

The Catholic Parish of Epping and Carlingford

Diocese of Broken Bay

Our Lady Help of Christians' Church
31 Oxford Street, Epping and

St Gerard Majella Church
543 North Rocks Road, Carlingford



Parish Priest: Fr Jim McKeon
Tel.: 9876 2853
Email: jim@eppcarl.org.au

Email: parish@eppcarl.org.au

Assistant Priest: Fr Bogdan Skupien
Tel.: 9876 2853
Email: Bogdan.Skupien@bbcatholic.org.au

Parish Office: 9876 2853

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's Church at Carlingford and Our Lady Help of Christians' Church at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebration of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR B

FOURTH SUNDAY OF LENT LACTARE (REJOICE) SUNDAY

14-03-21

2 Chr 36:14-16.19-23

Eph 2:4-10

Jn 3:14-21

Dear Parishioners,



Booking for Mass: Last weekend 450 of us booked in for Mass through the Trybooking portal on our parish website. This was a great effort for a first week. Thanks to everyone, and especially to our welcomers who mastered new technology to very simply check people in.

To book for a weekend Mass go to <https://www.bbcatholic.org.au/epping-carlingford/mass-and-prayer-times/mass-times> – the QR code takes you straight there. You can now enter the names of each family member who attends with you on the same booking. If you cannot access the internet to do this, please call the parish office on 987 2853 between 9am and 4pm on weekdays and we will book you in.

The welcomers at Mass will simply ask your name and will check you in upon arrival, taking away the need for you check in with a QR code, or to sign in. People have asked if they need to 'check out' as they do on the Service NSW app. The answer to this is no because the start and finish time of Mass are already pre-set with the system.

Some of our liturgical ministers have been asking if they need to book in, given that the limits on congregation size exclude "essential ministers". The answer is simply yes, please do, because we still need to record your contact details. If however, you arrive before the welcomers, use the Service NSW QR code to self-check-in.

The Year of St Joseph: Pope Francis has declared this year to be a *Year of St Joseph* which makes this Friday's celebration of his feast day on 19th March particularly significant. Each of our two Masses – 9.30am at St Gerard's and 12.15pm at OLHC will be celebrated as a solemnity. There are a number of great reflections on St Joseph available to us, including in the latest copy of Broken Bay News called *Go to Joseph*, at <https://catholic.org.au/>

[yearofstjoseph](#), and most significantly, Pope Francis' apostolic letter *Patris Corde* (With a Father's Heart). There will be copies of this letter (a short book, really) available for \$5 from the piety store at St Gerard's, and from the table at OLHC (\$5 can be placed in the red "second collection" box).

Invitation flyers and postcards: This Easter will be a pivotal time when people will choose to come back to their church post-Covid, or perhaps fall away permanently. When we hear the stories of how formerly church-going people became "lapsed Catholics" we can hear the missed opportunity where a friendly invitation and a warm welcome could have made all the difference. We have printed 15,000 Easter invitations which from next weekend we'll invite you to start delivering to in your neighbourhood as a friendly reminder that our churches are open again and ready to welcome people back or welcome them here for the first time.

Reconciliation during Lent: There will not be a 2nd Rite of Reconciliation during Lent. Fr Jim and Fr Bogdan have been continuing what was previously called *The Light is On for You* by having an additional hour of Reconciliation in each church each week – Mondays 6pm at OLHC and Fridays 7.30pm at St Gerard's. This allows plenty of unhurried time for anyone who wants to receive the sacrament. We invite you to come in these remaining weeks of Lent (don't wait till the last-minute rush!)

Procession of Gifts: As we nudge back towards the full participation in Mass for which we all long, we can now once again have a procession of the gifts of bread and wine through the congregation to the altar. If you are invited to take part by a Senior Server then know that you are doing a simple action which is symbolic of a great truth: we are bringing ourselves and our lives to the altar to be transformed and offered with Christ.

...continued on page 2

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School Enrolment: A number of Catholic schools including OLHC and St Gerard's held Open Days this week, beginning the process of enrolment for the following year. A reference from a parish priest is part of most Catholic schools' enrolment process. Fr Jim invites parents seeking a reference to attend a Parent Connect Gathering which will develop the partnership of parish, family and school in the project of sharing Catholic faith with both primary school and high school students. We will host gatherings throughout each month throughout 2021 with the next ones being Saturday, 27th March, 4pm - 5pm and then Saturday, 3rd April, 10am - 11am at the meeting room at St Gerard's (behind the church), 543 North Rocks Rd. We invite one or both parents to come, but without children where possible. Bring your school reference form with you if you have it. Contact jim@eppcarl.org.au to RSVP or for more information

The Day of the Unborn is on Sunday, 21st March 2021 As Catholics we need to stand up for the life of unborn children. We recognise that abortion is a tragedy for both the child and the parent. On Sunday, 21st March parishioners will have the opportunity to participate in a procession to mark the Day of the Unborn Child in a peaceful and prayerful procession through the streets of Sydney from St Mary's Cathedral. Join with people from across Sydney at the forecourt of St Mary's Cathedral at 12pm. The procession is aligned to the Feast of the Annunciation which commemorates the day in history where Christ became Incarnate. On this day "the Word became flesh and dwelt amongst us." What better day than this to remember the plight of the unborn child in the modern world. For people who have been affected by an abortion experience, Rachel's Vineyard offer retreats and other resources/assistance which bring spiritual and emotional healing - Rachel's Vineyard Ministries Sydney: Retreat Information can be found at www.rachelsaus.blogspot.com, call 0400 092 555 or email info@rachelsvineyard.org.au

Fr Jim McKeon

Holy Week Timetable

Please Note: All Liturgies/Masses will be held in both Churches.

The Easter Triduum

Holy Thursday 1st April 2021

No morning Mass

Evening Mass of the Lord's Supper 7:30pm [After Mass, if you would like to remain or return to the church later in the evening, there will be prayer before the Eucharist].

Night Prayer 10:30pm [Please try to come for some of this vigil of prayer—to spend some time with the Lord].

Good Friday 2nd April 2021

No morning Mass

Stations of the Cross 10:00am

Solemn Liturgy of the Lord's Passion 3:00pm

Holy Saturday 3rd April 2021

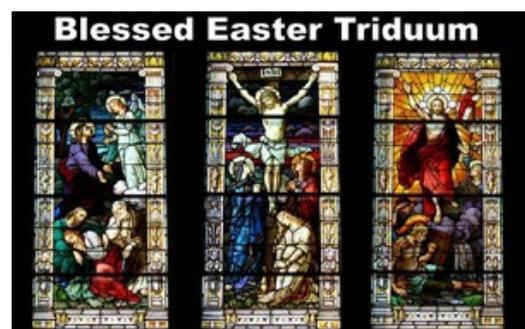
Morning Prayer 10:00am Holy Saturday is traditionally a day of solemn vigil [and fast], of waiting for the resurrection. Mass and the sacraments are not celebrated on this day. However, to spend some of this vigil of prayer together, there will be Morning Prayer in both churches.

Mass of the Easter Vigil—The celebration of the Resurrection 7:30pm

This is the most important Mass in our Church's year and the principal Easter celebration. Please be there, rain, hail or shine! The Easter Vigil being the Church's principal liturgy of the year, will be no supper after Mass due to COVID-19 restrictions

Easter Sunday 4th April 2021

Epping	Carlingford
8:30am	7:45am
10:15am	9:30am
6:00pm	



PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	21/03/21	7:45am	Mass at St Gerard's Church
		8:30am	Mass at OLHC Church
		9:30am	Mass at St Gerard's Church
		10:15am	Mass at OLHC Church
		11:15am	PMR Carlingford Baptism Preparation Meeting.
		6:00pm	Mass at OLHC Church
		6:00pm	PMR Epping Antioch Meeting
Mon.	22/03/21	9:30am	Mass at St Gerard's
		6:00pm	OLHC Reconciliation & Adoration
		7:30pm	Diocesan Lenten Program—Zoom
Tue.	23/03/21	10:45am	PMR Epping—Lenten Group
		12:15pm	Mass at OLHC Church
		7:45pm	Epping Uniting Church
Wed.	24/03/21	9:15am	Mass at OLHC Church
		9:30am	Mass at St Gerard's
		7:30pm	"The Search" - On Zoom
Thur.	25/03/21	10:00am	Healing Mass at St Gerard's Church
		12:15pm	Mass at OLHC Church
		7:30pm	PMR Carlingford Men of St Joseph
		7:30pm	PMR Epping—Lenten Group
		7:30pm	St Gerard's Church Holy Thursday practice.
		7:30pm	OLHC Church Holy Thursday practice.
Fri.	26/03/21	9:30am	Mass at St Gerard's Church
		10:00am	PMR Carlingford—Lenten Group
		12:15pm	Mass at OLHC Church
		7:00pm	St Gerard's Reconciliation, Adoration
		7:00pm	OLHC Church Stations of the Cross
Sat.	27/03/21	9:15am	Mass at OLHC Church
		9:45am	Exposition and Reconciliation
		10:20am	Benediction
		5:00pm	Reconciliation at St Gerard's
		5:00pm	Vigil Mass at OLHC Church
		6:00pm	Vigil Mass at St Gerard's Church

PARISH STAFF

Parish Secretary:

Dennis Porteous Ph.: 9876 2853
Email: dennis@eppcarl.org.au

Asst. Parish Secretary:

Maree Balzulat Ph.: 9876 2853
Email: maree@eppcarl.org.au

Pastoral Care Assistant:

Maree Balzulat Ph.: 9876 2853
Email: maree@eppcarl.org.au

**Parish Support Worker (PSW)
Sacramental Programmes and
Children's Ministries**

Lynn Siau
Ph.: 0407 255 593
Email: lynn@eppcarl.org.au

Sacramental Programme Assistant:

Lisha Abraham
Ph.: 0407 255 593
Email: kids.sacrament@eppcarl.org.au

Pastoral Support Worker (PSW) Youth:

Joanna Mak
Ph.: 0404 710 588
Email: joanna@eppcarl.org.au

Missionary Discipleship Coordinator:

Denis McNamara
Ph.: 0410 041 944
Email: denis.mcnamara@eppcarl.org.au

Parish Pastoral Council

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to ppsecretary@eppcarl.org.au

Men of St. Joseph

Welcome all who want to join the group of "Men of St Joseph". We meet weekly to discuss, share our faith and support one another. We meet in the parish meeting room at Carlingford on a Thursday night commencing at 7:30pm.

Fr Bogdan

Lenten Ecumenical Services—Commence at 7:45pm in each Church

We will continue our tradition of keeping Lent by gathering with our fellow Churches each week so that Lent can be a time of building bridges and fostering unity. Please be part of these important Lenten gatherings. Fr Jim McKeon

Date	Venue	Address
16 Mar.	Our Lady Help of Christians' Church	29 Oxford Street, Epping
23 Mar.	St Albans Anglican Church -	3 Pembroke Street, Epping
28 Mar.	Palm Sunday—We gather at St Albans. for the blessing of the palms and then make our way back to our own church for the 10:15am Mass.	

Parish Information



Children’s Sacramental Journey - First Eucharist 2021

Enrolment for First Eucharist opened Monday, 1st March. In our Diocese of Broken Bay, children who have celebrated the Sacraments of Baptism, Confirmation, undergone preparation for Reconciliation and who are currently in Year 4 or above are invited to enrol.

If you know of anyone who may wish to enrol their children, please feel free to spread the word for us. Alternatively, they can email us and we will forward them an information pack and link to enrol.

A brochure will shortly be available at the back of both churches for families who wish to know this year’s key dates for the Sacramental Programme.

Lynn Siau
Sacramental Programmes & Children’s Ministries
0407 255 593
lynn@eppcarl.org.au

Stations of the Cross

7:00 pm every Friday in Lent

Our Lady Help of Christians’ Church

31 Oxford Street,
Epping

Organised by the Men of St Joseph

MONTHLY CHILDREN’S MASS AT EPPING

A reminder, that our monthly Children’s Mass at Epping, will take place next **Sunday, 21st March** at the 10:15am Mass. If you would like your child/ren to be involved in one of the active roles at this Children’s Mass please email Therese at olhcchildrensmass@gmail.com

EPPING HEALING MASS Our Healing and Anointing Mass will take place on **Wednesday, 17th March** at **10:00am** in the Church. However, morning tea will not be served at the conclusion of Mass due to COVID-19 restrictions.

All are welcome to our monthly Healing Masses (on the 1st Thursday of the month at Carlingford and the 3rd Wednesday of the month at Epping) as a time to pray for God’s healing strength either for ourselves or those we know. Each third month (Mar, Jun, Sep and Dec) we also celebrate the Sacrament of the Sick (Anointing) within these Masses.

ALPHA

This weekend some parishioners will speak at Masses and relate their experiences of Alpha. **What** led to Alpha? **How** their relationship with Jesus different now. From your experience **why** would you invite others to come to Alpha?

Come and Try Alpha

Fr Jim and Fr Bogdan both invite you to **Come**. The Holy Spirit calls you, **Try Alpha**.

If you have been to Alpha, the Spirit is relying on you to invite someone. Come with them. Encourage others to go to Alpha.

If you have not been, please pray about this Alpha. Sign up to come on the first night. Take the form home. You could sign up a friend or neighbour to come with you.

If you are too busy to even think of going to Alpha, we have this offer. Come for the meal. Join us over dinner. Think of the time you will save and the hassle. A hot meal is served at 7pm. You are with other guests and among friends or soon to be friends. We watch others answer the question: **Is there more to life?**

You will discover how much more there is to your life and to every life. You will be surprised. Our chef is very good. We look forward to seeing you at Alpha after Easter.

Where: Parish Meeting Room
St Gerard’s Church,
543 North Rocks Road, Carlingford

When: Tuesday, 13th April at 7:00pm
Join us over a hot meal.
See a movie—**Is there more to life?**
Enjoy some tea or coffee with dessert
We finish around 8:30pm.

Yes, please reserve a place for me,

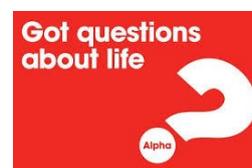
.....✂.....**Tear-off Slip**.....✂.....

Name:.....

Email address:.....

Mobile No:

Please place in the Alpha box at the entrance of each church, or email dandm456@gmail.com



Youth And Young Adults



OUR PARISH ANTIOCH COMMUNITY

Meeting this Sunday, 14th March

Why not come along to the Antioch meeting to hear a great talk, join in discussion time get into some awesome music, take time out for prayer and meet people.

The meeting starts at **6pm** in the parish meeting room at **Carlingford**
So head on down and bring a friend.
For more information call

Joanne 0416 030 927, Karen 0421 506 577 (parent supporters)
"It was at Antioch the believers were first called Christians"



CANA: OUR 7-9 yrs. YOUTH GROUP

Cana is meeting again

We are meeting on the **12th March, 7:30-9pm** at **St Gerard's Meeting Room.**

Anyone from year 6-9 are welcome!
Snacks and drinks are provided!



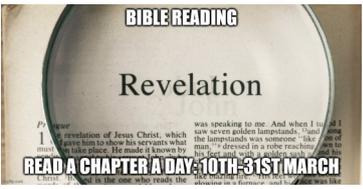
CANA
YOUTH GROUP

John 2:11 'The first of these miraculous signs, Jesus performed at Cana.'

Bible Reading Group

Our Bible reading group are reading the last book of the New Testament, due to finish on the 31st March.

Join via our Facebook group <https://www.facebook.com/groups/1148887152176778/>



Emmaus Young Adults Group

Our Young Adults group is going on a hike (O'Hara's Creek in Kenthurst)

Date: 14th March, Sunday
Time: 8:30am at Pennant Hills
outside the library if people need a lift
Location: Pennant Hills outside the library, alternatively meet directly at 9am at O'Hara's Creek, Porter's Road

RSVP or contact Joanna, the Youth Minister for more details on mobile: 0404 710 588



GRACE

Group Radio Association of Carlingford & Epping



Episode 12

Happy St Patrick day from all of us at GRACE! Join us as we get to know Deacon Sam, and have a chat with some of our younger parishioners - Olivia and Alexander.





www.anchor.fm/grace2020

OLHC Working Bee:

Let's get together to scrub up OLHC Church ready for Easter. Join us from 8am – 10am on Saturday March 27th to prune, weed, repair, dust, polish and clean the church in readiness for Holy Week. Our many hands, even just for an hour, will make it light work for everyone. We'll have a list of jobs on the noticeboard next week so you can work out what tools you might have or need.

Could we also ask if a few people could help out with the cleaning of the brass ware ready for Easter.



Church Working Bee

Parish Information—Youth

**ANTIOCH**

YR 10-23 YEARS OLD
SUNDAYS 6-8PM

We had our Annual 'Connect' retreat in February 2021. 28 young people attended and we listened to talks on faith, Jesus and connecting with our Creator.

Antioch are preparing for the annual Good Friday Plays. They continue to sponsor a child in Myanmar for the past 3 years.

Exciting events coming up:
21st March: Games/trivia night, (ALL WELCOME)
Youth sports day: date to be confirmed

**CANA**

YR 6-9
FRIDAY NIGHTS 7:30-9PM

Cana meets on Friday nights during the school term. We are currently going through the Youth Alpha series.

Exciting events coming up:
12th March: dinner/games night
26th March: Easter egg hunt. Lots of Easter eggs and prizes to be won! 7:30-9pm @ St Gerard's

**EMMAUS**

23-30YEARS OLD
FORTNIGHTLY,
TUESDAY 7-8:30PM

In February, the Diocese held a Youth Leaders retreat in Somersby and a few young adults represented our parish.

Emmaus are currently studying the Gospel of Mark.

Exciting events coming up:
6th April: Games and pizza night
Young Adults retreat at a retreat centre: date to be confirmed



CONNECT WITH US ON FACEBOOK AND INSTAGRAM

[HTTPS://WWW.FACEBOOK.COM/CATHOLICPARISHOFEPPINGANDCARLINGFORD](https://www.facebook.com/catholicparishofeppingandcarlingford)



[HTTPS://WWW.INSTAGRAM.COM/CATHOLICPARISHEPPCARL/](https://www.instagram.com/catholicparisheppcarl/)

FOR ENQUIRIES, EMAIL THE YOUTH MINISTER:

JOANNA@EPPCARL.ORG.AU OR MOBILE: 0404 710 588.



Examination of conscience: In this Lenten season of repentance, you might like to consider:

Has my Lenten discipline / penance revealed any attitudes or sins I need to deal with?

Am I compassionate or hardhearted?

Do I take the easy, convenient lazy way more often than not?

Do I think of the impact of my consumption and waste on the poor of the world?

Have I given money to any charity this year?

Have I made time for prayer this year?

Am I grateful for my privileged place in the world?

Is my prayer intentional and heartfelt, or routine and automatic?

Have I forgiven anyone this year?

Do I drive, or expect to be driven, when I could walk, cycle or catch public transport?

Do I throw things out rather than repair or reuse them?

Am I well-disposed, able to forgive offences?

Do I judge without mercy in thoughts and words?

• Am I intolerant, envious, hot-tempered?

COVID-19 Safety Plan

- We adhere to maximum number of person permitted in the church based on the two square metre rule (160 people at Epping and 290 at Carlingford).
- Coloured cards on the seats indicating seating positions ensure maximum separation.
- All are asked to sanitise their hands on entering & leaving and use the QR code or sign in the book.
- We ask the parishioners to sanitise the pew where were sitting after every Mass
- There is no physical exchange of the sign of peace.
- All are asked to maintain 2 metre spacing when coming forward for Holy Communion (which is given on the hand first and then those receiving on the tongue are asked to come up last).

After Hours Sick Calls— 9876 2853

Outside office hours our office phones divert to Fr Jim and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

Admitted to Hospital A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

Ecumenical Relationships Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West, Epping Uniting Church and Epping Baptist Church.

Have You Told Us? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

E-Bulletin

If you would like to receive the bulletin by email, please send an email with e-bulletin as the subject title to: ma-ree@eppcarl.org.au

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth,
and in Jesus Christ, his only son, our Lord,
who was conceived by the Holy Spirit, (all bow)
born of the Virgin Mary,
suffered under Pontius Pilate
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father
almighty;
from there he will come to judge the living and the
dead.

I believe in the Holy Spirit,
the holy catholic Church
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen



Our Lady Help Of Christians Catholic Primary School

Principal: Ms Dominique O'Sullivan

8 Cambridge Street, Epping 2121 Ph: 9868 3322

www.olhcdbb.catholic.edu.au

Email: olhc@dbb.catholic.edu.au

St Gerard's Catholic Primary School

Principal: Mrs Barbara Yee
543 North Rocks Road, Carlingford
2118

P: 9871 1633

www.sgcdbb.catholic.edu



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bettyockerlander@mcgrath.com.au
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Responsorial Psalm Response

Ps 136 R. v. 6

Let my tongue be silenced, if I ever
Forget you!

Page 8

Gospel Acclamation**Glory and praise to you, Lord Jesus Christ!**God loved the world so much, he gave us his only Son,
that all who believe in him might have eternal life.**Glory and praise to you, Lord Jesus Christ!****WEEKEND MASSES****Epping** 5:00pm Vigil, 8:30am, 10:15am, 6:00pm**Carlingford** 6:00pm Vigil, 7:45am, 9:30am**WEEKDAY MASSES**

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass

HEALING MASS Carlingford—1st Thursday, Epping — 3rd Wednesday (no Healing Mass in Jan.)**EXPOSITION OF THE EUCHARIST: Epping** Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am**SACRAMENT OF RECONCILIATION: Epping** Saturday 9:45-10:1am Carlingford Saturday 5:00—5:30pm
OR BY APPOINTMENT**BAPTISMS AND WEDDINGS: BY APPOINTMENT****PARISH OFFICE:** 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au**ST GERARD MAJELLA PRIMARY SCHOOL: PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au**OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:****Recently deceased:** Eugene O'Neill, Fr Edgardo Palmos, Roger Bonilla, Sr Mary Therese Lawler, Joan Scott, Moya Ashford, Ken Ho, Srimathimary Fatima Ovans, Patricia (Paddy) Gleeson,**Anniversaries:** Mary & Edward Tomlinson**Also for:**

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Brian Walsh, Patricia O'Connor, Kathy Noonan, Dorothy Bonaccorso, Margaret Floyd, Barbara Madafiglio, John Lyons, Bev Gibbeson, Radhi Riley, Patrick Thornton, Jan Doherty, Maureen McKeough, Ana Matijasic, Benjamin Verco, Peter Kelly, John Goodwin, George Bell, Patrick Thornton, Mary Tuite, Michael & Susan Tuite, Benjamin Verco, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Alex Benjamin Zaragoza, Amarech Zewolde, Janice Lemon, Mary Lou Pentony, Donald Wong, Joyce Heidke.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.***Useful Links****Facebook:** <https://www.facebook.com/CatholicParishOfEppingAndCarlingford>**Instagram:** <https://www.instagram.com/catholicparisheppcarl/>**Fr Jim's Youtube:** <https://youtube.com/channel/UCLpbDNqP8u1Wx4Gm08jJydA>**Epping and Carlingford Website:** <https://www.bbcatholic.org.au/eppingcarlingford>**G.R.A.C.E podcast via internet:**<https://open.spotify.com/show/1y2EWOwFkWJMNRN5tAWJN9am>

FOURTH SUNDAY IN
LENT

Date	Mass	Epping	Mass	Carlingford
20/02/21	5:00pm	Fr Bogdan Skupien	6:00pm	Fr Jim McKeon
21/02/21	8:30am	Fr Bogdan Skupien	7:45am	Fr Jim McKeon
21/02/21	10:15am	Fr Bogdan Skupien	9:30am	Fr Jim McKeon
21/02/21	6:00pm	Fr Bogdan Skupien		