



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Advent Prayer

Lord Jesus,  
may the light  
of your love always shine  
in our hearts.  
As Christmas draws closer,  
we marvel at your great  
love for us.  
Let your love  
transform every aspect  
of our lives and touch  
everyone we encounter.  
Our hearts are open to  
you, Jesus. Amen.



**POPE FRANCIS' PRAYER  
INTENTION FOR DECEMBER  
Volunteer Not-for-Profit  
Organizations**

We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation.



## Thoughts of Fr Francis Jordan

First I wish you peace with God. Seek to remove all that could disturb this peace...

Be assured, however, that peace sometimes means sacrifices!



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**



You can find us on **Instagram** (pittwater\_parity)

If you have used this bulletin, please take it home with you.

## MASS TIMES

**SACRED HEART CHURCH**  
1 Keenan Street, Mona Vale

**Weekday Masses**  
**Tuesday 8.30am**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**

**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*

**Friday 9.30am**

*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**  
**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**  
4.00pm to 4.30pm Saturday

**Baptism**  
4th Sunday - 11.30am

**MARIA REGINA CHURCH**  
7 Central Road, Avalon

**Weekday Masses**  
**Monday 8am**

**Wednesday 8am**  
**Thursday 10am**

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
**Friday 8am**

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**  
**Saturday Vigil 6.00pm**  
**Sunday 9.00am**

**Reconciliation**  
Before Vigil Mass on Saturday

**Baptism**  
3rd Sunday - 11.00am

## We Pray for

### Deceased Anniversary

*Boris Olivari*  
*Neville Pikulich*

### Recently Deceased

*Susan Major*

If you would like the names of your relatives or friends and offerings included, please drop

### Prayers for the Sick

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Barbara Clarke

Andrew Hood

Jeff Langley

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

## Liturgy for the Week

19/12 **Monday, 4th Week of Advent**  
Judges 13:2-7, 24-25;  
Lk 1:5-25

20/12 **Tuesday, 4th Week of Advent**  
Is 7:10-14; Lk 1:26-38

21/12 **Wednesday, 4th Week of Advent**  
Song 2:8-14; Lk 1:39-45

22/12 **Thursday, 4th Week of Advent**  
1 San 1:24-28; Lk 1:46-56

23/12 **Friday, 4th Week of Advent**  
Mal 3:1-4, 23-24; Lk 1:57-66

24/12 **Saturday, 4th Week of Advent**  
2 Sam 7:1-5, 8-12, 14, 16;  
Lk 1:67-79

## BOOK REVIEW

### The Cross and the Switchblade

by: David Wilkerson



A young preacher from the Pennsylvania hills comes to New York City and influences troubled teenagers with his inspirational message.



## Vinnie Christmas Appeal

The St Vincent De Paul conferences (Sacred Heart Church, Mona Vale & Maria Regina Church, Avalon) are again seeking your generosity in supporting our Christmas Appeal. Your donations are tax deductible. Tax receipts will be issued if requested. Thank you for your generosity.

Parish Reconciliation  
before Christmas,  
Thursday, 22 December 2022  
Sacred Heart Church  
Mona Vale  
MASS at 7 pm  
followed by  
Exposition and Individual  
Reconciliation

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Pittwater

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## GIVING

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# Unwrap the true meaning of Christmas



Christmas commemorates that God entered this world in human form. It is the celebration of the Birth of the Saviour. God has taken on human flesh. Nothing like that had ever taken place previously. Oh, yes, God was very active in the creation of the world and in forming man and woman; further, in the making of a covenant with Israel, God promised to be with and to save them. Jesus is the fulfillment of God's promise. He is God's Word who saves all humanity from the tragic consequences of sin. At His birth in Bethlehem the Infant Jesus was placed in a wooden manger by His loving Virgin Mother, Mary, and her husband, Saint Joseph. That wood would be replaced at the end of His life by the wood of the Cross on which He accomplished salvation. From the Cross, He rose to life. His Birth was a prelude to His Resurrection.

The true meaning of Christmas is that God so loved us that He gave His only begotten Son; that God shared our human condition even to death; that salvation was accomplished by God within the grittiness of life.

This is why the angel announced to the shepherds, "Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David a Saviour has been born for you who is Christ the Lord. And this will be a sign for you: you will find a baby wrapped in swaddling clothes and lying in a manger." To climax this announcement a whole army of angels appeared and sang, "Glory to God in the highest and on earth peace to those on whom His favour rests."

Their angelic song awakens in us a deep longing to experience the closeness of God; a desire to live in a peaceful world; a hope to end suffering and a wish to eliminate grudges and hatred in our relationships with our families, coworkers, and communities. This Christmas we need to unwrap the Saviour, Jesus Christ, whose presence as the Infant of Bethlehem is God's Word to us. God's promise has been kept. "Fear not," the shepherds are reminded. "Fear not," God is with you.

Let us hear this Good, this Very Good News. Let it encourage our faith in God. Let it resonate in our homes and families, among our friends and coworkers. May it be preached from our pulpits. The Saviour is born and He and ONLY HE can take away fears and free us from sin. No one else can; nothing else can do that for you.

For some, Christmas evokes memories, especially of loved ones who have died. Consider Mary in the years after Jesus' death. She understands your pain. Each year after His death on the Cross she surely remembered the day of His birth, that first Christmas. Talk to Mary about whomever you miss this Christmas. She understands what is going on in your heart.

May you unwrap the TRUE MEANING OF CHRISTMAS who is Jesus Christ, the Saviour and Lord. With wishes and prayers for a blessed Christmas and New Year.

*By Bishop Dennis J. Sullivan*  
Catholic Star Herald

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# Parish Directory

## Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

### Parish Priest

**Fr Richard Sadowski SDS**  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### Assistant Priest

**Fr Zygmunt Smigowski SDS**  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### Parish Secretary

**Donita Kerin**  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

### Director of Music

**Josh Willard**  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

### Media & Communication

**Conille Felias**  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

### Sacrament Coordinator

**Sonia Samartin**  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### CCD Catechist Coordinators

**Maureen Wooldridge**

Mobile 0421 907 469

**Veronica Thomas**

Mobile 0417 061 534

### Parish Office Hours

Monday to Thursday

9.00 am to 4.00 pm

Friday

9.00 am to 12.00 pm

### Sacred Heart Church

1 Keenan Street Mona Vale

### Maria Regina Church

7 Central Road Avalon

### MONA VALE

#### Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

### AVALON

#### Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

### WARRIEWOOD

#### Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



WALK IN NEW LIFE

## MATER MARIA CATHOLIC COLLEGE

### Parish Bulletin – Term 4, Week 10

On Monday, we held our Thanksgiving Mass for all students and staff to celebrate the great joy and gratitude of a full school year being together without breaks in education, social and other community events.

On Tuesday, we concluded the school year with a Presentation of Awards for students in Years 7-9. The ceremony was spent highlighting and acknowledging the outstanding achievements of our students.

For the rest of the week, the staff continued to work hard in preparation for 2023 completing mandatory first aid training, reviewing compliance and student achievement, and unpacking the Catholic Schools Broken Bay Catholic charter. It was a busy few days.

In fact it has been a busy year returning to the regular events and activities and a wonderful year full of growth for students and staff.

We are all looking forward to a well-deserved break to come together with family and friends to celebrate the true meaning of Christmas. We would like to take this opportunity to wish all our students, families and the wider Mater Maria community a happy and safe Christmas and New Year.

As this was our final week of term for students, this is our last editorial in the Parish Bulletin for 2022.

Applications for Year 7, 2025 are open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit

<https://matermaria.nsw.edu.au/enrolments/>.



All children are  
welcome to join  
our Parish

### Children's Advent Colouring Competition

Be sure to get a  
copy.

Weekly prizes will  
be drawn on the  
weekend

after the last Mass  
in both Churches.

Grand Prizes will  
be drawn on the  
24th of December,  
Christmas Eve,  
Children's Masses in  
both Churches.

PLEASE PUT YOUR  
ARTWORK IN THE  
CHRISTMAS BOX  
AT THE BACK OF THE  
CHURCHES.

GOOD LUCK!

## CHRISTMAS EVE MASSES

### *We NEED Helpers!*

*Pittwater Parish is renowned for its 5 pm Children's Mass  
Christmas Eve and of course we need lots of helpers and  
children to participate.*

*Would you be able to spare 1 hour of your time on Christmas Eve  
to help set up the chairs for Christmas Eve Masses?*

*We are calling on a team of people to help with setting  
up for the Christmas Eve Masses. We will be doing this  
at 10 am on Saturday, 24th of December.*

*If you could come and help. We would greatly  
appreciate your time.*

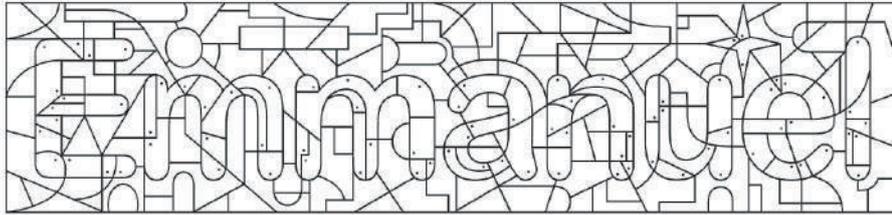
*Please contact SKYE at*

*skye.nolan-brown@dbb.catholic.edu.au*





Colour in the shapes with dots to reveal a special name.



One night, an angel appeared to Joseph in a dream.  
What were some of the things the angel told Joseph?



Follow the branch that extends from King David to the birth of Jesus.

Matthew 1:18-24

© Creative Ministry Resources



Excerpt from  
Bishop Anthony  
Randazzo's  
Christmas Message  
Vox Episcopi  
Voice of the Bishop

"In these remaining days of Advent, may Blessed Mary and Blessed Joseph her spouse, intercede for our world, for families, for married couples, and for unborn babies, as we look forward to the birth of Christ our Saviour."

Blessings and thanks,

+Anthony

## CHRISTMAS MASS TIMES 2022

SATURDAY

24

**Christmas Eve**  
**Maria Regina Church**

6.00 pm  
Family Mass

9.00 pm  
Mass of the Night

**Sacred Heart Church**  
**School Grounds**

5.00 pm  
Family Mass  
9.00 pm  
Youth Mass

**Sacred Heart Church**  
Midnight Mass  
Carols from 11:30 pm

SUNDAY

25

**Christmas Day**  
**Maria Regina Church**  
9.00 am

**Sacred Heart Church**  
8.00 am & 10.00 am

**No Evening Mass**



# The *Living* Word

## Entrance Antiphon

Cf. Is 45:8

Drop down dew from above, you heavens,  
and let the clouds rain down the Just One  
let the earth be opened and bring forth a  
Saviour.

## First Reading

Is 7:10-14

### A reading from the prophet Isaiah

*The virgin will conceive.*

The Lord spoke to Ahaz and said, 'Ask the Lord your God for a sign for yourself coming either from the depths of Sheol or from the heights above.' 'No', Ahaz answered 'I will not put the Lord to the test.'

Then Isaiah said:

'Listen now, House of David:  
are you not satisfied with trying the  
patience of men  
without trying the patience of my God,  
too?'

The Lord himself, therefore,  
will give you a sign.

It is this: the maiden is with child  
and will soon give birth to a son  
whom she will call Immanuel,  
a name which means "God-is-with-us".'

## The word of the Lord

## Responsorial Psalm

Ps 23:1-6. R. see vv 7. 10

### (R.) Let the Lord enter; he is king of glory.

The Lord's is the earth and its fullness,  
the world and all its peoples.  
It is he who set it on the seas;  
on the waters he made it firm. (R)

Who shall climb the mountain of the Lord?  
Who shall stand in his holy place?  
The man with clean hands and pure heart,  
who desires not worthless things. (R)

He shall receive blessings from the Lord  
and reward from the God who saves him.  
Such are the men who seek him,  
seek the face of the God of Jacob. (R)

## Second Reading

Rom 1:1-7

### A reading from the letter of St Paul to the Romans

*Jesus Christ, a descendant of David, is the Son of God.*

From Paul, a servant of Christ Jesus who has been called to be an apostle, and specially chosen to preach the Good News that God promised long ago through his prophets in the scriptures. This news is about the Son of God, who, according to the human nature he took, was a descendant of David: it is about Jesus Christ our Lord who, in the order of the spirit, the spirit of holiness that

was in him, was proclaimed Son of God in all his power through his resurrection from the dead. Through him we received grace and our apostolic mission to preach the obedience of faith to all pagan nations in honour of his name. You are one of these nations, and by his call belong to Jesus Christ. To you all, then, who are God's beloved in Rome, called to be saints, may God our Father and the Lord Jesus Christ send grace and peace.

## The word of the Lord.

## Gospel Acclamation

Mt 1:23

Alleluia, alleluia!

A virgin will give birth to a son;  
his name will be Emmanuel: God is with us.

Alleluia!

## Gospel

Mt 1:18-24

### A reading from the holy Gospel according to Matthew

*Jesus was born of Mary, the betrothed of Joseph, a son of David.*

This is how Jesus Christ came to be born. His mother Mary was betrothed to Joseph; but before they came to live together she was found to be with child through the Holy Spirit. Her husband Joseph, being a man of honour and wanting to spare her publicity, decided to divorce her informally. He had made up his mind to do this when the angel of the Lord appeared to him in a dream and said, 'Joseph son of David, do not be afraid to take Mary home as your wife, because she has conceived what is in her by the Holy Spirit. She will give birth to a son and you must name him Jesus, because he is the one who is to save his people from their sins.' Now all this took place to fulfil the words spoken by the Lord through the prophet:  
The virgin will conceive and give birth to a son  
and they will call him Emmanuel,  
a name which means 'God-is-with-us'.  
When Joseph woke up he did what the angel of the Lord had told him to do: he took his wife to his home.

## The Gospel of the Lord

## Communion Antiphon

Is 7:14

Behold, a Virgin shall conceive and bear a son;  
and his name will be called Emmanuel.

## REFLECTION

by *Dianne Bergant CSA*

*Despite all of the excitement associated with eschatological fulfilment, despite all of the assurance we have that it will be an experience of peace and abundant life, the mystery for which we long requires the risk of faith. Despite all of the times that we have celebrated the Nativity, we still do not have full comprehension and understanding. Still we are invited to enter deeply into the event that is before us. Will we step into a life of deeper faith and commitment, or will we merely participate in the external celebration of the feast? Only we can decide, and only we will really know the decision that we make.*

*The circumstances of our lives influence the way we live out our faith. As Christians, we are called to devote ourselves to the service of Christ. Our primary commitment must be to Christ and to the way of being human that he has shown us. We must be committed to what enriches life and not to what diminishes it. We must be committed to the good of people and not to the hoarding of things. We may not be official heralds of the gospel, but we proclaim our faith in the way we live our lives, in the kindness with which we treat others, in honesty of our business transactions. We proclaim the gospel when we stand for justice, when we forgive those who have offended us, when we show compassion to those who suffer. As we step into the eschatological age, we are called to recommit ourselves to genuine Christian living.*

© Dianne Bergant CSA

## Merry Christmas from Catholic Schools Broken Bay



We wish each of our families every blessing for the Christmas season and a wonderful New Year ahead.

On behalf of the staff at Catholic Schools Broken Bay, we thank you for your support throughout this extraordinary year and we will see you back in 2023.

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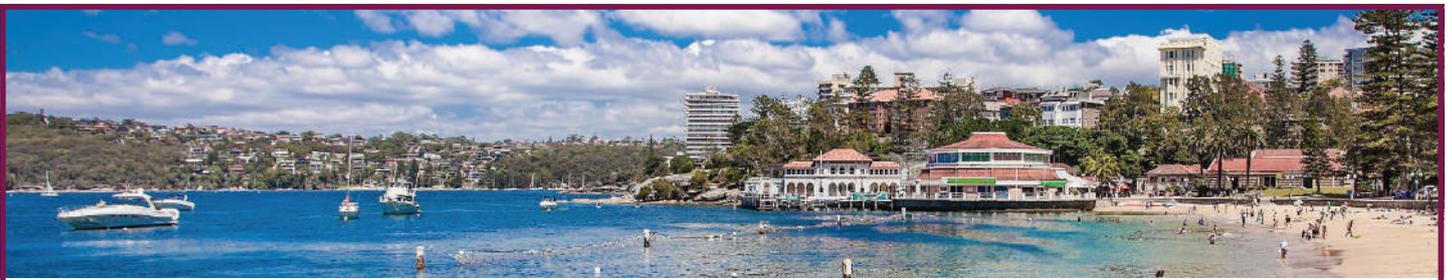
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