



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Mary MacKillop Prayer

Ever-generous God,
You inspired St Mary MacKillop
to live her life faithful
to the Gospel of Jesus Christ
and constant in bringing hope
and encouragement
to those who were disheartened,
lonely or needy.

With confidence in your
generous providence and joining
with St Mary MacKillop, we ask
that you grant our
request....(name your request).

We ask that our faith and hope
be fired afresh by the Holy Spirit
so that we too, like Mary
MacKillop, may live with courage,
trust, and openness.

Ever-generous God,
hear our prayer.
We ask this through Jesus Christ.

Amen.

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Nihil Obstat Sydney April 2009. Reprinted with
permission.



Thoughts of Bl Francis Jordan

As long as there is one person on earth who does not know God and does not love God above all things, you dare not allow yourself a moment's rest.



Pope Francis' Prayer Intentions For August



The Church

Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.



We will livestream our 10am Mass this Sunday so that all are able to join in Spiritual Communion with us as a parish family of Pittwater. To join the livestreaming please visit our parish website
<https://www.bbcatholic.org.au/pittwater/news-events/parish-news/livestream-our-weekend-masses>

Due to NSW Government restrictions, our Churches are closed until further notice.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Online



You can find us on Instagram
(pittwater_parish)

PARISH DIRECTORY

Pittwater Parish
1 Keenan Street Mona Vale NSW 2103
Tel 9157 0999
www.pittwaterparish.org

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Parish Office Hours
Monday to Thursday
9.00am to 4.00pm
Friday 9am to 12 noon

Sacred Heart Church
1 Keenan Street Mona Vale

Maria Regina Church
7 Central Road Avalon

Mona Vale
Sacred Heart School
Tel 9999 3264
Principal: Mrs Suellen Garey

Avalon
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

Warriewood
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

We Pray for the Souls of

Matthew Williams
George Seve
Iris Evans
Josephine Caruana
Frances Vines
Iris Evans
Neil De Landre

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Recently Deceased

Peter McGowan

Prayers for the Sick

Philip Maddrell
Gail Reiher
Imelda Vince
Ben Castillo
Maira Howie
Christine Hills
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carroddus
Pat Regan
Robyn Sheather
Candida Hernandez
Chin Quang Le
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio
Annette Davis
Andrew Hood
Jeff Langley
Peter Vorlicek
Warwick Chipman
Erin Ocampo
Mark Lindfield
Vicky Kalingasan
Cos Coniglio
Bill Eyre
Brian Gregan
Marian Poe
Marcia Bailey
Bec Burroughs
Mansour Sukkar
Trish Newman
Susan Hickey
Sophia Burfitt
Anne Gerathy
Margaret De Landre

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

Special Intentions (Birthdays)

Dean De Landre
Leanne Jones

St Mary of the Cross MacKillop Feast Day - 8 August



No Masses will be celebrated at Mary MacKillop Place. The Chapel remains closed. Prayer resources are available on the website - <https://www.marymackillopplace.org.au/feast-day-resources/>

Fan the Flame

Towards Plenary Assembly
One October 2021

'Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well'

Matthew 6:25-34

The Church signifies and builds up the shared life of God's kingdom. This calls all members of the Church to continual conversion from self-serving egoism to self-giving love and a willingness to "bear each other's burdens" (Gal 6:2).

(Instrumentum Laboris #83)

www.plenarycouncil.catholic.org.au/fanthe flame/



To read the messages from Bishop Anthony and from the people Vox Populi please go to www.pittwaterparish.org. News and events tile and Messages from Bishop Anthony on the drop down menu.

BOOK REVIEW

Reading the Clouds by Anthony J. Gittins



It is not just about weather forecasts but rather a Mission of Spirituality for New Times to explain our roles as Christians in this world



News from the Catholic Diocese of Broken Bay

BBNews eNewsletter

BBNews is a fortnightly newsletter with news stories from across the Diocese. Complementing the quarterly Broken Bay News magazine, BBNews will highlight the activity and stories of the Church in Broken Bay and beyond. You can subscribe on the website <https://www.bbcatholic.org.au/news-events/bbnews/bbnews-subscription>

Watch the daily Mass on Demand from Broken Bay's Cathedral at

<https://www.youtube.com/channel/UCNenwlf7i14XB9TsVBrLyQ>

We hope that this will help the faithful to celebrate the Holy Mass online wherever you are



Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

PLANNED GIVING

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information. Our donations can be made on our website:

www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



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Saint Mary MacKillop's Story



If Saint Mary MacKillop were alive today, she would be a household name. It's not that she sought the limelight. On the contrary, she simply wanted to serve the poor wherever she found them in her native Australia. But along the way, she managed to arouse the ire of some rather powerful churchmen. One even excommunicated her for a time.

Born in Melbourne in 1842, to parents who had emigrated from Scotland, Mary grew up in a family that faced constant financial struggles. As a young woman she was drawn to religious life

but could not find an existing order of Sisters that met her needs. In 1860, she met Father Julian Woods, who became her spiritual director. Together they founded a new community of women—the Sisters of St. Joseph of the Sacred Heart, also known as the Josephite Sisters. Its members were to staff schools especially for poor children, as well as orphanages, and do other works of charity.

As the congregation grew, so did Mary MacKillop's problems. Her priest-friend proved unreliable in many ways and his responsibilities for direction of the Sisters were removed. Meanwhile, Mary had the support of some local bishops as she and her Sisters went about their work. But the bishop in South Australia, aging and relying on others for advice, briefly excommunicated Mary—charging her with disobedience—and dispensed 50 of her Sisters from their vows. In truth, the bishop's quarrel was about power and who had authority over whom. He ultimately rescinded his order of excommunication.

Mary insisted that her congregation should be governed by an elected mother general answerable to Rome, not to the local bishop. There also were disputes about whether or not

the congregation could own property. In the end, Rome proved to be Mary's best source of support. After a long wait official approval of the congregation—and how it was to be governed—came from Pope Leo XIII.

Despite her struggles with Church authorities, Mary MacKillop and her Sisters were able to offer social services that few, if any, government agencies in Australia could. They served Protestants and Catholics alike. They worked among the Aborigines. They taught in schools and orphanages and served unmarried mothers.

Money, actually the lack of it, was a constant worry. But the Sisters who begged from door to door, were bolstered by faith and by the conviction that their struggles were opportunities to grow closer to God.

By the time Mary was approaching the end of her life, the congregation was thriving. She died in 1909 at the age of 67. Pope John Paul II beatified her in 1995. In 2010, when Pope Benedict XVI canonised her, she became Australia's first saint.

Her Liturgical Feast Day is August 8.



MANY WONDERFUL SAINTS SHARE THE MONTH OF AUGUST FOR THEIR FEAST DAYS, BUT IT IS HARD FOR AN AUSTRALIAN TO PASS UP THE OPPORTUNITY TO CELEBRATE ST MARY OF THE CROSS MACKILLOP.

THE MARY MAC QUIZ

Have a family or class room trivia match on Mary's life. Prizes could be the boiled sweets that Mary used to reward her students or something similar.

1. Unscramble the word TLAESLRV to complete the quote: "Remember we are but T__V_____ here." (1866)

2. Choose the correct answer to complete the quote: "We must teach more by _____ than by word." (1867)

- a. demand
c. courage
b. example
d. intelligence

3. In which year was Mary MacKillop born?
a. 1810 b. 1942 c. 1860 d. 1842

4. Mary MacKillop's parents were:
a. Irish b. English
c. Australian d. Scottish

5. Unscramble the words: earnestly with Pray confidence and loving

6. In 1967, Mary became the first sister of St Joseph and Mother Superior. How old was

Mary?

7. The first school was started in a:

- a. town hall b. stable
c. church d. farmhouse

8. In 1909, Mary died at:

- a. Sydney b. Penola
c. New Zealand d. Melbourne

9. Complete Mary's motto for life: "Never see a need without doing _____ about it"

10. Mary founded the Sisters of St Joseph with the help of:

- a. Fr Tenison Woods b. The Pope
c. Bishop Sheil d. Fr Joseph

11. What is the missing word in the quote: "God gives me _____ for what is necessary"

- a. love b. help c. food d. strength

12. Unscramble the sentence: God's choice. Spirit you in Let guide your

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~GAME ON~

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The Feast of
the Assumption of the Blessed
Virgin Mary
(Holy Day of Obligation)
Sunday 15 August



With the announcement of the continuation of the Stay at Home Order, Bishop Anthony Randazzo has asked that all our churches in Diocese of Broken Bay remain closed. The obligation for the faithful to participate in Sunday Mass (can.1247) remains lifted for the people of Broken Bay for the duration of this Stay at Home Order.

We will livestream this Mass on
Sunday 15 August at 10am



For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.



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"Never see a need without doing something about it."

St Mary of the Cross



Feast of St Mary of the Cross

Mary MacKillop had a great desire to do God's will and help those most in need.
Who are the people most in need of help in your community?
In what ways can you help them?

I can help...

I can help...

I can help...

I can help...

In 1867, Mary MacKillop became the first sister and Mother Superior of a newly established religious order. In the puzzle below, cross out any letter that appears three or more times. Then unscramble the remaining letters to complete the name of that religious order.

A	G	Q	S	X	C	Y	M	E
K	H	N	B	U	K	J	Z	D
V	Y	U	A	T	D	A	X	B
O	L	K	G	W	H	Q	V	M
N	C	M	P	A	V	W	Z	U
B	I	A	Q	C	O	D	Y	C
W	D	U	V	K	N	X	L	Q
G	N	L	E	U	A	V	G	M
U	F	M	B	A	D	R	L	Z
A	W	Q	L	N	T	S	K	U

ANSWER

T _ _ _ _ _ S _ _ _
S _ _ _ SE _ _

Lord God,
You called Mary MacKillop to serve you.
She spent her life caring for and teaching kids
and inspired others to join with her.
Through your love
she lived a life which gave people hope.
Today we share that hope.
Bless all who continue her work
And may they and St Mary of the Cross continue
to be a source of hope for us all.
We ask this through Jesus Christ. Amen.



The *Living* Word

Entrance Antiphon Cf. Mt 25:34,36,40
Come, you blessed of my Father, says the Lord:

I was sick and you visited me.
Amen, I say to you: whatever you did for one of the least of my brethren, you did it for me.

First Reading 1 Kgs 17:7-16
A reading from the first book of Kings
The jar of meal shall not be spent according to the word of the Lord spoken through Elias.

And then the word of the Lord came to Elijah, 'Up and go to Zarephath, a Sidonian town, and stay there. I have ordered a widow there to give you food.' So he went off to Sidon. And when he reached the city gate, there was a widow gathering sticks. Addressing her he said, 'Please bring a little water in a vessel for me to drink.' She was setting off to bring it when he called after her. 'Please,' he said 'bring me a scrap of bread in your hand.' 'As the Lord your God lives,' she replied 'I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.' But Elijah said to her, 'Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

"Jar of meal shall not be spent, jug of oil shall not be emptied, before the day when the Lord sends rain on the face of the earth."

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

The word of the Lord

Responsorial Psalm Ps 62:1-8
(R.) My soul clings to you; your right hand holds me fast.

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water. **(R)**

So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise. **(R)**

So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy. **(R)**

On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice. **(R)**

Second Reading Col 3:12-17
A reading from the letter of St Paul to the Colossians

Bear with one another, forgive each other.

You are God's chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful.

Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God; and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

The word of the Lord

Gospel Acclamation Mt 27:55

Alleluia, alleluia!
Many women were there by the cross, watching from a distance, the same women who had followed Jesus and looked after him.
Alleluia!

Gospel Mt 6:25-34
A reading from the holy Gospel according to Matthew
Do not worry about your life.

Jesus said to his disciples:
I am telling you not to worry about your life and what you are to eat, nor about your body and what you are to wear.
Surely life is more than food, and the body more than clothing!
Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them.
Are you not worth much more than they are?
Can any of you, however much you worry, add one single cubit to your span of life?
And why worry about clothing?
Think of the flowers growing in the fields; they never have to work or spin: yet I assure you that not even Solomon in all his royal robes was clothed like one of these.
Now if that is how God clothes the wild flowers growing in the field

which are there today and thrown into the furnace tomorrow, will he not much more look after you, you have so little faith?
So do not worry; do not say, "What are we to eat?
What are we to drink? What are we to wear?"
It is the gentiles who set their hearts on all these things.
Your heavenly Father knows you need them all.
Set your hearts on his kingdom first, and on God's saving justice, and all these other things will be given you as well.
So do not worry about tomorrow: tomorrow will take care of itself.
Each day has enough trouble of its own.

The Gospel of the Lord.

Communion Antiphon Cf. Jn 13:35
This is how all will know that you are my disciples, if you have love for one another, says the Lord.

REFLECTION

by Fr Michael Tate

*This Gospel does not say we should not worry about what others eat or drink or have to wear. In fact we will be judged on whether we gave 'the Least' food, shelter, companionship in illness or in prison (Mt 25).
In the mid-late 19th century, a young woman was very concerned with the plight of the poor and the marginalised in the colonies which later became the Commonwealth of Australia. Amongst the most obvious necessities of life for these 'least' was schooling of the young, as education is a proven path out of poverty.
So, this woman, whose most famous saying was 'never see a need without trying to do something about it', set about remedying that situation. Mary McKillop established the Sisters of St Joseph of the Sacred Heart principally to educate the poor.
She suffered excommunication for revealing sexual abuse of youngsters by a paedophile priest. That was reversed five months later, but this all took its toll on her fragile health.
We could pause for a moment to pray that we may join St Mary of the Cross in Heaven, together with all the Josephite sisters who set their hearts on the Father's kingdom and His saving justice.*

© Fr Michael Tate





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Liturgy for the Week

- 09/08 **Monday Ordinary Time 19**
Deut 10:12-22; Mt 17:22-27
- 10/08 **Tuesday St Lawrence, deacon,
martyr**
2 Cor 9:6-10; Jn 12:24-26
- 11/08 **Wednesday St Clare, virgin**
Deut 34:1-12; Mt 18:15-20
(Alt. Phil 3:8-14; Mt 19:27-29)
- 12/08 **Thursday Ordinary Time 19**
Joshua 3:7-11, 13-17;
Mt 18:21 - 19:1
- 13/08 **Friday Ordinary Time 19**
Joshua 24:1-13; Mt 19:3-12
- 14/08 **Saturday St Maximilian Mary
Kolbe, priest, martyr**
Joshua 24:14-29; Mt 19:13-15
(Alt. Wis 3:1-9 or 1 Jn 3:14-18; Jn 15:12-16)

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