



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Prayer for our Faithful Departed

O Lord, we commend the souls of our family members, relations, friends and benefactors.

Almighty and eternal God, from whose love in Christ we cannot be parted, either by death or life.

Hear our prayers and thanksgivings for all whom we remember. Fulfil in them the purpose of Your love and bring them to Your eternal joy.

Through Christ, our Lord.

Amen.



### POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER For Children who Suffer

We pray for children who are suffering, especially those who are homeless, orphans and victims of war; may they be guaranteed access to education and the opportunity to experience family affection.



### Thoughts of Fr Francis Jordan

Reveal to me and teach me Your will Oh God almighty!  
See, I am ready, but you, Lord, help me.



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*



You can find us on **Instagram** (pittwater\_parish)

If you have used this bulletin, please take it home with you.

## MASS TIMES

**SACRED HEART CHURCH**  
1 Keenan Street, Mona Vale

**Weekday Masses**  
**Tuesday 8.30am**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**

**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*  
**Friday 9.30am**  
*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**  
**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**

**4.00pm to 4.30pm Saturday**

**Baptism**

**4th Sunday - 11.30am**

**MARIA REGINA CHURCH**  
7 Central Road, Avalon

**Weekday Masses**

**Monday 8am**

**Wednesday 8am**

**Thursday 10am**

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
**Friday 8am**

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**

**Saturday Vigil 6.00pm**  
**Sunday 9.00am**

**Reconciliation**

**Before Vigil Mass on Saturday**

**Baptism**

**3rd Sunday - 11.00am**

## We Pray for

### Recently Deceased

*Franciszek Smigowski*

*Robert Patrick*

*"Bob"*

*Johnson*

*John Chubb*

If you would like the names of your relatives or friends and offerings included, please

### Prayers for the Sick

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

## Liturgy for the Week

**21/11 Monday, The Presentation of the Blessed Virgin Mary**  
Rev 14:1-5; Lk 21:1-4

**22/11 Tuesday, St Cecilia**  
Rev 14:14-19; Lk 21:5-11

**23/11 Wednesday in Ordinary Time 34**  
Rev 15:1-4; Lk 21:12-19

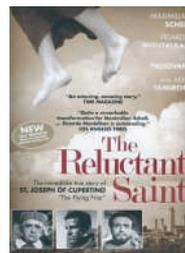
**24/11 Thursday, Sts Andrew & Dung-Lac**  
Rev 18:1-2, 21-23, 19:1-3, 9; Lk 21:20-28

**25/11 Friday in Ordinary Time 34**  
Rev 20:1-4, 11 - 21:2; Lk 21:29-33

**26/11 Saturday in Ordinary Time 34**  
Rev 22:1-7; Lk 21:34-36

## BOOK REVIEW

**The Reluctant Saint,**  
*The story of St. Joseph of Cupertino (DVD):*



At his mother's request, Montalban, her brother, reluctantly accepts his nephew into the monastery where we see one calamity after another.

## CHANGES FOR MASS SCHEDULES THIS WEEK

**MONDAY- 8 am at Maria Regina Church**

**TUESDAY- 8:30 am Adoration**

**9:30 am Mass at Sacred Heart Church**

**WEDNESDAY- 8 am Communion Service at Maria Regina Church**

**- 9:30 am Mass at Sacred Heart Church**

**THURSDAY- 10 am Mass at Maria Regina Church**  
**- 7 pm Communion Service at Sacred Heart and Adoration at 7:30 - 9 pm**

**FRIDAY- 8:00 am Communion Service at Maria Regina Church**

**9:30 am Mass at Sacred Heart Church**

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

## GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

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<https://brokenbay.goodgiving.com.au>



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[www.catholiccareob.org.au](http://www.catholiccareob.org.au)

***Congratulations to all the children who have received the Sacrament of the First Holy Eucharist at Maria Regina Church and Sacred Heart Church.***

***May they always know the peace of Jesus, the light of His love and the joy of His life within them.***



Every gift makes a difference to someone in hospital, school, a parish or the wider community.

Your generous donations help with vital fee assistance to families in our Catholic community.

To donate, complete the Pastoral Works collection envelopes in the back of the churches or visit [bbcatholic.org.au/pastoralworks](http://bbcatholic.org.au/pastoralworks)

**PASTORAL WORKS Broken Bay**

**Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.**

In supporting our pastoral works you are helping our dedicated catechists provide thousands of state school students with a Catholic education; and helping us provide comfort, care, a listening ear and the sacraments to those who are vulnerable or experiencing loneliness, illness and isolation through our hospital chaplaincy program.

Our pastoral works also assist students with disability achieve their dreams, and provides practical support for the deaf community.

Your gift does make a difference. It maybe young people in schools, someone in hospital, a parish or the wider community.

My prayer is that Pastoral Works Broken Bay enables us to reach further and wider in helping our community, and more deeply connects us to our vision and the mission of Jesus. I am deeply grateful for your support.

**Most Rev Anthony Randazzo DD JCL,  
Bishop of Broken Bay**



CATHOLIC DIOCESE OF BROKEN BAY



**Thank you for your generosity**

For many in our community, your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support five ministries:



**Hospital Chaplaincy & Pastoral Care Practitioners**

Helping those who are vulnerable, experiencing loneliness or sick in hospital.



**Confraternity of Christian Doctrine**

Catechists taking the gospel to State school students.



**St Lucy's School**  
Serving year K-12 students with disability.



**St Edmund's College**  
Serving year 7-12 students with disability.



**Ephpheta Centre**  
Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 67 849 944 998  
To donate, complete the form in the envelope available in your parish and return to your parish.  
Or go online by scanning the QR code and visiting: [bbcatholic.org.au/pastoralworks](http://bbcatholic.org.au/pastoralworks). Thank you.

**Thank you and God bless you for your generosity.**

# Parish Directory

## Pittwater Parish

1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999

### Parish Priest

**Fr Richard Sadowski SDS**  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### Assistant Priest

**Fr Zygmunt Smigowski SDS**  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### Parish Secretary

**Donita Kerin**  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

### Director of Music

**Josh Willard**  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

### Media & Communication

**Conille Felias**  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

### Sacrament Coordinator

**Sonia Samartin**  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### CCD Catechist Coordinators

**Maureen Wooldridge**

Mobile 0421 907 469

**Veronica Thomas**

Mobile 0417 061 534

### Parish Office Hours

Monday to Thursday

9.00 am to 4.00 pm

Friday

9.00 am to 12.00 pm

### Sacred Heart Church

1 Keenan Street Mona Vale

### Maria Regina Church

7 Central Road Avalon

### MONA VALE

#### Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

### AVALON

#### Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

### WARRIEWOOD

#### Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



WALK IN NEW LIFE

## MATER MARIA CATHOLIC COLLEGE

### Parish Bulletin – Term 4, Week 6

On Monday we held a cake stall to raise money for the Friends of Soibada who help support numerous projects from education, maternal health, girls hygiene, sanitation and water projects. Our students also participated in the annual Mater Chess Tournament. Over forty students in varying years competed against each other to earn points for their Houses. On Tuesday, Our Year 7 students experienced an incursion which allowed students to explore ancient Egyptian artefacts and partake in practical activities related to the ancient civilisation. Our Year 10 students completed the 'HSC: All My Own Work' program which is designed to help HSC students follow the principles and practices of good scholarship required in Stage 6 and beyond. We also held our information evening for Year 12, 2023 students and their parents. On Wednesday, we held our Year 10 Spirituality Day which was a wonderful faith formation opportunity as they transition into Year 11. They participated in workshops with Youth Mission Team Australia. We also held our Year 11 Presentation of Awards to celebrate the unique achievements of our students. This is a wonderful time of year for our College as we have the opportunity to celebrate student success, recognise excellence and acknowledge special contributions that enrich our College. On Friday, our Year 10 PASS students attended an exciting recreation excursion to the Penrith Cable Wake Boarding Park. Applications for Year 7, 2025 are open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.

RED Wednesday

23 November 2022

Supporting Persecuted Christians



#### NOVEMBER OFFERINGS



### November is a special time to pray for the dead.

If you would like the names of your deceased loved ones, relatives or friends published in our "**Book of Remembrance**"; please fill in the "November Mass Offering" envelopes and drop it in to the Parish Office or put in any collection baskets.

Each day in November, a Mass will be offered for all those mentioned in our "**Book of Remembrance**".



All children are welcome to join our Parish **Children's Advent Colouring Competition**

It will be in the Children's Bulletin every weekend starting

26th of November  
Be sure to get a copy.

Weekly prizes will be drawn every Saturday, after the Mass.

Grand Prizes will be drawn on the 24th of December, Christmas Eve, Children's Masses in both Churches.

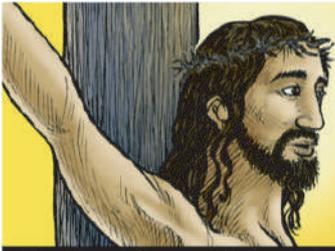


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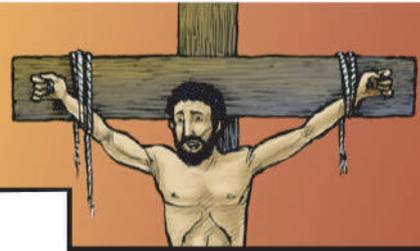
## Salvatorian Seminary Appeal

Thank you for your support and generosity. We have raised \$4,060. Your contributions helps to further our mission through the upkeep of our seminaries in Poland and the Philippines. It will also help our East Timores seminarians who will be working in Australia. You truly make a difference for us, and we are extremely grateful.

Fr Richard & Fr Zyga



# Jesus Christ is King forever



**Our Lord Jesus Christ, King of the Universe – Year C**

Throughout our history there have been kings who were selfish, arrogant and cruel towards their people, while other kings have been kind and wise leaders who have protected their people. What kind of a king is Jesus Christ and how does he treat his people?



Jesus showed his love for us by suffering, dying and rising again so that we too may enter the kingdom of God. Draw a picture of yourself doing something that shows Jesus how you are thankful for the sacrifice he made.

**Place a cross + next to the words that best describe Christ the King**

POWERFUL

UNJUST

SELFISH

COMPASSIONATE

MERCIFUL

GREEDY

LOVING

DISRESPECTFUL

PROTECTING

FORGIVING



# The *Living* Word

**Entrance Antiphon** Rv 5:12; 1:6

How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honour. To him belong glory and power for ever and ever.

**First Reading** 2 Sm 5:1-3

**A reading from the second book of Samuel**

*They anointed David king of Israel.*

All the tribes of Israel came to David at Hebron. 'Look' they said 'we are your own flesh and blood. In days past when Saul was our king, it was you who led Israel in all their exploits; and the Lord said to you, "You are the man who shall be shepherd of my people Israel, you shall be the leader of Israel."' So all the elders of Israel came to the king at Hebron, and King David made a pact with them at Hebron in the presence of the Lord, and they anointed David king of Israel.

**The word of the Lord**

**Responsorial Psalm** Ps 121:1-5. R. see v.2

**(R.) Let us go rejoicing to the house of the Lord.**

I rejoiced when I heard them say: 'Let us go to God's house.' And now our feet are standing within your gates, O Jerusalem. **(R)**

Jerusalem is built as a city strongly compact. It is there that the tribes go up, the tribes of the Lord. **(R)**

For Israel's law it is, there to praise the Lord's name. There were set the thrones of judgement of the house of David. **(R)**

**Second Reading** Col 1:12-20

**A reading from the letter of St Paul to the Colossians**

*He has taken us into the kingdom of his beloved Son.*

We give thanks to the Father who has made it possible for you to join the saints and with them to inherit the light. Because that is what he has done: he has taken us out of the power of darkness and created a place for us in the kingdom of the Son that he loves, and in him, we gain our freedom, the forgiveness of our sins. He is the image of the unseen God and the first-born of all creation, for in him were created all things in heaven and on earth: everything visible and everything invisible, Thrones, Dominations, Sovereignities,

Powers – all things were created through him and for him. Before anything was created, he existed, and he holds all things in unity. Now the Church is his body, he is its head. As he is the Beginning, he was first to be born from the dead, so that he should be first in every way; because God wanted all perfection to be found in him and all things to be reconciled through him and for him, everything in heaven and everything on earth, when he made peace by his death on the cross.

**The word of the Lord.**

**Gospel Acclamation** Mk 11:9. 10

Alleluia, alleluia!

Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord. Alleluia!

**Gospel** Lk 23:35-43

**A reading from the holy Gospel according to Luke**

*Lord remember me when you come into your kingdom.*

When some were talking about the Temple, remarking how it was adorned with fine stonework and votive offerings, Jesus said, 'All these things you are staring at now – the time will come when not a single stone will be left on another: everything will be destroyed.' And they put to him this question: 'Master,' they said, 'when will this happen, then, and what sign will there be that this is about to take place?' 'Take care not to be deceived,' he said, 'because many will come using my name and saying, "I am he" and, "The time is near at hand." Refuse to join them. And when you hear of wars and revolutions, do not be frightened, for this is something that must happen but the end is not soon.' Then he said to them, 'Nation will fight against nation, and kingdom against kingdom. There will be great earthquakes and plagues and famines here and there; there will be fearful sights and great signs from heaven.

'But before all this happens, men will seize you and persecute you; they will hand you over to the synagogues and to imprisonment, and bring you before kings and governors because of my name – and that will be your opportunity to bear witness. Keep this carefully in mind:

you are not to prepare your defence, because I myself shall give you an eloquence and a wisdom that none of your opponents will be able to resist or contradict. You will be betrayed even by parents and brothers, relations and friends; and some of you will be put to death. You will be hated by all men on account of my name, but not a hair of your head will be lost. Your endurance will win you your lives.'

**The Gospel of the Lord**

**Communion Antiphon** Lk 23:35-43

The Lord sits as King for ever. The Lord will bless his people with peace.

**REFLECTION**  
*by Dianne Bergant CSA*

*This feast celebrates the power and authority of Christ by creating a collage of images that capture one or more characteristics of Christ's kingship. Each image reinterprets the concept of king, investing it with new meaning. Gathered together they create a kind of litany that extols the kingship of Christ. Shepherd and commander call to mind the care and protection that Christ lavishes on those who place themselves under his care. King of Israel is a sign of universal rule. Image of the Invisible God acclaims the divine origin of Christ and of the rule that he exercises over all. First born of all Creation places Christ over the entire created world. Source of all Created Things acknowledges both the sovereignty of Christ and his importance as the model after which all things were fashioned. Head of the Body, the Church underscores the intimacy and interrelationship that exist between Christ and all those who are joined to him through faith and baptism. Firstborn of the Dead not only acclaims Christ's resurrection, but it also guarantees the resurrection of those who will follow him into death. Crucified King is clearly the image that reinterprets all other images. The entire liturgical year is brought to completion in the last words of the gospel: 'Today you will be with me in Paradise.' These are the words that we all long to hear, words that are empty when coming from one who has no authority, but charged with power when spoken by the one who is king over us all.*

© Dianne Bergant CSA

*"With God, all things  
are possible."  
Matthew 19:26*

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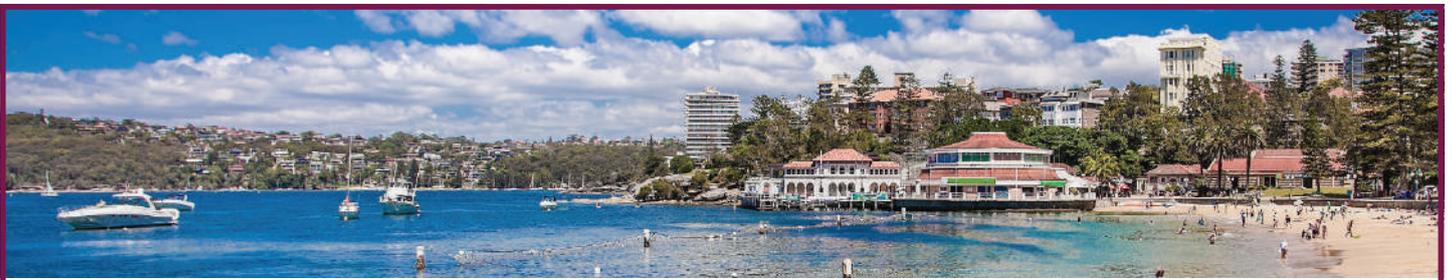


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DIOCESE OF  
BROKEN BAY**

**I have called  
you to renew  
and rebuild.**

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