



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

The Trinity Prayer

Glory be
to the
Father,
and to the
Son,
and to the
Holy Spirit.
As it was in
the beginning,
is now, and
ever shall be,
world without end.

Amen.

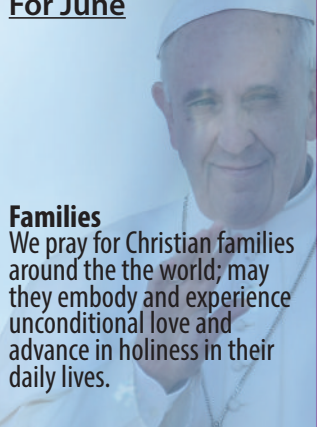


Thoughts of Fr Francis Jordan

*But everything through God, with God, and for God.
All peoples, races, nations and tongues, glorify the
Lord our God.*



Pope Francis' Prayer Intentions For June



Families

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

If you have used this bulletin, please take it home with you.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.



MASS TIMES

SACRED HEART CHURCH 1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 8.30am

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from 8am,

followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from 9.30am,

followed by Mass

with Anointing of the Sick

at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

Mass with Anointing of the

Sick - First Friday of the

Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

*Eternal rest, grant unto
him, O Lord.
Let perpetual light shine
upon him. Amen*

Recently Deceased Warwick Chipman

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays.

Prayers for the Sick

Beryl Peo-Duncan

Michael Carrodus

Pat Regan

Garry Gleeson

Annette Davis

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Vicky Kalingasan

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Susan Makabenta

Mina Lee

Denise Wagner

Dominique Viriot

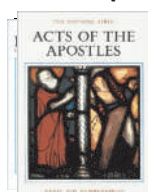
Ron

Leonie Ariemetto

Margaret Kolasik

BOOK REVIEW

The Navaree Bible
Acts of the Apostles



It is considered to be the best Catholic commentary available of the practical and useful insights into the Gospels and Acts from Church documents.



SERRA VOCATIONS MASS

AND

DINNER MEETING

Father Aldrin Valdehuesa will be celebrating Mass for Serra at Sacred Heart Church Pymble on Thursday 23rd June 2022. The evening commences with Mass at 6.00 PM followed by a light meal and a short meeting.

Following the meeting Father Aldrin will be our guest speaker. Everyone is welcome. Please "come and see".

Please remember to pray every day for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians and novices and for the perseverance of existing vocations.

Please telephone: Terry Scanlan on 0438 887 295 or email terry_scanlan@bigpond.com if you would like to attend.

Liturgy for the Week

13/06 **Monday St Anthony of Padua**
1 Kg 21:1-16; Mt 5:38-42

14/06 **Tuesday Ordinary Time 11**
1 Kg 21:17-29; Mt 5:43-48

15/06 **Wednesday Ordinary Time 11**
2 Kg 2:1, 6-14; Mt 6:1-6, 6-18

15/06 **Thursday Ordinary Time 11**
Sirach 48:1-14; Mt 6:7-15

17/06 **Friday Ordinary Time 11**
2 Kg 11:1-4, 9-18, 20; Mt 6:19-23

18/06 **Saturday Ordinary Time 11**
2 Chr 24:17-25; Mt 6:24-34

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**Caritas
AUSTRALIA**



Love, revealed: Understanding the central mystery of the Trinity



If you are a lifelong Catholic or if you have taken theology classes at some point in your life, you are probably familiar with what the Church teaches about God: that God is Trinity, one God in three persons. You have likely made the Sign of the Cross and heard the words, "In the name of the Father, and of the Son and of the Holy Spirit" thousands of times. Unfortunately, this familiarity with the Trinity is about as far as most Catholics have gone in contemplating God. By contrast, the Catechism of the Catholic Church says that:

"The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in himself. It is therefore the source of all the other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in the 'hierarchy of the truths of faith'" (CCC 234).

What a strong endorsement from mother Church to push us to understand the Trinity ever more deeply! The Catechism is telling us that the mystery of the Trinity is not only the most important teaching of the Catholic faith (i.e. the most important thing that we can know), but it is also the central mystery of Christian life (i.e. the most important thing for how we live). But how can that be? What difference does it make to my life whether God is one or three or 15?

A good place to start is by looking at what the Church teaches about the Trinity. The doctrine of the Trinity arose from a careful reading of the Bible and from a sustained reflection on who Jesus is. If Jesus claims to be God by forgiving sins (e.g. Mk 2:7, Lk 5:21) and by his unique relationship to the Father (e.g. Jn 10:30), then how can it still be true that there is only one God, also a fundamental truth of the Bible (e.g. Deut 6:4, 1 Cor 8:6)? Would there not be at least two Gods – the Father and the Son — or does the Son have some other status, like a demigod or an angel? These questions drove centuries of discussion in the early Church, and they have brought forth some of the most beautiful theological writings about the nature of God and the person of Christ. That is why the Catechism says that the Trinity is the fundamental teaching of the faith, because it is the answer to the primary question of all of theology: who is God? If we cannot answer that question, or at least begin to answer it, the rest of the faith would be emptied of its meaning, since our whole faith is about relationship with God (and through God, with our neighbor). If we get God wrong, we get religion wrong and we can end up worshipping a false image of God that we have in our mind, which is ultimately idolatry.

What the Church came to see through wrestling with the scriptures and with the events of Jesus' life is that somehow, although God is one, God is not solitary. God is a communion of persons — Father, Son and Holy Spirit — only one God, having only one divine nature, but existing in three persons who can be named, not because they are three separate somethings, but because they are three distinct someones. This revelation about God is no small matter. It means that God in himself is relational. It means that, as St. John puts it, "God is love" (1 Jn 4:8).

St. Augustine therefore explains the Trinity in this way: if you see love, you see the three — the one who loves (the Father), the one who is loved (the Son) and the love itself (the Holy Spirit). Love cannot exist in the abstract; you cannot say "I love" without saying what or whom you love; so likewise, God's love is of and for something, except that God is entirely self-sufficient. What he loves is himself, and in that love, there is both perfect unity and perfect relationship.

Now we can begin to see why the Catechism speaks of this mystery as central not only to our faith but also to our life. When you love aright, you do so by means of God, who is love; just what kind of love is revealed by Jesus Christ, and we can read about it in the gospels. Jesus also invites us to share in this same love, to be his friends (Jn 15:15) and to join his fellowship (1 Jn 1:3). God, therefore, is the end goal of our love, the means by which we love, and has provided an example of how to love. God, in himself, is the only true version of what is so often referred to as "unconditional love," because only the Trinity loves wholly, perfectly, without reservation and without ulterior motives. It is precisely this love which God offers to us in Christ, because Christ is not simply a messenger or an angel, but he himself is God, the very incarnation of love.

To put it succinctly, the Trinity is the central mystery of Christian life because love — or charity — is both the goal and the means of the entire Christian life. After all, what we want most, even on a purely human level, is to love and be loved, to know and be known. We want to have perfect harmony within ourselves and with everyone else — be they friends, family, coworkers or strangers — without losing who we are uniquely. We want to love our spouse with all that we have, and we want them to love us for who we are too. Virtually every love song gives voice to this desire in one form or another. And so, as it turns out, what we want (perfect unity and perfect relationship) is who God is, even as we recognize that human friendships are an incomplete reflection of the Triune life of God.

By Elizabeth Klein
Assistant Professor of Theology at the Augustine Institute

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Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
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Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College
Tel 9997 7044

Principal: Mr Marc Reicher



Parish Bulletin Term 2 Week 7

Following an excellent performance at the Broken Bay Cross Country, 14 of our students in Years 7 to 12 advanced through to the NSW Cross Country Championships at Sydney Motorsport Park in Eastern Creek on Tuesday.

Rehearsals for our much-awaited Grease production were finalised this week. It was promoted at our College Assembly on Wednesday and students enjoyed a duet of Summer Nights from our lead actors.

Also on Wednesday, 25 students from Year 10 and Year 11 attended the Stand Tall Event at the International Convention Centre. Motivational speakers from around the world armed students from all over Sydney with the skills of resilience, the strength to stand up to bullying, the keys to motivation, the power of perspective and the benefits of making good and wise decisions. Our Duke of Edinburgh Bronze and Silver participants from Year 9 and Year 10 undertook their Practice Make Up Adventurous Journeys this week.

On Friday, Bell Shakespeare's talented acting troupe visited the College and transformed our Byrne Theatre into an afternoon of performances for our Year 9 and Year 10 students. The travelling actors presented the timeless tales of Shakespeare to align with the study of the plays this term.

It was another busy week of sport at the College with students representing the College at the NSW All Schools basketball, MWBA basketball, Peninsula Cup Soccer, Peninsula Cup Netball and the Jamie Lyon Cup Rugby League Competition. It is currently enrolment time for students who would be starting high school in 2024. The first round of offers have been made and over the next month parents and students on the waiting list have been offered a meeting with our Principal, Marc Reicher. Early next term all those who have been offered positions will meet in small groups with the Principal to gain some valuable insights into Mater Maria and have any questions answered.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit <https://matermaria.nsw.edu.au/enrolments/>.

[//matermaria.nsw.edu.au/enrolments/](https://matermaria.nsw.edu.au/enrolments/).



We invite you to join us, as we celebrate
Fr Zyga's Birthday
on the
19th of June 2022

**Morning Tea after
the 10 am Mass**

*Fr Zyga's actual
birthday is on the
23rd of June*

Rome. Lisbon. Fatima. 16 Day Pilgrimage.



**WORLD
YOUTH
DAY 2023**
Information Session

Led by the
Salvatorians

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MONA VALE

24TH JULY @ 7PM AFTER
THE 6PM YOUTH MASS

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SACRED HEART CHURCH

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The Most Holy Trinity, Year C

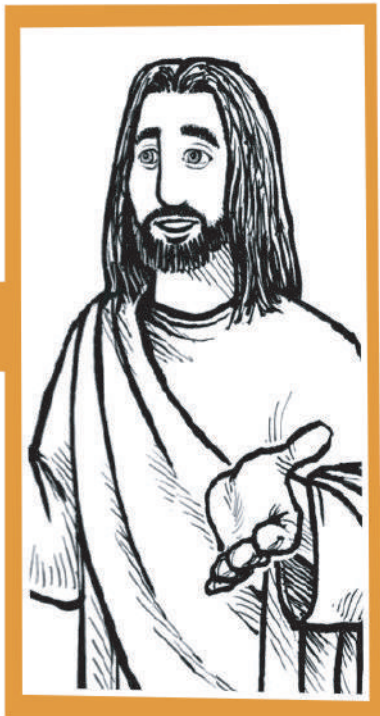
Draw the Father

God - The father

Creator of all things.
Loves each of us.
Sent his only beloved son
to save us.

God - The Son

What do you know about Jesus?



Draw the Holy Spirit

God - The Holy Spirit

Guided the prophets.
Strengthened the members of the early church.
Helps us all today.

Jesus told his disciples how the Holy Spirit would bring glory to the Father and the Son. What things can you do to bring glory to God?

The Spirit shows what is true

Write down whether these statements are true or false

- God created the world in eight days. ☐
- God the Father loves us so much that he gave us his only Son. ☐
- Jesus was baptised by John the Evangelist. ☐
- Jesus died so that we may have eternal life. ☐
- The disciples received the Holy Spirit on Easter Monday. ☐
- The Holy Spirit allowed the disciples to speak in many different languages. ☐

The *Living* Word

Entrance Antiphon

Blest be God the Father,
and the Only Begotten Son of God,
and also the Holy Spirit,
for he has shown us his merciful love.

First Reading

Prv 8:22-31

A reading from the book of Proverbs

Wisdom was born before the earth was made.

The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set from the beginning, before earth came into being. The deep was not, when I was born, there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries and the waters will not invade the shore when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men.

The word of the Lord

Responsorial Psalm

Ps 8:4-9. R. v.2

(R.) O Lord, our God, how wonderful your name in all the earth!

When I see the heavens, the work of your hands, the moon and the stars which you arranged, what is man that you should keep him in mind, mortal man that you care for him? **(R)**

Yet you have made him little less than a god; with glory and honour you crowned him, gave him power over the works of your hand, put all things under his feet. **(R)**

All of them, sheep and cattle, yes, even the savage beasts, birds of the air, and fish that make their way through the waters. **(R)**

Second Reading

Rom 5:1-5

A reading from the letter of St Paul to the Romans

To God through Christ in the love which is poured out through the Spirit.

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God

has been poured into our hearts by the Holy Spirit which has been given us.

The word of the Lord

Gospel Acclamation

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit:
to God who is, who was, and who is to come.
Alleluia!

Gospel

Jn 16:12-15

A reading from the holy Gospel according to John

Whatever the Father has is mine. The Spirit will receive what I give and tell you about it.

Jesus said to his disciples:

'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord

Communion Antiphon

Gal 4:6

Since you are children of God,
God has sent into your hearts the Spirit of his Son,
the Spirit who cries out: Abba, Father.

REFLECTION

Both the first reading and the psalm response celebrate the marvels of creation and the marvelous creator who brought them into being. Proverbs states that God created all of these things through Wisdom. While later theology will identify Wisdom with both the Word of God, the second person of the Trinity, and the Holy Spirit, the third person, the reading itself does not suggest this. Paul credits God with our justification through faith. Justification or salvation is accomplished by God through our Lord Jesus Christ. The love of God is poured into our hearts through the Holy Spirit. Paul does not clearly state that the love of God that we receive through the Holy Spirit sanctifies us, but one could certainly understand it in this way. John's theology resembles very closely that of Paul. In it, Jesus reveals the intimate connection between himself and the Father as well as himself and the Spirit. The Spirit continues the mission of Jesus, neither adding anything to his teaching nor omitting anything from it. While this is a feast that glorifies the central mystery of our faith, a mystery

that is based on the way the three divine persons relate to each other, the readings all address ways that God relates to us. If we concentrate, as the texts for today suggest that we do, on all of the ways that our Triune God has blessed us, we may be more inclined to cry out with the psalmist: 'O Lord, our God, how wonderful your name in all the earth!'

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