



Would you like to get involved?

SELECT WHICH CHURCH AND MASS TIME BEST SUITS YOU AND TICK WHICHEVER MINISTRIES YOU ARE INTERESTED IN. A COORDINATOR OF THAT MINISTRY WILL CONTACT YOU TO GIVE YOU MORE INFORMATION AND TO INVITE YOU TO TAKE PART.

Our Lady Help of Christians - Epping	St Gerard's - Carlingford
<input type="checkbox"/> 5:00pm (Saturday Vigil)	<input type="checkbox"/> 6:00pm (Saturday Vigil)
<input type="checkbox"/> 8:30am (Children/Family Mass)	<input type="checkbox"/> 7:45am
<input type="checkbox"/> 10:15am	<input type="checkbox"/> 9:30am (Children/Family Mass)
<input type="checkbox"/> 6:00pm	<input type="checkbox"/> 5:00pm

MOST MINISTRIES ARE ROSTERED MONTHLY WITH FLEXIBILITY TO SWAP WHEN NEEDED.

At Mass:

- Welcome & greet people at Mass
- Serve morning tea or supper after Mass
- Proclaim the Word of God at Mass
- Sing or play music at Mass
- Serve on the altar at Mass (Adult 18 +) * (Junior Yr 4+)
- Run the computer and projector for the hymns and prayers at Mass
- Lead or help with children's liturgy at Mass (OLHC 8.30am or St Gerard's 9.30am) *

Outside of Mass:

- Take communion to the sick or elderly at home or in a nursing home
- Teach a weekly half hour Catholic religion lesson to a class in a state school *
- Visit & provide practical assistance to people in financial difficulty (St Vincent de Paul) *
- Put the finishing touches to the flowers, candles & altar cloths (Altar society)
- Help with small repairs and maintenance jobs
- Help with Friday morning Playgroup *
- Help with office administration
- Assist with photography or video editing for special occasions
- Assist with money counting (Monday mornings)

MINISTRIES MARKED WITH A * REQUIRES EITHER A WORKING WITH CHILDREN CHECK OR NATIONAL POLICE CRIMINAL HISTORY CHECK WHICH THE OFFICE STAFF CAN ASSIST YOU WITH.



The Catholic Parish
of Epping & Carlingford

P.T.O TO FILL IN YOUR DETAILS

YOUR DETAILS:

NAME: _____

NUMBER: _____

EMAIL: _____

PLEASE PLACE THIS FORM IN THE DONATION BOXES IN THE CHURCH,

RETURN IT TO THE PARISH OFFICE OR EMAIL IT TO

PARISH@EPPCARL.ORG.AU



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