

Lent: Time for Prayer

Unit Focus:

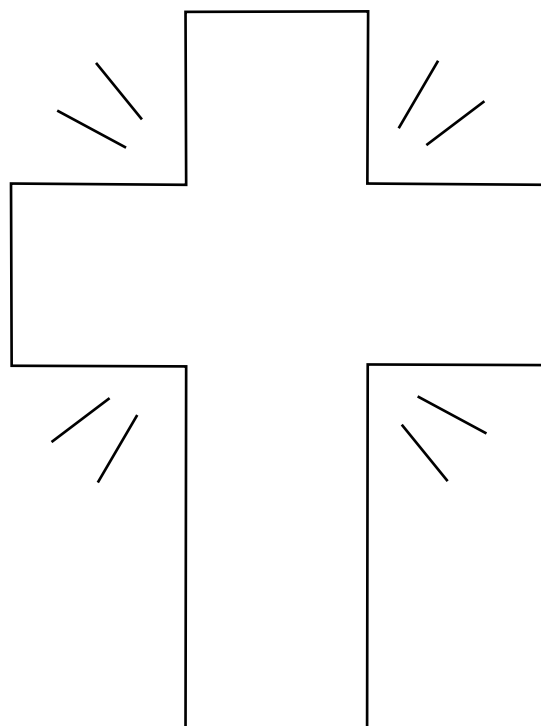
Students focus on the prayerful aspect of Lent. They are given a variety of experiences of both formal and informal prayer and encouraged to appreciate the value of silence in prayer. The unit focuses on opportunities to look for, know and find God within themselves and highlights a key aspect of prayer during the Lenten period; expressing sorrow for any ways in which we have failed to be all that we can be in relationship with God and others.

Students are challenged to:

- pray in a variety of ways.
- show reverence and appreciation towards the Bible.

In Class:

Students explore how it was important for Jesus to take time out of his busy life to pray and how it is also important they have time to themselves to pray.



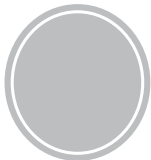
How Jesus Prayed

Aim: To spend time talking to God every day.



Pray about what makes me **happy**

and anything I am **worried** about.



Dear God, help me to talk to you every day. Amen.