



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina, Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Act of Faith

O my God, I firmly

believe

that you are one God in

three divine Persons,

Father, Son, and Holy

Spirit.

I believe that your divine

Son became man

and died for our sins

and that he will come

to judge the living and

the dead.

I believe these and all

the truths

which the Holy Catholic

Church teaches

because you have

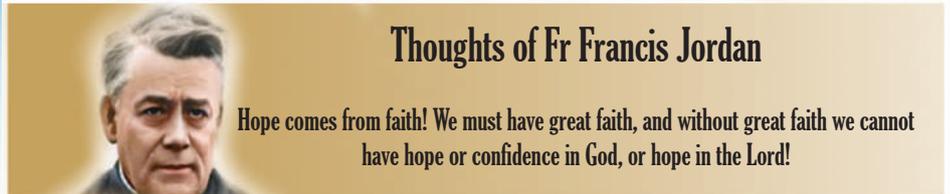
revealed them

who are eternal truth and

wisdom,

In this faith I intend to live and die.

Amen.



Thoughts of Fr Francis Jordan

Hope comes from faith! We must have great faith, and without great faith we cannot have hope or confidence in God, or hope in the Lord!



Pope Francis' Prayer Intentions For May

Faith-Filled Young People

We pray for all young people, called to live life to the fullest; may they see in Mary's life the way to listen, the depth of discernment, the courage that faith generates, and the dedication to service.

Continue to practise good hygiene. *Please use the hand sanitisers provided in both of our Churches.*

It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.

If you have used this bulletin, please take it home with you.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.



MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

Weekday Masses
Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am

Wednesday 9.30am
Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm

Friday 9.30am

First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

Weekend Masses

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

Reconciliation
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

Weekday Masses
Monday 8am

Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

Weekend Masses
Saturday Vigil 6.00pm
Sunday 9.00am

Reconciliation
Before Vigil Mass on Saturday

Baptism
3rd Sunday - 11.00am

We Pray *for*
the Soul

Ljuba Rusev
Sdravko Children
Jonafe Macarayan
Honorina Avelino

Eternal Rest Grant Unto Them
O Lord, And Let Perpetual Light
Shine Upon Them.
May they Rest in Peace. Amen.
May Their Souls And The Souls
Of The Faithful Departed,
Through The Mercy Of God,
Rest In Peace. Amen.

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

Prayers for the Sick

Beryl Peo-Duncan
Michael Carrodus
Pat Regan

Garry Gleeson
Annette Davis
Andrew Hood

Jeff Langley
Warwick Chipman
Erin Ocampo

Mark Lindfield
Vicky Kalingasan
Bill Eyre

Brian Gregan
Marian Poe
Marcia Bailey

Bec Burroughs
Susan Hickey
Sophia Burfitt

Margaret De Landre
Maeve Robinson
Jenny Carroll

Matt Ukishima
Pietrina Maiorana
Susan Makabenta

Dominic Ursino
George Carpenter
Diane Williams

Denise Wagner
Ron

Leonie Ariemetto

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you



We welcome Conille to the Parish Office. Conille joins us as the newly appointed Media and Communications Coordinator. Conille and her family have been a part of Pittwater Parish for over 16 years. Her daughters, Mikaela and Sabina attend Mater Maria Catholic College and son Elijah attends Mona Vale Public School.

HOME CARE PACKAGES



Australia enjoys one of the highest standards of living in the world, and we're living longer. Getting older should be fun – you have more time to do things you have always wanted to, to socialise with friends and learn new things. However, you may just need a little help to maximise those opportunities, to tackle changes in health, mobility and connecting with others. Many older Australians are eligible for a Home Care Package through the Commonwealth Government scheme, to substantially subsidise the cost of getting the extra help you need to maintain independence and vitality.

For more information call CatholicCare Senior Living on (02) 9488 2488 or visit
www.catholiccaredbb.org.au/aged-care/hcp/



If you still have your Project Compassion Box or set of envelopes at home, please bring them back to the Church or Parish Office.

Liturgy for the Week

02/05 **Monday of the 3rd Week of Easter**
Acts 6:8-15; Jn 6:22-29

03/05 **Tuesday of the 3rd Week of Easter**
1 Cor 15:1-8; Jn 14:6-14

04/05 **Wednesday of the 3rd Week of Easter**
Acts 8:1-8; Jn 6:35-40

05/05 **Thursday of the 3rd Week of Easter**
Acts 8:26-40; Jn 6:44-51

06/05 **Friday of the 3rd Week of Easter**
Acts 9:1-20; Jn 6:52-59

07/05 **Saturday of the 3rd Week of Easter**
Acts 9:31-42; Jn 6:60-69

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

GIVING

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LIVESTREAMS
READINGS
NEWS

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Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit: caritas.org.au/donate/emergency-appeals/ukraine/ or call: 1800 024 413 toll free to provide much needed support.

Caritas AUSTRALIA



He said this signifying by what kind of death he would glorify God.



As the Church journeys through the Easter Season, we continually celebrate Jesus' Resurrection. But it's important to keep in mind that the point of this joy is the feast celebrated at Easter's end: the holy feast of Pentecost. Pentecost, celebrated on the fiftieth and final day of the season of Easter, is a celebration of God the Holy Spirit flooding the hearts, minds, and souls of those who wish to live as members of the Body of Christ.

So Pentecost is the end of Eastertide in two senses. Pentecost is the final day of the Season of Easter. But more importantly, Pentecost is the end of Easter in the sense of being the goal of Easter.

Each Sunday of Easter, in its own unique way, helps us prepare for Pentecost. Jesus' appearances in His Risen Body alert us more and more to the role of the Holy Spirit in the life of the Church, of which God calls us to be full members. Last Sunday, we heard that on the very evening of the Resurrection, Jesus appeared to the apostles—except Thomas—and breathed upon them the gift of the Holy Spirit, so that they might be able to forgive the sins of fellow human beings. Just days earlier Jesus had died on the Cross for the forgiveness of sins. Yet on the evening of the Resurrection, by giving to the apostles what St. John in the Book of Revelation calls "the keys of death and the nether world", Jesus gave the apostles the power to free men and women from the prison of sin.

Today we hear how Christ extended the gift of reconciliation to one of the apostles in a particular way. Like all the gifts that God gives, this gift of reconciliation was given to Saint Peter so that he would be a better disciple of Christ Jesus in his own particular manner. After commanding St. Peter in regard to the miraculous catch of fish—itsself a symbol of the apostles' ministry to be "fishers of men"—Our Risen Lord asks Peter a very simple question. This questions aims at reconciliation.

"Simon, son of John, do you love me?" The fact that Jesus addresses this question to "Simon, son of John" instead of to "Peter" is significant. St. John the Evangelist, before the answer to Jesus' question is given, refers to this man as "Simon Peter"; after the answer is given, the evangelist refers to him simply as "Peter". We know that the name Peter means "rock", and that it is upon this rock that Jesus built His Church. Nonetheless, until Peter repented publicly three times, in order to make up for his three-fold public denial of Jesus, Peter could not serve as Jesus wanted.

Only by assuring Jesus that he loved Him could he accept the name "Peter". But notice also that in Jesus accepting Peter's repentance, He also gives Peter a new command. Jesus commands him not only to be faithful to proclaiming

His Name, as he had failed to do after the Last Supper. Jesus' new command for Peter was something greater: "Feed my sheep." Peter was not only to be "rock-solid", so to speak, in preaching the Gospel. Peter was to be the Rock at the very heart of the Church, upon which the entire Church would rest. Just as the Israelites in the desert struck the Rock and found a source of living water, so the Church finds in the Rock of Peter the assurance that the words the Church teaches are the words of Jesus Himself.

By Fr Thomas Hoisington
Catholic Diocese of Wichita

MEN'S BREAKFAST
21 MAY 2022
7:30 AM

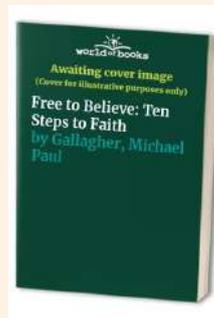
It's an opportunity for men to get together for fellowship, faith, fun and food. We welcome all men of all ages. It will be held at the Parish Centre.

BOOK REVIEW

Free to Believe:

Ten Steps to Faith

by Michael Paul Gallagher



As you read of the many personal experiences of this author, you will recognise your own life's journey. The three stages, opening the doors of prison, starting a quest and finishing with an encounter all lead to trust and communion with our God.

HOPE in ACTION



Cycle to Poverty

Kirsty Robertson, CEO of Caritas Australia and Richard Landels, Advancement Director, will be cycling 900km over 9 days from Sydney to Melbourne to help break the cycle of poverty.

Kirsty and Richard's ride will cross over difficult and challenging terrain to put their minds and bodies to the test as they fundraise for vulnerable communities. They will meet with local schools and parish communities along the way before finishing at St Patrick's Cathedral in Melbourne.

You can help support Kirsty and Richard's fundraiser by making a donation.

Your generous donation today can help make a lasting impact for future generations.

Please DONATE NOW

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7-12 students with disabilities

Ephpheta Centre
Catholic Deaf Community



CATHOLIC
DIOCESE OF
BROKEN BAY

Mother's Day Sunday
8th of May 2022

We invite all Mothers for a blessing during mass:

Saturday 5pm
Sacred Heart Church
Saturday 6pm
Maria Regina Church
Sunday 8am
Sacred Heart Church
Sunday 9am
Maria Regina Church
Sunday 10am
Sacred Heart Church
Sunday 6pm
Sacred Heart Church

To All Parishioners

The Sydney Archdiocese Committee, of World Apostolate of Fatima, invite you to our May Celebration at St Mary's Cathedral on Saturday, 14th of May. We are honouring our Lady to intercede for peace in the World and the Welfare of Australia. To commence at 11:30 am with entrance procession (inside the Cathedral) with the Pilgrim Virgin Statue of the Lady of Fatima (with the Immaculate Heart) Rosary, Litany of Loretto and Act of Consecration to the Immaculate Heart of Mary followed by Holy Mass at noon. We look forward to you joining us in Prayer, especially for this recent outbreak in Ukraine.

Further enquiries, please contact us on
0403578994.

Planned Giving

The money contributed to our parish via our second collection helps us to meet the running costs which our Parish incurs, including wages, electricity, telephones, insurances, rates, building and equipment repairs and maintenance, to name but a few. As we are unable to donate via our second collection at present, our parish will not receive the funds which are truly needed to cover our relentless stream of expenses. Whilst you are unable to attend Mass, if you are able to make your regular donation by way of automatic direct debit from your credit card, please complete the form included in this bulletin. **Or donations can be made on our website:** www.pittwaterparish.org through the donations and giving tile. If you would prefer not to give by credit card, please contact the parish office,



MONA VALE CHOIR

Our next Monday
night practice
will be:

9 May 7pm

Thank you!



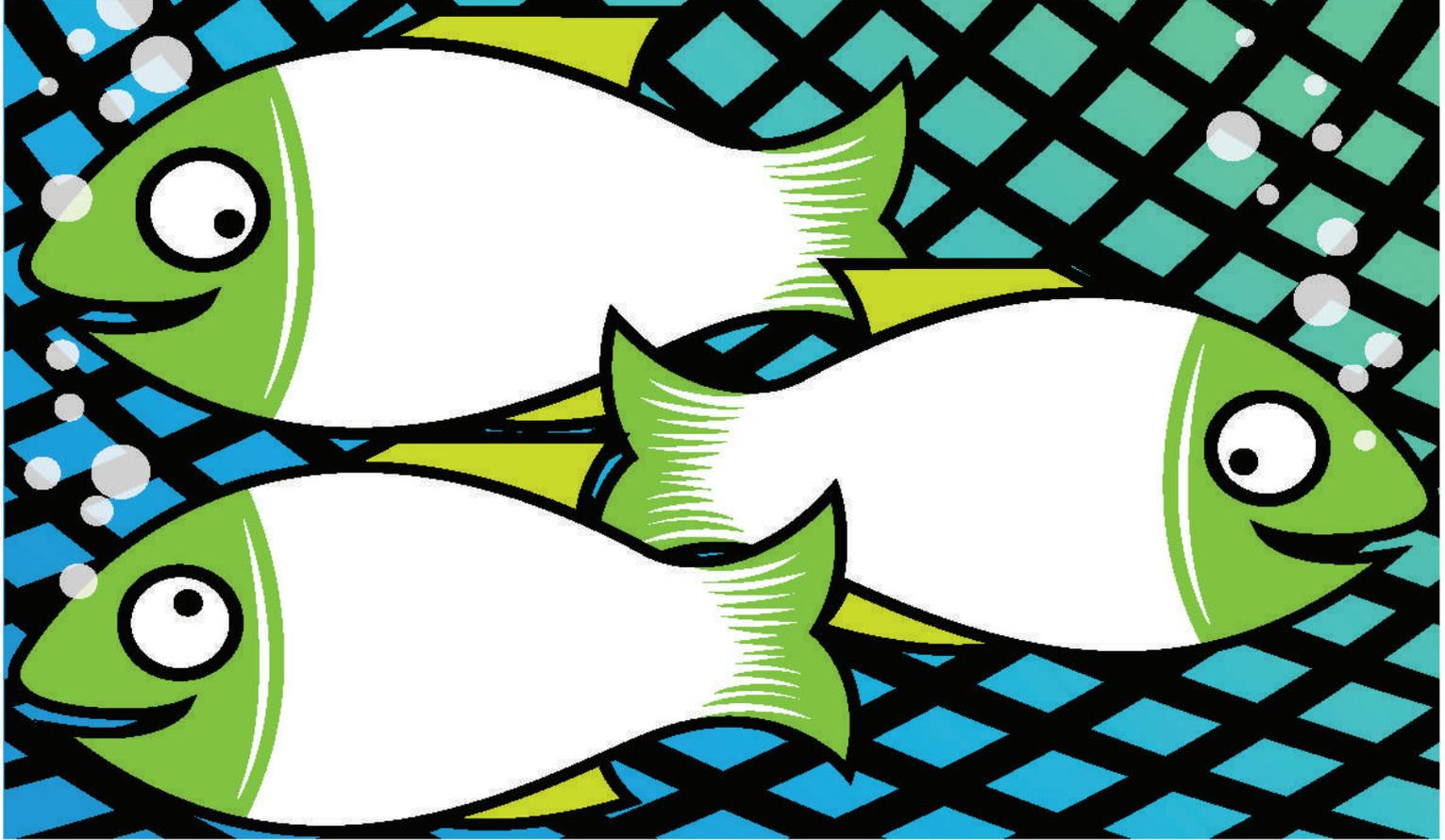
Jesus appears to his friends



My name is

3rd Sunday of Easter, Year C

The disciples had almost given up on catching fish when Jesus appeared to them and told them to let down their nets one more time. Write down about times in your life when Jesus has given you hope.



Jesus asked his disciples to let down their nets and they were rewarded. What are some things that Jesus asks us to do? How are we rewarded?

Help Peter swim to shore to be with Jesus.



The *Living* Word

Entrance Antiphon Cf. Ps
65:1-22

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia..

First Reading Acts
5:27-32.40-41

A reading from the Acts of the Apostles
We are witnesses of these words, and so is the Holy Spirit

The high priest demanded an explanation of the apostles. 'We gave you a formal warning,' he said 'not to preach in this name, and what have you done? You have filled Jerusalem with your teaching, and seem determined to fix the guilt of this man's death on us.' In reply Peter and the apostles said, 'Obedience to God comes before obedience to men; it was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.' They warned the apostles not to speak in the name of Jesus and released them. And so they left the presence of the Sanhedrin glad to have had the honour of suffering humiliation for the sake of the name.

The word of the Lord

Responsorial Psalm Ps 29:2. 4-6. 11-13.
R. v.2

**(R.) I will praise you, Lord,
for you have rescued me.**

O Lord, you have raised my soul from the dead,
restored me to life from those who sink into the grave. **(R)**

Sing psalms to the Lord, you who love him,
give thanks to his holy name.
His anger lasts but a moment; his favour through life.
At night there are tears, but joy comes with dawn. **(R)**

The Lord listened and had pity.
The Lord came to my help.
For me you have changed my mourning into dancing;
O Lord my God, I will thank you for ever. **(R)**

Second Reading Rv 5: 11-15
A reading from the book of the Apocalypse
The Lamb that was sacrificed is worthy to be given power, wealth, glory, and blessing.

In my vision, I, John, heard the sound of an immense number of angels gathered round the throne and the animals and the elders; there were ten thousand times ten thousand of them and thousands upon thousands, shouting, 'The Lamb that was sacrificed is worthy to be given power, riches, wisdom, strength, honour, glory and blessing.' Then I heard all the living

things in creation – everything that lives in the air, and on the ground, and under the ground, and in the sea, crying, 'To the One who is sitting on the throne and to the Lamb, be all praise, honour, glory and power, for ever and ever.' And the four animals said, 'Amen'; prostrated themselves to worship.

The word of the Lord

Gospel Acclamation

Alleluia, alleluia!
Christ is risen, the Lord of all creation;
he has shown pity on all people.
Alleluia!

Gospel Jn
21:1-14

A reading from the holy Gospel according to John
Jesus stepped forward, took the bread and gave it to them, and did the same with the fish.

Jesus showed himself again to the disciples. It was by the Sea of Tiberias, and it happened like this: Simon Peter, Thomas called the Twin, Nathanael from Cana in Galilee, the sons of Zebedee and two more of his disciples were together. Simon Peter said, 'I'm going fishing.' They replied, 'We'll come with you.' They went out and got into the boat but caught nothing that night. It was light by now and there stood Jesus on the shore, though the disciples did not realise that it was Jesus. Jesus called out, 'Have you caught anything, friends?' And when they answered, 'No', he said, 'Throw the net out to starboard and you'll find something.' So they dropped the net, and there were so many fish that they could not haul it in. The disciple Jesus loved said to Peter, 'It is the Lord.' At these words 'It is the Lord,' Simon Peter, who had practically nothing on, wrapped his cloak round him and jumped into the water. The other disciples came on in the boat, towing the net and the fish; they were only about a hundred yards from land. As soon as they came ashore they saw that there was some bread there, and a charcoal fire with fish cooking on it. Jesus said, 'Bring some of the fish you have just caught.' Simon Peter went aboard and dragged the net to the shore, full of big fish, one hundred and fifty-three of them; and in spite of there being so many the net was not broken. Jesus said to them, 'Come and have breakfast.' None of the disciples was bold enough to ask, 'Who are you?'; they knew quite well it was the Lord. Jesus then stepped forward, took the bread and gave it to them, and the same with the fish. This was the third time that Jesus showed himself to the disciples after rising from the dead.

The Gospel of the Lord

Communion Antiphon Lk 24:35

The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.

REFLECTION
by Dianne Bergant CSS

Today we concentrate on the different ways that the witness of the community of faith manifests the Lord – the apostolic witness of leadership and service that is accomplished by the various ministries within the church. While today's gospel singles out Peter as a leader within the community, in no way does this mean that such providential care for the church is the sole responsibility of authorised leaders. Rather, it is the responsibility of all the baptised.

In their teaching and preaching, the apostles moved from one understanding of God's presence and activity in the midst of the people to another. This new understanding had the death and resurrection of Jesus at its core. The light of the resurrection illumined their former religious convictions and aspirations, and they were undeterred in their commitment to spread this good news, this new word, this transforming light. A martyr is a witness, one who is so committed, that that person is willing to suffer any consequence, even death, in order to be faithful. The apostles rejoiced that they had been found worthy of ill-treatment for the sake of the name of Jesus. The Lamb who is exalted is the one who was slain, and Peter is told that, like his master, he will pay for his commitment with his life. Even the psalm alludes to the suffering that must be endured by those who have chosen to be faithful. This kind of steadfastness has always been a persuasive witness on truth.

© Dianne Bergant
CSS

SACRAMENT OF CONFIRMATION

Our next programme for the Sacrament of Confirmation for children in Year 3 and above will commence with our parent information evenings.

If you would like your child to participate in our upcoming programme, you will need to attend one of the following information sessions:

**Monday 2 May 2022 at 7pm at
Sacred Heart Church, Mona Vale
OR
Wednesday 4 May 2022 at 7pm at
Maria Regina Church, Avalon**

The Sacrament of Confirmation will be celebrated in our parish on
in June 2022.

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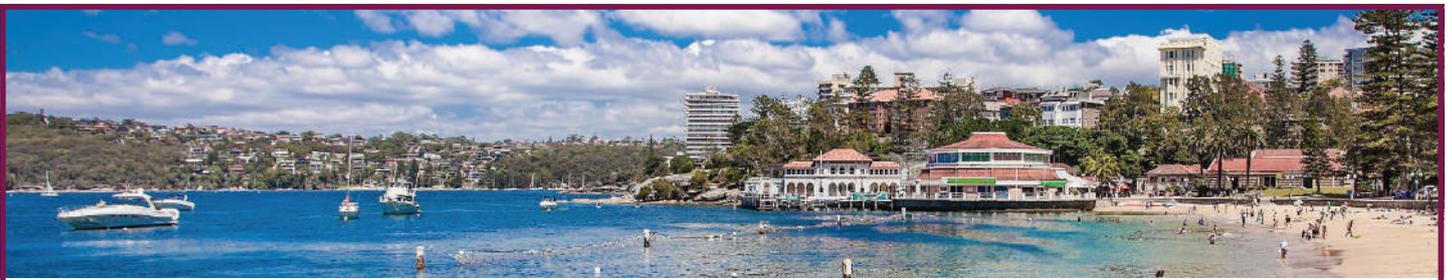


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