULT FAITH EDUCATION TALKS

Dear Fellow Parishioners,

You are invited to two evening talks to be given by Father Denis Uhr.

Denis was born in Brisbane and went to the MSC school Downlands in Toowoomba. After noviciate in Douglas Park and studies in Canberra and Melbourne he spent many active years in MSC schools with a focus on English, Modern History and RE. Denis is now semi retired in Kensington and has an interest in the emerging creation stories that are seeing the Universe evolving over the last 14 thousand years.

The Talks: Sacred Heart Parish Centre Mona Vale.

Talk 1: Tuesday 17th March from 7.30pm until 9pm.

Title: How Could God want Jesus Executed?

Talk 2: Tuesday 24th March from 7.30pm until 9pm.

Title: Our Role in the Resurrection of the Universal Christ.

All Adults are welcome.

Come and join us from 7pm for a coffee or tea before the talks start.

Regards,

The Adult Faith Education Team.



SAFEGUARDING

We the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

The Australian Salvatorians invite you to a

YOUTH GATHERING

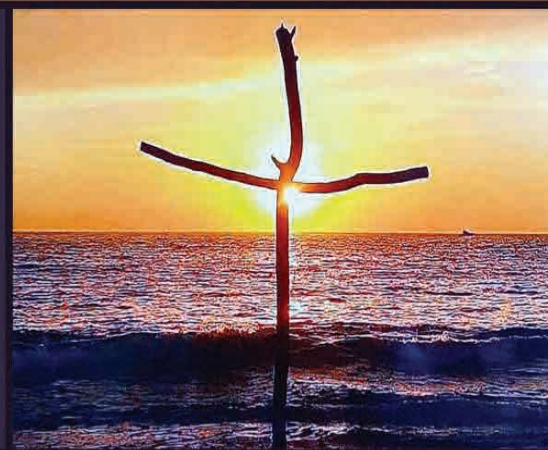
JOIN US FOR YOUTH MASS,
BBQ, ACYF REUNION AND
PARTY - WITH DJ!

Sunday 15th March 6-9pm

St Patrick's Parish, East Gosford



Gosford parish will celebrate the feast of its patron, St Patrick, on this day



Giving Up Chocolate: thoughts on 'living Lent'

by Majella Dennis, March 2015



When I was in primary school, I hated Lent. My little Catholic school tended to make a big deal of the whole season. We had Caritas Project Compassion boxes with weekly fundraising goals, lots of liturgies and Masses, Religion lessons highlighting the importance of doing penance and worst of all: the Lenten Promise. This Promise (fasting, by any other name) was the subject of a great many conversations amongst my classmates in the lead-up to Ash Wednesday - who was going to give up what in order to become holy, pure and the recipient of the most chocolate eggs on Easter morning (we may have misunderstood the end goal).

Each year, I remember feeling incredibly burdened by my Lenten Promise. I suspect it was because I always fell into the trap of Competitive Promising - the act of ensuring that your Lenten fast is more sacrificial, penitential and austere than everyone else's. If my friend gave up chocolate - I needed to give up all junk food. My classmate promised to abstain from computer games - well, no riding bikes, climbing trees or anything remotely resembling fun for me!

Consequently, the forty days of Lent always stretched dreary and dark before me, my faithfulness to God tested constantly by my sin-filled little sisters who ate Caramello Koalas right in front of me in flagrant disregard of my Lenten Promise.

Naturally, I am hoping to impart a different experience of Lent to my own children.

When I was small, I understood the 'how-to' of penance and fasting in preparation for the Easter celebration. I could have told you that the practice of fasting is an imitation of Jesus' retreat to the wilderness for forty days and nights in preparation for his ministry (although the direct link between this and giving up chocolate was less clear to me). I even knew that the act of doing penance was to help us turn back to God and to deepen our relationship with Jesus. What my little self missed was the connection between my knowledge about Lent and the practice of giving up things I enjoyed. This was not because I was uninformed or because I was afraid to ask questions, but perhaps because there is a depth and breadth to Lenten spirituality that can be hard to capture in words.

As Catholics, we live Lent in preparation for the Easter Triduum, the celebration of the passion, death and resurrection of Jesus. Sometimes it seems to me that we like to skip over the "was brutally nailed to a cross in front of his friends and family" part of the story to get to the "but don't worry everyone, he overcame death and rose again" happy ending. Obviously we cannot have one without the other, but I do think there is a bias in Western culture towards focusing only on positive, happy, 'nice' parts of life. We are almost afraid to confront the darkness, the pain, the death that exists all around us, presumably because it forces us to face our own vulnerability, sin, wrongdoing.

But what we miss when we skip the crucifixion part of the story is the call to ask ourselves the hard questions, the opportunity to examine how we are living, the impetus to ask ourselves what really matters. Because when all is stripped away (as death is wont to do), what is left?

In an interview I read recently with Br David Steindl-Rast, a hermitic Benedictine monk, he said that in order to practise gratitude, we must always keep death before our eyes. When I first read this, I found it hard to digest. In my experience, focusing on

life's awfulness does not often seem to inspire great happiness! And yet, as I have thought more about what he meant, I have come to realise the incredible wisdom behind it. If at any minute my life could be reduced to nothing, everything I have right now is a blessing, and cause for great thankfulness.

In the end, what I would like my children to know about Lent is this: it is an opportunity to strip back the complexity, to give away the excess, to reduce the noise and to live, breathe and love as though it could all be gone tomorrow. I want to tell them that Lent reminds us to live simply, thoughtfully and consciously so we can fully participate in the great and wonderful mysteries that life offers us. And I will gently advise them that if giving up chocolate doesn't help them to connect with what matters most, then perhaps they need to rethink their Lenten Promise.

Majella Dennis is a parishioner of St James' at Muswellbrook and a practising psychologist. She is married to Matt and they have a two-year-old son and a one-year-old daughter. Majella says, "I really enjoy hanging around at the intersection between spirituality and psychology."

Jelly Bean Prayer

Red is for the blood He gave
Green is for the grass He
 made **Yellow** is for the sun so
 bright **Orange** is for the edge
 of night **Black** is for the sins
 we made **White** is for the
 grace He gave **Purple** is for the
 house of sorrow **Pink** is for
 the new tomorrow



An activity for your children that will help them to appreciate the virtues of Lent.

Set out a glass jar for each child with a small copy of the jellybean prayer taped to it. Determine a behavior to go with each jellybean colour (corresponding with the prayer).

Each day the kids could earn a jellybean of any colour they followed through on. They can't eat the jellybeans until Easter. They cannot earn white jellybeans because these represent the Grace of Christ, which is a gift not earned ourselves. On Easter morning, the kids wake to find their jars filled up where they were still empty (lacking) with white jellybeans (Christ's grace). This is how you could interpret each colour or make your own ideas based on ages and needs of your children:

Red is for the blood Christ gave (each morning choose something to sacrifice that day to earn the red jellybean, something they would have the opportunity to have or do on that day)

Green is for the palm's cool shade (earned for good deeds, as it was a good deed to provide shade for Jesus with the palm)

Yellow is for God's light so bright (earned for sharing God's light through kindness to others)

Orange is for prayers at twilight (earned for attentive behaviour during bedtime prayer time or night time bible story, etc.)

Black is for sweet rest at night (earned for going to bed well, or you could use blue since some kids are not fans of black jellybeans)

White is for the Grace of Christ (these cannot be earned as mentioned above)

Purple is for His days of sorrow (earned these through apologising to anyone you hurt with your words or deeds that day)

Pink is for each new tomorrow (earned when you forgave those who apologised to us for hurtful behaviour)

IMPORTANT ANNOUNCEMENT for COMMUNION and Mass

Now, with confirmed cases of human to human transmission in the Greater Sydney area, Bishop Anthony has reviewed the instructions that he provided at both the end of January and the end of February. He now provides us with the following additional instruction proportionate to the current understanding of the coronavirus and the risks outlined by health authorities:

The chalice is not to be shared at any Masses but is to be reserved to the Celebrant(s) only.

Individuals should consider their own health, including any potential to infect others with a contagious disease, before attending a public liturgical celebration, and the manner by which they engage their participation in the celebration. Holy Water should be temporarily removed from stoups at the doors of churches to reduce the possibility of transmission of the virus. Holy Water should continue to be available for people to take home.

Parishes and other settings where liturgies are celebrated should make alcohol-based gels or rubs (or like products) available near entrances. Similar provisions should be considered for settings used for the Sacrament of Reconciliation.

Celebrants may exercise the option allowed in the Roman Rite for the inclusion of the Sign of the Peace in the Rite of Communion. If they choose the option for the Sign of Peace, individuals should avoid shaking hands but say "Peace be with you" and offer a smile, wave, nod or bow.

Parishes continue not to distribute Holy Communion from the Chalice until further notice. The Faithful should be reminded that Christ is fully present under either species.

All Ministers of Holy Communion should take particular care to wash their hands before and after distributing.

Appropriate means should be made available.

The Faithful shall still have the option of receiving Communion on the tongue until the situation is further reviewed, but Ministers of Communion should disinfect their hands afterwards and avoid contact with the palm of people's hands.

The faithful who are too unwell to attend Sunday Mass – whether due to coronavirus or some other condition – or are at particular risk of contracting the COVID-19 virus can honour their Sunday obligation by participating in a time of prayer within the home, reading the Scriptures or watching Mass on television or online (<http://bit.ly/MassOnDemand>).

When conducting services in hospitals and aged care facilities, as well as those who conduct pastoral visits to other settings, including people's homes, individuals should follow the advice of local health authorities.

With appreciation for everyone's cooperation,

Fr David Ranson VG



Disabled Parking Area

There are 2 Disabled Parking Spaces available on the Church grounds. Please observe the signs and refrain from parking in the Disabled Parking Area or in the driveway, especially during the weekends when Mass is on, and reserve this for our parishioners who are in need of the space. Thank you

Playing outside is natural for most children. Maintaining a safe outdoor environment is key to keeping children healthy. Child injuries do occur, and while on the Church premises, we ask that the parents be aware, supervise and are responsible to keep their child safe.



From 2nd March there will be repair work undertaken at the front porch of Maria Regina Church.

During this time, please access the Church only through the side entrance. Thank you.



PEW RESTORATION APPEAL

Come Sit With Us

Sacred Heart Church has warmly welcomed parishioners and visitors to come and sit with us for Mass or for prayers. Our pews are in urgent need of restoration, so that we can continue to welcome parishioners and visitors to our parish.

Please support our Pew Restoration Appeal by making a donation using our Tap and Go Device, at either side of the entrance at Sacred Heart Church or the envelopes provided. For your convenience, one device is set at \$10 and the other at \$20.

To donate more than the set amounts, you are able to tap multiple times or use the envelopes provided, and place the envelopes on the collection plate.

All donations are not tax deductible and are not refundable. No receipts can be issued.

"PRAYER IS A SURGE OF THE HEART, IT IS A SIMPLE LOOK TURNED TOWARD HEAVEN, IT IS A CRY OF RECOGNITION AND OF LOVE, EMBRACING BOTH TRIAL AND JOY."

- ST. THERESE OF LISIEUX

Ps 116:2

The *Living* Word

First Reading

Gen 12:1-4

A reading from the book of Genesis

The call of Abraham, the father of God's people.

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing.

'I will bless those who bless you:
I will curse those who slight you.
All the tribes of the earth
shall bless themselves by you.'
So Abram went as the Lord told him.

The word of the Lord

Responsorial Psalm

Ps 32:4-5, 18-20, 22. R. v.22

**(R.) Lord, let your mercy be on us,
as we place our trust in you.**

The word of the Lord is faithful
and all his works to be trusted.
The Lord loves justice and right
and fills the earth with his love. **(R)**

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine. **(R)**

Our soul is waiting for the Lord.
The Lord is our help and our shield.
May your love be upon us, O Lord,
as we place all our hope in you. **(R)**

Second Reading

2 Tm 1:8-10

A reading from the second letter of St Paul to Timothy

God has saved us, and called us to be holy.

With me, bear the hardships for the sake of the Good News, relying on the power of God who has saved us and called us to be holy – not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

The word of the Lord

Gospel Acclamation

Mt 17:5

Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!

Gospel

Mt 17:1-9

A reading from the holy Gospel according to Matthew

His face shone like the sun.

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus. As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead.'

The Gospel of the Lord

Reflection

The blessings upon which we meditate today are undeserved gifts from God. They were not earned. The graciousness of God transforms us in such a way as to effect new beginnings. It can be seen in the promises made to Abram. He leaves the past behind and moves into a new future. It can be seen in the psalm response. The Lord delivers us from death and inspires us to look to the future. It can be seen in the reading from 2 Timothy. Through Christ Jesus we are called to a new life of holiness; we escape the fetters of death and are brought into the freedom of the resurrection. We see it in the gospel, a glimpse into the future glory of Jesus which, through grace, we will be able to share. Lent is a time of new beginnings which find their origin in the abundant blessings of God. The ultimate blessing of God is Jesus himself. As Abram was called to be the source of blessing for all others, as Peter, James and John were chosen to witness the transfiguration of Jesus, so today we too are invited to look to Jesus for inspiration during this holy season. Paul speaks of the salvation that Jesus brings as having come, not because of any works of righteousness that we might have performed, but because of the grace of God. Once again the Lenten readings focus on the merciful action of God in our lives, and in the end they point to Jesus.

© Dianne Bergant CSS

Plenary Council 2020 Update



Phase 1 Diocese of Broken Bay Report:

The final report for Phase 1: Listening and Dialogue for Broken Bay has just been released. The findings in this report are a summary of submissions that were received from our diocese and highlights prominent themes that were discussed by participants. You can view and download the report from www.plenarycouncil-catholic.org.au

Discernment Responses:

Submissions of communal discernment responses have been pouring in. To view the responses, <https://plenarycouncil.catholic.org.au/listening-and-discernment/discernment-submissions/> These responses will be considered by the discernment and writing groups as they work towards preparing their draft papers by the end of March/ early April 2020. Groups are still welcome to submit responses for the delegates of the Plenary Council to read until July 2020. Responses can be submitted at <https://plenarycouncil.catholic.org.au/listening-and-discernment/>. As responses come in, they will be added to the Plenary Council webpage for public viewing.

Liturgy for the Week

09/03 **Monday Second Week of Lent**
Dan 9:4-10; Lk 6:36-38

10/03 **Tuesday Second Week of Lent**
Is 1:10, 16-20; Mt 23:1-12

11/03 **Wednesday Second Week of Lent**
Jer 18:18-20; Mt 20:17-28

12/03 **Thursday Second Week of Lent**
Jer 17:5-10; Lk 16:19-31

13/03 **Friday Second Week of Lent**
Gen 37:3-4, 12-13, 17-28; Mt 21:33-43, 45-46

14/03 **Saturday Second Week of Lent**
Micah 7:14-15, 18-20; Lk 15:1-3, 11-32



Purveyors of Specialty Coffee

Driven by a passion for community & quality.

54 Darley Street
Mona Vale
www.coffeefros.com.au

RayWhite.

Australia's largest real estate brand is now open in **WARRIEWOOD...**

Paul Franks 0404 491 240





**Electrical
Plumbing
Air Conditioning.**

Ph: (02) 9905 8800


**We turn up,
Clean up &
Guarantee our
Work!!!**

**GET
IN TOUCH
TODAY**

Barrenjoey IT



CLOUD SERVICES
NETWORK SOLUTIONS
RESIDENTIAL & BUSINESS
ONSITE & REMOTE SUPPORT



CERTIFIED
MACINTOSH
TECHNICIAN

Contact Jay
0450 552 620
barrenjoeyit.com.au
hello@barrenjoeyit.com.au



No registration fees, & playing gear provided
for boys & girls ages U5 - U18

REGISTER NOW!
info@pittwaterrugby.com.au

CELEBRATING
10
YEARS IN 2020

KMK
Property Solutions

Professional Services:

- Painting
- Flooring
- Renovations
- Maintenance

Free consultancy
02 9191 1525
kmksolutions.com.au

Master Builders Association MEMBER



BROCK'S
Plumbing

YOUR LOCAL PLUMBER
SERVICING THE NORTHERN
BEACHES FOR OVER 30 YEARS.

- ✓ BLOCKED DRAINS
- ✓ PIPE RELINING
- ✓ GENERAL PLUMBING
- ✓ EMERGENCY HOT WATER
- ✓ GAS FITTING

call now
1800 99 58 58

www.rapidreline.com.au | admin@brocksplumbing.com.au



Aid to the Church in Need
ACN AUSTRALIA

Easter Cards are now available for purchase from **Aid to the Church in Need**. Each packet contains 12 Easter cards and envelopes. Cost: First packet \$23 (includes postage). Extra packets \$15 each.

The Easter cards feature the religious paintings of Swiss artist, Bradi Barth and include a bible verse inside. Proceeds raised go toward ACN projects that support the Church where she is unable to support herself.

Order over the phone: 1800 101 201 or online:
www.aidtochurch.org



Every Girl. Everywhere. Period.

On the first Sunday of every month from 1-4pm
Days for Girls meet in Maria Regina Church Hall. Volunteer sewers or cutters are welcome.

Come along and find out more about it!
Enable girls to attend school by providing washable hygiene kits.
Call Tamara to find out more.
0403226699

CatholicCare
Diocese of Broken Bay


Hospital Chaplaincy and Pastoral Care Team

CatholicCare Diocese of Broken Bay provides lay Pastoral Care Practitioners to seven hospitals within the Diocese;

Northern Beaches and Mona Vale Hospitals:
Denis O'Brien - 0439009932

Denis alongside our Priests and Parish Volunteer Extraordinary Ministers of Holy Communion, provide pastoral care to Catholic patients, families and staff.

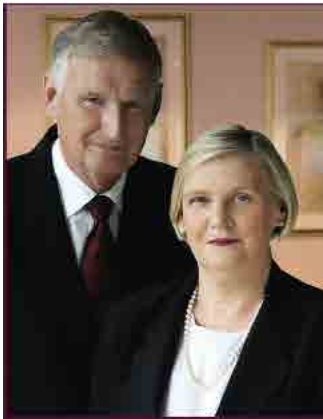
If you or a loved one are ever admitted into hospital, let Admissions staff know that you are a Catholic. If you would like Catholic pastoral care for yourself or your loved one whilst in hospitals you can call the number above directly, or your Parish Office, or ask any hospital staff to contact a Priest or Catholic Pastoral Care Practitioner, or arrange to receive Holy Communion.



GREY GUM DRAFTING

- Experienced local draftsman who is also a licensed carpenter and builder
- We create plans that are within your budget and building requirements
- Plans are produced with a builder's guidance
- Building consultancy available

Contact James Butler
0451 662 411
info@greygumdrafting.com.au



Fifty years of caring and support. There's no substitute for that kind of experience.

Ann Wilson and her brother John Garling have more than 50 years' experience in supporting Northern Beaches families through arranging a funeral.

Their family-operated funeral homes are renowned for their professionalism, compassion and understanding.

Staff pride themselves on easing the burden of worry with attention to detail and impeccable service.

For peace of mind, enquire about the Ann Wilson Pre Arranged Funeral Plan.



**ANN WILSON
FUNERALS**

www.annwilsonfunerals.com.au
AN AUSTRALIAN COMPANY

9979 5978

Chapel and Office:
Cnr Barrenjoey Rd &
Darley St, Mona Vale

9971 4224

Office:
844 Pittwater Road,
Dee Why

AWCF0712

JBH TIMBER & BUILDING SUPPLIES

**JOHNSON BROS
MITRE 10**

**Part of the local
community since 1957**

51 Bassett St, Mona Vale
Ph: 9999 3340

49 Avalon Pde, Avalon
Ph: 9918 3315

**Devitt
Meats**

**Serving
Northern Beaches
Families
& Businesses
since 1976!**

Ph: 9913 2624
2 Devitt Street
Narrabeen

HUNTER ESTATE AGENTS

Your Property, Our Commitment
Speak to someone who gets results

Duane Hunter
0415 708 992
9970 7220

Follow us on
@duanehunterhea
Hunter Estate Agents

WEEKLY HIGHLIGHT
Expansive and
Versatile Family
Home with Lagoon
Views

19 Carefree Road,
North Narrabeen
6 Bed | 6 Bath | 7 Car

Osborne Landscaping

**MATT OSBORNE
Structural Landscaper**

E osbornelandscaping@hotmail.com
M 0401 212 198
L 234978C
ABN 89 914 298 389

We specialise in:

- Design and construction
- Garden rehabilitation and restoration
- Plant selection and supply
- Retaining walls
- Paving/concreting
- Decks/pergolas/screening/fencing
- Stone masonry

G

**GREGORY & CARR
FUNERALS**

**Proudly Serving
The Pittwater Parish**

555 Pittwater Road
Brookvale, NSW
Ph: 9977 8011

1747 Pittwater Road
Mona Vale, NSW
Ph: 9999 1522

gregoryandcarrfunerals.com.au
Proudly Australian Owned

**PITTWATER
PHARMACY
COMPOUNDING CHEMIST**

Ralph Papandrea
B.PHARM (Hons) MSc. MPS

Len Papandrea
B.PHARM. MPS

Sam Papandrea
B.PHARM. MPS

Andrew Snow
B.PHARM. MPS

1771 Pittwater Road
Mona Vale 2103
Ph: 9999 3398 Fax: 9999 3910

FINE WINE, SPIRITS & BEER

FLEET STREET

— MERCHANTS —

PAUL BOTTERO

1755 Pittwater Road
Mona Vale NSW 2103

Phone: 9999 3055
Fax: 9999 3055

The Northern Beaches only local family
owned and operated funeral company.

**Peninsula
Funeral Services**

With over 35 years
experience we can guide
you with the sensitivity
and respect your loved
one deserves.

Chia Lee

- 24 hour professional service
- Enquire about pre-paid funerals
- Unique funerals a speciality.

9999 5211
www.peninsulafunerals.com.au