



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Advent Prayer for Families

Heavenly Father, your Son, Jesus, is your greatest gift to us, a great sign of your love. Guide us as we strive to walk in that love together as a family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your Son. Give us the grace and strength we need every day. Help us to always trust in you. Come, Lord Jesus, lead all people closer to you. Come and dispel the darkness of our world with the light of your love. Amen.



POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER For Children who Suffer

We pray for children who are suffering, especially those who are homeless, orphans and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.



Thoughts of Fr Francis Jordan

Reveal to me and teach me Your will Oh God almighty!
See, I am ready, but you, Lord, help me.



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**



You can find us on **Instagram** ([pittwater_parish](https://www.instagram.com/pittwater_parish))

If you have used this bulletin, please take it home with you.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses
Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses
Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses
Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

We Pray for

Recently Deceased
Barbara Elizabeth Brown
John Chubb
Tim Murphy
Robert Patrick
"Bob"
Johnson

If you would like the names of your relatives or friends and offerings included, please

Prayers for the Sick

Anna Smigowska
Nick Moullakis
M. Miller
Avelino Samartin
Barbara Clarke
Andrew Hood
Jeff Langley
Erin Ocampo
Mark Lindfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Mrian Poe
Marcia Bailey
Bec Burroughs
Susan Hickey
Sophia Burfitt
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Pietrina Maiorana
Mina Lee
Denise Wagner
Tom Murphy
Leonie Ariemetto
John Graham

Liturgy for the Week

- 28/11 **Monday, 1st Week of Advent**
Is 4:2-6; Mt 8:5-11
- 29/11 **Tuesday, 1st Week of Advent**
Is 11:1-10; Lk 10:21-24
- 30/11 **Wednesday, St Andrew**
Rom 10:9-18; Mt 4:18-22
- 01/12 **Thursday, 1st Week of Advent**
Is 26:1-6; Mt 7:21, 24-27
- 02/12 **Thursday, 1st Week of Advent**
Is 26:1-6; Mt 7:21, 24-27
- 03/12 **Saturday, St Francis Xavier**
Is 30:19-21, 23-26;
Mt 9:35- 10:1, 6-8

BOOK REVIEW

An Experience Named Spirit
by: *John Shea*



John (Jack) Shea is a theologian and storyteller who lectures nationally and internationally on storytelling in world religions, faith-based health care, contemporary spirituality, and the spirit at work movement.

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

LIVESTREAMS
READINGS
NEWS

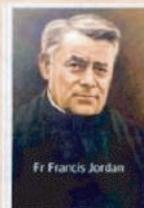
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<https://brokenbay.goodgiving.com.au>

SALVATORIAN FOUNDATION DAY

CELEBRATION MASS



On 8 December 1881, in the Chapel of St Brigida of Sweden in Rome, Fr Francis Jordan and three other priests took private vows as members of the Apostolic Teaching Society. This crucial date is the foundation day of the Salvatorians.

YOU ARE INVITED TO JOIN IN THIS CELEBRATION

MASS 7:00pm Thursday, 8 December 2022 Followed by light supper
Pymble Parish Sacred Heart Pymble 2 Richard Porter Way Pymble

REMINDER

NO 7 PM MASS on Thursday, 8th of December

but there will be **ADORATION**
8:30 AM
MASS
9:30 AM
at **SACRED HEART CHURCH**



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sbsimons.simons@gmail.com



Every gift makes a difference to someone in hospital, school, a parish or the wider community.

PASTORAL WORKS Broken Bay

Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.

In supporting our pastoral works you are helping our dedicated catechists provide thousands of state school students with a Catholic education; and helping us provide comfort, care, a listening ear and the sacraments to those who are vulnerable or experiencing loneliness, illness and isolation through our hospital chaplaincy program.

Our pastoral works also assist students with disability achieve their dreams, and provides practical support for the deaf community.

Your gift does make a difference. It maybe young people in schools, someone in hospital, a parish or the wider community.

My prayer is that Pastoral Works Broken Bay enables us to reach further and wider in helping our community, and more deeply connects us to our vision and the mission of Jesus. I am deeply grateful for your support.

Most Rev Anthony Randazzo DD JCL,
Bishop of Broken Bay



CATHOLIC
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BROKEN BAY

Your generous donations help with vital fee assistance to families in our Catholic community.

To donate, complete the Pastoral Works collection envelopes in the back of the churches or visit bbcatholic.org.au/pastoralworks



Thank you for your generosity

For many in our community, your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support five ministries:



Hospital Chaplaincy & Pastoral Care Practitioners

Helping those who are vulnerable, experiencing loneliness or sick in hospital.



Confraternity of Christian Doctrine

Catechists taking the gospel to State school students.



St Lucy's School

Serving year K-12 students with disability.



St Edmund's College

Serving year 7-12 students with disability.



Ephpheta Centre

Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 67 849 944 998
To donate, complete the form in the envelope available in your parish and return to your parish.
Or go online by scanning the QR code and visiting: bbcatholic.org.au/pastoralworks. Thank you.

Thank you and God bless you
for your generosity.

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Parish Office Hours

Monday to Thursday

9.00 am to 4.00 pm

Friday

9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale

Maria Regina Church

7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



MATER MARIA CATHOLIC COLLEGE

Parish Bulletin – Term 4, Week 7

On Tuesday, we held a BBQ fundraiser at lunchtime, then invited all members of our community to our evening end of year concert in the Byrne Theatre. Our rock bands from Years 7-12, concert and junior jazz bands, vocal ensemble and small groups from all of our elective music classes presented items for our community's entertainment. The generous donations will be going to the Friends of Soibada towards projects in East Timor.

On Wednesday, Year 10 PASS students attended Cables Wake Park in Penrith for a wake cable and aqua park session and a lunch was held in our Benedict Learning Centre for all students that participated in the Premier's Reading Challenge 2022.

On Thursday, an employee from Arnott's Biscuits visited our Year 1 Food Technology students and talked about the role the organisation plays in the Australian Food Industry. The presentation was directly related to the unit they are currently studying for their HSC.

On Friday, our VET Construction and VET Entertainment students in Year 10 attended the NSW White Card Course which is a mandatory course for anyone wanting to enter or work on a construction site, whilst our Year 9 Child Studies class visited Dee Why Library to observe and engage with community reading time and to further their understanding of activities that will enhance child development. Students attended the F1 in Schools State Final at the Sydney Motorsport Park in Eastern Creek over three days this week for their STEM project which involved the development, documentation and racing of a model F1 car.

Applications for Year 7, 2025 are open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit

<https://matermaria.nsw.edu.au/enrolments/>.



November is a special time to pray for the dead.

If you would like the names of your deceased loved ones, relatives or friends published in our "Book of Remembrance", please fill in the "November Mass Offering" envelopes and drop it in to the Parish Office or put in any collection baskets.

Each day in November, a Mass will be offered for all those mentioned in our "Book of Remembrance".



All children are welcome to join our Parish Children's Advent Colouring Competition

Be sure to get a copy.

Weekly prizes will be drawn NEXT weekend

after the Masses.

Grand Prizes will be drawn on the

24th of December, Christmas Eve, Children's Masses in both Churches.

Welcome to Pittwater Parish

Xian August Doughan
Margot Daisy Pszczonka

on the
13th of November 2022

Luci Louise Curtis
Sonny James Curtis

Ivy Curtis
Daisy Curtis
Isadora Maria Sharp

on the
20th of November 2022

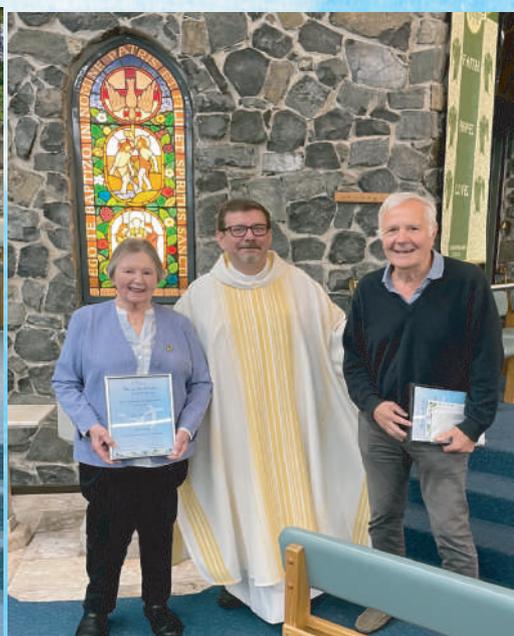
at
Maria Regina Church
Avalon

for the
Sacrament of
Baptism

*2022 CCD Annual Diocesan
Mass for Catechists
5 November 2022
Our Lady of Rosary Cathedral, Waitara*

Congratulations to Jan Wasley (30 Yrs), Margot Quinlan (20 Yrs), Erich Ott (15 Yrs) and Jennifer O'Brian (5 Yrs) on receiving the awards for years of bringing the faith to children as a Catechist and for the commitment and service to our faith community.

If you are interested in joining the ministry, please contact Donita at the Parish Office, 9157 0999 or Maureen Wooldridge 0421 907 469 Veronica Thomas 0417 061 534



**CHRISTMAS MASS
TIMES 2022**

**SATURDAY
24**

**Christmas Eve
Maria Regina Church
6.00 pm
Family Mass**

**9.00 pm
Mass of the Night**

**Sacred Heart Church
School Grounds**

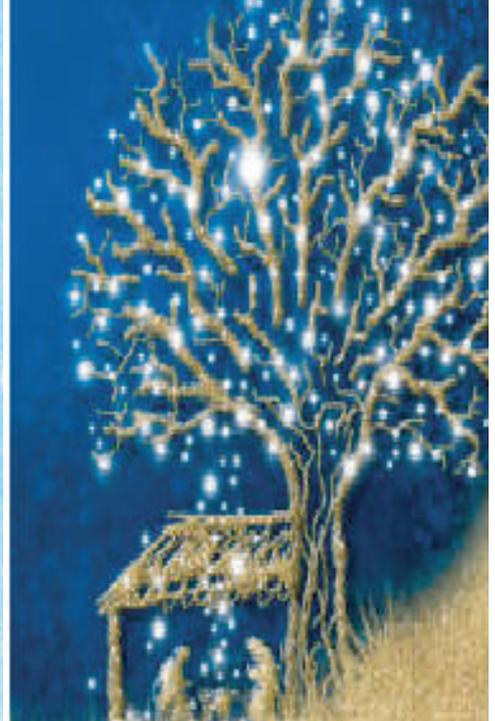
**5.00 pm
Family Mass
9.00 pm
Youth Mass**

**Sacred Heart Church
Midnight Mass**

**SUNDAY
25**

**Christmas Day
Maria Regina Church
9.00 am**

**Sacred Heart Church
8.00 am & 10.00 am**



The *Living* Word

Entrance Antiphon Cf. Ps 24:1-3

To you, I lift up my soul, O my God.
In you, I have trusted; let me not be put to shame.
Nor let my enemies exult over me;
and let none who hope in you be put to shame.

First Reading Is 2:1-5

A reading from the prophet Isaiah
The Lord will gather all nations in eternal peace in the kingdom of God.

The vision of Isaiah son of Amoz, concerning Judah and Jerusalem.
In the days to come
the mountain of the Temple of the Lord shall tower above the mountains and be lifted higher than the hills.
All the nations will stream to it, peoples without number will come to it; and they will say:

‘Come, let us go up to the mountain of the Lord,
to the Temple of the God of Jacob that he may teach us his ways so that we may walk in his paths; since the Law will go out from Zion, and the oracle of the Lord from Jerusalem.’

He will wield authority over the nations and adjudicate between many peoples; these will hammer their swords into ploughshares,
their spears into sickles.
Nation will not lift sword against nation, there will be no more training for war.
O House of Jacob, come,
let us walk in the light of the Lord.

The word of the Lord

Responsorial Psalm

Ps 121:1-2, 4-5, 6-9. R. see v.1.

(R.) Let us go rejoicing to the house of the Lord, the Lord.

I rejoiced when I heard them say:
‘Let us go to God’s house.’
And now our feet are standing within your gates, O Jerusalem. **(R)**

It is there that the tribes go up,
the tribes of the Lord.
For Israel’s law it is,
there to praise the Lord’s name.
There were set the thrones of judgement of the house of David. **(R)**

For the peace of Jerusalem pray:
‘Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!’ **(R)**

For love of my brethren and friends
I say: ‘Peace upon you!’
For love of the house of the Lord
I will ask for your good. **(R)**

Second Reading Rom 13:11-14

A reading from the letter of St Paul to the Romans
The time has come, our salvation is near.

You know ‘the time’ has come: you must wake up now: our salvation is even nearer than it was when we were converted. The night is almost over, it will be daylight soon – let us give up all the things we prefer to do under the cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime: no drunken orgies, no promiscuity or licentiousness, and no wrangling or jealousy. Let your armour be the Lord Jesus Christ.

The word of the Lord.

Gospel Acclamation Ps 84:8

Alleluia, alleluia!

Lord, show us your mercy and love,
and grant us your salvation.

Alleluia!

Gospel Mt 24:37-44

A reading from the holy Gospel according to Matthew

Stay awake, you must be ready.

Jesus said to his disciples: ‘As it was in Noah’s day, so will it be when the Son of Man comes. For in those days before the Flood people were eating, drinking, taking wives, taking husbands, right up to the day Noah went into the ark, and they suspected nothing till the Flood came and swept all away. It will be like this when the Son of Man comes. Then of two men in the fields one is taken, one left; of two women at the millstone grinding, one is taken, one left. ‘So stay awake, because you do not know the day when your master is coming. You may be quite sure of this that if the householder had known at what time of the night the burglar would come, he would have stayed awake and would not have allowed anyone to break through the wall of his house. Therefore, you too must stand ready because the Son of Man is coming at an hour you do not expect.’

The Gospel of the Lord

Communion Antiphon Ps 84:13

The Lord will bestow his bounty, and our earth shall yield its increase.

REFLECTION
by *Dianne Bergant CSA*

We may be accustomed to think of Advent as the time when we prepare for the coming of God, but the readings also train our attention on our own journey to God. We see this most clearly in this first Sunday with readings that tell us the identity of the pilgrims, the destination toward which they travel, and the way of life that is required of them on their journey. As the Vatican Council has proclaimed: We are a pilgrim people. Both the reading from Isaiah and the psalm response speak of the pilgrimage to the mountain of the Lord, the place where God can be found. Although the psalm speaks about Jerusalem and refers to the temple there, the broader theological significance of the mountain, the city and the temple is one and the same. They represent the presence of God in our midst, and this presence is the goal of our striving. There are clear directions about how we are to live while we are on this pilgrimage to God. In Isaiah we learn that we must put away our instruments of violence and hatred, our swords and our spears. Lest we pick them up again, we are told to convert them into life-producing implements, into ploughs and pruning hooks. Paul exhorts us to put away our deeds of darkness and self-indulgence and to clothe ourselves instead in the deeds of Jesus Christ. Matthew points out the need for alertness, attentiveness, a disposition that is open to a change of heart.

© Dianne Bergant CSA



Vinnies

Vinnie Christmas Appeal

The St Vincent De Paul conferences
(Sacred Heart Church, Mona Vale & Maria Regina Church, Avalon)
are again seeking your generosity in supporting our Christmas Appeal.

Your tax deductible donation are in the envelopes provided, may be placed in the poor box at any time. Tax receipts will be issued if requested.

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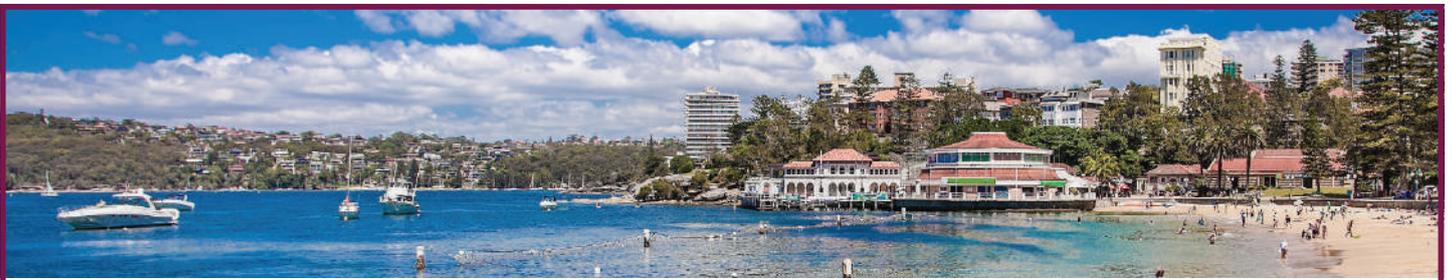
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Advent Prayer for Families

Heavenly Father, your Son,
Jesus, is your greatest
gift to us,
a great sign of your love.
Guide us as we strive to walk
in that love together
as a family this Advent.
As we prepare our hearts for
Christmas,
bring us closer to each other
and to your Son.
Give us the grace and strength
we need every day. Help us to
always trust in you.
Come, Lord Jesus,
lead all people closer to you.
Come and dispel the darkness
of our world with the light of
your love.
Amen.

Thoughts of Fr Francis Jordan

Come and teach me Your will Oh God almighty!
I am ready, but you, Lord, help me.

**A warm welcome to all
our parishioners and**