



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Australia Day Prayer

We bless you, God of the universe, for this land, for its contrasts of landscape and climate, for its abundance of wealth and opportunity.

We bless you for our history, with all its struggle in adversity, its courage and hope.

Give us in our diversity tolerance and respect for each other and a passionate commitment to justice for all.

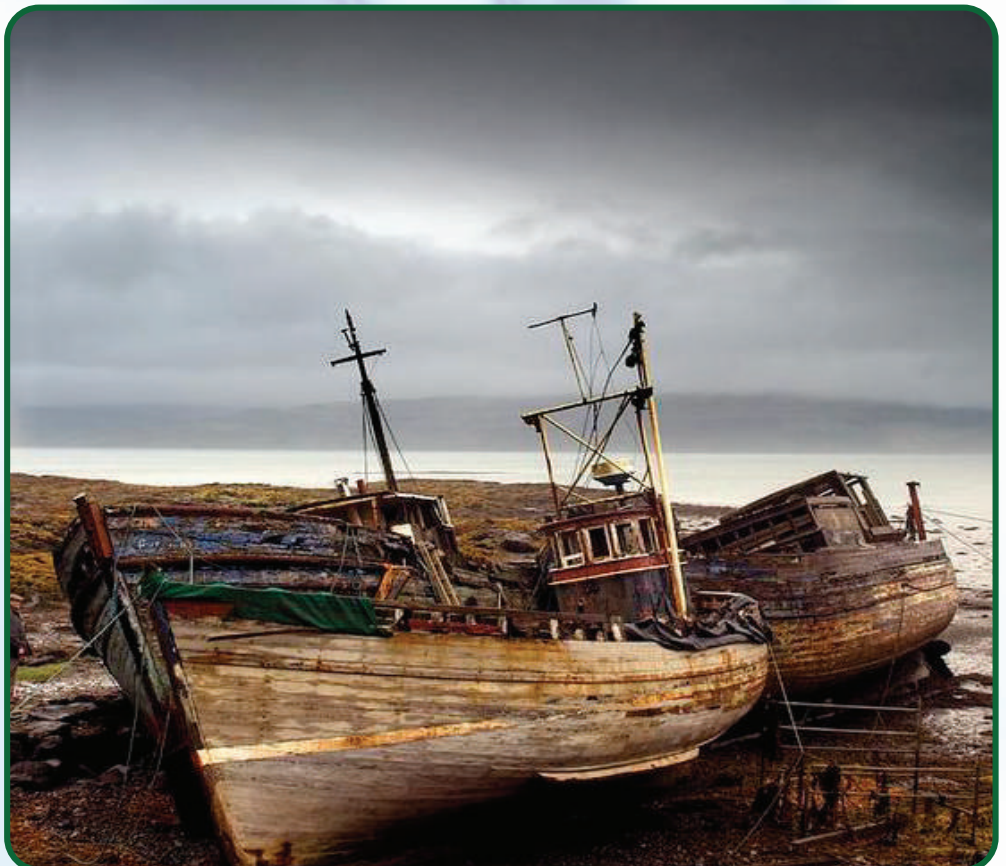
Bless us so that we might be a blessing to others. We ask this through Jesus Christ our Lord.

Amen.



Thoughts of Fr Francis Jordan

No sacrifice, no cross, no desolation, no trial, no temptation, oh! absolutely nothing should be too difficult for you with the help of God's grace. I can do all things in God who strengthens me.



The NSW Government has made the wearing of masks in all churches mandatory.

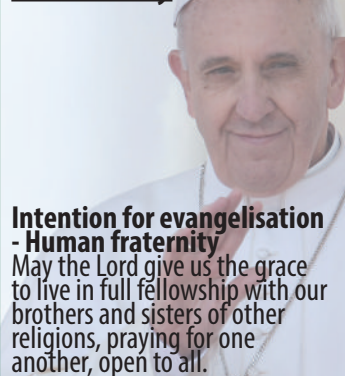
We ask all coming to the Church to please wear a mask.

Please bring your own mask

Thank you



Pope Francis' Prayer Intentions For January



Intention for evangelisation - Human fraternity
May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

If you have used this bulletin, please take it home with you.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon

Share the News

Our Churches- Sacred Heart (Mona Vale) and Maria Regina (Avalon) are open.

Come for Mass. Come and pray. Come and light a candle.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 9.30am

Wednesday 9.30am

Thursday 7pm

(Followed by Adoration and Benediction at 9pm)

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration,

Reconciliation

and Benediction

from 9.30am,

followed by Mass

with Anointing of the Sick

at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

4.00pm Croatian

(1st & 3rd Sunday)

6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

Mass with Anointing of the Sick -
First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for

Recently Deceased

Genevieve Allen

Carol Brenman

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.
May They Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

Deceased Anniversary

Helen Seve
Mato & Eva Kaurinovic

Special Intentions

In Thanksgiving and all the
blessings for the Le Family

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Prayers for the Sick

Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Maira Howie
Joma
Christine Hills
Donald McRae
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Lynette Buhat
Candida Hernandez
Chin Quang Le
Gill Page
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

trybooking

To ensure that we fulfil the requirements of the 80 (Mona Vale) and 100 (Avalon) people limit, we would like you to use the Trybooking website to book for our weekend Masses.

There is no need to book for the weekday Masses.

The bookings are now open. Further weekend Masses will be added each week, taking into consideration any changes in government restrictions.

Here are some pointers that might help:

1. Once you have selected the Mass you would like to book for, you will need to enter the quantity of tickets at the bottom of the page. Then click NEXT.
2. Once you have read and agreed to the "Additional Information" you will need to select "YES" from the dropdown box that says "I Agree to the Terms Above"
3. You will then need to enter the First Name and the Last Name of each of the Attendees. Then click NEXT.
4. In the Checkout, you will need to complete all the fields, First Name, Last Name, Phone Number, Address, Suburb, Postcode and Email Address. Then click PURCHASE.
5. If you have completed the transaction successfully, you will see "Transaction Successful" on the following page and you will receive an email with the "ticket" to the Mass you have selected.
6. If you do not see "Transaction Successful" and you do not receive an email (please remember to check your junk email) then the items may still be in your cart and you may need to re-complete one of the steps.
7. You do not need to print the ticket. We will have your name on the "Ticket Holder List" for each Mass.

To book for our Masses at Sacred Heart Church, Mona Vale, please visit <https://www.trybooking.com/BJPSE>

To book for our Masses at Maria Regina Church, Avalon, please visit <https://www.trybooking.com/BJPSP>

Please do not hesitate to contact the Parish office 9157 0999 if you need any assistance.

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The Catholic Parish
of Pittwater

Vinnies



Columban Calendars 2021 \$9 each. All transactions are cash only, as we do not have EFTPOS facilities. Any queries, please call the Parish Office on 9157 0999.

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

PLANNED GIVING

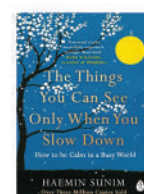
The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



We welcome
Isabella Nugent
on **24 January 2021**
at **Sacred Heart Church,**
Mona Vale for the
Sacrament of
Baptism

BOOK REVIEW

The Things You Can
See Only When You
Slow Down
by Haemin Sunim

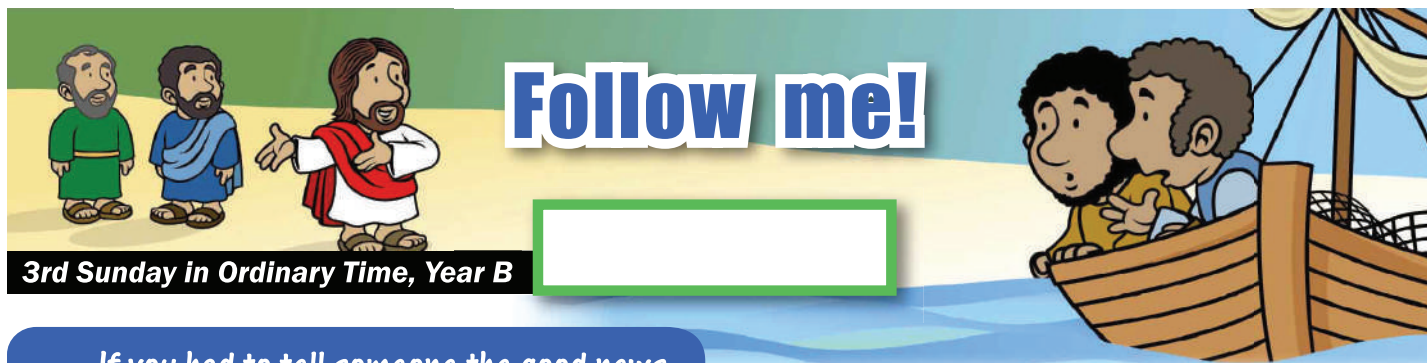


This book teaches us to be mindful. When life disappoints, rest a moment. Being right isn't important but being happy together is.

Watch the daily Mass on Demand from Broken Bay's
Cathedral at

<https://www.youtube.com/channel/UCNenwlf17i14XB9TsVBrLvQ>

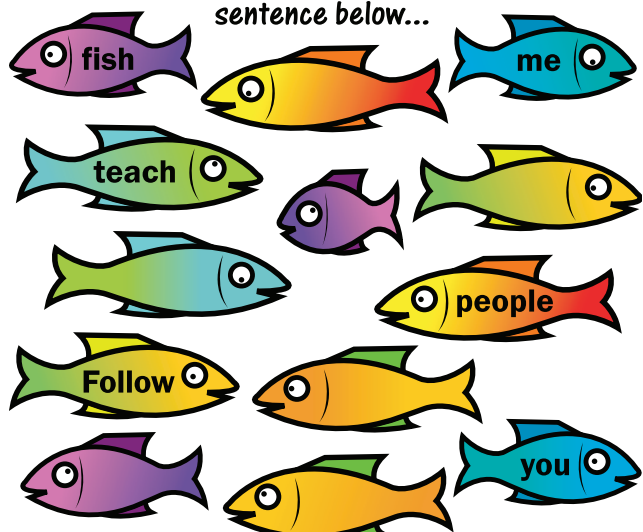
We hope that this will help the faithful to celebrate the Holy Mass
online wherever you are



3rd Sunday in Ordinary Time, Year B

If you had to tell someone the good news about Jesus, what would you say?

Use the words in the fish to complete the sentence below...

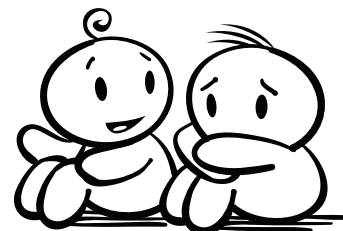


_____ and I will _____
 _____ to _____ for _____.



Answering Jesus' Call

The disciples were called by Jesus to bring people to God. Write or draw some of the ways that we can bring people to God in our everyday lives.



St Joseph: the man whom Heaven trusts

Pope Francis's Letter "Patris corde" enriches Papal magisterium on the person of St Joseph. From the end of the 1800s until today, various Popes have gifted us with many a beautiful and profound page seeking to plumb the depths of this "man in the shadows".



Every day for 40 years, Pope Francis has challenged St Joseph. After saying Morning Prayer, Pope Francis writes in *Patris corde*, he recites a nineteenth century prayer from a French prayerbook.

Through this prayer, the Pope entrusts both "serious and troubling situations" to St Joseph. The prayer ends thus: "Let it not be said that I invoked you in vain".

We find out about this daily custom in a footnote in *Patris corde*, a text that brings the memory of the Church back to Pope Pius IX who, on the Feast of the Immaculate Conception in 1870, proclaimed St Joseph the Patron of the Universal Church.

A strong connection

The anecdote confirms and enriches Pope Francis's predilection for the figure of Mary's husband. His familiarity with the Saint already become known when he spoke in Manila about a habit he has of putting his concerns under a statue of the "sleeping Joseph" which he keeps in his study at Santa Marta.

Joseph is a man who goes "unnoticed", who welcomes the mystery and puts himself at its service, never putting himself at the centre, but who resolves things that are impossible. In *Patris corde*, the Pope describes many of St Joseph's qualities as a true husband and father, the fiancé who "accepted Mary unconditionally" and the man in whom "Jesus saw the tender love of God".

Papal names

Pope Francis's contribution is, so to speak, the last piece of the mosaic the Church has created throughout the centuries to express its admiration and to explain the merits of this great soul sculpted through silence.

Various Popes have also contributed to this narrative with heartfelt words and gestures.

Beginning in the 15th century, Pope Sixtus V fixed 19 March as the date on which his feast is celebrated. From Pius IX on, and especially during the pontificates of the 20th century, the Church's magisterium cast new light on this man wrapped in shadow.

His name, however, has never been chosen by a Pope, even if in the last decades, his name has recurred frequently in the baptismal names of various popes: Popes Pius X (Giuseppe Melchiorre Sarto), John XXIII (Angelo Giuseppe Roncalli), John Paul II (Karol Józef Wojtyła), Benedict XVI (Joseph Ratzinger). Pope Francis is not named Joseph, but he initiated his ministry by celebrating Mass on 19 March: a different connection but the same proximity.

Adding a name

Confirming Pope Benedict XVI's desire, Pope Francis decreed on 1 May 2013 that the name of St Joseph, the Spouse of the Blessed Virgin Mary, be added in Eucharistic Prayers II, III and IV.

Before that, on 13 November 1962, Pope John XXIII had established that his name be inserted into the Roman Canon, alongside Mary's name

and before those of the Apostles.

Pope John XXIII himself, wishing to entrust the Second Vatican Council to Jesus's earthly "daddy", wrote the Apostolic Letter *Le Voci* in 1961. In it, he included a sort of summary of devotion to St Joseph nurtured by his predecessors. These are not merely ambiguous aspects of liturgical "bureaucracy". Each new decree demonstrates an ever more deeply rooted ecclesial sense and awareness, which with Pius XII even touched civil life.

The workers' saint

1 May 1955. It was a Sunday and a crowd of workers filled St Peter's Square. They were members of ACLI (Italian Association of Christians Workers), and many of them remembered their meeting with Pius XII ten years before on 13 March 1945, a month and a half before the end of the war that had profoundly wounded Italy. Now the country was experiencing immense growth, the "boom" was not far off.

But among the ranks of Italian Catholics, the Pope recognised those who were "disheartened", those who complained about the lack of a Christian presence "in public life", while socialist ideologies seemed to be taking over. Pius XII's energetically recalled ACLI to their original identity so that they might be committed to "social peace". In the end, completely shifting gears, he gave them a "gift" which surprised and enthused those present:

We are pleased to announce to you Our determination to establish -- and we in fact establish -- the liturgical feast of St Joseph the Worker, assigning to it the precise date of 1 May. Dear workers, are you happy about Our gift? We are certain that you are because the humble artisan of Nazareth not only personifies the dignity of the worker before God and the Holy Church, but he is also always the provident guardian of you and your families.

There can never be a "Pope Joseph"

Four years later, the Church was guided by a man who would have wanted to choose the name "Pope Joseph". He decided against it, however, saying that it was not a name used by the popes.

But his explanation betrays a nostalgia and reveals Pope John XXIII's strong attachment to St Joseph. The revelation came during an audience on 19 March 1959 with a group of street cleaners. In a radio message on 1 May the following year, "Good Pope John" concluded with a prayer to St Joseph the Worker:

Grant that those you protect understand that they are not alone in their work, but may they know how to find Jesus next to them, may they welcome Him with grace, and faithfully protect Him as you did. Grant that in every family, in every office, in every laboratory, wherever a Christian works, that they may all be sanctified in charity, in patience, in justice, trying to doing things well, so that the gifts of heavenly predilection might abundantly descend upon them.

A risk-taker

Even though Pope Paul VI's name was not Joseph, from 1963 to 1969 in particular, a year did not go by in which he did not celebrate Mass

on the Solemnity of 19 March. Every homily he delivered on that occasion was a personal "portrait" of how fascinated he was by St Joseph's "complete submission and dedication" to his mission, of the man who was "timid perhaps", but gifted "by a superhuman greatness that enchants". Even though having a bride like Mary and a Son like Jesus made him a stranger among his peers, he did not retreat. About this, Paul VI said in 1969:

St Joseph was, therefore, a man who was 'committed', as they say now, to Mary, chosen from among all the women on earth and all of history, always his virgin bride, not physically his wife, and to Jesus, by virtue of legal, not natural, descent, his offspring. His were the burdens, the responsibilities, the risks, the little preoccupations of the small and singular holy family. His were the service, the work, the sacrifice, the penumbra of the evangelical scene in which we like to contemplate him. And certainly, not wrongly so, now that we know everything, we call him happy, blessed. This is the Gospel. In it, the values of human existence assume a different value than that which we are accustomed to appreciate: here that which is small becomes great.

The sublime spouse

In the 26 years of Pope John Paul's pontificate, there were an infinite number of occasions on which he spoke of St Joseph to whom he said he prayed intensely every day. He summarised this devotion in the Apostolic Exhortation *Redemptoris Custos*, published on 15 August 1989, written 100 years after Pope Leo XIII's Encyclical *Quamquam Pluries*. In that document, Pope John Paul explores every aspect of St Joseph's life. Sensitive as he was to the vocation of Christian marriage, he offered it as a way of profoundly interpreting the relationship

between the couple from Nazareth -- "the grace of living together the charism of virginity and the gift of matrimony" -- a theme he would pick up in a general audience in 1996, deconstructing a false myth:

The difficulty of approaching the sublime mystery of their spousal communion has led some, since the second century, to attribute an advanced age to Joseph and to consider him as a guardian, instead of as Mary's husband. Rather, it is appropriate to suppose that he was not an elderly man, but that his interior perfection, a consequence of grace, led him to live his spousal relationship with Mary with virginal affection.

"Robust interiority"

There are no words left by the man for whom Matthew in his Gospel uses the term "just", the Patron of the Universal Church, of workers and of an infinite number of cities, churches and places. All we have is silence.

His actions, therefore, must be understood as if they were words and thoughts. From that apparent absence, even Pope Benedict XVI extracted the wealth of a complete life, of a man in the background, whose silent example affects the growth of Jesus, the God-man:

It is a silence thanks to which Joseph, in unison with Mary, watches over the Word of God. (...) A silence woven of constant prayer, a prayer of blessing of the Lord, of the adoration of his holy will and of unreserved entrustment to his providence. It is no exaggeration to think that it was precisely from his 'father' Joseph that Jesus learned - at the human level - that steadfast interiority which is a presupposition of authentic justice, the "superior justice" which he was one day to teach his disciples.

Even though the restrictions in NSW have eased and Churches can now be open. This means that the capacity of our Churches remains at 80 for Sacred Heart Church, Mona Vale and 100 for Maria Regina Church, Avalon.

We will continue to record names and contact details of those present at services along with the date and time they attend, as required by NSW health.

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

Continue to practise good hygiene.
Please use the hand sanitisers provided in both of our Churches.

Everyone must also stay 1.5 metres away from other people whenever possible. Please sit only in the marked seats.

Thank you for working with us to keep our parish community safe.

Mary Star of the Sea Prayer Cards

The Prayer Cards, featuring a prayer written by Bishop Anthony, feature our Patroness of the Diocese of Broken Bay, Mary Star of the Sea. There is room on the prayer card to write your intentions. They can be used in the parish for the community to pray together or individually.



LIBRARY

Now that the restrictions have been lifted concerning the opening of churches, although at present only 100 people at Maria Regina, we can access the Library. You are very welcome to browse the vast assortment of books and DVDs in the Parish Library at Maria Regina after the daily and weekend Masses. Books and DVDs will still be reviewed in the Bulletin. If you have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).



THURSDAY MORNING SPIRITUALITY GROUP

A Blessed New Year to everyone. We will recommence our study this year on Thursday 4th February with Pope Francis' new Encyclical Letter on Fraternity and Social Friendship. Pope Francis gives us a way of life which allows us to acknowledge, appreciate and love each person, regardless of physical proximity and regardless of where he or she was born or lives. "God has created all human beings equal in rights, duties and dignity and has called them to live together as brothers and sisters."

We meet at 10 am for morning tea followed by the study at 10.30 - 12 noon. We read through the book in a very relaxed manner gaining new insights from each other.

All are invited.

Contact Trish Newman ocds on 99183973 or Mb. 0401613643.

The *Living* Word

Entrance Antiphon

Cf. Ps 95:1,6

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty and splendour,
strength and honour in his holy place.

First Reading

Jon 3:1-5, 10

A reading from the prophet Jonah

The Ninevites renounced their evil ways.

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.

The word of the Lord

Responsorial Psalm

Ps 24:4-9. R. v.4

(R.) Teach me your ways, O Lord.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. (R)

Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me,
because of your goodness, O Lord. (R)

The Lord is good and upright.
He shows the path to those who stray,
he guides the humble in the right path;
he teaches his way to the poor. (R)

Second Reading

1 Cor 7:29-31

A reading from the first letter of St Paul to the Corinthians

The world as we know it is passing away.

Brothers, our time is growing short.
Those who have wives should live as though they had none, and those who had mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

The word of the Lord



Gospel Acclamation

Mk 1:15

Alleluia, alleluia!
The kingdom of God is near:
believe the Good News!
Alleluia!

Gospel

Mk 1:14-20

A reading from the holy Gospel according to Mark

Repent, and believe the Good News.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.' As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him. Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

The Gospel of the Lord

Communion Antiphon

Cf. Ps 33:6

Look toward the Lord and be radiant;
let your faces not be abashed.

or

Jn 8:12

I am the light of the world, says the Lord;
whoever follows me will not walk in darkness,
but will have the light of life.

REFLECTION

by Dianne Bergant CSS

Today we reflect on the first and most important responsibility of discipleship, namely, evangelisation, the goal of which is the proclamation of the reign of God. God seems to choose the most unlikely people to preach to others. It does not matter who brings the good news, but who receives it. Jonah the prophet was sent to outsiders, even enemies. The disciples were fishermen who spoke to the people of their own country. God's salvation is intended for all, and it seems to make little difference who brings this good news.

Today's readings call for repentance. The grace of God requires a new way of living, a life of faith and commitment. The gospel invites us into the age of fulfilment, a salvific reign of truth, compassion and kindness. It is a way of life that leads to justice. There is an urgency in these readings. This world in its present form is passing away, and God's call demands a total response. Like the disciples, we must leave the familiarity of our former ways and follow the call that we have heard in the depths of our hearts. We are called first to enter the reign of God and then to

spread it. As ambassadors of God, we bring the good news of salvation wherever we are and in whatever we do. Called by God, we now begin to live in a totally different way, guided by the values of the reign of God rather than those of the world that is passing away.

© Dianne Bergant CSS

To read the messages from
Bishop Anthony and from
the people Vox Populi
please go to
www.pittwaterparish.org.
News and events tile and Messages
from Bishop Anthony on the drop
down menu.

Adoration & Benediction



MARIA REGINA CHURCH -
every Thursday

9am Exposition of the Blessed Sacrament,
Adoration and Benediction at 9.45am.
Mass at 10am

SACRED HEART CHURCH -
every Thursday

Mass at 7pm followed by Exposition of the
Blessed Sacrament, Adoration and
Benediction at 9pm.

January / February roster is available
on our website
www.pittwaterparish.org

Thank you

We welcome all the staff
and teachers from our
parish schools (Sacred Heart

School / Maria Regina School and Mater
Maria Catholic College) to Sacred
Heart Church for Mass on
Wednesday
27 January 2021 at 9.30am



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Liturgy for the Week

- 25/01 **Monday The Conversion of
St Paul, apostle**
Acts 22:3-16 or 9:1-22;
Mk 16:15-18
- 26/01 **Tuesday Australia Day**
Is 32:15-18; 1 Cor 12:4-11 or
Rom 12:9-13; Mt 5:2-12 or
Lk 12:22-32
- 27/01 **Wednesday Weekday
Ordinary 3**
Heb 10:11-18; Mk 4:1-20
- 28/01 **Thursday St Thomas Aquinas,
priest, doctor,**
Heb 10:19-25; Mk 4:21-25
- 29/01 **Friday Weekday Ordinary 3**
Heb 10:32-39; Mk 4:26-34
- 30/01 **Saturday Weekday Ordinary 3**
Heb 11:1-2, 8-19; Mk 4:35-41

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businesses in return.



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Our team live, work and play on the Beaches. We understand the local community and are here for you when you need us most. Whether it's to plan an immediate funeral for a loved one or plan ahead for your own with a prepaid funeral, we're here to help.

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