

Responsorial Psalm Response Ps 14:2-5 The just will live in the presence of the Lord.	Gospel Acclamation Alleluia, Alleluia! Happy are they who have kept the word with a generous heart, and yield a harvest through perseverance. Alleluia!
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WEEKEND MASSES FOR COMMUNION SERVICES WHILE FR PETER IS AWAY SEE PAGE 3

Epping	5:00pm Vigil, 8:30am, 10:15am, 6:00pm
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Carlingford	6:00pm Vigil, 7:45am, 9:30am
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WEEKDAY MASSES

	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
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EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
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CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass
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HEALING MASS	Carlingford —1st Thursday,	Epping — 3rd Wednesday
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EXPOSITION OF THE EUCHARIST:	Epping Saturday 9:45-10:15am,	Carlingford , 4th Thursday 10:00am
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SACRAMENT OF RECONCILIATION:	Epping Saturday 9:45-10:15am	Carlingford Saturday 5:00—5:30pm
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OR BY APPOINTMENT
BAPTISMS AND WEDDINGS: BY APPOINTMENT
PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au

ST GERARD MAJELLA PRIMARY SCHOOL: **PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: **PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:
Recently deceased: Patti Howard, Kathleen McCarthy, John Russo, Michael Kelly, Tong Yin, Helen Evans,

Anniversary: Mark Hillier, Richard Barry, Christine Hyde,

Also for: Young Hwan Ho, Yong Min Ho, Young Seok Seo, Soo Woog Jin, Maria Hur, Acacio & Daniel Andrade, Nietzsche David, David & John Spargo, Rosina De Luca, Clevelia De Lucia, John & Elizabeth McEneaney, Jack & Noon Barry.

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Ron Jenkins, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng Peck Quah, Dorothy Bonaccorso, Betty O'Connor, Narelda & Alan Ryan, Kit Smith, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Chariton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Ernest Lau, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Brigitta Williams, Wai Chun Wong

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

Carols in the Park 2019

The Epping and Carlingford Carols in the Park 2019 have applied for a "My Community Project" grant. How to win the grant, is by receiving the most votes from the public. So, we need votes to be able to win the grant.

A way your churches can help, is by voting online at: Mycommunityproject.service.nsw.gov.au or at your local Service NSW Centre.

C3 Church Carlingford
 Co-ordinators of Carols in the Park

Date	Mass	Epping	Mass	Carlingford
27/07/19	5:00pm	Fr Peter Carroll msc	6:00pm	Fr Joey Frez
28/07/19	8:30am	Fr Geoff Bugden	7:45am	Fr Joey Frez
28/07/19	10:15am	Fr Geoff Bugden	9:30am	Fr Joey Frez
28/07/19	6:00pm	Fr Terrence Bell		


CWF Appeal

The first CWF appeal for the 2019/2020 financial year is scheduled for 3/4 August 2019 in both our churches.

This appeal focuses on the Catholic Care Hospital Chaplains and Pastoral Care Programme.

The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

Our Lady Help of Christians' Church
 31 Oxford Street, Epping and

St Gerard Majella Church
 543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd,
Ph.: 9876 2853
Email: peter@eppcarl.org.au

Parish Office: 02 9876 2853

Email: parish@eppcarl.org.au

Parish Website: www.bbcatholic.org.au/eppingcarlingford

Administrator: Fr Joey Frez
Ph.: 9872 3400
Email: joseph@eppcarl.org.au



Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR C SIXTEENTH SUNDAY IN ORDINARY TIME 21-07-19

Genesis 18:1-10

Colossians 1:24-28

Luke 10:38-42

New guidelines will inform Church's response to abuse

The Catholic Church is developing new national policy guidelines to strengthen and standardise Church authorities' responses to historical and contemporary concerns and allegations of abuse of children and vulnerable adults.

Archbishop Mark Coleridge, president of the Australian Catholic Bishops Conference, said the development of the guidelines is a critical step forward in the Church's ongoing response to the recommendations of the Royal Commission into Institutional Responses to Child Sexual Abuse.

"The bishops are following through on our commitments made last year, and having a consistent approach to the management of allegations of abuse of children and vulnerable people is central to our reforms," he explained.

The Implementation Advisory Group, set up in May 2018 to monitor and advise Catholic leaders on the Church's response to the Royal Commission's recommendations, is overseeing the development of the policy guidelines.

The guidelines will serve as a public commitment to integrity and accountability in responding to allegations of abuse. They will make clear the obligations of all Church authorities to respond with processes that are fair and effective, and which comply with all Australian laws.

The assessment and management of risk to children will remain paramount throughout the new national guidelines. Prioritising children's safety and wellbeing will ensure that Church authorities' responses to concerns or allegations effectively address existing risks and do not create further risk to children.

The guidelines will be considered in conjunction with the new National Catholic Safeguarding Standards, approved and launched by Catholic Professional Standards Ltd earlier this year.

"The national guidelines and the Safeguarding Standards will become two focal points for the Church's work in protecting children and vulnerable adults from abuse and ensuring survivors are at the centre of our response to allegations that arise," Archbishop Coleridge said.

The guidelines will address all forms of child abuse, including sexual, physical and psychological abuse, and neglect and maltreatment. The development of the guidelines will include extensive consultation, inviting abuse survivors and their supporters to participate.

"The lessons we have learned over more than 20 years and the best practice employed in other parts of the community will inform the new national guidelines," Archbishop Coleridge said.

"The development and implementation of these guidelines will help to embed a more transparent and accountable culture in the way the Church seeks to prevent abuse and responds appropriately to allegations of the abuse of children and vulnerable adults.

"They will be a blueprint for Church authorities to assist and guide them at a local level, seeking a consistent and just response across the country. They are about integrity and accountability."

Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

Safeguarding Message July 2019

A culture of Safeguarding values WISDOM....."Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom." - James 3:13



Parish Retreat—12th October 2019

St Benedict's Monastery—121 Arcadia Rd, Arcadia.

Please keep this date in your diaries.

Further information as it comes to hand

Keep this
Date
Free



Martha and Mary

To sit or to serve?

The Gospel is about an incident, a domestic where there was a difference of opinion and a difference of purpose. **Martha invited.** Jesus comes and his friends came with him. Martha expected Mary would help serve the guests and not sit there expecting to be served.

Martha you can bet, let Mary know she was needed in the kitchen to help. It was too much for Martha, so she appeals to the guest to get Mary up and helping out.

Then Jesus replies **"You worry and fret! Yet few things are needed.** Indeed, Mary has chosen the better part!" *Can you please explain this "better part"?*

There are clues in the second reading where Paul wrote: "I became the servant", so serving must be important. What did Paul serve up? He was "responsible for delivering God's message to you". **"A hidden mystery has now been revealed."** "It was God's purpose to reveal it."

What is "it"? Then Paul states who "it" is ~ **"Christ among you."**

Mary knew it. She sat with the friends of Jesus to hear Jesus explain or "proclaim" "this mystery, this wisdom, this perfection" that is in Jesus, the one sent, the one revealing God is present. No wonder Mary was in her bliss in the presence of Jesus.

We say together, "The just will live in the presence of the Lord" and we pray to the Lord "to walk without fault and to act with justice".

Being in the presence of Jesus with Mary gives us insight into a mystery and gives us purpose. Part of that purpose is to serve. Yet the mystery comes first, knowing that Jesus is the one sent by God. May we be surprised by the mystery that is still being revealed to us ~ Jesus is alive and among us today.

The first reading tells the same message. **Abraham** sees people, **invites** them in and **Sarah is busy serving.** Then the guests reveal a mystery. Well, it was to Sarah, a mystery that she would have a child, a son, by this time next year.

The story goes on, but Sarah knew she was too old. **She laughed.** That is how Abraham and Sarah ended up with the name Isaac for their son. His names means "laughter".

Imagine going to school and somebody asks, *"What's your name?"* You say 'Laughter'. 'Is this some kind of a joke?' 'No it's true, my parents called me "Laughter". Wait till you see how old they are! Isaac could continue, 'By the way, I'm also part of the mystery revealing who God is!'

Coming soon, **an invitation** to sit in a circle, **to listen** to the scriptures, to learn about people like these in the Bible and to discover this mystery ~ **Christ among us, our hope of glory.**

Denis McNamara ~ *Coordinating missionary disciples*

AFTER HOURS SICK CALLS— 9876 2853

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

Have You Told Us? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

The Truth Justice and Healing Council

www.thecouncil.org.au
Ph.: 6234 0900

SMARTLoving Marriage Weekend Seminar

Open to all married couples, the SMARTLoving weekend is a solution-focused seminar that will equip you and your spouse to identify your unique love profile and learn practical ways to love more effectively. Whether you are in a stable marriage or a stressed one, you can consolidate strengths, overcome barriers, and move closer to being the couple you want to be. Take some time for yourselves and register for this weekend.

When: 21-22 September 2019

Venue: St Joseph's Retreat Centre, 33 Barina Downs Rd, Baulkham Hills

Time: 8:30am Saturday – 4:30pm Sunday

Cost: \$445 per couple (accommodation and full catering)

Registration: www.trybooking.com/BDEKL

PLACES ARE STRICTLY LIMITED

Enquiries: events@bbcatholic.org.au



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E: 3Rcounselling@gmail.com

www.3Rcounselling.com.au

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, **(all bow)**
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.


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Reflection on this Sunday's Gospel— Longing, Desire, and the Face of God

At the center of our experience lies an incurable disease, a disquiet, a restlessness, a loneliness, a longing, a yearning, a desire, an ache for something we can never quite name. For what are we longing? What would satisfy our restless energy?

In her famous diary, Anne Frank asks exactly this question:

Today the sun is shining, the sky is a deep blue, there is a lovely breeze and I am longing—so longing—for everything. To talk, for freedom, for friends, to be alone. And I do so long ... to cry! I feel as if I am going to burst, and I know it would get better with crying; but I can't. I'm restless, I go from room to room, breathe through the crack of a closed window, feel my heart beating, as if it was saying, "can't you satisfy my longing at last?" I believe that it is spring within me; I feel that spring is awakening. I feel it in my whole body and soul. It is an effort to behave normally, I feel utterly confused. I don't know what to read, what to write, what to do, I only know that I am longing. (Anne Frank)

To work at attaining purity of heart is the ultimate spiritual task.

That same question is asked everywhere. What would satisfy us? Why this relentless restlessness? In her *Children of Violence* series of novels, Nobel-prize winning novelist, Doris Lessing, has her heroine, Martha Quest, pose that question as life's central question: Towards what is all of our energy directed? Devoid of a religious perspective, Martha can only understand human desire as blind, erotic energy, a kind of voltage, ten thousand volts of energy inside us. For what? For whatever we choose—creativity, love, sex, hate, martyrdom, boredom.

What are we longing for ultimately? What would satisfy our restless hearts?

Classically, Christian spirituality has answered the question with a single image, all of our restlessness and disquiet is ultimately a longing to see the face of God. Most famously, Augustine put it this way: "You have made us for yourself, Lord, and our hearts are restless until they rest in you!" In writing that, Augustine drew upon personal experience, but also upon a motif that had long expressed itself within religious men and women.

The idea begins early in the Jewish scriptures: already at the time of Moses, people are asking the question: Who can see the face of God? We see this in Moses himself when he goes up the mountain to meet God. He asks to see God's face. God replies: No one can see the face of God and live! (*Exodus 33:20*) However, when Moses asks this question his desire is still quite literal, his desire is to physically see God.

But as their faith matures, the people of the Israel begin to understand this motif differently. Longing to see the face of God eventually is understood not so much as the physical curiosity to see what God looks like, but rather as an image, a symbol, an end-point for all human desire. To see the face of God is to have all desire quenched, all restlessness stilled, all aching quieted. To see the face of God is to attain complete peace. This is what the Psalmist means by the words:

As a deer yearns for flowing streams,
so I yearn to see the face of God.
I thirst for the living God;
when shall I see the face of God? (*Psalm 42:1-2*)

By the time of Jesus, the idea is everywhere present in Jewish spirituality that the only answer to human longing is to see the face of God. To see God's face is to come to peace. But we are still left with the question: Who can see the face of God? How is this to be achieved?

Jesus gives an answer: Who can see the face of God? He answers simply: Blessed are the pure of heart, they shall see the face of God (*Matthew 5:8*). That simple phrase then became a one-line mandate to encompass the entire spiritual quest. The Desert Fathers, the classical mystics, and subsequent Christian spirituality in general have focused on one thing in their praxis—attaining purity of heart so as to see the face of God. To work at attaining purity of heart is the ultimate spiritual task.

It is also life's ultimate task. We long for many things and like Doris Lessing's heroine, Martha, are both buoyed up and fatigued by our own insatiable energies. These energies push us in every direction, towards creativity, love, sex, hate, martyrdom, boredom. Sometimes we know what we want, a particular relationship, achievement, acceptance, status, job, or home, and we believe that we will find peace by attaining it, but experience has taught us that full peace of heart will not be found, even there. Where will it be found? In purity of heart, in removing those things inside of us that block our connection to the author of all the persons, places, beauty, love, color, and energies for which we ache.

Ron Rolheiser

Used with permission of the author, Oblate Father Ron Rolheiser. Currently, Father Rolheiser is serving as President of the Oblate School of Theology in San Antonio Texas. He can be contacted through his web site, www.ronrolheiser.com.

PLENARY COUNCIL 2020:

National Theme for Discernment #6 – How is God calling us to be a Christ-centred Church that is Open to conversion, Renewal and Reform? This National Theme for Discernment is inspired by the voices of the People of God who expressed a desire to do things differently in response to Christ and the experience of our people, accepting that faithfulness to tradition requires change that is both personal and communal. Find out more: www.plenarycouncil.catholic.org.au

PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	21/07/19	9:30am	No Kidz Word at St Gerard's—School Holidays
		10:15am	No Kidz Word at OLHC - School Holidays
		11:15am	PMR Carlingford—Baptism Preparation Meeting
		6:00pm	PMR Carlingford Antioch meeting
Mon	22/07/19	9:30am	Mass at St Gerard's Church
		7:30pm	PMR Carlingford SVdP Meeting
		7:30pm	CH Carlingford Rosary Group
		12:15pm	Mass at Our Lady Help of Christians' Church
Tue.	23/07/19	7:00pm	CH Carlingford Adult Choir Practice
		7:00pm	PMR Carlingford Alpha Sessions
		8:00pm	Divine Mercy Chaplet see p. 4 of the bulletin
		9:15am	Communion Service at OLHC Church
Wed.	24/07/19	9:30am	Mass at St Gerard's Church
		11:30am	CH Carlingford School Reconciliation Yr. 6W
		9:30am	Mass at St Gerard's Church
		12:15pm	Communion Service at OLHC Church
Thur.	25/07/19	6:30pm	PMR Carlingford SRE Course
		9:30am	Mass at St Gerard's Church
		10:00am	St Gerard's Reconciliation Yr. 5B
		12:15pm	Communion Service at OLHC Church
Fri.	26/07/19	9:30am	Mass at St Gerard's Church
		10:10am	PMR Carlingford Scripture Reflection
		12:15pm	Mass at Our Lady Help of Christians' Church
		1:00pm	CH Carlingford Adult Choir practice
Sat.	27/07/19	4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford CANA
		9:15am	Mass at Our Lady Help of Christians' Church
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		5:00pm	Mass at Our Lady Help of Christians' Church
		5:00pm	Reconciliation at St Gerard's
		6:00pm	Mass at St Gerard's Church
		6:00pm	PMR Epping Talk Around the Table (TAPT)

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

Busy Person's Prayer

Slow me down Lord.
Ease the pounding of my heart by the quieting of my mind.
Steady my hurried pace with a vision of the eternal reach of time.
Give me, amid the confusion of the day, the calmness of the everlasting hills.
Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory.
Help me to know the magical, restoring power of sleep.
Teach me the art of taking minute vacations: of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book, and to ask my Lord what he would want me to do.
Remind me each day of the fable of the hare and the tortoise – that I may know that the race is not always to the swift – that there is more to life than increasing its speed.
Let me look forward into the branches of the towering oak and know that it grew great and strong because it grew slowly and well.
Slow me down Lord, and inspire me to send my roots deep into the soil of life's enduring values, that I may grow towards the stars of my greater destiny.
(Richard Cardinal Cushing)

PARISH STAFF

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Parish Pastoral Council
If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to ppsecretary@eppcarl.org.au

Solemnity of the Assumption of the Blessed Virgin Mary



Thursday 15th August
is the Solemnity of the Assumption of the Blessed Virgin Mary – a holy day of obligation
Mass times are as follows:

14th August
7:00pm Vigil Mass at St Gerard's Church

15th August
9:30am Mass at St Gerard's Church
School attending.

15th August
12:15pm Mass Our Lady Help of Christians' Church—School attending.

7:30pm Mass at Our Lady Help of Christians' Church



Confirmation 2019

Enrolment for the Sacrament of Confirmation is open for another week and will close on Sunday, 28th July. Enrolment information, forms and brochures are available at the back of both churches and can be downloaded from the parish website www.bbcatholic.org.au/eppingcarlingford

Alternatively, please feel free to contact us at kids.sacrament@eppcarl.org.au and we will forward you the enrolment pack via email.

In our Diocese of Broken Bay, children who have been baptised and are in Year 2 or above are eligible to celebrate Confirmation. Our Sacramental Programme is advertised through the parish website, bulletins, announcements at Mass, both parish school newsletters, catechists and word-of-mouth. This can mean we are unable to ensure every eligible child is notified. If you do know of anyone whose children are in Year 2 or above, please feel free to spread the word for us.

The Parent Information Sessions will be held on the following dates this coming week:

- Tuesday 23rd July 1:30pm for parents who are enrolling their children in our Sacramental Programme for the first time
- Thursday 25th July 1:30pm for parents who have had an older child come through our Sacramental Programme in the recent years
- Venue - Parish Meeting Room at St Gerard's in Carlingford.

We look forward to sharing this time with parents (kindly note children need not attend). The Parent Information Session encompasses aspects of Confirmation and our parish Sacramental Programme which are important to assist parents in the understanding of their child's faith journey and their partnership with the parish. All are welcome especially if you would like more information before deciding whether to enrol your child.

We always like to hear from you! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to contact us.

Lynn Siau
Sacramental Programmes & Children's Ministries
0407 255 593
lynn@eppcarl.org.au

Divine Mercy Prayer Group

meets this **Tuesday, 23rd July** at **8pm**. Come join us for an hour of reciting the Chaplet, praise and worship, reflection of a Scriptures verse, prayer for intentions and thanksgiving followed by some simple fellowship.

Venue changes monthly within the neighbourhoods, all are very welcome to attend, please call Cynthia for more info on 0404 488 238.

Talk Around the Parish Table (TAPT)

Our next communal dinner will take place on **Saturday 27th July at 6:00pm** after the 5:00pm Mass in the **parish meeting room at Epping**.

If you are thinking of coming along, could we invite you to bring a plate—an entrée, mains or dessert.

Topic of talk: "My Gratitude to God".

Children are most welcome!

For further information please contact Trish Harrison on 9869 2489 or 0490 912 747.

Planned Giving

Just a reminder that your new Planned Giving Envelopes for 2019/2020 are available for collection from the back of the Churches

RECEIPTS WILL BE AVAILABLE TOWARDS THE END OF JULY 2019

Q Who are the enquirers?

A The Church uses the term *enquirers* to refer to those who are just beginning to explore the Christian faith in the context of a faith community.

God has led them to this exploration by many different paths and is already at work in their lives.

All Christians have a responsibility towards those who are beginning to explore the life of faith – a responsibility to welcome them warmly and encourage them.

Enquirers are looking for evidence of the Spirit and authentic witnesses to the Gospel of Christ.

Corinna Laughlin. © 2017 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Art by Steve Musgrave.



Gerry's Playgroup

St Gerard's hosts a "Playgroup" for families in our community.

It is an informal session where parents, grandparents, carers, babies and children aged 0 to school age come together in a relaxed and friendly environment.

- Playgroup gives children an opportunity to have fun, make new friends and develop new skills through informal play.
- Playgroup provides parents and carers with an opportunity to meet other parents and carers, make friends and share ideas and experiences.
- St Gerard's playgroup is a great way to get to know other families in our school community.

The playgroup meets every Monday morning during the school term in the parish hall. Parking is available via Roselea Way in the car park behind the school. Access to the parish hall is via the gate at the back of the school.

Youth Page

OUR PARISH ANTIOCH COMMUNITY Meeting this Sunday 21st July

Why not come along to the Antioch meeting to hear a **great talk**, join in **discussion time** get into some **awesome music**, take time out for **prayer** and **meet people!**



The meeting starts at **6pm**, in the parish meeting room @ **Carlingford** So head on down and bring a friend.

All young people from Yr. 10 to age 22

are
VERY WELCOME!!

For more information



CANA: OUR yrs. 6-9 YOUTH GROUP



**THERE IS NO CANA FOR
THE NEXT TWO WEEKS
DURING SCHOOL HOLIDAYS**

**CANA will resume on the 26th July, from
7:30—9:00 pm in St Gerard's
Parish Hall.**

**Hope everyone has a safe and
fun term break!**

**If you have any questions, please contact the
Youth Minister, Joanna Mak
joanna@eppcarl.org.au or 0423 717 550**

Australian Catholic Youth Festival (ACYF)

Are **YOU** interested in attending the Australian Catholic Youth Festival (ACYF) in Perth this year?

This national festival occurs once every 2 years and is designed to bring young Catholics all over Australia together. This 3 day convention (**from 8-10th December, 2019**) will host a wide range of activities including music, prayer, leadership talks, worship and a pilgrimage walk. This festival is specifically for people between **Year 9 up to 30 years old** (under 18s must be accompanied and supervised by an adult). If you would like to find out more or you are interested in attending the ACYF, please email the Youth Minister on joanna@eppcarl.org.au or call Joanna on 0423 717 550.

BEYOND OUR PARISH

Bible Sunday – 28 July

Each year the Church designates one Sunday as Bible Sunday, which aims to draw our attention to the Bible more intentionally. This Sunday, 28 July is Bible Sunday and everyone is encouraged to take some time each day to sit and read the Bible, allowing time to grow in relationship with God; through Scripture God speaks to his children.

The Diocese of Broken Bay has various Bibles for sale, including Study Bibles and Children's Bibles that are offered at a subsidised cost through the Fr Harry David Estate. For more information visit bbcatholic.org.au/bibleoffer

Join us this October as we continue to celebrate the Bible, at the annual Broken Bay Bible Conference. This year we will be exploring *The Holy Spirit through the Pages of Scripture*. Journey with us as we discover who the Holy Spirit is and how the Spirit guides, enlivens and encourages our lives and the Church today, presented by Dr Debra Snoddy and Rev Assoc Prof Ormond Rush. For more information visit www.bbcatholic.org.au/bible

For more information on any of the above please contact Tania Rimac faith.formation@bbcatholic.org.au or 8379 1629.

Antioch Group Fundraiser

There is still time to help the **ANTIOCH GROUP FUNDRAISER** with attending the Australian Catholic Youth Festival! Buy an Entertainment Membership today for \$70 and receive a **BONUS \$10 Woolworths WISH eGift Card!** Hurry, offer ends 11:59pm AEST, 14 July. This book offers discounts to a wide range of offers including dining, shopping, movie tickets, travel, theme parks, hotels, care hire etc. and is great for the family or as a present for others. You can order online here <https://www.entbook.com.au/9g60740>

Bake Sale Fundraiser

Antioch are hosting a **bake sale** at all the Masses on the **27 and 28th July**. We will be selling cakes, desserts and other items.

Please support our youth with this fundraising appeal as we continue to raise funds to attend the Australian Catholic Youth Festival in Perth later this year. We would also love your support in bringing cakes and other food items that we can sell.

If you have any questions please message the Youth Minister, Joanna Mak on joanna@eppcarl.org.au or mobile: 0423 717 550. Thankyou very much for all your support, we truly appreciate it immensely!

Book Launch to mark World Day against Trafficking in Persons

The Dead Eye & the DeepBlue Sea— a graphic memoir of modern slavery Australian book launch and rare opportunity to meet author, artist and survivor of slavery Mr Vannak Anan Prum.

Date: Tuesday 30th July
Time: 5:00-8:00pm (programme starts at 6:00pm)
Venue: Polding Centre, 133 Liverpool Street, Sydney
Register: <https://www.eventbrite.com.au/e/the-dead-eye-the-deep-blue-sea-a-graphic-memoir-of-modern-slavery-tickets-65021456928>



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