



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

"Life is but a Weaving"
(The Tapestry Poem)

My life is but a weaving
Between my God and me.
I cannot choose the colours
He weaveth steadily.

Oft' times He weaveth sorrow;
And I in foolish pride
Forget He sees the upper
And I the underside.

Not 'til the loom is silent
And the shuttles cease to fly
Will God unroll the canvas
And reveal the reason why.

The dark threads are as needful
In the weaver's skillful hand
As the threads of gold and silver
In the pattern He has planned

He knows, He loves, He cares;
Nothing this truth can dim.
He gives the very best to those
Who leave the choice to Him.

Connie ten Boom



Thoughts of Fr Francis Jordan

O Lord, help me, show me the way! Without you, I can do nothing.
I hope all things from You. In you, O Lord, I have hoped, I will not be
confounded for ever.



Pope Francis' Prayer Intentions For February



Violence Against Women

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

If you have used this bulletin, please take it home with you.

A warm welcome to all especially our Sacred Heart School Year 3 families, our parishioners and visitors who are celebrating the Eucharist with us at **Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon**

Share the News

Our Churches- Sacred Heart (Mona Vale) and Maria Regina (Avalon) are open.

Come for Mass.
Come and pray.
Come and light a candle.



Parish Pastoral Council
Matthew Hyland
matthyland100@yahoo.com.au

Pittwater Parish Ministries

Catechists
Co-Directors
Maureen Wooldridge - 9997 4694
Veronica Thomas -
veronicathomas2009@gmail.com

Evangelisation Ministry
Erich Ott (Coordinator RCIA)
0409 124 840
Sr Margaret Collis - 9974 4116
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(Coordinators Adult Faith Education/
Formation)

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Connie Robinson - Director
0458 007 706

Little Hearts Playgroup
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Media & Communication Ministry
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Music Ministry
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**Pastoral Care and
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Co-Directors
Denise Bottero - 9997 6904
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www.facebook.com/pages/Pittwa-
ter-Friends-Of-Soibada/162612300466694

Youth Ministry
soul@pittwaterparish.org or
Josh Willard (Soul Youth)
music@pittwaterparish.org

*All our Ministries comply with Working With
Children Check requirements*

We acknowledge the lifelong trauma of abuse
victims, survivors and their families, the failures of
the Catholic Church to protect, believe and
respond justly to children and vulnerable adults,
and the consequent breach of community trust.

We Pray for

Recently Deceased

Peter Hoang Van
Martin Brala
Maureen Suggitt
Bernie Neville

**Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.
May They Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.**

Deceased Anniversary

**Puring De La Cruz
Angelina De La Cruz
Jonafe Macarayan
Pave Lucic**

Special Intentions

Chinh Le & Ryan Le

If you would like the names of your
relatives or friends and offerings
included, please drop the envelope in
to the Parish Office by Midday on
Wednesdays. Thank You.

Prayers for the Sick

Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Maira Howie
Joma
Christine Hills
Donald McRae
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Candida Hernandez
Chin Quang Le
Gill Page
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio
Annette Davis
Tim & Christina O'Connell
Andrew Hood

The names on this list will be
removed after four weeks unless
otherwise requested or advised.
Thank you



**The Way of Julian
of Norwich
A Prayer Journey
Through Lent
by Sheila Upjohn SPCK**

In his encyclical Fratelli Tutti, Pope Francis commends St Francis, whose name he bears, as one who called for 'a love that transcends the barriers of geography and distance.' The barriers between twenty-first century Australians and a woman who lived in one small room in England 600 years ago might seem insurmountable, but the covid pandemic has brought her startlingly up to date.

'Julian of Norwich wrote... in a city suffering the effects of the Black Death. She brings to us the insights of her own form of lockdown' writes the Rt Rev Alan Hopes, Catholic Bishop of East Anglia, in an appreciation of the book. 'Sheila Upjohn has made A Revelation of Divine Love thoroughly relevant to today.'

The Way of Julian of Norwich (SPCK) is a six week course that explores Julian's perspectives on sin and judgement, anger and forgiveness, the incarnation and the crucifixion – insights which were once thought so controversial that her book had to be kept hidden for centuries. 'The book's message is so positive and uplifting, yet the more challenging aspects of our faith and relationship with God are not compromised,' writes Fr Aloysius Rego, the prior of Mount Carmel Retreat Centre Varroville.

Each of the six chapters has questions and reflections. It also includes an ecumenical Way of the Cross, as authorised by Pope John Paul II in 1991, with readings from Julian alongside Scripture readings. The book is available in Australia as a paperback and as a kindle edition.

In cooperation of the Catholic diocese of East Anglia, Norwich Cathedral and the Friends of Julian of Norwich are running an on-line course on the book. This will be available in the UK and USA each Friday in Lent, but sadly the time difference means it could only be viewed in the middle of the night in Australia.

Sheila Upjohn is a long-time member of Sacred Heart congregation.

DATES for your DIARY



STATIONS OF THE CROSS

Every Friday in Lent after morning mass.

**2nd Rite of
Reconciliation
Thursday 25 March 2021
• 7.30pm
Sacred Heart Church**

THE SEASON OF LENT is the most appropriate time for celebrating the SACRAMENT OF PENANCE.

Already on Ash Wednesday the people of God has heard the solemn invitation, Turn away from sin and believe the good news. It is therefore fitting to have several penitential celebrations during Lent, so that all the faithful may have an opportunity to be reconciled with God and their neighbour and so be able to celebrate the paschal mystery in the Easter Triduum with renewed hearts. RP 13 The Sacrament of Penance is better celebrated before rather than during the Easter Triduum.

**THURSDAY MORNING
SPIRITUALITY GROUP**

"For Lent our group are breaking with the study on the Pope's Encyclical to concentrate on "The Way of Julian of Norwich". A prayer Journey through Lent. **All are invited.**

Contact Trish Newman ocds on 99183973 or Mb. 0401613643.

**We welcome
to Pittwater Parish
Eve Rose Willard
Hannah James
Indigo May Rulli
Parker Spadina
Celeste Sapratoia
on 28 February 2021
at Sacred Heart
Church, Mona Vale for
the
Sacrament of
Baptism**

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of Pittwater

Pope Francis' Lenten message for 2021



"Behold, we are going up to Jerusalem" (Mt 20:18)
Lent: a Time for Renewing Faith, Hope and Love

Dear Brothers and Sisters,

Jesus revealed to his disciples the deepest meaning of his mission when he told them of his passion, death and resurrection, in fulfilment of the Father's will. He then called the disciples to share in this mission for the salvation of the world.

In our Lenten journey towards Easter, let us remember the One who *"humbled himself and became obedient unto death, even death on a cross"* (Phil 2:8). During this season of conversion, let us renew our faith, draw from the "living water" of hope, and receive with open hearts the love of God, who makes us brothers and sisters in Christ. At the Easter vigil, we will renew our baptismal promises and experience rebirth as new men and women by the working of the Holy Spirit. This Lenten journey, like the entire pilgrimage of the Christian life, is even now illumined by the light of the resurrection, which inspires the thoughts, attitudes and decisions of the followers of Christ.

Fasting, prayer and almsgiving, as preached by Jesus (cf. Mt 6:1-18), enable and express our conversion. The path of poverty and self-denial (fasting), concern and loving care for the poor (almsgiving), and childlike dialogue with the Father (prayer) make it possible for us to live lives of sincere faith, living hope and effective charity.

1. Faith calls us to accept the truth and testify to it before God and all our brothers and sisters.

In this Lenten season, accepting and living the truth revealed in Christ means, first of all, opening our hearts to God's word, which the Church passes on from generation to generation. This truth is not an abstract concept reserved for a chosen intelligent few. Instead, it is a message that all of us can receive and understand thanks to the wisdom of a heart open to the grandeur of God, who loves us even before we are aware of it. Christ himself is this truth. By taking on our humanity, even to its very limits, he has made himself the way - demanding, yet open to all - that leads to the fullness of life.

Fasting, experienced as a form of self-denial, helps those who undertake it in simplicity of heart to rediscover God's gift and to recognise that, created in his image and likeness, we find our fulfilment in him. In embracing the experience of poverty, those who fast make themselves poor with the poor and accumulate the treasure of a love both received and shared. In this way, fasting helps us to love God and our neighbour,

inasmuch as love, as Saint Thomas Aquinas teaches, is a movement outwards that focuses our attention on others and considers them as one with ourselves (cf. *Fratelli Tutti*, 93).

Lent is a time for believing, for welcoming God into our lives and allowing him to "make his dwelling" among us (cf. Jn 14:23). Fasting involves being freed from all that weighs us down - like consumerism or an excess of information, whether true or false - in order to open the doors of our hearts to the One who comes to us, poor in all things, yet "full of grace and truth" (Jn 1:14): the Son of God our Saviour.

2. Hope as "living water" enabling us to continue our journey.

The Samaritan woman at the well, whom Jesus asks for a drink, does not understand what he means when he says that he can offer her "living water" (Jn 4:10). Naturally, she thinks that he is referring to material water, but Jesus is speaking of the Holy Spirit whom he will give in abundance through the paschal mystery, bestowing a hope that does not disappoint. Jesus had already spoken of this hope when, in telling of his passion and death, he said that he would "be raised on the third day" (Mt 20:19). Jesus was speaking of the future opened up by the Father's mercy. Hoping with him and because of him means believing that history does not end with our mistakes, our violence and injustice, or the sin that crucifies Love. It means receiving from his open heart the Father's forgiveness.

In these times of trouble, when everything seems fragile and uncertain, it may appear challenging to speak of hope. Yet Lent is precisely the season of hope, when we turn back to God who patiently continues to care for his creation which we have often mistreated (cf. *Laudato Si'*, 32-33; 43-44). Saint Paul urges us to place our hope in reconciliation: "Be reconciled to God" (2 Cor 5:20). By receiving forgiveness in the sacrament that lies at the heart of our process of conversion, we in turn can spread forgiveness to others. Having received forgiveness ourselves, we can offer it through our willingness to enter into attentive dialogue with others and to give comfort to those experiencing sorrow and pain. God's forgiveness, offered also through our words and actions, enables us to experience an Easter of fraternity.

In Lent, may we be increasingly concerned with "speaking words of comfort, strength, consolation and encouragement, and not words that demean, sadden, anger or show scorn" (*Fratelli Tutti*, 223). In order to give hope to others, it is sometimes enough simply to be kind, to be "willing to set everything else aside in order to show interest, to give the gift of a smile, to speak a word of encouragement, to listen amid general indifference" (*ibid.*, 224).

Through recollection and silent prayer, hope is given to us as inspiration and interior light, illuminating the challenges and choices we face in our mission. Hence the need to pray (cf. Mt 6:6) and, in secret, to encounter the Father of tender love.

To experience Lent in hope entails growing in the realisation that, in Jesus Christ, we are witnesses of

new times, in which God is "making all things new" (cf. Rev 21:1-6). It means receiving the hope of Christ, who gave his life on the cross and was raised by God on the third day, and always being "prepared to make a defence to anyone who calls [us] to account for the hope that is in [us]" (1 Pet 3:15).

3. Love, following in the footsteps of Christ, in concern and compassion for all, is the highest expression of our faith and hope.

Love rejoices in seeing others grow. Hence it suffers when others are anguished, lonely, sick, homeless, despised or in need. Love is a leap of the heart; it brings us out of ourselves and creates bonds of sharing and communion.

"Social love" makes it possible to advance towards a civilisation of love, to which all of us can feel called. With its impulse to universality, love is capable of building a new world. No mere sentiment, it is the best means of discovering effective paths of development for everyone" (*Fratelli Tutti*, 183).

Love is a gift that gives meaning to our lives. It enables us to view those in need as members of our own family, as friends, brothers or sisters. A small amount, if given with love, never ends, but becomes a source of life and happiness. Such was the case with the jar of meal and jug of oil of the widow of Zarephath, who offered a cake of bread to the prophet Elijah (cf. 1 Kings 17:7-16); it was also the case with the loaves blessed, broken and given by Jesus to the disciples to distribute to the crowd (cf. Mk 6:30-44). Such is the case too with our almsgiving, whether small or large, when offered with joy and simplicity.

To experience Lent with love means caring for those who suffer or feel abandoned and fearful because of the Covid-19 pandemic. In these days of deep uncertainty about the future, let us keep in mind the Lord's word to his Servant, *"Fear not, for I have redeemed you"* (Is 43:1). In our charity, may we speak words of reassurance and help others to realise that God loves them as sons and daughters.

"Only a gaze transformed by charity can enable the dignity of others to be recognised and, as a consequence, the poor to be acknowledged and valued in their dignity, respected in their identity and culture, and thus truly integrated into society" (*Fratelli Tutti*, 187).

Dear brothers and sisters, every moment of our lives is a time for believing, hoping and loving. The call to experience Lent as a journey of conversion, prayer and sharing of our goods, helps us - as communities and as individuals - to revive the faith that comes from the living Christ, the hope inspired by the breath of the Holy Spirit and the love flowing from the merciful heart of the Father.

May Mary, Mother of the Saviour, ever faithful at the foot of the cross and in the heart of the Church, sustain us with her loving presence. May the blessing of the risen Lord accompany all of us on our journey towards the light of Easter.




OPEN DAY 2021

**Thursday 4 March 2021
4pm to 7pm**

You're invited to visit our NEW facilities, meet the students, staff and experience an evening at Mater Maria Catholic College

Year 7, 2022 applications have closed - waiting list applications only
Year 7, 2023 applications close on 24 March, 2021
Years 8 - 11 waiting list applications only

For more information please contact our Enrolment Registrar on 02 9997 7044 or email deborah.fitzgerald@dbb.catholic.edu.au

matermaria.nsw.edu.au/enrolments

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Even though the restrictions in NSW have eased and Churches can now have up to 300 people attending, the one person per two-square metre rule applies. This means that the capacity of our Churches is 160 for Sacred Heart Church, Mona Vale and 200 for Maria Regina Church, Avalon.

Masks are now not compulsory in Church.

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

***Everyone must also stay 1.5 metres away from other people whenever possible.
Please sit only in the marked seats.***

Continue to practise good hygiene.
Please use the hand sanitisers provided in both of our Churches.

Thank you for working with us to keep our parish community safe.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please provide your contact details via the sign-in sheets provided. If you have checked-in with the QR code, you do not have to use the sign-in sheets.

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Contributions to the Diocese of Broken Bay Charitable Works Fund are now available through Payroll Giving.

Payroll Giving as a very simple and effective way to donate. It's a secure way for employees to make regular or one-off donations via their salary. Those who donate in this way instantly receive their tax-deduction.

Many employers also offer generous donation matching eg: a gift of \$30 per month is matched by the employer and your donation becomes \$60.

Many well-known companies offer the scheme – such as Westpac, NAB, Australia Post, PwC, St George, NRMA, Toyota, Sydney Water, Citibank, Macquarie Bank – and many others. Details of such matching schemes will be available from your employer.

One of the first Diocese of Broken Bay parishioners to use the scheme made a generous donation of \$2,400 that was matched into \$4,800 for CWF.

Setting up Payroll Giving is easy.

The first step is to contact your employer's HR or Payroll team who can set it up. CWF is registered with www.good2give.ngo who facilitate Payroll giving scheme.

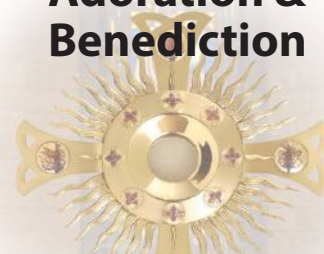
If you have any questions on Payroll Giving to CWF, please contact David Armstrong, David.armstrong@bbcatholic.org.au, 02 8379 1664 who can assist.



To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

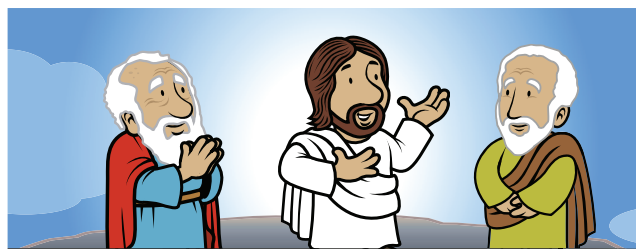
We are excited to be able to welcome the children from our parish schools for our Family Masses once again. This week, Saturday 27 February 2021, one of the Year 3 classes from Sacred Heart School will host the 5pm Mass at Sacred Heart Church, Mona Vale. Next week, Saturday 6 March, the other Year 3 class will host the 5pm Mass at Sacred Heart Church, Mona Vale.

Adoration & Benediction



**MARIA REGINA CHURCH -
every Thursday
9am Exposition of the Blessed
Sacrament, Adoration and
Benediction at 9.45am.
Mass at 10am**

**SACRED HEART CHURCH -
every Thursday
Mass at 7pm followed by Exposition of
the Blessed Sacrament, Adoration and
Benediction at 9pm.**



2nd Sunday of Lent, Year B

This is my Son

The Transfiguration



One day, Jesus took Peter, James and John to the top of a high mountain. They then witnessed Jesus talking with Moses and Elijah and heard the voice of God. Draw a picture of the Transfiguration.



God wants us to listen to Jesus. What are some things that Jesus tells us?

Draw a line from each of the following statements to either Moses or Elijah.



Moses

God's law was revealed to him

He challenged King Ahab for worshipping a false god

A great prophet mentioned in the first book of Kings

He rescued God's people from Egypt

Elisha became his successor

He became the leader of the Israelites



Elijah

The *Living* Word

Entrance Antiphon

Cf. Ps 26:8-9

Of you my heart has spoken, Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.

First Reading

Gen 22:1-2, 9-13, 15-18

A reading from the book of Genesis

The sacrifice of Abraham, our father in faith.

God put Abraham to the test. 'Abraham, Abraham,' he called. 'Here I am,' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.' When they arrived at the place God had pointed out to him, Abraham built an altar there, and arranged the wood. Then he bound his son Isaac and put him on the altar on top of the wood. Abraham stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here,' he replied. 'Do not raise your hand against the boy,' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt offering in place of his son.

The angel of the Lord called Abraham a second time from heaven. 'I swear by my own self – it is the Lord who speaks – because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of your enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

The word of the Lord

Responsorial Psalm

Ps 115:10, 15-19, R. 114:9

(R.) I will walk in the presence of the Lord in the land of the living.

I trusted, even when I said:
'I am sorely afflicted.'
O precious in the eyes of the Lord
is the death of his faithful. (R)

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name. (R)

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem. (R)

Second Reading

Rom 8:31-34

A reading from the letter of St Paul to the Romans

God did not spare his own Son.

With God on our side who can be against

us? Since God did not spare his own Son, but gave him up to benefit us all, we may be certain, after such a gift, that he will not refuse anything he can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us – he rose from the dead, and there at God's right hand he stands and pleads for us.

The word of the Lord

Gospel Acclamation

See Mt 17:5

Glory and praise to you, Lord Jesus Christ!
From the shining cloud, the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!

Gospel

Mk 9:2-10

A reading from the holy Gospel according to Mark

This is my Son, the beloved; listen to him.

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus. 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus. As they came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

The Gospel of the Lord

Communion Antiphon

Mt 17:5

This is my beloved Son, with whom I am well pleased; listen to him.

REFLECTION

by Dianne Bergant CSS

We all have dreams for the future, dreams about success and well-being. We all want a better world for our children and grandchildren. Our religious tradition sets before us aspirations that call for personal transformation. However, sometimes when we follow the inspiration of our most devout aspirations, obstacles are thrown in our

path preventing us from following our dreams. Still, God does not call us out of our dreams into a vacuum. If we are asked to relinquish a possible future, it is only to be offered God's future. Our aspirations may be noble, but the possibilities that God offers will outstrip them in excellence. Abraham was promised an heir; he relinquished his hold on his heir, and he was granted heirs beyond counting. Jesus came as a Rabbi; he allowed himself to be handed over to death, and he was revealed as the beloved Son of God.

Those preparing for Baptism might be asked to relinquish the dreams that they previously held in order to embrace the future God has in store for them. We who are already joined to Christ will be asked to recommit ourselves to this transformative experience. Do we have faith, or do we need a glimpse of Christ's transfiguration in order to believe in his resurrection? Do we have to see and touch Jesus, or are we able to believe because we have heard his message? God's future in Christ is open to us, but we must accept it in faith, even when we do not fully understand what it means.

© Dianne Bergant CSS

PROJECT COMPASSION BE MORE



Margret is a teacher at a vocational school for deaf students in the Solomon Islands that suffered long-term water shortages and damage from Tropical Cyclone Harold. With Caritas Australia's support, Margret's school installed water tanks, repaired cyclone damage and implemented COVID-19 prevention measures, and is now planning to boost food security. Please donate to Project Compassion 2021 and help people living with disabilities in the Solomon Islands gain access to education and clean water, empowering them with skills to protect our common home.

You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/project-compassion or phoning 1800 024 413.





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Liturgy for the Week

- 01/03 **Monday 2nd week of Lent**
Dan 9:4-10; Lk 6:36-38
- 02/03 **Tuesday 2nd week of Lent**
Is 1:10, 16-20; Mt 23:1-12
- 03/03 **Wednesday 2nd week of Lent**
Jer 18:18-20; Mt 20:17-28
- 04/03 **Thursday 2nd week of Lent**
Jer 17:5-10; Lk 16:19-31
- 05/03 **Friday 2nd week of Lent**
Gen 37:3-4, 12-13, 17-28;
Mt 21:33-43, 45-46
- 06/03 **Saturday 2nd week of Lent**
Micah 7:14-15, 18-20;
Lk 15:1-3, 11-32

We acknowledge and thank the businesses and individuals that support our parish through advertising in our parish bulletin. We thank them for their support and ask our parish community to support their businesses in return.

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[instagram.com/soul-Pittwater](https://www.instagram.com/soul-Pittwater)



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