

EXPLORING THE FAITH 2025-2026 – COURSE OUTLINE

Have you ever thought: Why is the Old Testament so important to our Faith? What really is the Good News? How can we be so confident in the Resurrection? Why do we need prayer? What takes place when we receive the Sacraments? How do we fit in the universal Church?

Exploring the Faith is a 30 week course that explores these questions and more, starting Wednesday 6 Aug 2024 (7.15pm–9.00pm) through to 20th May 2025 at Our Lady of Dolours Parish, Chatswood in St Peter's meeting room. There are no prerequisites or obligations to joining.

<https://www.bbcatholic.org.au/chatswood/ministries/faith-formation-social-justice/faith-formation-social-justice/faith-formation>

For further information/registration, please contact Anthony 0414364522 exploringthefaith@gmail.com

	Wk	Session Topic	
Getting started	1	Our Own Faith Histories	6 August
	2	The God we know (so far)	13 August
Introduction to the Old Testament	3	Abraham and Isaac (Genesis 22:1-14)	20 August
	4	Joseph & the Coat of Many Colours (Genesis 37:1-36)	27 August
	5	Moses I (Exodus 1:1 – 4:31).	3 September
	6	Moses II (Exodus 5:1 – 14:31).	10 September
	7	King Saul (First Book of Samuel).	17 September
	8	King David (Second Book of Samuel).	24 September
	9	God's Ways are not Man's Ways.	15 October
The Jesus Story	10	The Birth of Jesus	22 October
	11	Proclaiming the Good News	29 October
	12	His public ministry	5 November
	13	Crucifixion, Resurrection & Ascension	12 November
The Holy Spirit	14	The Role of the Holy Spirit after Jesus ascends into Heaven	19 November
	15	The Sacraments	26 November
	16	The Saints	4 December
Growing in Holiness	17	The Nature of Sin	10 December
	18	Christian Morality of Life	28 January
	19	Christian Morality of Sexuality	4 February
	20	Christian Morality of Community	11 February
Teach us to Pray	21	Introduction to Prayer Why Do We Need Prayer?	25 February
	22	Silent prayer and prayer groups	4 March
	23	Traditional Devotional Practices	11 March
	24	Prayer and Suffering	18 March
	25	Praying the Sacrament	25 March
Living the Christian Life	26	Overview of the Faith	22 April
	27	The Parish in the Universal Church	29 April
	28	Building the Kingdom of God in our Parish	6 May
	29	The Ministry of the Wider Church	13 May
	30	Retreats and Pilgrimages, and Final Party	20 May