



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer during the coronavirus pandemic

God of Salvation,
We turn to you with a prayer for protection and healing as the coronavirus is spreading. Help those who are affected and have become sick.
Grant patience to those who live in quarantine.
Give strength to those who care for the sick.
Inspire scientists in their research.
Strengthen between us the sense of togetherness.
Let no one be abandoned, make everyone feel safe together and with You, because You are compassionate.
Through the intercession of Blessed Mary of the Apostles and Fr. Francis Jordan, we thank you, present and faithful God, You who live and love for ever and ever.

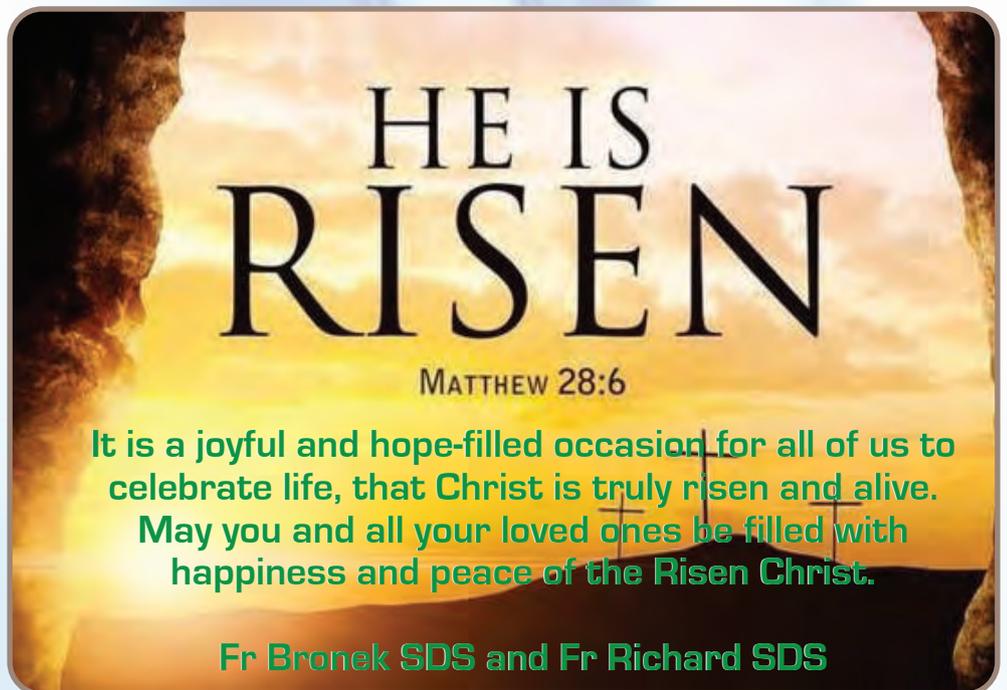
Amen.

Salvatorians



Thoughts of Fr Francis Jordan

At this holy Easter time I wish you every happiness and blessing.
May the dear God sustain you in his holy grace.
May the Risen Saviour...fill you more with his Spirit.



9 April 2020

Dear Parishioners,

With all that is happening in our world, now is certainly a time to reflect on the joyful hope that we have because of Jesus' Death and Resurrection. As we experience the emotions of this Holy Week and perhaps relate it to our time of isolation and fears, let us hold on to the sure knowledge of God's love for us, and know that our difficult times will pass and we will share in the Resurrection of Jesus Christ.

I hope that you are using this time for opportunities to find the true heart of our "home Church" – one that experiences communion with each other and offers a shared worship of a life lived in faith and love. When each of us open ourselves within our own "home church" to life and to love, we become like the Holy

Continued next page...

Family of Nazareth, a family through which the light of Jesus Christ becomes a real presence in the world.

You may like to consider creating a “Sacred Space” by bringing your religious articles around your house to a central location to signify a “Sacred Space”. This will be a powerful way to keep your prayer life thriving in your home throughout this time of isolation. The Liturgical colours for the next three days are: Holy Thursday-White, Good Friday-Red (obligatory day of fasting and abstinence for Catholics) and Holy Saturday-White. Engage your whole family by involving them with changing these colours each day. A “Sacred Space” can help focus our attention on the true meaning of Easter. You may even like to think about making this a regular addition to your home during this time of pandemic. This will help us to refocus and bring Christ visually back into our homes.

I really want to encourage you to use this unsettled situation as an opportunity to strengthen our families’ relationship with Jesus, to rebuild and renew our “home church”, and bring a time of grace to each one of us. Some pastoral resources for you and your family to celebrate the Paschal Triduum at home can be found on our parish website, along with all the latest news and events and correspondence from the Diocese.

Thank you for taking the time to email, call and write to us after our first livestreaming, sharing your positive comments. I am grateful that our parish staff was able to bring this to fruition and am grateful that we could pray together. I would like to remind you that we have the Mass of the Last Supper tonight at 7.30pm, Good Friday Stations of the Cross tomorrow at 10am and Celebration of the Lord’s Passion at 3pm, Holy Saturday at 7.30pm and Easter Sunday at 10am. For information on the times of these celebrations and the link to watch, please visit <https://www.bbcatholic.org.au/pittwater/news-events/parish-news>

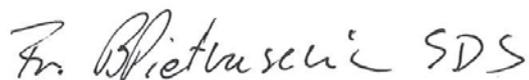
Whilst it will be difficult for you to not be physically present during these liturgies that commemorate and celebrate this most sacred time in our Church, we hope that by livestreaming the liturgies, many of you will be able to spiritually come together with us and make a spiritual communion. More information on making a spiritual communion can be found in this weekend’s bulletin.

Printed copies of the bulletin are available outside our Maria Regina Church, Avalon or the front of the parish office, Mona Vale and are available on our parish website <https://www.bbcatholic.org.au/pittwater/news-events/bulletins>

Following the livestreaming of the celebrations of the Paschal Triduum we will continue to livestream our weekend Masses, 5pm on Saturdays and 10am on Sundays. We invite you to come together in your households and families, uniting with our Church to celebrate these liturgies in your homes.

I pray that the peace and joy of the Risen Christ be with you and your families and that the Lord fills your home with His love, joy and peace.

Wishing you all a Blessed Easter,



**Fr Bronek Pietrusewicz SDS
Parish Priest**



Vinnies

Vinnies changes lives everyday.

Show your support and give to our annual appeal



"TINNIES FOR VINNIES"

Thank you to our generous parishioners for their past donations to 'Tinnies for Vinnies'. By your generosity, our stockpile is overflowing. As such, we will not be needing anything for the month of March. You make a difference in the lives of our clients.

Sue Bowra

For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.

Did you know that if you are new to our parish you can register your details through our website or if your contact details have changed you can update them. Simply go to www.pittwaterparish.org, click on the "Welcome" menu item and select "Parishioner Registration" from the dropdown menu. If you have any problems, please contact the parish office on 9157 0999.

LIBRARY
The books which are reviewed here each week are from our Parish Library situated at Maria Regina Church, Avalon. The Library is opened at Maria Regina Church, Avalon before and after the weekend Masses, Saturday 6 pm and Sunday 9 am, and on week day Masses, except Tuesdays, at 9.15 am. You can browse our full collection of books and DVDs on the Parish website. Go to Resources > Library > Our books. If these hours don't suit you and you would like to borrow or have an inquiry you may phone me on 99183973 (Home) 0401613643 (mobile).

Trish Newman



We Pray for
Recently Deceased
Shirley Kelly
Gwen Robinson
Maria Meniti
Molly Cummins
Anne May

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light Shine Upon Them.
May they Rest in Peace. Amen.
May Their Souls And The Souls Of The Faithful Departed, Through The Mercy Of God, Rest In Peace. Amen.

Deceased Anniversary
Madge Norton
Teresa & Theodore Shepherd
Tony Gerathy

Prayers for the Sick
Tayla Riddle
Giovanni Returra
Bill Eyre
Manny Zarb
Philip Maddrel
Gail Reiher
Imelda Vince
Eric Domagas
Vicky Villaluz
Ben Castillo
Moirra Howie
Carol Brennan
Jomar
Christine Hills
Ross Perkins
Donald McRae
Mary O'Connor
Sara Zofrea
Beryl Peo-Duncan
Joe Romeo
Graham Baker

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you



SOUL
PITTWATER
[instagram.com/soul_pittwater](https://www.instagram.com/soul_pittwater)

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

THANK YOU

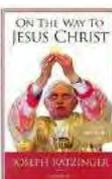
I wish to take this opportunity to say thank you for your contributions and support throughout the year. Your financial contributions in our Planned Giving Programme and your generous donations throughout the year to Charitable Works Fund are greatly appreciated. I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.

Fr Bronek SDS
Parish Priest

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The Catholic Parish of Pittwater

BOOK REVIEW

On The Way To Jesus Christ
by Joseph Ratzinger
Pope Benedict XVI



This series of meditations studies the true Jesus, the Jesus of the Gospels who is quite different, demanding and bold and is certainly not convenient for us. The Jesus who makes everything OK for everyone is not a real figure. The true Jesus answers the deepest question of our existence, which - whether we want to or not - keeps us on the look-out for God, for gratification that is limitless - for the infinite.

Friday
10

The Parish Office will be closed from Good Friday 10 April 2020 and will reopen on Friday 17 April 2020



Friday
17

Watch the daily Mass on Demand at <https://www.youtube.com/user/cathnews>
We hope that this will help the faithful to celebrate the Holy Mass online wherever they are



If you are experiencing Domestic Violence,
Ring 1800 RESPECT
1800 737 732

PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. As we are unable to donate via our second collection at present, our parish will not receive the funds which are truly needed to cover our relentless stream of expenses. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



SAFEGUARDING
We the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

Parish Pastoral Council
Matthew Hyland
matthyland100@yahoo.com.au

Pittwater Parish Ministries

Catechists
Co-Directors
Maureen Wooldridge - 9997 4694
Veronica Thomas -
veronicathomas2009@gmail.com

Evangelisation Ministry
Erich Ott (Coordinator RCIA)
0409 124 840
Sr Margaret Collis - 9974 4116
Sue Berg - 0419 991 781
(Coordinators Adult Faith Education/
Formation)

Legion of Mary
Connie Robinson - Director
0458 007 706

Little Hearts Playgroup
Co-Directors-Marie Bockman -
mbockman@hotmail.com
Maureen Wooldridge - 9997 4694

Media & Communication Ministry
Laura Ee - Director
media@pittwaterparish.org

Music Ministry
Josh Willard - Director
9157 0999 ext 17

**Pastoral Care and
Communion to the Sick Ministry**
Co-Directors
Denise Bottero - 9997 6904
Marie Bockman -
mbockman@hotmail.com

Parish Library
Trish Newman - Director
9918 3973

Sacramental Program Ministry
Suzy Caruso
9157 0999 ext 0
sacraments@pittwaterparish.org

Social Justice Ministry
Tamara Harding - Director
0403 226 699
www.facebook.com/pages/Pittwater-Friends-Of-Soibada/162612300466694

Youth Ministry
soul@pittwaterparish.org or
Josh Willard (Soul Youth)
music@pittwaterparish.org

*All our Ministries comply with Working With
Children Check requirements*



PROJECT COMPASSION

GO FURTHER TOGETHER

THANK YOU FOR SUPPORTING PROJECT COMPASSION 2020

COVID-19 is affecting all of us. In these challenging times, your kindness and solidarity can make a world of difference to the lives of the most vulnerable. Your support is life saving.

DO YOU HAVE PC BOXES AND CASH TO HAND IN?

We know that many of you may not be able to hand in your PC Boxes, or cash, to parishes or schools at this time. Did you know that you can go online at "lent.caritas.org.au" and securely donate with your credit card, or you can send a cheque to Caritas Australia, GPO Box 9830 Sydney NSW 2001. Alternatively, if you require assistance with your PC Box or cash, please call our friendly team on 1800 024 413.



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Planned Giving Direct Debit Agreement Form for Contributions Via Credit Card

- I am an existing Planned Giving contributor
- I am new to Planned Giving

Or Donate at
www.pittwater-parish.org
Donations and
Giving Tile

Full Name			
Address:			
Telephone:		Email:	

Payment Agreement

<input type="checkbox"/> Weekly	<input type="checkbox"/> Fortnightly	<input type="checkbox"/> Monthly
Debit Amount:	\$	<input checked="" type="checkbox"/> Until Further Notice

Debit from Credit Card

Card Number:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Card Holder Name:			<input type="checkbox"/> Visa			<input type="checkbox"/> Mastercard							
Expiry Date:	/	CCV:		<input type="text"/>	<input type="text"/>	<input type="text"/>							

This authorisation is to remain in force until notice is received in writing for it to be changed.

Signatory of Nominated Account:		Date:	/	/
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Thank you for supporting our planned giving programme.

Please return the completed form to the parish office or email to office@pittwaterparish.org

Terms and Conditions

I/We hereby authorise The Catholic Parish of Pittwater to debit my/our credit card account. Monthly debits occur on the 15th day of each month or the next business day. Weekly and fortnightly debits occur on the Monday of each week or fortnight accordingly. The administration of this agreement is conducted by The Catholic Parish of Pittwater. The Catholic Parish of Pittwater will not change the amount or frequency of drawing arrangements without my prior approval. It is my responsibility to ensure that I/We have sufficient clear funds in our nominated account to enable the direct debit to be honoured by our financial institution. If the Debit request falls on a weekend or public holiday, it will be processed on the next working day. I/We are advised to verify account details against a recent bank statement and if uncertain to contact our financial institution or The Catholic Parish of Pittwater. If our Direct Debit is dishonoured or returned by our financial institution, for any reason, The Catholic Parish of Pittwater reserves the right to re-present the Direct Debit for processing again on the next business day. The Catholic Parish of Pittwater will keep the information about our nominated account at the financial institution private and confidential unless this information is required to investigate a claim made in relation to an alleged incorrect or wrongful debt, or otherwise required by law. I/We may stop, cancel, alter or defer your Direct Debit Request at any time, by contacting The Catholic Parish of Pittwater I/we agree to notify The Catholic Parish of Pittwater if the account is closed.



A letter to the Clergy and People in the Diocese of Broken Bay

Tuesday 7 April 2020

Dear Fathers, my brothers and sisters in Christ,

It is with great joy that I am able to announce the ordination to the priesthood of Deacon PAUL TRAN VAN DUONG SDS from the Society of the Divine Saviour. Deacon Paul has been ministering in the Parish of Saint Patrick's, East Gosford and was due to be ordained in Manila on 18 April 2020. However, given the current restrictions, due to the public health crisis, he is not able to travel in the foreseeable future.

His Superior, Fr Adam Janus SDS, with the approval of the Superior General, has requested that I ordain Deacon Paul to the Order of the Priesthood. I have happily accepted this invitation and will ordain Deacon Paul on Thursday 16 April 2020 at 4pm.

Due to the current restrictions, the Mass will be livestreamed. Along with his family in Vietnam, and community in Manila, I hope that you will also participate in the Mass online.

I am delighted that this moment of grace has been given to us in Broken Bay and I am confident that you will keep Deacon Paul in your thoughts and prayers over these coming days.

With every blessing for Holy Week, I remain,



Most Rev Anthony Randazzo DD, JCL
Bishop of Broken Bay



Deacon PAUL TRAN
VAN DUONG SDS from
the Society of the Divine
Saviour.

Deacon Paul has been ministering in the Parish of Saint Patrick's, East Gosford and was due to be ordained in Manila on 18 April 2020. However, given the current restrictions, due to the public health crisis, he is not able to travel in the foreseeable future.

Bishop Anthony Randazzo, has happily accepted the invitation to ordain Deacon Paul to the Order of Priesthood on Thursday 16 April 2020 at 4pm.

The Mass will be livestreamed.
https://www.youtube.com/channel/UC44NSRmeB1mg_EKIJUFJpvg/live

Please keep Deacon Paul in your thoughts and prayers.

Sunday Masses from our parish will be live-streamed from 2nd Sunday of Easter:

Saturday Vigil Mass 5pm and Sunday Morning Masses 10am
<https://www.youtube.com/channel/UCBpLC9Gn8yp4qW-TU0GDzsw/videos>
or search Pittwater Parish on Youtube

or follow the link on our Parish Website



Many people are unable to attend Mass at this time, because of the restrictions put in place due to COVID-19. The changes we are being asked to make in our everyday lives and routines likely will leave us more in need of God's grace - not less.

Even if you are stuck at home, you aren't alone and you can still join your brothers and sisters in Christ by worshipping, adoring and praying online or with the television.

As we can't attend our Masses, it's natural for us to wonder about how our Spiritual needs will be met in the weeks ahead.

That's why it's good to know that the answer to the question "*Will I be able to receive Holy Communion?*" is a resounding *yes*. That's not to say that we will all be able to receive the Eucharist sacramentally in the Host or from the Chalice, the way we have for most of our lives. But with two thousand years of Sacred tradition comes the longstanding practice of making a *Spiritual* Communion.

As St John Paul II observed in his last encyclical *Ecclesia de Eucharistia*:

"...it is good to cultivate in our hearts a constant desire for the Sacrament of the Eucharist. This was the origin of the practice of 'Spiritual Communion', which has happily been established in the Church for centuries and recommended by saints who were masters of the Spiritual life. Saint Teresa of Jesus wrote: "When you do not receive communion and you do not attend Mass, you can make a Spiritual Communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you" (*Ecclesia de Eucharistia*, 34).

When watching the Liturgy online, pray this prayer sincerely to express your desire to be closely united to Jesus.

Spiritual Communion Prayer

**My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen.**



Divine Mercy Novena

The Divine Mercy novena prayers were given to St. Faustina through an apparition of our Lord Jesus. Each day has a new petition that seeks God's mercy for different purposes.

The message of Divine Mercy is a powerful and moving way to come closer to Christ.

His Mercy is central to our lives and we must continually depend on it and ask for it daily.

The Divine Mercy Novena begins on Good Friday and goes until Divine Mercy Saturday

The second Sunday of Easter is Divine Mercy Sunday.

Live stream from Pittwater Parish at 3pm

You can join thousands of people in praying the novena this year!

More information and novena on <http://divinmercysunday.com/novena.htm>

How to Recite the Chaplet

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.

1. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

5. The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

6. The Eternal Father

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

7. On the 10 Small Beads of Each Decade

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

8. Repeat for the remaining decades

Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.

9. Conclude with Holy God (Repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

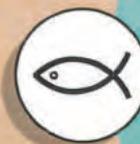
10. Optional Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.



EASTER SUNDAY, RESURRECTION OF OUR LORD AND SAVIOUR JESUS CHRIST.

This is the greatest week in the Church's calendar, with an entire octave dedicated to celebrating Jesus, risen from the grave. Let us rejoice in the risen Christ and the mercy, hope and love of God poured out and promised to each of us.



READING SUNDAY'S GOSPEL – MATT 28:5-6

"There is no need for you to be afraid. I know you are looking for Jesus, who was crucified. He is not here, for he has risen, as he said he would."

Read the full text at <https://liturgyhelp.com/> (create a free account)



REFLECTION:

"This morning as we celebrate and experience the Resurrection of Jesus, let us follow Marys Magdalene's example; let us go and share with others our own good news; Jesus is risen, death has been defeated, light and goodness have triumphed" <https://oblates.ie/gospel-reflection-easter-sunday/>

PRAYER:

Jesus is love;
Love has overcome death.
Jesus is light;
Light has overcome darkness.
We are an Easter people,
filled with joy,
and with all the angels and saints,
we exalt your name and exclaim,
Alleluia, Jesus Christ our Lord is risen!



ADDITIONAL RESOURCES:

The Power of the Resurrection of Jesus:
<https://catholicstrength.com/tag/the-power-of-the-resurrection-of-jesus/>

Bishop Barron on the Resurrection of Jesus
<https://www.youtube.com/watch?v=UlbmCOm8jFs>

SONG:

Because He Lives (Amen) – Matt Maher:
<https://www.youtube.com/watch?v=PBvU7arNhQs>

THIS WEEK:



Bring the Holy Week symbols and rituals into your home by downloading "An Experience of Holy Week and Easter at Home" from <http://bbcatholic.org.au/connected-holyweek>

This week, show the world we are an Easter people of hope. Light up your house on the Easter Vigil – pull out the Christmas lights, turn on your house lights or simply place a lit candle in your front window, continue this for the entire Easter Octave.

CHILDREN'S RESOURCES:

The Easter Story
https://www.youtube.com/watchv=bkTU_Vv5Ew

YOUTH RESOURCE:

<https://youtu.be/7Nrk7mOwLhE>



EASTER SUNDAY



Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

APOSTLES
FAITH
HOPE
JESUS
JOY
LAMB

LOVE
MARY
MERCY
PEACE
PROMISES
RESURRECTION

RISEN
SAVIOUR
VICTORY

<https://www.superteacherworksheets.com/generator-word-search.html>

MORE RESOURCES AT:

bbcatholic.org.au/connected



CATHOLIC
DIOCESE OF
BROKEN BAY

The *Living* Word

First Reading Acts 10:34, 37-43

A reading from the Acts of the Apostles
We have eaten and drunk with him after his resurrection from the dead.

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

The word of the Lord

Responsorial Psalm

Ps 117:1-2, 16-17, 22-23. R. v.24

(R.) This is the day the Lord has made; let us rejoice and be glad.

or
(R.) Alleluia!

Give thanks to the Lord for he is good,
 for his love has no end.
 Let the sons of Israel say:
 'His love has no end.' **(R)**

The Lord's right hand has triumphed;
 his right hand raised me up.
 I shall not die, I shall live
 and recount his deeds. **(R)**

The stone which the builders rejected
 has become the corner stone.
 This is the work of the Lord,
 a marvel in our eyes. **(R)**

Second Reading Col 3:1-4

A reading from the letter of St Paul to the Colossians
Look for the things that are in heaven, where Christ is.

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

The word of the Lord

Sequence

Christians, to the Paschal Victim offer sacrifice and praise.

The sheep are ransomed by the Lamb;
 and Christ, the undefiled,
 hath sinners to his Father reconciled.
 Death with life contended: combat
 strangely ended!

Life's own Champion, slain, yet lives to reign.

Tell us, Mary: say what thou didst see
 upon the way.

The tomb the Living did enclose;

I saw Christ's glory as he rose!

The angels there attesting;

shroud with grave-clothes resting.

Christ, my hope, has risen: he goes
 before you into Galilee.

That Christ is truly risen from the dead
 we know.

Victorious king, thy mercy show!

Gospel Acclamation 1 Cor 5:7-8

Alleluia, alleluia!

Christ has become our paschal sacrifice;
 let us feast with joy in the Lord.

Alleluia!

Gospel Jn 20:1-9

A reading from the holy Gospel according to John

The teaching of scripture is that he must rise from the dead.

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.' So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

The Gospel of the Lord

REFLECTION by Dianne Bergant CSA

Easter is the season of mystagogical catechesis, that instruction that unpacks the hidden mystery of the experience of the sacraments of initiation received or renewed at Easter. The readings of each Sunday concentrate on some aspect of this mystery. The central theme of this Sunday is newness of life in Christ. This newness is not

without its historical context. It burst forth first in the resurrection of Christ, and then through the preaching of the first Christians.

The readings testify that if we die with Christ, we will appear with him in glory; if we cast out the old yeast, we will be fresh dough. And when this wondrous transformation takes place, everything is new; everything is fresh. To what newness are we called? To what must we die in order to rise transformed? What old yeast of corruption must be cast out in order that we might be fresh dough? At Easter we renew our baptismal vows. What is it that we really renounce? Ours is a world of violence, of prejudice, of indifference. Too often we harbour feelings of anger and resentment, of selfishness and disdain. Easter proclaims that Christ has died and has risen; with him we die to all of the wickedness in our lives and in our world, and we set our hearts on higher things, on sincerity and on truth.



Fast & Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59.

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honour the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.



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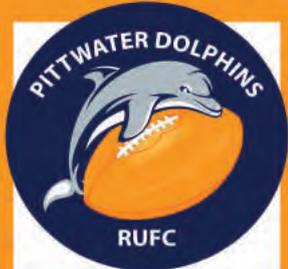


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Liturgy for the Week

13/04 Monday within the Octave of Easter
Acts 2:14, 22-33; Mt 28:8-15

14/04 Tuesday within the Octave of Easter
Acts 2:36-41; Jn 20:11-18

15/04 Wednesday within the Octave of Easter
Acts 3:1-10; Lk 24:13-35

16/04 Thursday within the Octave of Easter
Acts 3:11-26; Lk 24:35-48

17/04 Friday within the Octave of Easter
Acts 4:1-12; Jn 21:1-14

18/04 Saturday within the Octave of Easter
Acts 4:13-21; Mk 16:9-15



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