



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Corpus Christi Prayer

*Jesus, Body and Blood, we are grateful for the gift of Your life and the way it strengthens us to live ours.*

*Teach us to draw on the gift of your Body and Blood for energy, renewal, strength and grace. May we never take Your presence for granted.*

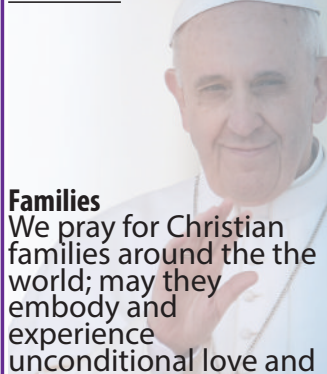
**AMEN.**



### Thoughts of Fr Francis Jordan

*Truly the Almighty will help you in all your worries and sufferings. He will never abandon you. He will give you courage and strength.*

### Pope Francis' Prayer Intentions For June



#### Families

We pray for Christian families around the world; may they embody and experience unconditional love and

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.

Continue to practise good hygiene. Please use the hand sanitisers provided

If you have used this bulletin, please take it home with you.





## MASS TIMES

### SACRED HEART CHURCH 1 Keenan Street, Mona Vale

#### Weekday Masses

**Tuesday 8.30am**

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

**Wednesday 9.30am**

**Thursday 7pm**

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

**Friday 9.30am**

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

#### Weekend Masses

**Saturday Vigil 5.00pm**

**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

#### Reconciliation

**4.00pm to 4.30pm Saturday**

#### Baptism

**4th Sunday - 11.30am**

### MARIA REGINA CHURCH 7 Central Road, Avalon

#### Weekday Masses

**Monday 8am**

**Wednesday 8am**

**Thursday 10am**

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am

**Friday 8am**

Mass with Anointing of the Sick - First Friday of the Month at 8am

#### Weekend Masses

**Saturday Vigil 6.00pm**

**Sunday 9.00am**

#### Reconciliation

**Before Vigil Mass on Saturday**

#### Baptism

**3rd Sunday - 11.00am**

## Recently Deceased

*Norm Nuelle*

*Clive Andrew Vella*

*Paul Frank Sofia*

*John Joseph Cincotta*

*Dominique Viriot*

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays.

## Prayers for the Sick

**Beryl Peo-Duncan**

**Michael Carrodus**

**Pat Regan**

**Garry Gleeson**

**Annette Davis**

**Andrew Hood**

**Jeff Langley**

**Erin Ocampo**

**Mark Lindfiels**

**Vicky Kalingasan**

**Bill Eyre**

**Brian Gregan**

**Mrian Poe**

**Marcia Bailey**

**Bec Burroughs**

**Susan Hickey**

**Sophia Burfitt**

**Margaret De Landre**

**Maeva Robinson**

**Jenny Carroll**

**Matt Ukishima**

**Pietrina Maiorana**

**Susan Makabenta**

**Mina Lee**

**Denise Wagner**

**Ron**

**Leonie Ariemetto**

**Margaret Kolasik**

## BOOK REVIEW

The Navaree Bible

St Matthew



Texts from the gospel according to St. Matthew" including among others, "Jesus the rejected Messiah" and "The Divinity of Jesus"



SERRA VOCATIONS MASS

AND

DINNER MEETING

Father Aldrin Valdehuesa will be celebrating Mass for Serra at Sacred Heart Church Pymble on Thursday 23rd June 2022. The evening commences with Mass at 6.00 PM followed by a light meal and a short meeting.

Following the meeting Father Aldrin will be our guest speaker. Everyone is welcome. Please "come and see".

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians and novices and for the perseverance of existing vocations.

Please telephone: Terry Scanlan on 0438 887 295

or email [terry\\_scanlan@bigpond.com](mailto:terry_scanlan@bigpond.com)

if you would like to attend.

## Liturgy for the Week

**20/06 Monday Ordinary Time 12**  
**2Kg 17:5-8; Lk 9:11-17**

**21/06 Tuesday St Aloysius Gonzaga**  
**2 Kg 19:9-11, 14-21, 31-36;**  
**Mt 7:6, 12-14**

**22/06 Wednesday St John Fisher**  
**2 Kg 22:8-13, 23:1-3;**  
**Mt 7:15-20**

**23/06 Thursday Ordinary Time 12**  
**2 Kg 24:8-17; Mt 7:21-29**

**24/06 Friday The Most Sacred Heart**  
**of Jesus**  
**Ezek 34:11-16; Lk 15:3-7**

**25/06 Saturday The Nativity of**  
**St John the Baptist**  
**Is 49:1-6; Lk 1:57-66,80**

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## GIVING

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AUSTRALIA



# *The Story Behind the Feast of Corpus Christi*



The Solemnity of the Most Holy Body and Blood of Christ, historically known by its Latin name, *Corpus Christi*, celebrates the Real Presence of Jesus Christ in the Holy Eucharist—Body, Blood, Soul, and Divinity. It is traditionally celebrated on the Thursday following the Solemnity of the Holy Trinity. The feast dates to the Middle Ages and originated with a visionary nun and a Eucharistic miracle.

## THE STORY

In 1263 a German priest, Fr. Peter of Prague, made a pilgrimage to Rome. He stopped in Bolsena, Italy, to celebrate Mass at the Church of St. Christina. At the time he was having doubts about Jesus being truly present in the Blessed Sacrament. He was affected by the growing debate among certain theologians who, for the first time in the history of the Church, began introducing doubts about the Body and Blood of Christ being actually present in the consecrated bread and wine. In response to his doubt, when he recited the prayer of consecration as he celebrated the Holy Sacrifice of the Mass, blood started seeping from the consecrated host and onto the altar and corporal. Fr. Peter reported this miracle to Pope Urban IV, who at the time was nearby in Orvieto. The pope sent delegates to investigate and ordered that host and blood-stained corporal be brought to Orvieto. The relics were then placed in the Cathedral of Orvieto, where they remain today. This Eucharistic Miracle confirmed the visions given to St. Juliana of Mont Cornillon in Belgium (1193-1258). St. Juliana was a nun and mystic who had a series of visions in which she was instructed by Our Lord to work to establish a liturgical feast for the Holy Eucharist, to which she had a great devotion.

After many years of trying, she finally convinced the bishop, the future Pope Urban IV, to create this special feast in honor of the Blessed Sacrament, where none had existed before. Soon after her death, Pope Urban instituted Corpus Christi for the Universal Church and celebrated it for the first time in Orvieto in 1264, a year after the Eucharistic Miracle in Bolsena.

Inspired by the miracle, Pope Urban commissioned a Dominican friar, St. Thomas Aquinas, to compose the Mass and Office for the feast of Corpus Christi. Aquinas' hymns in honor of the Holy Eucharist, *Pange Lingua*, *Tantum Ergo*, *Panis Angelicus*, and *O Salutaris Hostia* are the beloved hymns the Church sings on the feast of Corpus Christi as well as throughout the year during Exposition and Benediction of the Blessed Sacrament.

by: Gretchen Filz  
*The Catholic Company  
Magazine*



# Parish Directory

## Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

## Parish Priest

Fr Richard Sadowski SDS  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

## Assistant Priest

Fr Zygmunt Smigowski SDS  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

## Parish Secretary

Donita Kerin  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

## Director of Music

Josh Willard  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

## Media & Communication

Conille Felias  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

## Sacrament Coordinator

Sonia Samartin  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

## Parish Office Hours

Monday to Thursday  
9.00 am to 4.00 pm  
Friday  
9.00 am to 12.00 pm

## Sacred Heart Church

1 Keenan Street Mona Vale  
**Maria Regina Church**  
7 Central Road Avalon

## MONA VALE

**Sacred Heart School**  
Tel 8197 6900

Principal: Mr Jamie Wahab

## AVALON

**Maria Regina School**  
Tel 9918 2608

Principal: Miss Kirsty Thorpe

## WARRIEWOOD

**Mater Maria Catholic College**  
Tel 9997 7044

Principal: Mr Marc Reicher



## Parish Bulletin Term 2 Week 8

It has been a huge week at the College with our eagerly awaited production of Grease being performed to the Mater Maria community at matinee and evening performances throughout the week. A fantastic week of singing, dancing, music and acting by our very talented student performers.

Our Year 7 students attended Warriewood Uniting Church. This event was part of the general evangelisation and catechesis program and the day was spent in reflection at an appropriate level on the teaching found in Pope Francis' email Laudato Si and on what that means for us as we endeavour to live our lives as faithful Catholics.

Our School Captains, Tiffany Walsh and Luke Peterson, joined other School Captains of Pittwater's local high schools for Afternoon Tea at NSW Parliament House with Member for Pittwater, Rob Stokes MP.

Our Year 12 Extension English students attended the 2022 ETA Conference at Mater Maria this weekend. HSC writers and HSC Markers described the rigorous exam requirements through an online presentation. Students viewed each of the informative sessions together and discussed the material and sessions in depth.

It is currently enrolment time for students who would be starting high school in 2024. The first round of offers has been made and over the next month parents and students on the waiting list have been offered a meeting with our Principal, Marc Reicher. Early next term all those who have been offered positions will meet in small groups with the Principal to gain some valuable insights into Mater Maria and have any questions answered.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.

## Wills Seminar

Community Seminar on  
Wills, Enduring Guardianship  
and Powers of Attorney

Thursday 14 July 2022  
11 am- 12:30 pm

The Lakes Parish Hall  
21 Lagoon Street  
NARRABEEN NSW 2101

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[sdsau.wyd2023@gmail.com](mailto:sdsau.wyd2023@gmail.com)

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# *Congratulations to all the children who received the Sacrament of Confirmation*

*Sophie Barwick  
Marley Bayfield  
William Berthelot  
Ryder Billing  
Harvey Boon  
Isla Bradley  
Madeline Bradley  
Alexander Burge  
Josie Burrow  
Eloise Crone-Nielsen  
Edward Dawson  
Scarlett de Bie  
Oliver Dodwell  
Erin Driver  
Toby Duff  
Sean Ford  
Evin Gleeson  
Edsel Good  
Louisa Jaunault  
Sasha Kenny  
Sayla Kenny  
Adam Knights  
Evelyn Lamb  
Joseph Lamb  
Eadie Lovett  
Sergio Maclean  
Lily McGuinness  
Amelia Meppem  
Milla Raymond  
Indiana Reid  
Korbin Richards  
Christopher Skinner  
Matilda Smith  
Jack Stephenson  
Paige Stokes  
Jack Szalay  
Elena Taylor  
Lily Walton  
Zara Warner-Smith  
Dylan Wooldridge  
Aylah Young*

*Luca Afman  
Miller Amery  
Zara Borthwick  
William Boykos  
Callum Buckley  
Thomas Burton  
Jesse Coomber  
Claudia Corben  
Celine Custodio  
Marli de Visser  
Zac Docherty  
Lachlan Fanning  
Emily Fisher  
Abbey Godwin  
Ava Hopkins  
Kobe Jones  
Grace L'Estrange  
Wyatt Laughton  
Parker Lee  
Otis Lindsay  
Zoe Macqueen  
Jake Malivanek  
Dea Maningas  
Jasmine McCamey  
Owen Meyer  
Alessia Molinaro  
Isabella Morgan  
Olivia O'Brien  
Giannah Prestia  
Umberto Prestia  
Imogen Rabitts  
Emma Radovanovic  
Accacia Rulli  
Tahlia Short  
Ava Skeeles  
Dustin Thomas  
Miranda Torrieri  
Anna Townsend  
Kai Whitfield  
Hannah Wright  
Amelia Arminak*

*Imogen Baker  
Thomas Barker  
Zac Calanduccio  
Imogen Collings  
Ava Conn  
Jack Conroy  
Zarli Cotterill  
Samuel Ewart  
Starsia Fazzolari-Huynh  
Dior Franks  
Max Garner  
Edward Gee  
Ines Gluyas  
Zavier Gluyas  
Elodie Goetti  
Emma Herbert  
Sophia Johnson  
Brody Kelly  
Christian Knight  
Rio Koch  
Elke Layton  
Cooper Lytham  
Archie Martin  
Damian Mastroianni  
Zoe Meehan  
Aden Netanel  
Joshua Newell  
Asher O'Sullivan  
Alex Ryan  
Billy Ryan  
Jed Ryan  
Summer Shortall  
Mila Thomas  
Oliver Thomas  
Bailey Walsh  
Savannah Wasinski  
Ashton Weir  
Jasper Weir  
Rowan Wood  
Olivia Wooton  
Koby Young*



# The *Living* Word

## Entrance Antiphon

Cf. Ps 80:17

He fed them with the finest wheat  
and satisfied them with honey from the  
rock.

## First Reading

Gen 14:18-20

### A reading from the book of Genesis

*Melchizedek brought bread and wine.*

Melchizedek king of Salem brought  
bread and wine; he was a priest of God  
Most High. He pronounced this blessing:  
'Blessed be Abraham by God Most High,  
creator of heaven and earth,  
and blessed be God Most High for  
handing over your enemies to you.'  
And Abraham gave him a tithe of  
everything.

## The word of the Lord

**Responsorial Psalm** Ps 109:1-4. R. v.4

**(R.) You are a priest for ever, in the  
line of Melchizedek.**

The Lord's revelation to my Master:  
'Sit on my right:  
I will put your foes beneath your feet.'  
**(R)**

The Lord will send from Zion  
your sceptre of power:  
rule in the midst of all your foes.**(R)**

A prince from the day of your birth  
on the holy mountains;  
from the womb before the daybreak I  
begot you.**(R)**

The Lord has sworn an oath he will not  
change.  
'You are a priest for ever,  
a priest like Melchizedek of old. **(R)**

## Second Reading

1 Cor 11:23-26

### A reading from the first letter of St Paul to the Corinthians

*Every time you eat this bread and drink  
this cup, you are proclaiming the death of  
the Lord.*

This is what I received from the Lord,  
and in turn passed on to you: that on the  
same night that he was betrayed, the Lord  
Jesus took some bread, and thanked God  
for it and broke it, and he said, 'This is  
my body, which is for you; do this as a  
memorial of me.' In the same way he  
took the cup after supper, and said, 'This  
cup is the new covenant in my blood.  
Whenever you drink it, do this as a  
memorial of me.' Until the Lord comes,  
therefore, every time you eat this bread  
and drink this cup, you are proclaiming to  
his death.

## The word of the Lord

## Gospel Acclamation

Jn 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says  
the Lord;  
whoever eats this bread will live for ever.

Alleluia!

## Gospel

Lk 9:11-17

### A reading from the holy Gospel according to Luke

*They all ate and were filled.*

Jesus made the crowds welcome and  
talked to them about the kingdom of  
God; and he cured those who were in  
need of healing.

It was late afternoon when the Twelve  
came to him and said, 'Send the people  
away, and they can go to the villages and  
farms round about to find lodging and  
food; for we are in a lonely place here.'  
He replied, 'Give them something to eat  
yourselves.' But they said, 'We have no  
more than five loaves and two fish,  
unless we are to go ourselves and buy  
food for all these people.' For there were  
about five thousand men. But he said to  
his disciples, 'Get them to sit down in  
parties of about fifty.' They did so and  
made them all sit down. Then he took the  
five loaves and the two fish, raised his  
eyes to heaven, and said the blessing over  
them; then he broke them and handed  
them to his disciples to distribute among  
the crowd. They all ate as much as they  
wanted, and when the scraps remaining  
were collected they filled twelve baskets.

## The Gospel of the Lord

## Communion Antiphon

Jn 6:57

Whoever eats my flesh and drinks my  
blood  
remains in me and I in him, says the  
Lord.

## REFLECTION

*This Feast combines the previous feasts  
of Corpus Christi and the Precious Blood  
of Christ. It reminds us that the body and  
blood of Christ were offered as a  
sacrifice for us, and every time we  
re-enact this sacrifice, we renew his  
sacrifice. The Body and Blood of Jesus is  
the interim meal for the Christian  
community. We are to feed on it until the  
Lord returns. We see again the  
already-but-not-yet character of  
Christian eschatology, for the Lord has  
already returned. That means that the  
Eucharist meal is a re-enactment of  
Christ's death, an anticipatory  
celebration of his coming, and a  
thanksgiving banquet with him present.  
The multiplication of the loaves and the  
fishes prefigures the eschatological  
banquet of fulfilment. Its miraculous  
bounty assures us of the abundance of*

*that future banquet.*

*Its miracle of multiplication prefigures  
the miracle of Jesus as he changed the  
bread and wine into his own body and  
blood. Jesus handed himself over as food  
and drink on the very night that he was  
handed over by others. The banquet that  
he prepared was a celebration of the new  
covenant; it was an eschatological  
banquet of thanksgiving. This feast  
invites us to enter through either the past,  
the present or the future, for each one  
will lead us to the mystery that we  
celebrate: the mystery of the sacrifice of  
Christ; the mystery of the sacred bread  
and wine of the future; the mystery of the  
eschatological banquet of the present.*

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