



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Thoughts of Fr Francis Jordan

As long as the Queen of heaven and earth is not everywhere praised, you dare not allow yourself a moment's rest.



Hail Holy Queen

Hail, Holy Queen,
Mother of Mercy,
hail our life,
our sweetness and our hope!
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this
valley of tears.
Turn, then, O most gracious
Advocate, thine eyes of mercy
toward us, and after this,
our exile, show unto us the
blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.
Pray for us O Holy Mother
of God.
That we may be made worthy
of the promises of Christ.



Pope Francis' Prayer Intentions For August

Small Businesses

"Let us pray for small and medium-sized businesses, hard hit by the economic and social crisis, so they may find ways to continue operating, and serving their communities."

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*



You can find us on
Instagram
(pittwater_parish)



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The Catholic Parish
of Pittwater

If you have used this
bulletin, please take it
home with you.

A warm welcome to all
our parishioners and
visitors who are
celebrating the Eucharist
with us at Pittwater Parish
Sacred Heart Church
and
Maria Regina Church

MASS TIMES

SACRED HEART CHURCH 1 Keenan Street, Mona Vale

Weekday Masses

Tuesday 8.30am

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from 8am,

followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from

7.30pm to 9pm

Friday 9.30am

First Friday of the Month,

Exposition of the

Blessed Sacrament,

Adoration, Reconciliation

and Benediction from 9.30am,

followed by Mass

with Anointing of the Sick

at 10.30am

Weekend Masses

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am •

6.00pm (SOUL)

Reconciliation

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH 7 Central Road, Avalon

Weekday Masses

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the

Blessed Sacrament,

Adoration and Benediction

at 9.45am

Friday 8am

Mass with Anointing of the

Sick - First Friday of the

Month at 8am

Weekend Masses

Saturday Vigil 6.00pm

Sunday 9.00am

Reconciliation

Before Vigil Mass on Saturday

Baptism

3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Julie Cunliffe

John Cunliffe

William Kerr

Josephine Kerr

Recently Deceased

Emidio Cafini

Helen McKillop

John Cox

Donald Reid

Catherine Kinzy

Bob Stokes

Susan Makabenta

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by

Prayers for the Sick

Franciszek Smigowski

Anna Smigowska

Angela Bowen

M. Miller

Annette Davis

Andrew Hood

Jeff Langley

Erin Ocampo

Mark Lindfiels

Vicky Kalingasan

Bill Eyre

Brian Gregan

Mrian Poe

Marcia Bailey

Bec Burroughs

Susan Hickey

Sophia Burfitt

Margaret De Landre

Maeve Robinson

Jenny Carroll

Matt Ukishima

Pietrina Maiorana

Mina Lee

Denise Wagner

Ron

Leonie Ariemetto

John Graham

Liturgy for the Week

22/08 Monday, Ordinary Time 21

2 Thess 1:1-5, 11-12;

Mt 23:13-22

23/08 Tuesday Ordinary Time 21

2 Thess 2:1-3, 14-17;

Mt 23:23-26

24/08 Wednesday Ordinary Time 21

Rev 21:9-14; Jn 1:45-51

25/08 Thursday Ordinary Time 21

1 Cor 1:1-9; Mt 24:42-51

26/08 Friday Ordinary Time 21

1 Cor 1:17-25; Mt 25:1-13

27/08 Saturday, St Monica

1 Cor 1:26-31; Mt 25:14-30

BOOK REVIEW

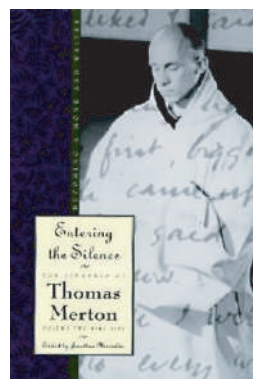
Entering the Silence

The Journals of

Thomas Merton

By: Thomas Merton, Jonathan

Montaldo (Editor)



It is about Merton becoming a Monk and writer in Journals of his journey.



Have a chat and share a cuppa with an older person in your community one hour a fortnight



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Diocese of Broken Bay

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Parish of

Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

GIVING

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READINGS

NEWS



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Caritas Ukraine urgently needs your support

Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit: caritas.org.au/donate/emergency-appeals/ukraine/ or call: 1800 024 413 toll free to provide much needed support.



Caritas
AUSTRALIA

Our Beautiful Queen: Lessons on the Queenship of Mary



One of the most beautiful and universal titles of the Blessed Virgin Mary is her title as Queen, honored on the August 22nd feast of the Queenship of Mary, the octave day of the feast of her Assumption. What does this mean, and what is the Church tradition on this doctrine of the Catholic Faith? Here is a primer on the profound spiritual mystery behind this Marian title.

WHAT HAPPENED WHEN MARY ENTERED HEAVEN

The Queenship of Mary is very closely associated with the dogma of her Assumption into heaven. Catholic Tradition holds that once Mary, the Mother of God was assumed into heaven at the end of her earthly life, she was then crowned as Queen of both Heaven and Earth to reign alongside her Son, the King. This is why the two events in Mary's life are side by side in the Glorious Mysteries of the Holy Rosary.

Pope John Paul II, in his apostolic letter *Rosarium Virginis Mariae* writes of this Glorious Mystery of her Coronation: "Christ was raised in glory to the right hand of the Father, while Mary herself would be raised to that same glory in the Assumption, enjoying beforehand, by a unique privilege, the destiny reserved for all the just at the resurrection of the dead. Crowned in glory as she appears in the last glorious mystery – Mary shines forth as Queen of the Angels and Saints, the anticipation and the supreme realization of the eschatological state of the Church."

Here we see that after the end of Mary's earthly life she was exalted even above the angels in heaven, having a unique privilege and place as the Mother of Jesus Christ, who is both fully God and fully man.

BIBLICAL BASIS OF MARY'S ROYALTY

The doctrine of the Queenship of Mary is based in part on a vision given to St. John the Apostle (the disciple given to the care of Mary after Our Lord's death) that he writes about in the Book of Revelation 12:1-5. That text reads,

"And a great sign appeared in heaven: A woman clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars: And being with child, she cried travailing in birth, and was in pain to be delivered. And there was seen another sign in heaven: and behold a great red dragon, having seven heads, and ten horns: and on his head seven diadems: And his tail drew the third part of the stars of heaven, and cast them to the earth: and the dragon stood before the woman who was ready to be delivered; that, when she should be delivered, he might devour her son. And she brought forth a man child, who was to rule all nations with an iron rod: and her son was taken up to God, and to his throne."

The woman in this passage is Mary, and the child is her Son, Jesus Christ. Notice that in this passage Mary is wearing a crown of twelve stars, which is representative of the twelve tribes of Israel (her ancestry - in Israel's history, it was the mother of the king who reigned as queen) and the twelve Apostles (the foundation of the Church, who regarded her as Mother).

This biblical evidence, combined with other biblical evidence of Mary's special place in God's plan of salvation (Mary as the Ark of the Covenant, Mary as the new Eve, Mary as the Mother of the Church) is foundational to the understanding of her coronation as Queen of Heaven and Earth in Church Tradition.

HER QUEENSHIP IN CHURCH TRADITION

Mary is the Mother of the Church because she was the Mother of Jesus Christ, who is God. This profound familial relationship is not somehow dissolved or lessened in significance after Mary's death, but instead is exalted. Just as Christ is exalted in heaven as King of Kings and Lord of Lords, Mary is similarly exalted in heaven as Queen Mother.

In this life Mary shared in the Passion of Christ, and in heaven she shares in the Glory of Christ. This privilege of reigning with Christ is not meant for Mary alone, but she is our example in that all of us are intended to reign with Jesus in heaven, too. Mary has the special exalted place as Mother of Jesus and Mother of the Church, who helps the faithful journey to her Son.

by **Gretchen Filz**
The Catholic Company



timor-lesle
soibada

Soup for Soibada

6:30pm
26 August 2022
Maria Regina Church Hall
Central Rd Avalon Beach

Tickets \$15
Enjoy a warm bowl of soup,
crusty bread and live
entertainment

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Donita Kerin
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communication

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacrament Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 9918 2608

Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 9997 7044

Principal: Mr Marc Reicher



Parish Bulletin – Term 3, Week 5

On Monday, we celebrated the Feast of the Assumption of the Blessed Virgin Mary with a beautiful Mass. We reflected on the life our Blessed Mother Mary, an exemplary woman of faith, who guides each of us by her example of how to grow in God's grace. We were inspired to open our hearts to the will of God and reflect on how we can follow Mary's example of prayer and service so that we may also enter eternal life in the Kingdom of Heaven.

On Wednesday, Brainstorm Productions visited our College to present a funny and engaging live performance to our Year 8 students. Their resilience program explores the skills that high schoolers need to cope with life's challenges and build meaningful connections.

We held our Year 9 Electives Information Evening to assist our students and their families in selecting their Stage 5 elective subjects for next year.

Senior Detective Constable Cairns also attended our College to empower our Year 12 students to make informed decisions around drug taking and alcohol use. He emphasised the importance of engaging in appropriate behaviour on their last day of Year 12, safe partying during Schoolies Week and looking after their peers.

On Friday, we had a cupcake fundraiser in memory of Alana de Cort who was a Mater Maria student. The funds raised will be donated to the Kids Cancer Project. The fundraiser is always very popular with our students, and it was wonderful to see so many gold coins be exchanged for cupcakes to support this important cause.

Students throughout the College attended the Sydney North Boys Secondary Schools Rugby 7's Gala Day, Years 7 – 9 played Rugby League for the Sydney North Katrina Fanning Cup and the girls had a Cricket Development Day to improve their batting, bowling and fielding skills. The Peninsula Cup Boys Rugby Union and Girls Soccer games, plus several MWBA Basketball competitions continue throughout this term. We thank our students for their school spirit and for representing the College at these sporting events.

Applications for Year 7, 2025 are now open. There are waiting lists for Year 7, 2023 and Year 7, 2024. For more information about enrolling at our Mater Maria Catholic College please visit

<https://matermaria.nsw.edu.au/enrolments/>.

INVITATION

TO ALL CATHOLICS AND NON-CATHOLICS
We are happy to invite everybody who would like to know more about our Catholic faith tradition to join our next RCIA Programme of our Parish in Pittwater starting 5 September 2022, Monday

If Jesus asked us as He queried Peter and His disciples "Who do people say the Son of Man is?", what would our answer be??

Our RCIA team (RCIA stands for 'Rite of Christian Initiation of Adults') would love to share our answers with you based on our faith tradition and our personal experience. In 24 informal evening sessions we discuss some of life's deeper questions:

- * What does it mean to be a Catholic today?
- * What can the Bible and the Church tell us in this day and age?
- * What do we really believe, really?

In the past few years close to 60 people have joined us and given us numerous enthusiastic responses. Many participants testify to this every year by becoming full or renewed members of our Church at Easter.

WHY NOT YOU?

Please register at our Parish Office (91570999) before Friday, 31 August 2022, and join us on Monday, 5 September 2022 at 7 pm (for 90 minutes) in our Parish Centre at Sacred Heart Church, Mona Vale.
EVERYBODY IS WELCOME!

Rome. Lisbon. Fatima.



16 Day Pilgrimage

WORLD YOUTH DAY 2023

Led by the Salvatorians

Expression of interest

Beginning in Italy, we explore the roots of our faith in Rome, unearth the spiritual treasures of the Vatican and as Salvatorians, gather around the tomb of our founder, Blessed Father Francis Mary of the Cross Jordan.

We then join the youth of the world in Lisbon for the 16th International World Youth Day for a week of prayer, worship and celebration, in the company of our Holy Father.

Following the excitement of the WYD Week, we depart for our post WYD Retreat in Fatima where we will spend the following days entering into a time of rest, recreation and retreat, as we unwind and process the amazing past days on pilgrimage.

contact us at sdsau.wyd2023@gmail.com

Scan the QR code to register your interest!



It's not too late to apply!

Please click on the QR Code

and

REGISTER

World Youth Day 2023 is a global gathering of Catholic Youth – and it is just one year away!

Bishop Anthony Randazzo is inviting you to join him on a pilgrimage to Italy and onto Lisbon, Portugal where thousands of young people will gather for this amazing event.

Soibada Update 17 Aug 2022

During last months visit to our sister parish in Soibada, Timor Leste, the volunteers were faced with some challenging realities of life in the village. The poverty is quite confronting. Homes still do not have running water, yet thankfully the tanks and guttering that we provided for the Maternity Clinic in 2019 are still functioning well. Nutrition and health remain a issue. All schools are in dire need of resources. The list of requests for assistance and support is lengthy and will be prioritized according to need, by the committee of local leaders. This will enable us to focus our fundraising efforts accordingly.

The Preschool is the highest priority for the community at present. You can help us support not only the education of these children but the provision of nutritious meals, clean water and a vegetable garden by coming along to the **"Soup for Soibada" night in Maria Regina Church Hall on Friday 26 August. Tickets are only \$15 and cover soup, bread, and fantastic live entertainment.** That small amount of funding makes a huge difference to the life of a pre-schooler in Soibada. Fees are \$5 USD a month and wages for the teachers are only \$100 USD a month. Please buy a ticket at the link, through **Trybooking**, www.trybooking.com/CBRLW or ask me for assistance. It has been a long time since we have had Parish social opportunities, and this is the perfect excuse. Our Parish theme for 2022 is TRUST. The people of Soibada trust in us and the promise we made in 2010 to help them. We must trust that God will provide us with the means and the circumstances to do that. Please, I ask you to help us out, come to Soup for Soibada.

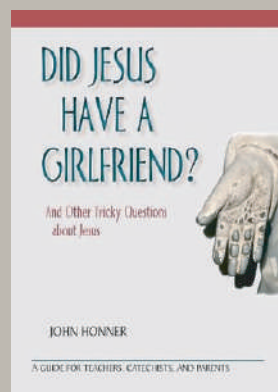
Thanks,
Tamara
Social Justice Ministry

If you are interested in getting involved in this or any of the other projects please check out the **Friends of Soibada Facebook Page** <https://www.facebook.com/friendsofsoibada> or get in touch with Tamara on tamara.harding@bigpond.com or 0403226699



Recommended Reading

Did Jesus Have A Girlfriend? by: John Honner



The latest book from one of our parishioners, John Honner of Avalon Beach, is now available in Australia. It explores eighteen questions that young people ask about Jesus, questions like: "Did Jesus really exist?"; "What did Jesus look like?"; "Was he fun to be with?"; "Did he have a girlfriend?"; "Did Jesus really walk on water?"; "Was Jesus really God?"; "Why did he die on a cross?" and "Where is Jesus now?"

There are another four chapters, perhaps of more interest to adults, discussing questions like "Are the Gospels fake news?" and "Is faith a delusion?"

The book is a sequel to Does God like being God?, which was launched in our parish in 2020. It aims to help us draw closer to Jesus in our journey through life. A third book, on the Church, is due out in October.

Did Jesus have a Girlfriend? is published in the United States by Paulist Press. For those who like local shopping, it can be ordered in at the Beachside Bookshop in Avalon Beach. It is also available from Garratt Publishing in Melbourne and Pauline Books and media in Sydney, as well as Booktopia and other on-line retailers. The ISBN number is 9780809155958.

The author, John Honner, has degrees in Science and Theology. He lectured for twenty years and taught at the United Faculty of Theology with Melbourne University. More recently, he has been a member of the faculty at the Broken Bay Institute, now called BBI- The Australian Institute of Theological Education.

The *Living* Word

Entrance Antiphon Cf. Ps 44:10

At your right stands the queen in robes of gold, finely arrayed.

First Reading Is 9:1-6

A reading from the prophet Isaiah

A Son is born to us

The people that walked in darkness
has seen a great light; on those who live in a land of deep shadow a light has shone. You have made their gladness greater, you have made their joy increase; they rejoice in your presence as men rejoice at harvest time, as men are happy when they are dividing the spoils. For the yoke that was weighing on him, the bar across his shoulders, the rod of his oppressor these you break as on the day of Midian. For all the footgear of battle, every cloak rolled in blood, is burnt and consumed by fire. For there is a child born for us, a son given to us and dominion is laid on his shoulders; and this is the name they give him:
Wonder-Counsellor, Mighty-God, Eternal-Father, Prince-of-Peace. Wide is his dominion in a peace that has no end, for the throne of David and for his royal power, which he establishes and makes secure in justice and integrity. From this time onwards and for ever, the jealous love of the Lord of hosts will do this.

The word of the Lord

Responsorial Psalm Ps 112:1-8.
R. v.2

(R.) Blessed be the name of the Lord for ever.

Praise, O servants of the Lord, praise the name of the Lord!
May the name of the Lord be blessed both now and for evermore! **(R)**

From the rising of the sun to its setting praised be the name of the Lord!
High above all nations is the Lord, above the heavens his glory. **(R)**

Who is like the Lord, our God, who has risen on high to his throne
yet stoops from the heights to look down, to look down upon heaven and earth? **(R)**

From the dust he lifts up the lowly, from the dungheap he raises the poor to set him in the company

of princes, yes, with the princes of his people. **(R)**

Second Reading 1 Jn 4:7-12

A reading from the first letter of St John

God is love.

My dear people,
let us love one another since love comes from God and everyone who loves is begotten by God and knows God. Anyone who fails to love can never have known God, because God is love.
God's love for us was revealed when God sent into the world his only Son so that we could have life through him;
this is the love I mean: not our love for God, but God's love for us when he sent his Son to be the sacrifice that takes our sins away.
My dear people, since God has loved us so much, we too should love one another. God will live in us and his love will be complete in us.

The word of the Lord

Gospel Acclamation Jn 14:6

Alleluia! Alleluia! Alleluia!
Alleluia!

Hail, Mary, full of grace, the Lord is with you;
blessed are you among women.

Alleluia! Alleluia! Alleluia!
Alleluia!

Gospel Lk 1:26-38

A reading from the holy Gospel according to Luke

You will conceive and bear a son.

The angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, so highly favoured! The Lord is with you.' She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be

great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob for ever and his reign will have no end.' Mary said to the angel, 'But how can this come about, since I am a virgin?' 'The Holy Spirit will come upon you' the angel answered 'and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. Know this too: your kinswoman Elizabeth has, in her old age, herself conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God.' 'I am the handmaid of the Lord,' said Mary, 'let what you have said be done to me.' And the angel left her.

The Gospel of the Lord

Communion Antiphon

Cf. Ps 103:13-15

Blessed are you who have believed
that what was spoken to you by the Lord will be fulfilled.



**Welcome to
Pittwater
Parish**

**James Maxwell
Atkins**

**on the
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for the
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