



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



An Epiphany Prayer

Lord Jesus Christ,
may Your light shine
our way,
as once it guided
the steps
of the Magi;
that we too may be led
into your presence
and worship you,
the Child of Mary,
the Word of the Father,
the King of nations,
the Saviour of mankind;
to whom be Glory
for ever.
Amen



POPE FRANCIS' PRAYER INTENTION FOR JANUARY Educators

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.



Thoughts of Fr Francis Jordan

First I wish you peace with God. Seek to remove all that could disturb this peace...Be assured, however, that peace sometimes mean sacrifices!



A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*



You can find us on **Instagram** (pittwater_parish)

If you have used this bulletin, please take it home with you.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am,

followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am

Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Tom Kasch

Recently Deceased

Jacqueline Parnell

If you would like the names of your relatives or friends and offerings included, please drop the

Prayers for the Sick

Anna Smigowska

Nick Moullakis

M. Miller

Avelino Samartin

Barbara Clarke

Andrew Hood

Jeff Langley

Mark Lindfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Tom Murphy

Leonie Ariemetto

John Graham

Liturgy for the Week

09/01 Monday, The Baptism of the Lord
Is 42:1-4, 6-7; Mt 3:13-17

10/01 Tuesday, Ordinary Time 1
1 Jn 2:29 - 3:6; Jn 1:29-34

11/01 Wednesday, Ordinary Time 1
Heb 2:14-18; Mk 1:29-39

12/01 Thursday, Ordinary Time 1
Heb 3:7-14; Mk 1:40-45

13/01 Friday, Ordinary Time 1
Heb 4:1-5, 11; Mk 2:1-12

14/01 Saturday, Ordinary Time 1
Heb 4:12-16; Mk 2:13-17

BOOK REVIEW

Praying with
Therese of Lisieux
by: *Joseph F Schmidt, FSC*



Therese was a Carmelite nun who entered the convent at 15 years of age and died nine years later, yet in that short period she managed to inspire untold numbers with her profoundly simple spirituality and her understanding that God loves us regardless.



The Parish Office will
will Re-open
on the
9th of January 2023

The phones & email are monitored regularly,
so please don't hesitate to contact us and leave
a message

Have a Joyful Happy New Year!
and have a safe and fun
Holiday.

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Pittwater

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through the second collection.
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The Epiphany of the Lord



“Epiphany” means manifestation. And the “Epiphany of the Lord” is Jesus’ manifestation not only to these three Magi from the East, but it’s also a symbolic but real manifestation of the Christ to the whole world. These Magi, travelling from a foreign and non-Jewish nation, reveal that Jesus came for all people and all are called to adore Him. These Magi were “wise men” who studied the stars and were aware of the Jewish belief that a Messiah was coming.

They would have been versed in much of the wisdom of the day and would have been intrigued by the Jewish belief in the Messiah.

God used what they were familiar with to call them to adore the Christ. He used a star. They understood the stars and when they saw this new and unique star over Bethlehem they realised that something special was happening. So the first lesson we take from this for our own lives is that God will use what is familiar to us to call us to Himself. Look for the “star” that God is using to call you. It’s closer than you may think.

A second thing to note is that the Magi fell prostrate before the Christ Child. They laid their lives down before Him in complete surrender and adoration. They set a perfect example for us. If these astrologers from a foreign land could come and adore Christ in such a profound way, we must do the same. Perhaps you could try literally lying down prostrate in prayer this day, in imitation of the Magi, or at least do so in your heart through prayer. Adore Him with a complete surrender of your life.

Lastly, the Magi bring gold, frankincense, and myrrh. These three gifts, presented to our Lord, show that they acknowledged this Child as the Divine King who would die to save us from sin. Gold is for a King, frankincense is a burnt offering to God, and myrrh is used for one who would die. Thus, their adoration is grounded in the truths of who this Child is. If we are to adore Christ properly, we must also honour Him in this threefold way.

Reflect, today, upon these Magi and see them as a symbol of what you are called to do. You are called from the foreign place of this world to seek out the Messiah. What is God using to call you to Himself? When you discover Him, do not hesitate to acknowledge the full truth of who He is, lying prostrate before Him in complete and humble submission.

Lord, I love You and adore You. I lay my life before You and surrender all. You are my Divine King and Saviour. My life is Yours. (Pray three times and then prostrate yourself before the Lord) Jesus, I trust in You.

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College
Tel 9997 7044

Principal: Mr Marc Reicher

Sacramental Program Update: First Reconciliation 2023

The Sacrament of First Reconciliation will take place on:
Wednesday, 22 March 2023 at 5.00pm (at Sacred Heart Church)
and
Wednesday, 29 March 2023 at 5.00pm (at Maria Regina Church).

Children in Year 4 and above are eligible to receive this sacrament if they have been confirmed.

Requirements for receiving the Sacrament of Reconciliation are attendance to:

- Parent information session: Tuesday 7 February (Maria Regina Church) or Wednesday 8 February (Sacred Heart Church) both at 7.30pm
- Four weekly preparation sessions, from Monday 20 February to Sunday 19 March
- Four weekly rituals (at weekend Masses): from 25/26 February to Sunday 19 March
- Rehearsal (4pm): Tuesday 21 March (Sacred Heart) or Tuesday 28 March (Maria Regina)

Please add these dates to your calendar. If you have any questions or would like to be a group facilitator, please contact Sonia at sacraments@pittwaterparish.org

party time

Join us to celebrate the 50th birthday of
Father Richard

The Green Room | 20 January 2023
Avalon Beach RSL Club | 1830 or 6.30pm

Please join us for a night of celebration as Father Richard reaches half a century! We have booked The Green Room upstairs at Avalon Beach RSL Club. Tickets are \$35 and cover an assortment of canapes and grazing platters. You will receive a drink on arrival and then can purchase more at the bar. Please contact Tamara on tamara.harding@bigpond.com or 0403226699 with any queries. Click on the QR Code or the links below to go to the Try-booking Site and purchase your tickets

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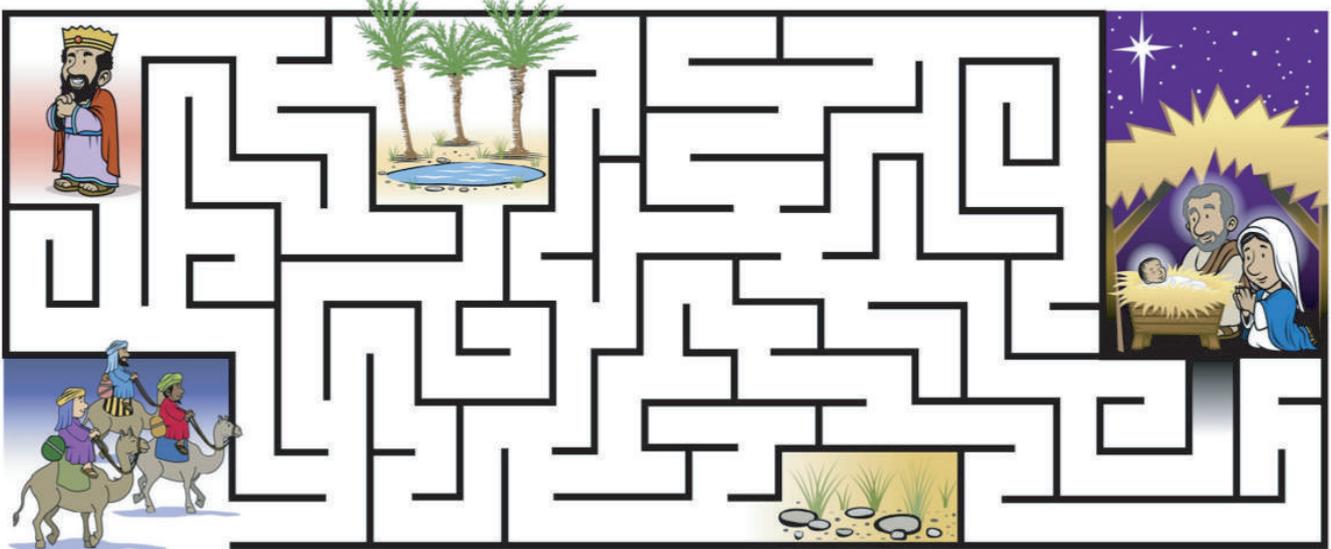


Wise men came from the East

The Epiphany of the Lord



Help the wise men find their way to Bethlehem - watch out for King Herod!



The wise men had to search for Jesus.
Where are some of the places we
can find Jesus in our world today?

Draw yourself offering a gift to Jesus



The *Living* Word

Entrance Antiphon

Cf. Mal 3:1; 1 Chr 29:12

Behold, the Lord, the Mighty One, has come;
and kingship is in his grasp, and power and dominion.

First Reading

Is 60:1-6

A reading from the prophet Isaiah

The glory of the Lord shines upon you.

Arise, shine out, Jerusalem, for your light has come,
the glory of the Lord is rising on you, though night still covers the earth and darkness the peoples.
Above you the Lord now rises and above you his glory appears.
The nations come to your light and kings to your dawning brightness.
Lift up your eyes and look round: all are assembling and coming towards you,
your sons from far away and your daughters being tenderly carried.
At this sight you will grow radiant, your heart throbbing and full;
since the riches of the sea will flow to you;
the wealth of the nations come to you; camels in throngs will cover you, and dromedaries of Midian and Ephah; everyone in Sheba will come, bringing gold and incense and singing the praise of the Lord.

The word of the Lord

Responsorial Psalm

Ps 71:1-2, 7-8, 10-13, R. see v.11

(R.) Lord, every nation on earth will adore you.

O God, give your judgement to the king, to a king's son your justice,
that he may judge your people in justice and your poor in right judgement. **(R)**

In his days justice shall flourish and peace till the moon fails.
He shall rule from sea to sea, from the Great River to earth's bounds. **(R)**

The kings of Tarshish and the sea coasts shall pay him tribute.
The kings of Sheba and Seba shall bring him gifts.
Before him all kings shall fall prostrate, all nations shall serve him. **(R)**

For he shall save the poor when they cry and the needy who are helpless.
He will have pity on the weak and save the lives of the poor. **(R)**

Second Reading

Eph 3:2-3, 5-6

A reading from the letter to the Ephesians

The revelation means that pagans now share the same inheritance, that they are parts of the same body.

You have probably heard how I have been entrusted by God with the grace he meant for you, and that it was by a revelation that I was given the knowledge of the mystery. This mystery that has now been revealed through the Spirit to his holy apostles and prophets was unknown to any men in past generations; it means that pagans now share the same inheritance, that they are parts of the same body, and that the same promise has been made to them, in Christ Jesus, through the gospel.

The word of the Lord.

Gospel Acclamation

Alleluia, alleluia!

We have seen his star in the East; and have come to adore the Lord.

Alleluia!

Gospel

Mt 2:1-12

A reading from the holy Gospel according to Matthew

We have come from the East to worship the king.

After Jesus had been born at Bethlehem in Judaea during the reign of King Herod, some wise men came to Jerusalem from the east. 'Where is the infant king of the Jews?' they asked. 'We saw his star as it rose and have come to do him homage.' When King Herod heard this he was perturbed, and so was the whole of Jerusalem. He called together all the chief priests and the scribes of the people, and enquired of them where the Christ was to be born. 'At Bethlehem in Judaea,' they told him, 'for this is what the prophet wrote: And you, Bethlehem, in the land of Judah, you are by no means least among the leaders of Judah, for out of you will come a leader who will shepherd my people Israel.' Then Herod summoned the wise men to see him privately. He asked them the exact date on which the star had appeared, and sent them on to Bethlehem. 'Go and find out all about the child,' he said 'and when you have found him, let me know, so that I too may go and do him homage.' Having listened to what the king had to say, they set out. And there in front of them was the star they had seen rising; it went forward and halted over the place where the child was. The sight of the star filled them with delight, and going into the house they saw the child with his mother Mary, and falling to their knees they did him homage. Then, opening their treasures, they offered him gifts of gold and frankincense and myrrh. But they were warned in a dream not to go back to Herod, and returned to their own country

by a different way.

The Gospel of the Lord

Communion Antiphon

Cf. Mt 2:2

We have seen his star in the East, and have come with gifts to adore the Lord.

REFLECTION

by Dianne Bergant CSA

The Christmas season reaches an apex with the Epiphany. In some liturgical traditions, it is the central celebration of Christmas. It commemorates not only the birth of Christ and the visit of the Magi, but also his baptism in the Jordan and the manifestation of his glory at the wedding feast of Cana. In the Roman Catholic tradition, the focus is on the visit of the Magi and the implications of that visit for the glorious manifestation of God to all the peoples of the world. There is a wonderful summons to alertness and presence of mind and heart, a call for all the nations to witness the marvellous works of God that shine as light in the midst of the surrounding darkness. The light of God is known in the ways in which the most vulnerable in the city are cared for and acknowledged. In just action and righteousness, the city becomes the beacon of God, and all the nations are attracted by this light. The quality of the light leads the way through the darkness and sustains the world in goodness and peace. The manifestation of God among us changes the ways in which we perceive each other. Christ's birth provides us with the light by which we see a new criterion for relating. The Magi represent the multi-ethnic and cultural diversity in civic and parish situations, as well as the many religions of the world. All people, regardless of race or ethnic origin, can be co-heirs with Christ.

© Dianne Bergant CSA

THANK YOU

FOR ALL YOUR PRAYERS,

THOUGHTS, CARDS, GIFTS,

AND BEST WISHES

FOR MY BIRTHDAY

FR RICHARD

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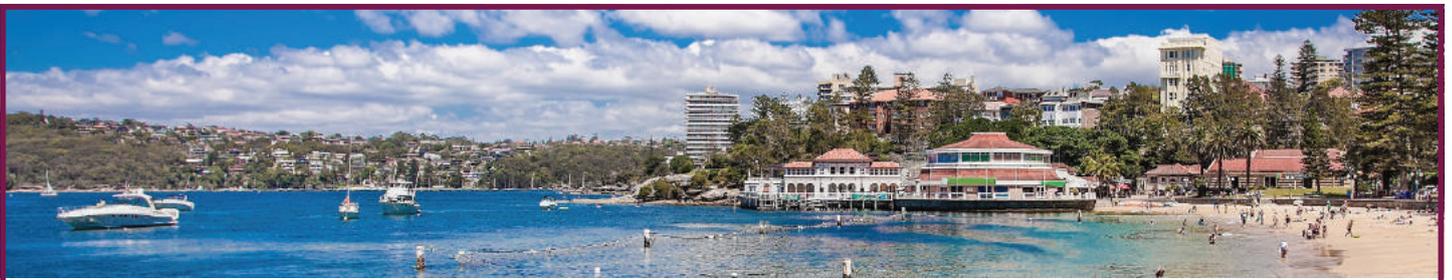


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