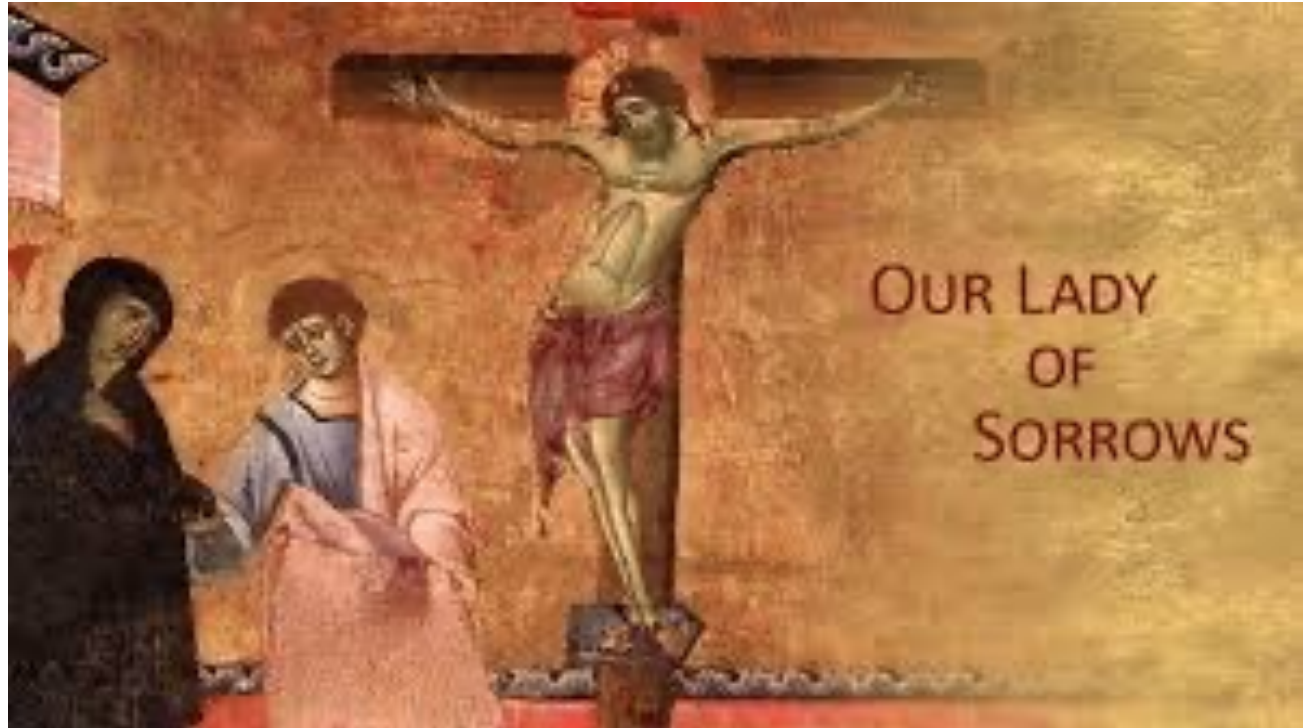


Novena to Our Lady of Sorrows – (2026)



Introduction

Fr Hien:

In the name of the
Father, and of the Son,
and of the Holy Spirit.

All

Amen



Rosary of Our Lady of Sorrows - Opening Prayers

Pray together:

- My God, I offer this Rosary for Your glory and to honour Your Holy Mother, the Blessed Virgin, by meditating on her suffering. I beg for true repentance, wisdom, and humility to receive this prayer's indulgences.
- O my God, I am truly sorry for offending You. I detest my sins, fearing loss of Heaven and hell's pains, but most of all because they offend You, who are all good and deserving of all my love. With Your grace, I resolve to confess, do penance, and amend my life. Amen.



Rosary of Our Lady of Sorrows - Opening Prayers (cont)

Leader: Fr Hien

Response: Mary D

- 3 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.



The First Sword of Sorrow: The Prophecy of Simeon

Luke 2:34-35

And Simeon blessed them and said to Mary his mother, “Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed”.



The First Sword of Sorrow: The Prophecy of Simeon

- Our Father
- 7 Hail Marys
- **Leader:** Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.



Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ  we follow,
Bearing all the sins of the world.

This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Second Sword of Sorrow: The Flight Into Egypt

Matthew 2:13-14

When they had departed, behold, the angel of the Lord appeared to Joseph in a dream and said, “Rise, take the child and his mother, flee to Egypt, and stay there until I tell you. Herod is going to search for the child to destroy him.” Joseph rose and took the child and his mother by night and departed for Egypt.

The Second Sword of Sorrow: The Flight Into Egypt

- Our Father
- 7 Hail Marys
- **Leader:** Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ we follow,

Bearing all the sins of the world.



This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Third Sword of Sorrow: The Loss of Jesus in the Temple

Luke 2:43-45

After they had completed their days, as they were returning, the boy Jesus remained behind in Jerusalem, but his parents did not know it. Thinking that he was in the caravan, they journeyed for a day and looked for him among their relatives and acquaintances, but not finding him, they returned to Jerusalem to look for him.

The Third Sword of Sorrow: The Loss of Jesus in the Temple

Leader : Angela

Response: Sayuri

- Our Father
- 7 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ we follow,

Bearing all the sins of the world.



This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Fourth Sword of Sorrow: Mary Meets Jesus on His Way to Calvary

Luke 23:27-29

A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, “Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children, for indeed, the days are coming when people will say, ‘Blessed are the barren, the wombs that never bore and the breasts that never nursed’.

The Fourth Sword of Sorrow: Mary Meets Jesus on His Way to Calvary

- Our Father
- 7 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ  we follow,
Bearing all the sins of the world.

This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Fifth Sword of Sorrow: Mary Stands at the Foot of the Cross

John 19:25-27

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home.

The Fifth Sword of Sorrow: Mary Stands at the Foot of the Cross

: Lei

- Our Father
- 7 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ we follow,

Bearing all the sins of the world.

This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Sixth Sword of Sorrow: Jesus is Taken Down From the Cross

John 19:32-34

So the soldiers came and broke the legs of the first and then of the other one who was crucified with Jesus. But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out.

The Sixth Sword of Sorrow: Jesus is Taken Down From the Cross

- Our Father
- 7 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ  we follow,
Bearing all the sins of the world.

This hymn was written by Titus Grenyer for Chatswood Catholic Parish

The Seventh Sword of Sorrow: The Burial of Jesus

John 19:41-42

Now in the place where he had been crucified there was a garden, and in the garden a new tomb, in which no one had yet been buried. So they laid Jesus there because of the Jewish preparation day; for the tomb was close by.

The Seventh Sword of Sorrow: The Burial of Jesus

- Our Father
- 7 Hail Marys

Leader: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Hymn to Our Lady of Sorrows (chorus only)

Mary, may I weep with thee?

Mary, may I weep with thee?

In our sorrow, Christ  we follow,
Bearing all the sins of the world.

This hymn was written by Titus Grenyer for Chatswood Catholic Parish

Rosary of Our Lady of Sorrows – Closing Prayers

Queen of Martyrs, your heart suffered so much. I beg you, by the merits of the tears you shed in these terrible and sorrowful times, to obtain for me and all the sinners of the world the grace of complete sincerity and repentance. Amen.

Rosary of Our Lady of Sorrows – Closing Prayers (Cont)

- Mary, who was conceived without sin and who suffered for us,
 - pray for us.
- Mary, who was conceived without sin and who suffered for us,
 - pray for us.
- Mary, who was conceived without sin and who suffered for us,
 - pray for us.



Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession,
was left unaided.
Inspired by this confidence
I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come,
before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.
Amen

Litany to Our Lady of Sorrows

Lord have mercy on us
us

Lord have mercy on us

God the Father of heaven
God the Son, Redeemer
of the world

God the Holy Spirit

Holy Mary, Mother of God

Holy Virgin of virgins

Mother of the Crucified

Mother set with anguish

Mother overwhelmed by grief

Mother transfixed by a sword

Mother crucified in your heart

Christ have mercy on

Christ hear us, Christ
graciously hear us

Have mercy on us

Have mercy on us

Have mercy on us

Pray for us



Litany cont'd

Mother of Sorrows
Fount of tears
Mirror of patience
Rock of constancy
Remedy in perplexity
Joy of the afflicted
Ark of the desolate
Refuge of the abandoned
Shield of the oppressed
Solace of the wretched
Medicine of the sick
Help of the faint
Strength of the weak
Companion of the sorrowful
Retreat of those who groan
Treasure of the Faithful
Light of Confessors
Joy of all the Saints

Pray for us



Conclusion to Litany

Pray for us, most Sorrowful Virgin, that we may be made worthy of the promises of Christ.

Let us pray

O God in whose Passion according to the prophecy of Simeon, a sword of grief passed through the most sweet soul of your glorious Blessed Virgin Mother Mary: grant that we, who celebrate the memory of her Seven Sorrows, may obtain the graces of Your Passion, Who lives and reigns world without end. Amen



Prayer for a Particular Grace

O most holy and afflicted Virgin, Queen of Martyrs, who stood on Mount Calvary where your Son was in agony: by the sword of sorrow which pierced your heart, by the sufferings of your whole life on earth, and your wonderful joy in Heaven; look upon us with maternal tenderness as I place my petition, with childlike confidence, in your wounded heart.

(Pause and pray our personal intention.)

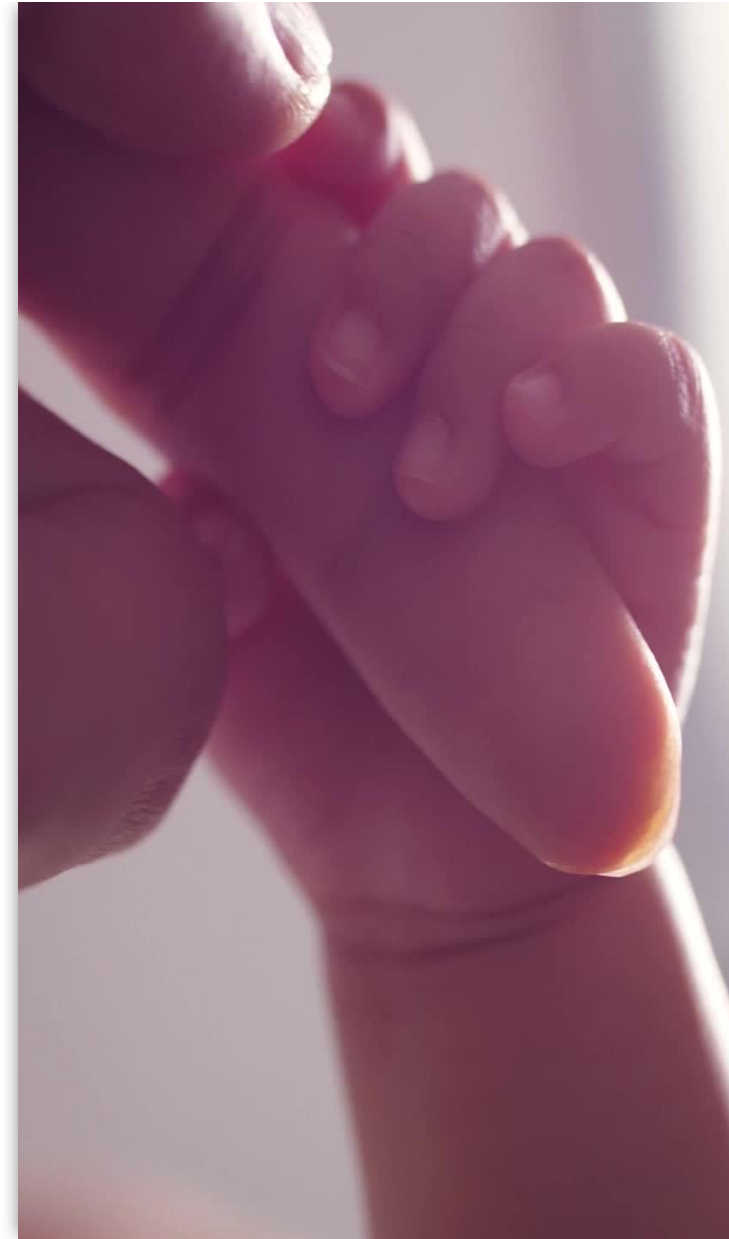
I beg of you, dear Mother, to plead for me with your divine Son, since he can refuse you nothing, and, through the merits of his sacred Passion and Death, together with your own suffering at the foot of the Cross, so to move his Sacred Heart that I may obtain this request.



Prayer to Our Lady of Sorrows

Our mother of sorrows,
with strength from above you stood by the cross,
sharing in the sufferings of Jesus,
and with tender care you bore him
in your arms, mourning and weeping.

We praise you for your faith,
which accepted the life God planned for you.
We praise you for your hope,
which trusted that God would do great things in you.
We praise you for your love
in bearing with Jesus the sorrows of his passion.

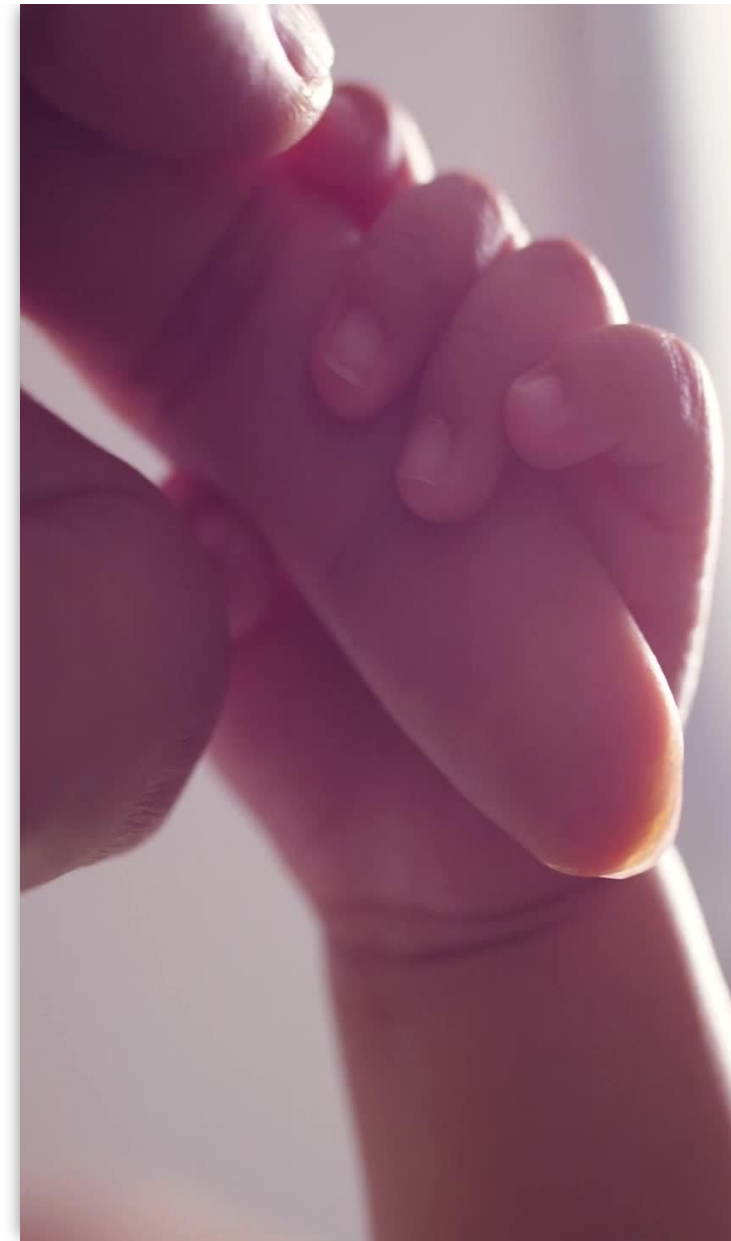


Prayer to Our Lady of Sorrows (cont)

Holy Mary, may we follow your example,
and stand by all your children who need comfort and
love.

Mother of God,
stand by us in our trials and
care for us in our many needs.
Pray for us now and at the hour of our death.

Amen!



The background features a smooth gradient transitioning from deep purple on the left to bright orange on the right. A large, white, semi-transparent geometric shape, resembling a stylized 'U' or a wide 'V', is positioned in the upper right quadrant, creating a sense of depth and light.

Final Blessing