Responsorial Psalm Response Ps 118:1-2.4-5.17-18.33-34 R. v. 1

Happy are they who follow the law of the Lord!

Gospel Acclamation Alleluia, Alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life. Alleluia!

WEEKEND MASSES

Epping	5:00pm V	5:00pm Vigil, 8:30am, 10:15am, 6:00pm					
Carlingford	6:00pm V	6:00pm Vigil, 7:45am, 9:30am					
WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	12:15pm	10:00am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	10:00am	9:30am	No Mass	
HEALING MASS Carlingford—1st Thursday, Epping — 3rd Wednesday							
EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am							

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SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm **OR BY APPOINTMENT**

BAPTISMS AND WEDDINGS: BY APPOINTMENT

PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au

ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sqc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:

Recently deceased: Geoffrey Ranson, Rod Michie, Peter Balint, Soon Sik Choi, Margaret Collins, Peter Baker (Son-in-law of Margaret & Gordon Floyd), Erna Fischer, Fr Denis Callahan, Dorothea Ellis, Dorothy Hullet (one of the founding members of St Gerard's), John Harold Bowring,

Anniversaries:

Also for: Mary Anne, Anthony & Hugh Mulligan, Sarah & Phillip Curry,

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Bev Aliprandi, Barbara Madafiglio, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella, Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley, Agnes Wong, Elizabeth Barton.

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the family.

Have You Told Us?

If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

AFTER HOURS SICK CALLS- 9876 2853

Admitted to Hospital

Outside office hours our office phones divert to Fr Peter and Fr Bogdan at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office

ECUMENICAL RELATIONSHIPS

Church and Epping Baptist Church.

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

Date	Mass	Epping	Mass	Carlingford
22/02/20	5:00pm	Fr Peter Dowd	6:00pm	Fr Bogdan Skupien
23/02/20	8:30am	Fr Peter Dowd	7:45am	Fr Bogdan Skupien
23/02/20	10:15am	Fr Peter Dowd	9:30am	Fr Bogdan Skupien
23/02/20	6:00pm	Fr Peter Dowd		

The Catholic Parish of Epping and Carlingford **Diocese of Broken Bav**

Our Lady Help of Christians' Church 31 Oxford Street, Epping and

St Gerard Majella Church

543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd, Ph.: 9876 2853 Email: peter@eppcarl.org.au	Parish Office: 02 9

Email: parish@eppcarl.org.au

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

SIXTH SUNDAY IN ORDINARY TIME

Ecclesiasticus 15:15-20

1 Corinthians 2:6-10

Dear sisters and brothers

YEAR A

As I said at Masses last weekend, February is one of the busiest times in the parish not only because we commence the New Year in earnest, but especially as we focus on the reason we exist as a parish which is articulated in our Parish Mission Statement as "We gather for worship to serve and reach out to others as we grow in relationship with God and others". Put another way, we

- Worship together and share the Eucharist every Sundav
- · Connect with other parishioners both socially and pastorally
- Serve in parish ministries which is an expression of your time, talent and capacity
- Give as a committed giver in accordance with your means
- Grow as a disciple through faith development or some form of spiritual programme

As we seek to spiritually "renovate" our parish and support everyone as **missionary disciples**, in recent years we have begun the **Alpha** series which commences again in coming weeks. This programme is open to everyone but especially to our new parishioners and anyone who may be interested in exploring the basics of our faith like Who is Jesus? What is life about? etc. as well providing an opportunity for meeting and making connections with other parishioners. Each evening begins with a meal, offers insightful input on some aspect of faith and provides an opportunity for discussion. Following on from this first stage in our parish plan we then invite parishioners to consider being part of **our Lenten home** gatherings...once again sharing food and drink as well as the companionship of other parishioners as we are led through a reflection on the Lenten scriptures.





Assistant Priest: Fr Bogdan Skupien Ph.: 9876 2853 876 2853 Email: Bogdan.Skupien@bbcatholic.org.au

Parish Website: www.bbcatholic.org.au/eppingcarlingford

16-2-20

Matthew 5:17-37

Of course, our young people from school year 10 and above are also invited to be part of this journey at this time in a special way as our Antioch weekend commences next Friday concluding on Sunday evening. It is not too late to register if you haven't already done so! I invite everyone to be involved in one of the above over the coming weeks!

Of course, Lent commences with Ash Wednesday on Wednesday 26th and includes not only the above but also the opportunity to join on Tuesday evenings with our other local Christian churches in prayer as we prepare together for the feast of Easter. Please see this week's bulletin for more details.

May the Holy Spirit continue to guide and form us in the ways of the Gospel now and throughout 2020!

Fr Peter

Welcome to Alpha!

We have our "Come and See" evening on Tuesday 25th February

then

Alpha begins on Tuesday 3rd March When we ask the question, Who is Jesus?

Many have received grace and friendship through Alpha and now experience a new relationship with the Holy Spirit. Alpha is the work of the Holy Spirit.

To everyone we ask that in your times of prayer, please ask the Holy Spirit to move the hearts of those who are searching and those hoping to grow in their faith. Everyone is invited to "Come and See" and discover there is more to life, with a personal relationship with Jesus, as well as discovering new friends within your parish family.

Date: Tuesday 25th February "Come and See" time! Tuesday 3rd March Alpha commences with a meal. Time: 7:00 pm (not 7:30 pm)

Parish Hall, Epping Venue:

Parking: School grounds—enter via Cambridge St., or walk Down to the hall from Oxford St.

Everyone Welcome!!

Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

Try Alpha!!

Hear the team tell their experience at Mass this weekend and hear:....

- o What led them to Alpha?
- o How is their relationship with Jesus different?

Find out by using the camera on your phone to take you to the parish website for information and to tell us you are coming to dinner by registering.

Come and See

Tuesday 25 Feb 7pm for Dinner

Drive in 8 Cambridge Street or 31 Oxford Street Epping

Catholic Parish Hall

Let us know for catering on

Contact: Maree 9876 2853 or maree@eppcarl.org.au



Receive a business card with Alpha information and invitation from someone who has done Alpha. Come, ioin us for a meal. See the movie, \sim "Is there more to life?"

Ask your questions and hear from those who have done Alpha.

Witness from a parishioner who did Alpha last year

Alpha has changed my life in wonderful ways. Not only has it brought me closer to God in ways that I hadn't imagined but it has opened up my heart and mind to Christ. The Alpha program has given me so many other benefits such as improving my relationships with loved ones and those in my wider circle; brought me to understand the value of daily bible reading; improved prayer in my life and delivered a sense of peace in a stressful world. The Alpha videos demonstrate so many inspiring people and stories from across the world - amazing faith changing stories and perspectives that capture attention and changed my point of view. The group discussions were a valuable way to share our faith stories with other parishioners, develop friendships and bring an even greater sense of reality to the session topics.

The Alpha course was very comprehensive as it covers many of the questions faced by Christians and people in general. Therefore, this thorough program was able to change me so greatly. The weekend retreat also had a profound effect in me.

I couldn't recommend the Alpha program more highly to all including those whose faith needs renovation and to nonbelievers. Thanks, and congratulations to the team for this wonderful Alpha experience. Anthonv

When you read this, please pray for Alpha to enrich the lives of all who come and even transform them. May all our lives too be changed in wonderful ways; our hearts and minds be opened to Christ. May our relationships with loved one and with others in our lives grow stronger. May Alpha have a profound effect on all who come and deliver peace in our stressful world.

For God so loved the world and so loved each one of us, he sent his only Son, not to condemn but to save the world. Jn 3:16

PRAYER FOR THOSE AFFECTED BY **BUSHFIRE AND DROUGHT:**

Eternal God, In wisdom and love you created our earth to sustain us and give us life.

We turn to you now in faith, hope and love, asking you to look with favour on our fire-ravaged and drought-stricken land, on our starving and displaced animals, on our failing crops and burning farms, towns and forests.

Strengthen, sustain and give new heart to our farmers and to all who are affected by drought; be with those who support them. Strengthen and comfort the victims of the fires, those who have lost family, friends, property and stock. Protect our volunteer firefighters and all members of essential services.

> In your loving providence, send abundant rain to quench the fires and to restore our parched earth.

Father of all compassion, hear our prayer through Jesus Christ your Son, in whom the promise of new life has dawned, and through the power of the Holy Spirit, the Lord the giver of life: Renew your faithful people; Renew the face of the earth.

> Our Lady of the Southern Cross, Mary, help of Christians – Pray for us. St Mary of the Cross MacKillop -Pray for us.

The Truth Justice and Healing Council www.thecouncil. org.au

Marriage Enrichment Weekend : Take the time to step back from everyday distractions and rediscover your relation*ship!* 17th – 19th April, 2020 at Mt Carmel Retreat Centre, Varroville, NSW Book online at www.wwme.org.au

Awesome service. Amazing results. **Betty Ockerlander** bettyockerlander@mcgrath.com.au **M**c**Grath** 0408 505 080 Pre-Marriage Course Couples before you officially say WN BULL "I-Do", take this course to learn how to **build** a stronger foundation for your marriage. Call Cynthia: 0404 488 238 www.wnbull.com.au



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Local tutor with 20 years experience teaching primary students.

CONTACT URSULA SIMPSON 0409 366 063 ursula@k6tutoring.com.au

www.k6tutoring.com.au

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I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father: through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory

and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

to judge the living and the dead

who has spoken through the prophets.

E: 3Rcounselling@gmail.com

www.3Rcounselling.com.au



wnbull@wnbull.com 9519 5344 An Australian owned company

Reflection on the 5th Sunday in Ordinary Time—What are Rules For? It takes a while to grow up.

When I was a boy, I and my brother, who was older by four years, heard a reading at Mass that included the Hebrew word raqa. The reading told us that one must not say raqa to his brother, since it meant "Thou fool," and would be will be answerable to the Sanhedrin. Obviously the moment we left church we began to say, with impunity and humor, raga, raga, raga to each other, since we were brothers in the strict sense of the word.

This unusual word raga is used in today's Gospel (or at least in the "long version"). Jesus does not say it lightly, as the years have helped me see. Jesus took the

various laws, in Obviously, human beings do grow up and a progression takes place. A progression I mean from all their exterthe uncomplicated, grinning approach to the commandments, to a place from which we can truly nality, and have understanding, and—if we can hang on into true maturity—to an experience of the insides of drew out their the commandments. inner roots.

That progression is one way of looking at the readings for this Sunday.

In the First Reading, the writer speaks in very plain terms, as a father might speak to a son or daughter.

If you choose, you can keep the commandments; they will save you. If you trust in God, you too shall live.

These ancient words echo one of the first books of the Jewish testament:

I have set before you life and death, blessing and curse. Choose life, that you and your descendants may live, by loving the LORD, your God, héeding his voice, and holding fast to him. (Deut 30: 19-20)

Though my brother and I were boys, we would have understood. We would have recognized "life and death, good and evil." God was showing us how uncomplicated it is, how un-mysterious and remote for anyone to understand.

Eons later, Jesus came along. The people had already taken the commandments seriously, but now Jesus gave nuance and fullness to them. They became "a wisdom to those who are mature, ... God's wisdom, mysterious, hidden, which God predetermined before the ages. ... " (Second Reading)

So, one by one, Jesus took the various laws, in all their externality, and drew out their inner roots.

Like this:

- One external injunction had been against killing. The inside of that law is, do not even act out of anger for your brother or sister. Not even the word raga should be spoken.
- You shall not commit adultery. The inside of that law is: be pure enough to not even glance lustfully at a woman.
- Divorce. The interior law is, stay faithful and loving within your marriage relationship, not just do not sepa rate.
- Finally, oaths. We could talk of these for pages, but here just realize that today people do use oaths, such as, "... in the name of God, ... " or "OMG," (which stands for O, MY GOD!), or e.g., "By God, I will never let you. ... " You hear such slang everywhere, movies, television, high schools, grade schools. Jesus diagnoses these usages simply: you are trying to make up for your weakness by putting almighty power behind your words. He tells them he has a better way. Just say yes or no, and mean it. Or, to say it another way, be real.

Jesus did speak to children, but here it is to us adults. He is offering us the Spirit, and, as St. Paul tells us, the Spirit "scrutinizes everything, even the depths of God"!

Watch Jesus as you progress through life. The inside of the law is written in his heart. As you and I grow up, let it be written in ours too.

John Foley, SJ

Fr. John Foley, SJ, is a composer and scholar at Saint Louis University.

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PARISH DIARY FOR THIS WEEK							
Day	Date	Time	Event				
			Alpha speaking at all Masses				
Sun.	16/02/20	9:30am	Kidz Word at St Gerard's Church				
		10:15am	Children's Mass no Kidz Word at OLHC Ch				
		11:15am	PMR Carlingford Baptism Preparation Mee				
		6:00pm	PMR Carlingford—Antioch Meeting				
Mon	17/02/20	9:30am	Mass at St Gerard's Church				
		7:00pm	Joint Sitting of the Covenant Churches PR				
			St Alban's Anglican Church				
		7:30pm	PMR Carlingford SVdP meeting				
		7:30pm	Rosary Group St Gerard's Church				
Tue.	18/02/20	12:15pm	Mass at Our Lady Help of Christians'				
		7:00pm	St Gerard's Church—Adult Choir practice				
		8:00pm	Divine Mercy Chaplet Prayer Group see p				
Wed.	19/02/20	9:30am	Mass at St Gerard's Church				
		10:00am	Healing Mass at OLHC Church				
Thur.	20/02/20	9:30am	Mass at St Gerard's Church				
		12:15pm	Mass at Our Lady Help of Christians'				
		3:30pm	PMR Carlingford First Reconciliation Session				
		7:30pm	PMR Epping Discernment Evening –Plenar				
Fri.	21/02/20	9:30am	Mass at St Gerard's Church				
		10:00pm	PMR Carlingford Scripture Reflection				
		12:15pm	Mass at Our Lady Help of Christians'				
		4:00pm	Antioch Outreach Weekend commences a				
			continues until Sunday 23 Feb.				
		4:30pm	CH Epping—Rosary for the Immaculate He				
		7:00pm	NO Cana Group to the Antioch Outreach V				
Sat.	22/02/20	9:15am	Mass at Our Lady Help of Christians'				
		9:45am	Reconciliation and Exposition				
		10:20am	Benediction				
		3:00pm	PH Epping First Reconciliation Session 1				
		5:00pm	Vigil Mass at OLHC Church				
		5:00pm	Reconciliation at St Gerard's				
		6:00pm	Vigil Mass at St Gerard's Church				
		7:30pm	Reconciliation for the Antioch Group at SI				
PH—Par	ish Hall, CH-	Church, PMR	- Parish Meeting Room				

THE SEASON OF LENT – ASH WEDNESDAY

As you may well know, Wednesday 26th February, is Ash Wedne part of our Ash Wednesday celebrations of Mass as we enter into Lent:

> Carlingford 9:30am Mass we will be joined by the school 7:30pm Mass

Epping 9:15am Mass we will be joined by the school 7:00pm Mass

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	ΡΑΙ			
	Parish Secretary: Dennis Porteous Email: dennis@epp			
IC Church	Asst. Parish Secre Maree Balzulat Email: maree@eppo			
n Meeting	Pastoral Care Ass Maree Balzulat Email: maree@eppo			
es PPC at	Parish Support W Sacramental Prog Children's Ministi Lynn Siau Ph.: 0407 255 593 Email: lynn@eppcar			
ans' Church	Sacramental Prog Lisha Abraham			
ctice	Ph.: 0407 255 593 Email: kids.sacrame			
see pg. 4	Pastoral Support			
	Joanna Mak Ph.: 0404 710 588 Email: joanna@epp			
ans' Church	Missionary Disci Denis McNamara			
Session 1	Ph.: 0410 041 944 Email: denis.mcnam			
Plenary Council	Parish Pastoral C			
	If you have any que feedback for the Pa please send an ema			
ans' Church	ppsecretary@epp			
ces and	LENTEN ECUMI			
ata Haart of Marry	A reminder that			
ate Heart of Mary each Weekend	weekly Ecumenica evening of Lent at			
ans' Church	The dates are as fo			
	The dates are as for 3,10, 17, please note the c			
on 1	help to make the I al of time of build tian unity.			
	Venues will be giv to hand.			
at St Gerard's	Project Compa			
	Mass			
	The Diocese of E Schools Office in			
sday. Please be the time of	ject Compassion			

RISH STAFF

Ph.: 9876 2853 carl.org.au

etary: Ph.: 9876 2853 carl.org.au

sistant: Ph.: 9876 2853 carl.org.au

Vorker (PSW) grammes and ries

rl.org.au

gramme Assistant: ent@eppcarl.org.au

Worker (PSW) Youth:

carl.org.au

ipleship Coordinator: mara@eppcarl.org.au

Council estions, comments or arish Pastoral Council then ail to ocarl.org.au

ENICAL SERVICES

we will again have a I Service each Tuesday 7:45pm.

ollows:

24 & 31 March dates in your diary and Lenten season of renewling the bridges of Chris-

ven as soon as they are

assion Launch

Broken Bay Catholic nvites vou to the Pro-Launch Mass with a ional speaker from Caritas.

When: 26th February **Time**: 10:30am Where: Our Lady of Dolours Parish 94 Archer St, Chatswood

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Children's Sacramental Journey First Reconciliation 2020

At all our Masses this weekend, we welcome the children who will begin their preparations towards the reception of their First Reconciliation. This Rite of Enrolment marks the continuation of a faith journey for the children who re-ceived the Sacrament of Confirmation in September last year or for some, at Baptism. This journey in particular also highlights the continuous companionship of their parents in teaching the children about the Catholic faith and the *vital* role we as a community play in ensuring our ongoing support and encouragement for them.

During this Rite at all the Masses, the children will hand out a special 'Please Pray for Me' printout to members of the parish. Should you have the honour of becoming a Prayer Companion for one of these children, please remember to keep them and their parents in your prayers as they pre-pare for their First Reconciliation. This is an opportunity for us to show these families they are not alone in this journey; we are accompanying them! The families will also be presented with their Reconciliation Preparation Book during this Rite, which confirms their enrolment and commitment to this special journey.

We always like to hear from you and look forward to building a fruitful relationship with all families! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to drop me a line.

Children's Mass - Epping

Instead of Kidz Word, there will be a Children's Mass at 10:15am at Our Lady Help LET the of Christians' Church at Epping this Sunday 16th February. CH LOREN

The children can be involved in welcoming, singing, readings, prayers and processions. We invite your children to participate! Please email Therese for more information: olhcchildrensmass@gmail.com

Lynn Siau Sacramental Programme and Children's Ministries 0407 255 593 lynn@eppcarl.org.au

Epping Healing Mass Our Healing and Anointing Mass will take place on **Wednesday**, **19th February** at **10:00 am** in the Church. Morning tea will be served at the conclusion of Mass in the meeting room. Catering: Genevieve and team.

All are welcome to our monthly Healing Masses (on the $1^{\rm st}$ Thursday of the month at Carlingford and the $3^{\rm rd}$ Wednesday of the month at Epping) as a time to pray for God's healing strength either for ourselves or those we know. Each third month (Mar, Jun, Sep and Dec) we also celebrate the Sacrament of the Sick (Anointing) within these Masses.

Ceremony of Burning Palms for Ash Wednesday

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It has been an ancient custom of our Church that ashes for Ash Wednesday are prepared by burning remaining palms from the celebration of the previous year's Palm Sundav.

A single celebration of the burning of palms for our two communities will take place on Tuesday 18th February. The ceremony will take place after the 12:15 pm Mass at Epping.

At the conclusion of Mass we will process outside where the palms will be burnt with a prayer so that they may then be prepared for our Ash Wednesday celebrations the week after.

We invite parishioners from both our communities to bring their old palms.

Divine Mercy Prayer Group meets this Tuesday, 18th February at 8pm. Come join us for an hour of reciting the Chaplet, praise and worship, reflection of a Scriptures verse, prayer for intentions and thanksgiving followed by some simple fellowship. Venue changes monthly within the neighbourhoods, all are very welcome to attend, please call Cynthia for more info on 0404 488 238.

An Invitation to Join a Lenten Group

Lent begins this month with Ash Wednesday on 26th February Lenten Groups begin meeting from Monday 24th Feb.

Some homegroups are being set up. These groups are listed at the entrance to the churches. You can join one of these, by adding your name to a group. (sheets will be at the entrances to the Churches this weekend for home groups)

Forms are available in the pews and can also be found at the entrance of the church. Please complete and place in the boxes provided at the entrances to the churches.

If you prefer another day/time, Please tick the time/day of the on the form.



The Antioch Community is having its Annual Outreach Weekend from

Friday 21st to Sunday 23rd Feb.2020

The Antioch weekend is run for youth by youth and is filled with

TALKS, DISCUSSIONS, MUSIC, FOOD, FRIENDS & FUN!

It's a great chance to find out more about yourself, meet heaps of great young people from the parish, and grow closer to Jesus! Venue: Parish Site at St Gerard's. 543 North Rocks Road, Carlingford

Registration Forms are available at the back of the church

More information Ring Joanne 0416 030 927

"It was at Antioch that the believers were first called

Reflection on the Gospel

You have learnt how it was said. But I say to you.

Matthew puts these words of Jesus in his Gospel for us to hear and live by.

You have learnt how it was said, 'You must not kill ... com*mit adultery...'*(as in the 10 Commandments,) But I say to you.

This is what Jesus taught and the way Jesus lived. This is the one we follow who lived his life of love and showed us how to live like God who is a God of Love. When we hear Jesus tell us what he expects of us, But I say to

you, this way of living is almost too much to take in, and too challenging. What Jesus says to us, contradicts what our society takes as normal and what we see acted out on TV.

Where can we hear what Jesus savs to us?

One place is in our Lenten Groups where we listen carefully. We learn more about what the meaning of Jesus' words and what happened in his life in the Gospel. We can learn to see life as Jesus does. He shows us what is life giving. **Happy are** they who follow the law of the Lord. We realise Jesus is with us to raise us out of what is not right with God. *If you ...* remember that your brother (sister, parent, child or neighbour) has something against you, leave your offering, ... go and be reconciled first.

We can be changed and as St Paul said, Put on the mind of Christ and have new attitudes to other. The mysteries of the kingdom will be revealed, and we will be blessed with Beattitudes.

Have you joined a Lenten Group?

Please have the courage to give it a go and set aside just over an hour a week. If you have filled in the form to let us know, please invite someone who has not been to a Lenten group. They could be waiting to hear from you and looking to see who they could go with.

> Denis McNamara Supporting Missionary Disciples

THE PARISH PASTORAL COUNCIL JOINT MEETING The Joint sitting of Covenant Churches PPC's will take place next Monday 17th February at St Alban's Anglican Church, 3 Pembroke Street, Epping commencing at 7:00pm.

When: Sunday 8 March 2020, 10am to 3pm. Where: St Benedict's Church, 8 Fagans Road, Arcadia. **Relics of St Therese of Lisieux tour** The Relics of St Therese and her parents Ss Louis and Zelie Martin, will be visiting Hornsby Cathedral Parish, Broken Bay on Saturday 7 March at 9.15am – Sunday 8 March at 7.15am. Parishioners and visitors will have an opportunity to spend time in groups of prayer welcoming these great saints. As we welcome them, we entrust our Families, Societies, Nation, and very specially the family of our Diocese of Broken Bay into their care.

St Therese 'Patron Saint of Missions', affectionately known as the 'little flower', teaches us to find God in the ordinary details of life. Her love for God was very simple and she called it her 'little way'.

St Benedict's Fete St Benedict's Arcadia will be holding their Annual Country Fun Fete. For everyone's enjoyment there will be stalls with lots of goodies, raffles, chocolate wheel, plants, trees, local fresh farm fruit & vegetables, animal farm, rides, fairy floss, face painting, gourmet barbecue and much more! Lots of fun for the kids! A great family fun day!

CANA: OUR Yr. 7-9 YOUTH GROUP

THERE WILL BE NO CANA ON FRIDAY 21 FEBRUARY. THIS IS DUE TO THE OUTREACH WEEKEND

Further information call Joanna 0404 710 588

Social Justice

Catholics in Coalition for Justice and Peace Seminar Uluru Statement from the Heart Topic: Speaker: Dean Parkin Date & Time: Sunday 16 Feb. 10am—12pm Mercy Convent 4-6 Victoria Rd, Venue: North Parramatta Morning tea and a light lunch will be served. Parking available

in the streets, but not Victoria Rd, CCJP:9745 0820 (Wed only)



The relics will visit Hornsby parish on 7th March: - 9.30am Mass at Cathedral

- 5pm Vigil Mass at Cathedral followed by overnight Vigil.

To cover the whole day and night for prayers please contact the Hornsby parish office on 8379 1700.

Pall bearers (formally dressed) are also needed for Sunday 8th March 7.15am if you can help please call Horns-by parish office on 8379 1700.

Find out more about this significant event as Australia prepares for the Plenary Council by visiting: