

EXPLORING THE FAITH 2026-2027 – COURSE OUTLINE

Have you ever thought: Why is the Old Testament so important to our Faith? What really is the Good News? How can we be so confident in the Resurrection? Why do we need prayer? What takes place when we receive the Sacraments? How do we fit in the universal Church?

Exploring the Faith is a 30 week course that explores these questions and more, starting Wednesday 29 July 2026 (7.15pm–9.00pm) through to 19th May 2027 at Our Lady of Dolours Parish, Chatswood in St Peter's meeting room. There are no prerequisites or obligations to joining.

<https://www.bbcatholic.org.au/chatswood/ministries/faith-formation-social-justice/faith-formation-social-justice/faith-formation>

For further information/registration, please contact Anthony 0414364522 exploringthefaith@gmail.com

	Wk	Session Topic	
Getting started	1	Our Own Faith Histories	29 July
	2	The God we know (so far)	5 August
Introduction to the Old Testament	3	Abraham and Isaac (Genesis 22:1-14)	12 August
	4	Joseph & the Coat of Many Colours (Genesis 37:1-36)	19 August
	5	Moses I (Exodus 1:1 – 4:31).	26 August
	6	Moses II (Exodus 5:1 – 14:31).	3 September
	7	King Saul (First Book of Samuel).	9 September
	8	King David (Second Book of Samuel).	16 September
	9	God's Ways are not Man's Ways.	23 September
The Jesus Story	10	The Birth of Jesus	14 October
	11	Proclaiming the Good News	21 October
	12	His public ministry	28 October
	13	Crucifixion, Resurrection & Ascension	4 November
The Holy Spirit	14	The Role of the Holy Spirit after Jesus ascends into Heaven	11 November
	15	The Sacraments	18 November
	16	The Saints	25 November
Growing in Holiness	17	The Nature of Sin	2 December
	18	Christian Morality of Life	9 December
	19	Christian Morality of Sexuality	16 December
	20	Christian Morality of Community	3 February
Teach us to Pray	21	Introduction to Prayer Why Do We Need Prayer?	17 February
	22	Silent prayer and prayer groups	24 February
	23	Traditional Devotional Practices	3 March
	24	Prayer and Suffering	10 March
	25	Praying the Sacrament	17 March
Living the Christian Life	26	Overview of the Faith	7 April
	27	The Parish in the Universal Church	28 April
	28	Building the Kingdom of God in our Parish	5 May
	29	The Ministry of the Wider Church	12 May
	30	Final Party	19 May