



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A Prayer for Courage

Lord, I am afraid.

I don't feel bold or courageous today.

Help me remember that
bravery isn't the absence of fear,
it's doing the right thing no
matter what

GIVE ME A COURAGEOUS HEART

I know that You will be with me.
I am not alone.

You are greater than
any enemy or obstacle I face.
Help me to take a stand,
to not give up, to push on,
and to step forward today,
knowing that
You are trustworthy and
You are my strength.

In Jesus' name.
Amen.



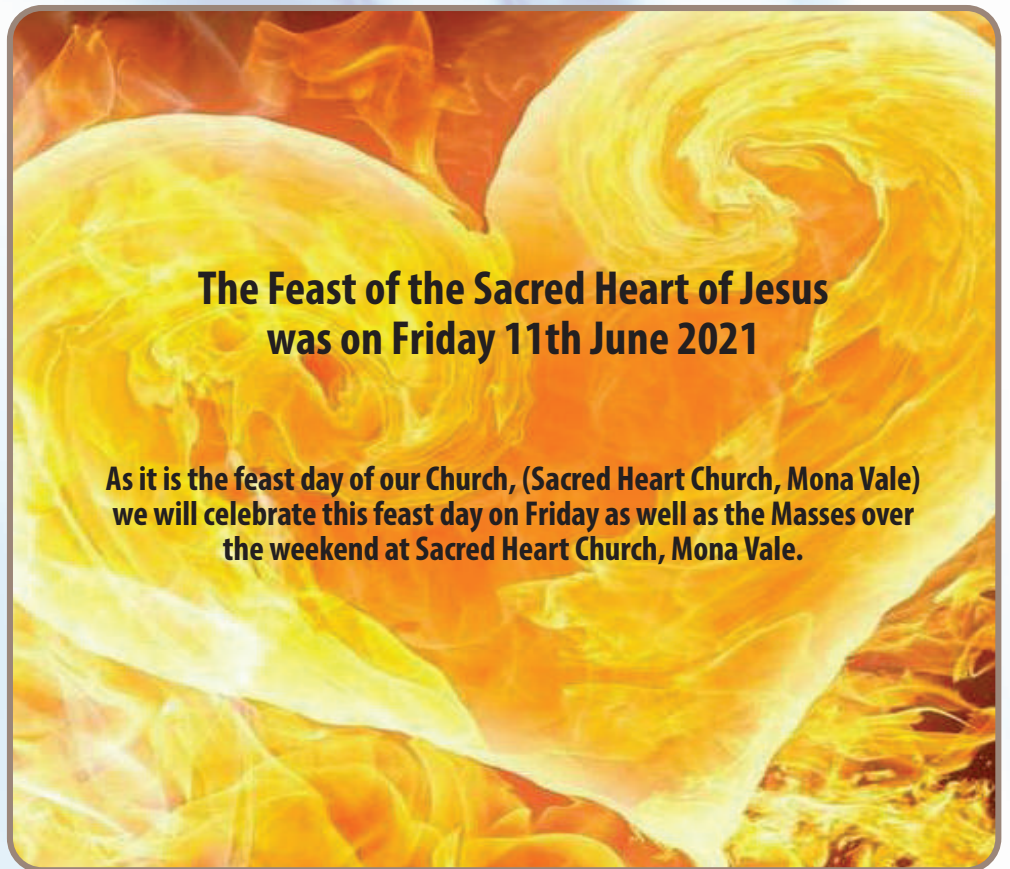
You can find us on
Instagram
(pittwater_parish)

**If you have used this bulletin,
please take it home with you.**



Thoughts of Bl Francis Jordan

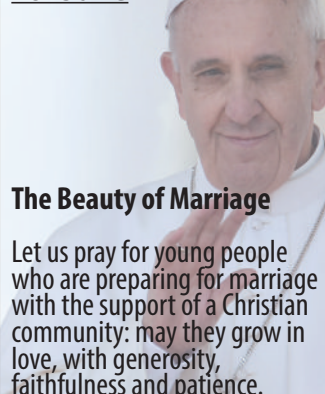
We must diligently and wisely use all ways and means which the love
of Christ inspires to glorify God.



The Feast of the Sacred Heart of Jesus was on Friday 11th June 2021

**As it is the feast day of our Church, (Sacred Heart Church, Mona Vale)
we will celebrate this feast day on Friday as well as the Masses over
the weekend at Sacred Heart Church, Mona Vale.**

Pope Francis' Prayer Intentions For June



The Beauty of Marriage

Let us pray for young people
who are preparing for marriage
with the support of a Christian
community: may they grow in
love, with generosity,
faithfulness and patience.



The Service NSW QR codes are
now available at the entrance
of both of our churches, for you
to use to check in. If you do not
have a smartphone or you're
not carrying it with you, please
provide your contact details via
the sign-in sheets provided. If
you have checked-in with the
QR code, you do not have to use
the sign-in sheets. Thank you

A warm welcome
to all especially our
parishioners and visitors
who are celebrating the
Eucharist with us at
Pittwater Parish -
Sacred Heart Church
Mona Vale and Maria
Regina Church, Avalon.



from Our Schools



**Mater Maria
Catholic College**

Our Year 7's attended our annual Reflection Day at Warriewood Uniting Church. This event is part of the general evangelisation and catechesis program for Year 7 students. The day was spent in reflection on the teaching found in Pope Francis' letter *Laudato Si* and on what that means for us as we endeavour to live our lives as faithful Catholics.

Our Year 8 students watched the drama production *Sister Mary of the Cross* performed by two actors. It unveils Mary MacKillop's political, practical and spiritual determination to fulfil her dream; collaborating with Father Woods, building a school in Penola, battling for independence, her excommunication, the glorious blessing of the Pope and despite unyielding illness the foundation of The Sisters of Saint Joseph. The play includes many of the thoughts and feelings of Mary MacKillop and is an excellent resource on pioneers, women in society, religious studies and the history of the Catholic Church in Australia.

On Wednesday, several of our Year 10 students attended the International Convention Centre for the annual Stand Tall Sydney event. The event brought a host of speakers together in one room to arm students with the skills of resilience, the strength to stand up to bullying, the keys to motivation, the power of perspective and the benefits of making good and wise decisions. The event exists to build hope in the youth of Australia, a vital component to their mental wellbeing.

We also had a couple of significant sporting events this week, in addition to the usual Peninsula Cup, Steve Menzies Shield and Jamie Lyon Cup competitions. Years 7 to 10 participated in the All Schools Touch Football tournament in Werrington, an opportunity for our best-performing students to represent Mater Maria, and a selection of students competed in the Mater Maria Surf Off to determine which students will represent our College at the Sydney North Surfing Regionals for U16 boys.

Our small group tours will recommence in Term 3. Please note that places are limited and therefore registration for all tours is essential. To book a tour please visit www.matermaria.nsw.edu.au/enrolments/book-a-tour/.

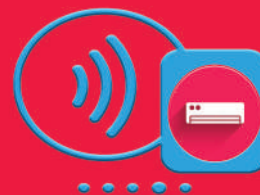
Applications are currently open for Year 7, 2024.

**THURSDAY MORNING
SPIRITUALITY GROUP**

Our study this year continues with Pope Francis' new Encyclical Letter on Fraternity and Social Friendship. Pope Francis gives us insight into a way of life which allows to acknowledge, appreciate and love each person, regardless of physical proximity and regardless of where they were born or live. "God has created all human beings equal in rights, duties and dignity and has called them to live together as brothers and sisters."

We meet after 10am mass (around 10:30) for morning tea, followed by study and contemplation until 12 noon. We read through the book in a very relaxed manner gaining new insights from each other. All are invited. Contact Margaret Abrahams via the Parish office on 9157 0999.

**TAP TO
REPLACE**



Our air-conditioning units in our Maria Regina Church, Avalon, which were generously donated by a parishioner, have been irreparably damaged by some uninvited lizards and now the Church is in need of new air conditioning units. Our aim is to raise \$17,500.00 to cover the cost of the supply and installation of new units. It would be wonderful if we could achieve this goal quickly so that we can make the Church cosy in the fast approaching winter months as well as when we need it to cool in our hot Summer.

To help reach this target, our Tap & GO Device in our Maria Regina Church, Avalon will be temporarily set to \$50 and all proceeds will go directly to cover the cost of the new air conditioning. Envelopes are also available in the Church for your cash and cheque donations and can be placed in the collection baskets. Credit Card donations can be made via our website through BPoint <https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving> and selecting "Other" from the drop down Biller Code list and using "Air Conditioning" as the Reference.

Thank you for your generosity and continued support.

We Pray for

Deceased Anniversary

**Rina Lardizabal-Yam
Bob Kasch**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Recently Deceased

**Edo Kogl
Jan Scott**

Special Intentions

Michael Schadel

Prayers for the Sick

Philip Maddrel
Gail Reiher
Imelda Vince
Ben Castillo
Maira Howie
Christine Hills
Donald McRae
Sara Zofrea
Beryl Peo-Duncan
John Andrew Graham
John Charles Graham
Michael Carrodus
Pat Regan
Robyn Sheather
Candida Hernandez
Chin Quang Le
Tony Quatroville
Garry Gleeson
Elizabeth Kral
Nazarena Custodio
Annette Davis
Andrew Hood
Jeff Langley
Peter Vorlicek
Warwick Chipman
Erin Ocampo
Mark Lindfield
Chico Mesina
Vicky Kalingasan
Cos Coniglio
Bill Eyre
Brian Gregan
Marian Poe
Marcia Bailey
Bec Burroughs

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

BOOK REVIEW

Lamps of Fire
Daily Readings with
St. John of the Cross
Sister Elizabeth Ruth, ODC



Short daily meditations to enable us to widen our spiritual vision.

Parish Pastoral Council

Matthew Hyland
matthyland100@yahoo.com.au

Pittwater Parish Ministries

Catechists

Co-Directors
Maureen Wooldridge - 9997 4694
Veronica Thomas -
veronicathomas2009@gmail.com

Evangelisation Ministry

Erich Ott (Coordinator RCIA)
0409 124 840
Sr Margaret Collis - 9974 4116
Sue Berg - 0419 991 781
(Coordinators Adult Faith Education/
Formation)

Legion of Mary

Connie Robinson - Director
0458 007 706

Little Hearts Playgroup

Co-Directors-Marie Bockman -
mbockman@hotmail.com
Maureen Wooldridge - 9997 4694

Media & Communication Ministry

Laura Ee - Director
media@pittwaterparish.org

Music Ministry

Josh Willard - Director
9157 0999 ext 17

**Pastoral Care and
Communion to the Sick Ministry**

Co-Directors
Denise Bottero - 9997 6904
Marie Bockman -
mbockman@hotmail.com

Parish Library

Trish Newman - Director
9918 3973

Sacramental Program Ministry

Suzy Caruso
9157 0999 ext 0
sacraments@pittwaterparish.org

Social Justice Ministry

Tamara Harding - Director
0403 226 699
www.facebook.com/pages/Pittwater-Friends-Of-Soibada/162612300466694

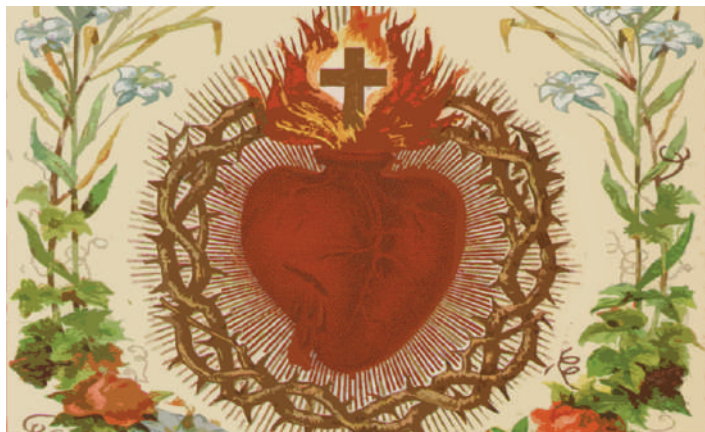
Youth Ministry

soul@pittwaterparish.org or
Josh Willard (Soul Youth)
music@pittwaterparish.org

All our Ministries comply with Working With Children Check requirements

We acknowledge the lifelong trauma of abuse victims, survivors and their families, the failures of the Catholic Church to protect, believe and respond justly to children and vulnerable adults, and the consequent breach of community trust.

The Sacred Heart is an invitation to ask ourselves, 'How did Jesus love?'



On Friday and this weekend at Sacred Heart Church, Mona Vale, we celebrate the Beautiful Solemnity of the Most Sacred Heart of Jesus. The main origins of the feast are with the visions received by St. Margaret Mary Alcoque, a 17th-century Visitation nun in a town called Paray-le-Monial, France. Her visions of Jesus presenting himself with his heart, were initially disbelieved by her fellow sisters. Then Jesus promised her in prayer that he would send her

his "faithful servant and perfect friend." Shortly afterwards, a Jesuit named Claude la Colombiere showed up at the convent to serve as a spiritual director for the sisters. He saw that Sister Margaret Mary's visions were authentic, and devotion to the Sacred Heart spread from there.

Some people might be turned off by the devotion thanks to kitschy representations of Jesus pulling open his cloak and pointing to his Sacred Heart. But if we set this devotion aside, we will miss out on a great opportunity to meditate on one of the most important aspects of Jesus' life: the way that he loved. The Sacred Heart is an invitation to ask ourselves, "How did Jesus love?" and "Whom did Jesus love?" For me the answers to those two questions are: abundantly, totally and completely; and everyone, especially those who were poor or marginalised. But there are other questions that Solemnity of the Sacred Heart raises: "How do I love?" and "Whom do I love?" And the most important question of all, "How can I love like Jesus?" Maybe that's a question you can ask yourself all week, as you encounter each person with the love of your own heart, which seeks to love as Jesus' Sacred Heart did.

James Martin, S.J.

The Rev. James Martin, S.J., is a Jesuit priest, author and editor at large at America.



JUNE 26, 2021 | 10AM - 3PM
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- develop new friendships with other young men

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Fan the Flame

Towards Plenary Assembly One October
2021

**'What can we say the kingdom of
God is like?'**

Mark 4:26-34

This love cannot be mere words because it is an imitation of Christ's own love for every person, a love that forgives, transforms, and brings those who hear him into the fullness of life.

(Inclusive, Participatory and Synodal – Discernment Paper p. 6)

www.plenarycouncil.catholic.org.au/fanthe flame/



- Saturday 5pm Mass at Sacred Heart Church, Mona Vale
- Sunday 9am Mass at Maria Regina Church, Avalon.

**We welcome
to Pittwater Parish
Rose Maria Giavera Konen
on 13 June 2021
at Sacred Heart Church,
Mona Vale for the
Sacrament of
Baptism**

Pope Francis releases video message on the beauty of marriage

Pope Francis has asked people to pray throughout June for young people preparing for the life-long journey of marriage.

"Getting married and sharing one's life is something beautiful," Pope Francis said in a video message published June 1.

"It is a demanding journey, at times difficult, and at times complicated, but it is worth making the effort."



The Vatican released a video message <https://thepopevideo.org/> to present the pope's prayer intention for June.

The pope is asking people to pray that couples preparing for marriage with the support of a Christian community may "grow in love, with generosity, faithfulness and patience."

In his video message, Pope Francis said that marriage is a vocation and "a conscious decision for the rest of one's life that requires specific preparation."

"And on this life-long journey, the husband and wife aren't alone; Jesus accompanies them," he said.

The prayer request by the pope comes after the marriage rate in the United States hit a record low in 2019 before the COVID-19 pandemic caused people to postpone marriage plans.

In the European Union, the marriage rate has fallen to nearly half of what it

was in 1964, and the divorce rate has more than doubled.

Italy had the lowest marriage rate among all EU countries in 2019 with only 3.1 marriages per 1,000 inhabitants.

Pope Francis said: "Is it true, what some people say - that young people don't want to get married, especially during these difficult times?"

"A great deal of patience is necessary in order to love," he said. "But it is worth it."

Each month, the Pope's Worldwide Prayer Network produces a video to spread the pope's prayer intention. In 2021, these intentions have ranged from prayer for women who are victims of violence to prayer that more people will return to the sacrament of confession.

The Vatican Dicastery for the Laity, Family and Life contributed to the publication of this month's video as part of the "Special year of the family," which began on March 19.

Gabriella Gambino, undersecretary of the dicastery, said that it important to prepare "young people and engaged couples for a real vocation, not just for the celebration of a wedding."

"To understand the presence of Christ in the daily lives of engaged couples, and then of spouses, by building on the meaning of Baptism is indispensable in giving young people the certainty that their family project is a response to a definitive call and that this project is possible," she said.

"In a secularised society that no longer believes in marriage, it is fundamental to proclaim the strength and power of the sacrament as a vocation and to show that family relationships can have a salvific value for people and be a path to holiness. It is a matter of concretely bringing Christ into the lives of families."

Pope Francis said: "Please, never forget this. God has a dream for us - love - and He asks us to make it his own."

"Let us make our own the love which is God's dream for us."

Save our Graves Campaign



16,000 signatures – and climbing. Thank you

The Catholic Church has been operating cemeteries in NSW for more than 150 years, doing the merciful work of burying the dead, keeping their graves and giving comfort to grieving families. Archbishop Anthony Fisher from the Archdiocese of Sydney has launched a petition to reverse a NSW Government decision to exclude faith and charitable groups from cemetery management.

Thank you for adding your signature to the petition. At the time of print, more than 16,000 people had signed a petition and the Berejiklian government is set to backflip on the controversial decision to amalgamate New South Wales cemetery operators into a single entity

Please visit <https://saveourgraves.com.au> to sign the petition, to save our graves.

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*For the people of
the Diocese of Broken Bay,
charity begins at home*



CATHOLIC
DIOCESE OF
BROKEN BAY

This is the last opportunity to make a contribution to the Charitable Works Fund (CWF) for this financial year.

All parishes are allocated a quota that they must raise each financial year. Our parish quota for us to raise before 30 June is \$56891.30. So far, you have generously given over \$45,000 towards this target.

Thank you!

We appreciate the difficulties and demands on all of us, especially in the current financial environment, however for those of you with taxable incomes this appeal is a very effective way to reduce your taxable income whilst also helping the needy recipients listed below as all donations are 100% tax deductible.

We are very appreciative of your support to help us meet the last portion of our quota, otherwise it will need to be drawn from our parish funds.

Many thousands of young people and families in our community receive help from the charities that CWF supports. Donations

support these five charities:

- **Hospital Chaplaincy and Pastoral Care Programme** – where Hospital Chaplains and five lay Pastoral Care ministers reach 3,500 patients and 700 families each year in our hospitals.
- **Confraternity of Christian Doctrine** – materials, training and support for almost 1,000 catechists who take the gospel to students in our State schools.
- **St Lucy's School** – serving primary school students with disabilities.
- **St Edmund's College** – serving secondary school students with disabilities.
- **Ephpheta Centre** – serving the Catholic deaf community.

If you would like to give a donation, envelopes are in the pews or you can do so by credit card through BPoint on our website <https://www.bbcatholic.org.au/pittwater/archive/donations-and-giving> and selecting "CWF Donation" from the drop down Biller Code list

Thank you for your 100% tax deductible contributions towards the pastoral works of the Church.

With the current restrictions in NSW, the capacity of our Sacred Heart Church, Mona Vale is 200 and 250 for Maria Regina Church, Avalon.

Masks are now not compulsory in Church.

Everyone must also stay 1.5 metres away from other people whenever possible.

Continue to practise good hygiene. Please use the hand sanitisers provided in both of our Churches.

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in

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The *Living* Word

Entrance Antiphon Ps 32:11,19

The designs of his Heart are from age to age,
to rescue their souls from death,
and to keep them alive in famine.

First Reading Hos 11:1. 3-4. 8-9

A reading from the prophet Hosea

My heart is saddened at the thought of parting.

Listen to the word of the Lord:

When Israel was a child I loved him,
and I called my son out of Egypt.
I myself taught Ephraim to walk,
I took them in my arms;
yet they have not understood that I was
the one looking after them.
I led them with reins of kindness,
with leading-strings of love.
I was like someone who lifts an infant
close against his cheek;
stooping down to him I gave him his food.
How could I treat you like Admah,
or deal with you like Zeboiim?
My heart recoils from it,
my whole being trembles at the thought.
I will not give rein to my fierce anger,
I will not destroy Ephraim again,
for I am God, not man:
I am the Holy One in your midst
and have no wish to destroy.

The word of the Lord

Responsorial Psalm Is 12:2-6. R. v.3

**(R.) You will draw water joyfully
from the springs of salvation.**

Truly God is my salvation,
I trust, I shall not fear.
For the Lord is my strength, my song,
he became my saviour.
With joy you will draw water
from the wells of salvation. **(R)**

Give thanks to the Lord, give praise to
his name!
Make his mighty deeds known to the
peoples!
Declare the greatness of his name. **(R)**

Sing a psalm to the Lord
for he has done glorious deeds;
make them known to all the earth!
People of Zion, sing and shout for joy
for great in your midst is the Holy One of
Israel. **(R)**

Second Reading Eph 3:8-12. 14-19

A reading from the letter of St Paul to the Ephesians

To know the love of Christ is better than all knowledge.

I, Paul, who am less than the least of all
the saints, have been entrusted with this
special grace, not only of proclaiming to

the pagans the infinite treasure of Christ
but also of explaining how the mystery is
to be dispensed. Through all the ages,
this has been kept hidden in God, the
creator of everything. Why? So that the
Sovereignities and Powers should learn
only now, through the Church, how
comprehensive God's wisdom really is,
exactly according to the plan which he
had had from all eternity in Christ Jesus
our Lord. This is why we are bold
enough to approach God in complete
confidence, through our faith in him.
This then is what I pray, kneeling before
the Father, from whom every family,
whether spiritual or natural, takes its
name:

Out of his infinite glory, may he give you
the power through his Spirit for your
hidden self to grow strong, so that Christ
may live in your hearts through faith, and
then, planted in love and built on love,
you will with all the saints have strength
to grasp the breadth and the length, the
height and the depth; until, knowing the
love of Christ, which is beyond all
knowledge, you are filled with the utter
fullness of God.

The word of the Lord

Gospel Acclamation Mt 11:29

Alleluia, alleluia!
Take my yoke upon you;
learn from me, for I am gentle and lowly
in heart.
Alleluia!

Gospel Jn 19:31-37

A reading from the holy Gospel according to John

One of the soldiers pierced his side with a lance, and immediately there came out blood and water.

It was Preparation Day, and to prevent
the bodies remaining on the cross during
the sabbath – since that sabbath was a
day of special solemnity – the Jews
asked Pilate to have the legs broken and
the bodies taken away. Consequently the
soldiers came and broke the legs of the
first man who had been crucified with
him and then of the other. When they
came to Jesus, they found he was already
dead, and so instead of breaking his legs
one of the soldiers pierced his side with a
lance; and immediately there came out
blood and water. This is the evidence of
one who saw it – trustworthy evidence,
and he knows he speaks the truth – and
he gives it so that you may believe as
well. Because all this happened to fulfil
the words of scripture:

Not one bone of his will be broken;
and again, in another place scripture
says:

They will look on the one whom they
have pierced.

The Gospel of the Lord.

Communion Antiphon Cf. Jn 7:37-38

Thus says the Lord:
Let whoever is thirsty come to me and
drink.
Streams of living water will flow
from within the one who believes in me.

REFLECTION

by Helen Cahill OP

Last Sunday we celebrated the Feast of the Body and Blood of Christ; today, the Feast of the Sacred Heart. These are two feasts that are intimately connected with one another. This is my body given up for you; this is my Blood poured out for you. Given up and poured out can only be the love of God's heart made manifest in Jesus.

Love is the way God relates to us. As Aquinas reminds us, love constitutes God's fundamental relationship to creation. Teilhard wrote, "Love is the physical structure of the universe;" present, he said, from the Big Bang onward. Today we believe that love is the primary energy of the universe and as Christians we believe that love in the universe to be God's energy. The world is charged with divine energy.

To love God we must first let God love us and for too many people that is extremely difficult because it requires being open and vulnerable. It means being willing to surrender into the mystery of love. Often we act as though our self-worth is tied into what we do. We seek affirmation to know that we really count. And yet, doesn't our true sense of self come from the reality that God loves us? Do we believe that?

Pedro Arrupe, once the Superior General of the Jesuits wrote to his brothers in the Society: "What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of bed in the morning, what you do with your evenings, how you spend your weekends, what you read, whom you know, what breaks your heart, and what amazes you with joy and gratitude. Fall in love, stay in love, and it will decide everything."

God sent Jesus into this world to be the revelation of God's love, the same reason that you and I were sent. To reveal by our love of all creation that God is love. We are called to be God's heart in the world. So, fall in love, stay in love and it will decide your life. All that matters in the end is how we love.

© Helen Cahill, OP



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The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. Whilst you are unable to attend Mass, you are able to make your regular donation by way of automatic direct debit from your credit card, please contact the Parish office for more information. Or donations can be made on our website: www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office, 9157 0999 for other ways that you can contribute.



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Liturgy for the Week

- 14/06 **Monday Ordinary Time 11**
2 Cor 6:1-10; Mt 5:38-42
- 15/06 **Tuesday Ordinary Time 11**
2 Cor 8:1-9; Mt 5:43-48
- 16/06 **Wednesday Ordinary Time 11**
2 Cor 9:6-11; Mt 6:1-6, 16-18
- 17/06 **Thursday Ordinary Time 10**
2 Cor 3:15 – 4:1, 3-6; Mt 5:20-26
- 18/06 **Friday Ordinary Time 11**
2 Cor 11:18, 21-30; Mt 6:19-23
- 19/06 **Saturday Ordinary Time 11**
2 Cor 12:1-10; Mt 6:24-34

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