



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## A Family Prayer

Heavenly Father, thank you for the gift of our family. Enlighten our hearts and minds that we may live more fully this vocation to love.

In our daily life and work, may we reflect the self-giving love which you, O Father eternally show with your Son and the Holy Spirit.

Let your love be evident in the peace that reigns in our home and in the faith we profess and live. May our family always be a place of generosity, understanding, forgiveness and joy.

Kindly give us the wisdom and courage to be witnesses to your eternal design for the family; and grant that the Holy Family of Nazareth may always guide our path to holiness as a family.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever.  
Amen,

Prayer composed by Archbishop William E Lori of Baltimore

**If you have used this bulletin, please take it home with you.**

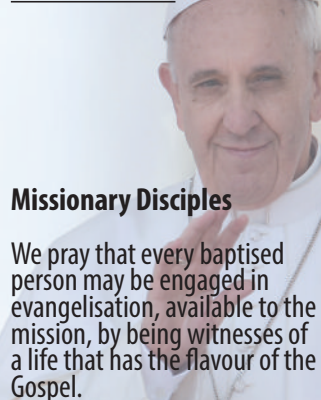


## Thoughts of Bl Francis Jordan

As long as the Queen of heaven and earth is not everywhere praised, you dare not allow yourself a moment's rest.



## Pope Francis' Prayer Intentions For October



### Missionary Disciples

We pray that every baptised person may be engaged in evangelisation, available to the mission, by being witnesses of a life that has the flavour of the Gospel.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please download your personal QR code with Service NSW, and scan your code at the entrance of the church. Thank you for working with us to keep our parish community safe.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.

LIKE US ON  
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The Catholic Parish of Pittwater

**Instagram**  
You can find us on  
(pittwater\_parish)

## MASS TIMES

SACRED HEART CHURCH  
1 Keenan Street, Mona Vale

## Weekday Masses

Tuesday 9.30am

Wednesday 9.30am

Thursday 7pm

(Followed by Adoration and  
Benediction at 9pm)

Friday 9.30am

First Friday of the Month,

Exposition of the  
Blessed Sacrament,

Adoration,

Reconciliation

and Benediction

from 9.30am,

followed by Mass

with Anointing of the Sick  
at 10.30am

## Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

4.00pm Croatian

(1st &amp; 3rd Sunday)

6.00pm (SOUL)

## Reconciliation

4.00pm to 4.30pm Saturday

## Baptism

4th Sunday - 11.30am

## MARIA REGINA CHURCH

7 Central Road, Avalon

## Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction  
at 9.45am

Friday 8am

Mass with Anointing of the Sick -  
First Friday of the Month at 8am

## Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

## Reconciliation

Before Vigil Mass on Saturday

## Baptism

3rd Sunday - 11.00am

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for  
the Souls of

Sandra Pyper  
Those in purgatory  
Connie Hawkins  
Jamie Custodio  
Jan Nuelle  
Waclaw Wasinski  
Erin Teresa Crumlin

## Recently Deceased

Peter Vorlicek  
Fr George Rossman  
Raymond McDermott  
Neville Gurnett  
Betty Reuben  
Emanuel Elvies Pinheiro

## Prayers for the Sick

Philip Maddrell  
Gail Reiher  
Moiria Howie  
Christine Hills  
Sara Zofrea  
Beryl Peo-Duncan  
John Andrew Graham  
John Charles Graham  
Michael Carrodus  
Pat Regan  
Robyn Sheather  
Candida Hernandez  
Chin Quang Le  
Tony Quatroville  
Garry Gleeson  
Elizabeth Kral  
Nazarena Custodio  
Annette Davis  
Andrew Hood  
Jeff Langley  
Warwick Chipman  
Erin Ocampo  
Mark Lindfield  
Vicky Kalingasan  
Cos Coniglio  
Bill Eyre  
Brian Gregan  
Marian Poe  
Marcia Bailey  
Bec Burroughs  
Susan Hickey  
Sophia Burfitt  
Margaret De Landre  
Sick members of Family  
Maeve Robinson  
Jenny Carroll  
The Sick

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

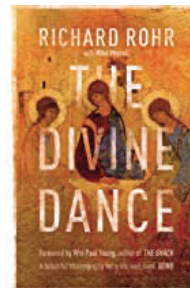
If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Watch the daily Mass on  
Demand from Broken Bay's  
Cathedral at  
<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLvQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



## BOOK REVIEW

The Divine Dance  
The Trinity and Your  
Transformation  
by Richard Rohr

God for us, we call you Father. God alongside us, we call you Jesus. God within us, we call you Holy Spirit. This mystery becomes clearer as we read and will transform your life.

Church Tradition has always urged prayer for the deceased, in particular by offering the Eucharistic Celebration for them: it is the best spiritual help that we can give to their souls, particularly to those who are the most forsaken. The foundation of prayer in suffrage lies in the communion of the Mystical Body.

As the Second Vatican Council repeats, "fully conscious of this communion of the whole Mystical Body of Jesus Christ, the pilgrim Church from the very first ages of the Christian religion has cultivated with great piety the memory of the dead" (Lumen Gentium, n. 50). Remembering the dead, caring for their graves and prayers of suffrage, are the testimony of confident hope, rooted in the certainty that death does not have the last word on human existence, for man is destined to a life without limits, which has its roots and its fulfillment in God.

POPE FRANCIS



If you would like the names of your deceased friends, relatives or loved ones published in our "Book of Remembrance" please fill the "November Mass Offering" envelopes (available in the front of the Church) and drop it in to the Parish Office or on the plate before Wednesday 12 noon, each week.



To ensure that we fulfil the requirements of the 100 (Mona Vale) and 125 (Avalon) people limit, we would like you to use the Trybooking website to book for our weekend Masses. There is no need to book for the weekday Masses. The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions. Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>  
To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

**Monday**  
**1**  
**ALL SAINTS DAY**  
Monday 1 November  
Masses:  
Sacred Heart Church,  
Mona Vale. 9.30am and 7pm  
Maria Regina Church, Avalon.  
8am

**Tuesday**  
**2**  
**Commemoration of All the Faithful Departed (ALL SOULS DAY)**  
Tuesday 2 November Mass  
Maria Regina Church, Avalon  
8am.  
Sacred Heart Church Mona Vale  
9.30am followed by Blessing of  
graves at Mona Vale Cemetery  
Sacred Heart Church Mona Vale  
7pm

Dear Parishioner,

As was communicated to you earlier this week, Bishop Anthony Randazzo, Bishop of Broken Bay has now directed the resumption of public Masses in the Diocese of Broken Bay and so our parish has reinstated our ordinary schedule of Masses.

We look forward to welcoming you back to our Churches and seeing you in person.

Places of Public Worship are exempt from the requirement of vaccination. Given that both vaccinated and unvaccinated may be present at Masses, it will be up to each individual to discern what may be in the best interests of their safety and that of their families. Bishop Anthony recognises that for a number of our people now will not be the time to return to the public celebration of Masses in our churches and has therefore continued to suspend the Sunday Obligation until 1 December 2021.

Let's show our consideration to our wider community by doing all we can personally to stay safe and well and let's follow all the NSW Government COVID safety requirements:

- Please use **Trybooking** to book your place for our weekend Masses. To book for Mass, please visit <https://www.trybooking.com/BUWLJ>
- Please use the **QR code to check-in**. It is no longer sufficient for people to record their names and contact details in writing. If you do not have a smartphone, please see a priest, staff member or check-in volunteer to check you in digitally.
- Please **wear a mask for Mass, use the sanitiser provided, maintain social distancing** and refrain from congregational singing.

As was previously announced, this week was the last working week for Suzy as our Parish Secretary and Sacramental Coordinator. I would like to express my sincere appreciation for her dedication, commitment and outstanding service to our parish community.

Thank you, Suzy, for providing us with your impressive work ethic and positivity, when working on both small and big projects. Your enthusiasm and inspiring ideas contributed to many successful undertakings and ventures in our parish. Personally I would like to thank you for your friendship, support and understanding. You will be sorely missed in the office and parish by many.

We are not saying goodbye to you, because we know you will still be part of our parish family, but we wish you God's blessings for the future.

We look forward to seeing you in our Churches very soon.

Yours in Christ,



**Fr Richard Sadowski SDS**  
Parish Administrator

# Scan to Give to our Parish of Pittwater

## Cashless Fast Secure



Scan the QR code above **with your camera app** and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

## GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

## LIVESTREAMS READINGS NEWS



<https://brokenbay.goodgiving.com.au>



## Partnering with the Good Shepherd Sisters in Thailand.



Catholic Mission has launched its major appeal for the year, supporting the essential work of the Mother and Babies Home run by the Good Shepherd Sisters in Bangkok, as they reach out to vulnerable women in their time of need.

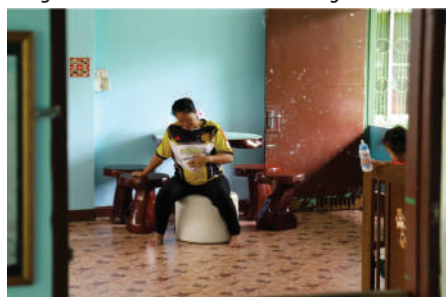
National Director of Catholic Mission, Fr Brian Lucas, says that at a time when there is a lot of attention given to the vulnerability of women in our own society the work of the Good Shepherd sisters in Thailand, and in many other places, goes to the very heart of the Christian proclamation of the worth and dignity of every person.

"To be Christian is to be missionary and to be missionary is to speak out in words and action against exploitation and to give new life and hope to those who are vulnerable," he says.

The Catholic Mission appeal offers hope to people like Churai\*. As a young girl, she suffered years of abuse and is now pregnant with her third child. Without the Mother and Babies Home, she says she would be alone and helpless, cast away by her partner as he did not want the child.

"This place has helped and given women in need an opportunity to grow," she says. "Women who feel discouraged, who don't know what to do, and who have nowhere to go. This place gave us an opportunity, comfort, and happiness".

The Good Shepherd Sisters provide pregnant mothers and mothers with young children, a refuge with others from similar backgrounds.



"It's about giving a chance to the mothers and the children," says Sr Chalaad, who manages the home in Bangkok.

"And when they get that chance, they will be able to look forward and they will be able to stand for themselves in the society for their future. Even if they have no one, we can stand by them". The Good Shepherd Sisters also run other outreach programs for women and children in need in Bangkok, offering pregnant women and young mothers like Churai a helping hand should they be unable to return to their families by providing them with handicraft skills training and employment to earn a living to support themselves.

Pope Francis invites each of us to respond to what we have seen and heard – to carry those stories, like Churai's, in our hearts – calling us to each be missionary disciples by sharing and supporting vital work like this.



Help those in need and support Sr Chalaad and the Good Shepherd Sisters by donating today - <https://www.catholicmission.org.au/mothers>.



# SOUL

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## Trivia

SUNDAY 24 OCTOBER 7PM

EMAIL JOSH FOR THE ZOOM LINK: MUSIC@PITTPARISH.ORG



## Come and See!

### INVITATION TO NON-CATHOLICS AND CATHOLICS (2021)

We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA (*Rite of Christian Initiation of Adults*) programme of our Parish in Pittwater. In 24 informal evening sessions we discuss and try to answer some of **LIFE'S DEEPER QUESTIONS** based on our faith tradition and our personal experience.

Some questions Non-Catholics may have:

- Does God exist or is He a 'Mystery' to me?
- Why is there so much suffering in the world?
- Is faith a private affair or do I need a community?
- Why should I listen to the Catholic Church?
- How do Catholics interpret the Bible?
- Who do you say the Son of Man is?
- Do I have a personal relationship with Him?

Some questions Catholics may have:

- What is the 'Paschal Mystery' to me?
- How has the Church moved on since I left school?
- In what way has the Church changed since the Second Vatican Council?
- Can science and faith go together?
- What is the Church really teaching about sex?
- Can I further deepen my personal relationship with Jesus?

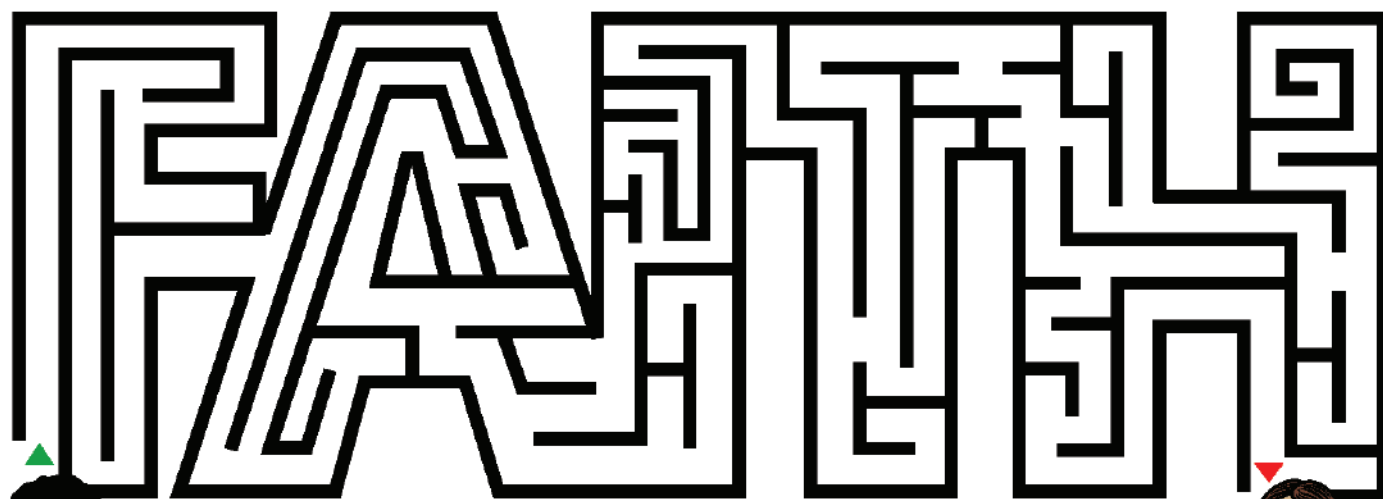
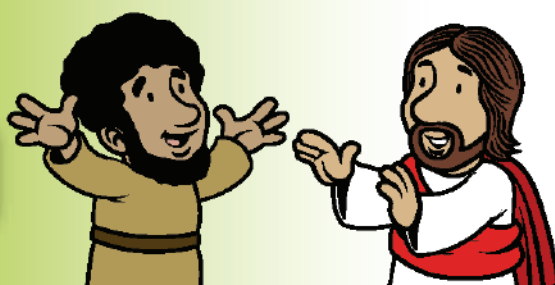
In the past few years over 60 people have joined us and given us enthusiastic responses. Many participants testify to this every year by becoming new or renewed members of our Church at Easter. *Why not you?*

If you think that life deserves more than superficial answers offered by the world, if this has made you curious in any way, please register at our Parish Office (02) 9157 0999. Due to Covid restrictions we will not be able to set a start date, but we will contact you to keep you up to date.

**Everybody is welcome!**

# The Lord helps those who have faith

30th Sunday in Ordinary Time, Year B



Bartimaeus was a blind man who begged Jesus to help him. He had faith that Jesus could make him see. Help Bartimaeus find his way to Jesus so that he can be healed.



The Lord helps those who are less fortunate - the poor, the sick and people who are sad. Write or draw about something nice you could do for someone who is poor, sick or sad.



Jesus showed his love for all people by welcoming the poor and the sick. What were some of the wonderful things he did? Circle the correct answers.

**PERFORMED MIRACLES**

**HURT PEOPLES FEELINGS**

**HEALED THE SICK**

**FED THE HUNGRY**

**SAID MEAN THINGS**

**WELCOMED EVERYBODY**

**TOLD LIES**

**SET A GOOD EXAMPLE TO OTHERS**

# The *Living* Word

**Entrance Antiphon** Cf. Ps 104:3-4  
Let the hearts that seek the Lord rejoice;  
turn to the Lord and his strength;  
constantly seek his face.

**First Reading** Jer  
31:7-9

**A reading from the prophet Jeremiah**  
*I shall lead them back in mercy – both the blind and the lame.*

The Lord says this:  
Shout with joy for Jacob!  
Hail the chief of nations!  
Proclaim! Praise! Shout:  
The Lord has saved his people,  
the remnant of Israel!  
See, I will bring them back  
from the land of the North  
and gather them from the far ends of  
earth;  
all of them: the blind and the lame,  
women with child, women in labour:  
a great company returning here.  
They had left in tears,  
I will comfort them as I lead them back;  
I will guide them to streams of water,  
by a smooth path where they will not  
stumble.  
For I am a father to Israel,  
and Ephraim is my first-born son.

## The word of the Lord

**Responsorial Psalm** Ps 125. R. v.3

**(R.) The Lord has done great things for us; we are filled with joy.**

When the Lord delivered Zion from bondage,  
It seemed like a dream.  
Then was our mouth filled with laughter,  
on our lips there were songs. **(R)**

The heathens themselves said: 'What  
 marvels  
the Lord worked for them!'  
What marvels the Lord worked for us!  
Indeed we were glad. **(R)**

Deliver us, O Lord, from our bondage  
as streams in dry land.  
Those who are sowing in tears  
will sing when they reap. **(R)**

They go out, they go out, full of tears,  
carrying seed for the sowing:  
they come back, they come back, full of  
song,  
carrying their sheaves. **(R)**

**Second Reading** Heb  
5:1-6

**A reading from the letter to the Hebrews**  
*You are a priest forever in the line of Melchizedek.*

Every high priest has been taken out of  
mankind and is appointed to act for men  
in their relations with God, to offer gifts

and sacrifices for sins; and so he can  
sympathise with those who are ignorant  
or uncertain because he too lives in the  
limitations of weakness. That is why he  
has to make sin offerings for himself as  
well as for the people. No one takes this  
honour on himself, but each one is called  
by God, as Aaron was. Nor did Christ  
give himself the glory of becoming high  
priest, but he had it from the one who  
said to him: You are my son, today I  
have become your father, and in another  
text: You are a priest of the order of  
Melchizedek, and for ever.

## The word of the Lord

**Gospel Acclamation** See 2 Tim 1:10

Alleluia, alleluia!  
Our Saviour Jesus Christ has done away  
with death,  
and brought us life through his gospel.  
Alleluia!

**Gospel** Mk 10:46-52  
**A reading from the holy Gospel according to Mark**  
*Master, grant that I may see.*

As Jesus left Jericho with his disciples  
and a large crowd, Bartimaeus (that is,  
the son of Timaeus), a blind beggar, was  
sitting at the side of the road. When he  
heard that it was Jesus of Nazareth, he  
began to shout and to say, 'Son of David,  
Jesus, have pity on me.' And many of  
them scolded him and told him to keep  
quiet, but he only shouted all the louder,  
'Son of David, have pity on me.' Jesus  
stopped and said, 'Call him here.' So  
they called the blind man. 'Courage,'  
they said 'get up; he is calling you.' So  
throwing off his cloak, he jumped up and  
went to Jesus. Then Jesus spoke, 'What  
do you want me to do for you?'  
'Rabbuni,' the blind man said to him  
'Master, let me see again.' Jesus said to  
him, 'Go; your faith has saved you.' And  
immediately his sight returned and he  
followed him along the road.

## The Gospel of the Lord.

**Communion Antiphon** Cf. Ps 19:6  
We will ring out our joy at your saving  
help and exult in the name of our God.

**REFLECTION** by Dianne Bergant CSA

*Throughout this liturgical year we have  
examined several aspects of our faith.  
We have pondered the history of our  
salvation, the merciful compassion of  
God, God's willingness to lead us out of  
the bondage of our addictions. We have  
meditated often and long on the person*

*of Jesus, on his life and death, on the  
meaning of his sacrifice, on his  
resurrection, on his influence in our lives  
today. We have considered our own  
ongoing transformation as disciples of  
Jesus, baptised into his death and  
resurrection, commissioned to bring the  
news of his love to all those with whom  
we come into contact. We have reflected  
on all of these wonderful deeds of God,  
and now we must ask the question: What  
difference has it made?*

*Have we merely acquired some  
information about the biblical readings,  
about our religious ancestors, about the  
ministry of Jesus and the life of the early  
church? Or have our eyes really been  
opened; have we been enabled to leave  
behind whatever prevents us from living  
the Christian life fully, to abandon our  
exiles or the trappings of our former  
lives? Have we accepted more genuinely  
the Christian responsibilities that are  
ours as baptised followers of Christ, in  
our own personal lives, in our families,  
in our relationships with others, at the  
workplace? To what degree have we  
been transformed into Christ? How open  
have we become to the action of the  
Spirit in our lives? Have we been made a  
new creation? And do we recognise  
Christ in our midst?*

© Dianne Bergant CSA

**It is our responsibility to protect  
others and ourselves and stop the  
spread of COVID-19 in Australia.**

Continue to practise good hygiene.  
**Please use the hand sanitisers provided  
in both of our Churches.**

**Masks are now compulsory  
in Church.**



**Everyone must also stay  
1.5 metres away from other people  
whenever possible.  
Please sit only in the marked seats.**

To read the messages from  
Bishop Anthony and from the people  
Vox Populi please go to  
[www.pittwaterparish.org](http://www.pittwaterparish.org).  
News and events tile and Messages from  
Bishop Anthony on the drop down menu.



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Liturgy for the Week	
25/10	<b>Monday Ordinary Time 30</b> Rom 8:12-17; Lk 13:10-17
26/10	<b>Tuesday Ordinary Time 30</b> Rom 8:18-25; Lk 13:18-21
27/10	<b>Wednesday Ordinary Time 30</b> Rom 8:26-30; Lk 13:22-30
28/10	<b>Thursday Sts Simon and Jude, apostles</b> Eph 2:19-22; Lk 6:12-19
29/10	<b>Friday Ordinary Time 30</b> Rom 9:1-5; Lk 14:1-6
30/10	<b>Saturday Ordinary Time 30</b> Rom 11:1-2, 11-12, 25-29; Lk 14:1, 7-11


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**For We CANNOT KEEP FROM SPEAKING about what we have SEEN & HEARD**  
ACTS 4:29

Next week Catholic Mission will invite you to partner with Sister Chalaad and the Good Shepherd Sisters in Thailand as they reach out to vulnerable mothers, like Churai\*, and their babies, who would have nowhere to turn when they need support, love and kindness the most.

Next week you will have the opportunity to respond to what you have seen and heard, and the Home, as well as other vital mission programs supporting children and communities in need around the world.

Please come with an open and generous heart.

\*Name and images altered to protect identity.

**catholic mission**

Free call: 1800 257 296  
[catholicmission.org.au/thailand](http://catholicmission.org.au/thailand)







## LOCAL PEOPLE CARING FOR LOCAL FAMILIES

Our team live, work and play on the Beaches. We understand the local community and are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own with a prepaid funeral, we're here to help.

## ANN WILSON FUNERALS

Contact us to find out more.

844 Pittwater Road, Dee Why  
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[annwilsonfunerals.com.au](http://annwilsonfunerals.com.au)

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