



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

The Rose

Some say love, it is a river
That drowns the tender reed
Some say love, it is a razor
That leaves your soul to bleed

Some say love, it is a hunger
An endless aching need
I say love, it is a flower
And you, its only seed

It's the heart, afraid of breaking
That never learns to dance
It's the dream, afraid of waking
That never takes the chance
It's the one who won't be taken
Who cannot seem to give
And the soul, afraid of dying
That never learns to live

When the night has been too lonely
And the road has been too long
And you think that love is only
For the lucky and the strong

Just remember in the winter
Far beneath the bitter snows
Lies the seed that with
the sun's love
In the spring becomes the rose

Bette Midler

**A letter from Bishop Anthony
Randazzo to the people of
Broken Bay is available at the
back of the Church.**

**If you have used this bulletin,
please take it home with you.**

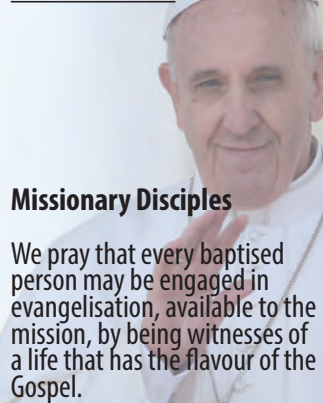


Thoughts of Bl Francis Jordan

Consider Mary. She said little. But through her example her humility, modesty etc... she accomplished much. Imitate her so that you also accomplish quite a lot through good example.



Pope Francis' Prayer Intentions For October



Missionary Disciples

We pray that every baptised person may be engaged in evangelisation, available to the mission, by being witnesses of a life that has the flavour of the Gospel.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please download your personal QR code with Service NSW, and scan your code at the entrance of the church. Thank you for working with us to keep our parish community safe.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.

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The Catholic Parish of Pittwater

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You can find us on
(pittwater_parish)

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 9.30am

Wednesday 9.30am

Thursday 7pm

(Followed by Adoration and
Benediction at 9pm)

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration,

Reconciliation

and Benediction

from 9.30am,

followed by Mass

with Anointing of the Sick
at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •
6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

Mass with Anointing of the Sick -
First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for
the Souls of

Sandra Pyper
Those in purgatory
Connie Hawkins
Jamie Custodio
Jan Nuelle
Waclaw Wasinski
Erin Teresa Crumlin

Recently Deceased

Neville Gurnett
Betty Reuben
Emanuel Elvies Pinheiro
Imelda Vince
Tomasz Zurek
Milena Sinkic

Prayers for the Sick

Philip Maddrell
Gail Reiher
Moir Howie
Christine Hills
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Candida Hernandez
Chin Quang Le
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio
Annette Davis
Andrew Hood
Jeff Langley
Warwick Chipman
Erin Ocampo
Mark Lindfield
Vicky Kalingasan
Cos Coniglio
Bill Eyre
Brian Gregan
Marian Poe
Marcia Bailey
Bec Burroughs
Susan Hickey
Sophia Burfitt
Margaret De Landre
Sick members of Family
Maevie Robinson
Jenny Carroll
The Sick

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Watch the daily Mass on
Demand from Broken Bay's
Cathedral at
<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLxQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



Special Blessing

We invite those
who would like to
receive a special
blessing for their
HSC, to join us on
Sunday
7 November at
Sacred Heart
Church, Mona Vale,
at 6pm - Soul
(Youth) Mass.

Church Tradition has always urged prayer for the deceased, in particular by offering the Eucharistic Celebration for them: it is the best spiritual help that we can give to their souls, particularly to those who are the most forsaken. The foundation of prayer in suffrage lies in the communion of the Mystical Body.

As the Second Vatican Council repeats, "fully conscious of this communion of the whole Mystical Body of Jesus Christ, the pilgrim Church from the very first ages of the Christian religion has cultivated with great piety the memory of the dead" (Lumen Gentium, n. 50).

Remembering the dead, caring for their graves and prayers of suffrage, are the testimony of confident hope, rooted in the certainty that death does not have the last word on human existence, for man is destined to a life without limits, which has its roots and its fulfillment in God.

POPE FRANCIS



If you would like the names of your deceased friends, relatives or loved ones published in our "Book of Remembrance" please fill the "November Mass Offering" envelopes (available in the front of the Church) and drop it in to the Parish Office or on the plate before Wednesday 12 noon, each week.

trybooking

To ensure that we fulfil the requirements of the 100 (Mona Vale) and 125 (Avalon) people limit, we would like you to use the Trybooking website to book for our weekend Masses. There is no need to book for the weekday Masses. The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions. Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>
To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

Monday
1
ALL SAINTS DAY
Monday 1 November
Masses:

Sacred Heart Church,
Mona Vale. 9.30am and 7pm
Maria Regina Church, Avalon.
8am

Tuesday
2
Commemoration
of All the Faithful
Departed (ALL
SOULS DAY)

Tuesday 2 November Mass
Maria Regina Church, Avalon
8am.

Sacred Heart Church Mona Vale
9.30am followed by Blessing of
graves at Mona Vale Cemetery
Sacred Heart Church Mona Vale
7pm

Come and See!

INVITATION TO NON-CATHOLICS AND CATHOLICS (2021)

We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA (*Rite of Christian Initiation of Adults*) programme of our Parish in Pittwater.

In 24 informal evening sessions we discuss and try to answer some of **LIFE'S DEEPER QUESTIONS** based on our faith tradition and our personal experience.

Some questions Non-Catholics may have:

- Does God exist or is He a 'Mystery' to me?
- Why is there so much suffering in the world?
- Is faith a private affair or do I need a community?
- Why should I listen to the Catholic Church?
- How do Catholics interpret the Bible?
- Who do you say the Son of Man is?
- Do I have a personal relationship with Him?

Some questions Catholics may have:

- What is the 'Paschal Mystery' to me?
- How has the Church moved on since I left school?
- In what way has the Church changed since the Second Vatican Council?
- Can science and faith go together?
- What is the Church really teaching about sex?
- Can I further deepen my personal relationship with Jesus?

In the past few years over 60 people have joined us and given us enthusiastic responses. Many participants testify to this every year by becoming new or renewed members of our Church at Easter. *Why not you?*

If you think that life deserves more than superficial answers offered by the world, if this has made you curious in any way, please register at our Parish Office (02) 9157 0999. Due to Covid restrictions we will not be able to set a start date, but we will contact you to keep you up to date.

Everybody is welcome!



Vinnies

For the needy, help is
available by contacting
the Brookvale Centre
9905 0424
during business hours.

PASTORAL WORKS Broken Bay

Was Charitable Works Fund

November 2021 Appeal

St Edmund's College is one of the five beneficiaries of Pastoral Works Broken Bay.



The College supports 120 students with disabilities such as intellectual, sensory impairment or autism, providing skills and experience for them to fully engage in life.



Your generous donations help with vital fee assistance to families in our Catholic community so that their children can access the services offered by St Edmund's.

Watch the attached short film to see the amazing impact your donations support
<https://youtu.be/3r5BE26o2H4>.

To donate, complete the collection envelope in your parish, or visit
www.bbcatholic.org.au/pastoralworks.



Thank you and God bless you for your generosity.

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Parish of
Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection.

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GIVING

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A meditation for All Souls' Day: How has the love of others changed your life?



You can deepen your life of prayer by practicing meditation. St. Francis de Sales taught that this was simply bringing thoughts and images into your mind so as to move the heart and will toward God. Scripture, songs, nature, the writings of the saints: They are all fodder for meditation.

You cannot count how many people you have met in life, but you can trace the transformation that certain people have brought into your life. They could and did change who you are as a person because our human nature is pliable, subject to growth.

Here is a meditation. Think of the men and women who made you the person you are. Then let your heart give way to gratitude:

- Your mum, teaching you to bake.
- The coach, who taught you to love the sport and to excel at it.
- The teacher, who introduced you to the love of reading.
- The older sibling, who modeled how to deal with challenges.
- The aunt, who listened to you and made you an empathetic person.
- The kid, two years ahead of you in high school, who did not belittle you, who made you believe the coming adult world would not be so bad.

Ponder these people and try to imagine how different your life would be if you had never encountered them. How can you not be moved to gratitude for who they are and what they have brought into your life?

You cannot count how many people you have met in life, but you can trace the transformation that certain people have brought into your life.

Then, consider what comes after this life. Here, all ebbs and flows. We gain, and we suffer loss. In contrast, heaven can be defined as our joyful fruition. Nothing can be lost, nothing drops from the hand of God. There is no weakening or wilting.

The lives of the saints involve a satiety, a true and lasting satisfaction, but heaven is not stasis, not an eternal stillness. Why not? Because God is the source of all creativity! So heaven cannot be a lovely mausoleum. It must be a mill of blessing and life.

Indeed, if, while we were enemies, we were reconciled to God through the death of his Son, how much more, once reconciled, will we be saved by his life
(Rom 5:10)

There is much about purgation after death that is difficult to understand, though it is clearly attested to in Scripture and in the earliest history of the church. Here is the essential: Encountering God changes everything! What we call the beatific vision is transformational. Purgatory is not a place or a time, but you can think of it as heaven's porch, the antechamber where God embraces us in renewing love and mercy.

Most of us leave this earth still malleable. Unlike the damned, we have lived in a way that keeps us alive and growing. Yet unlike the great saints, we

are not entirely ready for the cataract of life and love that is God. The doctrine of purgation after death insists that meeting God will transform us, finish what is incomplete, purify what poisoned us, gather up those parts of us still scattered.

**In the time of their visitation
they shall shine, and shall dart about as
sparks through stubble**
(Wis 3:7).

Those who struggle with the notion of purgation after death make two misjudgments: They esteem themselves too highly and they insufficiently imagine the glory of God. Remember that you once thought your life was good enough, until you fell in love, until your child was born, until the right person came along. Then everything that went before seemed so very impoverished. That is what happens when we encounter true love.



There are people on this earth, whom you were destined to meet, who changed everything about you. God created these men and women. Why wouldn't you think that meeting their creator - and your own - will be the most radical transformation that you can experience? That is what happens when we encounter true love.

Terrance Klein

*The Rev. Terrance W. Klein is a priest of the Diocese of Dodge City and author of *Vanity Faith*.*

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Which are the most important commandments?



Love GOD
& love your neighbour

31st Sunday in Ordinary Time, Year B



Jesus said that the most important commandments were to love God and to love others as we love ourselves. What are some ways we can show our love?

I show love for God when I

I show love for others when I



Whenever we show kindness, love and respect for others, we are loving God. Draw a picture of yourself doing something that shows love for God.

Fill in the missing words to complete the story.

love
second
God
answered
yourself
teacher
heart
first
asked
commandment

An expert in the Jewish law _____ Jesus, "_____, what is the most important _____ ?"



Jesus _____: "Love the Lord your _____ with all your _____, soul and mind." This is the _____ and most important commandment. The _____ is like it: "_____ your neighbour as much as you love _____".



The *Living* Word

Entrance Antiphon Cf. Ps 37:22-23
 Forsake me not, O Lord, my God;
 be not far from me!
 Make haste and come to my help,
 O Lord, my strong salvation!

First Reading Dt 6:2-6
A reading from the book of Deuteronomy
Hear Israel, you shall love the Lord your God with all your heart.

Moses said to the people: 'If you fear the Lord your God all the days of your life and if you keep all his laws and commandments which I lay on you, you will have a long life, you and your son and your grandson. Listen then, Israel, keep and observe what will make you prosper and give you great increase, as the Lord God of your fathers has promised you, giving you a land where milk and honey flow.
 'Listen, Israel: The Lord our God is the one Lord. You shall love the Lord your God with all your heart, with all your soul, with all your strength. Let these words I urge on you today be written on your heart.'

The word of the Lord

Responsorial Psalm Ps 17:2-4. 47. 51. R.v.2

(R.) I love you Lord, my strength.

I love you, Lord, my strength,
 my rock, my fortress, my saviour.
 My God is the rock where I take refuge;
 my shield, my mighty help, my stronghold.
 The Lord is worthy of all praise:
 when I call I am saved from my foes **(R)**

Long life to the Lord, my rock!
 Praised be to the God that saves me.
 He has given great victories to his king
 and shown love for his anointed. **(R)**

Second Reading Heb 7:23-28
A reading from the letter to the Hebrews
This one, because he remains for ever, has an eternal priesthood.

There used to be a great number of priests under the former covenant, because death put an end to each one of them; but this one, Christ, because he remains for ever, can never lose his priesthood. It follows, then, that his power to save is utterly certain, since he is living for ever to intercede for all who come to God through him.
 To suit us, the ideal high priest would have to be holy, innocent and uncontaminated, beyond the influence of sinners, and raised up above the heavens; one who would not need to offer sacrifices every day, as the other high priests do for their own sins and then for those of the people, because he has done

this once and for all by offering himself. The Law appoints high priests who are men subject to weakness; but the promise on oath, which came after the Law, appointed the Son who is made perfect for ever.

The word of the Lord

Gospel Acclamation Jn 14:23

Alleluia, alleluia!
 All who love me will keep my words,
 and my Father will love them and we will come to them.
 Alleluia!

Gospel Mk 12:28-34
A reading from the holy Gospel according to Mark

This is the first commandment, and the second is similar to it.

One of the scribes came up to Jesus and put a question to him, 'Which is the first of all the commandments?' Jesus replied, 'This is the first: Listen, Israel, the Lord our God is the one Lord, and you must love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You must love your neighbour as yourself. There is no commandment greater than these.' The scribe said to him, 'Well spoken, Master; what you have said is true: that he is one and there is no other. To love him with all your heart, with all your understanding and strength, and to love your neighbour as yourself, this is far more important than any holocaust or sacrifice.' Jesus, seeing how wisely he had spoken, said, 'You are not far from the kingdom of God.' And after that no one dared to question him any more.

The Gospel of the Lord.

Communion Antiphon Cf. Ps 15:11
 You will show me the path of life,
 the fullness of joy in your presence,
 O Lord.

REFLECTION by Dianne Bergant CSA

Israel was called by God. To what was Israel called? To what were the crowds who followed Jesus called? To what are we called? To a covenant relationship with the Lord who is God, the one who is Lord alone. We have been invited into an intimate personal relationship with the creator of the universe, the one who plays with black holes and white dwarfs and at the same time with infinite interest has numbered the very hairs on our head (cf. Matt 10:30). We have heard this so

often that it may have become commonplace. The marvel of it may escape our attention, because it has become just a part of our religious language. It is well that once in a while we are shaken to our senses, 'Hear, O Israel! The Lord is your God, the Lord alone!'

It is not marvel enough that this mysterious God has created us; we have also been redeemed. As victim-priest Jesus has offered himself on our behalf. He is the sacrifice that sealed the covenant; his blood was the expiation for our sins; he is our rock, our fortress, our deliverer, our shield, our stronghold. Only one thing is asked of us in return: that we open ourselves to him and cling to the covenant, that we proclaim with all our hearts 'The Lord is our God, the Lord alone!' We are to love with all our heart and all our soul and all our strength; we are to love God and to love others.

© Dianne Bergant CSA

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

Continue to practise good hygiene.
Please use the hand sanitisers provided in both of our Churches.

Masks are now compulsory in Church.



Everyone must also stay 1.5 metres away from other people whenever possible. Please sit only in the marked seats.

To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

Special Intentions

All those celebrating a birthday in October
Solveig Lyon

We acknowledge and thank the businesses and individuals that support our parish through advertising in our parish bulletin. We thank them for their support and ask our parish community to support their businesses in return.

Advertising Space Available

For more information
call the Parish Office on
9157 0999

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Liturgy for the Week

NOVEMBER

- 01/11 **Monday ALL SAINTS**
Apoc 7:2-4, 9-14; 1 Jn 3:1-3;
Mt 5:1-12
- 02/11 **Tuesday The COMMEMORATION of
ALL the FAITHFUL DEPARTED (All
Souls' Day)**
From Masses for the Dead
- 03/11 **Wednesday Ordinary Time 31**
Rom 13:8-10; Lk 14:25-33
- 04/11 **Thursday St Charles Borromeo,
Bishop**
Rom 14:7-12; Lk 15:1-10
(Alt. Rom 12:3-13; Jn 10:11-16)
- 05/11 **Friday Ordinary Time 31**
Rom 15:14-21; Lk 16:1-8
- 06/11 **Saturday Ordinary Time 31**
Rom 16:3-9, 16, 22-27; Lk 16:9-15

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