



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



An Advent Prayer for Families

God of love,
Your son, Jesus,
is Your greatest gift to us.
He is a sign of Your love.
Help us walk in that love during
the weeks of Advent,
as we wait and prepare for
His coming.
We pray in the name of Jesus,
our Saviour.
Amen.



POPE FRANCIS' PRAYER INTENTION FOR DECEMBER
Volunteer Not-for-Profit Organizations

We pray that volunteer non-profit organizations committed to human development find people dedicated to the common good and ceaselessly seek out new paths to international cooperation.



Thoughts of Fr Francis Jordan

O Lord, help me, show me the way! Without you, I can do nothing.
I hope all things from You. In you, O Lord, I have hoped,
I will not be confounded for ever.



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. **Please use the hand sanitisers provided in both of our Churches.**



You can find us on **Instagram** ([pittwater_parish](https://www.instagram.com/pittwater_parish))

If you have used this bulletin, please take it home with you.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am

Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

We Pray for

Recently Deceased

Barbara Elizabeth Brown

John Chubb

Tim Murphy

If you would like the names of your relatives or friends and offerings included, please

Prayers for the Sick

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Barbara Clarke

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

Liturgy for the Week

05/12 Monday, 2nd Week of Advent
Is 35:1-10; Lk 5:17-26

06/12 Tuesday, 2nd Week of Advent
Is 40:1-11; Mt 18:12-14

07/12 Wednesday, St Ambrose
Is 40:25-31; Mt 11:28-30

08/12 Thursday, The Immaculate Conception of the Blessed Virgin Mary
Gen 3:9-15,20; Lk 1:26-38

02/12 Friday, 2nd Week of Advent
Is 48:17-19; Mt 11:16-19

02/12 Saturday, 2nd Week of Advent
Sirach 48:1-4, 9-11; Mt 17:10-13

BOOK REVIEW

Adventures in Prayer

by: Catherine Marshall



This is a classic that can guide you to a more joyous faith. Anyone who has ever yearned for a vibrant prayer life will find this book packed with powerful insights and godly wisdom.

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Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

GIVING

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

LIVESTREAMS
READINGS
NEWS

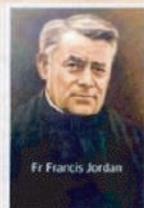
Available on the **App Store**

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<https://brokenbay.goodgiving.com.au>

SALVATORIAN FOUNDATION DAY

CELEBRATION MASS



Fr Francis Jordan

On 8 December 1881, in the Chapel of St Brigida of Sweden in Rome, Fr Francis Jordan and three other priests took private vows as members of the Apostolic Teaching Society. This crucial date is the foundation day of the Salvatorians.

YOU ARE INVITED TO JOIN IN THIS CELEBRATION

MASS 7:00pm Thursday, 8 December 2022 Followed by light supper

Pymble Parish Sacred Heart Pymble 2 Richard Porter Way Pymble

REMINDER

NO 7 PM MASS on Thursday, 8th of December

but there will be **ADORATION**
8:30 AM
MASS
9:30 AM
at **SACRED HEART CHURCH**



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Sue Simons on 0426 616 631
or email her at
sbsimons.simons@gmail.com



Father Zyga would like to thank everyone for the kind thoughts and prayers on the passing of his beloved Father last month.

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bbatholic.org.au/pastoralworks



Thank you and God bless you for your generosity.



**Vinnie Christmas
Appeal**

The St Vincent De Paul conferences (Sacred Heart Church, Mona Vale & Maria Regina Church, Avalon) are again seeking your generosity in supporting our Christmas Appeal. Your donations are tax deductible. Tax receipts will be issued if requested.

Thank you for your generosity.



Sacramental Program 2023- Update
Special thanks to all the facilitators and coordinators who have helped in preparing the children for the Sacraments this year.

We are pleased to announce the following Sacramental Program for 2023. The exact dates and further information will become available soon:

- Term 1 Reconciliation
(for Year 4 students and above who have been Confirmed)
- Term 2 Confirmation
(for Year 3 students and above who have been Baptised)
- Term 3 First Eucharist
(for Year 4 students and above who have received Reconciliation)

If you have any questions, please contact
Sonia on sacraments@pittwaterparish.org

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Parish Office Hours

Monday to Thursday

9.00 am to 4.00 pm

Friday

9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale

Maria Regina Church

7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



MATER MARIA CATHOLIC COLLEGE

Parish Bulletin – Term 4, Week 8

Our Year 10 students spent the week participating in a variety of activities. These included excursions to Tree Tops Adventure St Ives, Mona Vale Beach and kayaking on Narrabeen Lake or walking around it, as well as a number of presentations about life skills, internet safety and Be Smart Money just to name a few. Our VET and PDHPE students also attended a First Aid course which is needed in readiness for their respective Preliminary courses.

Tuesday was a busy day of sport at the College. All Year Groups interested in tennis attended the BBSSEA Tennis Competition at the Queenwood Tennis and Sports Centre. The BBSSEA Beach Volleyball Competition for Year 11 students took place on Manly Beach. Whilst students in Year Groups 7, 8 and 9 attended the Manly League Tag Gala Day to compete against other Northern Beaches schools at North Narrabeen Reserve.

Also on Tuesday, our Year 11 students spent the day preparing food for our Thanksgiving Liturgy. This was a wonderful opportunity to thank the College Advisory Board, Parents in Partnership and College volunteers for their support this year. We also met the new staff joining the College in 2023 who will be great additions to the Mater Maria community.

On Wednesday, several students from each Year Group participated in a photo shoot to help promote the College for Open Day 2023. It was a wonderful day, and much fun was had by the students involved as they enjoyed interacting with each other throughout the day.

On Thursday, Year 12 students travelled to the city to explore the urban dynamics of renewal and consolidation and observe the impacts of urban renewal through gentrification in Barangaroo.

On Friday, Year 8 students worked through a series of stations throughout the Warriewood Valley Wetlands area to strengthen their knowledge and understanding of the topic of Place and Liveability.

Applications for Year 7, 2025 are open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.



All children are welcome to join our Parish

Children's Advent Colouring Competition

Be sure to get a copy.

Weekly prizes will be drawn on the weekend

after the last Mass in both Churches.

Grand Prizes will be drawn on the 24th of December, Christmas Eve,

Children's Masses in both Churches.

PLEASE PUT YOUR ARTWORK IN THE CHRISTMAS BOX AT THE BACK OF THE CHURCHES.

GOOD LUCK!

Welcome to Pittwater Parish

**Louis Newby
Kobie Adam Thiele
Roksen Jack Thiele
Annabelle Dravitzki
Thomas Dravitzki**

on the
27th of November 2022

at
**Sacred Heart Church
Mona Vale**

for the
**Sacrament of
Baptism**

Pittwater Parish
Christmas
Carols and Dinner
18 December
2022

We take this opportunity to invite all our parishioners and to thank all our volunteers in the Parish especially Senior Servers, Junior Servers, Lectors, Communion Ministers, Counters, Wardens, Musicians, Children's Liturgy, all who contribute to our Planned Giving and those who consistently give their time and effort generously to our Parish.

Let us celebrate the joy of Christmas and the gift of love on

Sunday, 18th December at 7 pm
Sacred Heart Church,
Mona Vale
Please RSVP

by writing your names on the list
at the back of the Churches by
Monday, 12 December 2022
FOR CATERING PURPOSES

Bring your angelic voices and your best desserts
and drinks to share.

**CHRISTMAS MASS
TIMES 2022**

**SATURDAY
24**

**Christmas Eve
Maria Regina Church**
6.00 pm
Family Mass

9.00 pm
Mass of the Night

**Sacred Heart Church
School Grounds**
5.00 pm
Family Mass
9.00 pm
Youth Mass

Sacred Heart Church
Midnight Mass

**SUNDAY
25**

**Christmas Day
Maria Regina Church**
9.00 am

Sacred Heart Church
8.00 am & 10.00 am

Christmas Eve Masses

We NEED Helpers!

Pittwater Parish is renowned for its 5pm Children's Mass on Christmas Eve and of course we need lots of helpers and children to participate.

Would you be able to spare one hour of your time on Christmas Eve to help set up the chairs for Christmas Eve Mass?

We are calling on a team of people to help with setting up for the Christmas Eve Mass.

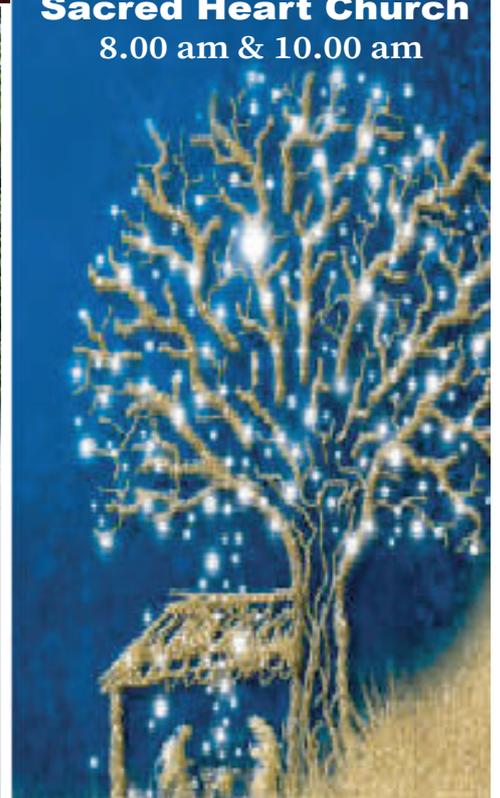
We will be doing this at 10 am on Christmas Eve.

If you could come and help.

We would greatly appreciate your time.

Please contact SKYE at

skye.nolan-brown@dbb.catholic.edu.au



The *Living* Word

Entrance Antiphon Cf. Is 30:19,30

O people of Sion, behold,
the Lord will come to save the nations,
and the Lord will make the glory of his
voice heard in the joy of your heart.

First Reading Is 11:1-10

A reading from the prophet Isaiah
He judges the poor with justice.

A shoot springs from the stock of Jesse,
a scion thrusts from his roots:
on him the spirit of the Lord rests,
a spirit of wisdom and insight,
a spirit of counsel and power,
a spirit of knowledge and of the fear of
the Lord.
(The fear of the Lord is his breath.)
He does not judge by appearances,
he gives no verdict on hearsay,
but judges the wretched with integrity,
and with equity gives a verdict for the
poor of the land.
His word is a rod that strikes the ruthless,
his sentences bring death to the wicked.
Integrity is the loincloth round his waist,
faithfulness the belt about his hips.
The wolf lives with the lamb,
the panther lies down with the kid,
calf and lion cub feed together
with a little boy to lead them.
The cow and the bear make friends,
their young lie down together.
The lion eats straw like the ox.
The infant plays over the cobra's hole;
into the viper's lair
the young child puts his hand.
They do no hurt, no harm,
on all my holy mountain,
for the country is filled with the
knowledge of the Lord
as the waters swell the sea.
That day, the root of Jesse
shall stand as a signal to the peoples.
It will be sought out by the nations
and its home will be glorious.

The word of the Lord

Responsorial Psalm

Ps 71:1-2. 7-8. 12-13. 17. R. cf. v.7

**(R.) Justice shall flourish in his time,
and fullness of peace for ever.**

O God, give your judgement to the king,
to a king's son your justice,
that he may judge your people in justice
and your poor in right judgement. **(R)**

In his days justice shall flourish
and peace till the moon fails.
He shall rule from sea to sea,
from the Great River to the earth's
bounds. **(R)**

For he shall save the poor when they cry
and the needy who are helpless.
He will have pity on the weak
and save the lives of the poor. **(R)**

May his name be blessed for ever
and endure like the sun.
Every tribe shall be blessed in him,
all nations bless his name. **(R)**

Second Reading Rom 15:4-9

**A reading from the letter of St Paul to
the Romans**

Christ, the hope of all people.

Everything that was written long ago in
the scriptures was meant to teach us
something about hope from the examples
scripture gives of how people who did
not give up were helped by God. And
may he who helps us when we refuse to
give up, help you all to be tolerant with
each other, following the example of
Christ Jesus, so that united in mind and
voice you may give glory to the God and
Father of our Lord Jesus Christ.

It can only be to God's glory, then, for
you to treat each other in the same
friendly way as Christ treated you. The
reason Christ became the servant of
circumcised Jews was not only so that
God could faithfully carry out the
promises made to the patriarchs, it was
also to get the pagans to give glory to
God for his mercy, as scripture says in
one place: For this I shall praise you
among the pagans and sing your name.

The word of the Lord.

Gospel Acclamation Lk 3:4. 6

Alleluia, alleluia!

Prepare the way of the Lord, make
straight his paths:
all people shall see the salvation of God.

Alleluia!

Gospel Mt 3:1-12

**A reading from the holy Gospel
according to Matthew**

*Repent, for the kingdom of heaven is
close at hand.*

In due course John the Baptist appeared;
he preached in the wilderness of Judaea
and this was his message: 'Repent, for
the kingdom of heaven is close at hand.'
This was the man the prophet Isaiah
spoke of when he said:

A voice cries in the wilderness:

Prepare a way for the Lord,
make his paths straight.

This man John wore a garment made of
camel-hair with a leather belt round his
waist, and his food was locusts and wild
honey. Then Jerusalem and all Judaea
and the whole Jordan district made their
way to him, and as they were baptised by
him in the river Jordan they confessed
their sins. But when he saw a number of
Pharisees and Sadducees coming for
baptism he said to them, 'Brood of
vipers, who warned you to fly from the
retribution that is coming? But if you are
repentant, produce the appropriate fruit,
and do not presume to tell yourselves,

"We have Abraham for our father,"
because, I tell you, God can raise
children for Abraham from these stones.
Even now the axe is laid to the roots of
the trees, so that any tree which fails to
produce good fruit will be cut down and
thrown on the fire. I baptise you in water
for repentance, but the one who follows
me is more powerful than I am, and I am
not fit to carry his sandals; he will
baptise you with the Holy Spirit and fire.
His winnowing-fan is in his hand; he will
clear his threshing-floor and gather his
wheat into the barn; but the chaff he will
burn in a fire that will never go out.'

The Gospel of the Lord

Communion Antiphon Bar 5:5; 4:36

Jerusalem, arise and stand upon the
heights,
and behold the joy which comes to you
from God.

REFLECTION
by Dianne Bergant CSA

*Today's readings are like Chaucer's
Canterbury Tales. The biblical authors
sketch profiles of individuals after whom
we can model our lives as we embark on
our pilgrimage to eschatological
fulfilment. Isaiah depicts the righteous
messianic king; Paul provides us with a
glimpse of Jesus, the one who ministers
to all; and Matthew describes John the
Baptist, the prophet who prepared for the
Advent of Christ.*

*The gifts Isaiah attributes to the
messianic king are the same gifts that we
receive with the anointing of the Spirit:
wisdom, understanding, counsel,
fortitude, knowledge, piety and fear of
the Lord. The image of the messianic
king may have been fulfilled in Jesus, but
it is also offered to us as a model after
which we can pattern our lives.
Paul declares that Christ came for all.
Just as the Canterbury tales describe
pilgrims of all backgrounds and
characters, so our companions on the
pilgrimage come from diverse
circumstances. Since the invitation was
extended to all, we are expected to
welcome all. Some of Chaucer's
characters were quite unpleasant, but
they were part of the group. Many of the
people to whom Jesus ministered were
quite unpleasant, but this did not deter
him. His example is set before us today.
John the Baptist lived a life of radical
self-denial, but he did not require this of
others. He preached repentance or
change of heart, not a rejection of the
circumstances of life. He called for a
return to righteousness, to relationships
rooted in honesty and respect. He
condemned presumption and arrogant
reliance on one's religious origin,
complacency and the shirking of
responsibility, disinterest in the welfare
of others.*

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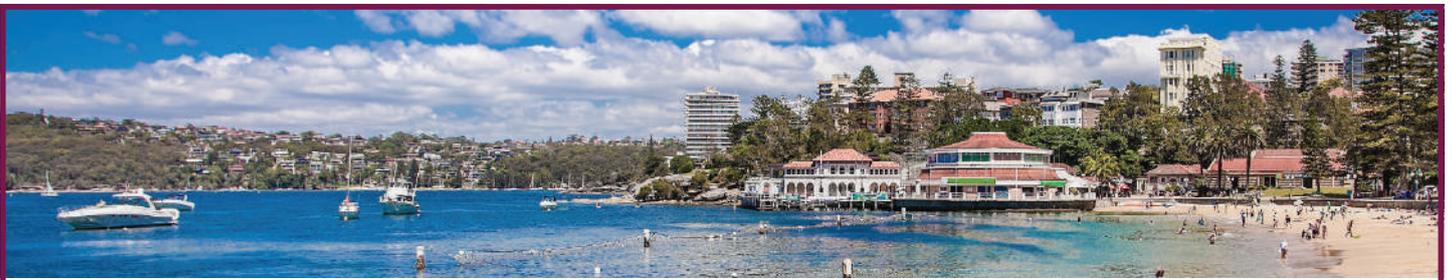


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