



Office for
Evangelisation

CATHOLIC
DIOCESE OF
BROKEN BAY

A discussion guide for small groups

Gaudete et Exsultate



*Rejoice
and
be glad*

HOW TO USE THIS DISCUSSION GUIDE

This discussion guide is intended as a companion to the Apostolic Exhortation *Gaudete et Exsultate* (Rejoice and Be Glad).

Corresponding to the format of *Gaudete et Exsultate*, the guide is comprised of five sessions which include a summary of the content of each of the five chapters, as well as guided questions to prompt group reflection and discussion. Each session also includes a space for journaling.

The Guide has been designed to be used for a 1.5 hour session, though it can be adapted as desired by selecting more or fewer questions to be discussed.

The Guide is available to be printed as an A4 booklet, or each session can be printed individually (4 pages per session).

All are encouraged to read the appropriate chapter of the Apostolic Exhortation prior to undertaking the session, though this is not necessary. The document can be found at <http://w2.vatican.va/content/vatican/en.html> under 'Apostolic Exhortations'.

You may wish to use music at the start of your session, or during the journaling time. Some suggested songs are:

- Refiner's Fire, *Brian Doerksen*
- Revelation Song, *Phillips, Craig & Dean (or Kari Jobe)*
- The Beatitudes, *Hillsong*
- Good Good Father, *Chris Tomlin*
- Lord I Need You, *Matt Maher*

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