



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Being Thankful

Be thankful for the clothes
that fit a little too snug,
because it means you have
enough to eat.

Be thankful for the mess
you clean up after a party,
because it means you have been
surrounded by friends.

Be thankful for the taxes you pay,
because it means that you're
employed.

Be thankful for household chores,
because it means you have a home.

Be thankful for your heating bill,
because it means you are warm.

Be thankful for the far away
parking spot,
because it means you can walk.

Be thankful for the early morning
alarm clocks,
because it means you're alive.



**If you have used this bulletin,
please take it home with you.**

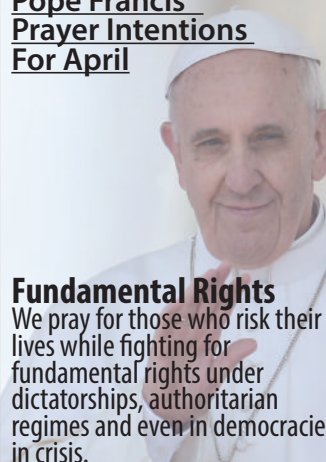


Thoughts of Fr Francis Jordan

O Lord, help me, show me the way! Without you, I can do nothing.
I hope all things from You. In you, O Lord, I have hoped,
I will not be confounded for ever.



Pope Francis' Prayer Intentions For April



Fundamental Rights

We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.



The Service NSW QR codes are now available at the entrance of both of our churches, for you to use to check in. If you do not have a smartphone or you're not carrying it with you, please provide your contact details via the sign-in sheets provided. If you have checked-in with the QR code, you do not have to use the sign-in sheets. Thank you

A warm welcome to
all especially our
parishioners and visitors
who are celebrating the
Eucharist with us at
Pittwater Parish - Sacred
Heart Church, Mona Vale
and Maria Regina
Church, Avalon

Parish Pastoral Council
Matthew Hyland
 matthyland100@yahoo.com.au

Pittwater Parish Ministries

Catechists
 Co-Directors
 Maureen Wooldridge - 9997 4694
 Veronica Thomas -
 veronicathomas2009@gmail.com

Evangelisation Ministry
 Erich Ott (Coordinator RCIA)
 0409 124 840
 Sr Margaret Collis - 9974 4116
 Sue Berg - 0419 991 781
 (Coordinators Adult Faith Education/
 Formation)

Legion of Mary
 Connie Robinson - Director
 0458 007 706

Little Hearts Playgroup
 Co-Directors-Marie Bockman -
 mbockman@hotmail.com
 Maureen Wooldridge - 9997 4694

Media & Communication Ministry
 Laura Ee - Director
 media@pittwaterparish.org

Music Ministry
 Josh Willard - Director
 9157 0999 ext 17

**Pastoral Care and
 Communion to the Sick Ministry**
 Co-Directors
 Denise Bottero - 9997 6904
 Marie Bockman -
 mbockman@hotmail.com

Parish Library
 Trish Newman - Director
 9918 3973

Sacramental Program Ministry
 Suzy Caruso
 9157 0999 ext 0
 sacraments@pittwaterparish.org

Social Justice Ministry
 Tamara Harding - Director
 0403 226 699
 www.facebook.com/pages/Pittwater-Friends-Of-Soibada/162612300466694

Youth Ministry
 soul@pittwaterparish.org or
 Josh Willard (Soul Youth)
 music@pittwaterparish.org

All our Ministries comply with Working With
 Children Check requirements

We acknowledge the lifelong trauma of abuse
 victims, survivors and their families, the failures of
 the Catholic Church to protect, believe and
 respond justly to children and vulnerable adults,
 and the consequent breach of community trust.

We Pray for

Recently Deceased

Frank Vumbaca
 Helen McCrea
 David Collis
 Theresa McGahey
 Brad McCoppin
 Terry Dooley
 Elsa Utor de Vela
 Hugo Schewe
 Maurice Daly

Recently Deceased

David Collis

*Our deepest sympathies
 to Sr Margaret
 Collis RSM on the
 sudden passing of her
 brother David. Our
 thoughts and prayers
 are with
 her and her family.*

Deceased Anniversary

Ross Perkins
 Holy Souls in Purgatory
 Jack Bateman
 Eileen Bateman
 Amelia Sta ana
 Teng Poe

If you would like the names of your
 relatives or friends and offerings
 included, please drop the envelope in
 to the Parish Office by Midday on
 Wednesdays. Thank You.

Prayers for the Sick

Philip Maddrel
 Gail Reiher
 Imelda Vince
 Ben Castillo
 Moira Howie
 Christine Hills
 Donald McRae
 Sara Zofrea
 Beryl Peo-Duncan
 John Andrew Graham
 John Charles Graham
 Michael Carrodus
 Pat Regan
 Robyn Sheather
 Candida Hernandez
 Chin Quang Le
 Tony Quatroville
 Garry Gleeson
 Elizabeth Kral
 Nazarena Custodio
 Annette Davis
 Tim & Christina O'Connell
 Andrew Hood
 Jeff Langley
 Peter Vorlicek
 Warwick Chipman
 Eric Ocampo
 Mark Lindfield

The names on this list will be
 removed after four weeks unless
 otherwise requested or advised.
 Thank you

**THURSDAY MORNING
 SPIRITUALITY GROUP**

We will recommence our study this
 year on 22 April continuing with
 Pope Francis' new Encyclical Letter
 on Fraternity and Social Friendship.
 Pope Francis gives us insight into a
 way of life which allows to
 acknowledge, appreciate and love
 each person, regardless of physical
 proximity and regardless of where
 they were born or live. "God has
 created all human beings equal in
 rights, duties and dignity and has
 called them to live together as
 brothers and sisters."
 We meet after 10am mass (around
 10:30) for morning tea, followed by
 study and contemplation until 12
 noon. We read through the book in a
 very relaxed manner gaining new
 insights from each other. All are
 invited.
 Contact Margaret Abrahams via the
 Parish office on 9157 0999.



Vinnies

**Vinnies
 changes
 lives
 everyday.**

Show your support and
 give to our annual appeal

For the needy, help is
 available by contacting
 the Brookvale Centre
 9905 0424 during
 business hours.

PLANNED GIVING

The money contributed to our parish via
 our second collection helps us to meet
 the running costs which our Parish
 incurs, including wages, electricity,
 telephones, insurances, rates, building
 and equipment repairs and maintenance,
 to name but a few. Whilst you are unable
 to attend Mass, you are able to make
 your regular donation by way of
 automatic direct debit from your credit
 card, please contact the Parish office for
 more information. Or donations can be
 made on our website:
 www.pittwaterparish.org through the
 donations and giving tile. If you would
 prefer not to give by credit card, please
 contact the parish office, 9157 0999 for
 other ways that you can contribute.



Even though the restrictions in
 NSW have ease, the capacity of our
 Sacred Heart Church, Mona Vale is
 200 and 250 for Maria Regina
 Church, Avalon.

Masks are now not compulsory in
 Church.

**It is our responsibility to
 protect others and ourselves
 and stop the spread of
 COVID-19 in Australia.**

Continue to practise good
 hygiene.
**Please use the hand
 sanitisers provided in both
 of our Churches.**

**Everyone must also stay
 1.5 metres away from other
 people whenever possible.
 Please sit only in the
 marked seats.**

LIBRARY

Now that the restrictions have been
 lifted concerning the opening of
 churches, although at present 200
 people at Maria Regina, we can
 access the Library. You are very
 welcome to browse the vast
 assortment of books and DVDs in the
 Parish Library at Maria Regina after
 the daily and weekend Masses.
 Books and DVDs will still be reviewed
 in the Bulletin. If you have an inquiry
 you may phone me on 99183973
 (Home) 0401613643 (mobile).



Trish Newman

BOOK REVIEW

*The Dolorous Passion
 of Our Lord Jesus Christ*

by Anne Catherine
 Emmerich



This is the
 book that
 inspired Mel
 Gibson to film
 The Passion Of
 The Christ. The
 book is based
 on the detailed
 visions of Our

Lord's Passion and Death as
 seen by Venerable Anne
 Catherine Emmerich, a
 German Augustinian nun. It
 gives a description of Mary's
 participation in the sufferings
 of her Son and a lasting
 impression of His infinite love
 for us that motivated His
 Agony, and how His Passion
 and Death were brought on by
 each person's sins.

ANZAC DAY MASS

**Sunday,
25 April 2021
at 10am Mass
Sacred Heart Church,
Mona Vale**

We will commemorate the men and women of the Australian and New Zealand Army, Air Force and Navy who have served their country and especially those who gave their lives and health.

BB35
CELEBRATING
35 YEARS
DIOCESE OF BROKEN BAY



THE YEAR
OF ST JOSEPH
& THE FAMILY
2021

Thirty five years ago, the Diocese of Broken Bay was established and this anniversary is an opportunity to look back and remember the story of our Diocesan journey with hearts of gratitude, so that we might look forward to the future in hope. In the Universal Church, Pope Francis has also proclaimed a year for St Joseph and the Family for 2021. The combination of these three themes allow us to approach our activities and mission this year with renewed depth of faith in what God is calling us to be in the community of the Church of Broken Bay.

If you have any stories you can share about the history of the Diocese of Broken Bay, and any old photos, please send them through to Melissa Loughlin, Editor, Broken Bay News news@bbcatholic.org.au

"You don't choose your family. They are God's gift to you, as you are to them." - Desmond Tutu

BBNEWS
News from the Catholic Diocese of Broken Bay

BBNews eNewsletter

On Friday 19 March, the Diocese of Broken Bay launched a new eNewsletter for the Diocese of Broken Bay. BBNews is a fortnightly newsletter with news stories from across the Diocese. Complementing the quarterly Broken Bay News magazine, BBNews will highlight the activity and stories of the Church in Broken Bay and beyond.

You can subscribe on the website <https://www.bbcatholic.org.au/news-events/bbnews/bbnews-subscription>

Sacrament of Confirmation 2021

Confirmation is the next Sacrament after Baptism. Children need to be in Year 3 or above.

To join our Confirmation program for 2021, simply come to one of the following parent information sessions where you will be provided with all the information that you need.

Sessions start on time and run for 1 hour.

Please register your attendance at: www.trybooking.com/BPWBP

Tuesday 20 April 2021 at 7pm, Sacred Heart Church, Mona Vale

Wednesday 21 April 2021 at 7pm, Maria Regina Church, Avalon

The full program dates can be downloaded from our website: www.bbcatholic.org.au/pittwater/sacraments/confirmation

Sacrament of Confirmation: Saturday 19 June 2021 at 10am and 12.30pm and Sunday 20 June 2021 at 4pm

For More Information please contact the parish office

9157 0999 | sacraments@pittwaterparish.org | www.pittwaterparish.org

To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.



PROGRAM NEWS
HINTS & TIPS
EVENTS
BLOG LINKS

New eNewsletter launched

CatholicCare are the social care and support agency of the Catholic Church in the Diocese of Broken Bay. CatholicCare assist children, young people and adults to live more enriched lives and have been doing so since 1987. They recently launched Hopeful – their quarterly eNewsletter where you'll find all the latest news about their programs, helpful hints and tips, events and lots of interesting articles. You can subscribe here <http://eepurl.com/hrgqGj>. For more information about CatholicCare please visit <http://www.catholic-caredbb.org.au>

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The Catholic Parish
of Pittwater

OCEANIA WEBINAR PARISHES & SCHOOLS: ONE COMMUNITY IN CHRIST

Tuesday, 20th April 2021

11am -12.15pm (AEST), 1pm (New Zealand) via Zoom



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INCREASING THE EXPERIENCE OF THE HOLY SPIRIT IN YOUR PARISH

**DIVINE
RENOVATION**

LIVE WEBINAR
APRIL 21ST, 2021
7:00PM SYDNEY TIME

Divine Renovation Webinar: Increasing the Experience of the Holy Spirit in Your Parish

Join in this Australian conversation on increasing the experience of the Holy Spirit in parishes to allow the power of the Spirit to animate our lives and impact our ministries.

Presented by Deacon Peter Pellican, Executive Director Evangelisation Brisbane, and Kevin Bailey AM, Regional Coordinator Divine Renovation Australasia. Wednesday 21 April 2021, 7:00pm – 8:00pm Register at <https://divinerenovation.org/australasia>

Faith is bolstered by prayer, not money, power, media, pope says



Without prayer, everything crumbles and any initiatives for church reform will just be proposals by some group and not the inspiration of the Holy Spirit, Pope Francis said.

"Everything in the church originates in prayer and everything grows thanks to prayer," the pope said April 14 during his weekly general audience.

If there is no prayer, the church becomes "like an empty shell" that has lost its bearings and "no longer possesses its source of warmth and love," he said, and it ends up being made up of groups of "entrepreneurs of faith" that are well organised and busy with charitable activities but lack faith.

Continuing his series of talks on prayer, the pope reflected on the role of the church as a school of faith and prayer.

"The breath of faith is prayer," the pope said. "We grow in faith inasmuch as we learn to pray," and over time, especially after crises or difficult periods in life, "we become aware that without faith, we could not have made it through and that our strength was prayer."

That is why groups or communities that are dedicated to prayer "flourish in the church" and can become "centers of spiritual light, small oases in which intense prayer is shared and fraternal communion is constructed day by day," breathing life into the church and society itself, he said.

"Praying and working in community keeps the world going," Pope Francis said.

When the devil wants to attack the church, he starts with sapping its strength by hindering prayer, he said.

For example, he said, "we see this in certain groups who agree to promote church reforms, changes in the life of the church" and they may be very well organised and have wide media outreach, "but you don't see any

prayer."

The groups may have interesting ideas and proposals, but these only emerged from talking and through the media, not prayer, the pope said.

"Prayer is what opens the door to the Holy Spirit," who inspires the path forward, he said. "Changes in the church without prayer are not changes made by the church, they are changes made by groups."

Prayer gives people strength, he said, leading one's life "securely forward" no matter how lowly, imperfect or weak one's life may be.

"Holy women and men do not have easier lives than other people" since they have problems, too, and face opposition, he said. But with prayer, the saints "nourish the flame of their faith" and even though they often "count for little in the eyes of the world, they are in reality the ones who sustain it, not with the weapons of money and power, of the communications media and so on, but with the weapon of prayer."

Christians, he said, should ask themselves whether they pray and reflect on how they pray, for example, "like parrots or do I pray with my heart?"

Do people pray with the church or "do I pray a bit according to my ideas and then make my ideas become prayer? This is a pagan prayer, not Christian," he added.

The essential task of the church, the pope said, is to pray and to teach people how to pray and to hand down the "lamp of faith and the oil of prayer from generation to generation."

"Without faith everything collapses; and without prayer faith is extinguished," he said. But as long as "there is the oil of prayer," the lamp of faith will always be lit on earth.

By Carol Glatz | Catholic News Service

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 9.30am

Wednesday 9.30am

Thursday 7pm

(Followed by Adoration and Benediction at 9pm)

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration,

Reconciliation

and Benediction

from 9.30am,

followed by Mass

with Anointing of the Sick

at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

4.00pm Croatian

(1st & 3rd Sunday)

6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

**Mass with Anointing of the Sick -
First Friday of the Month at 8am**

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

Jesus rose from the dead



3rd Sunday of Easter, Year B

When Jesus appeared to his disciples he was not a ghost, but truly alive! How did Jesus help the disciples believe that he had risen from the dead? Write or draw your answer.



Jesus asked that the Good News be spread from Jerusalem to every nation. Unscramble the following words about the Good News.

esJus vases = _ _ _ _ _ s _ _ _ _

elvo = _ _ _ e

doGo sewN = _ _ _ _ _ w _

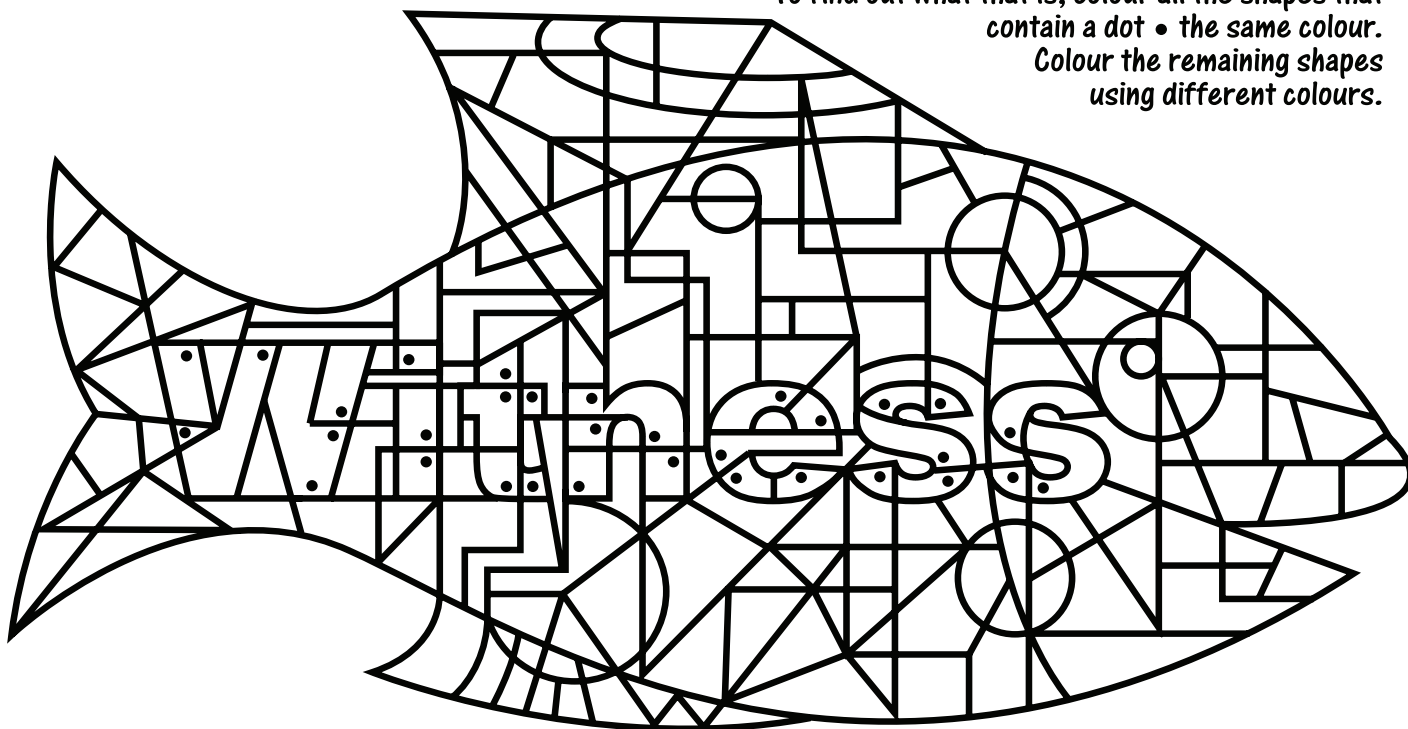
gvforie niss = f _ _ _ _ _ n _

reefdom = _ r _ _ o _

naltree flei = e _ _ _ a _ _ f _

gealhin = h _ _ _ _ _

There is something that Jesus asks us to do for him.
To find out what that is, colour all the shapes that contain a dot • the same colour.
Colour the remaining shapes using different colours.



The *Living* Word

Entrance Antiphon Cf. Ps 65:1-2
Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

First Reading Acts 3:13-15, 17-19
A reading from the Acts of the Apostles
You have killed the prince of life; God, however, raised him from the dead.

Peter said to the people: 'You are Israelites, and it is the God of Abraham, Isaac and Jacob, the God of our ancestors, who has glorified his servant Jesus, the same Jesus you handed over and then disowned in the presence of Pilate, after Pilate had decided to release him. It was you who accused the Holy One, the Just One, you who demanded the reprieve of a murderer while you killed the prince of life. God, however, raised him from the dead, and to that fact we are the witnesses.
'Now I know, brothers, that neither you nor your leaders had any idea what you were really doing; this was the way God carried out what he had foretold, when he said through all his prophets that his Christ would suffer. Now you must repent and turn to God, so that your sins may be wiped out.'

The word of the Lord

Responsorial Psalm Ps 4:2, 4, 7, 9, R. v.7

(R.) Lord, let your face shine on us.

or

(R.) Alleluia!

When I call, answer me, O God of justice;
from anguish you released me, have mercy and hear me! ” **(R)**

It is the Lord who grants favours to those whom he loves;
the Lord hears me whenever I call him. **(R)**

'What can bring us happiness?' many say.
Lift up the light of your face on us,
O Lord. **(R)**

I will lie down in peace and sleep comes at once,
for you alone, Lord, make me dwell in safety. **(R)**

Second Reading 1 Jn 2:1-5
A reading from the first letter of St John
Jesus Christ is the sacrifice that takes away our sins and those of the whole world.

I am writing this, my children,
to stop you sinning;
but if anyone should sin,
we have our advocate with the Father,
Jesus Christ, who is just;
he is the sacrifice that takes our sins away,
and not only ours,
but the whole world's.

We can be sure that we know God only by keeping his commandments. Anyone who says, 'I know him', and does not keep his commandments, is a liar, refusing to admit the truth. But when anyone does obey what he has said, God's love comes to perfection in him.

The word of the Lord

Gospel Acclamation See Lk 24:32

Alleluia, alleluia!
Lord Jesus, make your word plain to us:
make our hearts burn with love when you speak.
Alleluia!

Gospel Lk 24:35-48
A reading from the holy Gospel according to Luke
It was written that the Christ would suffer and on the third day rise from the dead.

The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread. They were still talking about all this when Jesus himself stood among them and said to them, 'Peace be with you!' In a state of alarm and fright, they thought they were seeing a ghost. But he said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as he said this he showed them his hands and feet. Their joy was so great that they could not believe it, and they stood dumbfounded; so he said to them, 'Have you anything here to eat?' And they offered him a piece of grilled fish, which he took and ate before their eyes.
Then he told them, 'This is what I meant when I said, while I was still with you, that everything written about me in the Law of Moses, in the Prophets and in the Psalms, has to be fulfilled.' He then opened their minds to understand the scriptures, and he said to them, 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

The Gospel of the Lord.

Communion Antiphon Lk 24:46-47
The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.

REFLECTION

by Dianne Bergant CSS

The first sentence of the gospel reading sets the context for the themes of today: 'Jesus was made known to them in the breaking of the bread.' Who is the Jesus that they recognised? And what does this recognition require? Jesus is the servant of the God of the early ancestors, the long awaited

messiah, and the innocent sufferer portrayed in the prophetic tradition. He is the fulfilment of our deepest aspirations. When we gather around the table for the sacramental meal, we encounter the Risen Lord. There the sacred traditions of our religious heritage are opened for us and we are enabled to recognise him in the traditions and in the breaking of the bread.

In order to encounter the Risen Lord in the breaking of the bread and in the breaking open of the word, we need docile hearts ready to embrace the deepest meaning of our religious heritage. We need hearts that have been purified in the love of God; hearts that have been totally transformed. The commandment of love requires nothing less.

Having recognised the Risen Lord, we, like the people described in the first reading, must live reformed lives. Having recognised the Risen Lord, we, like the people addressed in the second reading, must be obedient to God's commandment of love. Having recognised the Risen Lord, we, like the disciples portrayed in the gospel, must preach the good news of God's forgiveness to all nations. Easter faith assures us that all of this is possible.

© Dianne Bergant CSS

Next Sunday is the World Day of Vocations. In his Letter for this Day, Pope Francis reminds us:

'God comes silently and discreetly, without imposing on our freedom. Thus it can happen that his voice is drowned out by the many worries and concerns that fill our minds and hearts.'

Let us all offer one prayer this week for the young people that we know. Let us pray that they will hear the voice of the Good Shepherd amidst the daily events of their lives.



A big THANK YOU to all the senior servers, junior servers, lectors, musicians, singers, ministers of the Eucharists, collectors, computer operators and everyone involved the organisation and participation in our celebrations of Holy Week, from Palm Sunday of the Passion of the Lord, Holy Thursday, Good Friday, Stations of the Cross, and Friday of the Lord's Passion, Holy Saturday and Easter Sunday of the Resurrection of the Lord.
Your continued support and dedication is very much appreciated.



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Liturgy for the Week

- 19/04 Monday of the Third Week of Easter**
Acts 6:8-15; Jn 6:22-29
- 20/04 Tuesday of the Third Week of Easter**
Acts 7:51-8:1; Jn 6:30-35
- 21/04 Wednesday of the Third Week of Easter**
Acts 8:1-8; Jn 6:35-40
- 22/04 Thursday of the Third Week of Easter**
Acts 8:26-40; Jn 6:44-51
- 23/04 Friday of the Third Week of Easter**
Acts 9:1-20; Jn 6:52-59
- 24/04 Saturday of the Third Week of Easter**
Acts 9:31-42; Jn 6:60-69

We acknowledge and thank the businesses and individuals that support our parish through advertising in our parish bulletin. We thank them for their support and ask our parish community to support their businesses in return.

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