

## 5.5.1 BREAD OF LIFE

**Unit Focus:** Students examine the celebration of the Eucharist as a memorial sacrifice and a meal. Students focus on how Christ nourishes us.

**Lesson Focus/Aim:** To recognise the significance of bread in the Bible stories and in our lives.

**Students are challenged to:**

- Embrace Catholic liturgical and sacramental life.
- Reach out and minister to others.

**In class:** Students have explored ways in which people get together at meal times and have **recognised** the importance of sharing (the sharing of food, activities, co-operation, etc). Students then **reflect** on those members of society who are in need and **respond** on how they can help by following in the footsteps of Jesus.

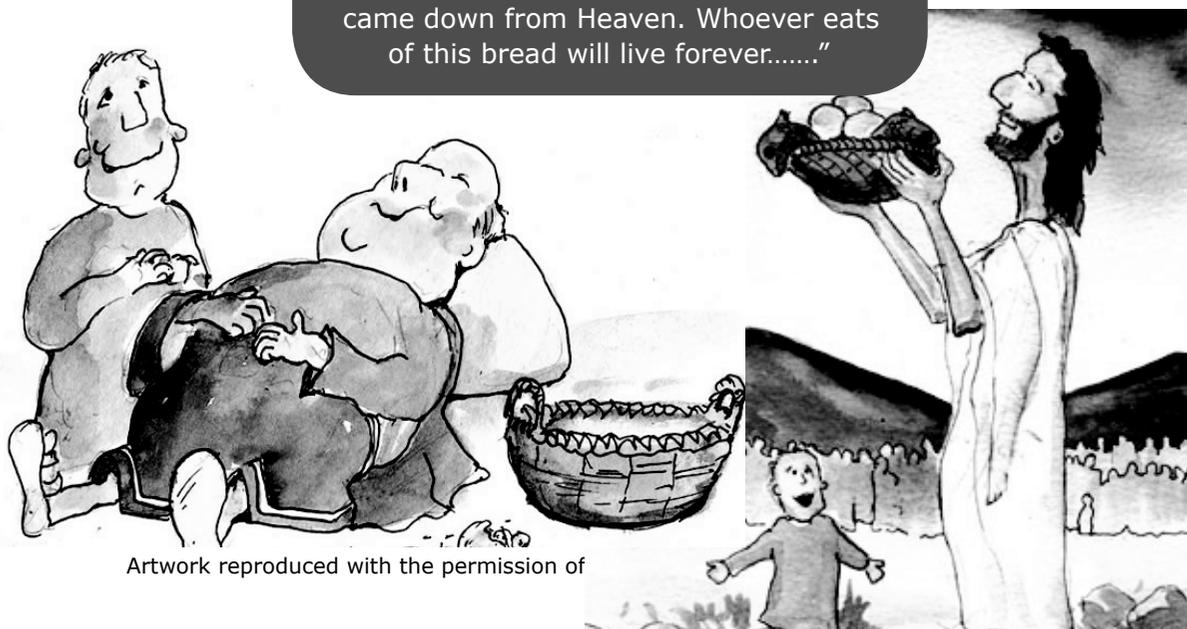
**Family supplement activity:** Students reflect on the various elements of the lesson by completing the find-a-word activity.

# 5.5.1 BREAD OF LIFE

Family Supplement: Have you ever realised the significance of bread in our daily lives? Jesus did, that's why He used it in the Eucharist. Complete the following chart, noting the number of times your family eats any of these types of bread in the next week

Bread Type	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Toast							
Sandwiches							
Rolls							
Dinner rolls							
Hamburgers							
Wraps							
Falafels							
Doner kebabs							
Pizza base							
Croutons							
Lebanese bread							
Pocket bread							
Crispbread							
Other							

John 6:51 "I am the living bread that came down from Heaven. Whoever eats of this bread will live forever....."



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