



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

You Say...

You say: "It's impossible "
God says: *All things are possible*

You say: " I am too tired"
God says: *I will give you rest*

You say: " Nobody really loves me"
God says: *I love you*

You say: " I can't go on"
God says: *My grace is sufficient*

You say: " I can't figure things out"
God says: *I will direct your steps*

You say: " I can't do it"
God says: *You can do all things*

You say: " I am not able"
God says: *I am able*

You say: " It's not worth it"
God says: *It will be worth it*

You say: " I can't forgive myself"
God says: *I forgive you*

You say: " I can't manage"
God says: *I will supply all your needs*

You say: " I'm afraid "
God says: *I have not given you a spirit of fear*

You say: " I am always worried and frustrated"
God says: *Cast all your cares on me*

You say: " I don't have enough faith "
God says: *I have given everyone a measure of faith*

You say: " I am not smart enough"
God says: *I give you wisdom*

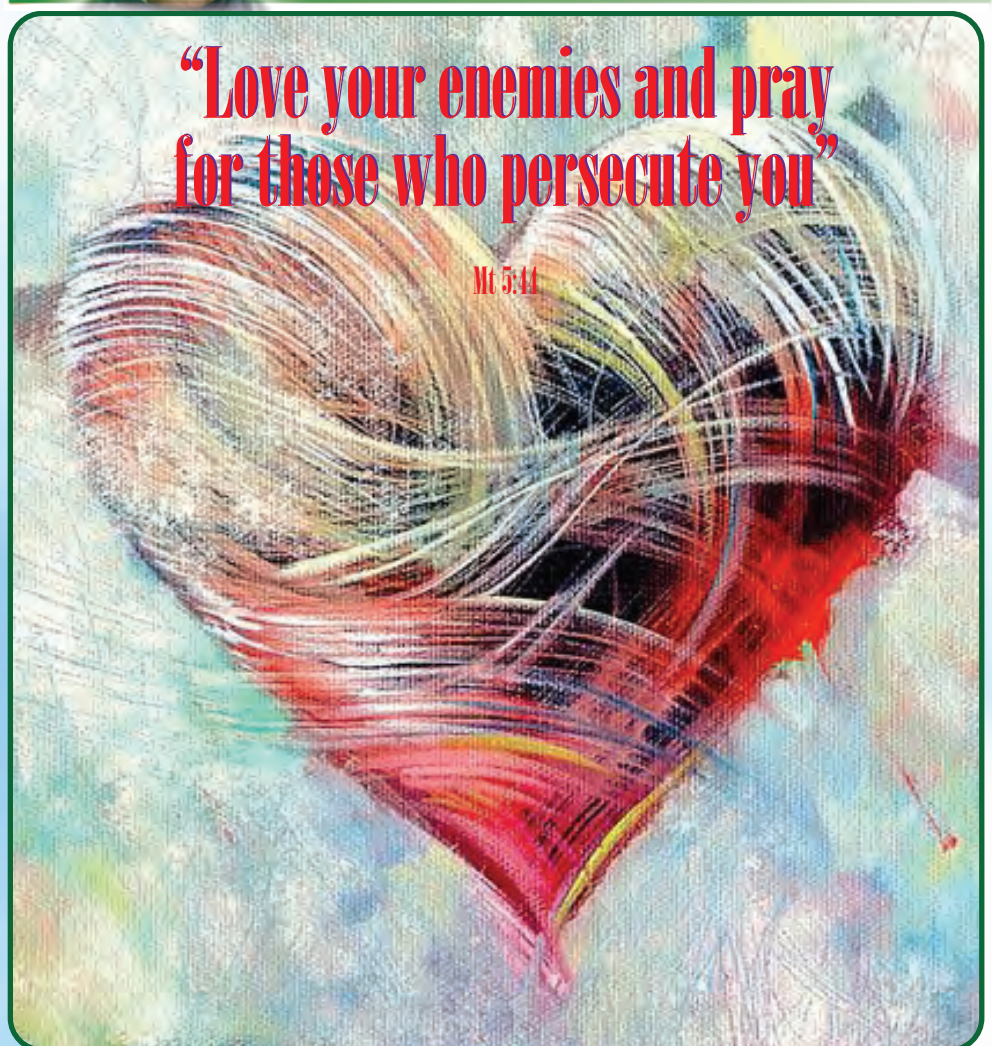
You say: " I feel all alone"
God says: *I will never leave you or forsake you*

Believe God is there just for you



Thoughts of Fr Francis Jordan

It is in prayer that you get the fire of charity and increase it upon the earth.
There you draw your strength.



A warm welcome to our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church, Mona Vale and Maria Regina Church, Avalon

Pope Francis' Prayer Intentions for February 2020

Listen to the Migrants' Cries

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.





Vinnies
changes
lives
everyday.

Show your support and
give to our annual appeal



"TINNIES FOR VINNIES"

Thank you to our generous parishioners for their past donations to 'Tinnies for Vinnies'. By your generosity, our stockpile is overflowing. As such, we will not be needing anything for the month of February. You make a difference in the lives of our clients.

Sue Bowra

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

Did you know that if you are new to our parish you can register your details through our website or if your contact details have changed you can update them.

Simply go to www.pittwaterparish.org, click on the "Welcome" menu item and select "Parishioner Registration" from the dropdown menu. If you have any problems, please contact the parish office on 9157 0999.

BOOK REVIEW

The Dolorous Passion of Our Lord Jesus Christ

This is the book that inspired Mel Gibson to film The Passion Of The Christ. The book is based on the detailed visions of Our Lord's Passion and Death as seen by Venerable Anne Catherine Emmerich, a German Augustinian nun. It gives a description of Mary's participation in the sufferings of her Son and a lasting impression of His infinite love for us that motivated His Agony, and how His Passion and Death were brought on by each person's sins.



We Pray for

Recently Deceased

Rita Maletta
Joseph Vumbaca
Tom Valentino

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.

May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

Deceased Anniversary

Wojciech Kupczyk
Franciszek Hersztek
Frank & Noreen O'Hanlon

Prayers for the Sick

Tayla Riddle
Giovanni Returra
Bill Eyre
Manny Zarb
Philip Maddrell
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moirra Howie
Carol Brennan
Jomar
Christine Hills
Ross Perkins
Donald McRae
Mary O'Connor
Sara Zofrea
Beryl Peo-Duncan

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

LIBRARY

The books which are reviewed here each week are from our Parish Library situated at Maria Regina Church, Avalon. The Library is opened at Maria Regina Church, Avalon before and after the weekend Masses, Saturday 6 pm and Sunday 9 am, and on week day Masses, except Tuesdays, at 9.15 am. You can browse our full collection of books and DVDs on the Parish website. Go to Resources > Library > Our books. If these hours don't suit you and you would like to borrow or have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman



If you are experiencing
Domestic Violence.

Ring 1800 RESPECT
1800 737 732

Relics of St Therese of Lisieux tour



For the first time in 18 years, the relics of St Thérèse of Lisieux, one of the most popular saints of modern times, will visit Australia in 2020 on a four-month pilgrimage with her parents, Saints Louis and Zélie Martin. On 6 March the Relics will be at The Lakes Parish.

PILGRIMAGE OF ST THERESA AND HER PARENTS

10am arrive Church of St Rose
School Children attend
11am Quiet Prayer
11.30 Mass
12.45 Depart
1pm RSL Life Chapel pass by
1.30pm Arrive Church of St Joseph
2pm School Children attend
2.45pm Quiet Prayer
5.30pm Evening Prayer
6pm Quiet Prayer
7pm Stations of the Cross followed by
Sacrament of Penance
7.30pm All Night Vigil Begins
9pm Night Prayer
Midnight Mass
Church open for prayer
7.30am Morning Prayer
8.15am Relics depart for OLOR Cathedral

Spiritual Childhood, Sainly Parenthood: St Therese of Lisieux and her Parents

Did you know that the relics of one of the great Carmelite saints, St Therese of Lisieux (also known as The Little Flower) and her parents, Saints Louis and Zélie, will be coming to St Ives Parish on Thursday 5 March?

Br Adalbert Imperial OCD (a Carmelite seminarian) will introduce us to them in his talk, Spiritual Childhood, Sainly Parenthood. We hope you will join us. Refreshments will be provided.

Date: Friday 28 February 2020

Time: 7:30pm - 9:00pm

Location: Corpus Christi St Ives, Parish Hall.
Please RSVP at <http://tiny.cc/LittleFlower> for catering purposes.

Playing outside is natural for most children. Maintaining a safe outdoor environment is key to keeping children healthy. Child injuries do occur, and while on the Church premises, we ask that the parents be aware supervise and are responsible to keep their child safe.



Anointing Mass

At Nursing Homes And
Retirement Villages

**AVALON HOUSE
NURSING HOME**
Wednesday 26 February
at 10.45am
Anointing & Communion

**MARCUS LOANE
NURSING HOME**
Wednesday 26 February
at 2.00pm
Anointing Mass



Disabled Parking Area

There are 2 Disabled Parking Spaces available on the Church grounds. Please observe the signs and refrain from parking in the Disabled Parking Area or in the driveway, especially during the weekends when Mass is on, and reserve this for our parishioners who are in need of the space. Thank you



Mater Maria Catholic College

On Tuesday evening we welcomed the parents of our new Year 7 students to an information night. This was a great opportunity for parents to learn more about the activities of the College, our new Compass system and to meet one another in an informal environment over a light supper. Join us for our Open Day on Wednesday March 4 between 4.00pm - 7.00pm.

We are now enrolling students in Year 5 for Year 7, 2022.

Please visit the College website www.matermaria.nsw.edu.au/enrolments for a prospectus, Application for Enrolment or to register for a College tour. Applications for Year 7, 2022 close on April 3, 2020.

Warmest Congratulations
Marie & Garry
Gleeson
on your 60th Anniversary

May your beautiful and
admirable union be richly
blessed and your love grow
stronger

Thank you

Graham Baker, Ray Gillis and John Ferranda for their help in cleaning and polishing the newly upholstered pews and constantly readjusting the pavers in the driveway.

Vince, Joe and John Caruso for constructing mobility ramps to the office and clearing the fallen trees in the recent storms.

PARISH DIRECTORY

Pittwater Parish
1 Keenan Street Mona Vale NSW 2103
Tel 9157 0999 • Fax 9012 0509
www.pittwaterparish.org

Parish Priest
Fr Bronek Pietrusewicz SDS
Tel 9157 0999 ext 0
pp@pittwaterparish.org

Assistant Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 0
ap@pittwaterparish.org

Bishop - Emeritus
Bishop Bernard O'Grady op
Tel 9157 0999 ext 20

Parish Secretary
Suzy Caruso
Tel 9157 0999 ext 0
office@pittwaterparish.org

Administrative Assistant
Angela Smit
Tel 9157 0999 ext 0
office@pittwaterparish.org

Youth Directors
Katrina Pratt (Yrs 5-8)
katrina.pratt.youth@gmail.com

Josh Willard (Soul Youth)
music@pittwaterparish.org

Music Director
Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication
Laura Ee
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Program
Suzy Caruso
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours
Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

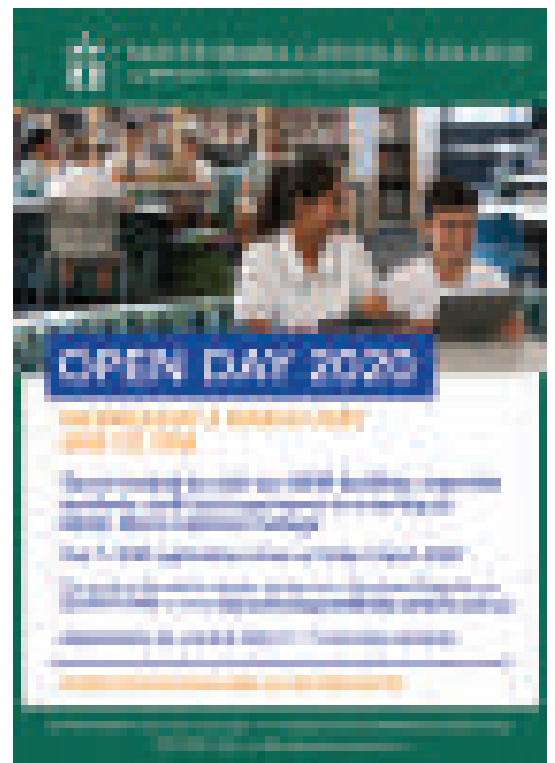
Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

Mona Vale
Sacred Heart School
Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon
Maria Regina School
Tel 9918 2608
Principal: Mrs Kathy Gee

Warriewood
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher



Thank you for your thoughtful and compassionate prayers and donations to the Vinnies Bushfire Appeal held over the Australia Day weekend. Your generous donation of \$13,498 has been remitted to St Vincent de Paul and will be distributed to those in need.

ADULT FAITH EDUCATION TALKS.

Dear Fellow Parishioners,

You are invited to two evening talks to be given by Father Denis Uhr.

Denis was born in Brisbane and went to the MSC school Downlands in Toowoomba. After novitiate in Douglas Park and studies in Canberra and Melbourne he spent many active years in MSC schools with a focus on English, Modern History and RE. Denis is now semi retired in Kensington and has an interest in the emerging creation stories that are seeing the Universe evolving over the last 14 thousand years.

The Talks: Sacred Heart Parish Centre Mona Vale.

Talk 1: Tuesday 17th March from 7.30pm until 9pm.

Title: How Could God want Jesus Executed?

Talk 2: Tuesday 24th March from 7.30pm until 9pm.

Title: Our Role in the Resurrection of the Universal Christ.

All Adults are welcome. Come and join us from 7pm for a coffee or tea before the talks start.

Regards, The Adult Faith Education Team.



SAFEGUARDING

We the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

The Australian Salvatorians invite you to a

YOUTH GATHERING

JOIN US FOR YOUTH MASS,
BBQ, ACYF REUNION AND
PARTY - WITH DJ!

Sunday 15th March 6-9pm

St Patrick's Parish, East Gosford

Gosford parish will celebrate the feast of its patron, St Patrick, on this day



SACRED HEART CHURCH					MARIA REGINA CHURCH	
29th February & 1st March 2020 - First Sunday of Lent						
	Sat 5pm	Sun 8am	Sun 10am	Sun 6pm	Sat 6pm	Sun 9am
Senior Servers	Dave Austin	Dave Traves	Tony Macri	David Frazer	Uyen Le	Adrian Harding
Readers	Yr 3 Family Mass	Adora Barnacetto Anna Smyth	Bev Carmichael Joseph Hyland	Andie Hilton Sharon Neilsen	Skye Nolan Brown	Elizabeth Kelly
ExtraOrdinary Ministers	Denise Bottero Graham Baker	Chris Tocchini Rebecca Molinaro	Yvonne Gibbs Maxine Bosher	Kathy Gray Matthew Knight	Anne Toohey John Toohey	Paula Lancuba Diana Taranto
Musicians	Anna Walding Tom Odell		Mona Vale Choir Josh Willard	Soul Band Josh Willard	Sam Browne	Avalon Choir Jan / Bernie
Children's Liturgy		Counters: Team 1 (02/03/20) Leonie Scarlett • Alexia Bembrick			Rosary Statue:	Beryl Peo-Duncan
Computer	Nicky Chin	Karen Gillis	Margaret Cliff	Laura Ee	Jane Labone	Margaret Abrahams
Library					Trish Newman	Margaret Hume
7th & 8th March 2020 - Second Sunday of Lent						
Senior Servers	Kerry Sullivan	Ray Gillis	Tony Macri	A Pienkowski	Angela Williams	David West
Readers	Margo Quinlan Zelie Reynolds	Chris Gillis Paul Willard	Yvonne Gibbs Liam Kenny	Lauren Brown Claire Thomson	Year 3 & 4 Family Mass	Anne Gerathy
ExtraOrdinary Ministers	Stephen Wagner Alexia Bembrick	Pauline Chipman Margaret Bomford	Bev Carmichael Therese Keane	J A Tindall Nicolette Cilia	Imelda Flynn Rosemary Connors	Francis Kelly Joanne Kelly
Musicians	Klara H-Watson Catherine Perkins		Diane Lane Josh Willard	Soul Band Tom & Anna	Sam Browne	Sam Browne
Children's Liturgy		Counters: Team 2 (09/03/20) Mary Kitchen • John French • Jan Attwood			Rosary Statue:	S & M De Landre
Computer	Margaret Cliff	Karen Gillis	Putri Rosati	Laura Ee	Skye Nolan Brown	Margaret Abrahams
Library					Margaret Lofhjelm	Anne Moss
14th & 15th March 2020 - Third Sunday of Lent						
Senior Servers	Dave Traves	Stefan Wasinski	Paul Willard	David Frazer	Trish Newman	Penny Kerr
Readers	Kerry Sullivan Brian Wright	Sabrina Gonzalez Pauline Chipman	Bev Carmichael Rebecca Molinaro		Harry McErlean	David Simmons
ExtraOrdinary Ministers	Martin Kerrigan Phil Gough	Sue Berg Maryanne Kelly	Graham Baker Catherine Calleia	Mark Suters Kevin Shanahan	Robyn Tuite	Marion Russell Judith Rarcliff
Musicians	Meredith Cheng Tom Odell		Mona Vale Choir Josh Willard	Soul Band Sam Browne	Sam Browne Lisa Williamson	Avalon Choir Jan / Bernie
Children's Liturgy		Counters: Team 3 (16/03/20) Margaret Schubert • Judi Woodward • Anne Jeffery			Rosary Statue:	Uyen Le
Computer	Vanessa Sharkey	Leonie Smyth	Margaret Cliff	Laura Ee	Anna Walker	Margaret Abrahams
Library					Maureen Suggitt	Paula Lancuba
21st & 22nd March 2020 - Fourth Sunday of Lent						
Senior Servers	David Austin	Stefan Wasinski	Ray Gillis	A Pienkowski	Angela Williams	Adrian Harding
Readers	Martin Kerrigan Stephen Wagner	Liam Kenny Sheila Upjohn	Joe Crumlin Pauline Chipman	Nicolette Cilia Bella Cilia	Jane Labone	John Honner
ExtraOrdinary Ministers	Suzie Randolph Miranda Papandrea	Margaret Bomford Rebecca Molinaro	Bev Carmichael Margaret Hyland	Veronica Wilson Leonie Scarlett	Anne Toohey John Toohey	Paula Lancuba Diana Taranto
Musicians	Sam Browne Diane Lane		Kerry Elizabeth Josh Willard	Soul Band Tom / Abbey	Klara H- Watson Catherine Perkins	Sam Browne Diane Lane
Children's Liturgy		Counters: Team 4 (23/03/20) Trish Rott • Kurt Rott			Rosary Statue:	
Computer	Brian Wright	Leonie Smyth	Putri Rosati	Laura Ee	Greg Elliott	Margaret Abrahams
Library					Marie Graham	Mary Farrell
28th & 29th March 2020 - Fifth Sunday of Lent						
Senior Servers	Kerry Sullivan	Ray Gillis	Tony Macri	A Pienkowski	Trish Newman	David West
Readers	Yr 5 Family Mass	Liam Kenny Sheila Upjohn	Joe Crumlin Joseph Hyland	Nicolette Cilia Bella Cilia	Jane Labone	John Honner
ExtraOrdinary Ministers	Pauline Chipman Maxine Bosher	Margaret Bomford	Therese Keane Margaret Hyland	Julie-Anne Tindall Juliana Johnston	Anne Toohey John Toohey	Paula Lancuba Diana Taranto
Musicians	Anne Walding Josh Willard		Mona Vale Choir Josh Willard	Soul Band Sam / Tom	Sam Browne Klara H-Watson	Avalon Choir Sam / Bernie
Children's Liturgy		Counters: Team 5 (30/03/20) Graham Baker • Phil Gough • Ray Gillis			Rosary Statue:	P & M Collins
Computer	Laura Ee	Leonie Smyth	Putri Rosati	Laura Ee	Jane Labone	Margaret Abrahams
Library					Marie Graham	Mary Farrell

PEW RESTORATION APPEAL

Come Sit With Us

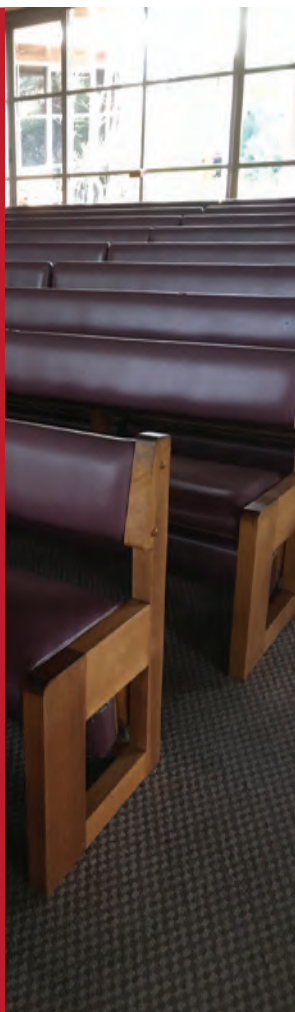
Sacred Heart Church has warmly welcomed parishioners and visitors to come and sit with us for Mass or for prayers.

Our pews are in urgent need of restoration, so that we can continue to welcome parishioners and visitors to our parish.

Please support our Pew Restoration Appeal by making a donation using our Tap and Go Device, at either side of the entrance at Sacred Heart Church or the envelopes provided. For your convenience, one device is set at \$10 and the other at \$20. To donate more than the set amounts, you are able to tap multiple times or use the envelopes provided, and place the envelopes on the collection plate.

All donations are not tax deductible and are not refundable.

No receipts can be issued.



PITTWATER YOUTH GATHERING

All Young People
(High School Aged and Over)

are Invited on

Sunday 1st March 2020

Sacred Heart Church Mona Vale 6pm

Mass • Praise & Worship Music • Activities • Dinner



FRIDAY FEBRUARY 28, 2020

OPEN DAY

3:45PM - 7:00PM



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IMPORTANT ANNOUNCEMENT for COMMUNION

With the extensive media coverage regarding the outbreak of novel coronavirus. Although NSW Health has deemed the risk of the virus to the general public as low, a number of precautionary recommendations have been issued in order to limit its spread.

In light of these guidelines, Bishop Anthony has asked to convey the following instructions that are pertinent to any such situations of general community health concern:

1. As from 2 February, the chalice is not to be shared at any Masses but is to be reserved to the Celebrant(s) only.
2. All Ministers of Communion (Ordinary and Extraordinary) are to be diligent in the use of hand sanitiser prior to the distribution of Communion.
3. Such precautions remain in force until the end of February, upon which time Bishop Anthony will review the situation in light of any further developments.

Automated Electrical Defibrillators (AED)



To ensure the safety and wellbeing of our parishioners, an Automated Electrical Defibrillator (AED) has been purchased and installed in both of our Churches.

Cardiopulmonary resuscitation (CPR) and defibrillation via an Automated Electrical Defibrillator (AED) are proven interventions that can effectively treat cardiac arrest. The use of an AED can improve the chances of a person's survival dramatically.

Anyone can use an AED on someone who is suspected of being in cardiac arrest. You do not need specialised AED training to use an AED. Call triple (000) to seek emergency assistance. The operator will direct the caller how to use an AED if it is available.

We welcome
to Pittwater Parish
for the
Sacrament of Baptism
Pippa Chapman
on 16 February 2020
Maria Regina Church,
Avalon
Halle Johnston
Evia Bewley
Levi Cirillo
Paloma Ianni
Andrez Wojtun
Lucy Halliwell
on 23 February 2020
Sacred Heart Church,
Mona Vale

THURSDAY MORNING SPIRITUALITY GROUP

We're working through the book called 'JESUS a pilgrimage' by James Martin, SJ. It is a New York Times Bestseller, described as 'wise and entertaining.' It is a spiritual pilgrimage you do not want to end. Morning tea and sharing from 10.45 am - 12 noon.

ALL ARE WELCOME.

Contact Trish Newman ocds on 99183973 or Mb. 0401613643.

Lenten Listening 2020

This year's Lenten resource offered by the Diocese of Broken Bay is called 'Lenten Listening 2020' and allows parishes to reflect on the 6 Plenary Council themes in conjunction with the Lenten Scripture texts.

If you are interested in leading a group, please contact the office on 9157 0999.

The *Living* Word

First Reading

Lv 19:1-2, 17-18

A reading from the book of Leviticus

You must love your neighbour, as yourself.

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy. "You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

The word of the Lord

Responsorial Psalm

Ps 102:1-4, 8, 10, 12-13, R. v.8

(R.) The Lord is kind and merciful.

My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. (R)

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and
compassion. (R)

The Lord is compassion and love,
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults. (R)

As far as the east is from the west
so far does he remove our sins.
As a father has compassion on his sons,
the Lord has pity on those who fear him.
(R)

Second Reading

1 Cor 3:16-23

A reading from the first letter of St Paul to the Corinthians

All things are yours, but you belong to Christ and Christ belongs to God.

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple. Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

The word of the Lord

Gospel Acclamation

1 Jn 2:5

Alleluia, alleluia!
Whoever keeps the word of Christ,
grows perfect in the love of God.
Alleluia!

Gospel

Mt 5:38-48

A reading from the holy Gospel according to Matthew

Love your enemies.

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away. 'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'

The Gospel of the Lord

Reflection

At times it seems we have rewritten the 'Golden Rule' to say: Do unto others before they can do unto you! In saying this we are not encouraging each other to do good, but to be defensive. Jesus tells us to go the extra mile, turn the other cheek, outdo ourselves in generosity and rise above the fray. He is not suggesting that we allow ourselves to be abused, but that we not perpetuate the antagonism out of which the mistreatment arose. He is not advocating passivity, but he is saying that we should not retaliate. Jesus is describing what we today would call active non-resistance, the attitude taught by Gandhi and Martin Luther King.

We are familiar with the answer to the question: Who is my neighbour? We usually interpret it to mean those we do not particularly like. It is important to love them, to be kind to them, to help them when they are in need. But these are not the people whom Jesus is talking about in today's reading. He tells us that the neighbours whom we are to love are those people who do not like us. We are to love those who deliberately exclude us from their social circles, who talk about us behind our backs. We are to love those who make us feel that we are not

good enough for them, those who resent us for our accomplishments. We are to love those who exploit us or do us harm. This is indeed a radical teaching.

© Dianne Bergant CSS

THE SEASON OF LENT is the most appropriate time for celebrating the SACRAMENT OF Penance.

Already on Ash Wednesday the people of God has heard the solemn invitation, Turn away from sin and believe the good news. It is therefore fitting to have several penitential celebrations during Lent, so that all the faithful may have an opportunity to be reconciled with God and their neighbour and so be able to celebrate the paschal mystery in the Easter Triduum with renewed hearts. ^{RP 13} The Sacrament of Penance is better celebrated before rather than during the Easter Triduum.

ASH WEDNESDAY

26 February 2020

Mass Times

Sacred Heart Church

9.30am and 7.00pm

11.30am with Sacred Heart Primary School

Maria Regina Church

10am with Maria Regina Primary School

Ash Wednesday and
Good Friday are days of
fast and abstinence.

The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year (CCL 97, 1251-52).



From 2nd March there will be repair work undertaken at the front porch of Maria Regina Church. During this time, please access the Church only through the side entrance.

Thank you.



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hello@barrenjoeyit.com.au



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Liturgy for the Week

24/02 **Monday Ordinary Time Seven**
James 3:13-18; Mk 9:14-29

25/02 **Tuesday Ordinary Time Seven**
James 4:1-10; Mk 9:30-37

LENT

26/02 **ASH WEDNESDAY**
(Fast and abstinence)
Joel 2:12-18; 2 Cor 5:20 - 6:2;
Mt 6:1-6, 16-18

27/02 **Thursday after Ash Wednesday**
Deut 30:15-20; Lk 9:22-25

28/02 **Friday after Ash Wednesday**
Is 58:1-9; Mt 9:14-15

29/02 **Saturday after Ash Wednesday**
Is 58:9-14; Lk 5:27-32



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